

22nd Annual High School Swim Invitational

HOSTED BY WOODCREEK HS

March 15th & 16th, 2024
At the Roseville Aquatics Complex

Woodcreek Aquatics Swim Team is excited to present the upcoming 22nd Annual High School Swim Invitational [Roseville Aquatics Complex](#). This meet offers great competition featuring more than 1,100 athletes. This meet flier is being sent to your school's swim team to inquire about your interest in participating in the 2024 High School Swim Invitational. We are looking again at capping the meet at about 25 teams.

If you are interested in receiving meet registration information, please fill out the google form or email gowoodcreekaquatics@gmail.com

Why Should Your Team Participate?

- Each swimmer can enter up to 2 individual events and 2 relay events per day.
- Each team may enter a maximum of 2 relays per relay event per division.
- Participants will have a chance to swim in both traditional high school events and fun relays.
- Participants will have the chance to swim in an excellent aquatics facility that has 16 competition lanes and a separate 5-lane warm up/down pool.
- Participants will get a chance to swim against teams and swimmers outside their swim league.
- Team Award for overall relay event champions for different class levels (Frosh/Soph and Varsity) and boys/girls.

List Of Events

Friday:

200 Medley Relay (4x50)
100 Free
50 Breast
100 Back
100 Medley Relay (4x25)
50 Fly
100 free relay (4x25)

Saturday:

400 Medley Relay
100 Fly
50 Back
100 Breast
200 Free Relay (4x50)
100 IM
50 Free
400 Free Relay (4x100)

Location: [Roseville Aquatics Complex](#), 3051 Woodcreek Oaks Blvd., Roseville, CA 95747. There will be limited parking at the pool facility. Additional parking is available at the [Roseville Sports Center](#) located at 1545 Pleasant Grove Blvd, Roseville, CA 95747. No overnight parking allowed Roseville Aquatics Complex parking lot.

Course: Outdoor, heated 16 lane competition pool. Separate 5-lane warm up/down pool. For each event, girl's heats will run first and boy's heats will follow. Colorado Starting, Timing and full-color Scoreboard system will be used.

Start Times: Friday, March 15th – warm ups begin at 1:30 and meet begins at 3:30PM.
Saturday, March 16th – warm ups begin at 8:30AM and meet begins at 10:00AM.

Entry Fees: \$200.00 per individual grade division (Frosh/Soph & Varsity Girls and Boys). \$650.00 for all four (4) grade divisions. **On-line Meet Entries are due by 5:00 PM on Monday, March 11th**

Please make your meet entry checks out to Woodcreek Aquatics Club and mail to...

Woodcreek Aquatics Club (WAC)
5098 Foothills Blvd. #3-434
Roseville, CA 95747

Entries: You may enter this meet by email. A meet event file can be emailed to you Hand written entries will still be accepted, but the preference is emailed entries. Contact T.J. Kay (clmair2fly@yahoo.com) or (916) 747-0263 regarding any questions for the meet entry procedures. Deck entries will not be permitted

Rules: This meet will be governed with a combination of USA Swimming and CIF rules. All events are short course yards and timed finals. Swimmers are responsible for reporting to the clerk or blocks when the event is called. Failure to report will scratch the swimmer or relay from their event. **Swimmers may swim in a maximum of 2 individual events and 2 relay events per day. Teams may enter a maximum of 2 relays per event.**

Scoring:

Place	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1
Indv	24	21	20	19	18	17	16	15	14	13	11	9	8	7	6	5	4	3	2	1
Relay	48	42	40	38	36	34	32	30	28	26	22	18	16	14	12	10	8	6	4	2

Admission: General admission is \$8, 65+ \$5. 6 and under, free. There will also be a two-day program for sale for \$4.00 at the pool entrance each day. **Results will be on Meet Mobile**

Restrictions: No overnight parking is allowed by the City of Roseville at the Roseville Aquatics Complex. Smoking and the use of other tobacco products are prohibited in all areas of the meet venue. The sale and use of alcoholic beverages are prohibited in all areas of meet venue. Glass containers as well as pets are not allowed in the pool area. **EZ Ups can stay up if they are anchored to the ground with weights or buckets of water. ABSOLUTELY NO SPIKES, TARPS or GROUND COVERS ARE ALLOWED ON THE GRASS.** No propane heaters allowed within the facility. The Warm-Up pool is to be used for LAP SWIMMING ONLY. No playing will be allowed in the beach entry area of the pool. The warm up area will be designated within the main competition pool.

Awards: Team Awards will be given for top relay scoring team for each division (Frosh/Soph and Varsity) for both boys and girls.

Awards are subject to change and may be different , this will be discussed in the coaches meeting on deck

We will be judging a Team Spirit Award judged by the officials and directors below, so show off your School spirit!!!!

Hospitality/T-Shirt:Lunch and hospitality will be available to meet officials and coaches.

Snack Bar and T-Shirts: A snack bar and souvenir T-shirts will be available each day.

Volunteers: Each team will be responsible to provide timers. Lane Timing Assignments will be announced after the entry registration deadline.

Officials: USA qualified meet referees and starters will be running the pool operations
Colorado/Computer: TJ Kay: clmair2fly@yahoo.com
Meet Director: Sierra Buell/Stephanie Bastek: gowoodcreekaquatics@gmail.com