



Woodcreek Aquatics "Venmo"

SCAN FOR BOOSTER DONATION



@WHSAquatics

Your \$100 donation goes towards: H.S. booster fee (per athlete), equipment upkeep, training tools, technology upgrades and subscriptions, HUDL video access, paying for officials and lifeguards, and ultimately supporting your athletes.

Visit www.WoodcreekAquatics.com for more Details.



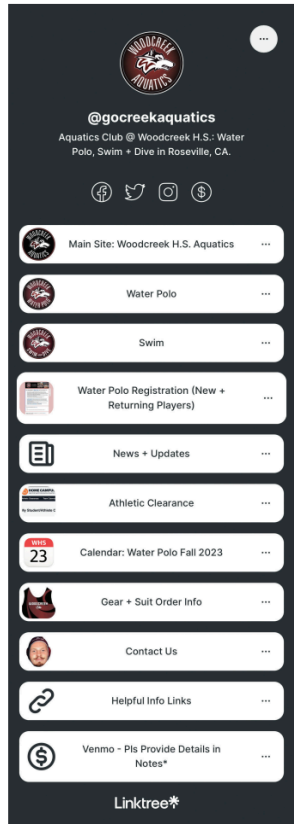
Athlete Registration

Google Form - Scan QR Code Below



This information will only be used to help assist with communication between Team Parents, Coaches, and our Aquatics Board. If you ever wish to be taken off emails, please let our Team Parents know. If you are not receiving emails - please visit www.WoodcreekAquatics.com, "Contact Our Team", to reach our Team Parents.

Visit www.WoodcreekAquatics.com for more Details.



LinkTr.ee

Scan to be taken to our Website, News, Athlete Registration, Sports Calendar, "Contact Our Team", Social Media, Helpful Links, and more!



<https://linktr.ee/gocreekaquatics>

Visit www.WoodcreekAquatics.com for more information



SportsYou App

Scan the QR Code to Download the App



Team Code: **HVAU-NZ6D**

Both athletes AND parents / guardians are welcome to join the App. SportsYou is a tool to ask questions and share photos. Please email Coaches and Team Parents for individual support or time sensitive inquiries.

Visit www.WoodcreekAquatics.com for More Information

Suit and Gear Ordering Information

We have online storefronts for all suit and gear orders. Players are required to have a black polo game day shirt to be worn on all home and away game days.

Suits: RYTE Sport <https://rytesport.com/collections/woodcreek-high-school> Store closes Friday, August 23 at 12:00 pm. Shipping is free and the bulk order will be distributed at practice. All suit orders are final sale.

Gear Site: <https://gic.graphics/collections/woodcreek-high-school-water-polo> The **only** required article is the game day polo. Store closes Friday, August 23 at 12:00 pm. Shipping is free and the bulk order will be distributed at practice.

Exclusive Parent Gear:

https://www.etsy.com/shop/2chicsmakinit?ref=shop-header-name&listing_id=1759086942&from_page=listing&search_query=woodcreek Special parent shirt options made by a local parent.

Good sites for practice gear: <http://www.swimoutlet.com> and <http://www.amazon.com>

Communication

Our website has the most current information and likely the answers to all your questions:

<https://www.gomotionapp.com/team/rechswhsa/page/home> Please check it often. The “News” Section is a good place to bookmark.

Google Classroom: This is where coaches will directly communicate with athletes. All athletes need to join their respective classrooms and should see Coach D’Arienzo for access codes.

The team parents and athletes will be using the **sportsYou** app as a way to communicate quickly and when last minute changes occur. The QR code on the first page will take you to the app. Woodcreek High Water Polo access code is **HVAU-NZ6D**. If you have problems registering, please contact a Board Member. Once Varsity and Junior Varsity rosters are set, Team Parents will create groups for each team.

Please refer to the Player-Parent Handbook from Coach D’Arienzo and Coach Grantham for all procedures, policies, and expectations.

Schedule and Logistics

Early Dismissals and Absences: These are taken care of by coaches through the school and attendance.

Release times will be communicated with the athletes and families when needed. It is the students responsibility to communicate these dates with all of their teachers PRIOR TO THE ABSENCE to ensure tests, quizzes, and assignments are made up appropriately. This information is in the handbook from Coach, so please make sure your athlete is familiar with the process and their responsibilities.

Game Information: The schedule is always subject to change, both dates and order of games. There is a gate fee for most games and all tournaments. Please check the calendar regularly. Athletes need to be at every game at least an hour early, in their suit and ready for warm ups.

Away Games: Transportation is not provided to away games and carpools can only be arranged through parents and not coaches. Athletes will need to be on the pool deck at least an hour before game time, in their suit and ready to warm up.

Tournaments: Tournaments are long and can be very hot this time of year. In addition to water, sunblock, umbrella or pop up, spectators may also want to bring a camping chair as bleachers are limited and sometimes full. Parking can be difficult so please arrive early to ensure you have time to find parking.

Parent Training: Saturday, August 24 from 8 am -12 pm: This will be a morning of desk and referee training and scrimmages for the boys. We need as many parents to attend as possible from all 4 teams so we have help during game days and the tournaments we host. Game Day volunteers receive free entry into the home game they are working.

Pink Out Game/Senior Night: tentatively scheduled for **Tuesday, October 8**, more details to follow.

Practice Times:

All practices are at the Roseville Aquatics Complex (RAC). All end times are approximate.

- Varsity Girls (1st period Athletic PE): M,T,W,Th,F start time 6:45 am and W start time 8:30 am
- Varsity Boys (4th period Athletic PE): typically ends around 4:30 pm-5:00 pm
- Junior Varsity Girls: 4:30 pm-6:00 pm
- Junior Varsity Boys: 3:45 pm (right after school after changing)-5:30 pm

WE DO PRACTICE DURING SCHOOL BREAKS AND DAYS OFF. If athletes need to leave practice early, will be late, or absent, they need to email coaches. Athletes should have a suit, towel, swim cap, goggles, water, sunblock, and sandals/shoes for the pool deck.

We love (and need) VOLUNTEERS: In addition to volunteers to help run the deck for successful Game Days and Tournaments, we also need Board Members. There will be many senior parents moving on next year so please consider joining the Board. All of our current members are happy to talk to you about positions and time commitments. Parent Training on Saturday, August 24th is the perfect opportunity to learn about all of the ways you can help the Water Polo program have a successful year.