

JSSC Time Standards 2025 Motivational and Senior County Championship Meet

Short Course Yards (SCY)

Females 6 & Under						
	AAAA	AAA	AA	A	BB	SRCO
25 Free		18.09	21.69	23.89	26.29	32.89
25 Back		22.79	27.29	31.09	34.19	39.29
25 Breast		23.59	28.29	32.29	35.39	38.99
25 Fly		22.79	27.29	31.09	34.19	37.69
Females 7-8						
	AAAA	AAA	AA	A	BB	SRCO
25 Free		14.89	16.49	18.09	21.69	23.89
50 Free		33.69	36.89	40.09	48.09	52.89
25 Back		17.79	20.29	22.79	27.29	29.29
25 Breast		20.09	21.89	23.59	28.29	31.09
25 Fly		16.49	19.69	22.79	27.29	29.99
100 IM		01:25.49	01:33.89	01:42.09	01:53.09	02:04.39
Females 9-10						
	AAAA	AAA	AA	A	BB	SRCO
50 Free	27.69	28.89	30.19	31.39	35.19	40.69
100 Free	01:00.99	01:04.19	01:07.29	01:10.49	01:19.99	01:29.59
50 Back	31.59	33.29	34.99	36.69	41.89	46.99
50 Breast	35.99	37.89	39.79	41.69	47.49	53.19
50 Fly	30.59	32.49	34.39	36.19	41.79	47.39
100 IM	01:09.79	01:13.49	01:17.09	01:20.79	01:31.69	01:42.59
Females 11-12						
	AAAA	AAA	AA	A	BB	SRCO
50 Free	25.49	26.59	27.79	28.99	31.29	35.09
100 Free	55.19	57.79	01:00.49	01:03.09	01:08.29	01:13.59
50 Back	28.59	29.99	31.29	32.69	35.39	38.09
50 Breast	32.29	33.79	35.39	36.89	39.99	42.99
50 Fly	27.39	28.69	29.99	31.29	33.89	36.49
100 IM	01:03.09	01:06.09	01:09.09	01:12.09	01:18.09	01:24.09
Females 13-14						
	AAAA	AAA	AA	A	BB	SRCO
50 Free	24.39	25.59	26.79	27.89	30.19	32.59
100 Free	52.89	55.49	57.99	01:00.49	01:05.49	01:10.59
50 Back	28.99	30.49	31.89	33.29	36.19	37.79
50 Breast	32.09	33.69	35.29	36.79	39.99	41.79
50 Fly	27.19	28.99	30.29	31.59	34.29	35.79
100 IM	01:02.79	01:05.79	01:06.89	01:12.09	01:18.29	01:21.79
Females 15-18						
	AAAA	AAA	AA	A	BB	SRCO
50 Free	23.79	24.99	26.09	27.19	29.49	31.79
100 Free	51.69	54.09	56.59	58.99	01:03.99	01:08.89
50 Back	28.99	29.89	31.29	32.69	35.49	37.09
50 Breast	32.09	32.99	34.59	36.19	39.29	41.09
50 Fly	27.19	28.19	29.59	30.89	33.39	34.89
100 IM	01:02.79	01:04.89	01:07.89	01:11.09	01:16.99	01:20.49

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Males 6 & Under						
	AAAA	AAA	AA	A	BB	SRCO
25 Free		17.69	21.19	23.39	25.79	33.39
25 Back		21.99	26.29	30.09	33.09	38.49
25 Breast		23.19	27.79	31.69	34.79	42.19
25 Fly		21.99	26.29	30.09	33.09	36.89
Males 7-8						
	AAAA	AAA	AA	A	BB	SRCO
25 Free		14.39	15.99	17.69	21.19	23.29
50 Free		33.29	36.29	39.89	47.79	52.59
25 Back		17.59	19.79	21.99	26.29	29.19
25 Breast		19.59	21.39	23.19	27.79	30.59
25 Fly		16.19	19.09	21.99	26.29	28.89
100 IM		01:23.69	01:31.79	01:39.89	01:50.09	02:01.09
Males 9-10						
	AAAA	AAA	AA	A	BB	SRCO
50 Free	27.39	28.59	29.79	30.99	34.49	40.09
100 Free	01:00.59	01:03.69	01:06.69	01:09.69	01:18.79	01:27.79
50 Back	31.69	33.49	35.19	36.99	42.29	47.49
50 Breast	35.49	37.29	39.19	40.99	46.59	52.09
50 Fly	30.29	31.99	33.69	35.39	40.49	45.69
100 IM	01:09.09	01:12.39	01:15.69	01:18.99	01:28.89	01:38.79
Males 11-12						
	AAAA	AAA	AA	A	BB	SRCO
50 Free	24.49	25.59	26.79	27.89	30.29	34.99
100 Free	53.29	55.79	58.29	01:00.89	01:05.89	01:10.99
50 Back	27.79	29.29	30.69	32.09	34.99	37.89
50 Breast	31.09	32.69	34.39	36.09	39.49	42.89
50 Fly	26.79	28.19	29.69	31.19	34.19	37.09
100 IM	01:00.29	01:03.29	01:06.19	01:09.09	01:14.99	01:20.89
Males 13-14						
	AAAA	AAA	AA	A	BB	SRCO
50 Free	22.49	23.49	24.59	25.69	27.79	29.89
100 Free	49.19	51.59	53.89	56.29	01:00.89	01:05.59
50 Back	27.09	28.49	29.89	31.29	34.09	35.59
50 Breast	29.39	30.99	32.49	34.09	37.29	38.99
50 Fly	25.59	26.99	28.39	29.79	32.59	33.99
100 IM	58.39	01:00.69	01:04.79	01:07.59	01:13.29	01:16.59
Males 15-18						
	AAAA	AAA	AA	A	BB	SRCO
50 Free	21.29	22.29	23.29	24.39	26.39	28.39
100 Free	46.79	48.99	51.19	53.49	57.89	01:02.39
50 Back	27.09	28.29	28.69	29.99	32.59	33.99
50 Breast	29.39	30.09	31.59	33.09	36.19	37.79
50 Fly	25.59	25.89	27.29	28.59	31.29	32.69
100 IM	58.39	58.69	01:01.69	01:04.29	01:09.69	01:12.79

JSSC Time Standards 2025 Motivational and Senior County Championship Meet

Short Course Meters (SCM)

Females 6 & Under	
	SRCO
25 Free	36.59
25 Back	43.69
25 Breast	43.39
25 Fly	41.89
Females 7-8	
	SRCO
25 Free	26.69
50 Free	58.99
25 Back	32.59
25 Breast	34.59
25 Fly	33.29
100 IM	02:18.29
Females 9-10	
	SRCO
50 Free	44.79
100 Free	01:39.69
50 Back	52.19
50 Breast	59.19
50 Fly	52.69
100 IM	01:54.09
Females 11-12	
	SRCO
50 Free	38.89
100 Free	01:21.89
50 Back	42.29
50 Breast	47.79
50 Fly	40.59
100 IM	01:33.49
Females 13-14	
	SRCO
50 Free	36.39
100 Free	01:18.49
50 Back	41.99
50 Breast	46.49
50 Fly	39.79
100 IM	01:30.99
Females 15-18	
	SRCO
50 Free	35.49
100 Free	01:16.69
50 Back	41.19
50 Breast	45.69
50 Fly	38.79
100 IM	01:29.49

Males 6 & Under	
	SRCO
25 Free	37.39
25 Back	42.79
25 Breast	46.89
25 Fly	40.99
Males 7-8	
	SRCO
25 Free	26.09
50 Free	58.89
25 Back	32.49
25 Breast	33.99
25 Fly	32.19
100 IM	02:14.49
Males 9-10	
	SRCO
50 Free	44.49
100 Free	01:37.59
50 Back	52.79
50 Breast	57.79
50 Fly	50.89
100 IM	01:49.79
Males 11-12	
	SRCO
50 Free	38.79
100 Free	01:18.89
50 Back	42.09
50 Breast	47.59
50 Fly	41.29
100 IM	01:29.89
Males 13-14	
	SRCO
50 Free	33.49
100 Free	01:12.89
50 Back	39.59
50 Breast	43.29
50 Fly	37.89
100 IM	01:25.09
Males 15-18	
	SRCO
50 Free	31.79
100 Free	01:09.39
50 Back	37.79
50 Breast	41.99
50 Fly	36.39
100 IM	01:20.79