

KISL Swimming and Diving Championship

JANUARY 24 & 26, 2025

In applying for the sanctioned meet on January 24 & 26, 2025, KISL, agrees to comply and to enforce health and safety mandates and guidelines of USA Swimming, Southeastern Swimming, the State of Tennessee, and Knox County.

Hosted By: Knox-Area Interscholastic Swim League – KISL

Sanction #:

LOCATION: Allan Jones Intercollegiate Aquatic Center, University of Tennessee
2200 Andy Holt Avenue, Knoxville, Tennessee 37996

VENUE: Allan Jones Intercollegiate Aquatic Center: The venue contains an eight-lane (50-meter by 25-yard) competition pool. The pool can be divided by a 4-foot-wide bulkhead, to create two 25-yard pools. Starting ends have Omega - OSB11 starting blocks (28 inches above the water surface) with adjustable footrest wedge with extended platform surface and retractable backstroke wedges. The pool depth is 8 feet at each end, 9 feet in the center. Lanes are 9 feet wide formed by 6-inch competition lane markers. There is an additional warm-up/warm-down pool which is located adjacent to the competition pool, with a minimum of two separate 25-yard warm-up / warm-down lanes available. Seating is available for 1,284 spectators on the balcony overlooking the pool. Only coaches, athletes, officials, and other required meet personnel are permitted on the pool deck. Locker rooms are adjacent to the pool. The competition course has been certified in accordance with 104.2.2C(4). A copy of the certification is on file with USA Swimming.

The diving competition will be held on Friday, January 24 and the swimming competition will be held on Sunday, January 26. The swimming pool will be configured into two eight to nine lane courses for the High School Preliminary Session, allowing the Men's and Women's preliminaries to be swum simultaneously in the morning. The Middle School Session will be swum on either one or two six to nine lane courses. For the High School Finals Session both Men and Women will compete on a single eight lane course.

TIMING: Omega - Swiss Timing electronic timing system and Daktronics scoreboard.

OFFICIALS:
Meet Referee: Nick Hall, nicholashall55@gmail.com
Admin Official: Sherren Toomey, sherren.toomey@gmail.com
Meet Directors: Jackie Bertucci, kislmeetentries@gmail.com, 865-207-7297
Diving Referee:

We ask for your teams to help in supplying officials for the meet. Please register your interest in helping to officiate at the following link: <https://forms.gle/3iU2bNeYtghk8GNv8> or contact Nick Hall at nicholashall55@gmail.com directly. Your help is greatly appreciated. The standard SES uniform will be worn.

RULES: USA Swimming Rules and Regulations will govern the conduct of this meet and will serve as the official guide for technical and procedural rules, except where otherwise noted. It is the swimmers' and coaches' responsibility to acquaint themselves with the meet information. Coaches are responsible for their team's swimmers throughout the meet, including warm-ups and warm downs. All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. To follow this policy, it is anticipated that the UT Team locker rooms will be open to athletes only. The host club, at its option, and in its sole discretion, shall have the ability to make changes at any time to which groups shall be allowed to use each locker room.

MEET SCHEDULE

FRIDAY, JANUARY 17, 2025, 9:00 PM – ENTRIES DUE

Hy-Tek entry file must be sent to Jackie Bertucci at kislmeetentries@gmail.com

FRIDAY, JANUARY 24, 2025- DIVING COMPETITION

5:30 - 6:30 PM Diving Check-in and Warm-up
6:30 PM Diving Competition

SUNDAY, JANUARY 26, 2025- SWIMMING COMPETITION

High School Preliminary Session

6:30 AM Doors Open
7:00 - 7:20 AM Coaches' Meeting
7:30 - 8:20 AM Warm-up Session - Schedule to be determined
8:30 AM Swimming Preliminary Competition

Middle School Session

12:30 - 1:15 PM Warm-up Session - Schedule to be determined
1:15 - 1:25 PM Coaches' Meeting
1:30 PM Swimming Competition

High School Finals Session

5:00 - 5:10 PM Coaches' Meeting
5:10 - 5:50 PM Swimming warm-up for finals
6:00 PM Swimming Finals Competition and Awards

Eligibility: **High School:** The KISL Regional Championship Meet is open to high school athletes being a member of one of the KISL member teams and meeting the eligibility requirements as stated in the current year KISL rules. Additionally, 'Home Schooled' athletes in grades 9 through 12 may participate in the meet as 'Unattached'. Others may participate as 'Unattached' by permission of the KISL Executive Committee. **No 'Middle School' athletes may participate in high school events or sessions of the meet.**

All athletes must have participated in at least 1 regular season KISL meet (including the replacement RBI December meet) and meet all other KISL membership requirements to be eligible for the Championship Meet.

Qualifying times for all high school individual events except for the 50/100 freestyles must have been met during a regular season meet for a swimmer to be entered in that event.

Middle School: The KISL Regional Championship Meet is open to middle school swimmers being a member of one of the KISL member teams and meeting the eligibility requirements as stated in the current KISL rules. Swimmers must have participated in at least one regular season meet or the Jefferson City December Invitational Swim Meet.

Entry Rules: An athlete/competitor officially becomes a participant in an individual event when the official entry file is received by the designated KISL entries person listed on the first page. Such official athletes/competitors may compete in relays upon declaration of the team coach at the meet.

All athletes may be entered in a maximum of four events, no more than two of which may be individual events. This means that any given athlete will be seeded in only two events. Diving is an individual event and will count towards the total allowed events per athlete.

A team may enter any number of athletes in each individual event, however only four (4) may advance to the final/consolation session in that event.

A school team may enter any number of relay teams per relay event, however only one (1) team may advance to the final/consolation session in that event.

Entry Requirements: KISL High School and Middle School teams may enter their particular Championship Meet by sending a Hy-Tek Team Manager or Team Unify compatible entry file and emailing a completed summary form to kislmeetentries@gmail.com.

Deadline for receipt of TM entry files is 9:00 PM on Friday, January 17, 2025. The entry file for KISL Championship must be sent to Jackie Bertucci at kislmeetentries@gmail.com.

Late Entries or changes will be allowed until 9:00 PM on Tuesday, January 21, but competitors will be entered as ‘no time’ on each event. Entries received after the Late Entry deadline will not be accepted. A Psych Sheet will be posted on Wednesday, January 22.

The TM entry file should include information for each athlete that will be participating in the Championship Meet including Last Name, First Name, Middle Initial, Birth date and Gender. USA registered swimmers should also include their USA-S ID#, **only USA registered swimmers should include USA-S ID#**. All entered times must have been achieved during the current KISL season which began on September 1, 2024.

If there are questions regarding the use of Team Manager or Team Unify to enter this meet, please contact Jackie Bertucci (Meet Director) at (865) 207-7297 or kislmeetentries@gmail.com

The Entry Fee Form should include school name and complete, accurate contact information for both team coach and team representative, including phone numbers and email addresses. **The meet entry fees will be due at the Meet.** Please bring your entry fee check reflecting the \$15 per athlete fee, the Meet Summary form, and a list of coaches requiring deck access during the meet.

****Please bring your school check to the meet or plan on writing a personal check that can be held until your school check is received.***

Meet Rules and Procedures:

DIVING SESSION – Friday, January 24

The diving competition will follow the rules stated in the 2024-2025 NFSHSA Rules Book. It is the responsibility of both the coaches and competitors to know and follow the rules. All divers will compete together from both middle and high school levels. Warm up will be from 5:30PM to 6:30PM, Competition will start at 6:30PM

Please note NFSHSA rule 9-8-3: “A diver shall be disqualified and shall perform no further dives if he/she fails two dives. A diver shall be disqualified if in the judgment of the diving referee:

- a. **The diver did not make a sincere attempt to perform the dive;**
- b. **It becomes obvious that the dives listed on the diver’s score sheet are too difficult for the diver;**
- c. **the diver unnecessarily delays the performance of a dive;**
- d. **the diver behaves in an unsporting manner.”**

High School-Diving

The competition shall consist of 11 dives, five voluntary dives, and six optional dives. The five voluntary dives shall come from each of the five groups (forward, back, reverse, inward, twist) with their assigned degree of difficulty summing 9.0 or less. The six optional dives shall include at least one chosen from each of the five groups. No more than one optional dive from the same group is permitted through semifinals (round 8). **All 5 groups must be represented in the first eight rounds.**

The dives performed during each round of championship competition shall be as follows:

Preliminaries	Rounds 1-5	2 voluntary, 3 optional
Semifinals	Rounds 6-8	2 voluntary, 1 optional
Finals	Rounds 9-11	1 voluntary, 2 optional

Middle School-Diving

Middle School divers shall perform 8 dives in the event. Dives must be from 4 different groups. The diver may repeat dives with different position

Finals	Rounds 1-8	8 dives total
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Diving entries will be done online using the DiveMeets.com system. Each diver will need to register (www.divemeets.com) and enter their dives in the meet.

If you have any questions regarding the DiveMeets.com entry procedure, please contact the Meet Director:

Nick Rusek, nrusek@tnaquatics.com

On Friday, January 24, coaches and divers must check-in with the KISL representative to ensure that diving entries were properly received, pay \$15 entry fee per diver (unless payment will be included with swimming entries).

SWIMMING SESSION – SUNDAY, JANUARY 26

The KISL Championship Meet will follow the 2024-2025 National Federation of State High School Associations (NFSHSA) Rules

Book, except as superseded by KISL Constitution and Bylaws, KISL Championship Meet Rules, or this Meet Invitation.

All swimwear must conform to NFSHSA rule 3-3. The suit or cap may display the competitor's name, school name, school nickname and/or school logo. Worn devices must conform to USA Swimming rule 102.8.1.E and may not aid the competitor's speed, pace, buoyancy or endurance. IMPORTANT for MIDDLE SCHOOL ATHLETES: No Technical Suits, as defined by USA Swimming Rule 102.8.1.F(2), may be worn by any Middle School swimmers.

The meet shall be conducted using fully automatic electronic timing equipment with timing and place order determined in conformance to the current NFSHSA and USA Swimming rules.

It is the responsibility of the athlete or athlete's coach to notify the Meet Referee, prior to competition, of any athlete disability requiring special consideration.

High School Sessions: The high school swimming competition will follow a Preliminary session / Final session format. The Final session will be swum as two heats, Consolation and Final, for each event. The eight fastest times in each preliminary event will qualify to swim that event in Finals. The ninth through sixteenth fastest times in each preliminary event will qualify to swim that event in the Consolation finals. The seventeenth and eighteenth fastest times in each preliminary will be listed as alternates in the heat sheet for finals. The Consolation heat (9-16) will swim first followed by the Final heat (top 1-8).

The 500-yard Freestyle will be swum as a "prelim/finals" event, a consolation heat (9-16) and a Final heat (top 1-8).

For the high school Finals session, alternates should report to the Deck Referee prior to the event being called to the blocks.

Middle School Session: The middle school swimming competition will follow a Timed-Finals format.

PLEASE NOTE: The 200 Yard Coed Freestyle Relay is the first event of the Middle School session and will be swum on the scoreboard end of the pool. The 200-yard Freestyle event on both the scoreboard and dive well courses will start no later than 10 minutes after completion of the last heat of the Coed Freestyle Relay.

ALL RELAYS

Relay entry cards will be given to the coaches prior to the start of the session. It is the responsibility of the coach to enter the names and order of the swimmers, and the swimmers must give the completed card to the timer at the block prior to their heat.

*****Relay teams MUST be entered in the meet with individual names. It shall not count as an entry unless the competitor actually competed in the event.***

Any individual on the team may swim in the prelims, swim-off, and/or finals provided he/she does not exceed the permitted entries for the meet or event. **However, members of a preliminary relay not qualifying for finals may not be substituted into a finals relay.** The names of the four swimmers who compete shall be submitted on the relay card and given to the lane timer prior to the start of their heat.

In the case of a team having less than the number of swimmers required to enter a relay, that team may join with other team(s), also having less than 4 members, to form an Exhibition Relay in any relay event. A team may only enter a single Exhibition Relay per event. These Exhibition Relays will be declared prior to the Preliminary session at a time and place to be identified by the Meet Director. Exhibition Relays will be entered at 'No Time' and will swim in the first heat(s) of an event. Participation in an Exhibition Relay will be considered one of an athlete's allowable number of events in the Championship Meet. An Exhibition Relay may not advance to the Finals session.

USA SWIMMING OBSERVED TIMES

Application for approval for Observation of USA Swimming technical rules has been submitted. If the meet is approved, those swimmers who are entered into the meet database with accurate USA-S ID numbers will have all times from legal USA-S swims automatically loaded into the national times database. **The athlete's correct USA Swimming ID#, registered full name with middle initial and date of birth must be included in the TM entry for that athlete.**

For those USA-S swimmers **without** USA-S ID's or **inaccurate** ID #'s, a written request must be submitted. **Leadoff splits for individual events and relays** must be specifically requested in writing. Requests must be made by submission of the **SES Individual Verification Request Form** by the athlete or coach within **two weeks** of the last day of the meet (February 11, 2023) and submitted to the SES SWIMS Chair. Email requests are not acceptable. Forms are available at: www.seswim.org An LSC administrative fee of \$5.00 per athlete, payable to SES, Inc. must be submitted with the request. Note: Late fees of \$10 per athlete must be submitted for requests after the two-week time limit. Mail completed form & fees to:

SES SWIMS Chair: Brian Haddad, 8607 Marlin Place, Panama City Beach, FL 32408.
southeasternswimming@hotmail.com

Scoring: **High School:** The Finals heat will generate places 1 to 8. The Consolation heat will generate places 9 to 16.
Middle School: Places 1 to 16 will be awarded based on event results

Sixteen places will be scored and points awarded as follows:

Place:	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u>	<u>8</u>	<u>9</u>	<u>1</u>	<u>1</u>	<u>1</u>	<u>1</u>	<u>1</u>	<u>1</u>	<u>1</u>
										<u>0</u>	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>
Individual Events:	2	1	1	1	1	1	1	1	9	7	6	5	4	3	2	1
	0	7	6	5	4	3	2	1								
Relay Events:	4	3	3	3	2	2	2	2	1	1	1	1	8	6	4	2
	0	4	2	0	8	6	4	2	8	4	2	0				

AWARDS: **High School**

High School Individual and Relay Event Medals will be awarded for all places in the finals heat and Ribbons will be awarded for all places in the consolation finals heat. All medals and ribbons should be picked up by a team representative at the conclusion of the Finals session.

Team trophy award ceremony will be held at the completion of the competition. Team trophies will be awarded to the first, second and third place teams in each of the 3 divisions. Teams will be placed in one of the 3 divisions based on their total number of athletes entered in the meet. The cutoff numbers for each division will be determined by the Meet Director after all meet entries have been received.

Middle School

Middle School Individual and Relay Event Medals will be awarded for the first eight places. Ribbons will be awarded for places 9-16. All medals and ribbons should be picked up by a team representative at the conclusion of the Finals session.

Team trophy award ceremony will be held at the completion of the competition. Team trophies will be awarded to the first and second place teams for two divisions: Division I for large teams and Division II for smaller teams.

SCRATCH REQUIREMENTS: All **preliminary** individual and relay events, as well as Timed-Finals events, may be scratched at the blocks without penalty. Coaches are encouraged to inform the Meet Referee of any known scratches from preliminary events.

For finals, any swimmer qualifying for a final event based on the results of the preliminaries must notify the Meet Referee within 30 minutes after announcement of the qualifiers for that event that he/she will not compete. A swimmer may also withdraw from a final event with an approved Declared False Start, approval of which must be given by the Meet Referee by 5:30 PM. Any swimmer who is seeded into finals and fails to compete in that finals event shall be barred from the remainder of the meet unless relieved by the Meet Referee.

If an individual competitor or relay team designated to swim in a Finals event is not available for that Finals event and the consolation heat of that event has been completed, that finals event will be swum with an open lane. There will be no re-seeding or adjustment of lane assignment and no points will be awarded for the open place in that event.

PROTESTS:

Protests against rule infractions or the judgment decisions of Starters, Stroke & Turn or Relay Take-Off judges must be made in writing within one-half hour after posting of the event under protest. After Finals all protests must be submitted within fifteen minutes after the posting of the last event.

MEET FACILITIES and GENERAL INFORMATION:

CREDENTIALS AND DECK ACCESS: Only properly credentialed athletes, coaches, officials and workers will be allowed on the pool deck. All others may view the meet from the spectator gallery on the North side of the facility.

SEATING: There is limited bleacher seating on the pool deck for swimmers only. Please bring folding chairs, blankets, sleeping bags, etc. Non swimmers are not allowed on the deck and must sit in the stands. Swimmers should bring warm clothing, extra towels, etc. ****Families will sit in the stands and are not allowed on deck unless working.** Coolers are allowed on the pool deck, not in the stands. There will be a concession stand to purchase drinks and snacks.

PARKING: UPDATED FROM PAST KISL Meets

We are no longer using the Kingston Pike Building for parking, as it is not permitted. Instead, the following pay-to-park options are available. Please note these areas are marked in green on the provided map:

1. Volunteer Boulevard
2. Top of the NC7 Garage (garage located across the street from the facility)
3. Small Lot Next to the SAC

These locations collectively offer approximately 320 parking spaces.

Important Reminders:

- There is no free parking available.
- Parking is not permitted at University Commons (Publix).
- Please use designated pay-to-park locations to avoid any risk of towing or booting.

HEAT SHEETS: Heat Sheets will be posted on the KISL website no later than Friday morning, January 24. Teams and families may download and print the heat sheets without cost.

SWIM SHOP: Swim and Tri will be present for any purchasing needs.

APPAREL: T-Shirts and other meet apparel will be available for purchase

CONCESSIONS: The University will have concessions available during Sunday, January 26th.

DECK CHANGE RULE: *Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

LOCKER ROOMS: All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Use of the visitor locker rooms shall be for athletes only. Officials, coaches, and other non-athlete attendees will be required to use the upstairs restrooms, or the restrooms in the timing booth, or the Varsity locker rooms. Timing booth restrooms are single occupancy. We encourage swimmers to come with their suits on and prepare to enter the water, and plan to shower and change at home or the hotel after leaving.

TEAM WORKERS: Certain teams will be assigned one or more worker positions for each session of this meet. Teams who do not perform their assigned duties will be penalized as follows: 25 points per position and \$50 per infraction up to a maximum of \$100 per meet.

PHOTOGRAPHY:

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms, or on deck behind the blocks. Flash photography is not permitted during the meet.

*If you have a meet photographer, they must have prior approval to be on deck from the KISL board and must be certified.

**EVENT ORDER AND QUALIFYING TIMES
HIGH SCHOOL CHAMPIONSHIP MEET**

<u>WOMEN</u>	<u>EVENT NAME</u>	<u>MEN</u>
none	200 YARD MEDLEY RELAY	none
2:43.0	200 YARD FREESTYLE	2:38.0
3:03.0	200 YARD INDIVIDUAL MEDLEY	2:43.0
none	50 YARD FREESTYLE	none
1:31.0	100 YARD BUTTERFLY	1:21.0
none	100 YARD FREESTYLE	none
7:48.0	500 YARD FREESTYLE	7:03.0
none	200 YARD FREESTYLE RELAY	none
1:31.0	100 YARD BACKSTROKE	1:26.0
1:36.0	100 YARD BREASTSTROKE	1:31.0
none	400 YARD FREESTYLE RELAY	none

**EVENT ORDER
MIDDLE SCHOOL CHAMPIONSHIP MEET**

<u>WOMEN</u>	<u>EVENT NAME</u>	<u>MEN</u>
1	200 YARD COED RELAY	
3	200 YARD FREESTYLE	4
5	100 YARD INDIVIDUAL MEDLEY	6
7	50 YARD FREESTYLE	8
9	50 YARD BUTTERFLY	10
11	200 YARD MEDLEY RELAY	12
13	50 YARD BACKSTROKE	14
15	100 YARD FREESTYLE	16
17	50 YARD BREASTSTROKE	18
19	200 YARD FREESTYLE RELAY	20

2025 KISL City Meet Championship
SWIMMING AND DIVING CHAMPIONSHIP MEET
ENTRY FEE and SUMMARY FORM

School: _____

Coach: _____

Coach Mobile Phone: _____ Email: _____

Swimmers may enter four events, no more than two of which may be Individual events. Entries are due no later than **Friday, January 17 at 9 pm**. Teams may enter this meet by sending a Hy-Tek Team Manager (TM) entry file to kislmeetentries@gmail.com. Late entries will be accepted based on lane availability until Tuesday, January 21, but no new heats will be created.

Each team will pay \$10.00 per competitor.

***** Checks should be made payable to "KISL" *****

Number of High School Swimmers	_____ x	\$15.00 =	\$_____
Number of Middle School Swimmers	_____ x	\$15.00 =	\$_____
Number of Divers	_____ x	\$15.00 =	\$_____
Total Number of Athletes	_____ Total Fees Enclosed		\$_____

Deadline for receipt of TM entry files is 9:00 PM on Friday, January 17, 2025. Due to past difficulties in receiving timely payment, **all meet fees are due at the meet.**

Please bring your entry fee check, Meet Summary form, a list of coaches requiring deck access during the meet with you on Saturday morning.

***** Please bring your school check to the meet or plan on writing a personal check that can be held until your school check is received.**