HSL Timers Briefing Notes

Welcome

- Introduce yourself and Head Timer
- Thank timers for volunteering
- Identify any novice timers (split novices across multiple lanes)
- o Ensure all timers over 13 years old

Pool Configuration

- Number of lanes and lane layout
- Number of watches
- Timer movement (25's/50's)
- Raise hands for timer check after each move to verify timers in place before start

Duties

- On Start End verify swimmer name before race (ask swimmer to state name)
- On Turn End verify swimmer name when they get out of pool.
- On start end stand behind swimmer. Do not stand between blocks.
- Position yourself to see strobe
- Start on strobe. If don't see strobe, start on sound.
- If miss the start raise hand and call for head timer. Physically swap watch with head timer.
- Stand over edge at finish looking straight down. Make certain you have clear sight of touch (finish).
- Stop watch when any part of swimmers body touches the wall. Doesn't matter if they think it is an illegal touch.
- Record the times to the 1/100's with no rounding (2 decimal places)
- Always record in same order-Timer A, B, C

Watch Test

- Perform watch test with sample start and stop conditions. Results should be within 1 second.
- Clear watches
- Answer questions (verify everyone understood briefing)
- Identify time they should report to start

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