

Midlakes Swim League - Spring Board Meeting Agenda

Wednesday March 27th, 2024, at 7:00 pm

ATTENDANCE (In Person)

Gary Kamikawa
Tracy McDonald
Alyson Francis
Van Brink
Samantha McMichael MICC
Ashley & Michelle, Kingsgate
Becky, Snoqualmie Ridge
Daryl & Roman, Somerset
Deanna Tegler
Janinne Lempker, Tri
Stephanie MIBC
Klaudia, MIBC
Chris Fryar, Maple Hills
Phil, Maple Hills
Kristin McSherry
Pauline Fletcher
Alycia, Phantom Lake
James Weinrod
Eric, Newport Yacht Club
Susan Simpkins, Klahanie
Ralph Stanburger, Klahanie
Eddie, Mercerwood
Luann, Mercerwood
Katie Courcourcan, Kings gAte
Jill Fletcher
Elaine, Fairwood
Krista MICC

- 1) Upcoming meetings
 - a) Coaches meeting (May 22nd), Officials Training (May/June)
 - i) Hoping to have online AND in person training. Please try to reuse officials shirts if possible.
- 2) 2024 Calendar
 - a) Dual meets begin – June 18/20th
 - b) Division Champs – July 20 – 21, or 27th – scheduling is at the discretion of each division
 - c) League Champs: July 28th KCAC
 - i) Dive Champs still figuring out best day for champs to avoid conflict
 - d) Additional meets planned or being considered:
 - i) NYC 2024 Distance Meet Saturday June 22nd at 9am. Entries due by June 19th
 - ii) TBD – Mercer Island Relay Meet July 14th
 - iii) If you're interested in hosting special meet, please let Midlakes board know!

Midlakes Summer Swim Schedule - 2024

Schedule shows "A" meets; host reverses for "B" meets

	Seeds	Division I	Division II	Division III	Division IV	Division V
Meet 1	1-6	NHST at SAM	MSC at KLA	KGG at KGR	NW at PLAT	at
June 18 - B	2-5	MH at FW	SS at SW	TOS at OL	TRI at PL	HW at NYC
June 20 - A	3-4	MIBC at EB	KGM at MICC	STC at RH	WR at SR	WR at SR
Meet 2	1-5	MH at NHST	KLA at SW	OL at KGR	SR at PLAT	HW at WR
June 25 - B	2-4	FW at MIBC	MICC at SS	STC at TOS	TRI at NW	at
June 27 - A	3-6	SAM at EB	MSC at KGM	RH at KGG	PL at NYC	PL at NYC
Meet 3	1-4	NHST at MIBC	MICC at KLA	KGR at STC	PLAT at TRI	NYC at WR
July 2 - B	2-3	EB at FW	KGM at SS	RH at TOS	PL at SR	at
July 3 or 5 - A	5-6	SAM at MH	SW at MSC	KGG at OL	NW at HW	NW at HW
Meet 4	1-3	EB at NHST	KLA at KGM	KGR at RH	WR at PLAT	WR at PLAT
July 9 - B	2-6	FW at SAM	SS at MSC	TOS at KGG	PL at NW	NYC at HW
July 11 - A	4-5	MIBC at MH	SW at MICC	OL at STC	TRI at SR	at
Meet 5	1-2	NHST at FW	KLA at SS	TOS at KGR	PLAT at PL	WR at NYC
July 16 - A	3-5	MH at EB	KGM at SW	RH at OL	SR at NW	at
July 18 - B	4-6	MIBC at SAM	MICC at MSC	STC at KGG	HW at TRI	HW at TRI

July 20th, 21st or 27th
July 28th

Division Champs
League Championships - timed finals

Cross-division

2024 Division Alignment

Seeding	Division 1	Division 2	Division 3	Division 4	Division 5
1	Newport Hills	Klahanie	KG Royals	Plateau Club	Woodridge
2	Fairwood	Somerset	Tam O'Shanter	Triangle	High Woodlands
3	Edgebrook	KG Monarchs	Rolling Hills	Norwood	Newport Yacht Club
4	MI Beach Club	MI Country Club	Seattle Tennis Club	Snoqualmie Ridge	
5	Maple Hills	Strattonwood	Overlake	Phantom Lake	
6	Samena	Mercerwood	KG Gators		

3) Board Positions (Current)

- President – Gary Kamikawa (HW)
- VP – Tracy McDonald (FW)
- Treasurer – Van Brink (TRI)
- Secretary – Alyson Francis (PLAT)
- Division I Rep – Anjana Pandey (MICC)
- Division II Rep – Tanya Mertel (STC)
- Division III Rep – Jessica Howe (MH)
- Division IV Rep – Marcy McCorrston (NHST)
- Division V Rep – Keri Carlson (SR)
- Coaches Reps – Laura Halter – EB; Carrie Nordberg - WR
- Officials – James Weinrod (KGG)
- Awards – Ashley Mallinson (OL)
- Fundraising – Cherelle Bertch
- Water Polo – Eman Ghoreyshi (TRI)
- Diving – Pauline Fox – PL; Kristen McSherry
- *SafeSport representative (non-board) – Open
 - It is the responsibility of the club that each of their swimmers and parents have taken SafeSport Training. Please contact Gary if your club does not know the admin log in for SafeSport. Rules for Coaches are the same as last year

4) Dive

- Fee Update: team fee raised from \$60 to \$70. Diver Fee increased from \$15 to \$18. Hoping to get rid of the AAU insurance in order to free up time and simplicity.
- Schedule & Champs date/time along with hosting facilities still being determined
 - Occasionally there are conflicts with A Champs and Dive Champs.
 - Right now, Junior Champs is July 27th, Senior Champs is July 28th. It will be at Newport Hills because they have 2 diving boards. Div 1 champs is also July 27th. Dive cannot extend schedule into August because it would conflict with Water Polo. KCAC not a good option because of excessive noise from swim racing. **James W:** Juanita HS has 2 diving boards, may be a possibility.
 - About 150 Divers in Midlakes. Edgebrook possibly joining
 - Every Midlakes athlete is eligible to join dive! There will be a few "Open" teams where kids from other pools can practice

5) Water Polo - Eman

- Referee Training for Parents
- First day of practice is July 29th. 10&U on Friday, 12&U Thursdays, 14&U Saturdays, 15-18 on Sundays

- c) Finals at MICC on Aug 25th
 - i) Club Water Polo teams will be at Finals to help recruit new water polo players
 - d) Eman will send Google Form to all clubs to get fresh contact information.
 - e) Flyers will be handed out for club Water Polo Teams
 - f) There will be increased fees this year
 - g) Preseason meeting will be in May
- 6) SafeSport
- i) Need a replacement to manage with potential partnership with Pauline Fox
 - ii) Training needs to be completed by each club prior to first practice.
 - iii) Clubs needing admin logins, please send to Gary Kamikawa (gkamikawa@gmail.com)
- 7) Forms
- a) Same as prior year – please check Midlakes website
 - b) Annual Club Registration & Dues increase per swimmer from \$12 to \$15 (this covers increased compensation for host team for Champs).
- 8) Time Standards
- a) Still finalizing. Gary still working with coaches. There will be no drastic changes. Ideally time standards would allow for approximately 24 kids at Champs per event. There will be time standards for meters and yards
- 9) Officials
- i) Trainings will be scheduled for May/June. James is verifying officials contact information. If you have a Time Trials meet that your pool can allow some officials to observe, please email James Weinrod.
 - ii) James will be breaking down training into smaller times so people can train in multiple sessions. There will also be longer sessions that cover everything. Novice stroke & turn training and also Refresher S&T will be available.
 - iii) **Gary:** Ideally clubs will have 3-4 officials that can be at every meet. Please communicate with James if you are having trouble staffing officials for meets. You don't need personal swim experience to be an official!
 - iv) USA Swimming training officials are aware of difference in officiating between Summer League and USA Swimming
 - v) Officials shirts – please let James know asap if your club needs shirts.
- 10) Championships
- a) Need to confirm hosts. If no club volunteers to host League Champs, board will select a club per operating plan. **Please let Gary know if your team is interested in in hosting! Teams can cohost with another team or 2. Teams need to provide heat sheets to coaches and volunteers (don't need to provide it for swimmers/families)**
 - i) Champ hosts fees increased from \$900 to \$1800 for league and division hosts.
 - ii) Request by NHST for a vote regarding hosting a separate long-distance event championship during week prior to League Championship at KCAC
 - (1) **VOTE – LONG DISTANCE CHAMPS At NHST For Summer 2024 (Additional Champs Meet where teams would score points for champs. Tuesday July 23rd, no time standards, Timed Finals, swimmer champs events totals applies to this meet) 10 Votes YES, 8 Votes NO**
 - iii) Fall vote was approval of continuing league championship without long distance events that are not swum during the dual season. Primary reason by providing consistency of what all Midlakes swimmers are able experience/compete during the season with division & league championships.
 - b) Fundraising/Merch
 - i) Cheryl: Hosts for champs are needed asap so Cheryl can know if clubs want merchandise at their Division Champs. Hoping to get online ordering links out early so kids can have merch at the champs meets!

2024 Spring Operating Plan and Bylaws considerations

Proposal for operating plan update

A. Problem / Opportunity – False Starts - Championships

- a. Current Midlakes Operating plan outlines for championship meets that “dual confirmation of false start by deck ref and starter” is required to call a second false start. This is an exception from USA swimming championship rules and in practicality has not been enforced given logistical challenges leading to consistent abuse of primarily older swimmers that push to anticipate the starter. Request is to follow USA swimming championship rules and utilize dual confirmation for disqualification of false start at first offense without a recall. Swimmers falling in or other issues during the time the swimmer(s) are getting set are not a false start and the field will be appropriately reset. **VOTE 15 YES, 0 VOTES NO**

B. Current Language and Proposal

- a. Current: Operating Plan; Appendix A. False Start, 2. Championship Meets
 - a) Each heat will be permitted one false start. b) After a second false start, that swimmer (or relay) is prohibited from swimming that event, even for exhibition purposes. For championship meets (including preliminary heats), dual confirmation of the false start by the deck referee and either the recall starter or starter shall be required. (Exception to USA Swimming Rule 101.1.3A)
- b. Proposed: Operating Plan; Appendix A. False Start, 2. Championship Meets
Either:

Elimination of the Champion Meet section for exceptions from USA Swimming rules. Prior language in the operating plan states *“In all league meets, current United States Swimming Rules will be followed pertaining to: Strokes and Relays, Disqualifications, Protests, Referee, Starter, and Judges except the following:”*

OR update language for Championship Meets to state that USA rules are followed for Champion Meets.

For context, USA rules state “Any swimmer starting before the starting signal is given shall be disqualified if the Referee independently observes and confirms the Starter’s observation”. In other words dual confirmation.

Reminder of approved changes from fall

6. 2023 Fall Operating Plan & Bylaw Changes
 - a. Operating Plan A.2 - Swimmer fee increase from \$12 to \$15: CLUB FEES DUE JUNE 1ST
 - b. Operating Plan Appendix B – Fee distributed to championship meet host increase from \$900 to \$1800:
 - c. Clarification in Section C.2.b (Division Alignments)
 - i. **Prior:** 3.a The board believes that in order to create equity across the league that ALL officials MUST attend a training session prior to the start of the competition portion of the season. The board believes the additional trainings, even for veteran officials are necessary in order to create consistent application of our mission statement.
 - ii. **Updated:** shift to the section Officials for Meets to align all guidance regarding officials into a single section. Additionally add the following language:
 - i. USA and YMCA Swimming certified officials must demonstrate familiarity with the Midlakes rule differences, and attend training for any position above their USS certification level.
 - d. Update to Competitive Regulations to include language regarding swim attire:
 - i. Exemptions from USA swimming rules concerning the attire covering beyond swimsuit guidelines shall allow for the foregoing restriction may be granted to a swimmer with an exception form provided to the Head Official prior to the beginning of the meet. Exemptions will be granted for conflicts due to swimmer’s verified religious beliefs, medical conditions, gender, or other reasons that be in conflict of the spirit of inclusivity, as long as the attire does not provide any competitive advantage (i.e. wetsuits providing buoyancy).
 - e. Update to Competitive Regulations section E.3
 - i. **Prior:** 3. A Stroke & Turn briefing will be held with all judges prior to each meet.
 - ii. **Updated:** 3. An Officials meeting will be held with all judges prior to each meet. If a Stroke Briefing is missed, the officials shall be provided with a printed copy of the Midlakes Stroke Briefing.
 - A. The Meet Referee or his/her designee will ensure that all roles are filled with qualified officials, and all jurisdictions are properly defined.
 - f. Update to Competitive Regulation section E additional language regarding Disciplinary action during meets.
 - i. **Updated:** Disciplinary action during meets:

- i. In the event of an incident requiring disciplinary action toward a swimmer, parent, or coach, representatives from both teams shall be included in any decision. These may include team parents or managers, coaches, and officials. An equal representation shall be maintained. Any action or decision impacting a swimmer, must be communicated by coach or team representative to the child's parent.
 - ii. Any incident or action must be reported to the Midlakes Board within 24 hours. The Board maintains the right to review and adjudicate any decision.
 - iii. Any SafeSport violation must follow all rules for reporting.
 - g. Shift section M (Officials & Timers for Meets) to be section F to improve flow of information and readability.
 - h. Update Championship scoring:
 - i. **Prior:** Championship scoring to be consistent with USA swimming guidelines for number of lanes
 - ii. **Updated:** elimination of USA Swimming guidelines to replace with clear scoring:
 - i. Divisional Champs – 12 places: 16-13-12-11-10-9-7-5-4-3-2-1
 - ii. League Champs – 16 places: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
 - i. Update False Start language for League Championships to follow USA rules to eliminate recalls and apply dual confirmation false start disqualification.
 - j. Ratify the League Champs event lineup.
 - k. Update League Champs relay eligibility to allow every club to submit one relay per event and any second relay is required to meet the League Championship time standard.