

IRC Nessies Calendar 2026

As of November 2025



May 26:	First Day of Practice
May 30:	Nessie Clinic & Parent Coffee 8-10am
June 6:	Nessie Time Trials Meet 8am
June 10:	Home B Meet vs. Eldwick Sharks
June 12:	Nessie Pep Rally & Team Dinner 6:30-7:30pm
June 13:	Home A Meet vs. Somerset Dolphins
June 17:	Home B Meet vs. Tallyho Foxes
June 19:	Nessie Pep Rally & Team Dinner 6:30-7:30pm
June 20:	Away A Meet @ Washingtonian Woods Waves
June 20:	Nessie Loch In 8-11:30pm at IRC
June 24:	Home B Meet vs. Old Farm Eagles
June 26:	Nessie Pep Rally & Team Dinner 6:30-7:30pm
June 27:	Away A Meet @ Quince Orchard Otters
June 28 or July 5:	Division H Relay Carnival (date and location TBA)
July 1:	Away B Meet @ Montgomery Square Copenhaver Seahawks
July 3 (Friday):	Home A Meet vs. Poolesville Piranhas
July 7:	MCSL Long Course Invitational Meet 6pm
July 8:	Away B Meet @ Rockshire Sharks
July 10:	Nessie Pep Rally & Team Dinner 6:30-7:30pm

July 11:	Away A Meet @ Carderock Springs Barracudas
July 15:	B Meet Makeup Date
July 17:	Nessie Pep Rally & Team Dinner 6:30-7:30pm
July 18:	Division I Championship Meet at TBD
July 25-26:	MCSL All-Star Meets

Watch the calendar and events page on Nessies.org for the latest information and start times.