

APPENDIX C

2024 ARPA SWIM MEET QUALIFYING TIMES

AGE GROUP & STROKE	BOYS		GIRLS	
	YARDS	METERS	YARDS	METERS
6 AND UNDER				
25 FREE	30:57	33.62	26:51	29.16
25 BACK	33:92	37.31	29:75	32.72
8 AND UNDER				
100 I.M.	2:00:09	2:12.09	2:24:98	2:39.47
25 BREAST	26:98	29.67	31:47	34.61
25 FREE	19:81	21.79	20:03	22.03
25 FLY	24:42	26.86	28:48	31.32
25 BACK	25:37	27.90	27:34	30.07
50 FREE	43:32	47.65	43:63	47.99
9 – 10				
100 I.M.	1:35:44	1:44.98	1:34:38	1:43.81
50 BREAST	48:93	53.82	55:14	1:00.64
50 FREE	36:92	40.61	36:26	39.88
50 FLY	44:66	49.12	51:98	57.17
50 BACK	44:97	49.46	42:89	47.17
100 FREE	1:20:66	1:28.72	1:46:49	1:57.13
11 – 12				
100 I.M.	1:20:06	1:28.06	1:22:66	1:30.92
50 BREAST	45:67	50.23	40:73	44.80
50 FREE	31:82	35.00	30:80	33.88
50 FLY	35:54	39.09	34:06	37.46
50 BACK	39:16	43.07	36:84	40.52
100 FREE	1:16:86	1:24.54	1:08:09	1:14.89
13 – 14				
100 I.M.	1:09:08	1:15.98	1:10:72	1:17.79
50 BREAST	35:11	38.62	37:83	41.61
50 FREE	26:79	29.46	29:69	32.65
50 FLY	33:43	36:77	32:51	35:76
50 BACK	34:16	37.57	37:31	41.04
100 FREE	58:07	1:03.87	1:10:64	1:17.70
15 thru 18				
100 I.M.	1:02:04	1:08.23	1:17:86	1:25.64
50 BREAST	30:75	33.82	39:78	43.75
50 FREE	23:64	26.00	27:17	29.88
50 FLY	27:08	29.88	29:85	32:83
50 BACK	28:19	31.00	32:24	35.46
100 FREE	53:82	59.20	1:06:28	1:12.90

Y = yard time (in seconds)
 T = difference in turns from yards to meters
 (Y * 1.1) + T = Meter Time

M = meters time (in seconds)
 T = difference in turns from meters to yards
 (M – T) divided by 1.1 = Yards Time