

SWIM & DIVE 2024

### Introduction

- Committee
- Coaches
  - Practice Schedule
  - Swim Meets
- Diving
- Volunteers
- Concessions
- Other Items

Presentation will be available on the website.



#### Committee Members

President	Henrietta King
Vice President, Volunteer Coordinator	Whitney Briscoe
Registrar	Heather MacKrell,
Secretary	Sharon Mbuko
Treasurer	Anlan Zhao
District II Rep	Terri Krings
Diving Coordinator	Heather Koehler
Apparel	Emily Kingsborough
Computer Specialist	Adam Hart
Head Coach	Gayle Marbury
Concessions	Britany Starkey
Hospitality	Christina Minnon



#### Committee Members

#### Committee member vacancies for next season.

- President
- District II Rep

If you are interested in serving as a board member for next season, please contact Henrietta King for further information on the role and responsibilities for each position.



## Coaches, Practice & Meets



## Coaches

Gayle Marbury (Head Coach)	
Logan Black Lauren McAdams	
Kelly Davis Rebecca King	
Abigail Davies Rebekah Cline	
Hannah Krings Gemma King Emilie Tesseneer	
Josh Bryce Laurel Hunter	Diving

#### Practice Schedule

#### Afternoon Practice Schedule: 13 to 24 May

8 & Under Development INDOOR POOL

• 9-10 Team OUTDOOR POOL \* Monday-Friday 3:30-4:15 P.M.

• 8 &U Team, 9-10 Dev & 2-week, 11-12 Dev INDOOR POOL Monday-Friday 4:15-5:15 P.M.

• 11-12 Team & 13-14 Team INDOOR POOL Monday-Friday 5:15-6:30 P.M.

• Seniors OUTDOOR POOL \* Monday-Friday 5:15-6:30 P.M.

Seniors will move to the outdoor pool once it warms up.

#### Morning practice schedule: Tuesday the 28th May onward

• 11-12 Team, 13-14 & Seniors INDOOR & OUTDOOR Monday-Friday 7:00-8:30 A.M.

• 9-10 Team, 9-10 Development INDOOR POOL Monday-Friday 8:30-9:30 A.M

• 11-12 Development INDOOR POOL Monday-Friday 8:30-9:30 A.M.

INDOOR POOL Monday-Friday 9:30-10:20 A.M.

Monday-Friday 3:30-4:15 P.M.

All times subject to change

All 8 & Under



## Practice sign-in

# Dublin requires that all swimmers sign-in for every practice

- "Practice Sign-in Book" located at the front desk at both indoor and outdoor pools.
- Find your name and place a check mark on the day/date.



#### Meets

#### **Meet Schedule**

- Blue/Gold Team Time trial Thursday 30<sup>th</sup> of May
  - All Dolphins Team and Development swim
- 6 Dual Meets, 3 Home and 3 Away (Month of June)
- Medal Meet Saturday June 15, Team fundraiser
- District Meet July 11-13, Guntersville
- State Meet Swimming July 25-27, OPELIKA
- State Diving July 24 Boaz



## Meet sign-up

#### 6 Dual Meets

- Online Sign-up, this closes 48 hours before the meet.
  - · Talk directly with your coach after online sign-up closes.

#### Medal Meet – Saturday 15 June

- Choose 5 Events (see website for events)
- \$5.00/event + \$5 surcharge
- Online Meet Entry <u>Deadline Sunday the 9<sup>th</sup> of June</u>

#### Districts – 11,12 & 13 July

- Choose 3 Individual Events,
  - Meet Fees already included in registration.
- Indicate availability for Relays
- Online Meet Entry <u>Deadline Monday the 24<sup>th</sup> of June</u>



#### Blue-Gold Meet

- Thursday 30<sup>th</sup> of May
- Team Picture for **everyone** 3:30 pm
  - Wear Team Suit
- Warmup to follow
- Meet Start 4:30 pm
- Dolphins time trial meet, <u>everybody swims</u>.
- Indicate online if "Attending" or "Not-Attending".
  - Everybody swims every event, where possible.
- Need Parent volunteers for 6&U, 7-8 and 9-10 age groups



#### Dual Meets

#### 6 DUAL MEETS

- June 4<sup>th</sup> Madison at Scottsboro (Away)
- June 6<sup>th</sup> Boaz at Madison (Home)
- June 18<sup>th</sup> Madison at Arab (Away)
- June 20<sup>th</sup> Cullman at Madison (Home)
- June 25<sup>th</sup> Madison at Guntersville (Away)
- June 27<sup>th</sup> Decatur at Madison (Home)
- Warmups for home meets are at 4:30 to 5:00 pm
- Warmups for away meets are at 5:00 to 5:30 pm
- Swimmers to be on deck ready 5 mins prior to warmups
- Meet starts at 5:30pm



## Swimmer Eligibility

#### State ARPA Rules: ARTICLE I – Eligibility

• A swimmer or diver cannot compete on two (2) swim teams at the same time during ARPA swimming season.



### ARPA State Meet

#### State Meet Order of Events

- Different to District Meet.
- Start with Relays.

FRIDAY	SATURDAY
Medley Relay	Free Relay
Breaststroke	Butterfly
Short Free	Backstroke
Individual Medley	Long Free

#### State Qualifying Time (SQT) – See website for times

- Swimmers with SQT at Districts advance to State
- Top 4 regardless of time advance to State
- 9 Relays per age group advance from District 2



#### Swimmer Conduct

- Good behavior is expected of swimmers and parents at all times, especially when practicing with the team, using facilities, equipment, and representing the team at a meet.
- Parents must either sit on bleachers or out on back deck during practice. Deck needs to be kept clear for coaches to move around unobstructed.
- Previous issues with poor behavior in and damage to the boys' bathrooms at Dublin.
- Dublin Park and Rec will make the bathrooms off-limits without parent supervision if it happens again.
- Please review the team's code of conduct on the website.



## Diving







## Diving Schedule

- Coach Josh Bryce
- Assistant Coach Laurel Hunter
- Diving Coordinator Heather Koehler
- Practice
  - Start date: Tuesday 28th May
  - Outdoor Pool: Monday Friday
    - Session 1: 7:00-8:00 A.M.
       10 & Under & 11-12 Development
    - Session 2: 8:00-9:00 A.M. 11-12 Team, 13 & Overs

#### Meet Schedule

- District Meet Thursday July 11, Boaz
- State Meet Wednesday July 24, Boaz





#### Jobs

- 65 Volunteers/home meet
- 26+ Volunteers/away meet
- No experience required
  - On the job training
  - Work half a meet
  - Makes time go faster
  - Blue-Gold meet is a good place to learn.

Home and Away Meets	Home Meets (Additional Jobs)
Timers – 16	Head Timer – 2
Ribbon Writer – 2	Announcer – 2
Place Judge – 2	Runner – 2
Officials – 6+	Concession/Apparel – 6
	Bullpen – 6
	Food Runner – 1
	Set up – 3
	Tear Down – 3
	Timing and Computer – 6

Total of 360+ Volunteer opportunities a season



#### Officials

#### Meet Officials

Home and Away Meets	Home Meets Only
Stroke and Turn Judge – 4	Meet Referee
	Starter

- Please consider training to become a S+T official
  - Always in need for new officials
  - Train with experienced team S+T officials
  - Try it out during a home meet.
- See Henrietta King for more details



#### Technical Jobs

#### Computer Operator

- Run the meet computer.
- Entries, timing and scoring.
- Need backup operator(s) for Euros.
- Opportunities to apprentice at home meets.

#### Timing Console

- Operate the Colorado timing equipment console.
- Honestly, it's not as hard as it looks.
- Contact Adam Hart or Henrietta King for more details.



## Volunteer Requirements

- Team families will be required to work a minimum:
  - Medal Meet
  - 3 Dual Meets (2 Home + 1 Away)
- Development families
  - Medal Meet
  - 3 Dual Meets (2 Home + 1 Away)

 Requirements do not apply to Diving Only parents, but you will need to work any home dive meets.



## Volunteer Sign-ups

- Sign ups will be through Team Unify
  - Use the Website or On-Deck App
- Use the login you have for registration.
- Select the meet, job and session you wish to sign up for



## Volunteering Incentive

- Lack of volunteers
  - Cause delay in meets starting on time.
  - Require some parents to volunteer more sessions than required.
- Track participation by family
- For those who don't complete the requirements a fee of \$200 will be charged to your account at the end of the season
- The Team needs everyone to do their fair share
  - Let's be the example.



#### Volunteer Info

- Please report promptly to your selected job.
  - Meets can't start until everybody is in place
- A sign-in sheet at each meet will log your participation.
- If you can't make a meet you signed up for, let us know as soon as possible so a replacement can be found.

Swim meets can't happen without volunteers.

Thank you!

# Concessions



## Concessions Donations

- Food items for donations to the concessions table
  - Pre-packaged items
- Home meets only (Dual and Medal Meet)





#### Concessions Donations

- Every family will be required to contribute to:
  - One Home Dual meet
  - Medal Meet
- Drinks
  - Items dropped off by 3:30 day of meet;
    - Water
    - Soft drinks
    - Gatorade

Need time to cool before the meet.

- Don't drop off items at practice
  - Nobody is there to collect!





#### Concessions Donations

- For each meet we will also have signups for:
  - Ice
  - Dill pickles
  - Slim Jims
  - Trail mix
  - Candy items (sour punch straws, skittles, airheads, etc.)
  - Bananas
  - Etc.
- The signup will group cheaper items
  - 1 gal dill pickles + box of pop tarts @ \$6.00
  - 1 box of Slim Jims @ \$9.00



## Other items



## Parking at Dublin

- Please do not wait for your swimmer in the circular drive in front of Dublin Pool. The circular drive is a fire lane.
- After parking, you may walk in, have your swimmer walk to your vehicle, or drive up to the front of the building when you see your child.
- No parking behind the pool, this is for Dublin Staff and coaches
- This is a directive from the Recreation Center Staff.



#### New Parents

"If I had one day to live, I would spend it at swim meet. They last forever."

- Swim meets are not known for their brevity. Bring something to occupy the time while you wait for your swimmer to swim again. Play cards, read the paper, write your mother, file your nails, torture your other children. Or Volunteer.
- Every parent has a "Rookie Swim" season.
  - Ask other parents for tips, advice and help.
  - E-mail: mstdolphins@gmail.com



## Age Group Team Parents

- Volunteer position
  - For all age groups
  - Experienced parent to help guide new parents
  - Be available during practice to answer questions
  - Help coordinate age group skit for the pizza party
  - Counts towards volunteer requirements
- Please contact Henrietta King or Whitney Briscoe for more details.

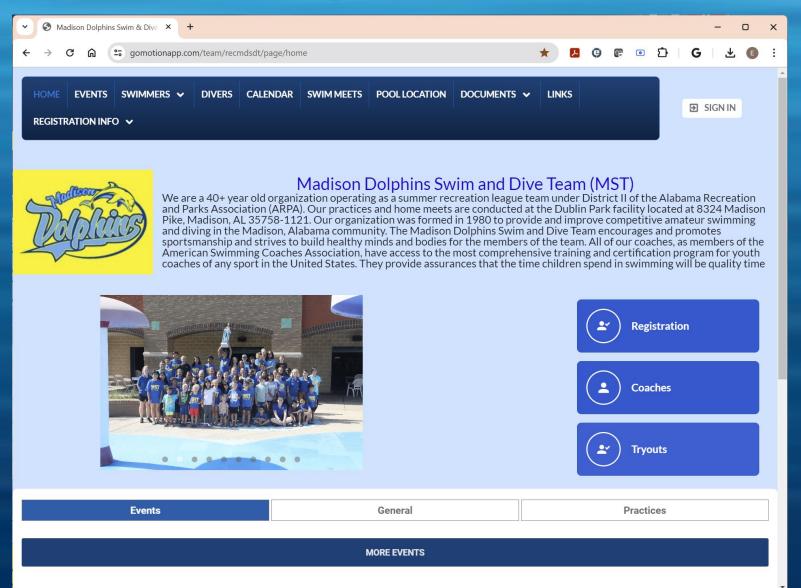


#### Team Website

- Website <u>www.madisondolphins.org/</u>
  - TeamUnify Platform
    - Integrated Registration, Meet Signup and Volunteer Signup
- Information on:
  - Practice Schedule
  - Meets, Maps of away team pools
  - District and State details
- Team E-Mail <u>mstdolphins@gmail.com</u>



#### Team Web Site





## Meet and Job Signup

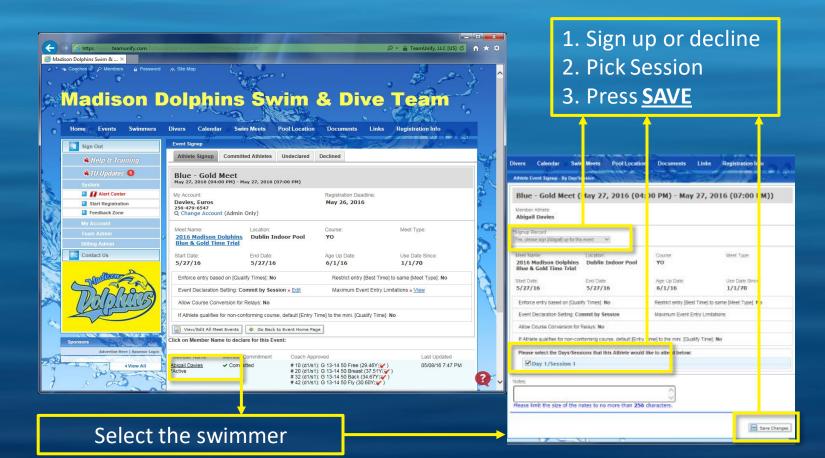


"Edit Commitment" is for Swimmer Signup

"Job Signup" goes to Meet Volunteer page



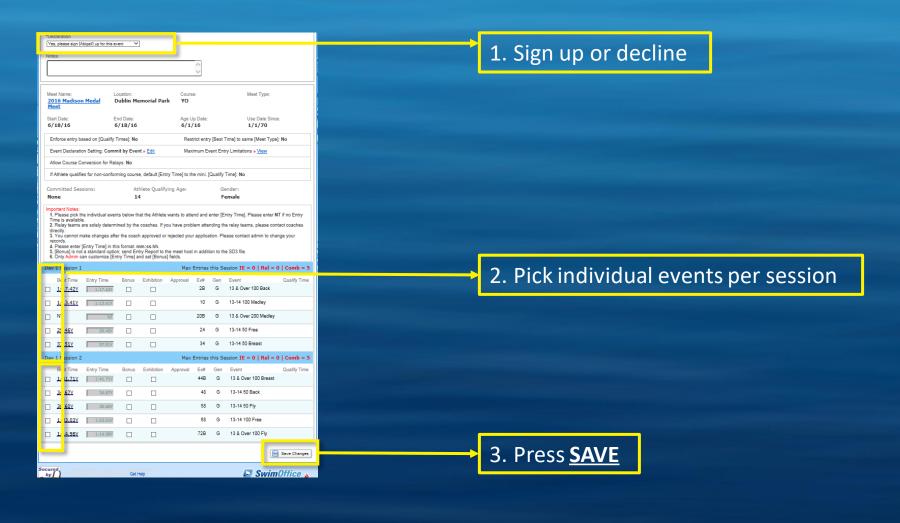
### Blue Gold/Dual Meet Signup





### Medal Meet/Districts Signup

Select individual events for Medal Meet and Districts





# Volunteer Sign-up

**Event Job Signup** 

Signup Job for Account: Davies, Euros (256-479-6547) A Change Account Event: Dual Meet - BOAZ (Home) (Jun 7, 2016 (04:30 PM) - Jun 7, 2016 (08:30 PM)) Registration Deadline: 06/05/2016 Job Signup Deadline (till midnight): 06/07/2016 Print My Job Signup Summary Print ALL By Job (w/ Empty Slots) How to signup Event jobs: Step 1: Find the empty slots shown as "-----" Step 2: Click on the checkbox in front of the empty slot that you want to sign up for. Step 3: Select [Signup] button to signup for the slots that you selected. Note: If your Account name is printed right after the checkbox, you've signed up for that job. You do NOT have to "Signup" again. You, however, can use the "Remove Signup" button to remove the signup if you no longer want to work on that job. If someone else's name is printed, that job slot is not available for you to sign up (this is a first-come-first-serve system). You can only sign up for the empty slots shown as "----06/07/2016 (5:00 PM - 06/07/2016 07:00 PM (2:00 Hrs.) Make announcements over the Sound System. 1 ---06/07/2016 (7:00 PM - 06/07/2016 09:00 PM (2.00 Hrs.) 1 ---06/07/2016 (5:00 PM - 06/07/2016 07:00 PM (2.00 Hrs.) Get swimmers organized into Heat and Lanes for events and behind the block 2 🗌 ----06/07/2016 (7:00 PM - 06/07/2016 09:00 PM (2:00 Hrs.) 2 🔲 -3 🔲 --06/07/2016 5:00 PM - 06/07/2016 07:00 PM (2.00 Hrs.) Computer Operator Run the meet computer that handles entries, times and team scores. 1 Davies, Euros 06/07/2016 (7:00 PM - 06/07/2016 09:00 PM (2:00 Hrs.) 1 Davies, Euros 06/07/2016 (5:00 PM - 06/07/2016 07:00 PM (2.00 Hrs.) Concessions/Apparel Help run the concessions stand selling food, snack and apparel. 1 🔲 -3 🗌 --06/07/2016 (7:00 PM - 06/07/2016 09:00 PM (2:00 Hrs.) 1 🔲 --2 ----3 🗌 --06/07/2016 4:00 PM - 06/07/2016 06:00 PM (2.00 Hrs.) Deliver food from various vendors (Chick-Fila etc.) to the pool for the start of meet. May be required to get additional concession supplies during the meet. 06/07/2016 5:00 PM - 06/07/2016 07:00 PM (2.00 Hrs.) Head Timer

2. SAVE

1. Select Job(s)

List of available jobs



### OnDeck

- Mobile Swimming App
  - Account Management
  - Swimmer Results
  - Volunteer Sign Up
- Use Team Unify Username and Password











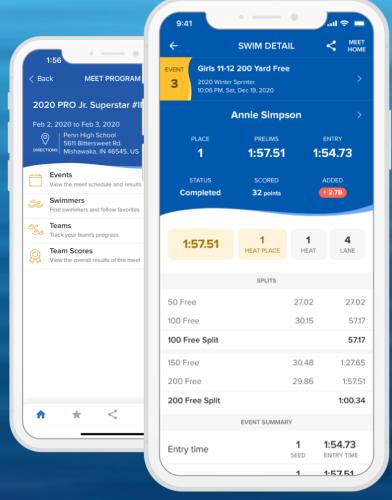
### Meet Mobile

- Nice to Have
  - Track events and timeline
  - Get real-time results for your swimmer
- Annual fee \$9.99 to get results.









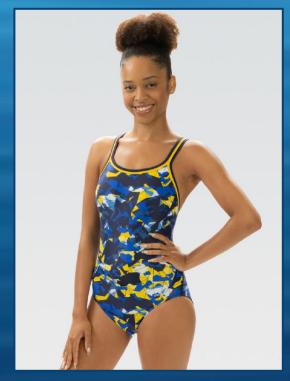


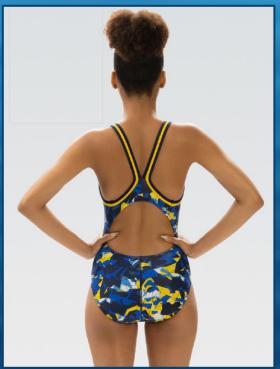
# Team Apparel



### Team Suit

#### Dolfin XtraSleek Implode | Navy And Gold











### Team Shirt & Cap

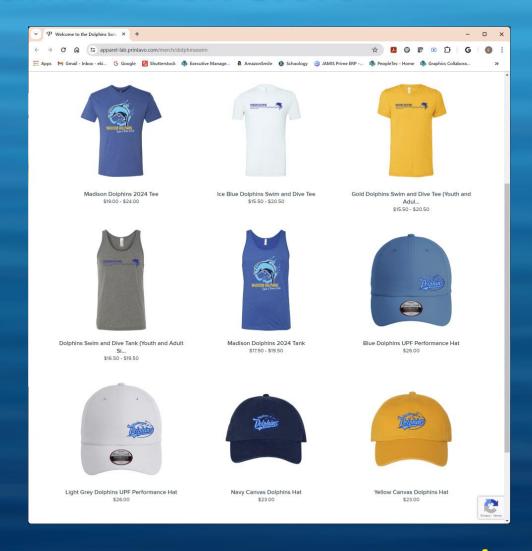


ALL swimmers will receive a Swim Cap.

Team shirts are available for order through the team shop will be on the website



#### Team Merch Store



- The store is open for a limited time. All orders will be fulfilled when the store closes. Orders will be available for pickup at the pool
- There will be TWO orders placed
- One for delivery around May 30<sup>th</sup> the next for delivery around June 14<sup>th</sup>
- Exact pickup date and time is TBD

apparel-lab.printavo.com/merch/dolphinsswim



### Team Movie

- Team Movie
  - TBD
    - Time, Location and Movie TBD
  - Character Fancy Dress



### Other items

Team Pizza Party –Tuesday before District Meet

- Tuesday, 9th July, Location TBD, 6 PM
  - Tuesday before District Meet
  - Pizza, Cake, Skits & Slide Show.

- End of season pool party
  - Dublin Outdoor Pool, Friday 2<sup>nd</sup> August



## What's next tonight:

- Before you leave!
  - Birth Certificates/Proof of Age 2 copies
  - First Place Athletics Team Suit
  - Team Apparel



# Questions?



Thanks for coming! Have a great season.

Go Dolphins!



SWIM & DIVE 2024