

SWIM & DIVE 2025

Introduction

- Committee
- Coaches
 - Practice Schedule
 - Swim Meets
- Diving
- Volunteers
- Concessions
- Other Items

Presentation will be available on the website.



Committee Members

President	Henrietta King
Vice President, Volunteer Coordinator	Whitney Briscoe
Registrar	Heather MacKrell,
Secretary	Sharon Mbuko
Treasurer	Anlan Zhao
District II Rep	Terri Krings
Diving Coordinator	Heather Koehler
Apparel	Emily Kingsborough
Computer Specialist	Adam Hart
Head Coach	Gayle Marbury
Concessions	Britany Starkey
Hospitality	Christina Minnon



Board Committee

- If you are interested in joining the Board next year and helping make the Dolphins a great swim team, please reach out to Whitney Briscoe
- Board members receive (1) free swimmer for the summer as well as having a voice and active job making our team a wonderful experience for all our swimmers



Coaches, Practice & Meets



Coaches

Gayle Marbury (Head Coach)	13-14 15-18
Kelly Davis	11-12
Emilie Tesseneer	9-10
Gemma King	7-8
Caitlyn Cobb Lyla MacKrell	6 & Under
Jayden Cobb Jordan Cobb	Development
Josh Bryce Laurel Hunter	Diving

Practice Schedule

Afternoon Practice Schedule: 12 to 23 May

Monday-Friday 3:30-4:15 P.M.
 INDOOR POOL
 6 & Under / 8 & Under Development

Monday-Friday 4:15-5:15 P.M.
 INDOOR POOL
 8 & Under Team / 9-10

Monday-Friday 5:15-6:30 P.M
 INDOOR POOL
 11-12 / 13-14

Monday-Friday 5:15-6:30 P.M
 OUTDOOR POOL Seniors

Morning practice schedule: Tuesday the 27th May onward

Monday-Friday 7:00-8:30 A.M.
 INDOOR POOL
 13-14 Team / Seniors

Monday-Friday 7:00-8:30 A.M.
 OUTDOOR POOL
 11-12 / 13-14 Development

Monday-Friday 8:30-9:30 A.M.
 INDOOR POOL
 9-10

Monday-Friday 9:30-10:20 A.M.
 INDOOR POOL
 7-8 / 6 & Under

All times subject to change



Practice sign-in

Dublin requires that all swimmers sign-in for every practice

- "Practice Sign-in Book" located at the front desk at both indoor and outdoor pools.
- Find your name and place a check mark on the day/date.



Meets

Meet Schedule

- Blue/Gold Team Time trial Thursday 29th of May
 - All Dolphins Team and Development swim
- 6 Dual Meets, 3 Home and 3 Away (Month of June/July)
- Medal Meet Saturday June 14, Team fundraiser
- District Meet July 10-12, Madison
- State Swim Meet Swimming July 25-26, Albertville
- State Diving July 24 Boaz



Meet sign-up

6 Dual Meets

- Online Sign-up, this closes 48 hours before the meet.
 - Talk directly with your coach after online sign-up closes.

Medal Meet – Saturday 14 June

- Choose 5 Events (see website for events)
- \$5.00/event + \$5 surcharge
- Online Meet Entry <u>Deadline Sunday the 8th of June</u>

Districts – 10,11 & 12 July

- Choose 3 Individual Events,
 - Meet Fees already included in registration.
- Indicate availability for Relays
- Online Meet Entry <u>Deadline Monday the 23rd of June</u>



Blue-Gold Meet

- Thursday 29th of May
- Team Picture for <u>everyone</u> 3:30 pm
 - Wear Team Suit
- Warmup to follow
- Meet Start 4:30 pm
- Dolphins time trial meet, <u>everybody swims</u>.
- Indicate online if "Attending" or "Not-Attending".
 - Everybody swims every event, where possible.
- Need Parent volunteers for 6&U, 7-8 and 9-10 age groups



Dual Meets

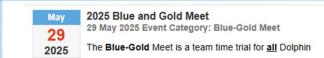
6 DUAL MEETS

- June 3rd Arab at Madison (Home)
- June 5th Boaz at Madison (Home)
- June 10th Madison at Albertville (Away)
- June 24th Madison at Scottsboro (Away)
- June 26th Cullman at Madison (Home)
- July 1st Madison at Guntersville (Away)
- Warmups for home meets are at 4:30 to 5:00 pm
- Warmups for away meets are at 5:00 to 5:30 pm
- Swimmers to be on deck ready 5 mins prior to warmups
- Meet starts at 5:30pm



Dual Meet Things to Know

- A Dual Meet is Team vs Team style meet
 - 6 swimmers (3 from Team A and 3 from Team B) compete for points
 - All others swimmers are exhibition
- Availability needs to be declared two days prior to meet.
 Completed on website under Events.

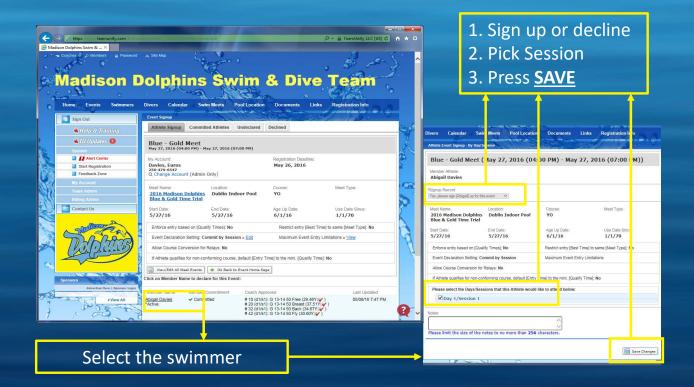


- Warm ups are 4:30 (HOME) and 5:00 (AWAY)
- Heat sheets available approximately 30 mins before meet
- Swim meet starts 5:30
- Swim meet finishes approximately 9:00
- Results posted to team website later that night.
 - Swim Meets -> Meet Results



☑ Edit Commitment ☐ Job Signup

Blue Gold/Dual Meet Signup





Heat Sheets

- Heat sheets provide swimmers events, heat, and lane assignment for the meet.
- Available at approximately 5:00 pm the day of a dual meet
 - Print copy posted to wall
 - Meet Mobile App
- DO NOT USE COACHES DRAFTS!
- State Qualifying Times (SQTs) are on them for each event as a reference

Example Heat Sheet

Madison Dolphins

HY-TEK'S MEET MANAGER 8.0 - 1:56 PM 5/3/2025 Page 1 2024 Madison Dolphins Blue & Gold Time Trial - 5/30/2024 Meet Program - Session 1

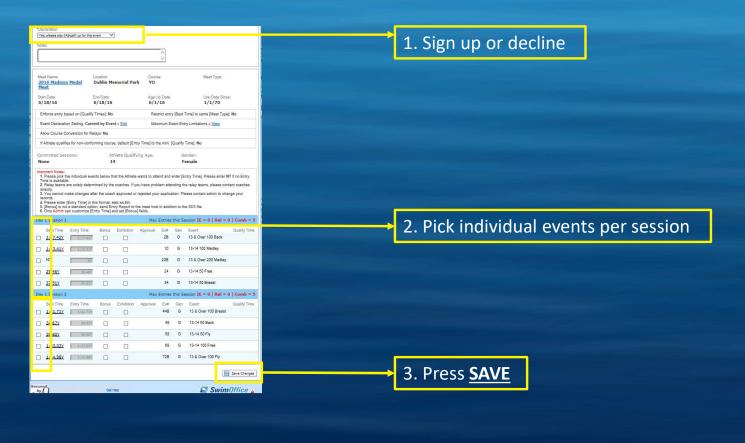
	30.57 S	QT 2024	SQT	
Lane	Name	Age	Team	Seed Time
Heat	1 of 1 Finals			
1	Jones, Jackson C	6	MST	NT
2	Gerbasi, Michael A	6	MST	NT
3	Lin, Daniel R	6	MST	NT
	Hart, Austin J	6	MST	31.24
5	Zhang, Ethan N	6	MST	NT
6	Foster, Colton J	6	MST	NT
7	Mitchell, Peter B	6	MST	NT
8	Spratley, Jake A	5	MST	NT
-		25.11		
Even	t 2 Girls 6 & Unde			tyle
	26.51 St			
	Name	Age	Team	Seed Time
	1 of 1 Finals			
1				
2			73-West	140000
3	Fowler, Olivia M		MST	NT
4	Starkey, Braelynn R		MST	36.04
5	Sahoo, Anaaya		MST	NT
6	Lin, Angelia S	5	MST	NT
7				
8				
Fvon	t 3 Boys 8 & Unde	r 25 Va	rd Frees	tvla
Dici	19.81 S			iji.
Iano	Name		Team	Seed Time
	1 of 2 Finals	Age	ream	Seeu Time
neat	1012 Fillals			
2	Riggins, Chloe	7	MST	NT
-			MST	NT
3				
3	Tsai, Bryce J Lin, Joseph C		MST	NT

	20.03 SQ	T 2024	SQT	7	
Lane	Name	Age	Team	Seed Time	
Heat	1 of 2 Finals				
1	Liu, Jessie	7	MST	NT	
2	Lloyd, Pyper Monae	7	MST	NT	
3	Murray, Abigail E	7	MST	NT	
	Wooten Sarang L	8	MST	NT	
5	Williams, Sacred A	7	MST	NT	
6	Porter, Royal M	7	MST	NT	
7	Lin, Teresa S	7	MST	NT	
8	Bishop, Eden G	7	MST	NT	
Heat	2 of 2 Finals				
1	Spratley, Alina J	7	MST	29.14	
2	Robertson, Amelia J	8	MST	21.66	
3	Hart, Audrey M	8	MST	20.39	
4	Starkey, Brynton R	8	MST	17.39	SQT
	Hayden, Alessa G		MST	19.29	
6	Lynn, Allison P	8	MST	21.06	
7	Babb, Lila J	7	MST	25.63	
8	Lancaster, Olivia C	7	MST	34.29	
Even	t 5 Boys 9-10 50 Y				
	36.92 SQ				
	Name	Age	Team	Seed Time	
Heat 1	1 of 2 Finals				
2	Hsu, Raymond L	9	MST	46.01	
3	Kim, Luke J	9	MST	NT	
4	Lam, Jonathan N	10	MST	52.95	
5	Wren, George	9	MST	NT	
6					
7					
8					
	2 of 2 Finals				
	2012 Finals				
Heat 1 2	Hart Alex [9	MST	40.55	



Medal Meet/Districts Signup

Select individual events for Medal Meet and Districts





Swimmer Eligibility

State ARPA Rules: ARTICLE I – Eligibility

 A swimmer or diver cannot compete on two (2) swim teams at the same time during ARPA swimming season.



ARPA State Meet

State Meet Order of Events

- Different to District Meet.
- Start with Relays.

FRIDAY	SATURDAY
Medley Relay	Free Relay
Breaststroke	Butterfly
Short Free	Backstroke
Individual Medley	Long Free

State Qualifying Time (SQT) – See website for times

- Swimmers with SQT at Districts advance to State
- Top 4 regardless of time advance to State
- 8 Relays per age group advance from District 2



Swimmer Conduct

- Good behavior is expected of swimmers and parents at all times, especially when practicing with the team, using facilities, equipment, and representing the team at a meet.
- Parents must either sit on bleachers or out on back deck during practice. Deck needs to be kept clear for coaches to move around unobstructed.
- Previous issues with poor behavior in and damage to the boys' bathrooms at Dublin.
- Dublin Park and Rec will make the bathrooms off-limits without parent supervision if it happens again.
- Please review the team's code of conduct on the website.



Diving







Diving Schedule

- Coach Josh Bryce
- Assistant Coach Laurel Hunter
- Diving Coordinator Heather Koehler
- Practice
 - Start date: Tuesday 27th May
 - Outdoor Pool: Monday Friday

• Session 1: 7:00-8:00 A.M. 10 & Under & 11-12 Development

• Session 2: 8:00-9:00 A.M. 11-12 Team, 13 & Overs

Meet Schedule

- District Meet Thursday July 10, Madison
- State Meet Wednesday July 23, Boaz



Volunteer Requirements



Volunteer Info

- Please report on time to your selected job.
 - Meets can't start until everybody is in place
- A sign-in sheet at each meet will be next to the announcer table! If you don't sign in, you don't receive credit
- If you can't make a meet you signed up for, let us know as soon as possible so a replacement can be found.



All families help!

Requirements Per Family:

- 5 Slots per family
- New families should sign up for Blue & Gold meet to get practice
- Team parents should have 2 away meet slots
- Everybody works Medal Meet

We need people more than money!

- \$500 penalty per family if volunteer hours are not met. This fee will be charged prior to Districts.
- We need people in each position in order to run our meets. If you can't, find someone who can! If you cannot help physically & prefer to do so monetarily, please let me know ASAP so we can collect payment to help with Districts.
- If you have personal matters keeping you from fulfilling your requirements, reach out to me (Whitney) ASAP and we can work together to come up with a solution.

contact: whitneymshepard@gmail.com



Announcer:

- Makes announcements over loudspeaker throughout the meet
- Hangs out by the computer table entire session
- Must have clear speaking voice
- Can sit down or stand, your choice

Bullpen:

- Organizes swimmers in correct lane order for their races before they go to the blocks
- Patience & loud voice are helpful

Computer Operator:

- Sits at the computer desk at side of the pool
- Makes sure computer is running correctly
- Multi-tasking skills are important



Computer Operator Apprentice:

- Assists the Computer Operator with making sure computer system is running smoothly throughout event
- General computer knowledge needed
- Sits behind computer table throughout the entire meet

Concessions:

- Organizes the concession stand & sells items throughout the meet.
- Will have a chance to leave and watch kids swim their races
- Seated position and can be worked with small children in your care if needed.

Hospitality:

- Helps organize the hospitality room
- Sets out food and decor to serve coaches and officials during the meet
- Will be able to leave and watch kids swim their races



Head Timer:

- Maintains 2 stop watches for every race
- Trades out stop watches with timers who had a timing malfunction
- Stands on the side of the pool throughout session.

Lane Timer:

- Stand at the end of the pool throughout session
- Records swimmer's time after each race as a backup to our computer timing system
- Best view of the pool the entire meet

Official Apprentice:

- Stands next to assigned official during meet on the side of the pool
- Learns about swimming rules to decide if you would like to train to be an official
- May be moved to another volunteer position if spaces are needed during the meet

Place Judge:

- Sits at the side of the pool next to the blocks the entire session
- Tracks, to the best of your ability, the order the swimmers finish their race



Ribbons:

- Located outside of the pool deck area. Can go watch swimmers swim their races
- Organize and label placement ribbons
- File ribbons away into file box
- Seated position and can be worked with small children in your care if needed.

Runner:

- Collects papers from the timers after every race
- Hands out ducks to heat winners (Medal Meet & Districts)
- Will stay behind blocks throughout session

Timing Console:

- Sits at the computer table throughout session
- Watches timing console to make sure it's running correctly
- Trained position only sign up if you have worked as a timing apprentice before

Timing Console Apprentice:

- Sits at computer table throughout session
- Training on how to work the timing console
- Extra set of eyes to make sure console is running correctly



Meet Setup:

- Arrives to home meets early to set up equipment on the pool deck
- Some heavy lifting may be required
- Must be punctual! This position requires you to arrive at meets promptly at 3:30pm!
- This position is highly important because the equipment you will be moving and setting up is very expensive and fragile! Arriving on time and not rushing through the job is very crucial to keep this equipment from breaking or not being stored properly!

Meet Take Down:

- Will stay after meet is over to tear down and pack away pool deck items into storage closet
- Heavy lifting may be required
- This position requires you to stay after the meet sometimes up to an hour!
- This position is highly important because the equipment you will be moving and taking down is very expensive and fragile! Not rushing through the job is very crucial to keep this equipment from breaking or not being stored properly!



Officials

Meet Officials

Home and Away Meets	Home Meets Only
Stroke and Turn Judge – 4	Meet Referee
	Starter

Please consider training to become a S+T official

- Always in need for new officials
- Train with experienced team S+T officials
- Try it out during a home meet.
- See Henrietta King for more details



Volunteer Sign-ups

- Sign ups will be through Team Unify
 - Use the Website or SE Motion App
- Use the login you have for registration.
- Select the meet, job and session you wish to sign up for.
- Find a veteran parent on the pool deck at practice & ask them to show you how to do this if you need help!





Concessions Donations

Every family will be charged a \$20 concessions fee on June 1st

- · All Home Dual meets
- Districts
- Allows Britany to purchase concessions that are needed with little to no waste
- · Team Pizza Party

Contact Britany Starkey with any questions or concerns @ brstarkey2015@gmail.com



Concessions Donations

Concession purchases include:

- Water
- Soft Drinks
- Gatorade
- Candy
- · Chips
- · Pickles
- Fruit
- · Chick-Fil-A and/or Pizza
- · Ice
- · Ect.





Other items



Parking at Dublin

- Please do not wait for your swimmer in the circular drive in front of Dublin Pool. The circular drive is a fire lane.
- After parking, you may walk in, have your swimmer walk to your vehicle, or drive up to the front of the building when you see your child.
- No parking behind the pool, this is for Dublin Staff and coaches
- This is a directive from the Recreation Center Staff.



New Parents

"If I had one day to live, I would spend it at swim meet. They last forever."

- Swim meets are not known for their brevity. Bring something to occupy the time while you wait for your swimmer to swim again. Play cards, read the paper, write your mother, file your nails, torture your other children. Or Volunteer.
- Every parent has a "Rookie Swim" season.
 - Ask other parents for tips, advice and help.
 - E-mail: mstdolphins@gmail.com



Age Group Team Parents

- Volunteer position
 - For all age groups
 - Experienced parent to help guide new parents
 - Be available during practice to answer questions
 - Help coordinate age group skit for the pizza party
 - Counts towards volunteer requirements
- Please contact Henrietta King or Whitney Briscoe for more details.

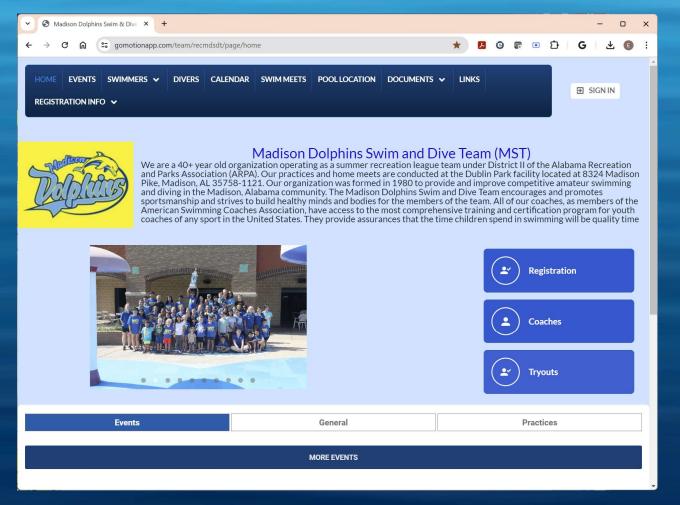


Team Website

- Website <u>www.madisondolphins.org/</u>
 - TeamUnify Platform
 - Integrated Registration, Meet Signup and Volunteer Signup
- Information on:
 - Practice Schedule
 - Meets, Maps of away team pools
 - District and State details
- Team E-Mail <u>mstdolphins@gmail.com</u>



Team Web Site





Make sure you're getting all communication!

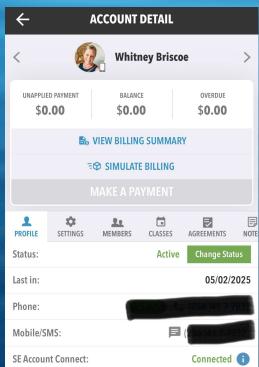
Please add gomotionapp.com to your safe sender email list!

This will ensure that our emails don't go to your spam or junk folder! Sometimes last minute info will be sent out before meets or practices!

Sign up for text alerts on the SportsEngine Motion app!

Your account should look like this when you sign into your account detail on the app!

Also, follow along on Instagram!
 @madisondolphinswim





Meet and Job Signup



"Edit Commitment" is for Swimmer Signup

"Job Signup" goes to Meet Volunteer page



Volunteer Sign-up

List of

available jobs



2. SAVE

1. Select Job(s)



SE MOTION

- Mobile Swimming App
 - Account Management
 - Swimmer Results
 - Volunteer Sign Up
- Use TeamUnify Username and Password









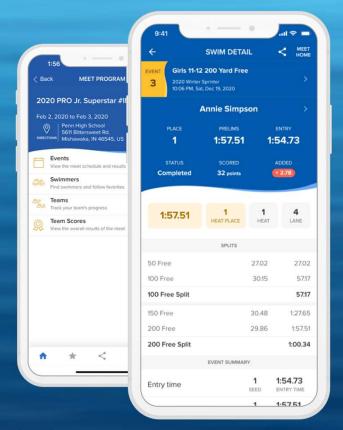
Meet Mobile

- Nice to Have
 - Track events and timeline
 - Get real-time results for your swimmer
- Annual fee \$9.99 to get results.











Team Apparel



Team Suit

Dolfin Reliance Blaze Navy and Gold









Team Shirt & Cap



ALL swimmers will receive a Swim Cap.

Team shirts are available to order through the Team Shop—link is posted on the website.

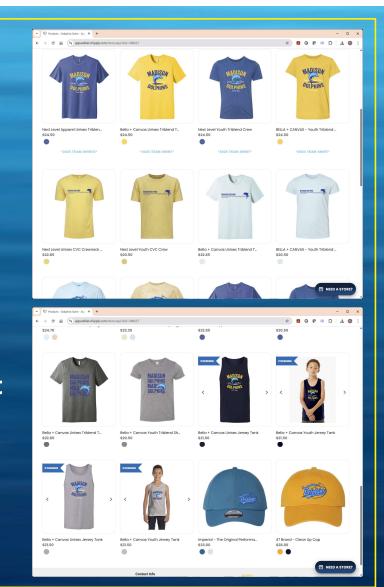
We encourage all swimmers to purchase a Team Shirt!



Team Merch Store

- The store is open for a limited time. Adult and Youth Sizes Available
- All orders will be fulfilled when the store closes.
- Store closes at Midnight on May 15th
- Delivery to pool on May 29th at the Blue Gold Meet

apparellab.chipply.com/DolphinsSwim/



Team Events



Team Movie

- Team Movie
 - TBD
 - Time, Location and Movie TBD



Other items

Team Pizza Party –Tuesday before District Meet

- Tuesday, 8th July @ Bob Jones HS, 6 PM
 - Tuesday before District Meet
 - Pizza, Cake, Skits & Slide Show.
- End of season pool party

Dublin Outdoor Pool, Saturday 2nd August



What's next tonight:

- Before you leave!
 - Birth Certificates/Proof of Age 2 copies
 - First Place Athletics Team Suit
 - Team Apparel





Thanks for coming! Have a great season.

Go Dolphins!

