



## Evansville Winter Kickstarter September 27 - 28, 2025

**SANCTION:** This meet is sanctioned by USA Swimming and Indiana Swimming. Sanction **#IN26011**

**HOST:** Gold Medal Swim Academy  
2211 Crosswalk Ln  
Newburgh, Indiana 47630

**POOL ADDRESS:** Deaconess Aquatic Center  
1700 N Main St.  
Evansville, IN 47711

**FACILITIES:** Competition Pool: 65 meter by 25 yard pool. Competition non-turbulent land markers with take off platforms. Depth of the racing course at the start is a minimum of 7 feet with Colorado timing system. Meet will be conducted in lanes 1-10 with additional lanes available for warm-up and warm-down. Seating for approximately 800 spectators, completely handicapped accessible. There is no smoking allowed in the competition venue.

The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with the Deaconess Aquatic Center.

**RULES:** Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet.

USA Swimming Rules 202.5.3 - At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

Any swimmer entered in the meet must be certified by a USA Swimming-member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Coaches and Officials MUST display their current USA Swimming coach credential or Deck Pass to gain deck access. The meet referee and/or meet director reserves the right to ask for coach credential or Deck Pass and/or deny deck access if coach does not comply or card is no longer valid/current.

Deck changes are prohibited.

In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.

**RULES  
CONTINUED:** Use of audio or visual recording devices, including cell phones, is not permitted in the changing areas, rest rooms or locker rooms.



**202.4.9 J:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair.

The Head Referee reserves the right to use fly-over starts, if it is deemed necessary.

**ELIGIBILITY:**

Swimmer(s) must be registered with USA Swimming prior to the competition. Age as of September 27, 2025 shall determine the swimmer's age for the entire meet. Indiana Swimming does not process on-site athlete registration.

**ENTRIES:**

Teams are to submit entries to Jennifer Brown via email at [GMSA.entries@gmail.com](mailto:GMSA.entries@gmail.com). The use of a HYTEK entry file (.CL2 file extension) is strongly encouraged. All times must be submitted in short course yards and to the hundredth of a second. Converted times must use HYTEK Time Converter.

**DECK ENTRIES:**

Deck entries for individual events will be accepted up until 30 minutes before the start of the session. Deck entries will only be accepted provided there is a lane available and only as a new addition. No additional heats will be created to accommodate deck entries. No deck entries will be permitted for events that have been limited. Deck entries will be entered as NT (no time), and the event will not be reseeded. Entry fee for deck entries is \$10.00 per event.

**LIMITS:**

Swimmers may enter in no more than four (4) individual events per day. If an entry is submitted with an individual entered in more events than this rule allows, the entry will be made by order of events starting with Event #1 until the rule is satisfied; there will be no refunds for individuals over-entered in events.

The host reserves the right of sole discretion to determine which entries are accepted. In exercising this discretion, the host may consider the number of officials provided by the team, balance of age groups and gender entries, level of competition, and geographic location.

The host reserves the right to modify heats and/or events in order to facilitate the timeline of the meet. The host also reserves the right to limit the number of competitors in any event in order to run the meet in the allotted time. Entry fees of any canceled heats / swims will be refunded.

**FEES:**

All fees must be paid no later than one hour prior to the start of the first session of the competition. Please make checks payable to GOLD MEDAL SWIM ACADEMY. The Release and Hold Harmless Agreement must also be submitted with payment or electronically before your team / athlete is permitted to compete.

All Individual Entries	<b>\$5.00</b>
Deck Entries	<b>\$10.00</b>
Surcharge (Per Athlete)	<b>\$15.00</b>

**MAKE CHECKS PAYABLE TO "GOLD MEDAL SWIM ACADEMY"**

**DEADLINES:**

**We will begin taking entries on Monday August 25, 2025.** We will continue to receive entries and updates until 5:00 P.M. on Friday, September 19, 2025 or until the meet is full. You will be notified as soon as possible if the meet fills and your entries are not accepted. Entered teams are able to update their entries until the registration deadline.

**MEET FORMAT:**

This meet will be conducted in a timed finals format for all swimmers.



**POSITIVE  
CHECK-IN:**

The 400Y IM will be positive check-in and will be swum slow to fast. All other events will be pre-seeded.

**Check-in Deadlines**

**400 IM**

**2:00 PM Saturday**

**CLERK OF  
COURSE:**

There will be a clerk of course for all 8 & Under events. All other swimmers are responsible for being behind the blocks at the appropriate time.

**AWARDS:**

No ribbons or medals will be awarded for individual event winners. High point trophies will be awarded point scorers of each gender in each age group.

Heat awards will be given to all heat winners. Awards will not be mailed.

**SCORING:**

Sixteen places (16) will be scored for individual events. Points will be awarded as follows:  
Individual Events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

8 & Under Events: will be scored as 8 & Under

9 – 10 Events: will be scored as 9 - 10

11 – 12 Events: will be scored as 11-12

13 & Over Events: will be scored as 13 & Over

Open Events: will be scored as Open

**RESULTS:**

Results files will be available at the end of the meet.

**SPECTATOR INFO:**

All parents must remain in the viewing area. No parents allowed on deck without permission.

Admission will be free

Heat sheets will be posted throughout the facility & pool deck. We will also provide heat sheets digitally via Meet Mobile and will send a PDF to each coaching staff at least 24 hours prior to the start of the competition.

**CONCESSIONS:**

A variety of concessions will be provided.

**LOST AND FOUND:**

Lost and found will be established by the concession area.

**INFORMATION:**

For more information, call:

**Meet Director**

- Aaron Opell  
- GMswimacademy@gmail.com  
- (812) 965-8212

**Meet Entry Chairman**

- Jennifer Brown  
- GMSA.Entries@gmail.com

**OFFICIALS:**

Officials from visiting teams are welcome and encouraged to participate. If you are interested in participating, please contact Crystal Loudermilk via cell or email. (615) 812-9707. Caloudermilk@gmail.com



## SCHEDULES:

**All times are Central Standard Time.**

Session 1 – Saturday, September 27, 2025

Warm-ups

11:30 A.M.

Meet Starts

1:00 P.M.

Session 2 – Sunday, September 28, 2025

Warm-ups

7:30 A.M.

Meet Starts

9:00 A.M.

Each warm-up session will be governed by assigned lanes for each team. The lane assignments will be sent to each coaching staff on the week of the meet. **Racing Starts at Coaches' Discretion.**

## SCHEDULE OF EVENTS

*ALL TIMES ARE CENTRAL STANDARD (CST)*

### ***SATURDAY NORTH POOL***

***Warm-ups 11:30am – Meet starts 1:00pm***

<b>GIRLS EVENT #</b>	<b>AGE</b>	<b>EVENT</b>	<b>BOYS EVENT #</b>
1	13 & Over	50Y BUTTERFLY	2
3	8 & Under	100Y IM	4
5	13 & Over	200Y IM	6
7	8 & Under	50Y BACKSTROKE	8
9	13 & Over	100Y BACKSTROKE	10
11	8 & Under	25Y BREASTSTROKE	12
13	13 & Over	200Y BREASTSTROKE	14
15	8 & Under	100Y FREESTYLE	16
17	13 & Over	100Y FREESTYLE	18
19	8 & Under	25Y BUTTERFLY	20
21	13 & Over	200Y BUTTERFLY	22
23	13 & Over	50Y BREASTSTROKE	24

### ***SATURDAY DISTANCE NORTH POOL***

***Will begin immediately after the completion of the prior session***

<b>GIRLS EVENT #</b>	<b>AGE</b>	<b>EVENT</b>	<b>BOYS EVENT #</b>
25	OPEN	400Y IM	

### ***SATURDAY SOUTH POOL***



***Warm-ups 11:30am – Meet starts 1:00pm***

<b>GIRLS EVENT #</b>	<b>AGE</b>	<b>EVENT</b>	<b>BOYS EVENT #</b>
27	11-12	50Y BUTTERFLY	28
29	9-10	200Y IM	30
31	11-12	200Y IM	32
33	9-10	50Y BACKSTROKE	34
35	11-12	200Y BACKSTROKE	36
37	9-10	100Y BREASTSTROKE	38
39	11-12	100Y BREASTSTROKE	40
41	9-10	50Y BUTTERFLY	42
43	11-12	200Y BUTTERFLY	44
45	9-10	100Y FREESTYLE	46
47	11-12	100Y FREESTYLE	48
49	11-12	50Y BREASTSTROKE	50

***SATURDAY DISTANCE SOUTH POOL***

*Will begin immediately after the completion of the prior session*

<b>GIRLS EVENT #</b>	<b>AGE</b>	<b>EVENT</b>	<b>BOYS EVENT #</b>
	OPEN	400Y IM	26

***SUNDAY NORTH POOL***

***Warm-ups 7:00am – Meet starts 8:30am***

<b>GIRLS EVENT #</b>	<b>AGE</b>	<b>EVENT</b>	<b>BOYS EVENT #</b>
45	13 & Over	50Y BACKSTROKE	46
47	8 & Under	25Y FREESTYLE	48
49	13 & Over	200Y FREESTYLE	50
51	8 & Under	50Y BREASTSTROKE	52
53	13 & Over	100Y BREASTSTROKE	54
55	8 & Under	25Y BACKSTROKE	56
57	13 & Over	200Y BACKSTROKE	58
59	8 & Under	50Y BUTTERFLY	60
61	13 & Over	100Y BUTTERFLY	62
63	8 & Under	50Y FREESTYLE	64
65	13 & Over	50Y FREESTYLE	66

***SUNDAY SOUTH POOL***

***Warm-ups 7:00am – Meet starts 8:30am***



<b>GIRLS EVENT #</b>	<b>AGE</b>	<b>EVENT</b>	<b>BOYS EVENT #</b>
67	11-12	50Y BACKSTROKE	68
69	9-10	200Y FREESTYLE	70
71	11-12	200Y FREESTYLE	72
73	9-10	100Y BUTTERFLY	74
75	11-12	100Y BUTTERFLY	76
77	9-10	100Y BACKSTROKE	78
79	11-12	100Y BACKSTROKE	80
81	9-10	50Y BREASTSTROKE	82
83	11-12	200Y BREASTSTROKE	84
85	9-10	50Y FREESTYLE	86
87	11-12	50Y FREESTYLE	88



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**RELEASE AND HOLD HARMLESS AGREEMENT**

**This form must be completed and turned into the entry chair digitally or upon arrival at the meet, along with payment.**

**RELEASE AND HOLD HARMLESS AGREEMENT**

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned, for him/herself, the club and its swimmers, their successors and assigns, hereby release and forever discharge Gold Medal Swim Academy & its owners, United States Swimming, The Deaconess Aquatics Center, Indiana Swimming, Inc. and each of their respective officers, agents, employees, members, successors and assigns, and all other persons in any way connected with this swim meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further the undersigned representative and his swimmers shall indemnify and hold harmless Gold Medal Swim Academy, United States Swimming, Indiana Swimming, Inc. and the Deaconess Aquatics Center and the officers, owners, trustees, agents, employees and members of the foregoing and all other persons in any way connected with this event, from any and all other losses, expenses, damages, demands and claims arising out of or in connection with any injury, including death, or alleged injury or damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

Executed this \_\_\_\_\_ day of \_\_\_\_\_, 202\_\_

Signature of Club Official or Coach \_\_\_\_\_

Name & Cell Phone Number of Coach Attending Meet \_\_\_\_\_