

# Metro East Titans Swimming LCM Times Report For 1/1/2025 - 8/31/2025

8/20/2025 6:10:20 PM



| Rank | Event     | Time  | Power Points | First Name | Last Name | Comp Cat. | Club | Swim Date | Meet                                              | Standard | Age Group  |
|------|-----------|-------|--------------|------------|-----------|-----------|------|-----------|---------------------------------------------------|----------|------------|
| 1    | 50 FR LCM | 38.12 | 444          | Hudson     | Little    | M         | METS | 4/6/2025  | 2025 OZ Long Course Kick Off                      | BB       | 10 & Under |
| 2    | 50 FR LCM | 42.06 | 264          | Joseph     | Meyer     | M         | METS | 4/6/2025  | 2025 OZ Long Course Kick Off                      | B        | 10 & Under |
| 3    | 50 FR LCM | 42.43 | 350          | Noah       | Engstrom  | M         | METS | 6/22/2025 | 2025 OZ CSP 87th Annual Summer Invitational       | B        | 10 & Under |
| 4    | 50 FR LCM | 42.60 | 241          | Dax        | Birk      | M         | METS | 6/1/2025  | 2025 OZ Meet Me in St. Louis Invite B             |          | 10 & Under |
| 1    | 50 FR LCM | 27.31 | 843          | Robert     | Nanney    | M         | METS | 5/3/2025  | 2025 OZ FAST John Traube Memorial Meet            | AAAA     | 11-12      |
| 2    | 50 FR LCM | 28.62 | 755          | Grant      | Lu        | M         | METS | 7/12/2025 | 2025 OZ Independence Celebration                  | AAA      | 11-12      |
| 3    | 50 FR LCM | 32.53 | 507          | Henry      | Samet     | M         | METS | 5/3/2025  | 2025 OZ FAST John Traube Memorial Meet            | BB       | 11-12      |
| 4    | 50 FR LCM | 34.54 | 388          | Titus      | Moore     | M         | METS | 7/24/2025 | 2025 OZ Ozark LSC Long Course Champs              | BB       | 11-12      |
| 5    | 50 FR LCM | 40.71 | 81           | Harrison   | Birk      | M         | METS | 6/1/2025  | 2025 OZ Meet Me in St. Louis Invite Slower than B |          | 11-12      |
| 1    | 50 FR LCM | 27.27 | 764          | Robert     | Nanney    | M         | METS | 7/24/2025 | 2025 OZ Ozark LSC Long Course Champs              | AA       | 13-14      |
| 2    | 50 FR LCM | 29.32 | 611          | Grant      | Lu        | M         | METS | 7/24/2025 | 2025 OZ Ozark LSC Long Course Champs              | A        | 13-14      |
| 3    | 50 FR LCM | 29.47 | 506          | Boden      | Rives     | M         | METS | 7/24/2025 | 2025 OZ Ozark LSC Long Course Champs              | BB       | 13-14      |
| 4    | 50 FR LCM | 31.28 | 473          | Henry      | Samet     | M         | METS | 6/30/2025 | 2026 OZ METS Get Your Cut                         | BB       | 13-14      |
| 5    | 50 FR LCM | 32.34 | 402          | Connor     | Engstrom  | M         | METS | 6/30/2025 | 2026 OZ METS Get Your Cut                         | B        | 13-14      |
| 1    | 50 FR LCM | 26.32 | 700          | Jackson    | Suhre     | M         | METS | 7/27/2025 | 2025 OZ Ozark LSC Long Course Champs              | AA       | 15-18      |
| 2    | 50 FR LCM | 26.64 | 607          | Braeden    | Hopkins   | M         | METS | 7/24/2025 | 2025 OZ Ozark LSC Long Course Champs              | A        | 15-18      |
| 3    | 50 FR LCM | 26.93 | 618          | Erick      | Humphrey  | M         | METS | 6/30/2025 | 2026 OZ METS Get Your Cut                         | AA       | 15-18      |
| 4    | 50 FR LCM | 28.00 | 534          | Nolan      | Csaszar   | M         | METS | 7/24/2025 | 2025 OZ Ozark LSC Long Course Champs              | A        | 15-18      |
| 1    | 50 FR LCM | 42.43 | 350          | Noah       | Engstrom  | M         | METS | 6/22/2025 | 2025 OZ CSP 87th Annual Summer Invitational       | B        | 8 & Under  |
| 1    | 50 FR LCM | 26.32 | 700          | Jackson    | Suhre     | M         | METS | 7/27/2025 | 2025 OZ Ozark LSC Long Course Champs              | AA       | Open       |
| 2    | 50 FR LCM | 26.64 | 607          | Braeden    | Hopkins   | M         | METS | 7/24/2025 | 2025 OZ Ozark LSC Long Course Champs              | A        | Open       |
| 3    | 50 FR LCM | 26.93 | 618          | Erick      | Humphrey  | M         | METS | 6/30/2025 | 2026 OZ METS Get Your Cut                         | AA       | Open       |
| 4    | 50 FR LCM | 27.27 | 764          | Robert     | Nanney    | M         | METS | 7/24/2025 | 2025 OZ Ozark LSC Long Course Champs              | AA       | Open       |
| 5    | 50 FR LCM | 28.00 | 534          | Nolan      | Csaszar   | M         | METS | 7/24/2025 | 2025 OZ Ozark LSC Long Course Champs              | A        | Open       |
| 6    | 50 FR LCM | 28.62 | 755          | Grant      | Lu        | M         | METS | 7/12/2025 | 2025 OZ Independence Celebration                  | AAA      | Open       |

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| Rank | Event      | Time    | Power Points | First Name | Last Name | Comp Cat. | Club | Swim Date | Meet                                              | Standard      | Age Group  |
|------|------------|---------|--------------|------------|-----------|-----------|------|-----------|---------------------------------------------------|---------------|------------|
| 7    | 50 FR LCM  | 29.47   | 506          | Boden      | Rives     | M         | METS | 7/24/2025 | 2025 OZ Ozark LSC Long Course Champs              | BB            | Open       |
| 8    | 50 FR LCM  | 31.28   | 473          | Henry      | Samet     | M         | METS | 6/30/2025 | 2026 OZ METS Get Your Cut                         | BB            | Open       |
| 9    | 50 FR LCM  | 32.34   | 402          | Connor     | Engstrom  | M         | METS | 6/30/2025 | 2026 OZ METS Get Your Cut                         | B             | Open       |
| 10   | 50 FR LCM  | 34.54   | 388          | Titus      | Moore     | M         | METS | 7/24/2025 | 2025 OZ Ozark LSC Long Course Champs              | BB            | Open       |
| 11   | 50 FR LCM  | 38.12   | 444          | Hudson     | Little    | M         | METS | 4/6/2025  | 2025 OZ Long Course Kick Off                      | BB            | Open       |
| 12   | 50 FR LCM  | 40.71   | 81           | Harrison   | Birk      | M         | METS | 6/1/2025  | 2025 OZ Meet Me in St. Louis Invite Slower than B |               | Open       |
| 13   | 50 FR LCM  | 42.06   | 264          | Joseph     | Meyer     | M         | METS | 4/6/2025  | 2025 OZ Long Course Kick Off                      | B             | Open       |
| 14   | 50 FR LCM  | 42.43   | 350          | Noah       | Engstrom  | M         | METS | 6/22/2025 | 2025 OZ CSP 87th Annual Summer Invitational       | B             | Open       |
| 15   | 50 FR LCM  | 42.60   | 241          | Dax        | Birk      | M         | METS | 6/1/2025  | 2025 OZ Meet Me in St. Louis Invite B             |               | Open       |
| 1    | 100 FR LCM | 1:27.27 | 306          | Hudson     | Little    | M         | METS | 7/13/2025 | 2025 OZ Independence Celebration                  | BB            | 10 & Under |
| 2    | 100 FR LCM | 1:34.63 | 163          | Dax        | Birk      | M         | METS | 5/31/2025 | 2025 OZ Meet Me in St. Louis Invite B             |               | 10 & Under |
| 3    | 100 FR LCM | 1:34.81 | 271          | Noah       | Engstrom  | M         | METS | 6/21/2025 | 2025 OZ CSP 87th Annual Summer Invitational       | B             | 10 & Under |
| 4    | 100 FR LCM | 1:37.54 | 116          | Joseph     | Meyer     | M         | METS | 4/5/2025  | 2025 OZ Long Course Kick Off                      | B             | 10 & Under |
| 1    | 100 FR LCM | 1:01.31 | 782          | Robert     | Nanney    | M         | METS | 5/4/2025  | 2025 OZ FAST John Traube Memorial Meet            | AAAA          | 11-12      |
| 2    | 100 FR LCM | 1:03.88 | 692          | Grant      | Lu        | M         | METS | 5/31/2025 | 2025 OZ Meet Me in St. Louis Invite AAA           |               | 11-12      |
| 3    | 100 FR LCM | 1:11.48 | 448          | Henry      | Samet     | M         | METS | 4/5/2025  | 2025 OZ Long Course Kick Off                      | BB            | 11-12      |
| 4    | 100 FR LCM | 1:16.04 | 320          | Titus      | Moore     | M         | METS | 7/26/2025 | 2025 OZ Ozark LSC Long Course Champs              | BB            | 11-12      |
| 5    | 100 FR LCM | 1:30.13 | 34           | Harrison   | Birk      | M         | METS | 5/31/2025 | 2025 OZ Meet Me in St. Louis Invite Slower than B |               | 11-12      |
| 1    | 100 FR LCM | 1:02.61 | 614          | Robert     | Nanney    | M         | METS | 7/26/2025 | 2025 OZ Ozark LSC Long Course Champs              | A             | 13-14      |
| 2    | 100 FR LCM | 1:03.87 | 492          | Boden      | Rives     | M         | METS | 6/21/2025 | 2025 OZ CSP 87th Annual Summer Invitational       | A             | 13-14      |
| 3    | 100 FR LCM | 1:09.96 | 357          | Henry      | Samet     | M         | METS | 7/13/2025 | 2025 OZ Independence Celebration                  | B             | 13-14      |
| 4    | 100 FR LCM | 1:18.98 | 114          | Aaron      | Hong      | M         | METS | 4/5/2025  | 2025 OZ Long Course Kick Off                      | Slower than B | 13-14      |
| 1    | 100 FR LCM | 55.88   | 757          | Jackson    | Suhre     | M         | METS | 7/26/2025 | 2025 OZ Ozark LSC Long Course Champs              | AAA           | 15-18      |
| 2    | 100 FR LCM | 58.11   | 570          | Braeden    | Hopkins   | M         | METS | 7/26/2025 | 2025 OZ Ozark LSC Long Course Champs              | A             | 15-18      |
| 3    | 100 FR LCM | 59.37   | 563          | Erick      | Humphrey  | M         | METS | 7/26/2025 | 2025 OZ Ozark LSC Long Course Champs              | A             | 15-18      |
| 4    | 100 FR LCM | 1:03.44 | 409          | Nolan      | Csaszar   | M         | METS | 7/26/2025 | 2025 OZ Ozark LSC Long Course Champs              | BB            | 15-18      |
| 1    | 100 FR LCM | 1:34.81 | 271          | Noah       | Engstrom  | M         | METS | 6/21/2025 | 2025 OZ CSP 87th Annual Summer Invitational       | B             | 8 & Under  |

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| Rank | Event      | Time    | Power Points | First Name | Last Name | Comp Cat. | Club | Swim Date | Meet                                        | Standard      | Age Group  |
|------|------------|---------|--------------|------------|-----------|-----------|------|-----------|---------------------------------------------|---------------|------------|
| 1    | 100 FR LCM | 55.88   | 757          | Jackson    | Suhre     | M         | METS | 7/26/2025 | 2025 OZ Ozark LSC Long Course Champs        | AAA           | Open       |
| 2    | 100 FR LCM | 58.11   | 570          | Braeden    | Hopkins   | M         | METS | 7/26/2025 | 2025 OZ Ozark LSC Long Course Champs        | A             | Open       |
| 3    | 100 FR LCM | 59.37   | 563          | Erick      | Humphrey  | M         | METS | 7/26/2025 | 2025 OZ Ozark LSC Long Course Champs        | A             | Open       |
| 4    | 100 FR LCM | 1:01.31 | 782          | Robert     | Nanney    | M         | METS | 5/4/2025  | 2025 OZ FAST John Traube Memorial Meet      | AAAA          | Open       |
| 5    | 100 FR LCM | 1:03.44 | 409          | Nolan      | Csaszar   | M         | METS | 7/26/2025 | 2025 OZ Ozark LSC Long Course Champs        | BB            | Open       |
| 6    | 100 FR LCM | 1:03.87 | 492          | Boden      | Rives     | M         | METS | 6/21/2025 | 2025 OZ CSP 87th Annual Summer Invitational | A             | Open       |
| 7    | 100 FR LCM | 1:03.88 | 692          | Grant      | Lu        | M         | METS | 5/31/2025 | 2025 OZ Meet Me in St. Louis Invite         | AAA           | Open       |
| 8    | 100 FR LCM | 1:09.96 | 357          | Henry      | Samet     | M         | METS | 7/13/2025 | 2025 OZ Independence Celebration            | B             | Open       |
| 9    | 100 FR LCM | 1:16.04 | 320          | Titus      | Moore     | M         | METS | 7/26/2025 | 2025 OZ Ozark LSC Long Course Champs        | BB            | Open       |
| 10   | 100 FR LCM | 1:18.98 | 114          | Aaron      | Hong      | M         | METS | 4/5/2025  | 2025 OZ Long Course Kick Off                | Slower than B | Open       |
| 11   | 100 FR LCM | 1:27.27 | 306          | Hudson     | Little    | M         | METS | 7/13/2025 | 2025 OZ Independence Celebration            | BB            | Open       |
| 12   | 100 FR LCM | 1:30.13 | 34           | Harrison   | Birk      | M         | METS | 5/31/2025 | 2025 OZ Meet Me in St. Louis Invite         | Slower than B | Open       |
| 13   | 100 FR LCM | 1:34.63 | 163          | Dax        | Birk      | M         | METS | 5/31/2025 | 2025 OZ Meet Me in St. Louis Invite         | B             | Open       |
| 14   | 100 FR LCM | 1:34.81 | 271          | Noah       | Engstrom  | M         | METS | 6/21/2025 | 2025 OZ CSP 87th Annual Summer Invitational | B             | Open       |
| 15   | 100 FR LCM | 1:37.54 | 116          | Joseph     | Meyer     | M         | METS | 4/5/2025  | 2025 OZ Long Course Kick Off                | B             | Open       |
| 1    | 200 FR LCM | 3:06.93 | 292          | Hudson     | Little    | M         | METS | 6/20/2025 | 2025 OZ CSP 87th Annual Summer Invitational | BB            | 10 & Under |
| 2    | 200 FR LCM | 3:20.05 | 172          | Dax        | Birk      | M         | METS | 5/30/2025 | 2025 OZ Meet Me in St. Louis Invite         | B             | 10 & Under |
| 1    | 200 FR LCM | 2:16.13 | 722          | Robert     | Nanney    | M         | METS | 6/20/2025 | 2025 OZ CSP 87th Annual Summer Invitational | AAA           | 11-12      |
| 2    | 200 FR LCM | 2:17.36 | 700          | Grant      | Lu        | M         | METS | 7/12/2025 | 2025 OZ Independence Celebration            | AAA           | 11-12      |
| 3    | 200 FR LCM | 2:31.55 | 470          | Henry      | Samet     | M         | METS | 6/20/2025 | 2025 OZ CSP 87th Annual Summer Invitational | A             | 11-12      |
| 4    | 200 FR LCM | 2:41.73 | 328          | Titus      | Moore     | M         | METS | 6/20/2025 | 2025 OZ CSP 87th Annual Summer Invitational | BB            | 11-12      |
| 5    | 200 FR LCM | 3:09.84 | 54           | Harrison   | Birk      | M         | METS | 4/4/2025  | 2025 OZ Long Course Kick Off                | Slower than B | 11-12      |
| 1    | 200 FR LCM | 2:14.33 | 650          | Grant      | Lu        | M         | METS | 7/27/2025 | 2025 OZ Ozark LSC Long Course Champs        | AA            | 13-14      |
| 2    | 200 FR LCM | 2:17.08 | 494          | Boden      | Rives     | M         | METS | 6/22/2025 | 2025 OZ CSP 87th Annual Summer Invitational | A             | 13-14      |
| 3    | 200 FR LCM | 2:28.21 | 403          | Henry      | Samet     | M         | METS | 7/27/2025 | 2025 OZ Ozark LSC Long Course Champs        | BB            | 13-14      |
| 4    | 200 FR LCM | 2:34.78 | 303          | Connor     | Engstrom  | M         | METS | 6/22/2025 | 2025 OZ CSP 87th Annual Summer Invitational | B             | 13-14      |

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| Rank | Event      | Time    | Power Points | First Name | Last Name | Comp Cat. | Club | Swim Date | Meet                                        | Standard      | Age Group  |
|------|------------|---------|--------------|------------|-----------|-----------|------|-----------|---------------------------------------------|---------------|------------|
| 5    | 200 FR LCM | 2:45.31 | 169          | Aaron      | Hong      | M         | METS | 5/3/2025  | 2025 OZ FAST John Traube Memorial Meet      | Slower than B | 13-14      |
| 1    | 200 FR LCM | 2:01.15 | 760          | Jackson    | Suhre     | M         | METS | 7/27/2025 | 2025 OZ Ozark LSC Long Course Champs        | AAA           | 15-18      |
| 2    | 200 FR LCM | 2:12.46 | 478          | Erick      | Humphrey  | M         | METS | 7/27/2025 | 2025 OZ Ozark LSC Long Course Champs        | A             | 15-18      |
| 1    | 200 FR LCM | 2:01.15 | 760          | Jackson    | Suhre     | M         | METS | 7/27/2025 | 2025 OZ Ozark LSC Long Course Champs        | AAA           | Open       |
| 2    | 200 FR LCM | 2:12.46 | 478          | Erick      | Humphrey  | M         | METS | 7/27/2025 | 2025 OZ Ozark LSC Long Course Champs        | A             | Open       |
| 3    | 200 FR LCM | 2:14.33 | 650          | Grant      | Lu        | M         | METS | 7/27/2025 | 2025 OZ Ozark LSC Long Course Champs        | AA            | Open       |
| 4    | 200 FR LCM | 2:16.13 | 722          | Robert     | Nanney    | M         | METS | 6/20/2025 | 2025 OZ CSP 87th Annual Summer Invitational | AAA           | Open       |
| 5    | 200 FR LCM | 2:17.08 | 494          | Boden      | Rives     | M         | METS | 6/22/2025 | 2025 OZ CSP 87th Annual Summer Invitational | A             | Open       |
| 6    | 200 FR LCM | 2:28.21 | 403          | Henry      | Samet     | M         | METS | 7/27/2025 | 2025 OZ Ozark LSC Long Course Champs        | BB            | Open       |
| 7    | 200 FR LCM | 2:34.78 | 303          | Connor     | Engstrom  | M         | METS | 6/22/2025 | 2025 OZ CSP 87th Annual Summer Invitational | B             | Open       |
| 8    | 200 FR LCM | 2:41.73 | 328          | Titus      | Moore     | M         | METS | 6/20/2025 | 2025 OZ CSP 87th Annual Summer Invitational | BB            | Open       |
| 9    | 200 FR LCM | 2:45.31 | 169          | Aaron      | Hong      | M         | METS | 5/3/2025  | 2025 OZ FAST John Traube Memorial Meet      | Slower than B | Open       |
| 10   | 200 FR LCM | 3:06.93 | 292          | Hudson     | Little    | M         | METS | 6/20/2025 | 2025 OZ CSP 87th Annual Summer Invitational | BB            | Open       |
| 11   | 200 FR LCM | 3:09.84 | 54           | Harrison   | Birk      | M         | METS | 4/4/2025  | 2025 OZ Long Course Kick Off                | Slower than B | Open       |
| 12   | 200 FR LCM | 3:20.05 | 172          | Dax        | Birk      | M         | METS | 5/30/2025 | 2025 OZ Meet Me in St. Louis Invite B       |               | Open       |
| 1    | 400 FR LCM | 6:26.69 | 352          | Hudson     | Little    | M         | METS | 7/12/2025 | 2025 OZ Independence Celebration            | BB            | 10 & Under |
| 1    | 400 FR LCM | 4:52.12 | 686          | Robert     | Nanney    | M         | METS | 5/2/2025  | 2025 OZ FAST John Traube Memorial Meet      | AAA           | 11-12      |
| 2    | 400 FR LCM | 4:58.57 | 634          | Grant      | Lu        | M         | METS | 4/5/2025  | 2025 OZ Long Course Kick Off                | AAA           | 11-12      |
| 3    | 400 FR LCM | 5:23.77 | 448          | Henry      | Samet     | M         | METS | 4/5/2025  | 2025 OZ Long Course Kick Off                | A             | 11-12      |
| 4    | 400 FR LCM | 5:51.91 | 272          | Titus      | Moore     | M         | METS | 7/12/2025 | 2025 OZ Independence Celebration            | BB            | 11-12      |
| 1    | 400 FR LCM | 4:55.51 | 553          | Grant      | Lu        | M         | METS | 7/24/2025 | 2025 OZ Ozark LSC Long Course Champs        | A             | 13-14      |
| 2    | 400 FR LCM | 5:04.82 | 475          | Henry      | Samet     | M         | METS | 7/24/2025 | 2025 OZ Ozark LSC Long Course Champs        | BB            | 13-14      |
| 3    | 400 FR LCM | 5:27.92 | 229          | Connor     | Engstrom  | M         | METS | 7/24/2025 | 2025 OZ Ozark LSC Long Course Champs        | B             | 13-14      |
| 1    | 400 FR LCM | 4:19.43 | 713          | Jackson    | Suhre     | M         | METS | 7/24/2025 | 2025 OZ Ozark LSC Long Course Champs        | AAA           | 15-18      |
| 2    | 400 FR LCM | 4:53.93 | 369          | Erick      | Humphrey  | M         | METS | 7/12/2025 | 2025 OZ Independence Celebration            | BB            | 15-18      |

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|------|-------------|----------|--------------|------------|-----------|-----------|------|-----------|---------------------------------------------|---------------|------------|
| 1    | 400 FR LCM  | 4:19.43  | 713          | Jackson    | Suhre     | M         | METS | 7/24/2025 | 2025 OZ Ozark LSC Long Course Champs        | AAA           | Open       |
| 2    | 400 FR LCM  | 4:52.12  | 686          | Robert     | Nanney    | M         | METS | 5/2/2025  | 2025 OZ FAST John Traube Memorial Meet      | AAA           | Open       |
| 3    | 400 FR LCM  | 4:53.93  | 369          | Erick      | Humphrey  | M         | METS | 7/12/2025 | 2025 OZ Independence Celebration            | BB            | Open       |
| 4    | 400 FR LCM  | 4:55.51  | 553          | Grant      | Lu        | M         | METS | 7/24/2025 | 2025 OZ Ozark LSC Long Course Champs        | A             | Open       |
| 5    | 400 FR LCM  | 5:04.82  | 475          | Henry      | Samet     | M         | METS | 7/24/2025 | 2025 OZ Ozark LSC Long Course Champs        | BB            | Open       |
| 6    | 400 FR LCM  | 5:27.92  | 229          | Connor     | Engstrom  | M         | METS | 7/24/2025 | 2025 OZ Ozark LSC Long Course Champs        | B             | Open       |
| 7    | 400 FR LCM  | 5:51.91  | 272          | Titus      | Moore     | M         | METS | 7/12/2025 | 2025 OZ Independence Celebration            | BB            | Open       |
| 8    | 400 FR LCM  | 6:26.69  | 352          | Hudson     | Little    | M         | METS | 7/12/2025 | 2025 OZ Independence Celebration            | BB            | Open       |
| 1    | 800 FR LCM  | 10:23.78 | 650          | Grant      | Lu        | M         | METS | 7/12/2025 | 2025 OZ Independence Celebration            | AAA           | 11-12      |
| 1    | 800 FR LCM  | 10:01.86 | 589          | Grant      | Lu        | M         | METS | 7/25/2025 | 2025 OZ Ozark LSC Long Course Champs        | A             | 13-14      |
| 2    | 800 FR LCM  | 10:22.24 | 505          | Henry      | Samet     | M         | METS | 7/25/2025 | 2025 OZ Ozark LSC Long Course Champs        | BB            | 13-14      |
| 3    | 800 FR LCM  | 11:08.47 | 256          | Connor     | Engstrom  | M         | METS | 7/25/2025 | 2025 OZ Ozark LSC Long Course Champs        | BB            | 13-14      |
| 1    | 800 FR LCM  | 8:53.56  | 750          | Jackson    | Suhre     | M         | METS | 7/25/2025 | 2025 OZ Ozark LSC Long Course Champs        | AAA           | 15-18      |
| 1    | 800 FR LCM  | 8:53.56  | 750          | Jackson    | Suhre     | M         | METS | 7/25/2025 | 2025 OZ Ozark LSC Long Course Champs        | AAA           | Open       |
| 2    | 800 FR LCM  | 10:01.86 | 589          | Grant      | Lu        | M         | METS | 7/25/2025 | 2025 OZ Ozark LSC Long Course Champs        | A             | Open       |
| 3    | 800 FR LCM  | 10:22.24 | 505          | Henry      | Samet     | M         | METS | 7/25/2025 | 2025 OZ Ozark LSC Long Course Champs        | BB            | Open       |
| 4    | 800 FR LCM  | 11:08.47 | 256          | Connor     | Engstrom  | M         | METS | 7/25/2025 | 2025 OZ Ozark LSC Long Course Champs        | BB            | Open       |
| 1    | 1500 FR LCM | 17:14.29 | 714          | Jackson    | Suhre     | M         | METS | 7/2/2025  | 2025 OZ FAST Summer Distance meet           | AAA           | 15-18      |
| 1    | 1500 FR LCM | 17:14.29 | 714          | Jackson    | Suhre     | M         | METS | 7/2/2025  | 2025 OZ FAST Summer Distance meet           | AAA           | Open       |
| 1    | 50 BK LCM   | 50.57    | 169          | Hudson     | Little    | M         | METS | 6/21/2025 | 2025 OZ CSP 87th Annual Summer Invitational | B             | 10 & Under |
| 2    | 50 BK LCM   | 51.76    | 131          | Dax        | Birk      | M         | METS | 5/31/2025 | 2025 OZ Meet Me in St. Louis Invite         | B             | 10 & Under |
| 2    | 50 BK LCM   | 51.76    | 131          | Joseph     | Meyer     | M         | METS | 4/5/2025  | 2025 OZ Long Course Kick Off                | B             | 10 & Under |
| 4    | 50 BK LCM   | 52.07    | 226          | Noah       | Engstrom  | M         | METS | 6/30/2025 | 2026 OZ METS Get Your Cut                   | B             | 10 & Under |
| 5    | 50 BK LCM   | 1:18.04  | 1            | Luke       | Flaughner | M         | METS | 7/13/2025 | 2025 OZ Independence Celebration            | Slower than B | 10 & Under |
| 1    | 50 BK LCM   | 34.10    | 677          | Grant      | Lu        | M         | METS | 7/13/2025 | 2025 OZ Independence Celebration            | AAA           | 11-12      |

# Metro East Titans Swimming LCM Times Report For 1/1/2025 - 8/31/2025



8/20/2025 6:10:20 PM

| Rank | Event      | Time    | Power Points | First Name | Last Name | Comp Cat. | Club | Swim Date | Meet                                              | Standard      | Age Group  |
|------|------------|---------|--------------|------------|-----------|-----------|------|-----------|---------------------------------------------------|---------------|------------|
| 2    | 50 BK LCM  | 35.50   | 590          | Robert     | Nanney    | M         | METS | 6/21/2025 | 2025 OZ CSP 87th Annual Summer Invitational       | AA            | 11-12      |
| 3    | 50 BK LCM  | 37.97   | 446          | Henry      | Samet     | M         | METS | 4/5/2025  | 2025 OZ Long Course Kick Off                      | BB            | 11-12      |
| 4    | 50 BK LCM  | 39.89   | 344          | Titus      | Moore     | M         | METS | 7/25/2025 | 2025 OZ Ozark LSC Long Course Champs              | BB            | 11-12      |
| 5    | 50 BK LCM  | 52.65   | 1            | Harrison   | Birk      | M         | METS | 5/31/2025 | 2025 OZ Meet Me in St. Louis Invite Slower than B |               | 11-12      |
| 1    | 50 BK LCM  | 32.36   | 1            | Grant      | Lu        | M         | METS | 7/27/2025 | 2025 OZ Ozark LSC Long Course Champs              | AA            | 13-14      |
| 2    | 50 BK LCM  | 38.74   | 1            | Connor     | Engstrom  | M         | METS | 6/22/2025 | 2025 OZ CSP 87th Annual Summer Invitational       | B             | 13-14      |
| 1    | 50 BK LCM  | 28.96   | 1            | Braeden    | Hopkins   | M         | METS | 7/25/2025 | 2025 OZ Ozark LSC Long Course Champs              | Slower than B | 15-18      |
| 2    | 50 BK LCM  | 33.79   | 1            | Jackson    | Suhre     | M         | METS | 6/22/2025 | 2025 OZ CSP 87th Annual Summer Invitational       | Slower than B | 15-18      |
| 1    | 50 BK LCM  | 52.07   | 226          | Noah       | Engstrom  | M         | METS | 6/30/2025 | 2026 OZ METS Get Your Cut                         | B             | 8 & Under  |
| 2    | 50 BK LCM  | 1:18.04 | 1            | Luke       | Flaughner | M         | METS | 7/13/2025 | 2025 OZ Independence Celebration                  | Slower than B | 8 & Under  |
| 1    | 50 BK LCM  | 28.96   | 1            | Braeden    | Hopkins   | M         | METS | 7/25/2025 | 2025 OZ Ozark LSC Long Course Champs              | Slower than B | Open       |
| 2    | 50 BK LCM  | 32.36   | 1            | Grant      | Lu        | M         | METS | 7/27/2025 | 2025 OZ Ozark LSC Long Course Champs              | AA            | Open       |
| 3    | 50 BK LCM  | 33.79   | 1            | Jackson    | Suhre     | M         | METS | 6/22/2025 | 2025 OZ CSP 87th Annual Summer Invitational       | Slower than B | Open       |
| 4    | 50 BK LCM  | 35.50   | 590          | Robert     | Nanney    | M         | METS | 6/21/2025 | 2025 OZ CSP 87th Annual Summer Invitational       | AA            | Open       |
| 5    | 50 BK LCM  | 37.97   | 446          | Henry      | Samet     | M         | METS | 4/5/2025  | 2025 OZ Long Course Kick Off                      | BB            | Open       |
| 6    | 50 BK LCM  | 38.74   | 1            | Connor     | Engstrom  | M         | METS | 6/22/2025 | 2025 OZ CSP 87th Annual Summer Invitational       | B             | Open       |
| 7    | 50 BK LCM  | 39.89   | 344          | Titus      | Moore     | M         | METS | 7/25/2025 | 2025 OZ Ozark LSC Long Course Champs              | BB            | Open       |
| 8    | 50 BK LCM  | 50.57   | 169          | Hudson     | Little    | M         | METS | 6/21/2025 | 2025 OZ CSP 87th Annual Summer Invitational       | B             | Open       |
| 9    | 50 BK LCM  | 51.76   | 131          | Dax        | Birk      | M         | METS | 5/31/2025 | 2025 OZ Meet Me in St. Louis Invite B             |               | Open       |
| 9    | 50 BK LCM  | 51.76   | 131          | Joseph     | Meyer     | M         | METS | 4/5/2025  | 2025 OZ Long Course Kick Off                      | B             | Open       |
| 11   | 50 BK LCM  | 52.07   | 226          | Noah       | Engstrom  | M         | METS | 6/30/2025 | 2026 OZ METS Get Your Cut                         | B             | Open       |
| 12   | 50 BK LCM  | 52.65   | 1            | Harrison   | Birk      | M         | METS | 5/31/2025 | 2025 OZ Meet Me in St. Louis Invite Slower than B |               | Open       |
| 13   | 50 BK LCM  | 1:18.04 | 1            | Luke       | Flaughner | M         | METS | 7/13/2025 | 2025 OZ Independence Celebration                  | Slower than B | Open       |
| 1    | 100 BK LCM | 1:49.44 | 173          | Hudson     | Little    | M         | METS | 5/3/2025  | 2025 OZ FAST John Traube Memorial Meet            | B             | 10 & Under |
| 2    | 100 BK LCM | 1:51.52 | 142          | Dax        | Birk      | M         | METS | 6/1/2025  | 2025 OZ Meet Me in St. Louis Invite B             |               | 10 & Under |
| 3    | 100 BK LCM | 1:53.85 | 111          | Joseph     | Meyer     | M         | METS | 4/6/2025  | 2025 OZ Long Course Kick Off                      | B             | 10 & Under |
| 1    | 100 BK LCM | 1:14.33 | 651          | Grant      | Lu        | M         | METS | 6/1/2025  | 2025 OZ Meet Me in St. Louis Invite AA            |               | 11-12      |

# Metro East Titans Swimming LCM Times Report For 1/1/2025 - 8/31/2025



8/20/2025 6:10:20 PM

| Rank | Event      | Time    | Power Points | First Name | Last Name | Comp Cat. | Club | Swim Date | Meet                                        | Standard      | Age Group |
|------|------------|---------|--------------|------------|-----------|-----------|------|-----------|---------------------------------------------|---------------|-----------|
| 2    | 100 BK LCM | 1:18.15 | 543          | Robert     | Nanney    | M         | METS | 6/22/2025 | 2025 OZ CSP 87th Annual Summer Invitational | A             | 11-12     |
| 3    | 100 BK LCM | 1:25.45 | 355          | Henry      | Samet     | M         | METS | 4/6/2025  | 2025 OZ Long Course Kick Off                | BB            | 11-12     |
| 4    | 100 BK LCM | 1:25.96 | 343          | Titus      | Moore     | M         | METS | 6/22/2025 | 2025 OZ CSP 87th Annual Summer Invitational | BB            | 11-12     |
| 5    | 100 BK LCM | 1:53.74 | 1            | Harrison   | Birk      | M         | METS | 5/3/2025  | 2025 OZ FAST John Traube Memorial Meet      | Slower than B | 11-12     |
| 1    | 100 BK LCM | 1:12.35 | 601          | Grant      | Lu        | M         | METS | 7/27/2025 | 2025 OZ Ozark LSC Long Course Champs        | BB            | 13-14     |
| 2    | 100 BK LCM | 1:19.36 | 388          | Henry      | Samet     | M         | METS | 7/12/2025 | 2025 OZ Independence Celebration            | B             | 13-14     |
| 3    | 100 BK LCM | 1:23.64 | 273          | Connor     | Engstrom  | M         | METS | 6/21/2025 | 2025 OZ CSP 87th Annual Summer Invitational | B             | 13-14     |
| 1    | 100 BK LCM | 1:03.16 | 649          | Braeden    | Hopkins   | M         | METS | 7/27/2025 | 2025 OZ Ozark LSC Long Course Champs        | AA            | 15-18     |
| 2    | 100 BK LCM | 1:10.54 | 497          | Jackson    | Suhre     | M         | METS | 6/21/2025 | 2025 OZ CSP 87th Annual Summer Invitational | BB            | 15-18     |
| 1    | 100 BK LCM | 1:03.16 | 649          | Braeden    | Hopkins   | M         | METS | 7/27/2025 | 2025 OZ Ozark LSC Long Course Champs        | AA            | Open      |
| 2    | 100 BK LCM | 1:10.54 | 497          | Jackson    | Suhre     | M         | METS | 6/21/2025 | 2025 OZ CSP 87th Annual Summer Invitational | BB            | Open      |
| 3    | 100 BK LCM | 1:12.35 | 601          | Grant      | Lu        | M         | METS | 7/27/2025 | 2025 OZ Ozark LSC Long Course Champs        | BB            | Open      |
| 4    | 100 BK LCM | 1:18.15 | 543          | Robert     | Nanney    | M         | METS | 6/22/2025 | 2025 OZ CSP 87th Annual Summer Invitational | A             | Open      |
| 5    | 100 BK LCM | 1:19.36 | 388          | Henry      | Samet     | M         | METS | 7/12/2025 | 2025 OZ Independence Celebration            | B             | Open      |
| 6    | 100 BK LCM | 1:23.64 | 273          | Connor     | Engstrom  | M         | METS | 6/21/2025 | 2025 OZ CSP 87th Annual Summer Invitational | B             | Open      |
| 7    | 100 BK LCM | 1:25.96 | 343          | Titus      | Moore     | M         | METS | 6/22/2025 | 2025 OZ CSP 87th Annual Summer Invitational | BB            | Open      |
| 8    | 100 BK LCM | 1:49.44 | 173          | Hudson     | Little    | M         | METS | 5/3/2025  | 2025 OZ FAST John Traube Memorial Meet      | B             | Open      |
| 9    | 100 BK LCM | 1:51.52 | 142          | Dax        | Birk      | M         | METS | 6/1/2025  | 2025 OZ Meet Me in St. Louis Invite         | B             | Open      |
| 10   | 100 BK LCM | 1:53.74 | 1            | Harrison   | Birk      | M         | METS | 5/3/2025  | 2025 OZ FAST John Traube Memorial Meet      | Slower than B | Open      |
| 11   | 100 BK LCM | 1:53.85 | 111          | Joseph     | Meyer     | M         | METS | 4/6/2025  | 2025 OZ Long Course Kick Off                | B             | Open      |
| 1    | 200 BK LCM | 2:54.82 | 314          | Connor     | Engstrom  | M         | METS | 6/22/2025 | 2025 OZ CSP 87th Annual Summer Invitational | B             | 13-14     |
| 2    | 200 BK LCM | 3:08.66 | 159          | Aaron      | Hong      | M         | METS | 7/13/2025 | 2025 OZ Independence Celebration            | Slower than B | 13-14     |
| 1    | 200 BK LCM | 2:35.51 | 435          | Jackson    | Suhre     | M         | METS | 5/3/2025  | 2025 OZ FAST John Traube Memorial Meet      | BB            | 15-18     |
| 1    | 200 BK LCM | 2:35.51 | 435          | Jackson    | Suhre     | M         | METS | 5/3/2025  | 2025 OZ FAST John Traube Memorial Meet      | BB            | Open      |

# Metro East Titans Swimming LCM Times Report For 1/1/2025 - 8/31/2025



8/20/2025 6:10:20 PM

| Rank | Event      | Time    | Power Points | First Name | Last Name | Comp Cat. | Club | Swim Date | Meet                                        | Standard      | Age Group  |
|------|------------|---------|--------------|------------|-----------|-----------|------|-----------|---------------------------------------------|---------------|------------|
| 2    | 200 BK LCM | 2:54.82 | 314          | Connor     | Engstrom  | M         | METS | 6/22/2025 | 2025 OZ CSP 87th Annual Summer Invitational | B             | Open       |
| 3    | 200 BK LCM | 3:08.66 | 159          | Aaron      | Hong      | M         | METS | 7/13/2025 | 2025 OZ Independence Celebration            | Slower than B | Open       |
| 1    | 50 BR LCM  | 51.99   | 331          | Dax        | Birk      | M         | METS | 6/1/2025  | 2025 OZ Meet Me in St. Louis Invite         | BB            | 10 & Under |
| 2    | 50 BR LCM  | 54.06   | 259          | Hudson     | Little    | M         | METS | 6/20/2025 | 2025 OZ CSP 87th Annual Summer Invitational | BB            | 10 & Under |
| 3    | 50 BR LCM  | 56.48   | 182          | Joseph     | Meyer     | M         | METS | 4/6/2025  | 2025 OZ Long Course Kick Off                | B             | 10 & Under |
| 4    | 50 BR LCM  | 59.17   | 237          | Noah       | Engstrom  | M         | METS | 6/20/2025 | 2025 OZ CSP 87th Annual Summer Invitational | B             | 10 & Under |
| 5    | 50 BR LCM  | 1:12.74 | 1            | Luke       | Flaughner | M         | METS | 7/13/2025 | 2025 OZ Independence Celebration            | Slower than B | 10 & Under |
| 1    | 50 BR LCM  | 33.29   | 936          | Robert     | Nanney    | M         | METS | 7/13/2025 | 2025 OZ Independence Celebration            | AAAA          | 11-12      |
| 2    | 50 BR LCM  | 38.30   | 637          | Grant      | Lu        | M         | METS | 6/1/2025  | 2025 OZ Meet Me in St. Louis Invite         | AA            | 11-12      |
| 3    | 50 BR LCM  | 44.77   | 310          | Henry      | Samet     | M         | METS | 6/20/2025 | 2025 OZ CSP 87th Annual Summer Invitational | BB            | 11-12      |
| 4    | 50 BR LCM  | 52.87   | 32           | Titus      | Moore     | M         | METS | 7/13/2025 | 2025 OZ Independence Celebration            | Slower than B | 11-12      |
| 5    | 50 BR LCM  | 1:01.59 | 1            | Harrison   | Birk      | M         | METS | 7/13/2025 | 2025 OZ Independence Celebration            | Slower than B | 11-12      |
| 1    | 50 BR LCM  | 32.77   | 1            | Robert     | Nanney    | M         | METS | 8/3/2025  | 2025 MN RSC CZ 14&U Championship            | AAAA          | 13-14      |
| 2    | 50 BR LCM  | 35.69   | 1            | Boden      | Rives     | M         | METS | 7/13/2025 | 2025 OZ Independence Celebration            | AA            | 13-14      |
| 3    | 50 BR LCM  | 38.60   | 1            | Grant      | Lu        | M         | METS | 7/26/2025 | 2025 OZ Ozark LSC Long Course Champs        | BB            | 13-14      |
| 4    | 50 BR LCM  | 44.59   | 1            | Connor     | Engstrom  | M         | METS | 6/20/2025 | 2025 OZ CSP 87th Annual Summer Invitational | Slower than B | 13-14      |
| 1    | 50 BR LCM  | 34.19   | 1            | Erick      | Humphrey  | M         | METS | 7/13/2025 | 2025 OZ Independence Celebration            | Slower than B | 15-18      |
| 2    | 50 BR LCM  | 36.86   | 1            | Jackson    | Suhre     | M         | METS | 6/20/2025 | 2025 OZ CSP 87th Annual Summer Invitational | Slower than B | 15-18      |
| 1    | 50 BR LCM  | 59.17   | 237          | Noah       | Engstrom  | M         | METS | 6/20/2025 | 2025 OZ CSP 87th Annual Summer Invitational | B             | 8 & Under  |
| 2    | 50 BR LCM  | 1:12.74 | 1            | Luke       | Flaughner | M         | METS | 7/13/2025 | 2025 OZ Independence Celebration            | Slower than B | 8 & Under  |
| 1    | 50 BR LCM  | 30.96   | 1            | Davion     | Conley    | M         | METS | 7/26/2025 | 2025 OZ Ozark LSC Long Course Champs        | Slower than B | Open       |
| 2    | 50 BR LCM  | 32.77   | 1            | Robert     | Nanney    | M         | METS | 8/3/2025  | 2025 MN RSC CZ 14&U Championship            | AAAA          | Open       |
| 3    | 50 BR LCM  | 34.19   | 1            | Erick      | Humphrey  | M         | METS | 7/13/2025 | 2025 OZ Independence Celebration            | Slower than B | Open       |
| 4    | 50 BR LCM  | 35.69   | 1            | Boden      | Rives     | M         | METS | 7/13/2025 | 2025 OZ Independence Celebration            | AA            | Open       |
| 5    | 50 BR LCM  | 36.86   | 1            | Jackson    | Suhre     | M         | METS | 6/20/2025 | 2025 OZ CSP 87th Annual Summer Invitational | Slower than B | Open       |
| 6    | 50 BR LCM  | 38.30   | 637          | Grant      | Lu        | M         | METS | 6/1/2025  | 2025 OZ Meet Me in St. Louis Invite         | AA            | Open       |
| 7    | 50 BR LCM  | 44.59   | 1            | Connor     | Engstrom  | M         | METS | 6/20/2025 | 2025 OZ CSP 87th Annual Summer Invitational | Slower than B | Open       |



# Metro East Titans Swimming LCM Times Report For 1/1/2025 - 8/31/2025



8/20/2025 6:10:20 PM

| Rank | Event      | Time    | Power Points | First Name | Last Name | Comp Cat. | Club | Swim Date | Meet                                        | Standard      | Age Group  |
|------|------------|---------|--------------|------------|-----------|-----------|------|-----------|---------------------------------------------|---------------|------------|
| 8    | 50 BR LCM  | 44.77   | 310          | Henry      | Samet     | M         | METS | 6/20/2025 | 2025 OZ CSP 87th Annual Summer Invitational | BB            | Open       |
| 9    | 50 BR LCM  | 51.99   | 331          | Dax        | Birk      | M         | METS | 6/1/2025  | 2025 OZ Meet Me in St. Louis Invite         | BB            | Open       |
| 10   | 50 BR LCM  | 52.87   | 32           | Titus      | Moore     | M         | METS | 7/13/2025 | 2025 OZ Independence Celebration            | Slower than B | Open       |
| 11   | 50 BR LCM  | 54.06   | 259          | Hudson     | Little    | M         | METS | 6/20/2025 | 2025 OZ CSP 87th Annual Summer Invitational | BB            | Open       |
| 12   | 50 BR LCM  | 56.48   | 182          | Joseph     | Meyer     | M         | METS | 4/6/2025  | 2025 OZ Long Course Kick Off                | B             | Open       |
| 13   | 50 BR LCM  | 59.17   | 237          | Noah       | Engstrom  | M         | METS | 6/20/2025 | 2025 OZ CSP 87th Annual Summer Invitational | B             | Open       |
| 14   | 50 BR LCM  | 1:01.59 | 1            | Harrison   | Birk      | M         | METS | 7/13/2025 | 2025 OZ Independence Celebration            | Slower than B | Open       |
| 15   | 50 BR LCM  | 1:12.74 | 1            | Luke       | Flaughner | M         | METS | 7/13/2025 | 2025 OZ Independence Celebration            | Slower than B | Open       |
| 1    | 100 BR LCM | 1:52.87 | 358          | Hudson     | Little    | M         | METS | 5/31/2025 | 2025 OZ Meet Me in St. Louis Invite         | BB            | 10 & Under |
| 2    | 100 BR LCM | 1:53.96 | 340          | Dax        | Birk      | M         | METS | 5/4/2025  | 2025 OZ FAST John Traube Memorial Meet      | BB            | 10 & Under |
| 3    | 100 BR LCM | 2:00.04 | 245          | Joseph     | Meyer     | M         | METS | 4/5/2025  | 2025 OZ Long Course Kick Off                | B             | 10 & Under |
| 1    | 100 BR LCM | 1:14.75 | 893          | Robert     | Nanney    | M         | METS | 7/12/2025 | 2025 OZ Independence Celebration            | AAAA          | 11-12      |
| 2    | 100 BR LCM | 1:25.01 | 626          | Grant      | Lu        | M         | METS | 5/31/2025 | 2025 OZ Meet Me in St. Louis Invite         | AA            | 11-12      |
| 3    | 100 BR LCM | 1:36.82 | 357          | Henry      | Samet     | M         | METS | 5/4/2025  | 2025 OZ FAST John Traube Memorial Meet      | BB            | 11-12      |
| 4    | 100 BR LCM | 2:22.54 | 1            | Harrison   | Birk      | M         | METS | 7/12/2025 | 2025 OZ Independence Celebration            | Slower than B | 11-12      |
| 1    | 100 BR LCM | 1:12.96 | 861          | Robert     | Nanney    | M         | METS | 8/1/2025  | 2025 MN RSC CZ 14&U Championship            | AAA           | 13-14      |
| 2    | 100 BR LCM | 1:19.81 | 553          | Boden      | Rives     | M         | METS | 7/24/2025 | 2025 OZ Ozark LSC Long Course Champs        | A             | 13-14      |
| 3    | 100 BR LCM | 1:32.16 | 334          | Henry      | Samet     | M         | METS | 7/12/2025 | 2025 OZ Independence Celebration            | B             | 13-14      |
| 4    | 100 BR LCM | 1:38.01 | 206          | Connor     | Engstrom  | M         | METS | 6/30/2025 | 2026 OZ METS Get Your Cut                   | Slower than B | 13-14      |
| 5    | 100 BR LCM | 1:43.33 | 107          | Aaron      | Hong      | M         | METS | 5/3/2025  | 2025 OZ FAST John Traube Memorial Meet      | Slower than B | 13-14      |
| 1    | 100 BR LCM | 1:15.02 | 535          | Braeden    | Hopkins   | M         | METS | 7/24/2025 | 2025 OZ Ozark LSC Long Course Champs        | BB            | 15-18      |
| 2    | 100 BR LCM | 1:16.28 | 561          | Erick      | Humphrey  | M         | METS | 7/24/2025 | 2025 OZ Ozark LSC Long Course Champs        | A             | 15-18      |
| 3    | 100 BR LCM | 1:17.58 | 568          | Jackson    | Suhre     | M         | METS | 4/6/2025  | 2025 OZ Long Course Kick Off                | BB            | 15-18      |
| 4    | 100 BR LCM | 1:18.00 | 511          | Daniel     | Wang      | M         | METS | 6/30/2025 | 2026 OZ METS Get Your Cut                   | BB            | 15-18      |
| 1    | 100 BR LCM | 1:12.96 | 861          | Robert     | Nanney    | M         | METS | 8/1/2025  | 2025 MN RSC CZ 14&U Championship            | AAA           | Open       |
| 2    | 100 BR LCM | 1:15.02 | 535          | Braeden    | Hopkins   | M         | METS | 7/24/2025 | 2025 OZ Ozark LSC Long Course Champs        | BB            | Open       |
| 3    | 100 BR LCM | 1:16.28 | 561          | Erick      | Humphrey  | M         | METS | 7/24/2025 | 2025 OZ Ozark LSC Long Course Champs        | A             | Open       |
| 4    | 100 BR LCM | 1:17.58 | 568          | Jackson    | Suhre     | M         | METS | 4/6/2025  | 2025 OZ Long Course Kick Off                | BB            | Open       |

# Metro East Titans Swimming LCM Times Report For 1/1/2025 - 8/31/2025



8/20/2025 6:10:20 PM

| Rank | Event      | Time    | Power Points | First Name | Last Name | Comp Cat. | Club | Swim Date | Meet                                        | Standard      | Age Group  |
|------|------------|---------|--------------|------------|-----------|-----------|------|-----------|---------------------------------------------|---------------|------------|
| 5    | 100 BR LCM | 1:18.00 | 511          | Daniel     | Wang      | M         | METS | 6/30/2025 | 2026 OZ METS Get Your Cut                   | BB            | Open       |
| 6    | 100 BR LCM | 1:19.81 | 553          | Boden      | Rives     | M         | METS | 7/24/2025 | 2025 OZ Ozark LSC Long Course Champs        | A             | Open       |
| 7    | 100 BR LCM | 1:25.01 | 626          | Grant      | Lu        | M         | METS | 5/31/2025 | 2025 OZ Meet Me in St. Louis Invite AA      |               | Open       |
| 8    | 100 BR LCM | 1:32.16 | 334          | Henry      | Samet     | M         | METS | 7/12/2025 | 2025 OZ Independence Celebration B          |               | Open       |
| 9    | 100 BR LCM | 1:38.01 | 206          | Connor     | Engstrom  | M         | METS | 6/30/2025 | 2026 OZ METS Get Your Cut                   | Slower than B | Open       |
| 10   | 100 BR LCM | 1:43.33 | 107          | Aaron      | Hong      | M         | METS | 5/3/2025  | 2025 OZ FAST John Traube Memorial Meet      | Slower than B | Open       |
| 11   | 100 BR LCM | 1:52.87 | 358          | Hudson     | Little    | M         | METS | 5/31/2025 | 2025 OZ Meet Me in St. Louis Invite BB      |               | Open       |
| 12   | 100 BR LCM | 1:53.96 | 340          | Dax        | Birk      | M         | METS | 5/4/2025  | 2025 OZ FAST John Traube Memorial Meet      | BB            | Open       |
| 13   | 100 BR LCM | 2:00.04 | 245          | Joseph     | Meyer     | M         | METS | 4/5/2025  | 2025 OZ Long Course Kick Off                | B             | Open       |
| 14   | 100 BR LCM | 2:22.54 | 1            | Harrison   | Birk      | M         | METS | 7/12/2025 | 2025 OZ Independence Celebration            | Slower than B | Open       |
| 1    | 200 BR LCM | 2:49.25 | 831          | Robert     | Nanney    | M         | METS | 6/30/2025 | 2026 OZ METS Get Your Cut                   | AAAA          | 11-12      |
| 1    | 200 BR LCM | 2:48.13 | 717          | Robert     | Nanney    | M         | METS | 8/2/2025  | 2025 MN RSC CZ 14&U Championship            | A             | 13-14      |
| 2    | 200 BR LCM | 2:55.10 | 545          | Boden      | Rives     | M         | METS | 6/21/2025 | 2025 OZ CSP 87th Annual Summer Invitational | BB            | 13-14      |
| 3    | 200 BR LCM | 3:26.42 | 276          | Connor     | Engstrom  | M         | METS | 6/21/2025 | 2025 OZ CSP 87th Annual Summer Invitational | Slower than B | 13-14      |
| 4    | 200 BR LCM | 3:27.96 | 261          | Aaron      | Hong      | M         | METS | 4/5/2025  | 2025 OZ Long Course Kick Off                | Slower than B | 13-14      |
| 1    | 200 BR LCM | 2:57.84 | 441          | Jackson    | Suhre     | M         | METS | 5/4/2025  | 2025 OZ FAST John Traube Memorial Meet      | BB            | 15-18      |
| 1    | 200 BR LCM | 2:48.13 | 717          | Robert     | Nanney    | M         | METS | 8/2/2025  | 2025 MN RSC CZ 14&U Championship            | A             | Open       |
| 2    | 200 BR LCM | 2:49.32 | 493          | Davion     | Conley    | M         | METS | 4/5/2025  | 2025 OZ Long Course Kick Off                | Slower than B | Open       |
| 3    | 200 BR LCM | 2:55.10 | 545          | Boden      | Rives     | M         | METS | 6/21/2025 | 2025 OZ CSP 87th Annual Summer Invitational | BB            | Open       |
| 4    | 200 BR LCM | 2:57.84 | 441          | Jackson    | Suhre     | M         | METS | 5/4/2025  | 2025 OZ FAST John Traube Memorial Meet      | BB            | Open       |
| 5    | 200 BR LCM | 3:26.42 | 276          | Connor     | Engstrom  | M         | METS | 6/21/2025 | 2025 OZ CSP 87th Annual Summer Invitational | Slower than B | Open       |
| 6    | 200 BR LCM | 3:27.96 | 261          | Aaron      | Hong      | M         | METS | 4/5/2025  | 2025 OZ Long Course Kick Off                | Slower than B | Open       |
| 1    | 50 FL LCM  | 48.70   | 111          | Hudson     | Little    | M         | METS | 7/12/2025 | 2025 OZ Independence Celebration B          |               | 10 & Under |
| 2    | 50 FL LCM  | 54.94   | 1            | Dax        | Birk      | M         | METS | 5/31/2025 | 2025 OZ Meet Me in St. Louis Invite         | Slower than B | 10 & Under |
| 3    | 50 FL LCM  | 1:02.87 | 1            | Noah       | Engstrom  | M         | METS | 6/30/2025 | 2026 OZ METS Get Your Cut                   | Slower than B | 10 & Under |
| 4    | 50 FL LCM  | 1:11.38 | 1            | Luke       | Flaughner | M         | METS | 7/12/2025 | 2025 OZ Independence Celebration            | Slower than B | 10 & Under |
| 1    | 50 FL LCM  | 29.70   | 836          | Robert     | Nanney    | M         | METS | 4/5/2025  | 2025 OZ Long Course Kick Off                | AAAA          | 11-12      |
| 2    | 50 FL LCM  | 36.43   | 386          | Henry      | Samet     | M         | METS | 4/5/2025  | 2025 OZ Long Course Kick Off                | BB            | 11-12      |

# Metro East Titans Swimming LCM Times Report For 1/1/2025 - 8/31/2025



8/20/2025 6:10:20 PM

| Rank | Event      | Time    | Power Points | First Name | Last Name | Comp Cat. | Club | Swim Date | Meet                                        | Standard      | Age Group  |
|------|------------|---------|--------------|------------|-----------|-----------|------|-----------|---------------------------------------------|---------------|------------|
| 3    | 50 FL LCM  | 36.89   | 360          | Titus      | Moore     | M         | METS | 7/27/2025 | 2025 OZ Ozark LSC Long Course Champs        | BB            | 11-12      |
| 1    | 50 FL LCM  | 29.64   | 1            | Robert     | Nanney    | M         | METS | 7/27/2025 | 2025 OZ Ozark LSC Long Course Champs        | AA            | 13-14      |
| 2    | 50 FL LCM  | 31.17   | 1            | Boden      | Rives     | M         | METS | 6/21/2025 | 2025 OZ CSP 87th Annual Summer Invitational | A             | 13-14      |
| 3    | 50 FL LCM  | 33.48   | 1            | Henry      | Samet     | M         | METS | 6/30/2025 | 2026 OZ METS Get Your Cut                   | BB            | 13-14      |
| 4    | 50 FL LCM  | 39.05   | 1            | Connor     | Engstrom  | M         | METS | 6/21/2025 | 2025 OZ CSP 87th Annual Summer Invitational | Slower than B | 13-14      |
| 1    | 50 FL LCM  | 28.84   | 1            | Jackson    | Suhre     | M         | METS | 7/27/2025 | 2025 OZ Ozark LSC Long Course Champs        | Slower than B | 15-18      |
| 2    | 50 FL LCM  | 31.12   | 1            | Erick      | Humphrey  | M         | METS | 7/12/2025 | 2025 OZ Independence Celebration            | Slower than B | 15-18      |
| 1    | 50 FL LCM  | 1:02.87 | 1            | Noah       | Engstrom  | M         | METS | 6/30/2025 | 2026 OZ METS Get Your Cut                   | Slower than B | 8 & Under  |
| 2    | 50 FL LCM  | 1:11.38 | 1            | Luke       | Flaughner | M         | METS | 7/12/2025 | 2025 OZ Independence Celebration            | Slower than B | 8 & Under  |
| 1    | 50 FL LCM  | 28.84   | 1            | Jackson    | Suhre     | M         | METS | 7/27/2025 | 2025 OZ Ozark LSC Long Course Champs        | Slower than B | Open       |
| 2    | 50 FL LCM  | 29.64   | 1            | Robert     | Nanney    | M         | METS | 7/27/2025 | 2025 OZ Ozark LSC Long Course Champs        | AA            | Open       |
| 3    | 50 FL LCM  | 31.12   | 1            | Erick      | Humphrey  | M         | METS | 7/12/2025 | 2025 OZ Independence Celebration            | Slower than B | Open       |
| 4    | 50 FL LCM  | 31.17   | 1            | Boden      | Rives     | M         | METS | 6/21/2025 | 2025 OZ CSP 87th Annual Summer Invitational | A             | Open       |
| 5    | 50 FL LCM  | 33.48   | 1            | Henry      | Samet     | M         | METS | 6/30/2025 | 2026 OZ METS Get Your Cut                   | BB            | Open       |
| 6    | 50 FL LCM  | 36.89   | 360          | Titus      | Moore     | M         | METS | 7/27/2025 | 2025 OZ Ozark LSC Long Course Champs        | BB            | Open       |
| 7    | 50 FL LCM  | 39.05   | 1            | Connor     | Engstrom  | M         | METS | 6/21/2025 | 2025 OZ CSP 87th Annual Summer Invitational | Slower than B | Open       |
| 8    | 50 FL LCM  | 48.70   | 111          | Hudson     | Little    | M         | METS | 7/12/2025 | 2025 OZ Independence Celebration            | B             | Open       |
| 9    | 50 FL LCM  | 54.94   | 1            | Dax        | Birk      | M         | METS | 5/31/2025 | 2025 OZ Meet Me in St. Louis Invite         | Slower than B | Open       |
| 10   | 50 FL LCM  | 1:02.87 | 1            | Noah       | Engstrom  | M         | METS | 6/30/2025 | 2026 OZ METS Get Your Cut                   | Slower than B | Open       |
| 11   | 50 FL LCM  | 1:11.38 | 1            | Luke       | Flaughner | M         | METS | 7/12/2025 | 2025 OZ Independence Celebration            | Slower than B | Open       |
| 1    | 100 FL LCM | 1:57.09 | 77           | Hudson     | Little    | M         | METS | 6/20/2025 | 2025 OZ CSP 87th Annual Summer Invitational | B             | 10 & Under |
| 1    | 100 FL LCM | 1:07.66 | 785          | Robert     | Nanney    | M         | METS | 6/20/2025 | 2025 OZ CSP 87th Annual Summer Invitational | AAAA          | 11-12      |
| 2    | 100 FL LCM | 1:18.47 | 482          | Henry      | Samet     | M         | METS | 6/20/2025 | 2025 OZ CSP 87th Annual Summer Invitational | A             | 11-12      |
| 1    | 100 FL LCM | 1:05.65 | 729          | Robert     | Nanney    | M         | METS | 7/25/2025 | 2025 OZ Ozark LSC Long Course Champs        | AA            | 13-14      |
| 2    | 100 FL LCM | 1:10.02 | 470          | Boden      | Rives     | M         | METS | 6/22/2025 | 2025 OZ CSP 87th Annual Summer Invitational | BB            | 13-14      |
| 1    | 100 FL LCM | 1:03.42 | 624          | Jackson    | Suhre     | M         | METS | 7/25/2025 | 2025 OZ Ozark LSC Long Course Champs        | A             | 15-18      |

# Metro East Titans Swimming LCM Times Report For 1/1/2025 - 8/31/2025



8/20/2025 6:10:20 PM

| Rank | Event      | Time    | Power Points | First Name | Last Name | Comp Cat. | Club | Swim Date | Meet                                        | Standard      | Age Group  |
|------|------------|---------|--------------|------------|-----------|-----------|------|-----------|---------------------------------------------|---------------|------------|
| 2    | 100 FL LCM | 1:10.37 | 350          | Erick      | Humphrey  | M         | METS | 7/13/2025 | 2025 OZ Independence Celebration            | BB            | 15-18      |
| 1    | 100 FL LCM | 1:03.42 | 624          | Jackson    | Suhre     | M         | METS | 7/25/2025 | 2025 OZ Ozark LSC Long Course Champs        | A             | Open       |
| 2    | 100 FL LCM | 1:05.65 | 729          | Robert     | Nanney    | M         | METS | 7/25/2025 | 2025 OZ Ozark LSC Long Course Champs        | AA            | Open       |
| 3    | 100 FL LCM | 1:10.02 | 470          | Boden      | Rives     | M         | METS | 6/22/2025 | 2025 OZ CSP 87th Annual Summer Invitational | BB            | Open       |
| 4    | 100 FL LCM | 1:10.37 | 350          | Erick      | Humphrey  | M         | METS | 7/13/2025 | 2025 OZ Independence Celebration            | BB            | Open       |
| 5    | 100 FL LCM | 1:18.47 | 482          | Henry      | Samet     | M         | METS | 6/20/2025 | 2025 OZ CSP 87th Annual Summer Invitational | A             | Open       |
| 6    | 100 FL LCM | 1:57.09 | 77           | Hudson     | Little    | M         | METS | 6/20/2025 | 2025 OZ CSP 87th Annual Summer Invitational | B             | Open       |
| 1    | 200 FL LCM | 2:32.76 | 521          | Boden      | Rives     | M         | METS | 7/26/2025 | 2025 OZ Ozark LSC Long Course Champs        | A             | 13-14      |
| 1    | 200 FL LCM | 2:19.97 | 648          | Jackson    | Suhre     | M         | METS | 7/26/2025 | 2025 OZ Ozark LSC Long Course Champs        | AA            | 15-18      |
| 1    | 200 FL LCM | 2:19.97 | 648          | Jackson    | Suhre     | M         | METS | 7/26/2025 | 2025 OZ Ozark LSC Long Course Champs        | AA            | Open       |
| 2    | 200 FL LCM | 2:32.76 | 521          | Boden      | Rives     | M         | METS | 7/26/2025 | 2025 OZ Ozark LSC Long Course Champs        | A             | Open       |
| 1    | 200 IM LCM | 3:28.37 | 340          | Hudson     | Little    | M         | METS | 5/30/2025 | 2025 OZ Meet Me in St. Louis Invite         | BB            | 10 & Under |
| 2    | 200 IM LCM | 3:44.54 | 202          | Dax        | Birk      | M         | METS | 5/4/2025  | 2025 OZ FAST John Traube Memorial Meet      | B             | 10 & Under |
| 1    | 200 IM LCM | 2:35.62 | 716          | Robert     | Nanney    | M         | METS | 5/4/2025  | 2025 OZ FAST John Traube Memorial Meet      | AAA           | 11-12      |
| 2    | 200 IM LCM | 2:56.43 | 426          | Henry      | Samet     | M         | METS | 5/4/2025  | 2025 OZ FAST John Traube Memorial Meet      | BB            | 11-12      |
| 3    | 200 IM LCM | 3:04.39 | 332          | Titus      | Moore     | M         | METS | 7/26/2025 | 2025 OZ Ozark LSC Long Course Champs        | BB            | 11-12      |
| 4    | 200 IM LCM | 3:50.30 | 3            | Harrison   | Birk      | M         | METS | 4/4/2025  | 2025 OZ Long Course Kick Off                | Slower than B | 11-12      |
| 1    | 200 IM LCM | 2:49.33 | 384          | Henry      | Samet     | M         | METS | 7/26/2025 | 2025 OZ Ozark LSC Long Course Champs        | BB            | 13-14      |
| 2    | 200 IM LCM | 2:59.52 | 254          | Connor     | Engstrom  | M         | METS | 6/20/2025 | 2025 OZ CSP 87th Annual Summer Invitational | B             | 13-14      |
| 3    | 200 IM LCM | 3:05.68 | 186          | Aaron      | Hong      | M         | METS | 7/13/2025 | 2025 OZ Independence Celebration            | Slower than B | 13-14      |
| 1    | 200 IM LCM | 2:23.85 | 602          | Jackson    | Suhre     | M         | METS | 4/4/2025  | 2025 OZ Long Course Kick Off                | AA            | 15-18      |
| 2    | 200 IM LCM | 2:31.34 | 469          | Erick      | Humphrey  | M         | METS | 7/26/2025 | 2025 OZ Ozark LSC Long Course Champs        | BB            | 15-18      |
| 1    | 200 IM LCM | 2:23.85 | 602          | Jackson    | Suhre     | M         | METS | 4/4/2025  | 2025 OZ Long Course Kick Off                | AA            | Open       |
| 2    | 200 IM LCM | 2:31.34 | 469          | Erick      | Humphrey  | M         | METS | 7/26/2025 | 2025 OZ Ozark LSC Long Course Champs        | BB            | Open       |
| 3    | 200 IM LCM | 2:35.62 | 716          | Robert     | Nanney    | M         | METS | 5/4/2025  | 2025 OZ FAST John Traube Memorial Meet      | AAA           | Open       |

# Metro East Titans Swimming LCM Times Report For 1/1/2025 - 8/31/2025



8/20/2025 6:10:20 PM

| Rank | Event        | Time    | Power Points | First Name                                                 | Last Name | Comp Cat. | Club | Swim Date | Meet                                        | Standard      | Age Group |
|------|--------------|---------|--------------|------------------------------------------------------------|-----------|-----------|------|-----------|---------------------------------------------|---------------|-----------|
| 4    | 200 IM LCM   | 2:49.33 | 384          | Henry                                                      | Samet     | M         | METS | 7/26/2025 | 2025 OZ Ozark LSC Long Course Champs        | BB            | Open      |
| 5    | 200 IM LCM   | 2:59.52 | 254          | Connor                                                     | Engstrom  | M         | METS | 6/20/2025 | 2025 OZ CSP 87th Annual Summer Invitational | B             | Open      |
| 6    | 200 IM LCM   | 3:04.39 | 332          | Titus                                                      | Moore     | M         | METS | 7/26/2025 | 2025 OZ Ozark LSC Long Course Champs        | BB            | Open      |
| 7    | 200 IM LCM   | 3:05.68 | 186          | Aaron                                                      | Hong      | M         | METS | 7/13/2025 | 2025 OZ Independence Celebration            | Slower than B | Open      |
| 8    | 200 IM LCM   | 3:28.37 | 340          | Hudson                                                     | Little    | M         | METS | 5/30/2025 | 2025 OZ Meet Me in St. Louis Invite         | BB            | Open      |
| 9    | 200 IM LCM   | 3:44.54 | 202          | Dax                                                        | Birk      | M         | METS | 5/4/2025  | 2025 OZ FAST John Traube Memorial Meet      | B             | Open      |
| 10   | 200 IM LCM   | 3:50.30 | 3            | Harrison                                                   | Birk      | M         | METS | 4/4/2025  | 2025 OZ Long Course Kick Off                | Slower than B | Open      |
| 1    | 400 IM LCM   | 6:47.19 | 142          | Aaron                                                      | Hong      | M         | METS | 5/3/2025  | 2025 OZ FAST John Traube Memorial Meet      | Slower than B | 13-14     |
| 1    | 400 IM LCM   | 5:07.63 | 596          | Jackson                                                    | Suhre     | M         | METS | 4/5/2025  | 2025 OZ Long Course Kick Off                | AA            | 15-18     |
| 1    | 400 IM LCM   | 5:07.63 | 596          | Jackson                                                    | Suhre     | M         | METS | 4/5/2025  | 2025 OZ Long Course Kick Off                | AA            | Open      |
| 2    | 400 IM LCM   | 6:47.19 | 142          | Aaron                                                      | Hong      | M         | METS | 5/3/2025  | 2025 OZ FAST John Traube Memorial Meet      | Slower than B | Open      |
| 1    | 200 FR-R LCM | 1:56.78 |              | Bob Nanney, Boden Rives, Henry Samet, Grant Lu             |           | M         | METS | 7/27/2025 | 2025 OZ Ozark LSC Long Course Champs        |               | 13-14     |
| 1    | 200 FR-R LCM | 1:45.39 |              | Jackson Suhre, Erick Humphrey, Nolan Cszasz, Austin Norcio |           | M         | METS | 7/27/2025 | 2025 OZ Ozark LSC Long Course Champs        |               | 15-18     |
| 1    | 200 FR-R LCM | 1:59.61 |              | Jackson Suhre, Aaron Hong, Nolan Cszasz, Brady Hopkins     |           | M         | METS | 4/5/2025  | 2025 OZ Long Course Kick Off                |               | Open      |
| 1    | 400 FR-R LCM | 4:21.81 |              | Boden Rives, Grant Lu, Henry Samet, Bob Nanney             |           | M         | METS | 7/26/2025 | 2025 OZ Ozark LSC Long Course Champs        |               | 13-14     |

# Metro East Titans Swimming LCM Times Report For 1/1/2025 - 8/31/2025



8/20/2025 6:10:20 PM

| Rank | Event            | Time    | Power Points | First Name                                                                       | Last Name | Comp Cat. | Club | Swim Date | Meet                                    | Standard | Age Group |
|------|------------------|---------|--------------|----------------------------------------------------------------------------------|-----------|-----------|------|-----------|-----------------------------------------|----------|-----------|
| 1    | 400 FR-R<br>LCM  | 3:55.46 |              | Austin<br>Norcio,<br>Jackson<br>Suhre, Erick<br>Humphrey,<br>Nolan<br>Csaszar    |           | M         | METS | 7/26/2025 | 2025 OZ Ozark LSC Long Course<br>Champs |          | 15-18     |
| 1    | 800 FR-R<br>LCM  | 9:26.40 |              | Boden<br>Rives, Grant<br>Lu, Henry<br>Samet, Bob<br>Nanney                       |           | M         | METS | 7/24/2025 | 2025 OZ Ozark LSC Long Course<br>Champs |          | 13-14     |
| 1    | 200 MED-R<br>LCM | 2:08.43 |              | Grant Lu,<br>Bob Nanney,<br>Boden<br>Rives, Henry<br>Samet                       |           | M         | METS | 7/27/2025 | 2025 OZ Ozark LSC Long Course<br>Champs |          | 13-14     |
| 1    | 200 MED-R<br>LCM | 1:53.91 |              | Brady<br>Hopkins,<br>Erick<br>Humphrey,<br>Jackson<br>Suhre,<br>Austin<br>Norcio |           | M         | METS | 7/27/2025 | 2025 OZ Ozark LSC Long Course<br>Champs |          | 15-18     |
| 1    | 400 MED-R<br>LCM | 4:52.27 |              | Henry<br>Samet, Bob<br>Nanney,<br>Boden<br>Rives, Grant<br>Lu                    |           | M         | METS | 7/25/2025 | 2025 OZ Ozark LSC Long Course<br>Champs |          | 13-14     |
| 1    | 400 MED-R<br>LCM | 4:32.72 |              | Brady<br>Hopkins,<br>Erick<br>Humphrey,<br>Austin<br>Norcio,<br>Nolan<br>Csaszar |           | M         | METS | 7/25/2025 | 2025 OZ Ozark LSC Long Course<br>Champs |          | 15-18     |