

Metro East Titans Swimming LCM Times Report For 1/1/2025 - 8/31/2025

8/20/2025 6:09:49 PM



Rank	Event	Time	Power Points	First Name	Last Name	Comp Cat.	Club	Swim Date	Meet	Standard	Age Group
1	50 FR LCM	33.89	635	Josephine	Forman	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	AA	10 & Under
2	50 FR LCM	35.43	547	Ava	Hong	F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs	A	10 & Under
3	50 FR LCM	36.80	473	Taylor	Nanney	F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs	BB	10 & Under
4	50 FR LCM	39.52	474	Brynn	Giuffre	F	METS	4/6/2025	2025 OZ Long Course Kick Off	BB	10 & Under
5	50 FR LCM	40.46	429	Meredith	Luitjohan	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	BB	10 & Under
6	50 FR LCM	41.97	359	Margo	Deist	F	METS	6/30/2025	2026 OZ METS Get Your Cut	B	10 & Under
7	50 FR LCM	46.72	166	Lennox	Moszer	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	10 & Under
1	50 FR LCM	32.36	539	Eleanor	Forman	F	METS	7/24/2025	2025 OZ Ozark LSC Long Course Champs	A	11-12
2	50 FR LCM	32.62	598	Ella	Engstrom	F	METS	6/22/2025	2025 OZ CSP 87th Annual Summer Invitational	A	11-12
3	50 FR LCM	33.04	570	Rylee	Barnett	F	METS	6/30/2025	2026 OZ METS Get Your Cut	A	11-12
4	50 FR LCM	33.06	569	Veronica	Giuffre	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite A		11-12
5	50 FR LCM	33.56	537	Emma	Portell	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite BB		11-12
6	50 FR LCM	33.74	451	Vivian	Cross	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	BB	11-12
7	50 FR LCM	33.91	440	Teagan	Moszer	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	BB	11-12
8	50 FR LCM	34.38	412	Aubrey	Rickman	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	BB	11-12
9	50 FR LCM	35.90	396	Hildi	Deist	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	B	11-12
10	50 FR LCM	36.45	293	Magdalena	Luitjohan	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	B	11-12
11	50 FR LCM	41.13	136	Betty	Cadagin	F	METS	4/6/2025	2025 OZ Long Course Kick Off	Slower than B	11-12
1	50 FR LCM	28.93	728	Aelxandria	Suhre	F	METS	7/24/2025	2025 OZ Ozark LSC Long Course Champs	AAA	13-14
2	50 FR LCM	29.77	621	Corinne	Morris	F	METS	6/30/2025	2026 OZ METS Get Your Cut	AA	13-14
3	50 FR LCM	30.03	641	Ashley	Hong	F	METS	7/24/2025	2025 OZ Ozark LSC Long Course Champs	AA	13-14
4	50 FR LCM	31.89	502	Alvina	Farley	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite A		13-14
5	50 FR LCM	32.62	412	Addison	Gunn	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite BB		13-14
6	50 FR LCM	32.72	405	Victoria	Hires	F	METS	4/6/2025	2025 OZ Long Course Kick Off	BB	13-14
7	50 FR LCM	33.14	415	Aster	Carson	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite BB		13-14
8	50 FR LCM	33.28	405	Aubrey	Rickman	F	METS	7/24/2025	2025 OZ Ozark LSC Long Course Champs	BB	13-14

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9	50 FR LCM	33.54	350	Lydia	Cloud	F	METS	7/24/2025	2025 OZ Ozark LSC Long Course Champs	BB	13-14
10	50 FR LCM	36.23	224	Harper	Redman	F	METS	6/30/2025	2026 OZ METS Get Your Cut	B	13-14
1	50 FR LCM	28.84	660	Greta	Deist	F	METS	7/24/2025	2025 OZ Ozark LSC Long Course Champs	AA	15-18
2	50 FR LCM	29.13	634	Vivian	Lu	F	METS	5/2/2025	2025 OZ FAST John Traube Memorial Meet	AA	15-18
3	50 FR LCM	29.45	600	Georgia	Samet	F	METS	7/12/2025	2025 OZ Independence Celebration	AA	15-18
4	50 FR LCM	31.09	475	Karis	Chen	F	METS	7/24/2025	2025 OZ Ozark LSC Long Course Champs	BB	15-18
5	50 FR LCM	33.59	304	Adeline	Embry	F	METS	4/6/2025	2025 OZ Long Course Kick Off	B	15-18
1	50 FR LCM	41.97	359	Margo	Deist	F	METS	6/30/2025	2026 OZ METS Get Your Cut	B	8 & Under
2	50 FR LCM	46.72	166	Lennox	Moszer	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	8 & Under
1	50 FR LCM	28.84	660	Greta	Deist	F	METS	7/24/2025	2025 OZ Ozark LSC Long Course Champs	AA	Open
2	50 FR LCM	28.93	728	Aelxandria	Suhre	F	METS	7/24/2025	2025 OZ Ozark LSC Long Course Champs	AAA	Open
3	50 FR LCM	29.13	634	Vivian	Lu	F	METS	5/2/2025	2025 OZ FAST John Traube Memorial Meet	AA	Open
4	50 FR LCM	29.45	600	Georgia	Samet	F	METS	7/12/2025	2025 OZ Independence Celebration	AA	Open
5	50 FR LCM	29.77	621	Corinne	Morris	F	METS	6/30/2025	2026 OZ METS Get Your Cut	AA	Open
6	50 FR LCM	30.03	641	Ashley	Hong	F	METS	7/24/2025	2025 OZ Ozark LSC Long Course Champs	AA	Open
7	50 FR LCM	31.09	475	Karis	Chen	F	METS	7/24/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
8	50 FR LCM	31.89	502	Alvina	Farley	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite A		Open
9	50 FR LCM	32.36	539	Eleanor	Forman	F	METS	7/24/2025	2025 OZ Ozark LSC Long Course Champs	A	Open
10	50 FR LCM	32.62	412	Addison	Gunn	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite BB		Open
10	50 FR LCM	32.62	598	Ella	Engstrom	F	METS	6/22/2025	2025 OZ CSP 87th Annual Summer Invitational	A	Open
12	50 FR LCM	32.72	405	Victoria	Hires	F	METS	4/6/2025	2025 OZ Long Course Kick Off	BB	Open
13	50 FR LCM	33.04	570	Rylee	Barnett	F	METS	6/30/2025	2026 OZ METS Get Your Cut	A	Open
14	50 FR LCM	33.06	569	Veronica	Giuffre	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite A		Open
15	50 FR LCM	33.14	415	Aster	Carson	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite BB		Open
16	50 FR LCM	33.28	405	Aubrey	Rickman	F	METS	7/24/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
17	50 FR LCM	33.54	350	Lydia	Cloud	F	METS	7/24/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
18	50 FR LCM	33.56	537	Emma	Portell	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite BB		Open

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Rank	Event	Time	Power Points	First Name	Last Name	Comp Cat.	Club	Swim Date	Meet	Standard	Age Group
19	50 FR LCM	33.59	304	Adeline	Embry	F	METS	4/6/2025	2025 OZ Long Course Kick Off	B	Open
20	50 FR LCM	33.74	451	Vivian	Cross	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	BB	Open
21	50 FR LCM	33.89	635	Josephine	Forman	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	AA	Open
22	50 FR LCM	33.91	440	Teagan	Moszer	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	BB	Open
23	50 FR LCM	35.43	547	Ava	Hong	F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs	A	Open
24	50 FR LCM	35.90	396	Hildi	Deist	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	B	Open
25	50 FR LCM	36.23	224	Harper	Redman	F	METS	6/30/2025	2026 OZ METS Get Your Cut	B	Open
26	50 FR LCM	36.45	293	Magdalena	Luitjohan	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	B	Open
27	50 FR LCM	36.80	473	Taylor	Nanney	F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
28	50 FR LCM	39.52	474	Brynn	Giuffre	F	METS	4/6/2025	2025 OZ Long Course Kick Off	BB	Open
29	50 FR LCM	40.46	429	Meredith	Luitjohan	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	BB	Open
30	50 FR LCM	41.13	136	Betty	Cadagin	F	METS	4/6/2025	2025 OZ Long Course Kick Off	Slower than B	Open
31	50 FR LCM	41.97	359	Margo	Deist	F	METS	6/30/2025	2026 OZ METS Get Your Cut	B	Open
32	50 FR LCM	46.72	166	Lennox	Moszer	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	Open
1	100 FR LCM	1:15.82	575	Josephine	Forman	F	METS	6/21/2025	2025 OZ CSP 87th Annual Summer Invitational	AA	10 & Under
2	100 FR LCM	1:22.80	393	Taylor	Nanney	F	METS	5/31/2025	2025 OZ Meet Me in St. Louis Invite	BB	10 & Under
3	100 FR LCM	1:24.09	362	Ava	Hong	F	METS	4/5/2025	2025 OZ Long Course Kick Off	BB	10 & Under
4	100 FR LCM	1:25.40	489	Brynn	Giuffre	F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs	BB	10 & Under
5	100 FR LCM	1:30.17	378	Meredith	Luitjohan	F	METS	4/5/2025	2025 OZ Long Course Kick Off	BB	10 & Under
6	100 FR LCM	1:39.45	196	Margo	Deist	F	METS	4/5/2025	2025 OZ Long Course Kick Off	B	10 & Under
1	100 FR LCM	1:10.66	502	Eleanor	Forman	F	METS	7/13/2025	2025 OZ Independence Celebration	A	11-12
2	100 FR LCM	1:10.86	595	Ella	Engstrom	F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs	A	11-12
3	100 FR LCM	1:13.45	513	Emma	Portell	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	BB	11-12
4	100 FR LCM	1:14.99	371	Rylee	Barnett	F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs	BB	11-12
5	100 FR LCM	1:15.21	365	Aubrey	Rickman	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	BB	11-12
6	100 FR LCM	1:16.36	426	Veronica	Giuffre	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	BB	11-12

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7	100 FR LCM	1:17.28	309	Vivian	Cross	F	METS	4/5/2025	2025 OZ Long Course Kick Off	BB	11-12
8	100 FR LCM	1:18.08	288	Teagan	Moszer	F	METS	4/5/2025	2025 OZ Long Course Kick Off	BB	11-12
9	100 FR LCM	1:18.68	362	Hildi	Deist	F	METS	5/31/2025	2025 OZ Meet Me in St. Louis Invite	BB	11-12
10	100 FR LCM	1:23.93	153	Magdalena	Luitjohan	F	METS	4/5/2025	2025 OZ Long Course Kick Off	B	11-12
11	100 FR LCM	1:30.50	102	Betty	Cadagin	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	11-12
1	100 FR LCM	1:03.06	696	Aelxandria	Suhre	F	METS	7/13/2025	2025 OZ Independence Celebration	AAA	13-14
2	100 FR LCM	1:05.67	592	Ashley	Hong	F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs	AA	13-14
3	100 FR LCM	1:07.42	494	Morgan	Mitton	F	METS	4/5/2025	2025 OZ Long Course Kick Off	A	13-14
4	100 FR LCM	1:09.21	431	Addison	Gunn	F	METS	7/13/2025	2025 OZ Independence Celebration	A	13-14
5	100 FR LCM	1:10.19	428	Alvina	Farley	F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs	BB	13-14
6	100 FR LCM	1:12.91	311	Victoria	Hires	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	BB	13-14
7	100 FR LCM	1:13.31	299	Aster	Carson	F	METS	7/13/2025	2025 OZ Independence Celebration	BB	13-14
8	100 FR LCM	1:13.82	312	Aubrey	Rickman	F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs	BB	13-14
9	100 FR LCM	1:15.98	223	Lydia	Cloud	F	METS	7/13/2025	2025 OZ Independence Celebration	B	13-14
10	100 FR LCM	1:22.16	104	Harper	Redman	F	METS	6/30/2025	2026 OZ METS Get Your Cut	Slower than B	13-14
11	100 FR LCM	1:25.59	31	Stephanie	Hires	F	METS	4/5/2025	2025 OZ Long Course Kick Off	Slower than B	13-14
1	100 FR LCM	1:02.68	632	Greta	Deist	F	METS	5/31/2025	2025 OZ Meet Me in St. Louis Invite	AA	15-18
2	100 FR LCM	1:04.02	566	Vivian	Lu	F	METS	5/31/2025	2025 OZ Meet Me in St. Louis Invite	AA	15-18
3	100 FR LCM	1:05.52	509	Georgia	Samet	F	METS	4/5/2025	2025 OZ Long Course Kick Off	A	15-18
4	100 FR LCM	1:15.71	184	Adeline	Embry	F	METS	4/5/2025	2025 OZ Long Course Kick Off	B	15-18
1	100 FR LCM	1:39.45	196	Margo	Deist	F	METS	4/5/2025	2025 OZ Long Course Kick Off	B	8 & Under
1	100 FR LCM	1:02.68	632	Greta	Deist	F	METS	5/31/2025	2025 OZ Meet Me in St. Louis Invite	AA	Open
2	100 FR LCM	1:03.06	696	Aelxandria	Suhre	F	METS	7/13/2025	2025 OZ Independence Celebration	AAA	Open
3	100 FR LCM	1:04.02	566	Vivian	Lu	F	METS	5/31/2025	2025 OZ Meet Me in St. Louis Invite	AA	Open
4	100 FR LCM	1:05.52	509	Georgia	Samet	F	METS	4/5/2025	2025 OZ Long Course Kick Off	A	Open
5	100 FR LCM	1:05.67	592	Ashley	Hong	F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs	AA	Open
6	100 FR LCM	1:07.42	494	Morgan	Mitton	F	METS	4/5/2025	2025 OZ Long Course Kick Off	A	Open
7	100 FR LCM	1:09.21	431	Addison	Gunn	F	METS	7/13/2025	2025 OZ Independence Celebration	A	Open
8	100 FR LCM	1:10.19	428	Alvina	Farley	F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
9	100 FR LCM	1:10.66	502	Eleanor	Forman	F	METS	7/13/2025	2025 OZ Independence Celebration	A	Open

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10	100 FR LCM	1:10.86	595	Ella	Engstrom	F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs	A	Open
11	100 FR LCM	1:12.91	311	Victoria	Hires	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	BB	Open
12	100 FR LCM	1:13.31	299	Aster	Carson	F	METS	7/13/2025	2025 OZ Independence Celebration	BB	Open
13	100 FR LCM	1:13.45	513	Emma	Portell	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	BB	Open
14	100 FR LCM	1:13.82	312	Aubrey	Rickman	F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
15	100 FR LCM	1:14.99	371	Rylee	Barnett	F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
16	100 FR LCM	1:15.71	184	Adeline	Embry	F	METS	4/5/2025	2025 OZ Long Course Kick Off	B	Open
17	100 FR LCM	1:15.82	575	Josephine	Forman	F	METS	6/21/2025	2025 OZ CSP 87th Annual Summer Invitational	AA	Open
18	100 FR LCM	1:15.98	223	Lydia	Cloud	F	METS	7/13/2025	2025 OZ Independence Celebration	B	Open
19	100 FR LCM	1:16.36	426	Veronica	Giuffre	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	BB	Open
20	100 FR LCM	1:17.28	309	Vivian	Cross	F	METS	4/5/2025	2025 OZ Long Course Kick Off	BB	Open
21	100 FR LCM	1:18.08	288	Teagan	Moszer	F	METS	4/5/2025	2025 OZ Long Course Kick Off	BB	Open
22	100 FR LCM	1:18.68	362	Hildi	Deist	F	METS	5/31/2025	2025 OZ Meet Me in St. Louis Invite	BB	Open
23	100 FR LCM	1:22.16	104	Harper	Redman	F	METS	6/30/2025	2026 OZ METS Get Your Cut	Slower than B	Open
24	100 FR LCM	1:22.80	393	Taylor	Nanney	F	METS	5/31/2025	2025 OZ Meet Me in St. Louis Invite	BB	Open
25	100 FR LCM	1:23.93	153	Magdalena	Luitjohan	F	METS	4/5/2025	2025 OZ Long Course Kick Off	B	Open
26	100 FR LCM	1:24.09	362	Ava	Hong	F	METS	4/5/2025	2025 OZ Long Course Kick Off	BB	Open
27	100 FR LCM	1:25.40	489	Brynn	Giuffre	F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
28	100 FR LCM	1:25.59	31	Stephanie	Hires	F	METS	4/5/2025	2025 OZ Long Course Kick Off	Slower than B	Open
29	100 FR LCM	1:30.17	378	Meredith	Luitjohan	F	METS	4/5/2025	2025 OZ Long Course Kick Off	BB	Open
30	100 FR LCM	1:30.50	102	Betty	Cadagin	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	Open
31	100 FR LCM	1:39.45	196	Margo	Deist	F	METS	4/5/2025	2025 OZ Long Course Kick Off	B	Open
1	200 FR LCM	2:41.28	604	Josephine	Forman	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	AAA	10 & Under
2	200 FR LCM	3:04.51	311	Ava	Hong	F	METS	4/4/2025	2025 OZ Long Course Kick Off	BB	10 & Under
3	200 FR LCM	3:06.17	294	Taylor	Nanney	F	METS	6/20/2025	2025 OZ CSP 87th Annual Summer Invitational	BB	10 & Under
4	200 FR LCM	3:16.70	320	Brynn	Giuffre	F	METS	4/4/2025	2025 OZ Long Course Kick Off	BB	10 & Under
5	200 FR LCM	3:18.05	306	Meredith	Luitjohan	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	BB	10 & Under
6	200 FR LCM	3:36.74	147	Margo	Deist	F	METS	7/12/2025	2025 OZ Independence Celebration	B	10 & Under

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3	200 FR LCM	2:41.91	340	Rylee	Barnett	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	BB	11-12
4	200 FR LCM	2:45.12	298	Aubrey	Rickman	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	BB	11-12
5	200 FR LCM	2:46.80	278	Emma	Portell	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	BB	11-12
6	200 FR LCM	2:51.11	227	Teagan	Moszer	F	METS	4/4/2025	2025 OZ Long Course Kick Off	BB	11-12
7	200 FR LCM	2:51.76	310	Veronica	Giuffre	F	METS	4/4/2025	2025 OZ Long Course Kick Off	BB	11-12
8	200 FR LCM	2:51.95	218	Vivian	Cross	F	METS	4/4/2025	2025 OZ Long Course Kick Off	BB	11-12
9	200 FR LCM	2:54.53	190	Magdalena	Luitjohan	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	B	11-12
1	200 FR LCM	2:13.85	714	Aelxandria	Suhre	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	AAA	13-14
2	200 FR LCM	2:18.50	617	Ashley	Hong	F	METS	4/4/2025	2025 OZ Long Course Kick Off	AA	13-14
3	200 FR LCM	2:26.87	438	Corinne	Morris	F	METS	6/30/2025	2026 OZ METS Get Your Cut	A	13-14
4	200 FR LCM	2:32.31	348	Addison	Gunn	F	METS	7/12/2025	2025 OZ Independence Celebration	BB	13-14
5	200 FR LCM	2:32.63	364	Alvina	Farley	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	BB	13-14
6	200 FR LCM	2:33.37	352	Aubrey	Rickman	F	METS	6/22/2025	2025 OZ CSP 87th Annual Summer Invitational	BB	13-14
7	200 FR LCM	2:37.98	265	Aster	Carson	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	BB	13-14
8	200 FR LCM	2:40.77	228	Victoria	Hires	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	BB	13-14
9	200 FR LCM	2:58.99	61	Harper	Redman	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	13-14
10	200 FR LCM	3:01.75	34	Stephanie	Hires	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	13-14
1	200 FR LCM	2:14.72	624	Morgan	Mitton	F	METS	7/24/2025	2025 OZ Ozark LSC Long Course Champs	AA	15-18
2	200 FR LCM	2:15.68	586	Georgia	Samet	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	AA	15-18
3	200 FR LCM	2:17.64	565	Greta	Deist	F	METS	5/30/2025	2025 OZ Meet Me in St. Louis Invite	AA	15-18
4	200 FR LCM	2:26.23	391	Vivian	Lu	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	BB	15-18
1	200 FR LCM	3:36.74	147	Margo	Deist	F	METS	7/12/2025	2025 OZ Independence Celebration	B	8 & Under
1	200 FR LCM	2:13.85	714	Aelxandria	Suhre	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	AAA	Open

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Rank	Event	Time	Power Points	First Name	Last Name	Comp Cat.	Club	Swim Date	Meet	Standard	Age Group
2	200 FR LCM	2:14.72	624	Morgan	Mitton	F	METS	7/24/2025	2025 OZ Ozark LSC Long Course Champs	AA	Open
3	200 FR LCM	2:15.68	586	Georgia	Samet	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	AA	Open
4	200 FR LCM	2:17.64	565	Greta	Deist	F	METS	5/30/2025	2025 OZ Meet Me in St. Louis Invite	AA	Open
5	200 FR LCM	2:18.50	617	Ashley	Hong	F	METS	4/4/2025	2025 OZ Long Course Kick Off	AA	Open
6	200 FR LCM	2:26.23	391	Vivian	Lu	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
7	200 FR LCM	2:26.87	438	Corinne	Morris	F	METS	6/30/2025	2026 OZ METS Get Your Cut	A	Open
8	200 FR LCM	2:30.78	505	Eleanor	Forman	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	AA	Open
9	200 FR LCM	2:32.31	348	Addison	Gunn	F	METS	7/12/2025	2025 OZ Independence Celebration	BB	Open
10	200 FR LCM	2:32.63	364	Alvina	Farley	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
11	200 FR LCM	2:33.21	575	Ella	Engstrom	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	A	Open
12	200 FR LCM	2:33.37	352	Aubrey	Rickman	F	METS	6/22/2025	2025 OZ CSP 87th Annual Summer Invitational	BB	Open
13	200 FR LCM	2:37.98	265	Aster	Carson	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
14	200 FR LCM	2:40.77	228	Victoria	Hires	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	BB	Open
15	200 FR LCM	2:41.28	604	Josephine	Forman	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	AAA	Open
16	200 FR LCM	2:41.91	340	Rylee	Barnett	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
17	200 FR LCM	2:46.80	278	Emma	Portell	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
18	200 FR LCM	2:51.11	227	Teagan	Moszer	F	METS	4/4/2025	2025 OZ Long Course Kick Off	BB	Open
19	200 FR LCM	2:51.76	310	Veronica	Giuffre	F	METS	4/4/2025	2025 OZ Long Course Kick Off	BB	Open
20	200 FR LCM	2:51.95	218	Vivian	Cross	F	METS	4/4/2025	2025 OZ Long Course Kick Off	BB	Open
21	200 FR LCM	2:54.53	190	Magdalena	Luitjohan	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	B	Open
22	200 FR LCM	2:58.99	61	Harper	Redman	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	Open
23	200 FR LCM	3:01.75	34	Stephanie	Hires	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	Open
24	200 FR LCM	3:04.51	311	Ava	Hong	F	METS	4/4/2025	2025 OZ Long Course Kick Off	BB	Open
25	200 FR LCM	3:06.17	294	Taylor	Nanney	F	METS	6/20/2025	2025 OZ CSP 87th Annual Summer Invitational	BB	Open
26	200 FR LCM	3:16.70	320	Brynn	Giuffre	F	METS	4/4/2025	2025 OZ Long Course Kick Off	BB	Open

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Rank	Event	Time	Power Points	First Name	Last Name	Comp Cat.	Club	Swim Date	Meet	Standard	Age Group
27	200 FR LCM	3:18.05	306	Meredith	Luitjohan	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	BB	Open
28	200 FR LCM	3:36.74	147	Margo	Deist	F	METS	7/12/2025	2025 OZ Independence Celebration B		Open
1	400 FR LCM	5:42.43	597	Josephine	Forman	F	METS	7/31/2025	2025 MN RSC CZ 14&U Championship	AAA	10 & Under
2	400 FR LCM	6:32.53	297	Ava	Hong	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	BB	10 & Under
3	400 FR LCM	6:51.44	210	Taylor	Nanney	F	METS	4/5/2025	2025 OZ Long Course Kick Off	BB	10 & Under
1	400 FR LCM	5:22.19	559	Ella	Engstrom	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	AA	11-12
2	400 FR LCM	5:23.36	550	Eleanor	Forman	F	METS	6/20/2025	2025 OZ CSP 87th Annual Summer Invitational	A	11-12
3	400 FR LCM	5:45.09	301	Rylee	Barnett	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	BB	11-12
4	400 FR LCM	5:53.09	341	Hildi	Deist	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	BB	11-12
5	400 FR LCM	5:56.34	236	Emma	Portell	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	BB	11-12
6	400 FR LCM	5:57.03	232	Teagan	Moszer	F	METS	5/2/2025	2025 OZ FAST John Traube Memorial Meet	BB	11-12
7	400 FR LCM	6:02.56	285	Veronica	Giuffre	F	METS	5/2/2025	2025 OZ FAST John Traube Memorial Meet	BB	11-12
8	400 FR LCM	6:13.59	150	Magdalena	Luitjohan	F	METS	5/2/2025	2025 OZ FAST John Traube Memorial Meet	B	11-12
9	400 FR LCM	6:16.76	137	Vivian	Cross	F	METS	5/2/2025	2025 OZ FAST John Traube Memorial Meet	B	11-12
1	400 FR LCM	4:42.58	682	Aelxandria	Suhre	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	AAA	13-14
2	400 FR LCM	4:51.91	568	Morgan	Mitton	F	METS	4/6/2025	2025 OZ Long Course Kick Off	AA	13-14
3	400 FR LCM	4:53.46	575	Ashley	Hong	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	AA	13-14
4	400 FR LCM	5:27.29	297	Alvina	Farley	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	BB	13-14
5	400 FR LCM	5:35.55	242	Aubrey	Rickman	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	BB	13-14
6	400 FR LCM	5:43.76	177	Victoria	Hires	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	B	13-14
7	400 FR LCM	5:52.20	134	Lydia	Cloud	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	B	13-14
8	400 FR LCM	6:18.39	44	Harper	Redman	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	13-14
1	400 FR LCM	4:41.10	646	Morgan	Mitton	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	AA	15-18

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Rank	Event	Time	Power Points	First Name	Last Name	Comp Cat.	Club	Swim Date	Meet	Standard	Age Group
2	400 FR LCM	4:56.23	471	Georgia	Samet	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	A	15-18
1	400 FR LCM	4:41.10	646	Morgan	Mitton	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	AA	Open
2	400 FR LCM	4:42.58	682	Aelxandria	Suhre	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	AAA	Open
3	400 FR LCM	4:53.46	575	Ashley	Hong	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	AA	Open
4	400 FR LCM	4:56.23	471	Georgia	Samet	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	A	Open
5	400 FR LCM	5:22.19	559	Ella	Engstrom	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	AA	Open
6	400 FR LCM	5:23.36	550	Eleanor	Forman	F	METS	6/20/2025	2025 OZ CSP 87th Annual Summer Invitational	A	Open
7	400 FR LCM	5:27.29	297	Alvina	Farley	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	BB	Open
8	400 FR LCM	5:35.55	242	Aubrey	Rickman	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
9	400 FR LCM	5:42.43	597	Josephine	Forman	F	METS	7/31/2025	2025 MN RSC CZ 14&U Championship	AAA	Open
10	400 FR LCM	5:43.76	177	Victoria	Hires	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	B	Open
11	400 FR LCM	5:45.09	301	Rylee	Barnett	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
12	400 FR LCM	5:52.20	134	Lydia	Cloud	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	B	Open
13	400 FR LCM	5:53.09	341	Hildi	Deist	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
14	400 FR LCM	5:56.34	236	Emma	Portell	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
15	400 FR LCM	5:57.03	232	Teagan	Moszer	F	METS	5/2/2025	2025 OZ FAST John Traube Memorial Meet	BB	Open
16	400 FR LCM	6:02.56	285	Veronica	Giuffre	F	METS	5/2/2025	2025 OZ FAST John Traube Memorial Meet	BB	Open
17	400 FR LCM	6:13.59	150	Magdalena	Luitjohan	F	METS	5/2/2025	2025 OZ FAST John Traube Memorial Meet	B	Open
18	400 FR LCM	6:16.76	137	Vivian	Cross	F	METS	5/2/2025	2025 OZ FAST John Traube Memorial Meet	B	Open
19	400 FR LCM	6:18.39	44	Harper	Redman	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	Open
20	400 FR LCM	6:32.53	297	Ava	Hong	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
21	400 FR LCM	6:51.44	210	Taylor	Nanney	F	METS	4/5/2025	2025 OZ Long Course Kick Off	BB	Open
1	800 FR LCM	12:57.16	294	Hildi	Deist	F	METS	7/12/2025	2025 OZ Independence Celebration	B	11-12
1	800 FR LCM	8:40.22	648	Morgan	Mitton	F	METS	5/2/2025	2025 OZ FAST John Traube	AAA	13-14

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Rank	Event	Time	Power Points	First Name	Last Name	Comp Cat.	Club	Swim Date	Meet	Standard	Age Group
2	800 FR LCM	10:09.01	585	Ashley	Hong	F	METS	7/24/2025	2025 OZ Ozark LSC Long Course Champs	AA	13-14
3	800 FR LCM	11:15.14	330	Aubrey	Rickman	F	METS	7/24/2025	2025 OZ Ozark LSC Long Course Champs	BB	13-14
1	800 FR LCM	9:35.37	657	Morgan	Mitton	F	METS	7/24/2025	2025 OZ Ozark LSC Long Course Champs	AAA	15-18
1	800 FR LCM	9:35.37	657	Morgan	Mitton	F	METS	7/24/2025	2025 OZ Ozark LSC Long Course Champs	AAA	Open
2	800 FR LCM	10:09.01	585	Ashley	Hong	F	METS	7/24/2025	2025 OZ Ozark LSC Long Course Champs	AA	Open
3	800 FR LCM	11:15.14	330	Aubrey	Rickman	F	METS	7/24/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
4	800 FR LCM	12:57.16	294	Hildi	Deist	F	METS	7/12/2025	2025 OZ Independence Celebration B		Open
1	1500 FR LCM	23:06.61	504	Rylee	Barnett	F	METS	7/12/2025	2025 OZ Independence Celebration	BB	11-12
1	1500 FR LCM	18:26.85	671	Morgan	Mitton	F	METS	7/12/2025	2025 MV Region VIII Speedo Summer Sectionals	AAA	15-18
1	1500 FR LCM	18:26.85	671	Morgan	Mitton	F	METS	7/12/2025	2025 MV Region VIII Speedo Summer Sectionals	AAA	Open
2	1500 FR LCM	23:06.61	504	Rylee	Barnett	F	METS	7/12/2025	2025 OZ Independence Celebration	BB	Open
1	50 BK LCM	40.30	597	Josephine	Forman	F	METS	5/31/2025	2025 OZ Meet Me in St. Louis Invite	AA	10 & Under
2	50 BK LCM	44.20	567	Brynn	Giuffre	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	BB	10 & Under
3	50 BK LCM	44.60	387	Ava	Hong	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	BB	10 & Under
4	50 BK LCM	44.69	383	Taylor	Nanney	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	BB	10 & Under
5	50 BK LCM	46.48	462	Meredith	Luitjohan	F	METS	4/5/2025	2025 OZ Long Course Kick Off	BB	10 & Under
6	50 BK LCM	50.32	305	Margo	Deist	F	METS	7/13/2025	2025 OZ Independence Celebration B		10 & Under
7	50 BK LCM	52.66	222	Lennox	Moszer	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	B	10 & Under
1	50 BK LCM	39.28	501	Ella	Engstrom	F	METS	6/21/2025	2025 OZ CSP 87th Annual Summer Invitational	BB	11-12
2	50 BK LCM	40.71	422	Eleanor	Forman	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	BB	11-12
3	50 BK LCM	40.89	324	Aubrey	Rickman	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	BB	11-12
4	50 BK LCM	41.62	374	Veronica	Giuffre	F	METS	5/31/2025	2025 OZ Meet Me in St. Louis Invite	B	11-12
5	50 BK LCM	42.12	264	Teagan	Moszer	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	B	11-12
6	50 BK LCM	42.24	343	Emma	Portell	F	METS	7/13/2025	2025 OZ Independence Celebration B		11-12

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Rank	Event	Time	Power Points	First Name	Last Name	Comp Cat.	Club	Swim Date	Meet	Standard	Age Group
7	50 BK LCM	42.65	240	Vivian	Cross	F	METS	6/21/2025	2025 OZ CSP 87th Annual Summer Invitational	B	11-12
8	50 BK LCM	43.06	304	Hildi	Deist	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	B	11-12
9	50 BK LCM	43.38	289	Rylee	Barnett	F	METS	6/21/2025	2025 OZ CSP 87th Annual Summer Invitational	B	11-12
10	50 BK LCM	45.64	121	Magdalena	Luitjohan	F	METS	4/5/2025	2025 OZ Long Course Kick Off	Slower than B	11-12
11	50 BK LCM	49.86	55	Betty	Cadagin	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	11-12
1	50 BK LCM	37.12	1	Aster	Carson	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	BB	13-14
2	50 BK LCM	37.31	1	Alvina	Farley	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	BB	13-14
3	50 BK LCM	37.77	1	Aelxandria	Suhre	F	METS	6/22/2025	2025 OZ CSP 87th Annual Summer Invitational	BB	13-14
4	50 BK LCM	37.94	1	Addison	Gunn	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	BB	13-14
5	50 BK LCM	43.16	1	Lydia	Cloud	F	METS	7/13/2025	2025 OZ Independence Celebration	Slower than B	13-14
1	50 BK LCM	32.84	1	Greta	Deist	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	Slower than B	15-18
2	50 BK LCM	39.10	1	Georgia	Samet	F	METS	6/30/2025	2026 OZ METS Get Your Cut	Slower than B	15-18
1	50 BK LCM	50.32	305	Margo	Deist	F	METS	7/13/2025	2025 OZ Independence Celebration	B	8 & Under
2	50 BK LCM	52.66	222	Lennox	Moszer	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	B	8 & Under
1	50 BK LCM	32.84	1	Greta	Deist	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	Slower than B	Open
2	50 BK LCM	37.12	1	Aster	Carson	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
3	50 BK LCM	37.31	1	Alvina	Farley	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
4	50 BK LCM	37.77	1	Aelxandria	Suhre	F	METS	6/22/2025	2025 OZ CSP 87th Annual Summer Invitational	BB	Open
5	50 BK LCM	37.94	1	Addison	Gunn	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
6	50 BK LCM	39.10	1	Georgia	Samet	F	METS	6/30/2025	2026 OZ METS Get Your Cut	Slower than B	Open
7	50 BK LCM	39.28	501	Ella	Engstrom	F	METS	6/21/2025	2025 OZ CSP 87th Annual Summer Invitational	BB	Open
8	50 BK LCM	40.30	597	Josephine	Forman	F	METS	5/31/2025	2025 OZ Meet Me in St. Louis Invite AA		Open
9	50 BK LCM	40.71	422	Eleanor	Forman	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	BB	Open
10	50 BK LCM	40.89	324	Aubrey	Rickman	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	BB	Open
11	50 BK LCM	41.62	374	Veronica	Giuffre	F	METS	5/31/2025	2025 OZ Meet Me in St. Louis Invite B		Open

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Rank	Event	Time	Power Points	First Name	Last Name	Comp Cat.	Club	Swim Date	Meet	Standard	Age Group
12	50 BK LCM	42.12	264	Teagan	Moszer	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	B	Open
13	50 BK LCM	42.24	343	Emma	Portell	F	METS	7/13/2025	2025 OZ Independence Celebration	B	Open
14	50 BK LCM	42.65	240	Vivian	Cross	F	METS	6/21/2025	2025 OZ CSP 87th Annual Summer Invitational	B	Open
15	50 BK LCM	43.06	304	Hildi	Deist	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	B	Open
16	50 BK LCM	43.16	1	Lydia	Cloud	F	METS	7/13/2025	2025 OZ Independence Celebration	Slower than B	Open
17	50 BK LCM	43.38	289	Rylee	Barnett	F	METS	6/21/2025	2025 OZ CSP 87th Annual Summer Invitational	B	Open
18	50 BK LCM	44.20	567	Brynn	Giuffre	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
19	50 BK LCM	44.60	387	Ava	Hong	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
20	50 BK LCM	44.69	383	Taylor	Nanney	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
21	50 BK LCM	45.64	121	Magdalena	Luitjohan	F	METS	4/5/2025	2025 OZ Long Course Kick Off	Slower than B	Open
22	50 BK LCM	46.48	462	Meredith	Luitjohan	F	METS	4/5/2025	2025 OZ Long Course Kick Off	BB	Open
23	50 BK LCM	49.86	55	Betty	Cadagin	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	Open
24	50 BK LCM	50.32	305	Margo	Deist	F	METS	7/13/2025	2025 OZ Independence Celebration	B	Open
25	50 BK LCM	52.66	222	Lennox	Moszer	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	B	Open
1	100 BK LCM	1:29.39	545	Josephine	Forman	F	METS	4/6/2025	2025 OZ Long Course Kick Off	AA	10 & Under
2	100 BK LCM	1:33.74	614	Brynn	Giuffre	F	METS	6/30/2025	2026 OZ METS Get Your Cut	A	10 & Under
3	100 BK LCM	1:36.48	392	Taylor	Nanney	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	BB	10 & Under
4	100 BK LCM	1:42.47	432	Meredith	Luitjohan	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	BB	10 & Under
5	100 BK LCM	1:48.74	317	Margo	Deist	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite	B	10 & Under
1	100 BK LCM	1:26.16	468	Eleanor	Forman	F	METS	6/22/2025	2025 OZ CSP 87th Annual Summer Invitational	BB	11-12
2	100 BK LCM	1:26.21	363	Aubrey	Rickman	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	BB	11-12
3	100 BK LCM	1:26.30	464	Ella	Engstrom	F	METS	6/22/2025	2025 OZ CSP 87th Annual Summer Invitational	BB	11-12
4	100 BK LCM	1:28.75	304	Rylee	Barnett	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	BB	11-12
5	100 BK LCM	1:29.52	386	Veronica	Giuffre	F	METS	4/6/2025	2025 OZ Long Course Kick Off	BB	11-12
6	100 BK LCM	1:29.85	378	Emma	Portell	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite	BB	11-12
7	100 BK LCM	1:31.51	243	Magdalena	Luitjohan	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	BB	11-12

Metro East Titans Swimming LCM Times Report For 1/1/2025 - 8/31/2025



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Rank	Event	Time	Power Points	First Name	Last Name	Comp Cat.	Club	Swim Date	Meet	Standard	Age Group
8	100 BK LCM	1:31.98	330	Hildi	Deist	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	BB	11-12
9	100 BK LCM	1:32.56	222	Teagan	Moszer	F	METS	4/6/2025	2025 OZ Long Course Kick Off	BB	11-12
10	100 BK LCM	1:34.32	187	Vivian	Cross	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	B	11-12
1	100 BK LCM	1:16.78	534	Ashley	Hong	F	METS	7/12/2025	2025 OZ Independence Celebration A	A	13-14
2	100 BK LCM	1:17.16	522	Aelxandria	Suhre	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	BB	13-14
3	100 BK LCM	1:18.37	441	Morgan	Mitton	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	BB	13-14
4	100 BK LCM	1:20.14	389	Corinne	Morris	F	METS	6/30/2025	2026 OZ METS Get Your Cut	BB	13-14
5	100 BK LCM	1:20.29	385	Aster	Carson	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	BB	13-14
6	100 BK LCM	1:21.11	362	Addison	Gunn	F	METS	4/5/2025	2025 OZ Long Course Kick Off	BB	13-14
7	100 BK LCM	1:21.15	403	Alvina	Farley	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	BB	13-14
8	100 BK LCM	1:26.95	252	Aubrey	Rickman	F	METS	6/21/2025	2025 OZ CSP 87th Annual Summer Invitational	B	13-14
9	100 BK LCM	1:30.40	140	Victoria	Hires	F	METS	4/5/2025	2025 OZ Long Course Kick Off	Slower than B	13-14
10	100 BK LCM	1:33.39	86	Lydia	Cloud	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	13-14
11	100 BK LCM	1:38.59	17	Stephanie	Hires	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	13-14
12	100 BK LCM	1:39.61	25	Harper	Redman	F	METS	5/31/2025	2025 OZ Meet Me in St. Louis Invite	Slower than B	13-14
1	100 BK LCM	1:08.28	731	Greta	Deist	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	AAA	15-18
1	100 BK LCM	1:48.74	317	Margo	Deist	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite	B	8 & Under
1	100 BK LCM	1:08.28	731	Greta	Deist	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	AAA	Open
2	100 BK LCM	1:16.78	534	Ashley	Hong	F	METS	7/12/2025	2025 OZ Independence Celebration A	A	Open
3	100 BK LCM	1:17.16	522	Aelxandria	Suhre	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	BB	Open
4	100 BK LCM	1:18.37	441	Morgan	Mitton	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	BB	Open
5	100 BK LCM	1:20.14	389	Corinne	Morris	F	METS	6/30/2025	2026 OZ METS Get Your Cut	BB	Open
6	100 BK LCM	1:20.29	385	Aster	Carson	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
7	100 BK LCM	1:21.11	362	Addison	Gunn	F	METS	4/5/2025	2025 OZ Long Course Kick Off	BB	Open
8	100 BK LCM	1:21.15	403	Alvina	Farley	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	BB	Open
9	100 BK LCM	1:26.16	468	Eleanor	Forman	F	METS	6/22/2025	2025 OZ CSP 87th Annual Summer Invitational	BB	Open

Metro East Titans Swimming LCM Times Report For 1/1/2025 - 8/31/2025



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Rank	Event	Time	Power Points	First Name	Last Name	Comp Cat.	Club	Swim Date	Meet	Standard	Age Group
10	100 BK LCM	1:26.21	363	Aubrey	Rickman	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	BB	Open
11	100 BK LCM	1:26.30	464	Ella	Engstrom	F	METS	6/22/2025	2025 OZ CSP 87th Annual Summer Invitational	BB	Open
12	100 BK LCM	1:28.75	304	Rylee	Barnett	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
13	100 BK LCM	1:29.39	545	Josephine	Forman	F	METS	4/6/2025	2025 OZ Long Course Kick Off	AA	Open
14	100 BK LCM	1:29.52	386	Veronica	Giuffre	F	METS	4/6/2025	2025 OZ Long Course Kick Off	BB	Open
15	100 BK LCM	1:29.85	378	Emma	Portell	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite	BB	Open
16	100 BK LCM	1:30.40	140	Victoria	Hires	F	METS	4/5/2025	2025 OZ Long Course Kick Off	Slower than B	Open
17	100 BK LCM	1:31.51	243	Magdalena	Luitjohan	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	BB	Open
18	100 BK LCM	1:31.98	330	Hildi	Deist	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
19	100 BK LCM	1:32.56	222	Teagan	Moszer	F	METS	4/6/2025	2025 OZ Long Course Kick Off	BB	Open
20	100 BK LCM	1:33.39	86	Lydia	Cloud	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	Open
21	100 BK LCM	1:33.74	614	Brynn	Giuffre	F	METS	6/30/2025	2026 OZ METS Get Your Cut	A	Open
22	100 BK LCM	1:34.32	187	Vivian	Cross	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	B	Open
23	100 BK LCM	1:36.48	392	Taylor	Nanney	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
24	100 BK LCM	1:38.59	17	Stephanie	Hires	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	Open
25	100 BK LCM	1:39.61	25	Harper	Redman	F	METS	5/31/2025	2025 OZ Meet Me in St. Louis Invite	Slower than B	Open
26	100 BK LCM	1:42.47	432	Meredith	Luitjohan	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	BB	Open
27	100 BK LCM	1:48.74	317	Margo	Deist	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite	B	Open
1	200 BK LCM	3:17.32	270	Veronica	Giuffre	F	METS	7/13/2025	2025 OZ Independence Celebration	B	11-12
1	200 BK LCM	2:46.25	480	Morgan	Mitton	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	BB	13-14
2	200 BK LCM	2:49.14	441	Aster	Carson	F	METS	7/24/2025	2025 OZ Ozark LSC Long Course Champs	BB	13-14
3	200 BK LCM	2:51.49	444	Aelxandria	Suhre	F	METS	4/6/2025	2025 OZ Long Course Kick Off	BB	13-14
4	200 BK LCM	2:52.42	399	Addison	Gunn	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	BB	13-14
5	200 BK LCM	2:54.76	401	Alvina	Farley	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite	BB	13-14
6	200 BK LCM	2:58.79	351	Aubrey	Rickman	F	METS	6/30/2025	2026 OZ METS Get Your Cut	BB	13-14
7	200 BK LCM	3:06.01	236	Victoria	Hires	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	B	13-14
8	200 BK LCM	3:28.18	60	Harper	Redman	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite	Slower than B	13-14

Metro East Titans Swimming LCM Times Report For 1/1/2025 - 8/31/2025



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Rank	Event	Time	Power Points	First Name	Last Name	Comp Cat.	Club	Swim Date	Meet	Standard	Age Group
1	200 BK LCM	2:28.02	715	Greta	Deist	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite AA		15-18
1	200 BK LCM	2:28.02	715	Greta	Deist	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite AA		Open
2	200 BK LCM	2:46.25	480	Morgan	Mitton	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	BB	Open
3	200 BK LCM	2:49.14	441	Aster	Carson	F	METS	7/24/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
4	200 BK LCM	2:51.49	444	Aelxandria	Suhre	F	METS	4/6/2025	2025 OZ Long Course Kick Off	BB	Open
5	200 BK LCM	2:52.42	399	Addison	Gunn	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	BB	Open
6	200 BK LCM	2:54.76	401	Alvina	Farley	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite BB		Open
7	200 BK LCM	2:58.79	351	Aubrey	Rickman	F	METS	6/30/2025	2026 OZ METS Get Your Cut	BB	Open
8	200 BK LCM	3:06.01	236	Victoria	Hires	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	B	Open
9	200 BK LCM	3:17.32	270	Veronica	Giuffre	F	METS	7/13/2025	2025 OZ Independence Celebration B		Open
10	200 BK LCM	3:28.18	60	Harper	Redman	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite Slower than B		Open
1	50 BR LCM	41.30	769	Josephine	Forman	F	METS	8/1/2025	2025 MN RSC CZ 14&U Championship	AAAA	10 & Under
2	50 BR LCM	46.20	555	Ava	Hong	F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs	AA	10 & Under
3	50 BR LCM	51.08	363	Taylor	Nanney	F	METS	7/13/2025	2025 OZ Independence Celebration BB		10 & Under
4	50 BR LCM	51.75	513	Brynn	Giuffre	F	METS	7/13/2025	2025 OZ Independence Celebration BB		10 & Under
5	50 BR LCM	56.70	340	Margo	Deist	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite B		10 & Under
6	50 BR LCM	58.88	270	Meredith	Luitjohan	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	B	10 & Under
7	50 BR LCM	1:08.78	28	Lennox	Moszer	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	10 & Under
1	50 BR LCM	40.91	563	Vivian	Cross	F	METS	4/6/2025	2025 OZ Long Course Kick Off	A	11-12
2	50 BR LCM	46.33	398	Eleanor	Forman	F	METS	4/6/2025	2025 OZ Long Course Kick Off	B	11-12
3	50 BR LCM	46.67	383	Rylee	Barnett	F	METS	6/30/2025	2026 OZ METS Get Your Cut	B	11-12
4	50 BR LCM	47.31	268	Magdalena	Luitjohan	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	B	11-12
5	50 BR LCM	47.88	332	Betty	Cadagin	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite B		11-12
6	50 BR LCM	47.92	243	Teagan	Moszer	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	B	11-12
7	50 BR LCM	48.04	325	Veronica	Giuffre	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite B		11-12
8	50 BR LCM	48.38	311	Hildi	Deist	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite B		11-12
9	50 BR LCM	51.29	121	Aubrey	Rickman	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	11-12
10	50 BR LCM	53.15	136	Ella	Engstrom	F	METS	4/6/2025	2025 OZ Long Course Kick Off	Slower than B	11-12

Metro East Titans Swimming LCM Times Report For 1/1/2025 - 8/31/2025



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Rank	Event	Time	Power Points	First Name	Last Name	Comp Cat.	Club	Swim Date	Meet	Standard	Age Group
11	50 BR LCM	57.04	31	Emma	Portell	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	11-12
1	50 BR LCM	36.26	1	Aelxandria	Suhre	F	METS	8/3/2025	2025 MN RSC CZ 14&U Championship	AAA	13-14
2	50 BR LCM	42.28	1	Alvina	Farley	F	METS	7/13/2025	2025 OZ Independence Celebration	BB	13-14
3	50 BR LCM	51.71	1	Aubrey	Rickman	F	METS	6/20/2025	2025 OZ CSP 87th Annual Summer Invitational	Slower than B	13-14
1	50 BR LCM	36.84	1	Greta	Deist	F	METS	7/13/2025	2025 OZ Independence Celebration	Slower than B	15-18
2	50 BR LCM	37.16	1	Georgia	Samet	F	METS	7/26/2025	2025 Futures Championships - Madison	Slower than B	15-18
3	50 BR LCM	39.36	1	Vivian	Lu	F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs	Slower than B	15-18
1	50 BR LCM	56.70	340	Margo	Deist	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite	B	8 & Under
2	50 BR LCM	1:08.78	28	Lennox	Moszer	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	8 & Under
1	50 BR LCM	36.26	1	Aelxandria	Suhre	F	METS	8/3/2025	2025 MN RSC CZ 14&U Championship	AAA	Open
2	50 BR LCM	36.84	1	Greta	Deist	F	METS	7/13/2025	2025 OZ Independence Celebration	Slower than B	Open
3	50 BR LCM	37.16	1	Georgia	Samet	F	METS	7/26/2025	2025 Futures Championships - Madison	Slower than B	Open
4	50 BR LCM	39.36	1	Vivian	Lu	F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs	Slower than B	Open
5	50 BR LCM	40.91	563	Vivian	Cross	F	METS	4/6/2025	2025 OZ Long Course Kick Off	A	Open
6	50 BR LCM	41.30	769	Josephine	Forman	F	METS	8/1/2025	2025 MN RSC CZ 14&U Championship	AAAA	Open
7	50 BR LCM	42.28	1	Alvina	Farley	F	METS	7/13/2025	2025 OZ Independence Celebration	BB	Open
8	50 BR LCM	46.20	555	Ava	Hong	F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs	AA	Open
9	50 BR LCM	46.33	398	Eleanor	Forman	F	METS	4/6/2025	2025 OZ Long Course Kick Off	B	Open
10	50 BR LCM	46.67	383	Rylee	Barnett	F	METS	6/30/2025	2026 OZ METS Get Your Cut	B	Open
11	50 BR LCM	47.31	268	Magdalena	Luitjohan	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	B	Open
12	50 BR LCM	47.88	332	Betty	Cadagin	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite	B	Open
13	50 BR LCM	47.92	243	Teagan	Moszer	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	B	Open
14	50 BR LCM	48.04	325	Veronica	Giuffre	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite	B	Open
15	50 BR LCM	48.38	311	Hildi	Deist	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite	B	Open
16	50 BR LCM	51.08	363	Taylor	Nanney	F	METS	7/13/2025	2025 OZ Independence Celebration	BB	Open
17	50 BR LCM	51.29	121	Aubrey	Rickman	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	Open
18	50 BR LCM	51.75	513	Brynn	Giuffre	F	METS	7/13/2025	2025 OZ Independence Celebration	BB	Open

Metro East Titans Swimming LCM Times Report For 1/1/2025 - 8/31/2025



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Rank	Event	Time	Power Points	First Name	Last Name	Comp Cat.	Club	Swim Date	Meet	Standard	Age Group
19	50 BR LCM	53.15	136	Ella	Engstrom	F	METS	4/6/2025	2025 OZ Long Course Kick Off	Slower than B	Open
20	50 BR LCM	56.70	340	Margo	Deist	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite B		Open
21	50 BR LCM	57.04	31	Emma	Portell	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	Open
22	50 BR LCM	58.88	270	Meredith	Luitjohan	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	B	Open
23	50 BR LCM	1:08.78	28	Lennox	Moszer	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	Open
1	100 BR LCM	1:31.83	742	Josephine	Forman	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	AAAA	10 & Under
2	100 BR LCM	1:40.56	570	Ava	Hong	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	AA	10 & Under
3	100 BR LCM	1:55.32	479	Brynn	Giuffre	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	BB	10 & Under
4	100 BR LCM	2:01.79	213	Taylor	Nanney	F	METS	6/22/2025	2025 OZ CSP 87th Annual Summer Invitational	BB	10 & Under
1	100 BR LCM	1:34.73	428	Vivian	Cross	F	METS	4/5/2025	2025 OZ Long Course Kick Off	BB	11-12
2	100 BR LCM	1:41.82	392	Betty	Cadagin	F	METS	7/24/2025	2025 OZ Ozark LSC Long Course Champs	BB	11-12
3	100 BR LCM	1:42.02	388	Veronica	Giuffre	F	METS	4/5/2025	2025 OZ Long Course Kick Off	BB	11-12
4	100 BR LCM	1:43.44	360	Rylee	Barnett	F	METS	7/12/2025	2025 OZ Independence Celebration B		11-12
5	100 BR LCM	1:43.82	246	Teagan	Moszer	F	METS	4/5/2025	2025 OZ Long Course Kick Off	B	11-12
6	100 BR LCM	1:44.77	334	Ella	Engstrom	F	METS	6/22/2025	2025 OZ CSP 87th Annual Summer Invitational	B	11-12
7	100 BR LCM	1:47.97	173	Magdalena	Luitjohan	F	METS	4/5/2025	2025 OZ Long Course Kick Off	B	11-12
8	100 BR LCM	1:51.48	117	Aubrey	Rickman	F	METS	4/5/2025	2025 OZ Long Course Kick Off	Slower than B	11-12
9	100 BR LCM	2:00.51	80	Emma	Portell	F	METS	5/31/2025	2025 OZ Meet Me in St. Louis Invite	Slower than B	11-12
1	100 BR LCM	1:18.54	746	Aelxandria	Suhre	F	METS	6/30/2025	2026 OZ METS Get Your Cut	AAA	13-14
2	100 BR LCM	1:37.60	267	Alvina	Farley	F	METS	7/12/2025	2025 OZ Independence Celebration B		13-14
3	100 BR LCM	1:37.81	259	Morgan	Mitton	F	METS	4/6/2025	2025 OZ Long Course Kick Off	B	13-14
4	100 BR LCM	1:46.30	99	Victoria	Hires	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	13-14
5	100 BR LCM	1:49.00	58	Stephanie	Hires	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	13-14
6	100 BR LCM	2:04.59	1	Harper	Redman	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	13-14
1	100 BR LCM	1:17.96	672	Karis	Chen	F	METS	6/30/2025	2026 OZ METS Get Your Cut	AA	15-18
2	100 BR LCM	1:20.69	595	Georgia	Samet	F	METS	7/24/2025	2025 OZ Ozark LSC Long Course Champs	A	15-18
3	100 BR LCM	1:21.84	588	Greta	Deist	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite A		15-18

Metro East Titans Swimming LCM Times Report For 1/1/2025 - 8/31/2025



8/20/2025 6:09:50 PM

Rank	Event	Time	Power Points	First Name	Last Name	Comp Cat.	Club	Swim Date	Meet	Standard	Age Group
4	100 BR LCM	1:28.34	404	Vivian	Lu	F	METS	7/24/2025	2025 OZ Ozark LSC Long Course Champs	BB	15-18
1	100 BR LCM	1:17.96	672	Karis	Chen	F	METS	6/30/2025	2026 OZ METS Get Your Cut	AA	Open
2	100 BR LCM	1:18.54	746	Aelxandria	Suhre	F	METS	6/30/2025	2026 OZ METS Get Your Cut	AAA	Open
3	100 BR LCM	1:20.69	595	Georgia	Samet	F	METS	7/24/2025	2025 OZ Ozark LSC Long Course Champs	A	Open
4	100 BR LCM	1:21.84	588	Greta	Deist	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite A		Open
5	100 BR LCM	1:28.34	404	Vivian	Lu	F	METS	7/24/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
6	100 BR LCM	1:31.83	742	Josephine	Forman	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	AAAA	Open
7	100 BR LCM	1:34.73	428	Vivian	Cross	F	METS	4/5/2025	2025 OZ Long Course Kick Off	BB	Open
8	100 BR LCM	1:37.60	267	Alvina	Farley	F	METS	7/12/2025	2025 OZ Independence Celebration B		Open
9	100 BR LCM	1:37.81	259	Morgan	Mitton	F	METS	4/6/2025	2025 OZ Long Course Kick Off	B	Open
10	100 BR LCM	1:40.56	570	Ava	Hong	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	AA	Open
11	100 BR LCM	1:41.82	392	Betty	Cadagin	F	METS	7/24/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
12	100 BR LCM	1:42.02	388	Veronica	Giuffre	F	METS	4/5/2025	2025 OZ Long Course Kick Off	BB	Open
13	100 BR LCM	1:43.44	360	Rylee	Barnett	F	METS	7/12/2025	2025 OZ Independence Celebration B		Open
14	100 BR LCM	1:43.82	246	Teagan	Moszer	F	METS	4/5/2025	2025 OZ Long Course Kick Off	B	Open
15	100 BR LCM	1:44.77	334	Ella	Engstrom	F	METS	6/22/2025	2025 OZ CSP 87th Annual Summer Invitational	B	Open
16	100 BR LCM	1:46.30	99	Victoria	Hires	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	Open
17	100 BR LCM	1:47.97	173	Magdalena	Luitjohan	F	METS	4/5/2025	2025 OZ Long Course Kick Off	B	Open
18	100 BR LCM	1:49.00	58	Stephanie	Hires	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	Open
19	100 BR LCM	1:51.48	117	Aubrey	Rickman	F	METS	4/5/2025	2025 OZ Long Course Kick Off	Slower than B	Open
20	100 BR LCM	1:55.32	479	Brynn	Giuffre	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
21	100 BR LCM	2:00.51	80	Emma	Portell	F	METS	5/31/2025	2025 OZ Meet Me in St. Louis Invite	Slower than B	Open
22	100 BR LCM	2:01.79	213	Taylor	Nanney	F	METS	6/22/2025	2025 OZ CSP 87th Annual Summer Invitational	BB	Open
23	100 BR LCM	2:04.59	1	Harper	Redman	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	Open
1	200 BR LCM	3:37.04	1	Josephine	Forman	F	METS	7/13/2025	2025 OZ Independence Celebration	Slower than B	10 & Under
1	200 BR LCM	3:38.19	441	Betty	Cadagin	F	METS	7/13/2025	2025 OZ Independence Celebration	BB	11-12
1	200 BR LCM	2:53.88	674	Aelxandria	Suhre	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	AA	13-14

Metro East Titans Swimming LCM Times Report For 1/1/2025 - 8/31/2025



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Rank	Event	Time	Power Points	First Name	Last Name	Comp Cat.	Club	Swim Date	Meet	Standard	Age Group
2	200 BR LCM	3:03.10	562	Ashley	Hong	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	A	13-14
3	200 BR LCM	3:27.77	289	Alvina	Farley	F	METS	4/5/2025	2025 OZ Long Course Kick Off	B	13-14
4	200 BR LCM	3:55.28	47	Stephanie	Hires	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	13-14
1	200 BR LCM	2:53.63	618	Georgia	Samet	F	METS	7/25/2025	2025 Futures Championships - Madison	A	15-18
2	200 BR LCM	2:58.54	574	Greta	Deist	F	METS	5/31/2025	2025 OZ Meet Me in St. Louis Invite A		15-18
1	200 BR LCM	2:53.63	618	Georgia	Samet	F	METS	7/25/2025	2025 Futures Championships - Madison	A	Open
2	200 BR LCM	2:53.88	674	Aelxandria	Suhre	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	AA	Open
3	200 BR LCM	2:58.54	574	Greta	Deist	F	METS	5/31/2025	2025 OZ Meet Me in St. Louis Invite A		Open
4	200 BR LCM	3:03.10	562	Ashley	Hong	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	A	Open
5	200 BR LCM	3:27.77	289	Alvina	Farley	F	METS	4/5/2025	2025 OZ Long Course Kick Off	B	Open
6	200 BR LCM	3:37.04	1	Josephine	Forman	F	METS	7/13/2025	2025 OZ Independence Celebration	Slower than B	Open
7	200 BR LCM	3:38.19	441	Betty	Cadagin	F	METS	7/13/2025	2025 OZ Independence Celebration	BB	Open
8	200 BR LCM	3:55.28	47	Stephanie	Hires	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	Open
1	50 FL LCM	40.72	457	Taylor	Nanney	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	A	10 & Under
2	50 FL LCM	41.17	436	Josephine	Forman	F	METS	4/5/2025	2025 OZ Long Course Kick Off	A	10 & Under
3	50 FL LCM	41.70	412	Ava	Hong	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	BB	10 & Under
4	50 FL LCM	43.25	490	Brynn	Giuffre	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	BB	10 & Under
5	50 FL LCM	49.62	232	Meredith	Luitjohan	F	METS	4/5/2025	2025 OZ Long Course Kick Off	B	10 & Under
6	50 FL LCM	50.40	205	Margo	Deist	F	METS	4/5/2025	2025 OZ Long Course Kick Off	B	10 & Under
1	50 FL LCM	34.79	630	Ella	Engstrom	F	METS	5/31/2025	2025 OZ Meet Me in St. Louis Invite A		11-12
2	50 FL LCM	35.84	568	Eleanor	Forman	F	METS	6/21/2025	2025 OZ CSP 87th Annual Summer Invitational	BB	11-12
3	50 FL LCM	38.35	426	Emma	Portell	F	METS	5/31/2025	2025 OZ Meet Me in St. Louis Invite BB		11-12
4	50 FL LCM	38.72	406	Veronica	Giuffre	F	METS	4/5/2025	2025 OZ Long Course Kick Off	BB	11-12
5	50 FL LCM	38.76	404	Hildi	Deist	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	BB	11-12
6	50 FL LCM	41.64	261	Rylee	Barnett	F	METS	6/21/2025	2025 OZ CSP 87th Annual Summer Invitational	B	11-12
7	50 FL LCM	41.83	173	Teagan	Moszer	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	11-12

Metro East Titans Swimming LCM Times Report For 1/1/2025 - 8/31/2025



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Rank	Event	Time	Power Points	First Name	Last Name	Comp Cat.	Club	Swim Date	Meet	Standard	Age Group
8	50 FL LCM	44.48	72	Aubrey	Rickman	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	11-12
9	50 FL LCM	44.77	63	Vivian	Cross	F	METS	6/21/2025	2025 OZ CSP 87th Annual Summer Invitational	Slower than B	11-12
10	50 FL LCM	45.90	89	Betty	Cadagin	F	METS	5/31/2025	2025 OZ Meet Me in St. Louis Invite	Slower than B	11-12
1	50 FL LCM	31.23	1	Aelxandria	Suhre	F	METS	8/2/2025	2025 MN RSC CZ 14&U Championship	AAA	13-14
2	50 FL LCM	39.12	1	Addison	Gunn	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	B	13-14
3	50 FL LCM	47.22	1	Harper	Redman	F	METS	6/30/2025	2026 OZ METS Get Your Cut	Slower than B	13-14
4	50 FL LCM	49.05	1	Aubrey	Rickman	F	METS	6/21/2025	2025 OZ CSP 87th Annual Summer Invitational	Slower than B	13-14
1	50 FL LCM	30.57	1	Vivian	Lu	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	Slower than B	15-18
2	50 FL LCM	31.41	1	Georgia	Samet	F	METS	7/12/2025	2025 OZ Independence Celebration	Slower than B	15-18
1	50 FL LCM	50.40	205	Margo	Deist	F	METS	4/5/2025	2025 OZ Long Course Kick Off	B	8 & Under
1	50 FL LCM	30.57	1	Vivian	Lu	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	Slower than B	Open
2	50 FL LCM	31.23	1	Aelxandria	Suhre	F	METS	8/2/2025	2025 MN RSC CZ 14&U Championship	AAA	Open
3	50 FL LCM	31.41	1	Georgia	Samet	F	METS	7/12/2025	2025 OZ Independence Celebration	Slower than B	Open
4	50 FL LCM	34.79	630	Ella	Engstrom	F	METS	5/31/2025	2025 OZ Meet Me in St. Louis Invite A		Open
5	50 FL LCM	35.84	568	Eleanor	Forman	F	METS	6/21/2025	2025 OZ CSP 87th Annual Summer Invitational	BB	Open
6	50 FL LCM	38.35	426	Emma	Portell	F	METS	5/31/2025	2025 OZ Meet Me in St. Louis Invite	BB	Open
7	50 FL LCM	38.72	406	Veronica	Giuffre	F	METS	4/5/2025	2025 OZ Long Course Kick Off	BB	Open
8	50 FL LCM	38.76	404	Hildi	Deist	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	BB	Open
9	50 FL LCM	39.12	1	Addison	Gunn	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	B	Open
10	50 FL LCM	40.72	457	Taylor	Nanney	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	A	Open
11	50 FL LCM	41.17	436	Josephine	Forman	F	METS	4/5/2025	2025 OZ Long Course Kick Off	A	Open
12	50 FL LCM	41.64	261	Rylee	Barnett	F	METS	6/21/2025	2025 OZ CSP 87th Annual Summer Invitational	B	Open
13	50 FL LCM	41.70	412	Ava	Hong	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
14	50 FL LCM	41.83	173	Teagan	Moszer	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	Open
15	50 FL LCM	43.25	490	Brynn	Giuffre	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open

Metro East Titans Swimming LCM Times Report For 1/1/2025 - 8/31/2025



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Rank	Event	Time	Power Points	First Name	Last Name	Comp Cat.	Club	Swim Date	Meet	Standard	Age Group
16	50 FL LCM	44.48	72	Aubrey	Rickman	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	Open
17	50 FL LCM	44.77	63	Vivian	Cross	F	METS	6/21/2025	2025 OZ CSP 87th Annual Summer Invitational	Slower than B	Open
18	50 FL LCM	45.90	89	Betty	Cadagin	F	METS	5/31/2025	2025 OZ Meet Me in St. Louis Invite	Slower than B	Open
19	50 FL LCM	47.22	1	Harper	Redman	F	METS	6/30/2025	2026 OZ METS Get Your Cut	Slower than B	Open
20	50 FL LCM	49.62	232	Meredith	Luitjohan	F	METS	4/5/2025	2025 OZ Long Course Kick Off	B	Open
21	50 FL LCM	50.40	205	Margo	Deist	F	METS	4/5/2025	2025 OZ Long Course Kick Off	B	Open
1	100 FL LCM	1:43.05	292	Taylor	Nanney	F	METS	7/13/2025	2025 OZ Independence Celebration	BB	10 & Under
2	100 FL LCM	1:47.83	219	Ava	Hong	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	BB	10 & Under
1	100 FL LCM	1:22.35	539	Eleanor	Forman	F	METS	6/20/2025	2025 OZ CSP 87th Annual Summer Invitational	A	11-12
2	100 FL LCM	1:23.75	506	Ella	Engstrom	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite	BB	11-12
3	100 FL LCM	1:31.13	345	Emma	Portell	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite	B	11-12
4	100 FL LCM	1:31.45	338	Veronica	Giuffre	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	B	11-12
5	100 FL LCM	1:42.66	59	Teagan	Moszer	F	METS	4/6/2025	2025 OZ Long Course Kick Off	Slower than B	11-12
6	100 FL LCM	1:49.51	1	Aubrey	Rickman	F	METS	4/6/2025	2025 OZ Long Course Kick Off	Slower than B	11-12
1	100 FL LCM	1:10.37	658	Aelxandria	Suhre	F	METS	7/13/2025	2025 OZ Independence Celebration	AA	13-14
2	100 FL LCM	1:19.27	357	Morgan	Mitton	F	METS	4/5/2025	2025 OZ Long Course Kick Off	BB	13-14
3	100 FL LCM	1:28.92	154	Alvina	Farley	F	METS	7/13/2025	2025 OZ Independence Celebration	Slower than B	13-14
4	100 FL LCM	1:32.86	53	Lydia	Cloud	F	METS	4/5/2025	2025 OZ Long Course Kick Off	Slower than B	13-14
5	100 FL LCM	1:42.59	1	Harper	Redman	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	13-14
1	100 FL LCM	1:09.18	614	Vivian	Lu	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	AA	15-18
2	100 FL LCM	1:09.98	607	Morgan	Mitton	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	A	15-18
3	100 FL LCM	1:12.37	532	Greta	Deist	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	BB	15-18
4	100 FL LCM	1:16.37	391	Georgia	Samet	F	METS	7/13/2025	2025 OZ Independence Celebration	BB	15-18
1	100 FL LCM	1:09.18	614	Vivian	Lu	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	AA	Open
2	100 FL LCM	1:09.98	607	Morgan	Mitton	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	A	Open
3	100 FL LCM	1:10.37	658	Aelxandria	Suhre	F	METS	7/13/2025	2025 OZ Independence Celebration	AA	Open
4	100 FL LCM	1:12.37	532	Greta	Deist	F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
5	100 FL LCM	1:16.37	391	Georgia	Samet	F	METS	7/13/2025	2025 OZ Independence Celebration	BB	Open

Metro East Titans Swimming LCM Times Report For 1/1/2025 - 8/31/2025



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Rank	Event	Time	Power Points	First Name	Last Name	Comp Cat.	Club	Swim Date	Meet	Standard	Age Group
6	100 FL LCM	1:22.35	539	Eleanor	Forman	F	METS	6/20/2025	2025 OZ CSP 87th Annual Summer Invitational	A	Open
7	100 FL LCM	1:23.75	506	Ella	Engstrom	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite BB		Open
8	100 FL LCM	1:28.92	154	Alvina	Farley	F	METS	7/13/2025	2025 OZ Independence Celebration	Slower than B	Open
9	100 FL LCM	1:31.13	345	Emma	Portell	F	METS	6/1/2025	2025 OZ Meet Me in St. Louis Invite B		Open
10	100 FL LCM	1:31.45	338	Veronica	Giuffre	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	B	Open
11	100 FL LCM	1:32.86	53	Lydia	Cloud	F	METS	4/5/2025	2025 OZ Long Course Kick Off	Slower than B	Open
12	100 FL LCM	1:42.59	1	Harper	Redman	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	Open
13	100 FL LCM	1:42.66	59	Teagan	Moszer	F	METS	4/6/2025	2025 OZ Long Course Kick Off	Slower than B	Open
14	100 FL LCM	1:43.05	292	Taylor	Nanney	F	METS	7/13/2025	2025 OZ Independence Celebration	BB	Open
15	100 FL LCM	1:47.83	219	Ava	Hong	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	BB	Open
16	100 FL LCM	1:49.51	1	Aubrey	Rickman	F	METS	4/6/2025	2025 OZ Long Course Kick Off	Slower than B	Open
1	200 FL LCM	3:49.44	1	Taylor	Nanney	F	METS	7/12/2025	2025 OZ Independence Celebration	Slower than B	10 & Under
1	200 FL LCM	2:35.51	675	Aelxandria	Suhre	F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs	AA	13-14
2	200 FL LCM	2:46.71	480	Morgan	Mitton	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	A	13-14
1	200 FL LCM	2:45.49	463	Morgan	Mitton	F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs	BB	15-18
1	200 FL LCM	2:35.51	675	Aelxandria	Suhre	F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs	AA	Open
2	200 FL LCM	2:45.49	463	Morgan	Mitton	F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
3	200 FL LCM	3:49.44	1	Taylor	Nanney	F	METS	7/12/2025	2025 OZ Independence Celebration	Slower than B	Open
1	200 IM LCM	3:01.20	654	Josephine	Forman	F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs	AAA	10 & Under
2	200 IM LCM	3:18.38	466	Ava	Hong	F	METS	4/4/2025	2025 OZ Long Course Kick Off	A	10 & Under
3	200 IM LCM	3:39.49	270	Taylor	Nanney	F	METS	4/4/2025	2025 OZ Long Course Kick Off	BB	10 & Under
4	200 IM LCM	4:04.17	209	Margo	Deist	F	METS	4/4/2025	2025 OZ Long Course Kick Off	B	10 & Under
1	200 IM LCM	2:57.30	562	Eleanor	Forman	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	A	11-12
2	200 IM LCM	3:02.17	502	Ella	Engstrom	F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs	BB	11-12
3	200 IM LCM	3:04.98	468	Veronica	Giuffre	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	BB	11-12
4	200 IM LCM	3:09.47	322	Rylee	Barnett	F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs	BB	11-12
5	200 IM LCM	3:11.84	389	Hildi	Deist	F	METS	4/4/2025	2025 OZ Long Course Kick Off	BB	11-12

Metro East Titans Swimming LCM Times Report For 1/1/2025 - 8/31/2025



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Rank	Event	Time	Power Points	First Name	Last Name	Comp Cat.	Club	Swim Date	Meet	Standard	Age Group
5	200 IM LCM	3:11.84	296	Teagan	Moszer	F	METS	4/4/2025	2025 OZ Long Course Kick Off	BB	11-12
7	200 IM LCM	3:18.38	231	Aubrey	Rickman	F	METS	4/4/2025	2025 OZ Long Course Kick Off	B	11-12
8	200 IM LCM	3:22.95	274	Emma	Portell	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	B	11-12
1	200 IM LCM	2:32.69	725	Aelxandria	Suhre	F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs	AAA	13-14
2	200 IM LCM	2:39.07	573	Morgan	Mitton	F	METS	4/4/2025	2025 OZ Long Course Kick Off	AA	13-14
3	200 IM LCM	2:39.70	613	Ashley	Hong	F	METS	4/4/2025	2025 OZ Long Course Kick Off	AA	13-14
4	200 IM LCM	2:55.59	386	Alvina	Farley	F	METS	4/4/2025	2025 OZ Long Course Kick Off	BB	13-14
5	200 IM LCM	3:07.11	206	Victoria	Hires	F	METS	4/4/2025	2025 OZ Long Course Kick Off	B	13-14
6	200 IM LCM	3:30.94	42	Harper	Redman	F	METS	5/2/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	13-14
7	200 IM LCM	3:35.96	3	Stephanie	Hires	F	METS	4/4/2025	2025 OZ Long Course Kick Off	Slower than B	13-14
1	200 IM LCM	2:30.66	684	Greta	Deist	F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs	AA	15-18
2	200 IM LCM	2:34.47	613	Georgia	Samet	F	METS	7/13/2025	2025 OZ Independence Celebration	AA	15-18
3	200 IM LCM	2:39.36	545	Morgan	Mitton	F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs	A	15-18
1	200 IM LCM	4:04.17	209	Margo	Deist	F	METS	4/4/2025	2025 OZ Long Course Kick Off	B	8 & Under
1	200 IM LCM	2:30.66	684	Greta	Deist	F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs	AA	Open
2	200 IM LCM	2:32.69	725	Aelxandria	Suhre	F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs	AAA	Open
3	200 IM LCM	2:34.47	613	Georgia	Samet	F	METS	7/13/2025	2025 OZ Independence Celebration	AA	Open
4	200 IM LCM	2:39.07	573	Morgan	Mitton	F	METS	4/4/2025	2025 OZ Long Course Kick Off	AA	Open
5	200 IM LCM	2:39.70	613	Ashley	Hong	F	METS	4/4/2025	2025 OZ Long Course Kick Off	AA	Open
6	200 IM LCM	2:55.59	386	Alvina	Farley	F	METS	4/4/2025	2025 OZ Long Course Kick Off	BB	Open
7	200 IM LCM	2:57.30	562	Eleanor	Forman	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	A	Open
8	200 IM LCM	3:01.20	654	Josephine	Forman	F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs	AAA	Open
9	200 IM LCM	3:02.17	502	Ella	Engstrom	F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
10	200 IM LCM	3:04.98	468	Veronica	Giuffre	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	BB	Open
11	200 IM LCM	3:07.11	206	Victoria	Hires	F	METS	4/4/2025	2025 OZ Long Course Kick Off	B	Open
12	200 IM LCM	3:09.47	322	Rylee	Barnett	F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
13	200 IM LCM	3:11.84	389	Hildi	Deist	F	METS	4/4/2025	2025 OZ Long Course Kick Off	BB	Open
13	200 IM LCM	3:11.84	296	Teagan	Moszer	F	METS	4/4/2025	2025 OZ Long Course Kick Off	BB	Open

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Rank	Event	Time	Power Points	First Name	Last Name	Comp Cat.	Club	Swim Date	Meet	Standard	Age Group
15	200 IM LCM	3:18.38	231	Aubrey	Rickman	F	METS	4/4/2025	2025 OZ Long Course Kick Off	B	Open
15	200 IM LCM	3:18.38	466	Ava	Hong	F	METS	4/4/2025	2025 OZ Long Course Kick Off	A	Open
17	200 IM LCM	3:22.95	274	Emma	Portell	F	METS	5/4/2025	2025 OZ FAST John Traube Memorial Meet	B	Open
18	200 IM LCM	3:30.94	42	Harper	Redman	F	METS	5/2/2025	2025 OZ FAST John Traube Memorial Meet	Slower than B	Open
19	200 IM LCM	3:35.96	3	Stephanie	Hires	F	METS	4/4/2025	2025 OZ Long Course Kick Off	Slower than B	Open
20	200 IM LCM	3:39.49	270	Taylor	Nanney	F	METS	4/4/2025	2025 OZ Long Course Kick Off	BB	Open
21	200 IM LCM	4:04.17	209	Margo	Deist	F	METS	4/4/2025	2025 OZ Long Course Kick Off	B	Open
1	400 IM LCM	7:38.80	1	Taylor	Nanney	F	METS	6/30/2025	2026 OZ METS Get Your Cut	Slower than B	10 & Under
1	400 IM LCM	6:16.33	486	Eleanor	Forman	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	A	11-12
2	400 IM LCM	7:03.78	382	Rylee	Barnett	F	METS	7/13/2025	2025 OZ Independence Celebration B		11-12
1	400 IM LCM	5:21.31	728	Aelxandria	Suhre	F	METS	7/31/2025	2025 MN RSC CZ 14&U Championship	AAA	13-14
2	400 IM LCM	5:40.92	548	Morgan	Mitton	F	METS	5/3/2025	2025 OZ FAST John Traube Memorial Meet	AA	13-14
3	400 IM LCM	6:21.49	329	Alvina	Farley	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	BB	13-14
1	400 IM LCM	5:30.38	586	Morgan	Mitton	F	METS	7/13/2025	2025 OZ Independence Celebration AA		15-18
2	400 IM LCM	5:40.79	513	Greta	Deist	F	METS	6/30/2025	2026 OZ METS Get Your Cut	A	15-18
1	400 IM LCM	5:21.31	728	Aelxandria	Suhre	F	METS	7/31/2025	2025 MN RSC CZ 14&U Championship	AAA	Open
2	400 IM LCM	5:30.38	586	Morgan	Mitton	F	METS	7/13/2025	2025 OZ Independence Celebration AA		Open
3	400 IM LCM	5:40.79	513	Greta	Deist	F	METS	6/30/2025	2026 OZ METS Get Your Cut	A	Open
4	400 IM LCM	6:16.33	486	Eleanor	Forman	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	A	Open
5	400 IM LCM	6:21.49	329	Alvina	Farley	F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs	BB	Open
6	400 IM LCM	7:03.78	382	Rylee	Barnett	F	METS	7/13/2025	2025 OZ Independence Celebration B		Open
7	400 IM LCM	7:38.80	1	Taylor	Nanney	F	METS	6/30/2025	2026 OZ METS Get Your Cut	Slower than B	Open
1	200 FR-R LCM	2:26.23		Taylor Nanney, Ava Hong, Brynn Giuffre, Josie Forman		F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs		10 & Under

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Rank	Event	Time	Power Points	First Name	Last Name	Comp Cat.	Club	Swim Date	Meet	Standard	Age Group
1	200 FR-R LCM	2:15.35		Ella Engstrom, Rylee Barnett, Emma Portell, Ellie Forman		F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs		11-12
2	200 FR-R LCM	2:20.70		Teagan Moszer, Aubrey Rickman, Vivian Cross, Ellie Forman		F	METS	4/5/2025	2025 OZ Long Course Kick Off		11-12
1	200 FR-R LCM	2:08.11		Ashley Hong, Aster Carson, Lydia Cloud, Alex Suhre		F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs		13-14
2	200 FR-R LCM	2:18.53		Alvina Farley, Stephanie Hires, Harper Redman, Victoria Hires		F	METS	4/5/2025	2025 OZ Long Course Kick Off		13-14
1	200 FR-R LCM	1:57.91		Vivian Lu, Georgia Samet, Morgan Mitton, Greta Deist		F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs		15-18
1	200 FR-R LCM	2:02.70		Georgia Samet, Ashley Hong, Morgan Mitton, Vivian Lu		F	METS	4/5/2025	2025 OZ Long Course Kick Off		Open
2	200 FR-R LCM	2:13.97		Addie Embry, Lydia Cloud, Aster Carson, Alex Suhre		F	METS	4/5/2025	2025 OZ Long Course Kick Off		Open
3	200 FR-R	2:23.32		Josie		F	METS	4/5/2025	2025 OZ Long Course Kick Off		Open

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Rank	Event	Time	Power Points	First Name	Last Name	Comp Cat.	Club	Swim Date	Meet	Standard	Age Group
4	200 FR-R LCM	2:39.93		Brynn Giuffre, Meredith Luitjohan, Betty Cadagin, Taylor Nanney		F	METS	4/5/2025	2025 OZ Long Course Kick Off		Open
1	400 FR-R LCM	4:52.66		Ella Engstrom, Emma Portell, Rylee Barnett, Ellie Forman		F	METS	7/24/2025	2025 OZ Ozark LSC Long Course Champs		11-12
1	400 FR-R LCM	4:32.23		Ashley Hong, Addison Gunn, Alvina Farley, Alex Suhre		F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs		13-14
1	800 FR-R LCM	9:54.23		Ashley Hong, Addison Gunn, Aubrey Rickman, Alex Suhre		F	METS	7/24/2025	2025 OZ Ozark LSC Long Course Champs		13-14
1	800 FR-R LCM	9:13.17		Morgan Mitton, Greta Deist, Vivian Lu, Georgia Samet		F	METS	7/24/2025	2025 OZ Ozark LSC Long Course Champs		15-18
1	200 MED-R LCM	2:49.53		Brynn Giuffre, Josie Forman, Taylor Nanney, Ava Hong		F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs		10 & Under

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Rank	Event	Time	Power Points	First Name	Last Name	Comp Cat.	Club	Swim Date	Meet	Standard	Age Group
1	200 MED-R LCM	2:36.27		Ella Engstrom, Vivian Cross, Ellie Forman, Teagan Moszer		F	METS	4/6/2025	2025 OZ Long Course Kick Off		11-12
2	200 MED-R LCM	2:37.13		Ella Engstrom, Rylee Barnett, Ellie Forman, Emma Portell		F	METS	7/26/2025	2025 OZ Ozark LSC Long Course Champs		11-12
1	200 MED-R LCM	2:23.04		Alvina Farley, Ashley Hong, Alex Suhre, Addison Gunn		F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs		13-14
1	200 MED-R LCM	2:11.18		Greta Deist, Georgia Samet, Vivian Lu, Morgan Mitton		F	METS	7/27/2025	2025 OZ Ozark LSC Long Course Champs		15-18
1	200 MED-R LCM	2:14.63		Morgan Mitton, Alex Suhre, Vivian Lu, Georgia Samet		F	METS	4/6/2025	2025 OZ Long Course Kick Off		Open
2	200 MED-R LCM	2:36.08		Aster Carson, Victoria Hires, Lydia Cloud, Addie Embry		F	METS	4/6/2025	2025 OZ Long Course Kick Off		Open

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Rank	Event	Time	Power Points	First Name	Last Name	Comp Cat.	Club	Swim Date	Meet	Standard	Age Group
3	200 MED-R LCM	2:45.65		Hildi Deist, Josie Forman, Veronica Giuffre, Aubrey Rickman		F	METS	4/6/2025	2025 OZ Long Course Kick Off		Open
4	200 MED-R LCM	3:09.62		Margo Deist, Betty Cadagin, Brynn Giuffre, Taylor Nanney		F	METS	4/6/2025	2025 OZ Long Course Kick Off		Open
1	400 MED-R LCM	5:50.29		Ella Engstrom, Betty Cadagin, Ellie Forman, Emma Portell		F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs		11-12
1	400 MED-R LCM	5:13.68		Aster Carson, Ashley Hong, Alex Suhre, Addison Gunn		F	METS	7/25/2025	2025 OZ Ozark LSC Long Course Champs		13-14