

2021 Independence Celebration

July 9.10.11 2021

@ Chuck Fruit Aquatic Center

Warm-up Assignments

Friday PM (All Ages) (3:00 pm Meet Start)

Warm-up 1: (2:00-2:25 pm)

1	2	3	4	5	6	7	8
METS	FAST	FAST	FAST	PKWY	PKWY	HEAT- OZ	TPFY-UN

Warm-up 2: (2:25-2:50 pm)

1	2	3	4	5	6	7	8
HEAT- Champaign	SPA/ LIFE	YDSC	SST	RCA	RCA	RPLX	RPLX

Saturday/Sunday AM (13&O) (8:30 am Meet Start)

Warm-up 1: (7:30-7:55 am)

1	2	3	4	5	6	7	8
METS	SST	HEAT- Champaign	YDSC	RCA	RCA	SPA	TPFY- UN/LIFE

Warm-up 2: (7:55-8:20 am)

1	2	3	4	5	6	7	8
FAST	FAST	FAST	RPLX	RPLX	RPLX	PKWY	HEAT- OZ/RSCA

Saturday/Sunday PM (12&U) (1:30 pm Meet Start)

Warm-up 1: (12:30-12:55 pm)

1	2	3	4	5	6	7	8
METS	SPA/LIFE	RCA	RCA	YDSC	SST	UN-IL (Decatur) / TPFY- UN	HEAT- Champaign

Warm-up 2: (12:55-1:20 pm)

1	2	3	4	5	6	7	8
FAST	FAST	PKWY	PKWY	PKWY	RPLX	RPLX	RSCA/HEAT- OZ