

Mountain Hi Swim League Coaches Instructions for the All-Stars Meet

Ensure entries are to the Designated League Computer person at least two days prior to the “heating meeting”.

Swimmers qualify in two ways to swim in the All-Stars meet by:

- Achieving a qualifying time in an event in which points can be scored - proof of time is required
- Finishing in 1st place in a scored event at his/her Division Finals of the Championship meet if a qualifying time in that event has not already been achieved

Entry requirements:

- Each swimmer can enter a maximum of 3 individual events; there are no relays at All-Stars.
- Swimmers must meet the League requirements for having attended 10 practices and have swum in at least 2 meets during the current season.
- Their name must be on the final roster and their insurance dues paid.
- Each swimmer must swim in their respective age group. No exhibition swimming is allowed.

Each team must bring a hardcopy of the team entries to the heating meeting. Each coach will be asked to sign off on the Master program, verifying the team's entries are correct. If there are any outstanding issues, they must be resolved at the heating meeting.

Bring completed T-shirt order form and check payable to Mountain Hi Swim League, with the entry fee as designated by the MHSL Board of Directors to the All-Stars heating meeting. An additional fee of \$5.00, per event, will be charged for all late entries and will be deck seated in open lanes, if available.

Coaches can purchase the All-Stars T-shirt for one half of the swimmer's entry fee/ t-shirt price.

At the conclusion of the meet, after all results are finalized, the coach or a team representative must pick up the team bag from the scoring table.