



ASSISTANT HEAD COACH JOB DESCRIPTION

Position Title: Assistant Head Coach

Club: Stroh Ranch Anthology Dolphins Swim Team

Location: Parker, CO

Salary Range: \$18 - \$20/hour

Reports To: SRA Head Coach

For over 20 years, the Stroh Ranch Anthology Dolphins swim team (SRA) has competed in the Mountain Hi Swim League (www.mhsl.org) which consists of 23 teams with 3,000+ swimmers within the South Denver Metro Area. This league has four divisions and we are one of six teams in the A Division. We are proud to state that we are the 4th fastest team in the Mountain Hi Swim League and give our swimmers the chance to swim at the highest level of competition available.

Each summer season between Memorial Day and Mid-July, the SRA Swim Team participates in five dual-meets, one championship meet and an all-star meet. The ideal candidate is energetic, knowledgeable and able to communicate with assistant coaches, junior coaches and parents. This candidate will embody the mission of our swim program which is to create a supportive, fun, and inclusive environment where young swimmers can thrive both in and out of the pool. It is expected that the Assistant Head Coach will foster positive relationships, mentor as appropriate and communicate well with the Head Coach, coaching team, parents and board members.

Assistant Head Coach Qualifications:

- The ideal candidate will have a passion for coaching and developing young athletes, as well as excellent communication and leadership skills
- Have at least a High School Diploma or equivalent.
- Current Lifeguard certification, including First Aid, CPR for the Professional Rescuer, and AED are required for and must be maintained and kept in a current status.
- 1-3 years of previous coaching experience and/or aquatics experience.
- Experience using Team Unify/SportsEngine Software for entering Meet Entries.
- Experience with competitive swimming and understanding of proper stroke technique for Australian Crawl (Freestyle), Backstroke, Breaststroke and Butterfly. Ability to swim 25 meters/yards in each of these strokes for demonstration purposes.
- Experience supervising and mentoring assistant coaches; providing guidance and support as needed.
- Capable of communicating with parents regarding children's swimming goals and progress.
- Must be highly motivated and take direction well with excellent interpersonal and communication skills



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Assistant Head Coach Roles and Responsibilities:

- Responsible for the safety of all SRA Swimmers at Practices and Meets.
- Prompt attendance at all scheduled practices and all swim meets during the season.
 - Dual Meets: May 31st, June 7, June 14, June 21, June 28
 - Championship Week: July 8th & July 9th (Prelim Meets) and Final Meet on July 12th
 - All Star Meet: July 19th
- Mentor & Direct Coaching duties between 8 - 12 hours at practice sessions; Mondays - Thursdays, depending on the needs of the team.
- Ensure implementation and adherence to training plans designed by the Head Coach.
- Mentor assistant and junior coaches as needed during coaching hours.
- Participate in interviews for assistant and junior coaches and coach training at the start of the season - dates to be determined.
- Support the head coach with administrative duties including reviewing event submissions by swimmers and deciding individual and relay events for swim meets (estimated 4 hours per week).
- Communicates effectively and timely with the Head Coach and coaching team, as needed.
- Ensures an environment that fosters positive team attitudes, encourages self-discipline, sportsmanship and responsibility.