

All Star Meet Invite/Info
7/20/2024

We are excited to host the Mountain Hi Swim League All Star meet on Saturday July 20th, 2024!

Location:

Lifetime Fitness Centennial
5000 E Dry Creek Rd,
Centennial, CO 80122

https://goo.gl/maps/x9mmsLpFpCA?_ga=2.34171169.1065815544.1656433079-216674394.1619627540

(720) 489-1400

***Please do not arrive at the facility before 6:15 AM**

*Warm-ups will begin @ 6:45AM- there will be 4 sessions in 15 minute time blocks with times strictly enforced. One way starts will be 7:45-7:55 with lanes assignments. The pool will be cleared at 7:55AM.

*Parking is welcome anywhere in the parking lot. There will not be any spaces reserved for coaches or parent reps- everything is first come first serve.

***All families must enter through the front door of the facility.**

Every adult entering the facility needs to fill out and sign digital visitor form at the front desk (unless you are a Lifetime Fitness member, then a membership card can be scanned through the check-in desk)

*Please then enter the pool area via the family locker room directly past the front desk and proceed through the indoor pool area to the outdoor pool deck. When exiting the facility please utilize the gender appropriate locker rooms to the best of your family's ability in order to decrease traffic back through the family locker room.

*The emergency gates located in the pool area are strictly for emergencies only- DO NOT open them to bring in equipment or other family members or friends.

*Please note per club policy, no hard-sided or large rolling coolers are allowed.

*A map of the deck area is attached with division seating placement. We ask everyone to do their best to make use of pre-existing umbrellas for shade, as well as share any tents/easy ups that are brought in. If a larger tent is used, we respectfully ask that it be placed in the grassy area to the West end of the pool behind the slides. The open seating area in grassy space as well as under the large shade structure is first come first serve.

*Our lounge chairs with cushions are new. Please be mindful and do NOT allow swimmers to mark backs with sharpie markers. Please keep the event/heat info to a minimum.

*Coaches will be set up along the South side of the competition pool, starting with Div A near the blocks, then B, C and D respectively. Divisions will need to bring and share tents as well as folding/camp chairs (2 tents per division against the side of the pool, if more space is needed an additional tent can be placed behind the front row). **Tents MUST be no closer than 6 feet to the edge of the pool for safety purposes.**

*There will be check in tables set up for volunteer and swimmer check-in right outside the door for the outdoor pool

*The indoor and outdoor cafe will be open during the meet and will open with breakfast options.

***The outdoor rec area of the pool and hot tub will remain CLOSED during the meet**, please keep swimmers and siblings out of the water. Lifeguards on deck will be focused on the lap pool. There will be a lane or two available for warm up/cool down in the indoor pool directly inside the building. This will be for active swimming only, no hanging out or horseplay. The indoor rec pool and lap pool will not be available for All Star swimmers.

*There will be a timer and official meeting near the heating area around 7:30 AM

* 1st shift volunteers need to be in position no later than **7:55 am**

Thanks so much!

We look forward to seeing you at the pool!