

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Event 1 Girls 200 Yard Medley Relay Varsity****DFAL record: 1:43.92****5/13/2011****Las Lomas Knights****D Madsen, T Carlson, J Amog, K Leonard****1:52.64 NCS****2:03.59 CON**

Team			Relay	Seed Time	Prelim Time
Preliminaries					
1	Las Lomas Knights-ZZ		A	1:49.80	1:49.44 qNCS
	1) Statler, Nina E 15	2) Mooney, Kristina A 15	3) Carlson, Josie M 17	4) Kermoian, Kelly L 15	
	27.12 30.96 26.34	25.02			
2	Campolindo High School		A	1:48.27	1:50.68 qNCS
	1) Buckley, Maggie J 16	2) Hanley, Paige M 18	3) Valvur, Camille E 18	4) Ciruli, Lola M 16	
	28.65 30.31 27.08	24.64			
3	Acalanes Swim Team-CA		A	1:51.50	1:51.41 qNCS
	1) Walker, Kylie S 17	2) McCarthy, Anna C 16	3) Watts, Vanessa K 15	4) Rowell, Claire J 16	
	28.79 31.10 26.67	24.85			
4	Miramonte High School Swimmir		A	1:47.98	1:51.63 qNCS
	1) Clark, Grace E 14	2) Lurie, Sophie 16	3) Reiner, Lily K 16	4) Lucas, Lindsey E 14	
	27.31 29.92 29.11	25.29			
5	Northgate High School		A	1:52.06	1:52.17 qNCS
	1) Levy, Caraline	2) Gearing, Delanie	3) Sterling, Piper	4) McNulty, Ainsley	
	28.93 31.29 27.45	24.50			
6	Miramonte High School Swimmir		B	1:52.98	1:52.86 qCON
	1) Hemming, Lindsay R 16	2) Murphy, Mollie J 17	3) Wu, Charlotte T 18	4) Sherwood, Savannah A 17	
	27.66 31.65 27.09	26.46			
7	Campolindo High School		B	1:50.36	1:53.04 qCON
	1) Tague, Olivia F 16	2) Hanley, Channing F 16	3) Osborn, Lydia K 14	4) Crouch, Zoe J 18	
	29.85 29.64 27.26	26.29			
8	Clayton Valley		A	1:50.63	1:53.74 qCON
	1) Biles, Caitlin 17	2) Miller, Sophia 15	3) Hetherton, Caela 16	4) DuLong, Gianna 17	
	28.25 33.27 27.86	24.36			
9	Acalanes Swim Team-CA		B	1:54.50	1:54.83 CON
	1) Benisek, Zoe L 17	2) White, Laurel M 15	3) MacKay, Ava R 17	4) Reggi, Valeria M 17	
	30.31 31.91 26.84	25.77			
10	Campolindo High School		C	1:55.80	1:55.27 CON
	1) Leone, Carla A 17	2) Hawkins, Maggie E 15	3) Hogan, Emerson A 16	4) Younger, Grace B 17	
	31.07 31.38 26.74	26.08			
11	Northgate High School		B	1:58.00	1:55.85 CON
	1) Jacques, Allison	2) Greenberg, Alexis	3) Greenberg, Victoria	4) Parrisher, Cassie	
	30.31 31.43 28.07	26.04			
12	Las Lomas Knights-ZZ		B	2:00.11	1:58.03 CON
	1) Gillis, Jenna L 18	2) Carlson, Gemma P 15	3) McGlynn, Maggie E 18	4) Masterson, Laynie L 15	
	30.21 32.91 28.50	26.41			
13	Acalanes Swim Team-CA		C	1:57.50	1:59.05 CON
	1) Daughters, Franny A 14	2) Miller, Emma J 15	3) Daughters, Beth G 16	4) Bicomong, Sophia M 18	
	30.88 31.84 27.85	28.48			
14	Benicia High School		A	2:00.77	1:59.27 CON
	1) McGuire, Cassidy	2) Davis, Emily	3) Lindemuth, Emma	4) Iniguez, Amber	
	31.90 33.27 26.68	27.42			
15	College Park High School Aquat-F		A	2:01.64	1:59.51 CON
	1) MacDonald, Lily C 15	2) Dajani, Lucy C 16	3) Thomas, Tay M 16	4) Martinez, Sydney A 17	
	32.60 33.66 26.66	26.59			

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Team	Relay	Seed Time	Prelim Time
16 Clayton Valley	B	1:58.36	2:00.98 CON
1) DeSeelhorst, Molly 15	2) Celentano, Serafina J 15	3) Chavez, Katrina 17	4) Smith, Grace 15
30.86 33.79 29.43 26.90			
17 Clayton Valley	C	2:04.83	2:01.11 CON
1) Pugh, Grace 15	2) Hamilton, Naomi 16	3) Moraes, Georgia 18	4) Kelly, Emma 17
31.50 33.90 29.00 26.71			
18 Concord High Swim Team-CC	A	2:03.70	2:01.51 CON
1) Martinez, Isabella 16	2) Stanziano, Rayna 17	3) Castaneda, Enya 16	4) Weires, Lillian 14
33.62 33.24 27.70 26.95			
19 Miramonte High School Swimmir	C	1:55.98	2:03.61
1) Murphy, Mackenzie F 16	2) Bardsley, Helena R 16	3) Le-Nguyen, Anna F 17	4) McMahon, Cate B 17
28.40 31.64 31.50 32.07			
20 College Park High School Aquat-I	B	2:10.30	2:05.26
1) Kardell, Naomi K 14	2) Meyers, Kelsey J 15	3) Masongsong, Angeline L 14	4) Fitzgerald, Lexie N 15
32.85 35.87 28.80 27.74			
21 Benicia High School	B	2:05.32	2:06.96
1) Larson, Jessica	2) Seaman, Abigail	3) Mainini, Alyssa	4) Hunter, Maya
27.51 40.94 29.76 28.75			
22 Berean Christian High School-PC	A	2:10.78	2:08.18
1) Cannon, Sheena	2) Hardisty, Tiara	3) McConnell, Sam	4) Winters, Alessandra
33.53 37.25 27.24 30.16			
23 Concord High Swim Team-CC	B	2:10.47	2:17.97
1) Weires, Gracie 16	2) Corkran, Sara 17	3) Hernandez, Isabela 17	4) Gutierrez, Angel 15
33.56 37.52 31.37 35.52			
--- Berean Christian High School-PC	B	2:27.61	DQ
1) House, Lauren	2) Hardwick, Mia	3) Vannelli, Michelle	4) Oditt, Emily
39.25 38.98 36.29 31.89			
--- Alhambra High School Swimming	A	2:22.00	DQ
1) Leonard, Sydney L 14	2) Zinn, Kallie W 16	3) Takamoto, Taylor F 14	4) Yee, Jocie K 15
35.39 40.93 32.83 31.04			

Event 2 Boys 200 Yard Medley Relay Varsity

DFAL record: 1:32.23 5/9/2015 Northgate Broncos
 C Kirkpatrick, S Wu, M Tittle, M Bottene
 1:38.79 NCS
 1:52.99 CON

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Campolindo High School	B	1:37.29	1:36.50 qNCS
1) Lanzara, Matteo R 18	2) Longton, Marcus S 18	3) McGuire, Tom S 17	4) Jensen, Soren A 17
24.27 26.98 23.66 21.59			
2 Campolindo High School	A	1:34.53	1:37.03 qNCS
1) Le-Nguyen, Zach M 15	2) Kong, Alec S 17	3) Markey, Christian J 17	4) Dunn, Garrett H 18
23.80 27.61 23.92 21.70			
3 Northgate High School	A	1:38.45	1:37.26 qNCS
1) Rodriguez, Andrew	2) Dulay, Adrian	3) Welsh, Kai	4) Ledesma, Zach
24.95 27.65 23.48 21.18			
4 Las Lomas Knights-ZZ	A	1:40.68	1:38.54 qNCS
1) Horrigan, Graham P 17	2) Chau, Kenson 17	3) Alvarado, Jake T 16	4) Matthews, ian F 16
24.51 27.25 23.82 22.96			
5 Campolindo High School	C	1:43.40	1:40.41 qCON
1) Birdsong, Will H 16	2) VandenBerghe, Luke C 17	3) Twyman, Cristian H 18	4) Velek, Graham E 17
25.47 27.10 24.34 23.50			

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Preliminaries ... (Event 2 Boys 200 Yard Medley Relay Varsity)**

Team	Relay	Seed Time	Prelim Time
6 Miramonte High School Swimmir	A	1:42.62	1:40.58 qCON
1) Sherwood, Dax M 15	2) Carrington, Matt B 17	3) Bruen, Chris M 16	4) Hoover, Brady C 17
25.54 29.61 23.57 21.86			
7 Benicia High School	A	1:43.07	1:41.92 qCON
1) Jellison, Nathaniel	2) Putong, Jericho	3) Rafac, Jacob	4) Salindong, Elian
25.68 28.63 24.26 23.35			
8 Clayton Valley	A	1:41.91	1:42.04 qCON
1) McIntyre, Ian D 17	2) York, Vincent 17	3) Donado, Damien I 15	4) Chau, Zackary 15
25.76 28.17 25.06 23.05			
9 College Park High School Aquat-F	A	1:46.76	1:42.23 CON
1) Masongsong, Devin L 16	2) Crossman, Kyle R 17	3) Jones, Deniz O 17	4) Atencion, RJ J 16
26.09 28.30 24.37 23.47			
10 Northgate High School	B	1:45.00	1:44.23 CON
1) Bremer, Conrad	2) Morgan, Garrett	3) Fong, A.J.	4) Golan, Jordan
27.78 28.32 24.68 23.45			
11 Las Lomas Knights-ZZ	B	1:46.28	1:45.09 CON
1) Stiefvater, Owen E 16	2) Laforteza, Drew G 17	3) Pilcher, Owen M 16	4) Cosentino, Jack 17
26.62 30.34 24.64 23.49			
12 Acalanes Swim Team-CA	A	1:47.50	1:45.80 CON
1) Suppiger, Colby T 17	2) Del Rosario, Ethan A 16	3) Goodson, Dean L 15	4) Stephenson, Liam T 16
26.17 30.66 24.74 24.23			
13 Miramonte High School Swimmir	B	1:47.62	1:45.96 CON
1) Bradley, Dominic T 17	2) Devlin, Andrew M 18	3) Devlin, Christopher M 15	4) Tejada, Tighe M 18
26.81 29.07 26.66 23.42			
14 Berean Christian High School-PC	A	1:47.34	1:46.07 CON
1) Touchet, Wyatt	2) Delizo, Brandon	3) Estenoz, Gabriel	4) Cliatt, Joe
28.71 29.96 24.69 22.71			
15 Alhambra High School Swimming	A	1:50.30	1:46.17 CON
1) Morabe, Finn L 15	2) Keifer, Max L 15	3) Cutright, Beau J 16	4) Roderick, Del C 16
27.53 29.57 25.95 23.12			
16 Benicia High School	B	1:54.59	1:49.05 CON
1) Randolph, Graham	2) Barlow, Austin	3) Franz, Jacob	4) Baird, Everett
27.80 30.26 27.55 23.44			
17 Acalanes Swim Team-CA	B	1:52.00	1:50.43 CON
1) Watson, Luke A 16	2) Rosenblatt, Kyle A 14	3) Porciuncula, Colin K 16	4) Feigin, Patrick A 16
28.20 32.63 25.72 23.88			
18 Clayton Valley	B	1:55.26	1:51.50 CON
1) Blatter, Tanner 16	2) Bluth, Trevor J 17	3) Longley, Toshio 16	4) Duggan, Carrick 15
29.88 29.61 27.78 24.23			
19 Concord High Swim Team-CC	A	1:55.26	1:52.81 CON
1) Santa Maria, Robert 16	2) Bergen, Lars 18	3) Sewell, Quincy 16	4) Faulkner, Logan 15
30.14 30.17 27.63 24.87			
20 College Park High School Aquat-F	B	1:55.25	1:53.12
1) Stanton, Jakob W 17	2) Stanton, Soren D 14	3) Popov, Maks K 15	4) Shaver, Mac S 16
32.48 29.65 27.63 23.36			
21 Clayton Valley	C	1:55.87	1:57.44
1) Tanos, Steven S 15	2) Kelly, Devin 15	3) Curtis, Keaton 16	4) Bayot, Andrew 14
29.12 32.49 30.05 25.78			
22 Concord High Swim Team-CC	B	2:01.99	2:01.99
1) Roberts, Dylan 16	2) David, Ronald 17	3) Wakeman, Theo 17	4) Reynolds, Steven 18
32.49 32.01 28.63 28.86			

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Preliminaries ... (Event 2 Boys 200 Yard Medley Relay Varsity)**

Team	Relay	Seed Time	Prelim Time
23 Concord High Swim Team-CC	C	2:18.27	2:21.14
1) Nordlund, Connor 16	2) Roldan Montoya, Emmanuel 17	3) Ware, Matthew 16	4) Canestraro Ahnen, Lucas 14
36.77 36.99 41.45 25.93			
--- Berean Christian High School-PC	B	2:03.82	DQ
1) Loney, Garrett	2) Estrella, Harley	3) Oliver, Dylan	4) Fernandes, Slayden
33.43 31.42 29.76 26.44			

Event 3 Girls 200 Yard Freestyle Varsity

DFAL record: 1:51.11 5/9/2015 Sara Delay

Northgate

1:54.89 NCS

2:02.99 CON

Name	Age	School	Seed Time	Prelim Time
Preliminaries				
1 Gebhardt, Emily P	18	Acalanes Swim Team-CA	1:59.28	1:53.63 qNCS
26.17 28.51 29.65 29.30				
2 Fok, Lexi L	15	Campolindo High School	1:55.51	1:54.73 qNCS
26.23 28.73 29.76 30.01				
3 Stahl, Victoria		Northgate High School	1:58.07	1:55.21 qCON
26.82 28.50 29.53 30.36				
4 Roemer, Jewel L	17	Acalanes Swim Team-CA	1:58.70	1:55.66 qCON
26.07 28.74 30.19 30.66				
5 Davis, Jayme		Benicia High School	2:06.50	1:57.31 qCON
28.70 29.58 29.80 29.23				
6 Gearing, Delanie		Northgate High School	2:01.75	1:57.35 qCON
27.00 29.30 30.31 30.74				
7 Hawkins, Katherine T	17	Campolindo High School	1:58.71	1:57.81 qCON
27.18 29.21 30.41 31.01				
8 Crum, Christina C	17	Campolindo High School	1:58.85	1:58.94 qCON
27.45 29.75 30.68 31.06				
9 Fellner, Alex G	17	Acalanes Swim Team-CA	2:04.68	1:59.26 qCON
27.06 29.45 30.89 31.86				
10 Hemming, Lindsay R	16	Miramonte High School Swimming-HS	2:05.10	2:00.01 qCON
28.24 30.69 31.11 29.97				
11 Heffelfinger, Heidi	15	Acalanes Swim Team-CA	2:01.92	2:00.07 qCON
27.18 29.70 31.55 31.64				
12 Le-Nguyen, Anna F	17	Miramonte High School Swimming-HS	2:01.83	2:00.27 qCON
28.68 30.69 30.74 30.16				
13 Supran, Maya H	16	Miramonte High School Swimming-HS	2:03.45	2:00.31 qCON
28.39 31.06 30.56 30.30				
14 DuLong, Gianna	17	Clayton Valley	1:59.01	2:00.49 qCON
26.82 29.62 31.53 32.52				
15 Cleveland, Audrey	16	Miramonte High School Swimming-HS	2:02.54	2:02.10 qCON
27.34 30.48 32.06 32.22				
16 Gregory, Kassy L	17	Campolindo High School	2:05.14	2:04.15 q
28.14 31.76 32.47 31.78				
17 Wise, Emma K	18	Las Lomas Knights-ZZ	2:13.61	2:04.69 q
28.38 30.83 32.57 32.91				
18 Benisek, Zoe L	17	Acalanes Swim Team-CA	2:07.93	2:05.22 q
27.94 30.87 32.98 33.43				
19 Gillis, Jenna L	18	Las Lomas Knights-ZZ	2:09.10	2:06.60 q
27.78 31.09 33.55 34.18				

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Preliminaries ... (Event 3 Girls 200 Yard Freestyle Varsity)**

	Name			Age	School	Seed Time	Prelim Time	
20	Park, Kathryn P			15	Las Lomas Knights-ZZ	2:07.12	2:06.95	q
	28.66	31.73	32.90	33.66				
21	Vines, Madelyn			17	Clayton Valley	2:09.79	2:07.05	q
	29.49	32.32	32.69	32.55				
22	Skow, Jordan			15	Clayton Valley	2:09.82	2:08.15	q
	29.31	32.34	33.29	33.21				
23	Meyerson, Amanda			14	Clayton Valley	2:14.76	2:08.29	q
	28.32	31.80	34.22	33.95				
24	Singh, Madeleine E			18	Campolindo High School	2:09.73	2:10.26	q
	29.20	32.93	33.76	34.37				
25	Mould, Alex V			16	Acalanes Swim Team-CA	2:18.58	2:10.32	
	29.61	32.32	34.21	34.18				
26	Cannon, Sheena				Berean Christian High School-PC	2:27.93	2:11.09	
	29.96	33.27	34.39	33.47				
27	Harbaugh, Mia R			15	Alhambra High School Swimming-HS	2:20.08	2:11.65	
	29.86	33.52	34.89	33.38				
28	Karst, Makayla M			14	College Park High School Aquat-HS	NT	2:13.43	
	29.91	33.83	34.80	34.89				
29	McGowan, Shea				Northgate High School	2:17.54	2:13.73	
	30.59	33.64	35.63	33.87				
30	Hernandez, Isabela			17	Concord High Swim Team-CC	2:11.55	2:15.69	
	31.20	34.96	35.61	33.92				
31	Kardell, Naomi K			14	College Park High School Aquat-HS	2:18.97	2:16.96	
	32.19	34.50	35.43	34.84				
32	Ramirez, Sophia				Berean Christian High School-PC	NT	3:05.36	
	39.04	48.04	49.57	48.71				

Event 4 Boys 200 Yard Freestyle Varsity

DFAL record: 1:36.16 5/10/2013 Jackson Miller

Las Lomas

1:42.80 NCS

1:49.99 CON

	Name			Age	School	Seed Time	Prelim Time	
Preliminaries								
1	Lenahan, Ryan M			17	Campolindo High School	1:43.58	1:42.42	qNCS
	24.11	26.15	26.23	25.93				
2	Percin, Sean A			18	Campolindo High School	1:41.03	1:42.78	qNCS
	24.53	26.29	26.20	25.76				
*3	Vollmar, Aidan S			17	Campolindo High School	1:47.55	1:42.79	qNCS
	24.37	26.12	26.43	25.87				
*3	Painter, Jackson W			17	Miramonte High School Swimming-HS	1:45.46	1:42.79	qNCS
	24.47	26.08	26.41	25.83				
5	Zamanian, Brock D			16	Campolindo High School	1:50.24	1:45.94	qCON
	24.85	26.69	27.37	27.03				
6	Follmer, Mac C			16	Campolindo High School	1:51.61	1:45.99	qCON
	24.73	26.74	27.35	27.17				
7	Alvarado, Jake T			16	Las Lomas Knights-ZZ	1:48.57	1:46.45	qCON
	24.97	26.29	27.06	28.13				
8	Hoover, Blake G			17	Miramonte High School Swimming-HS	1:48.95	1:46.46	qCON
	24.73	27.07	27.42	27.24				
9	Meckfessel, Grayson J			17	Miramonte High School Swimming-HS	1:51.19	1:46.53	qCON
	24.84	26.91	27.31	27.47				

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Preliminaries ... (Event 4 Boys 200 Yard Freestyle Varsity)**

	Name				Age	School	Seed Time	Prelim Time	
10	Jellison, Nathaniel					Benicia High School	1:49.24	1:46.78	qCON
	24.90	27.00	27.50	27.38					
11	Barber, Will B				17	Miramonte High School Swimming-HS	1:44.60	1:47.07	qCON
	24.39	26.41	27.47	28.80					
12	Blankley, Mark					Northgate High School	1:51.72	1:49.34	qCON
	24.86	27.53	28.14	28.81					
13	Davies, Thomas					Northgate High School	1:59.50	1:50.35	q
	25.62	27.56	28.43	28.74					
14	McIntyre, Ian D				17	Clayton Valley	1:50.56	1:50.61	q
	25.47	27.90	28.84	28.40					
15	Hillen, Peter D				18	Miramonte High School Swimming-HS	1:54.64	1:53.10	q
	26.29	28.14	29.12	29.55					
16	Seip, Connor					Northgate High School	1:54.03	1:54.12	q
	25.82	28.52	29.85	29.93					
17	Mills, Jay H				16	Acalanes Swim Team-CA	1:57.04	1:54.20	q
	26.13	28.61	29.53	29.93					
18	Richison, Hunter H				16	Las Lomas Knights-ZZ	2:01.61	1:56.25	q
	26.51	29.20	31.15	29.39					
19	Randolph, Graham					Benicia High School	2:02.76	1:57.07	q
	26.48	29.42	30.54	30.63					
20	Martin, Jack R				17	Las Lomas Knights-ZZ	1:57.91	1:57.24	q
	26.53	29.00	31.09	30.62					
21	DeBoer, Jeff R				15	College Park High School Aquat-HS	NT	1:57.48	q
	25.56	29.83	31.74	30.35					
22	Popov, Maks K				15	College Park High School Aquat-HS	2:02.94	1:58.18	q
	27.05	29.52	30.76	30.85					
23	Longley, Toshio				16	Clayton Valley	2:00.29	1:58.46	q
	26.54	29.26	30.30	32.36					
24	Sasser, Cal J				17	Las Lomas Knights-ZZ	1:59.85	1:59.10	q
	27.24	30.36	31.25	30.25					
25	Hall, Luke E				16	Acalanes Swim Team-CA	2:03.81	1:59.16	
	27.14	29.97	31.07	30.98					
26	Stephenson, Liam T				16	Acalanes Swim Team-CA	2:01.71	1:59.93	
	26.78	29.71	31.95	31.49					
27	Blatter, Tanner				16	Clayton Valley	2:04.44	2:01.09	
	26.49	29.38	32.47	32.75					
28	Porciuncula, Colin K				16	Acalanes Swim Team-CA	2:02.61	2:01.14	
	26.78	30.01	31.68	32.67					
29	Shaver, Mac S				16	College Park High School Aquat-HS	2:01.48	2:02.40	
	26.66	30.42	32.33	32.99					
30	Parsons, Bradley					Northgate High School	2:04.76	2:03.39	
	27.86	30.98	32.42	32.13					
31	Touchet, Wyatt					Berean Christian High School-PC	2:04.93	2:03.52	
	26.72	30.64	33.85	32.31					
32	Duggan, Carrick				15	Clayton Valley	2:05.00	2:07.78	
	28.10	32.84	34.74	32.10					
33	Martinez, Armando				14	Clayton Valley	2:12.62	2:09.02	
	28.99	32.03	33.83	34.17					
34	Moss, Aiden				15	Clayton Valley	2:18.86	2:16.79	
	30.89	34.32	36.39	35.19					

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Event 5 Girls 200 Yard IM Varsity**

DFAL record: 2:01.71 5/9/2015

Brittany Usinger

Acalanes

2:09.65 NCS

2:18.69 CON

Name		Age	School	Seed Time	Prelim Time	
Preliminaries						
1	Suppiger, Shelby E	16	Acalanes Swim Team-CA	2:09.40	2:04.29	qNCS
	27.87 31.66 34.87		29.89			
2	Smith, Maddie L	17	Campolindo High School	2:07.15	2:06.84	qNCS
	27.57 31.52 37.52		30.23			
3	McDonald, Margaux E	17	Miramonte High School Swimming-HS	2:05.27	2:07.36	qNCS
	27.97 31.31 37.28		30.80			
4	Carlson, Josie M	17	Las Lomas Knights-ZZ	2:08.19	2:09.71	qCON
	27.17 31.38 39.52		31.64			
5	Hanley, Channing F	16	Campolindo High School	2:07.25	2:10.75	qCON
	27.95 32.74 37.43		32.63			
6	Buckley, Maggie J	16	Campolindo High School	2:07.93	2:10.85	qCON
	29.18 32.77 38.42		30.48			
7	Miller, Sophia	15	Clayton Valley	2:14.63	2:12.02	qCON
	28.09 33.99 38.47		31.47			
8	Watts, Vanessa K	15	Acalanes Swim Team-CA	2:13.35	2:12.88	qCON
	29.37 34.95 35.92		32.64			
9	Hawkins, Maggie E	15	Campolindo High School	2:13.63	2:13.09	qCON
	28.71 34.39 39.19		30.80			
10	Sterling, Piper		Northgate High School	2:13.85	2:13.17	qCON
	29.09 34.69 37.62		31.77			
11	Wu, Charlotte T	18	Miramonte High School Swimming-HS	2:13.68	2:13.89	qCON
	28.76 33.01 39.82		32.30			
12	Greenberg, Victoria		Northgate High School	2:17.16	2:16.04	qCON
	29.14 34.33 39.61		32.96			
13	Osborn, Lydia K	14	Campolindo High School	2:19.35	2:16.17	qCON
	28.89 34.29 41.34		31.65			
14	Murphy, Mollie J	17	Miramonte High School Swimming-HS	2:21.16	2:16.75	qCON
	30.28 36.91 37.49		32.07			
15	Ganter, Daphne M	16	Acalanes Swim Team-CA	2:22.43	2:16.85	qCON
	28.43 34.14 41.83		32.45			
16	Kermoian, Kelly L	15	Las Lomas Knights-ZZ	2:16.51	2:17.23	qCON
	29.07 34.47 41.57		32.12			
17	Gomez, Mikaela		Benicia High School	2:20.02	2:17.36	qCON
	28.97 34.98 42.05		31.36			
18	Rowell, Lexi H	17	Acalanes Swim Team-CA	2:20.92	2:17.72	qCON
	29.22 34.98 39.25		34.27			
19	Bardsley, Helena R	16	Miramonte High School Swimming-HS	2:23.58	2:17.99	qCON
	30.29 35.65 39.29		32.76			
20	Marquez, Athena	17	Clayton Valley	2:26.98	2:19.70	q
	31.18 35.71 40.60		32.21			
21	Celentano, Serafina J	15	Clayton Valley	2:20.93	2:19.86	q
	31.68 36.60 38.69		32.89			
22	Carlson, Gemma P	15	Las Lomas Knights-ZZ	2:19.53	2:20.16	q
	30.00 33.97 41.85		34.34			
23	Daughters, Beth G	16	Acalanes Swim Team-CA	2:29.92	2:20.22	q
	29.18 35.39 43.35		32.30			

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Preliminaries ... (Event 5 Girls 200 Yard IM Varsity)**

	Name			Age	School	Seed Time	Prelim Time	
24	Jacques, Allison				Northgate High School	2:23.60	2:20.34	q
	31.07	35.00	41.37	32.90				
25	Lucas, Lindsey E			14	Miramonte High School Swimming-HS	2:22.58	2:20.53	
	28.78	35.40	42.80	33.55				
26	Laforteza, Payton L			14	Las Lomas Knights-ZZ	2:21.30	2:20.73	
	30.12	34.94	43.95	31.72				
27	Kohlmeyer, Katrina				Northgate High School	2:28.75	2:24.73	
	32.33	36.88	41.53	33.99				
28	Sherwood, Savannah A			17	Miramonte High School Swimming-HS	2:22.30	2:24.92	
	31.42	35.32	43.33	34.85				
29	Concepcion, Casey E			15	Alhambra High School Swimming-HS	2:31.13	2:25.41	
	31.76	37.65	42.83	33.17				
30	Ward, Amanda			16	Clayton Valley	2:32.32	2:25.62	
	31.06	38.15	42.81	33.60				
31	Reiner, Lily K			16	Miramonte High School Swimming-HS	2:29.62	2:26.94	
	29.70	37.53	44.41	35.30				
32	Chavez, Katrina			17	Clayton Valley	2:30.29	2:27.35	
	30.13	37.34	44.14	35.74				
33	Smith, Sydney				Northgate High School	2:32.03	2:31.68	
	33.06	36.57	46.22	35.83				
34	Castaneda, Isabella L			16	Clayton Valley	2:42.59	2:34.05	
	31.89	38.17	47.14	36.85				

Event 6 Boys 200 Yard IM Varsity

DFAL record: 1:49.35 5/12/2012 Steven Stumph

Campo

1:57.15 NCS

2:05.99 CON

Name				Age	School	Seed Time	Prelim Time	
Preliminaries								
1	Weigelt, Niklas			18	Clayton Valley	1:54.71	1:53.59	qNCS
	24.18	29.56	33.53	26.32				
2	Lanzara, Matteo R			18	Campolindo High School	1:56.18	1:55.02	qNCS
	25.62	28.58	34.20	26.62				
3	Le-Nguyen, Zach M			15	Campolindo High School	1:58.45	1:55.82	qNCS
	24.61	29.03	35.55	26.63				
4	Baker, Alec D			18	Campolindo High School	1:59.83	1:56.19	qNCS
	24.65	28.83	35.59	27.12				
5	McGuire, Tom S			17	Campolindo High School	1:57.70	1:56.71	qNCS
	24.82	28.54	35.19	28.16				
6	Vizental, Anthony			17	Clayton Valley	1:59.33	1:56.98	qNCS
	25.12	30.87	33.91	27.08				
7	Rodriguez, Andrew				Northgate High School	1:56.35	1:58.49	qCON
	25.22	29.40	35.78	28.09				
8	Loyet, Mason K			18	Campolindo High School	1:57.13	1:59.40	qCON
	26.00	31.95	33.07	28.38				
9	Jones, Deniz O			17	College Park High School Aquat-HS	1:59.66	1:59.85	qCON
	25.74	30.45	34.23	29.43				
10	Kong, Alec S			17	Campolindo High School	1:58.57	2:00.40	qCON
	25.79	30.95	34.45	29.21				
11	Bruen, Chris M			16	Miramonte High School Swimming-HS	2:07.39	2:01.10	qCON
	24.51	30.92	37.12	28.55				

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Preliminaries ... (Event 6 Boys 200 Yard IM Varsity)**

	Name			Age	School	Seed Time	Prelim Time	
12	Rafac, Jacob				Benicia High School	2:07.95	2:01.68	qCON
	25.67	31.56	36.35	28.10				
13	Davidson, Donovan C			15	Miramonte High School Swimming-HS	2:08.53	2:02.39	qCON
	25.85	31.87	37.02	27.65				
14	Fong, A.J.				Northgate High School	2:04.24	2:03.15	qCON
	26.80	32.32	34.95	29.08				
15	Nicol, Donny F			17	Las Lomas Knights-ZZ	2:05.42	2:04.86	qCON
	25.57	31.91	37.97	29.41				
16	Roche, Griffin G			16	Miramonte High School Swimming-HS	2:10.41	2:05.68	qCON
	27.54	30.85	37.66	29.63				
17	Laforteza, Drew G			17	Las Lomas Knights-ZZ	2:08.17	2:05.71	qCON
	26.79	32.69	36.22	30.01				
18	Chau, Zackary			15	Clayton Valley	2:11.09	2:05.76	qCON
	26.73	33.19	35.99	29.85				
19	Carrington, Matt B			17	Miramonte High School Swimming-HS	2:10.11	2:06.77	q
	26.84	31.71	37.73	30.49				
20	Devine, Jimmy P			16	Las Lomas Knights-ZZ	2:07.28	2:06.98	q
	28.26	34.77	33.40	30.55				
21	Sherwood, Dax M			15	Miramonte High School Swimming-HS	2:16.43	2:07.10	q
	27.80	30.87	40.94	27.49				
22	Bremer, Conrad				Northgate High School	2:17.52	2:08.05	q
	26.79	31.66	38.37	31.23				
23	Stiefvater, Owen E			16	Las Lomas Knights-ZZ	2:13.97	2:09.13	q
	26.84	31.61	39.39	31.29				
24	Keifer, Max L			15	Alhambra High School Swimming-HS	2:14.27	2:09.74	q
	28.23	33.99	35.87	31.65				
25	Judson, Thomas H			17	Acalanes Swim Team-CA	2:15.45	2:10.40	
	27.59	33.42	39.29	30.10				
26	Del Rosario, Ethan A			16	Acalanes Swim Team-CA	2:11.77	2:10.55	
	28.64	32.84	39.17	29.90				
27	Stanton, Soren D			14	College Park High School Aquat-HS	2:15.65	2:10.75	
	29.12	35.08	36.66	29.89				
28	Solorzano, Tulio A			14	Las Lomas Knights-ZZ	2:14.34	2:11.22	
	27.83	33.86	39.72	29.81				
29	Devlin, Christopher M			15	Miramonte High School Swimming-HS	2:15.55	2:13.53	
	27.81	34.47	38.56	32.69				
30	Tanos, Steven S			15	Clayton Valley	2:20.87	2:17.40	
	28.06	36.06	40.73	32.55				
31	Santa Maria, Robert			16	Concord High Swim Team-CC	2:20.81	2:18.58	
	29.07	34.24	41.92	33.35				
32	Cevasco, Louie J			15	Alhambra High School Swimming-HS	2:22.75	2:20.70	
	29.91	36.77	41.57	32.45				
33	Pandza, Dorian *			16	College Park High School Aquat-HS	2:24.19	2:25.98	
	32.04	38.88	42.39	32.67				
34	Rico, Jonathon J			15	Alhambra High School Swimming-HS	2:54.40	2:27.57	
	31.93	40.38	40.93	34.33				
35	Rico, Matthew W			17	Alhambra High School Swimming-HS	2:38.23	2:29.96	
	32.04	41.24	41.98	34.70				

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Event 7 Girls 50 Yard Freestyle Varsity**

DFAL record: 22.99 5/14/2010 Kasey Carlson
 24.63 NCS
 25.69 CON

Las Lomas-

Name	Age	School	Seed Time	Prelim Time	
Preliminaries					
1 Kosturos, Sophia B	18	Miramonte High School Swimming-HS	23.67	23.48	qNCS
2 Larson, Jessica		Benicia High School	24.32	24.23	qNCS
3 Statler, Nina E	15	Las Lomas Knights-ZZ	24.95	24.55	qNCS
4 Lund, Alyssa		Northgate High School	24.50	24.56	qNCS
5 Engs, Eloise A	17	Miramonte High School Swimming-HS	24.93	24.63	qNCS
6 O'Brien, Ashleen S	18	Campolindo High School	24.49	24.70	qCON
*7 DuLong, Gianna	17	Clayton Valley	24.63	24.88	qCON
*7 Murphy, Mackenzie F	16	Miramonte High School Swimming-HS	25.43	24.88	qCON
9 Levy, Caraline		Northgate High School	25.25	24.90	qCON
10 Lyons, Katie E	18	Miramonte High School Swimming-HS	25.14	24.97	qCON
11 Rowell, Claire J	16	Acalanes Swim Team-CA	25.92	25.05	qCON
*12 Mooney, Kristina A	15	Las Lomas Knights-ZZ	24.81	25.14	qCON
*12 Hanley, Paige M	18	Campolindo High School	25.48	25.14	qCON
14 Ciruli, Lola M	16	Campolindo High School	25.01	25.17	qCON
15 McNulty, Ainsley		Northgate High School	25.55	25.21	qCON
16 Ung, Natalie J	15	Campolindo High School	25.26	25.27	qCON
17 Biles, Caitlin	17	Clayton Valley	25.53	25.28	qCON
18 Edwards, Nicole A	18	Acalanes Swim Team-CA	25.68	25.33	qCON
19 Killeen, Camille R	18	Miramonte High School Swimming-HS	25.59	25.39	qCON
20 Snyder, Amelia L	14	Las Lomas Knights-ZZ	26.66	25.48	qCON
21 Walker, Kylie S	17	Acalanes Swim Team-CA	26.22	25.68	qCON
22 White, Laurel M	15	Acalanes Swim Team-CA	26.68	25.70	q
23 Schirmer, Caroline J	16	Acalanes Swim Team-CA	26.49	25.80	q
24 Eliau, Yara		Northgate High School	26.16	25.82	q
25 Heffelfinger, Mary Beth E	16	Acalanes Swim Team-CA	27.11	25.91	
26 Hetherington, Caela	16	Clayton Valley	26.61	25.92	
27 Stanziano, Rayna	17	Concord High Swim Team-CC	27.46	26.01	
28 Claus, Kate V	14	Las Lomas Knights-ZZ	26.27	26.07	
29 Gronert, Zoe		Northgate High School	27.28	26.15	
30 Cannon, Sheena		Berean Christian High School-PC	28.21	26.18	
31 Callahan, Camylle	16	Clayton Valley	26.42	26.19	
32 Koenigsberg, Rachel C	18	Campolindo High School	26.46	26.31	
33 Hagglund, Dylan E	16	Acalanes Swim Team-CA	27.69	26.36	
34 Lindemuth, Emma		Benicia High School	26.49	26.43	
35 Reggi, Valeria M	17	Acalanes Swim Team-CA	26.92	26.53	
36 Davis, Taylor M	17	Las Lomas Knights-ZZ	27.04	26.66	
37 Younger, Grace B	17	Campolindo High School	27.63	26.71	
38 Todhunter, Amanda S	15	Acalanes Swim Team-CA	27.63	26.72	
39 Masterson, Laynie L	15	Las Lomas Knights-ZZ	26.10	26.73	
40 Sartorio, Alyssa	15	Clayton Valley	27.00	26.89	
41 Henningsen, Jessica M	18	Campolindo High School	27.70	26.94	
42 McAninch, Lauren H	17	Miramonte High School Swimming-HS	NT	26.95	
43 Parrisher, Cassie		Northgate High School	26.95	27.02	
44 Sibley, Jordan		Northgate High School	27.12	27.08	

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Preliminaries ... (Event 7 Girls 50 Yard Freestyle Varsity)**

	Name	Age	School	Seed Time	Prelim Time
45	Frost, Jordan	17	Clayton Valley	27.79	27.17
46	Davis, Emily		Benicia High School	28.24	27.19
47	Rosette, Mary		Northgate High School	28.07	27.20
48	Hern, Abigail E	16	Alhambra High School Swimming-HS	28.04	27.25
49	Smith, Grace	15	Clayton Valley	26.85	27.29
50	Logan, Maddy		Northgate High School	27.20	27.40
51	Weires, Lillian	14	Concord High Swim Team-CC	27.23	27.50
*52	Kelly, Emma	17	Clayton Valley	27.72	27.53
*52	Fitzgerald, Lexie N	15	College Park High School Aquat-HS	28.64	27.53
54	Tague, Olivia F	16	Campolindo High School	27.46	27.62
55	Giles, Dee Dee R	18	Campolindo High School	27.44	27.72
56	DeSeelhorst, Molly	15	Clayton Valley	27.48	27.97
57	Weise, Ava		Northgate High School	28.98	28.12
58	Ortner, Kelsey J	17	College Park High School Aquat-HS	28.88	28.15
59	Ward, Amanda	16	Clayton Valley	28.43	28.17
60	Weires, Gracie	16	Concord High Swim Team-CC	27.95	28.25
61	Weires, Anna	18	Concord High Swim Team-CC	28.03	28.32
*62	Alford, Lexi L	16	Alhambra High School Swimming-HS	28.42	28.36
*62	Mazzuca, Gabby	16	Clayton Valley	29.02	28.36
64	Winters, Alessandra		Berean Christian High School-PC	29.30	28.48
65	Osborne, Caragh S	16	College Park High School Aquat-HS	30.37	28.49
66	Ruiz, Jocelyn	15	Clayton Valley	28.15	28.53
67	Quinlavin, Velvet	15	Clayton Valley	29.71	28.64
68	Nielson, Kylie	16	Clayton Valley	29.66	28.84
69	Williams, Freya A	15	College Park High School Aquat-HS	30.37	28.86
70	Mainini, Ava		Benicia High School	29.81	28.87
71	Darland, Paris	15	Clayton Valley	29.33	28.95
72	Sabas, Ashley	16	Clayton Valley	29.21	28.96
73	Ortaliz, Zoe	15	Clayton Valley	29.78	29.06
74	McGuire, Cassidy		Benicia High School	28.90	29.08
75	Martinez, Isabella	16	Concord High Swim Team-CC	28.63	29.18
76	Ellis, Michaela	17	Clayton Valley	30.55	29.22
77	Delacruz, Janina		Benicia High School	29.56	29.34
78	Hamilton, Naomi	16	Clayton Valley	28.70	29.35
79	Morrison, Brooke	14	Clayton Valley	29.87	29.48
80	Zampa, Giovanna		Benicia High School	29.43	29.88
81	Iniguez, Meadow		Benicia High School	30.22	30.13
82	Fade, Emily		Benicia High School	30.02	30.18
83	Katz, Lauren M	16	College Park High School Aquat-HS	29.78	30.19
84	Hunter, Maya		Benicia High School	29.64	30.20
85	Silberman, Sophie		Benicia High School	31.05	30.30
*86	Alvarado, Jacqueline		Benicia High School	32.04	30.42
*86	Yee, Jocie K	15	Alhambra High School Swimming-HS	31.59	30.42
88	Ferrari, Alyssa	16	Clayton Valley	31.27	30.50
89	McMahon, Cate B	17	Miramonte High School Swimming-HS	32.17	30.83
90	Webster, Jordan	15	Clayton Valley	31.14	30.89
91	Siville, Taylor	15	Clayton Valley	31.36	31.04
92	Llata, Bonnie	18	Clayton Valley	31.06	31.21
93	Lopez-Ruiz, Ana P	18	College Park High School Aquat-HS	30.95	31.22
94	Ireland, Carina		Benicia High School	31.15	31.42
95	Hardwick, Mia		Berean Christian High School-PC	33.70	31.82

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Preliminaries ... (Event 7 Girls 50 Yard Freestyle Varsity)**

	Name	Age	School	Seed Time	Prelim Time
96	Duran, Gabby	18	Clayton Valley	32.21	32.04
97	Singson, Adin		Clayton Valley	31.45	32.06
98	Johnston, Arabella		Benicia High School	32.54	32.23
99	Oditt, Emily		Berean Christian High School-PC	NT	32.73
100	Johnson, Robyn L	15	Alhambra High School Swimming-HS	NT	32.96
101	Chahan, Shreya	14	Clayton Valley	33.17	33.11
102	Beronilla, Jenna	14	Clayton Valley	33.06	33.28
103	McMahon, Sophie T	17	Miramonte High School Swimming-HS	34.65	33.34
104	Shull, Jenna		Berean Christian High School-PC	36.34	33.47
105	Lai, Jacqueline	16	Clayton Valley	34.09	34.84
106	Chrobak, Jillian	14	Clayton Valley	34.27	34.94
107	Ramirez, Sophia		Berean Christian High School-PC	34.74	36.16
108	Gutierrez, Angel	15	Concord High Swim Team-CC	36.42	37.29
109	Gomez, Daisy		Berean Christian High School-PC	35.99	38.14
110	Dewhurst, Gabriella	14	Concord High Swim Team-CC	40.18	38.29
111	Lappinga, Amy		Berean Christian High School-PC	39.73	40.27
112	Davila, Grecia	14	Clayton Valley	45.32	43.30
---	Solayman, Darya	15	Clayton Valley	33.69	DQ
---	Pugh, Grace	15	Clayton Valley	27.45	DQ

Event 8 Boys 50 Yard Freestyle Varsity**DFAL record: 20.33 5/10/2013 Sven Campbell****Campolindo****21.82 NCS****22.88 CON**

	Name	Age	School	Seed Time	Prelim Time
Preliminaries					
1	Larsen, Jack S	17	Campolindo High School	22.07	21.69 qNCS
2	Parker, John	17	Clayton Valley	22.45	21.92 qCON
3	Brown, Cal	18	Clayton Valley	22.07	21.94 qCON
4	Zhang, Richard R	18	Campolindo High School	21.81	22.00 qCON
5	Ledesma, Zach		Northgate High School	22.23	22.11 qCON
6	Dunn, Garrett H	18	Campolindo High School	22.21	22.17 qCON
7	Coons, Will N	16	Miramonte High School Swimming-HS	22.37	22.24 qCON
8	Jensen, Soren A	17	Campolindo High School	23.30	22.27 qCON
9	Strand, Cambell D	18	Miramonte High School Swimming-HS	22.37	22.38 qCON
10	Crossman, Kyle R	17	College Park High School Aquat-HS	23.95	22.50 qCON
11	Hoover, Brady C	17	Miramonte High School Swimming-HS	23.37	22.65 qCON
*12	Nagle, Will H	16	Acalanes Swim Team-CA	22.90	22.68 qCON
*12	Oconnor, Tommy M	16	Las Lomas Knights-ZZ	22.01	22.68 qCON
14	McNulty, Connor		Northgate High School	23.20	22.90 q
15	Matthews, ian F	16	Las Lomas Knights-ZZ	23.62	22.92 q
16	Cliatt, Joe		Berean Christian High School-PC	23.68	22.98 q
17	York, Vincent	17	Clayton Valley	23.87	23.08 q
18	Bradley, Dominic T	17	Miramonte High School Swimming-HS	23.73	23.11 q
*19	Estenoz, Gabriel		Berean Christian High School-PC	23.32	23.22 q
*19	Cosentino, Jack	17	Las Lomas Knights-ZZ	23.36	23.22 q
21	Roderick, Del C	16	Alhambra High School Swimming-HS	24.43	23.33 q
22	VandenBerghe, Luke C	17	Campolindo High School	24.06	23.39 q
23	Golan, Jordan		Northgate High School	24.13	23.44 q
24	Finck, John		Northgate High School	23.56	23.46 q

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Preliminaries ... (Event 8 Boys 50 Yard Freestyle Varsity)**

	Name	Age	School	Seed Time	Prelim Time
25	Suppiger, Colby T	17	Acalanes Swim Team-CA	24.52	23.57
*26	Tejada, Tighe M	18	Miramonte High School Swimming-HS	23.99	23.69
*26	Morabe, Finn L	15	Alhambra High School Swimming-HS	24.38	23.69
Swim-Off Required					
28	Donado, Damien I	15	Clayton Valley	23.08	23.78
29	Nelson, Gabriel		Benicia High School	24.14	23.86
30	Cutright, Beau J	16	Alhambra High School Swimming-HS	23.95	24.01
31	Delizo, Brandon		Berean Christian High School-PC	23.70	24.04
32	Velek, Graham E	17	Campolindo High School	24.72	24.14
33	Baird, Everett		Benicia High School	24.24	24.25
34	Atencion, RJ J	16	College Park High School Aquat-HS	24.44	24.34
35	Franz, Jacob		Benicia High School	24.63	24.35
36	Etcheveste, Mateo		Northgate High School	24.68	24.36
37	Touchet, Wyatt		Berean Christian High School-PC	26.22	24.59
38	Pilcher, Owen M	16	Las Lomas Knights-ZZ	25.32	24.70
39	Benisek, Zack W	15	Acalanes Swim Team-CA	24.75	24.71
40	Flora, Kyle		Northgate High School	24.78	24.79
41	Wold, Ryan J	16	Alhambra High School Swimming-HS	25.57	24.91
42	Bender, Elam Z	17	Alhambra High School Swimming-HS	25.82	24.95
43	Melfi, Beck G	15	Acalanes Swim Team-CA	24.99	24.96
44	Kelly, Devin	15	Clayton Valley	25.76	25.03
45	Rollans, Mason		Benicia High School	24.73	25.09
46	Duggan, Carrick	15	Clayton Valley	25.03	25.10
47	Sewell, Quincy	16	Concord High Swim Team-CC	26.00	25.24
48	Ellis, Jeff	15	Clayton Valley	26.00	25.27
49	Birdseye, Joseph		Benicia High School	25.00	25.40
50	Popov, Maks K	15	College Park High School Aquat-HS	26.00	25.44
51	Watson, Luke A	16	Acalanes Swim Team-CA	25.52	25.50
52	Fellner, Reid W	17	Acalanes Swim Team-CA	26.06	25.54
53	Rosenblatt, Kyle A	14	Acalanes Swim Team-CA	26.20	25.55
54	Stanton, Jakob W	17	College Park High School Aquat-HS	27.99	25.62
55	Holland, Taylor S	15	Alhambra High School Swimming-HS	25.70	25.67
*56	Walker, Ethan H	16	Acalanes Swim Team-CA	26.49	25.68
*56	Parsons, Bradley		Northgate High School	25.84	25.68
58	Bayot, Andrew	14	Clayton Valley	26.13	26.05
59	Morgan, Garrett		Northgate High School	26.40	26.38
60	Curtis, Keaton	16	Clayton Valley	27.61	26.40
61	Roberts, Dylan	16	Concord High Swim Team-CC	26.44	26.50
62	Loney, Garrett		Berean Christian High School-PC	28.95	26.67
63	Ruiz, Cristo D	18	College Park High School Aquat-HS	26.57	26.81
64	Wakeman, Theo	17	Concord High Swim Team-CC	27.47	26.85
65	Barlow, Austin		Benicia High School	27.92	26.87
66	Fernandes, Slayden		Berean Christian High School-PC	27.32	26.96
67	Gonzalez, Julian	15	Clayton Valley	27.30	27.60
68	Riecki, Reno	14	Clayton Valley	28.14	27.69
69	McAdam, William	16	Clayton Valley	27.50	27.80
70	Canestraro Ahnen, Lucas	14	Concord High Swim Team-CC	26.84	27.95
71	Reynolds, Steven	18	Concord High Swim Team-CC	27.81	27.97
72	Legaria, Aidan		Berean Christian High School-PC	27.23	28.06
73	Cichurski, Spencer	14	Clayton Valley	28.76	28.47

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Preliminaries ... (Event 8 Boys 50 Yard Freestyle Varsity)**

	Name	Age	School	Seed Time	Prelim Time
74	Williams, Gavin P	15	College Park High School Aquat-HS	28.28	28.54
75	Johnson, Eli	15	Clayton Valley	28.46	28.98
76	Stack, Jack	15	Clayton Valley	28.43	29.04
77	Roldan Montoya, Emmanuel	17	Concord High Swim Team-CC	27.51	29.34
78	Rhone, Quincy		Berean Christian High School-PC	29.11	29.79
79	McHuron, Carson		Berean Christian High School-PC	29.65	29.84
80	McLacken, Dylan	17	Concord High Swim Team-CC	29.07	30.15
81	Shea, Leo O	18	College Park High School Aquat-HS	32.46	31.30
82	Mazzuca, Joe	16	Clayton Valley	31.81	31.94
83	Nordlund, Connor	16	Concord High Swim Team-CC	31.39	32.34
84	Holmes-Joseph, Jaden	14	Clayton Valley	33.05	32.95
85	Ware, Matthew	16	Concord High Swim Team-CC	33.91	33.06

Event 9 Girls 100 Yard Butterfly Varsity

DFAL record: 54.75 5/10/2013

Brittany Usinger

Acalanes

58.33 NCS

1:01.99 CON

	Name	Age	School	Seed Time	Prelim Time
Preliminaries					
1	Carlson, Josie M	17	Las Lomas Knights-ZZ	57.57	57.94 qNCS
	27.02 30.92				
2	Follmer, Lizzy J	18	Campolindo High School	58.53	58.18 qNCS
	26.51 31.67				
3	Smith, Maddie L	17	Campolindo High School	57.90	58.28 qNCS
	27.58 30.70				
4	Larson, Jessica		Benicia High School	54.79	58.32 qNCS
	27.51 30.81				
5	McDonald, Margaux E	17	Miramonte High School Swimming-HS	59.26	58.51 qCON
	27.64 30.87				
6	Thomas, Tay M	16	College Park High School Aquat-HS	59.14	58.71 qCON
	27.06 31.65				
7	Valvur, Camille E	18	Campolindo High School	59.55	59.06 qCON
	28.01 31.05				
8	Sterling, Piper		Northgate High School	1:00.39	59.75 qCON
	28.13 31.62				
9	McConnell, Sam		Berean Christian High School-PC	1:00.02	59.89 qCON
	28.06 31.83				
10	Osborn, Lydia K	14	Campolindo High School	59.69	1:00.06 qCON
	28.39 31.67				
11	Gomez, Mikaela		Benicia High School	1:02.10	1:00.30 qCON
	28.32 31.98				
12	Lurie, Sophie	16	Miramonte High School Swimming-HS	1:01.82	1:00.63 qCON
	28.36 32.27				
13	Killeen, Camille R	18	Miramonte High School Swimming-HS	1:01.14	1:01.29 qCON
	29.08 32.21				
14	Le-Nguyen, Anna F	17	Miramonte High School Swimming-HS	1:01.38	1:01.30 qCON
	29.23 32.07				
15	MacKay, Ava R	17	Acalanes Swim Team-CA	1:03.37	1:01.44 qCON
	28.33 33.11				
16	Hogan, Emerson A	16	Campolindo High School	1:03.63	1:01.57 qCON
	28.19 33.38				

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Preliminaries ... (Event 9 Girls 100 Yard Butterfly Varsity)**

	Name	Age	School	Seed Time	Prelim Time	
17	Lindemuth, Emma 28.55 33.30		Benicia High School	1:02.76	1:01.85	qCON
18	Daughters, Beth G 29.18 32.75	16	Acalanes Swim Team-CA	1:05.89	1:01.93	qCON
19	Castaneda, Enya 28.24 33.73	16	Concord High Swim Team-CC	1:02.64	1:01.97	qCON
20	Ganter, Daphne M 28.97 33.01	16	Acalanes Swim Team-CA	1:05.08	1:01.98	qCON
21	Eliau, Yara 28.67 33.38		Northgate High School	1:04.08	1:02.05	q
22	Greenberg, Victoria 29.04 33.27		Northgate High School	1:02.81	1:02.31	q
23	Smith, Grace 29.19 33.19	15	Clayton Valley	1:03.94	1:02.38	q
24	Landstrom, Paige 29.28 33.44	16	Clayton Valley	1:02.75	1:02.72	q
25	Hagglund, Dylan E 29.04 33.71	16	Acalanes Swim Team-CA	1:05.74	1:02.75	
26	Miller, Emma J 29.31 33.52	15	Acalanes Swim Team-CA	1:05.55	1:02.83	
27	Hetherington, Caela 28.98 34.01	16	Clayton Valley	1:04.53	1:02.99	
*28	McCarthy, Anna C 28.55 34.93	16	Acalanes Swim Team-CA	1:05.45	1:03.48	
*28	Greenberg, Alexis 29.75 33.73		Northgate High School	1:04.76	1:03.48	
30	Reiner, Lily K 29.62 34.35	16	Miramonte High School Swimming-HS	1:05.72	1:03.97	
31	Passalacqua, Audrey S 29.17 34.89	16	Acalanes Swim Team-CA	1:03.55	1:04.06	
32	Skow, Sydney 30.29 34.04		Clayton Valley	1:07.88	1:04.33	
33	Chavez, Katrina 29.92 34.47	17	Clayton Valley	1:03.91	1:04.39	
34	Wise, Emma K 29.57 34.84	18	Las Lomas Knights-ZZ	1:09.08	1:04.41	
35	McGlynn, Maggie E 15.80 48.67	18	Las Lomas Knights-ZZ	1:07.46	1:04.47	
36	Rosette, Mary 30.91 35.24		Northgate High School	1:09.30	1:06.15	
37	Moraes, Georgia 30.03 36.33	18	Clayton Valley	1:10.49	1:06.36	
38	Masongsong, Angeline L 31.24 35.48	14	College Park High School Aquat-HS	1:07.02	1:06.72	
39	Leto, Sophia 31.18 35.97		Northgate High School	1:09.00	1:07.15	
40	McCullough, Cali L	14	Clayton Valley	1:08.30	1:07.46	
41	Daughters, Franny A 30.19 37.36	14	Acalanes Swim Team-CA	1:10.33	1:07.55	
42	Szakats, Anna C 30.66 36.98	17	College Park High School Aquat-HS	1:12.31	1:07.64	

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Preliminaries ... (Event 9 Girls 100 Yard Butterfly Varsity)**

	Name	Age	School	Seed Time	Prelim Time
43	Osborne, Caragh S	16	College Park High School Aquat-HS	1:09.54	1:08.47
	31.55 36.92				
44	Canesa, Deana	19	Clayton Valley	1:10.12	1:09.03
	30.83 38.20				
45	Ruiz, Jocelyn	15	Clayton Valley	1:11.48	1:12.27
	31.40 40.87				
46	Nielson, Kylie	16	Clayton Valley	1:13.82	1:12.44
	32.39 40.05				
47	Takamoto, Taylor F	14	Alhambra High School Swimming-HS	1:13.56	1:12.98
	34.54 38.44				

Event 10 Boys 100 Yard Butterfly Varsity

DFAL record: 49.14 5/10/2013 Steven Stumph
51.69 NCS
55.55 CON

Campolindo

	Name	Age	School	Seed Time	Prelim Time
Preliminaries					
1	Dulay, Adrian		Northgate High School	51.76	51.81 qCON
	24.33 27.48				
2	McGuire, Tom S	17	Campolindo High School	52.86	52.13 qCON
	24.85 27.28				
3	Horrigan, Graham P	17	Las Lomas Knights-ZZ	52.74	52.44 qCON
	24.78 27.66				
4	Baker, Alec D	18	Campolindo High School	51.98	52.58 qCON
	24.89 27.69				
5	Alvarado, Jake T	16	Las Lomas Knights-ZZ	53.50	52.60 qCON
	24.82 27.78				
6	Markey, Christian J	17	Campolindo High School	54.20	52.71 qCON
	24.84 27.87				
7	Masongsong, Devin L	16	College Park High School Aquat-HS	52.53	53.06 qCON
	24.68 28.38				
8	Bruen, Chris M	16	Miramonte High School Swimming-HS	55.15	53.15 qCON
	24.73 28.42				
9	Rafac, Jacob		Benicia High School	54.12	53.39 qCON
	25.45 27.94				
10	Welsh, Kai		Northgate High School	54.71	53.51 qCON
	24.89 28.62				
11	Goodson, Dean L	15	Acalanes Swim Team-CA	56.60	53.53 qCON
	25.44 28.09				
12	Twyman, Cristian H	18	Campolindo High School	53.84	53.59 qCON
	25.19 28.40				
13	Jellison, Nathaniel		Benicia High School	55.14	53.89 qCON
	25.36 28.53				
14	Sanchez, Cole		Northgate High School	57.62	54.10 qCON
	24.85 29.25				
15	Nicol, Donny F	17	Las Lomas Knights-ZZ	55.38	54.66 qCON
	26.15 28.51				
16	Donado, Damien I	15	Clayton Valley	55.29	55.20 qCON
	25.94 29.26				
17	Fong, A.J.		Northgate High School	57.44	55.28 qCON
	26.19 29.09				

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Preliminaries ... (Event 10 Boys 100 Yard Butterfly Varsity)**

	Name	Age	School	Seed Time	Prelim Time	
18	Estenoz, Gabriel		Berean Christian High School-PC	56.88	55.53	qCON
	25.81 29.72					
19	Davidson, Donovan C	15	Miramonte High School Swimming-HS	56.35	55.76	q
	26.68 29.08					
20	Cossu, Chris		Northgate High School	57.76	56.08	q
	26.02 30.06					
21	Pilcher, Owen M	16	Las Lomas Knights-ZZ	57.26	56.14	q
	25.52 30.62					
22	Devlin, Andrew M	18	Miramonte High School Swimming-HS	1:00.61	57.21	q
	26.93 30.28					
23	Twyman, Bernave M	18	Campolindo High School	57.25	57.33	q
	26.93 30.40					
24	Porciuncula, Colin K	16	Acalanes Swim Team-CA	57.51	57.86	q
	26.78 31.08					
25	Bergen, Lars	18	Concord High Swim Team-CC	1:01.61	58.02	
	27.14 30.88					
26	Roderick, Del C	16	Alhambra High School Swimming-HS	1:01.19	58.47	
	26.91 31.56					
*27	Bluth, Trevor J	17	Clayton Valley	1:00.49	58.56	
	27.62 30.94					
*27	Santiago, Skyler		Northgate High School	58.57	58.56	
	26.80 31.76					
29	Longley, Toshio	16	Clayton Valley	1:00.33	58.91	
	27.52 31.39					
30	Devlin, Christopher M	15	Miramonte High School Swimming-HS	1:01.21	59.46	
	27.54 31.92					
31	Fellner, Reid W	17	Acalanes Swim Team-CA	1:04.69	1:03.22	
	28.50 34.72					
32	Wakeman, Theo	17	Concord High Swim Team-CC	1:03.43	1:03.48	
	29.47 34.01					
33	Curtis, Keaton	16	Clayton Valley	1:13.50	1:06.61	
	30.68 35.93					
34	Hutchinson, Matthew J	15	College Park High School Aquat-HS	1:07.75	1:06.82	
	30.21 36.61					
35	Bayot, Andrew	14	Clayton Valley	1:07.69	1:06.91	
	30.29 36.62					

Event 11 Girls 100 Yard Freestyle Varsity

DFAL record: **49.53** 5/9/2009 **Kasey Carlson** **Las Lomas**
53.44 NCS
55.99 CON

	Name	Age	School	Seed Time	Prelim Time	
Preliminaries						
1	Kosturos, Sophia B	18	Miramonte High School Swimming-HS	51.46	50.81	qNCS
	24.92 25.89					
2	van Meines, Amber E	15	Campolindo High School	52.71	52.62	qNCS
	25.15 27.47					
3	Fok, Lexi L	15	Campolindo High School	53.61	52.70	qNCS
	25.61 27.09					
4	Andresen, Maile		Northgate High School	51.97	52.83	qNCS
5	Engs, Eloise A	17	Miramonte High School Swimming-HS	53.18	52.96	qNCS
	25.73 27.23					

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Preliminaries ... (Event 11 Girls 100 Yard Freestyle Varsity)**

	Name	Age	School	Seed Time	Prelim Time	
6	Roemer, Jewel L 8.41 45.16	17	Acalanes Swim Team-CA	54.30	53.57	qCON
7	Lund, Alyssa		Northgate High School	53.42	53.83	qCON
8	Ciruli, Lola M 26.19 27.80	16	Campolindo High School	54.23	53.99	qCON
9	Lyons, Katie E 26.12 28.00	18	Miramonte High School Swimming-HS	54.72	54.12	qCON
10	Hawkins, Katherine T 26.43 28.15	17	Campolindo High School	54.38	54.58	qCON
11	Davis, Jayme 7.74 46.94		Benicia High School	57.68	54.68	qCON
12	McNulty, Ainsley		Northgate High School	55.97	54.92	qCON
13	Dulski, Ella M	15	Miramonte High School Swimming-HS	57.07	55.31	qCON
14	Fellner, Alex G 26.85 28.50	17	Acalanes Swim Team-CA	57.42	55.35	qCON
15	Schirmer, Caroline J 26.18 29.59	16	Acalanes Swim Team-CA	57.50	55.77	qCON
16	Snyder, Amelia L 27.14 28.80	14	Las Lomas Knights-ZZ	59.32	55.94	qCON
17	Landstrom, Paige 27.36 29.03	16	Clayton Valley	56.20	56.39	q
18	Heffelfinger, Mary Beth E 27.05 29.45	16	Acalanes Swim Team-CA	58.36	56.50	q
19	Walker, Kaylie 26.95 30.06	17	Clayton Valley	56.86	57.01	q
20	Claus, Kate V 27.09 29.98	14	Las Lomas Knights-ZZ	58.29	57.07	q
21	Benisek, Zoe L 27.13 30.07	17	Acalanes Swim Team-CA	59.38	57.20	q
22	Reggi, Valeria M 27.95 29.81	17	Acalanes Swim Team-CA	1:01.88	57.76	q
23	Koenigsberg, Rachel C	18	Campolindo High School	58.51	57.84	q
24	Stanziano, Rayna 27.65 30.30	17	Concord High Swim Team-CC	58.80	57.95	q
25	Todhunter, Amanda S 28.00 30.26	15	Acalanes Swim Team-CA	59.34	58.26	
26	Eubanks, Sophia K 28.14 30.14	16	Acalanes Swim Team-CA	1:01.04	58.28	
27	Vines, Madelyn 28.34 30.08	17	Clayton Valley	58.96	58.42	
*28	Davis, Taylor M 8.87 49.70	17	Las Lomas Knights-ZZ	59.11	58.57	
*28	Parrisher, Cassie 28.33 30.24		Northgate High School	1:00.83	58.57	
30	Loney, Ashleigh A 28.14 30.44	18	Miramonte High School Swimming-HS	1:00.60	58.58	
31	Crouch, Zoe J 8.45 50.18	18	Campolindo High School	59.79	58.63	
32	Meyerson, Amanda 28.14 30.62	14	Clayton Valley	1:00.38	58.76	

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Preliminaries ... (Event 11 Girls 100 Yard Freestyle Varsity)**

	Name	Age	School	Seed Time	Prelim Time
33	Dajani, Lucy C 28.62 30.87	16	College Park High School Aquat-HS	1:00.80	59.49
34	Mould, Alex V 28.92 30.67	16	Acalanes Swim Team-CA	1:01.62	59.59
35	Meyers, Kelsey J 28.71 31.33	15	College Park High School Aquat-HS	1:00.92	1:00.04
36	Younger, Grace B 28.85 31.22	17	Campolindo High School	1:02.07	1:00.07
37	Hern, Abigail E 29.28 30.94	16	Alhambra High School Swimming-HS	1:02.71	1:00.22
38	Sartorio, Alyssa 28.39 31.87	15	Clayton Valley	59.88	1:00.26
39	Concepcion, Casey E 29.31 31.08	15	Alhambra High School Swimming-HS	1:01.50	1:00.39
40	Sibley, Jordan 28.52 31.99		Northgate High School	1:00.97	1:00.51
41	Weires, Lillian 29.61 31.06	14	Concord High Swim Team-CC	1:00.86	1:00.67
42	Giles, Dee Dee R 28.95 32.11	18	Campolindo High School	59.74	1:01.06
43	Hardisty, Tiara 28.40 33.59		Berean Christian High School-PC	NT	1:01.99
44	Kardell, Naomi K 30.03 32.17	14	College Park High School Aquat-HS	1:02.46	1:02.20
45	Passalacqua, Audrey S 29.98 32.27	16	Acalanes Swim Team-CA	1:01.94	1:02.25
46	Polkinghorn, Sarah 29.67 32.66		Northgate High School	1:01.36	1:02.33
47	MacDonald, Lily C 30.23 32.65	15	College Park High School Aquat-HS	1:02.62	1:02.88
48	Rego, Gaby 30.61 32.29	18	Campolindo High School	1:05.32	1:02.90
49	Weires, Gracie 30.84 33.03	16	Concord High Swim Team-CC	1:03.19	1:03.87
50	Sabas, Ashley 31.01 33.70	16	Clayton Valley	1:05.40	1:04.71
51	Morrison, Brooke 30.70 34.36	14	Clayton Valley	1:07.92	1:05.06
52	Delacruz, Janina 31.36 33.96		Benicia High School	1:05.71	1:05.32
53	Ortaliz, Zoe 30.87 34.64	15	Clayton Valley	1:08.51	1:05.51
54	House, Lauren 30.80 34.77		Berean Christian High School-PC	1:06.08	1:05.57
55	Leonard, Sydney L 31.75 34.41	14	Alhambra High School Swimming-HS	1:09.78	1:06.16
56	Zampa, Giovanna 31.75 34.43		Benicia High School	1:04.57	1:06.18
57	Siville, Taylor 33.77 33.30	15	Clayton Valley	1:07.05	1:07.07
58	Ferrari, Alyssa 31.66 36.07	16	Clayton Valley	1:09.54	1:07.73

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Preliminaries ... (Event 11 Girls 100 Yard Freestyle Varsity)**

	Name	Age	School	Seed Time	Prelim Time
59	Winters, Alessandra 31.58 36.53		Berean Christian High School-PC	1:09.12	1:08.11
60	Mainini, Ava 32.86 35.68		Benicia High School	1:09.01	1:08.54
61	Abisia, Kailani 33.19 35.71		Benicia High School	1:09.33	1:08.90
62	Llata, Bonnie 32.53 37.49	18	Clayton Valley	1:07.60	1:10.02
63	Yee, Jocie K 32.75 37.90	15	Alhambra High School Swimming-HS	1:09.60	1:10.65
64	Vannelli, Michelle 33.62 37.36		Berean Christian High School-PC	1:10.55	1:10.98
65	McMahon, Cate B 34.58 36.79	17	Miramonte High School Swimming-HS	1:11.84	1:11.37
66	Zinn, Kallie W 8.52 1:02.86	16	Alhambra High School Swimming-HS	1:13.00	1:11.38
67	Singson, Adin 34.06 37.60		Clayton Valley	1:10.13	1:11.66
68	Johnson, Robyn L 34.41 37.93	15	Alhambra High School Swimming-HS	1:16.30	1:12.34
69	Ireland, Carina 34.65 38.05		Benicia High School	1:12.58	1:12.70
70	Alvarado, Jacqueline 34.35 38.43		Benicia High School	1:14.58	1:12.78
71	Oditt, Emily 34.24 39.18		Berean Christian High School-PC	NT	1:13.42
72	Johnston, Arabella 7.61 1:06.60		Benicia High School	1:12.41	1:14.21
73	Balmaceda, Camila 35.81 38.64	14	Clayton Valley	1:13.96	1:14.45
74	Chahan, Shreya 35.51 39.78	14	Clayton Valley	1:09.82	1:15.29
75	Beronilla, Jenna 34.46 40.85	14	Clayton Valley	1:15.78	1:15.31
76	Hodge, Taylor 36.78 39.45		Berean Christian High School-PC	NT	1:16.23
77	Chamberlain, Kelly 35.89 40.40		Benicia High School	1:19.55	1:16.29
78	Solayman, Darya 15.19 1:02.17	15	Clayton Valley	1:16.24	1:17.36
79	Chrobak, Jillian 36.45 43.37	14	Clayton Valley	1:17.79	1:19.82
80	Lai, Jacqueline 37.03 42.96	16	Clayton Valley	1:20.40	1:19.99
81	Gutierrez, Angel 41.51 42.90	15	Concord High Swim Team-CC	1:25.71	1:24.41
82	Dewhurst, Gabriella 42.08 43.93	14	Concord High Swim Team-CC	1:26.58	1:26.01
83	Lappinga, Amy 45.96 53.28		Berean Christian High School-PC	1:27.90	1:39.24
84	Davila, Grecia 49.40 56.89	14	Clayton Valley	1:42.23	1:46.29

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Preliminaries ... (Event 11 Girls 100 Yard Freestyle Varsity)**

	Name	Age	School	Seed Time	Prelim Time
85	Webster, Jordan	15	Clayton Valley	1:10.46	1:49.38
86	Hardwick, Mia		Berean Christian High School-PC	1:12.85	1:49.40

Event 12 Boys 100 Yard Freestyle Varsity

DFAL record: 44.32 5/10/2013 Jackson Miller Las Lomas
 47.85 NCS
 49.99 CON

	Name	Age	School	Seed Time	Prelim Time
Preliminaries					
1	Painter, Jackson W	17	Miramonte High School Swimming-HS	50.46	46.64 qNCS
	22.65 23.99				
2	Larsen, Jack S	17	Campolindo High School	47.04	47.20 qNCS
	22.38 24.82				
3	Zhang, Richard R	18	Campolindo High School	47.44	47.24 qNCS
	22.78 24.46				
4	Vollmar, Aidan S	17	Campolindo High School	50.69	47.39 qNCS
	23.39 24.00				
5	Parker, John	17	Clayton Valley	48.82	47.92 qCON
	23.35 24.57				
6	Brown, Cal	18	Clayton Valley	48.05	47.97 qCON
	23.42 24.55				
7	Oconnor, Tommy M	16	Las Lomas Knights-ZZ	51.08	48.42 qCON
	23.48 24.94				
8	Dunn, Garrett H	18	Campolindo High School	48.73	48.51 qCON
	23.45 25.06				
9	Jensen, Soren A	17	Campolindo High School	51.10	48.57 qCON
	23.49 25.08				
10	Strand, Cambell D	18	Miramonte High School Swimming-HS	48.62	48.81 qCON
	23.49 25.32				
11	Longton, Marcus S	18	Campolindo High School	49.74	48.87 qCON
	23.24 25.63				
12	Birdsong, Will H	16	Campolindo High School	51.98	48.92 qCON
	23.10 25.82				
13	Coons, Will N	16	Miramonte High School Swimming-HS	50.27	49.34 qCON
	23.40 25.94				
14	Hoover, Brady C	17	Miramonte High School Swimming-HS	50.61	49.48 qCON
	23.80 25.68				
15	Nagle, Will H	16	Acalanes Swim Team-CA	51.07	49.51 qCON
	23.90 25.61				
16	Sanchez, Cole		Northgate High School	52.25	49.96 qCON
	23.60 26.36				
17	Putong, Jericho		Benicia High School	52.14	50.46 q
	24.29 26.17				
18	Conrad, Elijah J	16	Las Lomas Knights-ZZ	51.41	50.52 q
	23.77 26.75				
19	Seip, Connor		Northgate High School	51.13	50.83 q
	24.40 26.43				
20	Matthews, ian F	16	Las Lomas Knights-ZZ	51.78	51.03 q
	24.25 26.78				
21	Mills, Jay H	16	Acalanes Swim Team-CA	52.11	51.38 q
	24.74 26.64				

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Preliminaries ... (Event 12 Boys 100 Yard Freestyle Varsity)**

	Name	Age	School	Seed Time	Prelim Time	
22	Finck, John		Northgate High School	50.51	51.41	q
	24.64 26.77					
23	Cliatt, Joe		Berean Christian High School-PC	54.08	51.76	q
	25.74 26.02					
24	Salindong, Elian		Benicia High School	52.63	51.84	q
	25.18 26.66					
25	DeBoer, Jeff R	15	College Park High School Aquat-HS	54.59	52.03	
	24.97 27.06					
26	Randolph, Graham		Benicia High School	56.06	53.10	
	25.37 27.73					
27	Chau, Kenson	17	Las Lomas Knights-ZZ	52.62	53.44	
	25.45 27.99					
28	Velek, Graham E	17	Campolindo High School	52.88	53.51	
	25.55 27.96					
29	Cossu, Chris		Northgate High School	53.49	53.77	
	25.74 28.03					
30	Atencion, RJ J	16	College Park High School Aquat-HS	54.77	54.22	
	26.33 27.89					
31	Shaver, Mac S	16	College Park High School Aquat-HS	53.72	54.36	
	26.10 28.26					
*32	Franz, Jacob		Benicia High School	54.91	54.38	
	26.93 27.45					
*32	Deleon, Tony		Northgate High School	53.28	54.38	
	25.98 28.40					
34	Oliver, Dylan		Berean Christian High School-PC	55.44	54.52	
	26.25 28.27					
35	Nguyen, Dylan	18	College Park High School Aquat-HS	55.72	54.70	
	26.48 28.22					
36	Benisek, Zack W	15	Acalanes Swim Team-CA	54.60	54.77	
	26.27 28.50					
37	Goodson, Dean L	15	Acalanes Swim Team-CA	54.00	54.85	
	27.11 27.74					
38	Melfi, Beck G	15	Acalanes Swim Team-CA	55.39	54.91	
	25.82 29.09					
39	Kuo, Zach M	17	Acalanes Swim Team-CA	56.58	55.03	
	26.48 28.55					
40	Walker, Ethan H	16	Acalanes Swim Team-CA	56.67	55.71	
	26.88 28.83					
41	Bender, Elam Z	17	Alhambra High School Swimming-HS	56.89	56.45	
	26.81 29.64					
42	Hutchinson, Matthew J	15	College Park High School Aquat-HS	58.21	57.22	
	27.48 29.74					
43	Ellis, Jeff	15	Clayton Valley	57.75	57.35	
	26.76 30.59					
44	Holland, Taylor S	15	Alhambra High School Swimming-HS	58.10	57.90	
	28.46 29.44					
45	Estrella, Harley		Berean Christian High School-PC	59.38	58.32	
	26.72 31.60					
46	Atwater, David S	18	Las Lomas Knights-ZZ	1:01.24	59.31	
	27.56 31.75					
47	Frisbie, James L	15	Alhambra High School Swimming-HS	1:00.76	59.37	

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Preliminaries ... (Event 12 Boys 100 Yard Freestyle Varsity)**

	Name	Age	School	Seed Time	Prelim Time
48	Ruiz, Cristo D 28.42 31.20	18	College Park High School Aquat-HS	1:00.19	59.62
49	Fernandes, Slayden 28.85 30.97		Berean Christian High School-PC	1:02.34	59.82
50	Lamoureux, Luc G 27.86 31.98	16	College Park High School Aquat-HS	59.50	59.84
51	Roberts, Dylan 28.11 32.64	16	Concord High Swim Team-CC	59.56	1:00.75
52	Birdseye, Joseph 28.68 32.34		Benicia High School	59.82	1:01.02
53	Legaria, Aidan 29.55 31.48		Berean Christian High School-PC	NT	1:01.03
54	David, Ronald 29.15 31.91	17	Concord High Swim Team-CC	1:01.38	1:01.06
55	Gonzalez, Julian	15	Clayton Valley	1:01.06	1:02.96
56	Riekk, Reno 30.90 32.18	14	Clayton Valley	1:01.77	1:03.08
57	Canestraro Ahnen, Lucas 30.32 33.18	14	Concord High Swim Team-CC	1:03.77	1:03.50
58	Johnson, Eli 31.09 33.01	15	Clayton Valley	1:02.74	1:04.10
59	Roldan Montoya, Emmanuel 30.43 34.86	17	Concord High Swim Team-CC	1:04.90	1:05.29
60	Cichurski, Spencer 30.73 35.75	14	Clayton Valley	1:04.57	1:06.48
61	Reynolds, Steven 31.20 36.12	18	Concord High Swim Team-CC	1:02.96	1:07.32
62	McHuron, Carson 32.75 34.69		Berean Christian High School-PC	NT	1:07.44
63	Rhone, Quincy 32.35 36.19		Berean Christian High School-PC	1:09.33	1:08.54
64	Shea, Leo O 34.22 38.90	18	College Park High School Aquat-HS	1:10.63	1:13.12
65	McLacken, Dylan 34.19 39.70	17	Concord High Swim Team-CC	1:14.05	1:13.89
66	Ware, Matthew 36.61 40.90	16	Concord High Swim Team-CC	1:15.51	1:17.51
67	Holmes-Joseph, Jaden 36.77 42.55	14	Clayton Valley	1:18.03	1:19.32

Event 13 Girls 500 Yard Freestyle Varsity

DFAL record: 4:57.11 5/9/2008 Shelley Harper Las Lomas
5:20.95 NCS
5:34.99 CON

	Name	Age	School	Seed Time	Prelim Time
Preliminaries					
1	Gebhardt, Emily P 27.55 30.06 30.79 31.31 31.41 31.71 31.36 32.14	18	Acalanes Swim Team-CA	5:14.76	5:08.34 qNCS
2	Gearing, Delanie 28.16 30.48 31.21 31.61 31.60 31.74 32.09 32.56		Northgate High School	5:33.71	5:14.03 qNCS
	32.69 31.89				

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Preliminaries ... (Event 13 Girls 500 Yard Freestyle Varsity)**

	Name	Age	School	Seed Time	Prelim Time	
3	Valvur, Camille E	18	Campolindo High School	5:28.81	5:19.90	qNCS
	28.99 31.49 32.41		32.74 32.54 33.01 32.76	32.64		
	32.20 31.12					
4	Buckley, Maggie J	16	Campolindo High School	5:19.52	5:20.09	qNCS
	28.92 31.38 32.19		32.90 33.04 33.08 32.94	32.53		
	31.86 31.25					
5	Heffelfinger, Heidi	15	Acalanes Swim Team-CA	5:33.00	5:20.48	qNCS
	29.58 32.29 32.49		32.52 32.33 32.56 32.71	32.39		
	32.88 30.73					
6	Clark, Grace E	14	Miramonte High School Swimming-HS	5:28.60	5:20.97	qCON
	30.35 32.14 32.85		32.35 32.44 33.48 32.69	32.02		
	32.07 30.58					
7	Crum, Christina C	17	Campolindo High School	5:31.87	5:21.31	qCON
	29.13 31.95 32.60		33.23 33.09 33.40 32.80	32.15		
	32.22 30.74					
8	Supran, Maya H	16	Miramonte High School Swimming-HS	5:29.29	5:21.79	qCON
	29.35 32.07 32.41		32.57 32.73 32.74 32.72	32.65		
	32.38 32.17					
9	Castaneda, Enya	16	Concord High Swim Team-CC	5:26.03	5:22.27	qCON
	28.77 31.73 32.38		32.33 33.03 33.99 32.60	33.14		
	32.98 31.32					
10	Kohlmeyer, Jasmine		Northgate High School	5:35.45	5:31.19	qCON
	29.79 31.94 32.83		33.41 33.53 34.20 34.14	34.35		
	34.31 32.69					
11	Cleveland, Audrey	16	Miramonte High School Swimming-HS	5:36.78	5:31.68	qCON
	29.00 33.02 32.87		33.06 33.45 33.60 34.26	34.39		
	34.55 33.48					
12	Walker, Kaylie	17	Clayton Valley	5:26.98	5:32.87	qCON
	29.35 32.57 33.35		33.59 33.79 33.59 33.52	34.94		
	35.04 33.13					
13	Henningsen, Jessica M	18	Campolindo High School	5:26.55	5:33.31	qCON
	29.79 32.40 33.03		33.69 33.57 33.95 34.43	33.94		
	34.31 34.20					
14	Gregory, Kassy L	17	Campolindo High School	5:39.30	5:35.33	q
	29.40 32.45 33.48		33.91 34.70 34.05 34.25	34.81		
	34.73 33.55					
15	Masterson, Laynie L	15	Las Lomas Knights-ZZ	5:46.66	5:35.88	q
	30.22 33.46 34.16		34.49 33.74 34.41 34.29	34.32		
	34.44 32.35					
16	Carlson, Gemma P	15	Las Lomas Knights-ZZ	5:36.95	5:37.31	q
	29.68 32.67 33.25		33.86 34.30 34.64 34.90	34.43		
	35.09 34.49					
17	Park, Kathryn P	15	Las Lomas Knights-ZZ	5:46.44	5:40.41	q
	30.40 33.30 34.75		34.71 35.15 34.84 34.85	34.63		
	34.57 33.21					
18	Leone, Carla A	17	Campolindo High School	5:51.94	5:40.97	q
	30.23 33.14 33.80		34.32 34.70 35.02 35.31	34.95		
	35.44 34.06					
19	Gillis, Jenna L	18	Las Lomas Knights-ZZ	5:43.44	5:41.30	q
	29.93 32.58 33.37		34.63 34.85 35.29 35.34	35.16		
	35.69 34.46					

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Preliminaries ... (Event 13 Girls 500 Yard Freestyle Varsity)**

	Name			Age	School			Seed Time	Prelim Time	
20	Skow, Jordan			15	Clayton Valley			5:44.94	5:43.11	q
	30.66	33.99	34.49	35.02	34.49	34.58	35.66	35.58		
	34.91	33.73								
21	Skow, Sydney				Clayton Valley			6:01.69	5:48.03	q
	31.81	34.47	35.26	35.50	35.37	35.34	34.92	35.31		
	35.45	34.60								
22	McGowan, Shea				Northgate High School			5:59.60	5:55.14	q
	31.34	34.37	34.91	35.80	36.30	36.36	36.54	37.59		
	36.58	35.35								
23	McCullough, Cali L			14	Clayton Valley			5:57.13	5:57.93	q
	32.33	36.29	36.79	36.70	36.89	36.48	36.76	36.64		
	35.65	33.40								
24	Hernandez, Isabela			17	Concord High Swim Team-CC			5:57.65	6:05.69	q
	31.54	35.67	37.13	37.53	37.75	37.66	37.09	37.59		
	37.98	35.75								
25	Corkran, Sara			17	Concord High Swim Team-CC			6:24.14	6:08.00	
	32.19	35.32	36.92	37.38	37.26	37.59	38.08	38.62		
	38.15	36.49								
26	Karst, Makayla M			14	College Park High School Aquat-HS			6:16.73	6:09.33	
	31.90	35.07	36.99	37.66	37.49	38.32	39.49	39.03		
	38.01	35.37								
27	Szakats, Anna C			17	College Park High School Aquat-HS			6:22.63	6:13.61	
	31.44	35.94	37.54	38.07	37.65	38.74	38.75	39.15		
	38.56	37.77								
28	Williams, Freya A			15	College Park High School Aquat-HS			6:29.71	6:18.15	
	32.76	36.86	38.02	38.15	39.37	38.55	39.19	39.17		
	39.02	37.06								
29	Lopez-Ruiz, Ana P			18	College Park High School Aquat-HS			6:27.47	6:18.60	
	32.33	36.07	37.09	37.69	37.28	39.50	39.75	40.34		
	39.35	39.20								
30	Seaman, Abigail				Benicia High School			6:37.78	6:28.17	
	34.84	38.99	38.95	39.45	39.65	39.79	40.47	39.79		
	39.42	36.82								
31	Silberman, Sophie				Benicia High School			6:32.28	6:28.28	
	34.98	38.80	39.05	39.56	39.71	39.99	40.31	40.30		
	39.47	36.11								
32	Mazzuca, Gabby			16	Clayton Valley			6:31.60	6:32.73	
	33.32	36.88	39.07	40.50	39.39	41.12	41.23	40.94		
	42.00	38.28								
33	Vannelli, Michelle				Berean Christian High School-PC			6:51.78	6:41.21	
	35.13	39.45	40.06	40.51	41.10	41.85	41.12	41.94		
	41.86	38.19								

Event 14 Boys 500 Yard Freestyle Varsity

DFAL record: 4:28.34 5/13/2015 Eric Vonbrocklin
 4:40.13 NCS
 5:05.99 CON

Las Lomas

Name				Age	School				Seed Time	Prelim Time	
Preliminaries											
1	Percin, Sean A			18	Campolindo High School				4:38.84	4:45.20	qCON
	26.24	28.38	28.74	29.05	29.25	29.38	29.29	28.74			
	28.65	27.48									

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Preliminaries ... (Event 14 Boys 500 Yard Freestyle Varsity)**

Name		Age	School	Seed Time	Prelim Time	
2	Meckfessel, Grayson J	17	Miramonte High School Swimming-HS	4:57.38	4:45.89	qCON
	26.22 28.50	29.16	29.15 29.36 29.27 29.22	29.06		
	28.36 27.59					
3	Lenahan, Ryan M	17	Campolindo High School	4:40.09	4:48.53	qCON
	25.94 28.51	29.53	29.33 29.62 30.04 29.49	29.67		
	29.27 27.13					
4	Zamanian, Brock D	16	Campolindo High School	4:58.00	4:50.30	qCON
	26.32 28.41	29.47	29.43 29.53 30.04 29.13	29.96		
	29.34 28.67					
5	Weigelt, Niklas	18	Clayton Valley	4:31.35	4:51.23	qCON
	25.98 28.80	29.27	29.79 29.92 30.20 30.16	30.16		
	30.08 26.87					
6	Barber, Will B	17	Miramonte High School Swimming-HS	4:49.58	4:52.07	qCON
	26.57 28.99	30.08	30.14 30.17 30.03 29.59	29.54		
	29.51 27.45					
7	Follmer, Mac C	16	Campolindo High School	5:06.08	4:53.16	qCON
	25.65 28.21	29.10	29.76 29.89 30.16 30.29	30.62		
	29.80 29.68					
8	Blankley, Mark		Northgate High School	5:04.24	4:55.21	qCON
	25.82 28.91	29.41	29.96 30.44 30.09 30.17	30.38		
	30.62 29.41					
9	Hoover, Blake G	17	Miramonte High School Swimming-HS	5:03.54	4:56.09	qCON
	26.11 28.88	29.63	30.12 30.22 30.57 30.61	30.85		
	30.76 28.34					
10	Roche, Griffin G	16	Miramonte High School Swimming-HS	4:58.37	4:59.37	qCON
	26.62 29.62	30.24	30.12 30.65 30.60 30.59	30.67		
	30.54 29.72					
11	Hillen, Peter D	18	Miramonte High School Swimming-HS	5:18.51	5:02.23	qCON
	26.55 28.66	29.92	30.25 30.70 31.54 31.03	31.69		
	31.57 30.32					
12	Cutright, Beau J	16	Alhambra High School Swimming-HS	5:18.17	5:10.21	q
	26.56 30.02	31.38	31.71 32.03 31.96 32.66	32.45		
	32.28 29.16					
13	Twyman, Cristian H	18	Campolindo High School	5:04.07	5:10.49	q
	26.96 30.70	30.74	31.48 31.68 32.21 32.12	31.87		
	32.28 30.45					
14	Solorzano, Tulio A	14	Las Lomas Knights-ZZ	5:15.69	5:13.76	q
	26.91 30.24	31.25	31.78 31.88 32.36 32.37	32.70		
	32.56 31.71					
15	Twyman, Bernave M	18	Campolindo High School	5:09.03	5:14.87	q
	28.02 30.67	31.12	31.50 31.82 32.32 32.21	32.57		
	32.51 32.13					
16	Bluth, Trevor J	17	Clayton Valley	5:27.67	5:19.40	q
	27.96 30.60	31.51	31.61 31.96 32.51 33.13	33.31		
	33.20 33.61					
17	Hall, Luke E	16	Acalanes Swim Team-CA	5:36.42	5:19.82	q
	28.99 31.16	32.12	32.04 32.87 32.27 32.76	33.42		
	33.00 31.19					
18	Moss, Kieran	17	Clayton Valley	5:46.10	5:21.46	q
	27.70 31.01	31.93	32.62 32.62 33.26 33.17	33.94		
	33.65 31.56					

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Preliminaries ... (Event 14 Boys 500 Yard Freestyle Varsity)**

	Name			Age	School			Seed Time	Prelim Time	
19	Faulkner, Logan			15	Concord High Swim Team-CC			5:16.02	5:25.11	q
	27.60	31.16	32.14	32.82	32.73	33.63	33.83	34.29		
	33.88	33.03								
20	Stephenson, Liam T			16	Acalanes Swim Team-CA			5:34.29	5:29.48	q
	27.63	30.92	32.43	32.98	33.79	34.26	34.96	34.76		
	34.85	32.90								
21	Sasser, Cal J			17	Las Lomas Knights-ZZ			5:25.13	5:29.66	q
	29.33	32.83	33.75	33.97	33.77	34.26	33.63	33.84		
	33.01	31.27								
22	Martinez, Armando			14	Clayton Valley			5:55.15	5:39.40	q
	29.60	32.56	33.41	34.41	34.72	35.11	35.02	35.23		
	35.31	34.03								
23	Tanos, Steven S			15	Clayton Valley			5:43.74	5:41.50	q
	29.50	32.21	33.34	34.43	35.04	35.51	35.74	36.39		
	35.44	33.90								
24	Moss, Aiden			15	Clayton Valley			6:17.80	6:14.52	q
	32.39	36.06	37.25	38.43	39.63	40.19	38.39	38.90		
	38.70	34.58								
25	Stack, Jack			15	Clayton Valley			6:50.24	6:23.08	
	31.74	33.97	37.48	38.90	40.47	39.62	40.39	41.80		
	40.51	38.20								
26	Williams, Gavin P			15	College Park High School Aquat-HS			6:21.34	6:29.10	
	32.32	37.33	41.47	41.68	39.14	40.19	40.62	39.99		
	39.49	36.87								

Event 15 Girls 200 Yard Freestyle Relay Varsity

DFAL record: 1:35.34 5/14/2010 Las Lomas High School
K Leonard, T Carlson, J Amog, K Carlson

1:40.70 NCS

1:51.99 CON

	Team	Relay			Seed Time	Prelim Time	
Preliminaries							
1	Acalanes Swim Team-CA	A			1:38.00	1:37.61	qNCS
	1) Gebhardt, Emily P 18	2) Suppiger, Shelby E 16	3) Rowell, Claire J 16	4) Roemer, Jewel L 17			
	24.70 23.87 24.89	24.15					
2	Northgate High School	A			1:40.10	1:38.33	qNCS
	1) Andresen, Maile	2) Levy, Caraline	3) Stahl, Victoria	4) Lund, Alyssa			
	24.76 24.67 24.42	24.48					
3	Acalanes Swim Team-CA	B			1:45.31	1:42.76	qCON
	1) Edwards, Nicole A 18	2) Walker, Kylie S 17	3) Schirmer, Caroline J 16	4) White, Laurel M 15			
	25.39 26.43 25.31	25.63					
*4	Clayton Valley	A			1:41.96	1:43.15	qCON
	1) Biles, Caitlin 17	2) Hetherington, Caela 16	3) Landstrom, Paige 16	4) Walker, Kaylie 17			
	25.83 26.03 25.70	25.59					
*4	Las Lomas Knights-ZZ	A			1:45.37	1:43.15	qCON
	1) Laforteza, Payton L 14	2) Kermoian, Kelly L 15	3) Snyder, Amelia L 14	4) Claus, Kate V 14			
	26.14 25.74 25.78	25.49					
6	Miramonte High School Swimmir	A			1:39.17	1:43.40	qCON
	1) Dulski, Ella M 15	2) Killeen, Camille R 18	3) McAninch, Lauren H 17	4) Le-Nguyen, Anna F 17			
	25.56 25.75 27.01	25.08					
7	Northgate High School	B			1:46.00	1:43.91	qCON
	1) Parrisher, Cassie	2) Elian, Yara	3) Kohlmeyer, Katrina	4) McNulty, Ainsley			
	26.66 25.39 26.53	25.33					

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Preliminaries ... (Event 15 Girls 200 Yard Freestyle Relay Varsity)**

Team	Relay	Seed Time	Prelim Time
8 Campolindo High School	A	1:40.22	1:44.12 qCON
1) Hawkins, Katherine T 17	2) Crum, Christina C 17	3) Henningsen, Jessica M 18	4) Osborn, Lydia K 14
25.90 25.68 26.59	25.95		
9 Acalanes Swim Team-CA	C	1:48.19	1:44.18 CON
1) McCarthy, Anna C 16	2) Heffelfinger, Heidi 15	3) Reggi, Valeria M 17	4) Rowell, Lexi H 17
26.38 25.84 26.16	25.80		
10 Clayton Valley	B	1:47.18	1:46.55 CON
1) Callahan, Camylle 16	2) Sartorio, Alyssa 15	3) Vines, Madelyn 17	4) Smith, Grace 15
26.10 26.67 26.45	27.33		
11 Las Lomas Knights-ZZ	B	1:49.93	1:46.91 CON
1) Wise, Emma K 18	2) Davis, Taylor M 17	3) Carlson, Gemma P 15	4) Park, Kathryn P 15
27.07 27.56 26.06	26.22		
12 Northgate High School	C	1:48.50	1:47.64 CON
1) Kohlmeyer, Jasmine	2) Logan, Maddy	3) Sibley, Jordan	4) Gronert, Zoe
26.70 27.08 27.49	26.37		
13 Benicia High School	A	1:44.53	1:48.70 CON
1) Davis, Jayme	2) Davis, Emily	3) Iniguez, Amber	4) Gomez, Mikaela
26.26 27.74 28.38	26.32		
14 Campolindo High School	B	1:48.94	1:50.31 CON
1) Koenigsberg, Rachel C 18	2) Giles, Dee Dee R 18	3) Younger, Grace B 17	4) Gregory, Kassy L 17
27.07 28.39 27.40	27.45		
15 Clayton Valley	C	1:50.98	1:50.39 CON
1) Pugh, Grace 15	2) Canesa, Deana 19	3) Frost, Jordan 17	4) Meyerson, Amanda 14
27.06 15.98 17.46	49.89		
16 Miramonte High School Swimmir	B	1:44.17	1:50.59 CON
1) Lucas, Lindsey E 14	2) Supran, Maya H 16	3) Cleveland, Audrey 16	4) McMahon, Sophie T 17
25.67 27.33 26.10	31.49		
17 College Park High School Aquat-I	A	1:52.56	1:51.29 CON
1) Osborne, Caragh S 16	2) Dajani, Lucy C 16	3) Kardell, Naomi K 14	4) Ortnr, Kelsey J 17
27.47 27.99 28.23	27.60		
18 Berean Christian High School-PC	A	1:51.49	1:51.54 CON
1) Cannon, Sheena	2) Winters, Alessandra	3) Hardisty, Tiara	4) McConnell, Sam
27.83 30.40 27.56	25.75		
19 Alhambra High School Swimming	A	1:53.00	1:53.39
1) Hern, Abigail E 16	2) Harbaugh, Mia R 15	3) Alford, Lexi L 16	4) Concepcion, Casey E 15
28.41 28.84 27.98	28.16		
20 College Park High School Aquat-I	B	1:58.13	1:58.76
1) Masongsong, Angeline L 14	2) Lopez-Ruiz, Ana P 18	3) MacDonald, Lily C 15	4) Katz, Lauren M 16
28.25 30.87 28.85	30.79		
21 Benicia High School	B	1:56.72	1:59.79
1) Mainini, Ava	2) Ireland, Carina	3) Fade, Emily	4) Iniguez, Meadow
29.22 31.18 30.11	29.28		
22 Concord High Swim Team-CC	A	1:48.62	2:01.36
1) Weires, Gracie 16	2) Corkran, Sara 17	3) Martinez, Isabella 16	4) Gutierrez, Angel 15
28.63 29.09 28.38	35.26		
23 Alhambra High School Swimming	B	2:06.00	2:05.64
1) Leonard, Sydney L 14	2) Johnson, Robyn L 15	3) Yee, Jocie K 15	4) Takamoto, Taylor F 14
30.81 33.44 31.64	29.75		
24 Berean Christian High School-PC	B	2:06.09	2:08.40
1) Vannelli, Michelle	2) Oditt, Emily	3) Hardwick, Mia	4) House, Lauren
33.04 40.38 25.33	29.65		

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Event 16 Boys 200 Yard Freestyle Relay Varsity**

DFAL record: 1:24.52 5/10/2013 Las Lomas Knights

M Horner, T Donovan, G Middleton, J Miller

1:30.61 NCS

1:38.99 CON

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Northgate High School	A	1:30.02	1:27.80 qNCS
1) Dulay, Adrian	2) Welsh, Kai	3) Rodriguez, Andrew	4) Ledesma, Zach
22.13 21.79 22.42 21.46			
2 Clayton Valley	A	1:29.19	1:28.48 qNCS
1) Weigelt, Niklas 18	2) Parker, John 17	3) Brown, Cal 18	4) Vizental, Anthony 17
21.76 21.90 22.07 22.75			
3 Miramonte High School Swimmir	A	1:29.50	1:28.98 qNCS
1) Painter, Jackson W 17	2) Bruen, Chris M 16	3) Meckfessel, Grayson J 17	4) Hoover, Blake G 17
21.73 22.28 22.77 22.20			
4 Campolindo High School	A	1:26.75	1:30.00 qNCS
1) Vollmar, Aidan S 17	2) Markey, Christian J 17	3) Lenahan, Ryan M 17	4) Dunn, Garrett H 18
22.31 22.73 22.98 21.98			
5 Campolindo High School	B	1:32.74	1:30.50 qNCS
1) Longton, Marcus S 18	2) Velek, Graham E 17	3) Zamanian, Brock D 16	4) Follmer, Mac C 16
22.18 23.25 22.62 22.45			
6 Clayton Valley	B	1:31.36	1:32.93 qCON
1) McIntyre, Ian D 17	2) Chau, Zackary 15	3) Longley, Toshio 16	4) Donado, Damien I 15
22.46 23.18 24.00 23.29			
7 College Park High School Aquat-F	A	1:33.71	1:32.97 qCON
1) Masongsong, Devin L 16	2) Crossman, Kyle R 17	3) Jones, Deniz O 17	4) Atencion, RJ J 16
22.62 22.84 23.66 23.85			
8 Acalanes Swim Team-CA	A	1:32.00	1:33.10 qCON
1) Nagle, Will H 16	2) Mills, Jay H 16	3) Suppiger, Colby T 17	4) Goodson, Dean L 15
23.24 23.36 23.18 23.32			
9 Miramonte High School Swimmir	B	1:34.50	1:33.21 CON
1) Barber, Will B 17	2) Tejada, Tighe M 18	3) Roche, Griffin G 16	4) Hillen, Peter D 18
22.92 23.65 22.81 23.83			
10 Northgate High School	B	NT	1:33.58 CON
1) Finck, John	2) Fong, A.J.	3) Sanchez, Cole	4) McNulty, Connor
30.85 16.82 22.95 22.96			
11 Berean Christian High School-PC	A	1:35.29	1:33.94 CON
1) Estenoz, Gabriel	2) Estrella, Harley	3) Delizo, Brandon	4) Cliatt, Joe
23.49 24.37 23.16 22.92			
12 Benicia High School	A	1:34.31	1:34.27 CON
1) Putong, Jericho	2) Franz, Jacob	3) Nelson, Gabriel	4) Rafac, Jacob
23.10 23.57 23.54 24.06			
13 Alhambra High School Swimming	A	1:38.98	1:35.20 CON
1) Morabe, Finn L 15	2) Bender, Elam Z 17	3) Roderick, Del C 16	4) Cutright, Beau J 16
23.58 24.16 23.33 24.13			
14 Las Lomas Knights-ZZ	B	1:37.96	1:35.99 CON
1) Martin, Jack R 17	2) Solorzano, Tulio A 14	3) Pilcher, Owen M 16	4) Stiefvater, Owen E 16
24.75 24.49 23.74 23.01			
15 Northgate High School	C	NT	1:36.55 CON
1) Bremer, Conrad	2) Etcheveste, Mateo	3) Parsons, Bradley	4) Golan, Jordan
23.42 23.85 25.77 23.51			

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Preliminaries ... (Event 16 Boys 200 Yard Freestyle Relay Varsity)**

Team	Relay	Seed Time	Prelim Time
16 College Park High School Aquat-I	B	1:36.90	1:37.18 CON
1) DeBoer, Jeff R 15	2) Popov, Maks K 15	3) Shaver, Mac S 16	4) Nguyen, Dylan 18
23.98 15.54 33.65	24.01		
17 Benicia High School	B	1:38.15	1:38.68 CON
1) Baird, Everett	2) Barlow, Austin	3) Rollans, Mason	4) Randolph, Graham
24.49 25.75 24.39	24.05		
18 Acalanes Swim Team-CA	B	1:39.12	1:39.25
1) Feigin, Patrick A 16	2) Benisek, Zack W 15	3) Stephenson, Liam T 16	4) Melfi, Beck G 15
24.67 25.13 25.24	24.21		
19 Concord High Swim Team-CC	A	1:43.42	1:40.64
1) Faulkner, Logan 15	2) Santa Maria, Robert 16	3) Sewell, Quincy 16	4) Bergen, Lars 18
25.31 25.69 25.06	24.58		
20 Berean Christian High School-PC	B	1:43.39	1:42.26
1) Oliver, Dylan	2) Loney, Garrett	3) Fernandes, Slayden	4) Touchet, Wyatt
24.40 26.14 26.56	25.16		
21 Alhambra High School Swimming	B	1:42.00	1:44.21
1) Holland, Taylor S 15	2) Cevasco, Louie J 15	3) Frisbie, James L 15	4) Wold, Ryan J 16
25.70 26.78 26.58	25.15		
22 Clayton Valley	C	1:47.43	1:44.51
1) Gonzalez, Julian 15	2) Curtis, Keaton 16	3) Bayot, Andrew 14	4) Tanos, Steven S 15
27.48 26.83 26.12	24.08		
23 Concord High Swim Team-CC	B	1:50.64	1:48.83
1) Wakeman, Theo 17	2) Reynolds, Steven 18	3) Canestraro Ahnen, Lucas 14	4) Roberts, Dylan 16
26.89 28.72 27.26	25.96		
24 Concord High Swim Team-CC	C	1:57.00	2:06.32
1) McLacken, Dylan 17	2) David, Ronald 17	3) Nordlund, Connor 16	4) Roldan Montoya, Emmanuel 17
30.73 27.77 30.98	36.84		
--- Las Lomas Knights-ZZ	A	1:33.98	DQ
1) Conrad, Elijah J 16	2) Cosentino, Jack 17		
23.27 23.19 26.85	23.79		

Event 17 Girls 100 Yard Backstroke Varsity

DFAL record: 54.73 5/9/2015 Brittany Usinger

Acalanes

59.81 NCS

1:02.99 CON

Name	Age	School	Seed Time	Prelim Time
Preliminaries				
1 Andresen, Maile		Northgate High School	56.89	57.24 qNCS
27.82 29.42				
2 O'Brien, Ashleen S	18	Campolindo High School	57.15	57.34 qNCS
27.90 29.44				
3 Follmer, Lizzy J	18	Campolindo High School	57.96	57.95 qNCS
28.30 29.65				
4 Statler, Nina E	15	Las Lomas Knights-ZZ	58.36	58.43 qNCS
28.11 30.32				
5 van Meines, Amber E	15	Campolindo High School	59.37	59.22 qNCS
28.64 30.58				
6 Hemming, Lindsay R	16	Miramonte High School Swimming-HS	1:02.59	59.83 qCON
29.16 30.67				
7 Thomas, Tay M	16	College Park High School Aquat-HS	1:01.01	1:00.00 qCON
29.62 30.38				
8 Murphy, Mackenzie F	16	Miramonte High School Swimming-HS	1:02.44	1:00.20 qCON
29.04 31.16				

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Preliminaries ... (Event 17 Girls 100 Yard Backstroke Varsity)**

	Name	Age	School	Seed Time	Prelim Time	
9	Hogan, Emerson A 29.44 31.27	16	Campolindo High School	1:01.61	1:00.71	qCON
10	Wu, Charlotte T 29.83 30.96	18	Miramonte High School Swimming-HS	1:04.04	1:00.79	qCON
11	McConnell, Sam 29.73 31.07		Berean Christian High School-PC	1:01.87	1:00.80	qCON
12	Kermoian, Kelly L 29.60 31.53	15	Las Lomas Knights-ZZ	1:02.00	1:01.13	qCON
13	Biles, Caitlin 28.85 32.56	17	Clayton Valley	1:03.54	1:01.41	qCON
14	Clark, Grace E 29.63 31.96	14	Miramonte High School Swimming-HS	1:00.56	1:01.59	qCON
15	Loney, Ashleigh A 30.59 32.58	18	Miramonte High School Swimming-HS	1:05.52	1:03.17	q
16	Laforteza, Payton L 30.17 33.46	14	Las Lomas Knights-ZZ	1:03.46	1:03.63	q
17	Walker, Kylie S 30.61 33.19	17	Acalanes Swim Team-CA	1:04.62	1:03.80	q
18	MacKay, Ava R 31.02 32.84	17	Acalanes Swim Team-CA	1:06.68	1:03.86	q
19	Crouch, Zoe J 30.77 33.22	18	Campolindo High School	1:05.88	1:03.99	q
20	McCarthy, Anna C 30.46 33.77	16	Acalanes Swim Team-CA	1:07.87	1:04.23	q
21	Jacques, Allison 31.01 33.41		Northgate High School	1:06.30	1:04.42	q
22	Tague, Olivia F 31.53 33.25	16	Campolindo High School	1:07.17	1:04.78	q
23	DeSeelhorst, Molly 31.48 33.92	15	Clayton Valley	1:06.33	1:05.40	q
24	Martinez, Sydney A 30.72 34.72	17	College Park High School Aquat-HS	1:07.90	1:05.44	q
25	Leone, Carla A 32.33 33.55	17	Campolindo High School	1:06.53	1:05.88	
26	Callahan, Camylle 32.34 33.65	16	Clayton Valley	1:06.40	1:05.99	
27	Sherwood, Savannah A 31.97 34.35	17	Miramonte High School Swimming-HS	1:10.89	1:06.32	
28	McGlynn, Maggie E 31.44 35.40	18	Las Lomas Knights-ZZ	1:09.41	1:06.84	
29	Castaneda, Isabella L 32.25 34.76	16	Clayton Valley	1:06.29	1:07.01	
30	Smith, Sydney 32.16 35.11		Northgate High School	1:08.22	1:07.27	
31	McGuire, Cassidy 32.29 35.00		Benicia High School	1:09.71	1:07.29	
32	Daughters, Franny A 31.97 35.53	14	Acalanes Swim Team-CA	1:09.66	1:07.50	
33	Mainini, Alyssa 31.85 36.70		Benicia High School	1:11.21	1:08.55	

2019 DAL Championships

Preliminaries ... (Event 17 Girls 100 Yard Backstroke Varsity)

Event 18 Boys 100 Yard Backstroke Varsity

Name			Age	School	Seed Time	Prelim Time	
Preliminaries							
1	Le-Nguyen, Zach M		15	Campolindo High School	51.08	51.38	qNCS
	25.42	25.96					
2	Rodriguez, Andrew			Northgate High School	51.84	52.88	qNCS
	25.93	26.95					
3	Birdsong, Will H		16	Campolindo High School	55.43	53.10	qNCS
	26.10	27.00					
4	Lanzara, Matteo R		18	Campolindo High School	51.51	53.16	qNCS
	26.06	27.10					
5	Ledesma, Zach			Northgate High School	56.39	53.49	qCON
	25.87	27.62					
6	Horrigan, Graham P		17	Las Lomas Knights-ZZ	55.06	53.85	qCON
	25.90	27.95					
7	McIntyre, Ian D		17	Clayton Valley	55.36	54.77	qCON
	26.31	28.46					
8	Welsh, Kai			Northgate High School	55.98	55.61	qCON
	26.94	28.67					

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Preliminaries ... (Event 18 Boys 100 Yard Backstroke Varsity)**

	Name	Age	School	Seed Time	Prelim Time	
9	Sherwood, Dax M 26.57 29.16	15	Miramonte High School Swimming-HS	58.47	55.73	qCON
10	Masongsong, Devin L 26.89 29.15	16	College Park High School Aquat-HS	56.05	56.04	qCON
11	Deleon, Tony 27.31 28.78		Northgate High School	57.46	56.09	qCON
12	Davies, Thomas 26.98 29.17		Northgate High School	1:00.49	56.15	qCON
13	Suppiger, Colby T 27.33 29.19	17	Acalanes Swim Team-CA	59.67	56.52	qCON
14	Markey, Christian J 27.32 29.22	17	Campolindo High School	1:00.85	56.54	qCON
15	Bradley, Dominic T 27.46 29.41	17	Miramonte High School Swimming-HS	1:00.50	56.87	qCON
16	Bremer, Conrad 27.51 29.75		Northgate High School	58.68	57.26	qCON
17	Stiefvater, Owen E 28.25 29.94	16	Las Lomas Knights-ZZ	1:01.53	58.19	q
18	Conrad, Elijah J 27.76 30.52	16	Las Lomas Knights-ZZ	58.10	58.28	q
19	Martin, Jack R 28.74 30.44	17	Las Lomas Knights-ZZ	1:02.31	59.18	q
20	Richison, Hunter H 29.65 30.55	16	Las Lomas Knights-ZZ	1:06.04	1:00.20	q
21	Kuo, Zach M 29.68 30.84	17	Acalanes Swim Team-CA	1:02.62	1:00.52	q
22	Morabe, Finn L 29.07 31.59	15	Alhambra High School Swimming-HS	1:03.57	1:00.66	q
23	Judson, Thomas H 29.29 31.76	17	Acalanes Swim Team-CA	1:01.16	1:01.05	q
24	Watson, Luke A 29.63 31.65	16	Acalanes Swim Team-CA	1:02.75	1:01.28	q
25	Flora, Kyle 30.55 31.08		Northgate High School	1:01.25	1:01.63	
26	Santa Maria, Robert 30.28 32.53	16	Concord High Swim Team-CC	1:04.19	1:02.81	
27	Blatter, Tanner 30.61 33.18	16	Clayton Valley	1:05.89	1:03.79	
28	Etcheveste, Mateo 31.43 33.37		Northgate High School	1:07.10	1:04.80	
29	Moss, Kieran 31.35 34.00	17	Clayton Valley	1:06.33	1:05.35	
30	Sewell, Quincy 32.08 33.52	16	Concord High Swim Team-CC	1:06.03	1:05.60	
31	Stanton, Jakob W 32.94 33.22	17	College Park High School Aquat-HS	1:09.56	1:06.16	
32	Loney, Garrett 36.13 37.67		Berean Christian High School-PC	1:16.00	1:13.80	
33	Nordlund, Connor 40.69 40.60	16	Concord High Swim Team-CC	1:21.48	1:21.29	

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Preliminaries ... (Event 18 Boys 100 Yard Backstroke Varsity)**

	Name	Age	School	Seed Time	Prelim Time
34	Nelson, Gabriel		Benicia High School	1:07.85	1:25.46
	1:09.28 16.18				
35	Wold, Ryan J	16	Alhambra High School Swimming-HS	1:07.86	1:27.77
	31.82 55.95				

Event 19 Girls 100 Yard Breaststroke Varsity

DFAL record: 58.89 5/9/2009 Kasey Carlson
 1:05.69 NCS
 1:10.89 CON

Las Lomas

	Name	Age	School	Seed Time	Prelim Time
Preliminaries					
1	Suppiger, Shelby E	16	Acalanes Swim Team-CA	1:05.19	1:04.38 qNCS
	30.51 33.87				
2	Hanley, Channing F	16	Campolindo High School	1:04.98	1:05.49 qNCS
	30.94 34.55				
3	Lurie, Sophie	16	Miramonte High School Swimming-HS	1:07.24	1:05.86 qCON
	31.09 34.77				
4	Stahl, Victoria		Northgate High School	1:08.69	1:06.45 qCON
	31.47 34.98				
5	Ung, Natalie J	15	Campolindo High School	1:07.55	1:06.57 qCON
	31.87 34.70				
6	Watts, Vanessa K	15	Acalanes Swim Team-CA	1:06.99	1:06.84 qCON
	31.48 35.36				
7	Hanley, Paige M	18	Campolindo High School	1:06.08	1:06.97 qCON
	31.29 35.68				
8	Miller, Sophia	15	Clayton Valley	1:10.20	1:07.55 qCON
	31.66 35.89				
9	Murphy, Mollie J	17	Miramonte High School Swimming-HS	1:08.70	1:07.78 qCON
	32.07 35.71				
10	Rowell, Claire J	16	Acalanes Swim Team-CA	1:09.74	1:07.87 qCON
	31.92 35.95				
11	Edwards, Nicole A	18	Acalanes Swim Team-CA	1:13.20	1:08.51 qCON
	32.67 35.84				
12	Levy, Caraline		Northgate High School	1:09.39	1:08.59 qCON
	32.36 36.23				
13	Bardsley, Helena R	16	Miramonte High School Swimming-HS	1:10.94	1:08.68 qCON
	32.37 36.31				
14	Mooney, Kristina A	15	Las Lomas Knights-ZZ	1:08.09	1:08.72 qCON
	32.20 36.52				
15	Hawkins, Maggie E	15	Campolindo High School	1:09.74	1:08.99 qCON
	32.99 36.00				
16	Lucas, Lindsey E	14	Miramonte High School Swimming-HS	1:11.62	1:09.15 qCON
	33.84 35.31				
17	Greenberg, Alexis		Northgate High School	1:10.13	1:09.20 qCON
	32.35 36.85				
18	Dulski, Ella M	15	Miramonte High School Swimming-HS	1:09.91	1:09.37 qCON
	32.91 36.46				
19	Gronert, Zoe		Northgate High School	1:11.35	1:09.46 qCON
	32.47 36.99				
20	Rowell, Lexi H	17	Acalanes Swim Team-CA	1:11.66	1:09.57 qCON
	32.67 36.90				

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Preliminaries ... (Event 19 Girls 100 Yard Breaststroke Varsity)**

	Name	Age	School	Seed Time	Prelim Time	
21	Weise, Ava 15.99 53.86		Northgate High School	1:11.15	1:09.85	qCON
22	Miller, Emma J 33.07 36.90	15	Acalanes Swim Team-CA	1:13.91	1:09.97	qCON
23	Celentano, Serafina J 33.61 36.67	15	Clayton Valley	1:09.26	1:10.28	qCON
24	White, Laurel M 33.42 37.95	15	Acalanes Swim Team-CA	1:14.09	1:11.37	q
25	Kohlmeyer, Jasmine 34.25 37.66		Northgate High School	1:14.23	1:11.91	
26	Park, Madeline S 33.67 38.74	14	Miramonte High School Swimming-HS	1:13.07	1:12.41	
27	Marquez, Athena 34.75 37.93	17	Clayton Valley	1:16.62	1:12.68	
28	Logan, Maddy 34.64 39.30		Northgate High School	1:14.02	1:13.94	
29	Siow, Serena H 36.05 38.41	17	Miramonte High School Swimming-HS	1:18.56	1:14.46	
30	Polkinghorn, Sarah 35.05 40.94		Northgate High School	1:15.72	1:15.99	
31	Kohlmeyer, Katrina 35.72 40.96		Northgate High School	1:17.57	1:16.68	
32	Kelly, Emma 36.54 40.32	17	Clayton Valley	1:16.94	1:16.86	
33	Hamilton, Naomi 35.33 41.64	16	Clayton Valley	1:15.96	1:16.97	
34	Dajani, Lucy C 37.05 40.32	16	College Park High School Aquat-HS	1:15.21	1:17.37	
35	Moraes, Georgia 36.89 41.51	18	Clayton Valley	1:18.73	1:18.40	
36	Darland, Paris 37.44 41.69	15	Clayton Valley	1:19.94	1:19.13	
37	Alford, Lexi L 37.08 42.35	16	Alhambra High School Swimming-HS	1:21.16	1:19.43	
38	Canesa, Deana 36.08 43.43	19	Clayton Valley	1:20.23	1:19.51	
39	Meyers, Kelsey J 37.04 42.83	15	College Park High School Aquat-HS	1:19.68	1:19.87	
40	Iniguez, Amber 38.17 42.35		Benicia High School	1:17.39	1:20.52	
41	Davis, Emily 38.08 43.72		Benicia High School	1:19.36	1:21.80	
42	Hardisty, Tiara 38.44 43.48		Berean Christian High School-PC	1:21.59	1:21.92	
43	Quinlavin, Velvet 38.60 43.82	15	Clayton Valley	1:23.05	1:22.42	
44	Corkran, Sara 38.46 44.14	17	Concord High Swim Team-CC	1:25.61	1:22.60	
45	Duran, Gabby 39.79 43.75	18	Clayton Valley	1:23.99	1:23.54	
46	Ortner, Kelsey J 40.16 43.72	17	College Park High School Aquat-HS	1:26.13	1:23.88	

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Preliminaries ... (Event 19 Girls 100 Yard Breaststroke Varsity)**

	Name	Age	School	Seed Time	Prelim Time
47	Takamoto, Taylor F 41.42 45.66	14	Alhambra High School Swimming-HS	1:23.87	1:27.08
48	Zinn, Kallie W 43.23 48.50	16	Alhambra High School Swimming-HS	1:29.97	1:31.73
49	Seaman, Abigail 43.21 48.69		Benicia High School	1:25.17	1:31.90
---	Gomez, Daisy 50.58 59.61		Berean Christian High School-PC	NT	DQ

Event 20 Boys 100 Yard Breaststroke Varsity

DFAL record: 54.42 5/10/2013 Steven Stumph
59.21 NCS
1:03.99 CON

Campolindo

	Name	Age	School	Seed Time	Prelim Time
Preliminaries					
1	Loyet, Mason K 27.37 31.02	18	Campolindo High School	58.09	58.39 qNCS
2	Dulay, Adrian 28.41 31.41		Northgate High School	59.62	59.82 qCON
3	Vizental, Anthony 28.47 31.38	17	Clayton Valley	59.29	59.85 qCON
4	Jones, Deniz O 28.41 32.00	17	College Park High School Aquat-HS	1:00.04	1:00.41 qCON
5	Kong, Alec S 28.18 32.24	17	Campolindo High School	1:00.88	1:00.42 qCON
6	Longton, Marcus S 28.37 32.11	18	Campolindo High School	1:02.93	1:00.48 qCON
7	VandenBerghe, Luke C 28.42 32.13	17	Campolindo High School	1:04.73	1:00.55 qCON
8	Chau, Kenson 28.40 32.18	17	Las Lomas Knights-ZZ	1:00.89	1:00.58 qCON
9	Putong, Jericho 28.88 32.02		Benicia High School	1:02.91	1:00.90 qCON
10	York, Vincent 28.52 32.43	17	Clayton Valley	1:02.19	1:00.95 qCON
11	Devine, Jimmy P 28.61 32.66	16	Las Lomas Knights-ZZ	1:01.98	1:01.27 qCON
12	Chau, Zackary 29.48 32.69	15	Clayton Valley	1:04.89	1:02.17 qCON
13	Devlin, Andrew M 29.74 32.49	18	Miramonte High School Swimming-HS	1:06.29	1:02.23 qCON
14	Crossman, Kyle R 29.59 33.13	17	College Park High School Aquat-HS	1:05.85	1:02.72 qCON
15	Morgan, Garrett 29.36 33.62		Northgate High School	1:06.19	1:02.98 qCON
16	Golan, Jordan 29.63 33.57		Northgate High School	1:08.92	1:03.20 qCON
17	Keifer, Max L 30.57 32.97	15	Alhambra High School Swimming-HS	1:05.77	1:03.54 qCON
18	Carrington, Matt B 30.33 34.95	17	Miramonte High School Swimming-HS	1:04.80	1:05.28 q

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Preliminaries ... (Event 20 Boys 100 Yard Breaststroke Varsity)**

	Name	Age	School	Seed Time	Prelim Time	
19	Stanton, Soren D 31.51 34.40	14	College Park High School Aquat-HS	1:05.08	1:05.91	q
20	Laforteza, Drew G 30.68 35.37	17	Las Lomas Knights-ZZ	1:05.71	1:06.05	q
21	Santiago, Skyler 30.52 35.59		Northgate High School	1:09.71	1:06.11	q
22	Atwater, David S 31.02 35.15	18	Las Lomas Knights-ZZ	1:10.35	1:06.17	q
23	Faulkner, Logan 31.60 35.70	15	Concord High Swim Team-CC	1:07.96	1:07.30	q
24	Bergen, Lars 31.82 35.67	18	Concord High Swim Team-CC	1:10.18	1:07.49	q
25	Delizo, Brandon 31.05 36.72		Berean Christian High School-PC	1:07.43	1:07.77	
26	Barlow, Austin 32.07 36.13		Benicia High School	1:12.65	1:08.20	
27	Del Rosario, Ethan A 32.52 36.59	16	Acalanes Swim Team-CA	1:09.60	1:09.11	
28	Kelly, Devin 33.04 36.54	15	Clayton Valley	1:10.18	1:09.58	
29	David, Ronald 32.78 37.65	17	Concord High Swim Team-CC	1:12.22	1:10.43	
30	Estrella, Harley 32.70 38.11		Berean Christian High School-PC	1:17.51	1:10.81	
31	Pandza, Dorian * 33.34 38.26	16	College Park High School Aquat-HS	1:11.50	1:11.60	
32	Frisbie, James L 34.19 38.91	15	Alhambra High School Swimming-HS	1:13.72	1:13.10	
33	Rico, Matthew W 34.74 38.71	17	Alhambra High School Swimming-HS	1:19.83	1:13.45	
34	Rosenblatt, Kyle A 33.71 39.93	14	Acalanes Swim Team-CA	1:13.15	1:13.64	
35	McAdam, William 34.85 38.85	16	Clayton Valley	1:13.69	1:13.70	
36	Lamoureux, Luc G 34.05 39.68	16	College Park High School Aquat-HS	1:09.82	1:13.73	
37	Rico, Jonathon J 34.20 39.64	15	Alhambra High School Swimming-HS	1:16.99	1:13.84	
38	Oliver, Dylan 35.83 42.53		Berean Christian High School-PC	1:15.05	1:18.36	
39	Cevasco, Louie J 33.93 1:06.44	15	Alhambra High School Swimming-HS	1:13.58	1:40.37	
---	Salindong, Elian 30.00 33.52		Benicia High School	1:05.52	DQ	

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Event 21 Girls 400 Yard Freestyle Relay Varsity****DFAL record: 3:28.18****5/9/2015****Campolindo High School****Campo****S Cavalli, M Ashby, E Ward, A Campbell****3:42.77 NCS****4:09.99 CON**

Team				Relay			Seed Time		Prelim Time	
Preliminaries										
1	Acalanes Swim Team-CA			A			3:34.00		3:33.93	qNCS
	1) Gebhardt, Emily P 18			2) Suppiger, Shelby E 16			3) Fellner, Alex G 17		4) Roemer, Jewel L 17	
	25.65	52.99	25.27	52.82	16.37	55.24	25.17	52.88		
2	Campolindo High School			A			3:32.25		3:40.44	qNCS
	1) Crum, Christina C 17			2) Buckley, Maggie J 16			3) Hawkins, Katherine T 17		4) Follmer, Lizzy J 18	
	26.86	56.45	26.35	54.44	26.13	55.01	26.02	54.54		
3	Las Lomas Knights-ZZ			A			3:45.31		3:43.10	qCON
	1) Statler, Nina E 15			2) Snyder, Amelia L 14			3) Mooney, Kristina A 15		4) Carlson, Josie M 17	
	26.42	55.13	16.95	56.35	26.79	56.31	26.61	55.31		
4	Northgate High School			B			3:53.23		3:47.90	qCON
	1) Gearing, Delanie			2) Greenberg, Alexis			3) Greenberg, Victoria		4) Elian, Yara	
	27.18	56.46	28.44	58.92	26.83	56.35	26.78	56.17		
5	Miramonte High School Swimmir			A			3:38.92		3:48.32	qCON
	1) Killeen, Camille R 18			2) Dulski, Ella M 15			3) Hemming, Lindsay R 16		4) Clark, Grace E 14	
	27.27	56.08	26.69	55.90	27.03	57.29	27.89	59.05		
6	Las Lomas Knights-ZZ			B			3:55.53		3:48.96	qCON
	1) Gillis, Jenna L 18			2) Park, Kathryn P 15			3) Claus, Kate V 14		4) Masterson, Laynie L 15	
	27.11	57.18	26.69	56.40	26.71	57.11	27.49	58.27		
7	Campolindo High School			C			3:52.63		3:54.06	qCON
	1) Hawkins, Maggie E 15			2) Henningsen, Jessica M 18			3) Leone, Carla A 17		4) Gregory, Kassy L 17	
	27.59	56.73	27.39	58.15	28.73	1:00.09	27.77	59.09		
8	Acalanes Swim Team-CA			C			4:00.86		3:54.95	qCON
	1) Ganter, Daphne M 16			2) Benisek, Zoe L 17			3) Hagglund, Dylan E 16		4) Todhunter, Amanda S 15	
	28.73	59.97	26.93	57.49	27.93	59.37	27.43	58.12		
9	Benicia High School			A			3:59.16		3:56.73	CON
	1) Larson, Jessica			2) Lindemuth, Emma			3) Gomez, Mikaela		4) Davis, Jayme	
	25.85	53.77	28.43	59.52	27.51	1:09.63	20.22	53.81		
10	College Park High School Aquat-F			A			3:56.54		3:57.61	CON
	1) Martinez, Sydney A 17			2) Fitzgerald, Lexie N 15			3) Meyers, Kelsey J 15		4) Thomas, Tay M 16	
	28.11	1:00.57	28.23	1:01.13	28.81	1:01.40	26.19	54.51		
11	Clayton Valley			B			4:00.48		4:01.78	CON
	1) Vines, Madelyn 17			2) DeSeelhorst, Molly 15			3) Marquez, Athena 17		4) Callahan, Camylle 16	
	29.21	1:01.90	29.46	1:02.60	28.08	59.11	27.71	58.17		
12	Concord High Swim Team-CC			A			4:12.57		4:02.07	CON
	1) Stanziano, Rayna 17			2) Weires, Lillian 14			3) Hernandez, Isabela 17		4) Castaneda, Enya 16	
	28.67	1:00.88	29.06	1:01.15	30.17	1:02.31	28.59	57.73		
13	Alhambra High School Swimming			A			4:04.40		4:05.02	CON
	1) Concepcion, Casey E 15			2) Hern, Abigail E 16			3) Harbaugh, Mia R 15		4) Alford, Lexi L 16	
	29.09	1:05.29	24.24	56.22	29.61	1:01.97	28.91	1:01.54		
14	Northgate High School			C			NT		4:11.70	
	1) Leto, Sophia			2) McGowan, Shea			3) Sibley, Jordan		4) Polkinghorn, Sarah	
	30.31	1:02.43	30.69	1:04.81	28.83	1:01.52	29.46	1:02.94		
15	Clayton Valley			C			4:01.51		4:15.71	
	1) Ward, Amanda 16			2) Meyerson, Amanda 14			3) Skow, Sydney		4) Castaneda, Isabella L 16	
	31.30	1:05.09	16.66	1:04.55	29.15	1:01.53	30.71	1:04.54		

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Preliminaries ... (Event 21 Girls 400 Yard Freestyle Relay Varsity)**

Team	Relay	Seed Time	Prelim Time
16 Benicia High School	B	4:49.14	4:28.59
1) Seaman, Abigail	2) McGuire, Cassidy	3) Mainini, Alyssa	4) Hunter, Maya
34.06 1:12.10 31.20 1:05.69 30.15 1:05.30 31.13 1:05.50			
--- Acalanes Swim Team-CA	B	3:47.50	DQ
1) Edwards, Nicole A 18	2) Schirmer, Caroline J 16	3) Heffelfinger, Mary Beth E 16	4) Heffelfinger, Heidi 15
26.85 56.90 15.28 55.86 27.09 57.91 26.39 54.85			
--- Northgate High School	A	3:43.94	DQ
1) Stahl, Victoria	2) Sterling, Piper	3) Lund, Alyssa	4) Andresen, Maile
26.16 54.14 26.12 54.98 25.39 53.84 15.04 53.78			

Event 22 Boys 400 Yard Freestyle Relay Varsity

DFAL record: 3:03.08 5/10/2013 Campolindo High School
S Campbell, S Stumph, J Ratchford, G Sivesind
3:16.97 NCS
3:43.99 CON

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Campolindo High School	B	3:14.11	3:15.02 qNCS
1) McGuire, Tom S 17	2) Loyet, Mason K 18	3) Vollmar, Aidan S 17	4) Birdsong, Will H 16
23.64 48.87 23.77 49.87 23.06 47.52 23.06 48.76			
2 Campolindo High School	A	3:08.06	3:15.95 qNCS
1) Jensen, Soren A 17	2) Le-Nguyen, Zach M 15	3) Lanzara, Matteo R 18	4) Kong, Alec S 17
22.98 47.99 23.48 48.28 16.89 49.26 24.20 50.42			
3 Clayton Valley	A	3:11.76	3:18.65 qCON
1) Vizental, Anthony 17	2) Brown, Cal 18	3) Parker, John 17	4) Weigelt, Niklas 18
24.00 49.28 24.74 49.32 23.15 49.26 24.01 50.79			
4 Miramonte High School Swimmir	A	3:15.50	3:20.61 qCON
1) Bradley, Dominic T 17	2) Barber, Will B 17	3) Hoover, Brady C 17	4) Meckfessel, Grayson J 17
24.93 51.87 23.69 49.24 23.77 49.69 23.91 49.81			
5 Las Lomas Knights-ZZ	A	3:26.78	3:22.29 qCON
1) Horrigan, Graham P 17	2) Chau, Kenson 17	3) Matthews, ian F 16	4) Conrad, Elijah J 16
24.15 49.63 24.59 51.34 24.11 50.73 23.26 50.59			
6 Miramonte High School Swimmir	B	3:20.50	3:23.18 qCON
1) Hoover, Blake G 17	2) Carrington, Matt B 17	3) Roche, Griffin G 16	4) Sherwood, Dax M 15
23.86 48.99 24.28 51.62 23.83 51.11 24.21 51.46			
7 Campolindo High School	C	3:18.17	3:24.47 qCON
1) Lenahan, Ryan M 17	2) Zamanian, Brock D 16	3) Twyman, Bernave M 18	4) Twyman, Cristian H 18
24.67 49.96 23.79 49.42 25.55 53.16 24.88 51.93			
8 Miramonte High School Swimmir	C	3:23.50	3:30.44 qCON
1) Hillen, Peter D 18	2) Devlin, Andrew M 18	3) Devlin, Christopher M 15	4) Painter, Jackson W 17
25.06 52.22 25.95 54.50 26.31 55.30 23.38 48.42			
9 Acalanes Swim Team-CA	A	3:30.10	3:34.43 CON
1) Nagle, Will H 16	2) Mills, Jay H 16	3) Feigin, Patrick A 16	4) Benisek, Zack W 15
24.45 51.43 25.00 53.37 25.62 55.08 25.64 54.55			
10 Las Lomas Knights-ZZ	B	3:34.75	3:35.67 CON
1) Devine, Jimmy P 16	2) Solorzano, Tulio A 14	3) Martin, Jack R 17	4) Laforteza, Drew G 17
26.33 53.79 25.90 53.52 25.74 55.07 25.32 53.29			
11 Northgate High School	B	3:36.27	3:41.26 CON
1) Sanchez, Cole	2) Flora, Kyle	3) Santiago, Skyler	4) Deleon, Tony
24.51 52.19 27.13 57.43 25.95 55.27 25.90 56.37			

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Trials****Preliminaries ... (Event 22 Boys 400 Yard Freestyle Relay Varsity)**

	Team			Relay			Seed Time		Prelim Time
12	Benicia High School			A			3:48.92		3:44.41
	1) Jellison, Nathaniel			2) Rollans, Mason			3) Birdseye, Joseph		4) Salindong, Elian
	23.78	49.99	26.28	57.59	29.68	1:03.67	25.12	53.16	
13	College Park High School Aquat-I			A			3:41.74		3:47.48
	1) Nguyen, Dylan 18			2) Stanton, Jakob W 17			3) DeBoer, Jeff R 15		4) Stanton, Soren D 14
	26.17	55.35	28.67	1:00.77	26.04	56.17	26.60	55.19	
14	Alhambra High School Swimming			A			3:51.97		3:53.92
	1) Wold, Ryan J 16			2) Holland, Taylor S 15			3) Cevasco, Louie J 15		4) Bender, Elam Z 17
	26.56	56.62	27.72	57.81	28.77	1:00.18	26.98	59.31	
15	Clayton Valley			C			4:06.50		3:54.54
	1) Bluth, Trevor J 17			2) Gonzalez, Julian 15			3) Moss, Aiden 15		4) Moss, Kieran 17
	26.18	54.70	29.16	1:01.46	28.90	1:02.11	26.69	56.27	
16	College Park High School Aquat-I			B			3:56.66		3:58.69
	1) Pandza, Dorian * 16			2) Lamoureux, Luc G 16			3) Ruiz, Cristo D 18		4) Hutchinson, Matthew J 15
	28.44	58.60	28.13	1:02.24	28.52	1:00.59	26.72	57.26	
17	Clayton Valley			B			3:41.57		4:03.16
	1) York, Vincent 17			2) Blatter, Tanner 16			3) Kelly, Devin 15		4) Duggan, Carrick 15
	25.50	53.11	25.28	55.47	26.79	1:24.45	28.98	50.13	
18	Alhambra High School Swimming			B			4:08.79		4:09.31
	1) Frisbie, James L 15			2) Rico, Matthew W 17			3) Rico, Jonathon J 15		4) Keifer, Max L 15
	30.22	1:05.42	28.47	1:01.18	30.02	1:04.02	28.21	58.69	
---	Acalanes Swim Team-CA			B			3:44.33		DQ
	1) Melfi, Beck G 15			2) Porciuncula, Colin K 16			3) Kuo, Zach M 17		4) Walker, Ethan H 16
	26.22	55.53	25.90	54.83	28.43	1:00.00	28.07	59.31	
---	Northgate High School			A			3:30.61		DQ
	1) Finck, John			2) McNulty, Connor			3) Blankley, Mark		4) Davies, Thomas
	24.10	51.91	16.37	52.47	24.02	51.22	23.71	49.25	