

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Finals****Event 1 Girls 200 Yard Medley Relay Varsity**

DFAL record: 1:43.92 5/13/2011 Las Lomas Knights

D Madsen, T Carlson, J Amog, K Leonard

1:52.64 NCS

2:03.59 CON

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
1 Miramonte High School Swimmir	A	1:51.63	1:44.63 NCS	40
1) Kosturos, Sophia B 18	2) McDonald, Margaux E 17	3) Lyons, Katie E 18	4) Engs, Eloise A 17	
25.28 29.08 26.22	24.05			
2 Campolindo High School	A	1:50.68	1:44.68 NCS	34
1) Follmer, Lizzy J 18	2) Hanley, Channing F 16	3) Smith, Maddie L 17	4) van Meines, Amber E 15	
27.07 29.38 25.04	23.19			
3 Las Lomas Knights-ZZ	A	1:49.44	1:47.72 NCS	32
1) Statler, Nina E 15	2) Mooney, Kristina A 15	3) Carlson, Josie M 17	4) Kermoian, Kelly L 15	
27.09 30.33 25.69	24.61			
4 Northgate High School	A	1:52.17	1:51.58 NCS	30
1) Levy, Caraline	2) Gearing, Delanie	3) Sterling, Piper	4) McNulty, Ainsley	
28.72 31.17 27.00	24.69			
5 Acalanes Swim Team-CA	A	1:51.41	1:52.00 NCS	28
1) Walker, Kylie S 17	2) Watts, Vanessa K 15	3) McCarthy, Anna C 16	4) Rowell, Claire J 16	
29.15 30.48 27.20	25.17			
6 Clayton Valley	A	1:53.74	1:53.54 CON	26
1) Biles, Caitlin 17	2) Miller, Sophia 15	3) Hetherton, Caela 16	4) DuLong, Gianna 17	
28.68 33.18 27.67	24.01			
7 College Park High School Aquat-F	A	1:59.51	1:55.96 CON	24
1) MacDonald, Lily C 15	2) Dajani, Lucy C 16	3) Thomas, Tay M 16	4) Martinez, Sydney A 17	
31.67 32.46 25.76	26.07			
8 Benicia High School	A	1:59.27	1:59.37 CON	22
1) McGuire, Cassidy	2) Davis, Emily	3) Lindemuth, Emma	4) Gomez, Mikaela	
31.08 34.10 27.53	26.66			

Event 2 Boys 200 Yard Medley Relay Varsity

DFAL record: 1:32.23 5/9/2015 Northgate

Broncos

C Kirkpatrick, S Wu, M Tittle, M Bottene

1:38.79 NCS

1:52.99 CON

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
1 Northgate High School	A	1:37.26	1:34.70 NCS	40
1) Rodriguez, Andrew	2) Dulay, Adrian	3) Welsh, Kai	4) Ledesma, Zach	
23.74 26.34 23.25	21.37			
2 Campolindo High School	B	1:36.50	1:34.72 NCS	34
1) Le-Nguyen, Zach M 15	2) Loyet, Mason K 18	3) Baker, Alec D 18	4) Dunn, Garrett H 18	
24.02 26.35 23.06	21.29			
3 Las Lomas Knights-ZZ	A	1:38.54	1:38.68 NCS	32
1) Horrigan, Graham P 17	2) Chau, Kenson 17	3) Alvarado, Jake T 16	4) Matthews, ian F 16	
24.71 27.62 23.69	22.66			
4 Benicia High School	A	1:41.92	1:40.30 CON	30
1) Jellison, Nathaniel	2) Putong, Jericho	3) Rafac, Jacob	4) Salindong, Elian	
25.21 28.03 24.28	22.78			
5 Miramonte High School Swimmir	A	1:40.58	1:40.87 CON	28
1) Sherwood, Dax M 15	2) Devlin, Andrew M 18	3) Bruen, Chris M 16	4) Coons, Will N 16	
25.63 29.04 23.99	22.21			

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Finals****A - Final ... (Event 2 Boys 200 Yard Medley Relay Varsity)**

	Team	Relay	Prelim Time	Finals Time	Points
6	Clayton Valley	A	1:42.04	1:41.47 CON	26
	1) McIntyre, Ian D 17	2) York, Vincent 17	3) Donado, Damien I 15	4) Chau, Zackary 15	
	25.96 28.17 24.34	23.00			
7	College Park High School Aquat-F	A	1:42.23	1:42.74 CON	24
	1) Masongsong, Devin L 16	2) Crossman, Kyle R 17	3) Hutchinson, Matthew J 15	4) Nguyen, Dylan 18	
	26.24 28.23 24.75	23.52			
8	Acalanes Swim Team-CA	A	1:45.80	1:47.32 CON	22
	1) Archer, Peter M 16	2) Del Rosario, Ethan A 16	3) Goodson, Dean L 15	4) Stephenson, Liam T 16	
	26.85 31.76 23.91	24.80			

Event 3 Girls 200 Yard Freestyle Varsity

DFAL record: 1:51.11 5/9/2015 Sara Delay

Northgate

1:54.89 NCS

2:02.99 CON

	Name	Age	School	Prelim Time	Finals Time	Points
A - Final						
1	Gebhardt, Emily P	18	Acalanes Swim Team-CA	1:53.63	1:51.97 NCS	20
	26.01 28.10 28.92	28.94				
2	Stahl, Victoria		Northgate High School	1:55.21	1:54.55 NCS	17
	26.68 28.60 29.60	29.67				
3	Roemer, Jewel L	17	Acalanes Swim Team-CA	1:55.66	1:56.01 CON	16
	27.12 28.96 29.80	30.13				
4	Fok, Lexi L	15	Campolindo High School	1:54.73	1:56.13 CON	15
	26.66 28.90 30.12	30.45				
5	Hawkins, Katherine T	17	Campolindo High School	1:57.81	1:57.45 CON	14
	27.25 29.66 30.14	30.40				
6	Gearing, Delanie		Northgate High School	1:57.35	1:57.70 CON	13
	27.09 29.48 30.41	30.72				
7	Davis, Jayme		Benicia High School	1:57.31	1:57.99 CON	12
	29.02 29.41 29.84	29.72				
8	Crum, Christina C	17	Campolindo High School	1:58.94	1:59.37 CON	11
	27.68 29.84 30.81	31.04				
B - Final						
9	Heffelfinger, Heidi	15	Acalanes Swim Team-CA	2:00.07	1:57.54 CON	9
	27.83 29.71 30.14	29.86				
10	Hemming, Lindsay R	16	Miramonte High School Swimming-HS	2:00.01	1:57.92 CON	7
	27.55 29.72 30.52	30.13				
11	Fellner, Alex G	17	Acalanes Swim Team-CA	1:59.26	1:59.47 CON	6
	27.50 29.69 30.64	31.64				
12	Supran, Maya H	16	Miramonte High School Swimming-HS	2:00.31	1:59.48 CON	5
	28.01 29.89 30.42	31.16				
13	Le-Nguyen, Anna F	17	Miramonte High School Swimming-HS	2:00.27	2:00.11 CON	4
	27.77 29.77 30.72	31.85				
14	DuLong, Gianna	17	Clayton Valley	2:00.49	2:01.18 CON	3
	27.93 30.63 31.25	31.37				
15	Gregory, Kassy L	17	Campolindo High School	2:04.15	2:02.93 CON	2
	28.19 31.11 32.02	31.61				
16	Cleveland, Audrey	16	Miramonte High School Swimming-HS	2:02.10	2:04.89	1
	27.69 30.67 32.71	33.82				
C - Final						
17	Wise, Emma K	18	Las Lomas Knights-ZZ	2:04.69	2:05.54	
	28.94 31.73 32.90	31.97				

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Finals****C - Final ... (Event 3 Girls 200 Yard Freestyle Varsity)**

	Name	Age	School	Prelim Time	Finals Time	Points
18	Gillis, Jenna L	18	Las Lomas Knights-ZZ	2:06.60	2:05.66	
	28.62 31.66 32.31	33.07				
19	Vines, Madelyn	17	Clayton Valley	2:07.05	2:06.75	
	28.69 31.88 32.80	33.38				
20	Skow, Jordan	15	Clayton Valley	2:08.15	2:09.28	
	29.08 32.51 33.78	33.91				
21	Meyerson, Amanda	14	Clayton Valley	2:08.29	2:09.55	
	28.56 32.23 34.45	34.31				
22	Cannon, Sheena		Berean Christian High School-PC	2:11.09	2:11.31	
	29.84 33.54 34.46	33.47				
23	Harbaugh, Mia R	15	Alhambra High School Swimming-HS	2:11.65	2:14.84	
	29.45 33.04 35.87	36.48				

Event 4 Boys 200 Yard Freestyle Varsity

DFAL record: 1:36.16 5/10/2013 Jackson Miller

Las Lomas

1:42.80 NCS

1:49.99 CON

	Name	Age	School	Prelim Time	Finals Time	Points
A - Final						
1	Percin, Sean A	18	Campolindo High School	1:42.78	1:40.47	NCS 20
	24.00 25.69 25.55	25.23				
2	Painter, Jackson W	17	Miramonte High School Swimming-HS	1:42.79	1:42.75	NCS 17
	24.23 26.34 26.57	25.61				
3	Lenahan, Ryan M	17	Campolindo High School	1:42.42	1:42.86	CON 16
	24.10 26.07 26.43	26.26				
4	Vollmar, Aidan S	17	Campolindo High School	1:42.79	1:43.01	CON 15
	24.52 26.57 26.47	25.45				
5	Alvarado, Jake T	16	Las Lomas Knights-ZZ	1:46.45	1:45.78	CON 14
	24.87 26.67 27.12	27.12				
6	Zamanian, Brock D	16	Campolindo High School	1:45.94	1:45.93	CON 13
	24.70 26.52 27.11	27.60				
7	Hoover, Blake G	17	Miramonte High School Swimming-HS	1:46.46	1:46.26	CON 12
	24.68 26.78 27.87	26.93				
8	Meckfessel, Grayson J	17	Miramonte High School Swimming-HS	1:46.53	1:47.92	CON 11
	24.70 26.96 27.84	28.42				

B - Final

9	Barber, Will B	17	Miramonte High School Swimming-HS	1:47.07	1:44.31	CON 9
	24.06 26.33 26.77	27.15				
10	Jellison, Nathaniel		Benicia High School	1:46.78	1:46.89	CON 7
	24.62 26.49 28.18	27.60				
11	Blankley, Mark		Northgate High School	1:49.34	1:47.93	CON 6
	24.80 26.98 27.98	28.17				
12	McIntyre, Ian D	17	Clayton Valley	1:50.61	1:49.10	CON 5
	24.76 27.13 28.51	28.70				
13	Davies, Thomas		Northgate High School	1:50.35	1:49.66	CON 4
	25.04 27.37 28.48	28.77				
14	Mills, Jay H	16	Acalanes Swim Team-CA	1:54.20	1:53.42	3
	25.87 28.34 29.81	29.40				
15	Martin, Jack R	17	Las Lomas Knights-ZZ	1:57.24	1:54.93	2
	25.41 28.43 30.45	30.64				
16	Richison, Hunter H	16	Las Lomas Knights-ZZ	1:56.25	1:57.34	1
	26.34 29.05 30.91	31.04				

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Finals****C - Final ... (Event 4 Boys 200 Yard Freestyle Varsity)**

Name				Age	School	Prelim Time	Finals Time	Points
C - Final								
17	Sasser, Cal J			17	Las Lomas Knights-ZZ	1:59.10	1:57.19	
	26.63	29.28	30.97	30.31				
18	Popov, Maks K			15	College Park High School Aquat-HS	1:58.18	1:57.70	
	26.37	28.91	30.89	31.53				
19	Stephenson, Liam T			16	Acalanes Swim Team-CA	1:59.93	1:58.01	
	26.83	29.55	31.08	30.55				
20	Longley, Toshio			16	Clayton Valley	1:58.46	1:58.11	
	26.53	28.64	30.82	32.12				
21	Hall, Luke E			16	Acalanes Swim Team-CA	1:59.16	1:58.46	
	26.78	29.68	30.91	31.09				
22	Shaver, Mac S			16	College Park High School Aquat-HS	2:02.40	2:00.01	
	25.99	29.12	31.46	33.44				
23	Blatter, Tanner			16	Clayton Valley	2:01.09	2:01.46	
	26.02	29.31	32.34	33.79				

Event 5 Girls 200 Yard IM Varsity

DFAL record: 2:01.71 5/9/2015 Brittany Usinger
 2:09.65 NCS
 2:18.69 CON

Acalanes

	Name				Age	School	Prelim Time	Finals Time		Points
A - Final										
1	McDonald, Margaux E				17	Miramonte High School Swimming-HS	2:07.36	2:02.20	NCS	20
	26.84	30.40	35.54	29.42						
2	Smith, Maddie L				17	Campolindo High School	2:06.84	2:03.78	NCS	17
	27.20	30.25	36.53	29.80						
3	Suppiger, Shelby E				16	Acalanes Swim Team-CA	2:04.29	2:06.58	NCS	16
	27.59	31.48	36.89	30.62						
4	Hanley, Channing F				16	Campolindo High School	2:10.75	2:07.36	NCS	15
	27.10	32.27	36.52	31.47						
5	Carlson, Josie M				17	Las Lomas Knights-ZZ	2:09.71	2:07.61	NCS	14
	27.24	31.86	38.36	30.15						
6	Buckley, Maggie J				16	Campolindo High School	2:10.85	2:07.96	NCS	13
	27.55	31.49	38.02	30.90						
7	Miller, Sophia				15	Clayton Valley	2:12.02	2:12.26	CON	12
	27.95	33.48	39.02	31.81						
8	Watts, Vanessa K				15	Acalanes Swim Team-CA	2:12.88	2:12.31	CON	11
	29.23	35.00	36.02	32.06						
B - Final										
9	Sterling, Piper					Northgate High School	2:13.17	2:12.49	CON	9
	28.57	33.92	38.50	31.50						
10	Hawkins, Maggie E				15	Campolindo High School	2:13.09	2:12.70	CON	7
	28.58	34.85	38.54	30.73						
11	Kermoian, Kelly L				15	Las Lomas Knights-ZZ	2:17.23	2:14.12	CON	6
	28.45	32.56	41.60	31.51						
12	Wu, Charlotte T				18	Miramonte High School Swimming-HS	2:13.89	2:14.32	CON	5
	28.85	33.41	39.76	32.30						
13	Greenberg, Victoria					Northgate High School	2:16.04	2:16.49	CON	4
	29.18	34.63	39.67	33.01						
14	Murphy, Mollie J				17	Miramonte High School Swimming-HS	2:16.75	2:16.75	CON	3
	29.78	36.33	37.95	32.69						

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Finals****B - Final ... (Event 5 Girls 200 Yard IM Varsity)**

	Name	Age	School	Prelim Time	Finals Time	Points
15	Rowell, Lexi H	17	Acalanes Swim Team-CA	2:17.72	2:17.49	CON 2
	30.15 35.28 39.06	33.00				
16	Ganter, Daphne M	16	Acalanes Swim Team-CA	2:16.85	2:17.53	CON 1
	28.51 34.60 42.21	32.21				

C - Final

17	Carlson, Gemma P	15	Las Lomas Knights-ZZ	2:20.16	2:16.41	CON
	30.10 34.58 38.78	32.95				
18	Bardsley, Helena R	16	Miramonte High School Swimming-HS	2:17.99	2:17.61	CON
	29.62 35.81 39.50	32.68				
19	Marquez, Athena	17	Clayton Valley	2:19.70	2:17.81	CON
	29.51 34.49 41.19	32.62				
20	Celentano, Serafina J	15	Clayton Valley	2:19.86	2:20.16	
	31.06 36.44 38.84	33.82				
21	Laforteza, Payton L	14	Las Lomas Knights-ZZ	2:20.73	2:20.82	
	29.23 34.38 43.21	34.00				
22	Kohlmeyer, Katrina		Northgate High School	2:24.73	2:25.84	
	31.00 36.50 42.91	35.43				
23	Concepcion, Casey E	15	Alhambra High School Swimming-HS	2:25.41	2:30.53	
	32.02 38.08 44.26	36.17				
---	Jacques, Allison		Northgate High School	2:20.34	DQ	
	30.49 34.88 40.79	33.62				

Event 6 Boys 200 Yard IM Varsity

DFAL record: 1:49.35 5/12/2012 Steven Stumph Campo
 1:57.15 NCS
 2:05.99 CON

	Name	Age	School	Prelim Time	Finals Time	Points
A - Final						
1	Weigelt, Niklas	18	Clayton Valley	1:53.59	1:51.57	NCS 20
	23.48 28.13 33.44	26.52				
2	Lanzara, Matteo R	18	Campolindo High School	1:55.02	1:54.24	NCS 17
	25.22 28.10 34.34	26.58				
3	Rodriguez, Andrew		Northgate High School	1:58.49	1:54.56	NCS 16
	24.42 28.07 34.89	27.18				
4	Le-Nguyen, Zach M	15	Campolindo High School	1:55.82	1:54.70	NCS 15
	24.62 28.93 34.78	26.37				
5	Vizental, Anthony	17	Clayton Valley	1:56.98	1:56.43	NCS 14
	24.85 30.59 33.65	27.34				
6	Baker, Alec D	18	Campolindo High School	1:56.19	1:56.59	NCS 13
	24.75 29.76 35.15	26.93				
7	McGuire, Tom S	17	Campolindo High School	1:56.71	1:56.83	NCS 12
	25.02 28.65 35.42	27.74				
8	Jones, Deniz O	17	College Park High School Aquat-HS	1:59.85	1:59.85	CON 11
	25.39 30.30 34.36	29.80				
B - Final						
9	Rafac, Jacob		Benicia High School	2:01.68	2:00.58	CON 9
	25.47 32.44 35.32	27.35				
10	Fong, A.J.		Northgate High School	2:03.15	2:02.89	CON 7
	26.07 31.92 35.37	29.53				
11	Bruen, Chris M	16	Miramonte High School Swimming-HS	2:01.10	2:03.39	CON 6
	24.29 30.09 39.37	29.64				

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Finals****B - Final ... (Event 6 Boys 200 Yard IM Varsity)**

	Name	Age	School	Prelim Time	Finals Time	Points
12	Nicol, Donny F	17	Las Lomas Knights-ZZ	2:04.86	2:04.19 CON	5
	25.17 32.23 37.75 29.04					
13	Davidson, Donovan C	15	Miramonte High School Swimming-HS	2:02.39	2:04.82 CON	4
	25.92 31.94 37.31 29.65					
14	Roche, Griffin G	16	Miramonte High School Swimming-HS	2:05.68	2:05.78 CON	3
	26.97 31.07 37.78 29.96					
15	Chau, Zackary	15	Clayton Valley	2:05.76	2:06.54	2
	26.94 32.54 36.05 31.01					
16	Laforteza, Drew G	17	Las Lomas Knights-ZZ	2:05.71	2:07.37	1
	26.50 33.17 37.72 29.98					

C - Final

17	Bremer, Conrad		Northgate High School	2:08.05	2:05.26 CON	
	25.85 30.93 37.72 30.76					
18	Carrington, Matt B	17	Miramonte High School Swimming-HS	2:06.77	2:06.17	
	26.45 31.28 37.85 30.59					
19	Devine, Jimmy P	16	Las Lomas Knights-ZZ	2:06.98	2:06.96	
	27.82 34.37 34.44 30.33					
20	Stanton, Soren D	14	College Park High School Aquat-HS	2:10.75	2:09.26	
	27.96 34.71 36.38 30.21					
21	Del Rosario, Ethan A	16	Acalanes Swim Team-CA	2:10.55	2:09.62	
	28.39 31.59 39.67 29.97					
22	Keifer, Max L	15	Alhambra High School Swimming-HS	2:09.74	2:09.90	
	28.51 35.80 34.41 31.18					
23	Solorzano, Tulio A	14	Las Lomas Knights-ZZ	2:11.22	2:11.85	
	27.85 34.25 39.03 30.72					
24	Judson, Thomas H	17	Acalanes Swim Team-CA	2:10.40	2:16.97	
	27.82 35.46 40.59 33.10					

Event 7 Girls 50 Yard Freestyle Varsity

DFAL record: 22.99 5/14/2010 Kasey Carlson

Las Lomas-

24.63 NCS

25.69 CON

	Name	Age	School	Prelim Time	Finals Time	Points
A - Final						
1	Kosturos, Sophia B	18	Miramonte High School Swimming-HS	23.48	23.08 NCS	20
2	Larson, Jessica		Benicia High School	24.23	23.61 NCS	17
3	Statler, Nina E	15	Las Lomas Knights-ZZ	24.55	24.20 NCS	16
4	Lund, Alyssa		Northgate High School	24.56	24.23 NCS	15
5	DuLong, Gianna	17	Clayton Valley	24.88	24.56 NCS	14
6	Engs, Eloise A	17	Miramonte High School Swimming-HS	24.63	24.61 NCS	13
7	O'Brien, Ashleen S	18	Campolindo High School	24.70	24.84 CON	12
8	Murphy, Mackenzie F	16	Miramonte High School Swimming-HS	24.88	24.91 CON	11
B - Final						
9	Lyons, Katie E	18	Miramonte High School Swimming-HS	24.97	24.58 NCS	9
10	Levy, Caraline		Northgate High School	24.90	24.60 NCS	7
11	Ung, Natalie J	15	Campolindo High School	25.27	24.79 CON	6
12	Hanley, Paige M	18	Campolindo High School	25.14	24.92 CON	5
13	Ciruli, Lola M	16	Campolindo High School	25.17	24.97 CON	4
14	Mooney, Kristina A	15	Las Lomas Knights-ZZ	25.14	24.98 CON	3
15	McNulty, Ainsley		Northgate High School	25.21	25.05 CON	2
16	Rowell, Claire J	16	Acalanes Swim Team-CA	25.05	25.37 CON	1

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Finals****C - Final ... (Event 7 Girls 50 Yard Freestyle Varsity)**

	Name	Age	School	Prelim Time	Finals Time	Points
C - Final						
17	Biles, Caitlin	17	Clayton Valley	25.28	25.53	CON
18	Eliau, Yara		Northgate High School	25.82	25.60	CON
19	Snyder, Amelia L	14	Las Lomas Knights-ZZ	25.48	25.77	
20	White, Laurel M	15	Acalanes Swim Team-CA	25.70	25.80	
21	Edwards, Nicole A	18	Acalanes Swim Team-CA	25.33	25.83	
22	Walker, Kylie S	17	Acalanes Swim Team-CA	25.68	26.01	
23	Stanziano, Rayna	17	Concord High Swim Team-CC	26.01	26.03	
24	Hetheron, Caela	16	Clayton Valley	25.92	26.24	

Event 8 Boys 50 Yard Freestyle Varsity

DFAL record: 20.33 5/10/2013 Sven Campbell Campolindo
 21.82 NCS
 22.88 CON

	Name	Age	School	Prelim Time	Finals Time	Points
A - Final						
1	Larsen, Jack S	17	Campolindo High School	21.69	21.78	NCS 20
2	Zhang, Richard R	18	Campolindo High School	22.00	21.82	NCS 17
3	Brown, Cal	18	Clayton Valley	21.94	21.84	CON 16
4	Dunn, Garrett H	18	Campolindo High School	22.17	21.93	CON 15
5	Parker, John	17	Clayton Valley	21.92	21.96	CON 14
6	Jensen, Soren A	17	Campolindo High School	22.27	22.02	CON 13
7	Ledesma, Zach		Northgate High School	22.11	22.16	CON 12
8	Coons, Will N	16	Miramonte High School Swimming-HS	22.24	22.46	CON 11
B - Final						
9	Strand, Cambell D	18	Miramonte High School Swimming-HS	22.38	22.42	CON 9
10	Hoover, Brady C	17	Miramonte High School Swimming-HS	22.65	22.69	CON 7
11	McNulty, Connor		Northgate High School	22.90	22.83	CON 6
12	Nagle, Will H	16	Acalanes Swim Team-CA	22.68	23.02	5
13	Cliatt, Joe		Berean Christian High School-PC	22.98	23.06	4
14	Crossman, Kyle R	17	College Park High School Aquat-HS	22.50	23.16	3
15	Matthews, Ian F	16	Las Lomas Knights-ZZ	22.92	23.34	2
16	Oconnor, Tommy M	16	Las Lomas Knights-ZZ	22.68	24.00	1
C - Final						
17	Roderick, Del C	16	Alhambra High School Swimming-HS	23.33	22.90	
18	Bradley, Dominic T	17	Miramonte High School Swimming-HS	23.11	22.97	
19	Estenoz, Gabriel		Berean Christian High School-PC	23.22	23.40	
20	York, Vincent	17	Clayton Valley	23.08	23.41	
21	Cosentino, Jack	17	Las Lomas Knights-ZZ	23.22	23.44	
22	Golan, Jordan		Northgate High School	23.44	23.59	
23	Finck, John		Northgate High School	23.46	23.61	
24	Suppiger, Colby T	17	Acalanes Swim Team-CA	23.57	23.72	

Event 9 Girls 100 Yard Butterfly Varsity

DFAL record: 54.75 5/10/2013 Brittany Usinger Acalanes
 58.33 NCS
 1:01.99 CON

	Name	Age	School	Prelim Time	Finals Time	Points
A - Final						
1	Larson, Jessica		Benicia High School	58.32	56.48	NCS 20
	26.92 29.56					

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Finals****A - Final ... (Event 9 Girls 100 Yard Butterfly Varsity)**

	Name	Age	School	Prelim Time	Finals Time		Points
2	Smith, Maddie L 26.79 29.99	17	Campolindo High School	58.28	56.78	NCS	17
3	McDonald, Margaux E 27.06 29.80	17	Miramonte High School Swimming-HS	58.51	56.86	NCS	16
4	Thomas, Tay M 27.17 30.31	16	College Park High School Aquat-HS	58.71	57.48	NCS	15
5	Carlson, Josie M 26.82 30.67	17	Las Lomas Knights-ZZ	57.94	57.49	NCS	14
6	Follmer, Lizzy J 27.20 30.64	18	Campolindo High School	58.18	57.84	NCS	13
7	Valvur, Camille E 27.61 31.49	18	Campolindo High School	59.06	59.10	CON	12
8	Sterling, Piper 28.05 31.35		Northgate High School	59.75	59.40	CON	11

B - Final

9	Osborn, Lydia K 27.65 31.64	14	Campolindo High School	1:00.06	59.29	CON	9
10	Gomez, Mikaela 28.26 31.77		Benicia High School	1:00.30	1:00.03	CON	7
11	McConnell, Sam 28.00 32.10		Berean Christian High School-PC	59.89	1:00.10	CON	6
12	Killeen, Camille R 28.69 31.73	18	Miramonte High School Swimming-HS	1:01.29	1:00.42	CON	5
13	Lurie, Sophie 28.37 32.20	16	Miramonte High School Swimming-HS	1:00.63	1:00.57	CON	4
14	MacKay, Ava R 27.95 32.72	17	Acalanes Swim Team-CA	1:01.44	1:00.67	CON	3
15	Le-Nguyen, Anna F 28.69 32.41	17	Miramonte High School Swimming-HS	1:01.30	1:01.10	CON	2
16	Lindemuth, Emma 27.60 34.78		Benicia High School	1:01.85	1:02.38		1

C - Final

*17	Ganter, Daphne M 28.95 32.89	16	Acalanes Swim Team-CA	1:01.98	1:01.84	CON	
*17	Landstrom, Paige 29.13 32.71	16	Clayton Valley	1:02.72	1:01.84	CON	
19	Daughters, Beth G 28.78 33.33	16	Acalanes Swim Team-CA	1:01.93	1:02.11		
20	Smith, Grace 28.66 34.20	15	Clayton Valley	1:02.38	1:02.86		
21	Hagglund, Dylan E 28.89 34.26	16	Acalanes Swim Team-CA	1:02.75	1:03.15		
22	Greenberg, Victoria 29.80 33.43		Northgate High School	1:02.31	1:03.23		
23	Castaneda, Enya 29.05 34.32	16	Concord High Swim Team-CC	1:01.97	1:03.37		
---	Elian, Yara 28.74 34.65		Northgate High School	1:02.05	DQ		

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Finals****Event 10 Boys 100 Yard Butterfly Varsity**

DFAL record: 49.14 5/10/2013

Steven Stumph

Campolindo

51.69 NCS

55.55 CON

Name		Age	School	Prelim Time	Finals Time	Points
A - Final						
1	Dulay, Adrian		Northgate High School	51.81	50.06	NCS 20
	23.60 26.46					
2	Horrigan, Graham P	17	Las Lomas Knights-ZZ	52.44	51.36	NCS 17
	24.34 27.02					
3	Baker, Alec D	18	Campolindo High School	52.58	51.37	NCS 16
	24.02 27.35					
4	McGuire, Tom S	17	Campolindo High School	52.13	52.16	CON 15
	24.73 27.43					
5	Alvarado, Jake T	16	Las Lomas Knights-ZZ	52.60	52.17	CON 14
	24.62 27.55					
6	Masongsong, Devin L	16	College Park High School Aquat-HS	53.06	52.43	CON 13
	24.70 27.73					
7	Markey, Christian J	17	Campolindo High School	52.71	52.88	CON 12
	24.89 27.99					
8	Bruen, Chris M	16	Miramonte High School Swimming-HS	53.15	53.92	CON 11
	25.04 28.88					
B - Final						
9	Rafac, Jacob		Benicia High School	53.39	52.90	CON 9
	25.05 27.85					
10	Twyman, Cristian H	18	Campolindo High School	53.59	53.61	CON 7
	25.39 28.22					
11	Welsh, Kai		Northgate High School	53.51	53.69	CON 6
	24.82 28.87					
12	Jellison, Nathaniel		Benicia High School	53.89	54.33	CON 5
	25.91 28.42					
13	Goodson, Dean L	15	Acalanes Swim Team-CA	53.53	54.44	CON 4
	25.27 29.17					
14	Sanchez, Cole		Northgate High School	54.10	54.49	CON 3
	24.97 29.52					
15	Donado, Damien I	15	Clayton Valley	55.20	54.71	CON 2
	25.55 29.16					
16	Nicol, Donny F	17	Las Lomas Knights-ZZ	54.66	55.02	CON 1
	25.45 29.57					
C - Final						
17	Estenoz, Gabriel		Berean Christian High School-PC	55.53	55.83	
	25.65 30.18					
18	Fong, A.J.		Northgate High School	55.28	55.99	
	26.33 29.66					
19	Bergen, Lars	18	Concord High Swim Team-CC	58.02	57.66	
	27.18 30.48					
20	Roderick, Del C	16	Alhambra High School Swimming-HS	58.47	57.68	
	26.61 31.07					
21	Pilcher, Owen M	16	Las Lomas Knights-ZZ	56.14	57.72	
	25.84 31.88					
22	Devlin, Andrew M	18	Miramonte High School Swimming-HS	57.21	58.42	
	27.26 31.16					
23	Porciuncula, Colin K	16	Acalanes Swim Team-CA	57.86	58.56	
	26.01 32.55					

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Finals****C - Final ... (Event 10 Boys 100 Yard Butterfly Varsity)**

	Name	Age	School	Prelim Time	Finals Time	Points
24	Davidson, Donovan C	15	Miramonte High School Swimming-HS	55.76	59.66	
	27.38 32.28					

Event 11 Girls 100 Yard Freestyle Varsity

DFAL record: 49.53 5/9/2009 Kasey Carlson Las Lomas
53.44 NCS
55.99 CON

	Name	Age	School	Prelim Time	Finals Time	Points
A - Final						
1	Kosturos, Sophia B	18	Miramonte High School Swimming-HS	50.81	50.03	NCS 20
	24.57 25.46					
2	Andresen, Maile		Northgate High School	52.83	51.34	NCS 17
	24.73 26.61					
3	van Meines, Amber E	15	Campolindo High School	52.62	51.90	NCS 16
	24.71 27.19					
4	Engs, Eloise A	17	Miramonte High School Swimming-HS	52.96	52.97	NCS 15
	25.64 27.33					
5	Roemer, Jewel L	17	Acalanes Swim Team-CA	53.57	53.21	NCS 14
	25.44 27.77					
6	Lund, Alyssa		Northgate High School	53.83	53.25	NCS 13
	25.67 27.58					
7	Fok, Lexi L	15	Campolindo High School	52.70	53.69	CON 12
	25.85 27.84					
8	Ciruli, Lola M	16	Campolindo High School	53.99	54.47	CON 11
	26.23 28.24					

B - Final

9	Lyons, Katie E	18	Miramonte High School Swimming-HS	54.12	53.46	CON 9
	25.73 27.73					
10	Hawkins, Katherine T	17	Campolindo High School	54.58	54.16	CON 7
	26.13 28.03					
11	Fellner, Alex G	17	Acalanes Swim Team-CA	55.35	54.82	CON 6
	26.56 28.26					
12	Davis, Jayme		Benicia High School	54.68	54.92	CON 5
	26.52 28.40					
13	McNulty, Ainsley		Northgate High School	54.92	55.05	CON 4
	26.16 28.89					
14	Dulski, Ella M	15	Miramonte High School Swimming-HS	55.31	55.68	CON 3
	26.78 28.90					
15	Schirmer, Caroline J	16	Acalanes Swim Team-CA	55.77	55.76	CON 2
	26.19 29.57					
16	Snyder, Amelia L	14	Las Lomas Knights-ZZ	55.94	56.59	1
	27.11 29.48					

C - Final

17	Heffelfinger, Mary Beth E	16	Acalanes Swim Team-CA	56.50	55.09	CON
	26.12 28.97					
18	Claus, Kate V	14	Las Lomas Knights-ZZ	57.07	56.58	
	26.85 29.73					
19	Landstrom, Paige	16	Clayton Valley	56.39	56.60	
	27.19 29.41					
20	Walker, Kaylie	17	Clayton Valley	57.01	56.72	
	26.73 29.99					

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Finals****C - Final ... (Event 11 Girls 100 Yard Freestyle Varsity)**

	Name	Age	School	Prelim Time	Finals Time	Points
21	Davis, Taylor M 27.25 30.34	17	Las Lomas Knights-ZZ	58.57	57.59	
22	Parrisher, Cassie 27.78 30.68		Northgate High School	58.57	58.46	
23	Meyerson, Amanda 28.20 31.23	14	Clayton Valley	58.76	59.43	
24	Vines, Madelyn 28.71 30.80	17	Clayton Valley	58.42	59.51	

Event 12 Boys 100 Yard Freestyle Varsity

DFAL record: 44.32 5/10/2013 Jackson Miller Las Lomas
47.85 NCS
49.99 CON

	Name	Age	School	Prelim Time	Finals Time	Points
A - Final						
1	Painter, Jackson W 22.51 23.81	17	Miramonte High School Swimming-HS	46.64	46.32 NCS	20
2	Brown, Cal 22.88 24.40	18	Clayton Valley	47.97	47.28 NCS	17
3	Vollmar, Aidan S 23.24 24.08	17	Campolindo High School	47.39	47.32 NCS	16
4	Zhang, Richard R 22.80 24.57	18	Campolindo High School	47.24	47.37 NCS	15
5	Larsen, Jack S 22.68 24.89	17	Campolindo High School	47.20	47.57 NCS	14
6	Parker, John 22.90 24.92	17	Clayton Valley	47.92	47.82 NCS	13
7	Dunn, Garrett H 23.13 24.90	18	Campolindo High School	48.51	48.03 CON	12
8	Oconnor, Tommy M 23.32 26.00	16	Las Lomas Knights-ZZ	48.42	49.32 CON	11
B - Final						
9	Strand, Cambell D 23.51 25.00	18	Miramonte High School Swimming-HS	48.81	48.51 CON	9
10	Coons, Will N 22.96 26.09	16	Miramonte High School Swimming-HS	49.34	49.05 CON	7
11	Hoover, Brady C 24.00 25.68	17	Miramonte High School Swimming-HS	49.48	49.68 CON	6
12	Putong, Jericho 23.69 26.60		Benicia High School	50.46	50.29	5
13	Conrad, Elijah J 23.77 26.81	16	Las Lomas Knights-ZZ	50.52	50.58	4
14	Matthews, ian F 24.34 26.33	16	Las Lomas Knights-ZZ	51.03	50.67	3
15	Nagle, Will H 24.59 26.67	16	Acalanes Swim Team-CA	49.51	51.26	2
16	Sanchez, Cole 24.14 27.35		Northgate High School	49.96	51.49	1
C - Final						
17	Finck, John 24.25 26.33		Northgate High School	51.41	50.58	

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Finals****C - Final ... (Event 12 Boys 100 Yard Freestyle Varsity)**

	Name	Age	School	Prelim Time	Finals Time	Points
18	Cliatt, Joe		Berean Christian High School-PC	51.76	50.99	
	24.55 26.44					
19	Salindong, Elian		Benicia High School	51.84	51.14	
	24.48 26.66					
20	Chau, Kenson	17	Las Lomas Knights-ZZ	53.44	51.36	
	24.44 26.92					
21	DeBoer, Jeff R	15	College Park High School Aquat-HS	52.03	52.17	
	24.64 27.53					
22	Mills, Jay H	16	Acalanes Swim Team-CA	51.38	52.40	
	25.11 27.29					
23	Atencion, RJ J	16	College Park High School Aquat-HS	54.22	52.69	
	24.74 27.95					
24	Cossu, Chris		Northgate High School	53.77	54.40	
	25.97 28.43					

Event 13 Girls 500 Yard Freestyle Varsity

DFAL record: 4:57.11 5/9/2008 Shelley Harper Las Lomas
5:20.95 NCS
5:34.99 CON

	Name	Age	School	Prelim Time	Finals Time	Points
A - Final						
1	Gebhardt, Emily P	18	Acalanes Swim Team-CA	5:08.34	5:01.66 NCS	20
	26.84 29.32 30.14 30.32 30.86 30.86 30.40 30.97					
	31.83 30.12					
2	Buckley, Maggie J	16	Campolindo High School	5:20.09	5:13.99 NCS	17
	28.55 30.33 31.65 32.07 32.30 32.57 31.90 31.66					
	32.18 30.78					
3	Heffelfinger, Heidi	15	Acalanes Swim Team-CA	5:20.48	5:17.93 NCS	16
	29.08 31.57 32.24 31.67 32.23 32.24 32.55 32.89					
	32.74 30.72					
4	Gearing, Delanie		Northgate High School	5:14.03	5:18.17 NCS	15
	28.05 30.92 31.98 32.30 32.15 32.67 32.60 32.58					
	32.88 32.04					
5	Valvur, Camille E	18	Campolindo High School	5:19.90	5:18.28 NCS	14
	28.59 31.46 32.38 32.54 32.97 32.93 32.87 32.80					
	32.01 29.73					
6	Supran, Maya H	16	Miramonte High School Swimming-HS	5:21.79	5:23.03 CON	13
	29.65 32.10 32.84 32.97 33.49 33.10 33.05 32.15					
	31.96 31.72					
7	Crum, Christina C	17	Campolindo High School	5:21.31	5:25.45 CON	12
	29.69 32.28 32.26 32.88 33.01 33.06 33.38 33.54					
	33.44 31.91					
8	Clark, Grace E	14	Miramonte High School Swimming-HS	5:20.97	5:26.14 CON	11
	30.31 32.86 33.04 33.37 33.20 33.11 33.15 33.38					
	32.00 31.72					
B - Final						
9	Cleveland, Audrey	16	Miramonte High School Swimming-HS	5:31.68	5:27.90 CON	9
	29.79 32.44 33.01 32.47 32.03 32.99 33.83 34.04					
	33.84 33.46					
10	Walker, Kaylie	17	Clayton Valley	5:32.87	5:30.83 CON	7
	29.29 31.92 33.00 33.82 34.22 34.38 33.95 33.60					
	34.00 32.65					

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Finals****B - Final ... (Event 13 Girls 500 Yard Freestyle Varsity)**

	Name	Age	School	Prelim Time	Finals Time	Points
11	Henningsen, Jessica M	18	Campolindo High School	5:33.31	5:31.61 CON	6
	29.87 32.57 33.00 34.46 32.70	33.22	33.52 33.87 34.28	34.12		
12	Kohlmeyer, Jasmine		Northgate High School	5:31.19	5:32.41 CON	5
	29.64 31.80 33.04 34.56 32.98	33.75	34.21 34.42 34.31	33.70		
13	Masterson, Laynie L	15	Las Lomas Knights-ZZ	5:35.88	5:34.14 CON	4
	29.97 33.78 34.27 34.17 31.84	33.86	33.61 34.42 34.33	33.89		
14	Carlson, Gemma P	15	Las Lomas Knights-ZZ	5:37.31	5:35.08	3
	31.51 33.96 33.77 33.55 32.98	33.80	33.96 34.42 34.05	33.08		
15	Castaneda, Enya	16	Concord High Swim Team-CC	5:22.27	5:36.98	2
	28.73 31.63 33.01 35.05 34.59	33.85	34.01 34.59 35.77	35.75		
16	Park, Kathryn P	15	Las Lomas Knights-ZZ	5:40.41	5:41.00	1
	30.31 33.57 34.61 35.30 34.38	34.31	33.88 34.74 34.90	35.00		

C - Final

17	Gillis, Jenna L	18	Las Lomas Knights-ZZ	5:41.30	5:41.66	
	29.88 33.03 33.92 35.61 34.71	34.59	34.42 34.92 35.17	35.41		
18	Skow, Jordan	15	Clayton Valley	5:43.11	5:42.08	
	30.82 33.57 34.59 34.77 33.06	34.65	35.06 35.19 35.43	34.94		
19	Skow, Sydney		Clayton Valley	5:48.03	5:47.68	
	30.32 33.43 34.62 35.80 35.66	35.36	35.09 35.46 36.02	35.92		
20	McGowan, Shea		Northgate High School	5:55.14	5:53.35	
	31.61 34.76 35.43 36.89 33.27	35.91	36.37 35.94 36.59	36.58		
21	Hernandez, Isabela	17	Concord High Swim Team-CC	6:05.69	5:53.63	
	31.51 34.78 36.16 36.00 34.21	36.18	36.17 35.97 36.46	36.19		
22	Karst, Makayla M	14	College Park High School Aquat-HS	6:09.33	5:58.82	
	32.37 35.95 37.13 36.11 33.91	36.89	36.51 36.59 36.47	36.89		
23	McCullough, Cali L	14	Clayton Valley	5:57.93	5:59.62	
	32.34 36.03 37.16 36.19 34.20	36.86	36.50 36.68 36.73	36.93		
24	Szakats, Anna C	17	College Park High School Aquat-HS	6:13.61	6:04.62	
	30.91 35.69 36.93 37.75 36.05	36.79	37.39 37.47 37.61	38.03		

Event 14 Boys 500 Yard Freestyle Varsity

DFAL record: 4:28.34 5/13/2015 Eric Vonbrocklin Las Lomas
 4:40.13 NCS
 5:05.99 CON

	Name	Age	School	Prelim Time	Finals Time	Points
A - Final						
1	Weigelt, Niklas	18	Clayton Valley	4:51.23	4:35.20 NCS	20
	24.87 27.60 27.78 26.39 25.61	28.31	28.46 28.72 28.66	28.80		

2019 DAL Championships

A - Final ... (Event 14 Boys 500 Yard Freestyle Varsity)

Name				Age	School	Prelim Time			Finals Time		Points
2	Percin, Sean A			18	Campolindo High School			4:45.20	4:37.24	NCS	17
	25.35	26.98	27.87	27.86	28.17	28.71	28.57	28.16			
	28.10	27.47									
3	Lenahan, Ryan M			17	Campolindo High School			4:48.53	4:40.88	CON	16
	25.50	27.80	28.42	28.76	28.93	28.69	28.77	28.40			
	27.96	27.65									
4	Barber, Will B			17	Miramonte High School Swimming-HS			4:52.07	4:44.99	CON	15
	25.85	28.49	28.56	28.83	28.91	28.91	28.93	29.18			
	29.33	28.00									
5	Meckfessel, Grayson J			17	Miramonte High School Swimming-HS			4:45.89	4:49.62	CON	14
	26.09	28.65	29.01	29.50	29.49	29.96	29.99	29.60			
	28.91	28.42									
6	Zamanian, Brock D			16	Campolindo High School			4:50.30	4:50.95	CON	13
	26.39	28.47	28.92	29.30	29.54	29.83	30.25	29.83			
	29.80	28.62									
7	Blankley, Mark				Northgate High School			4:55.21	4:51.18	CON	12
	25.78	28.74	28.94	29.57	29.89	29.71	29.37	29.70			
	29.86	29.62									
8	Follmer, Mac C			16	Campolindo High School			4:53.16	4:51.77	CON	11
	25.89	28.60	29.10	29.50	30.04	29.85	30.63	30.16			
	29.73	28.27									
B - Final											
9	Hoover, Blake G			17	Miramonte High School Swimming-HS			4:56.09	4:55.67	CON	9
	26.63	28.93	30.13	30.35	30.54	30.37	30.26	30.26			
	30.17	28.03									
10	Roche, Griffin G			16	Miramonte High School Swimming-HS			4:59.37	4:56.88	CON	7
	26.85	29.38	29.60	30.42	30.51	30.30	30.15	30.46			
	30.46	28.75									
11	Cutright, Beau J			16	Alhambra High School Swimming-HS			5:10.21	5:16.06		6
	27.10	30.02	30.99	31.80	32.35	33.34	33.40	33.28			
	32.51	31.27									
12	Faulkner, Logan			15	Concord High Swim Team-CC			5:25.11	5:16.43		5
	28.41	31.95	32.46	32.24	31.93	32.27	32.58	32.55			
	31.89	30.15									
13	Solorzano, Tulio A			14	Las Lomas Knights-ZZ			5:13.76	5:17.57		4
	27.94	31.07	32.38	32.09	32.24	32.70	32.68	32.79			
	32.61	31.07									
14	Hall, Luke E			16	Acalanes Swim Team-CA			5:19.82	5:18.52		3
	28.63	31.32	32.08	33.13	32.01	32.98	32.97	32.64			
	32.19	30.57									
15	Moss, Kieran			17	Clayton Valley			5:21.46	5:27.44		2
	27.71	30.54	32.30	32.81	33.35	34.02	34.26	34.91			
	34.49	33.05									
C - Final											
17	Stephenson, Liam T			16	Acalanes Swim Team-CA			5:29.48	5:28.70		
	28.90	31.63	33.58	34.08	34.04	33.83	32.79	34.15			
	34.48	31.22									
18	Martinez, Armando			14	Clayton Valley			5:39.40	5:44.44		
	29.82	32.33	33.63	34.65	35.08	35.49	35.91	36.26			
	36.12	35.15									
19	Sasser, Cal J			17	Las Lomas Knights-ZZ			5:29.66	6:19.86		
	32.25	37.65	40.36	39.98	39.46	39.25	38.52	39.85			
	37.94	34.60									

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Finals****Event 15 Girls 200 Yard Freestyle Relay Varsity****DFAL record: 1:35.34 5/14/2010 Las Lomas High School****K Leonard, T Carlson, J Amog, K Carlson****1:40.70 NCS****1:51.99 CON**

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
1 Northgate High School	A	1:38.33	1:36.90 NCS	40
1) Andresen, Maile	2) Levy, Caraline	3) Stahl, Victoria	4) Lund, Alyssa	
24.05 24.72 24.49	23.64			
2 Acalanes Swim Team-CA	A	1:37.61	1:36.96 NCS	34
1) Gebhardt, Emily P 18	2) Suppiger, Shelby E 16	3) Roemer, Jewel L 17	4) Rowell, Claire J 16	
24.18 24.13 24.00	24.65			
3 Campolindo High School	A	1:44.12	1:38.22 NCS	32
1) Fok, Lexi L 15	2) O'Brien, Ashleen S 18	3) Ciruli, Lola M 16	4) Ung, Natalie J 15	
25.10 24.38 24.63	24.11			
4 Miramonte High School Swimmir	A	1:43.40	1:40.82 CON	30
1) Le-Nguyen, Anna F 17	2) Killeen, Camille R 18	3) Dulski, Ella M 15	4) Lucas, Lindsey E 14	
25.64 24.97 25.12	25.09			
5 Clayton Valley	A	1:43.15	1:41.98 CON	28
1) Biles, Caitlin 17	2) Hetherton, Caela 16	3) Landstrom, Paige 16	4) Walker, Kaylie 17	
25.57 25.65 25.37	25.39			
6 Las Lomas Knights-ZZ	A	1:43.15	1:44.03 CON	26
1) Kermoian, Kelly L 15	2) Snyder, Amelia L 14	3) Claus, Kate V 14	4) Laforteza, Payton L 14	
25.83 26.53 25.94	25.73			
7 College Park High School Aquat-F	A	1:51.29	1:47.88 CON	24
1) Fitzgerald, Lexie N 15	2) Ortnier, Kelsey J 17	3) Kardell, Naomi K 14	4) Dajani, Lucy C 16	
27.66 25.51 27.51	27.20			

Event 16 Boys 200 Yard Freestyle Relay Varsity**DFAL record: 1:24.52 5/10/2013 Las Lomas Knights****M Horner, T Donovan, G Middleton, J Miller****1:30.61 NCS****1:38.99 CON**

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
1 Clayton Valley	A	1:28.48	1:25.98 NCS	40
1) Brown, Cal 18	2) Parker, John 17	3) Vizental, Anthony 17	4) Weigelt, Niklas 18	
21.65 21.73 22.18	20.42			
2 Northgate High School	A	1:27.80	1:26.00 NCS	34
1) Dulay, Adrian	2) Welsh, Kai	3) Rodriguez, Andrew	4) Ledesma, Zach	
21.68 21.86 21.25	21.21			
3 Campolindo High School	A	1:30.00	1:26.38 NCS	32
1) Percin, Sean A 18	2) Jensen, Soren A 17	3) Longton, Marcus S 18	4) Dunn, Garrett H 18	
21.81 21.66 21.59	21.32			
4 Miramonte High School Swimmir	A	1:28.98	1:28.24 NCS	30
1) Painter, Jackson W 17	2) Strand, Cambell D 18	3) Hoover, Blake G 17	4) Bruen, Chris M 16	
21.53 21.99 22.26	22.46			
5 Benicia High School	A	1:34.27	1:32.73 CON	28
1) Rafac, Jacob	2) Franz, Jacob	3) Nelson, Gabriel	4) Putong, Jericho	
23.66 23.68 23.00	22.39			
6 Berean Christian High School-PC	A	1:33.94	1:34.22 CON	26
1) Cliatt, Joe	2) Delizo, Brandon	3) Estrella, Harley	4) Estenoz, Gabriel	
23.40 24.88 22.80	23.14			

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Finals****A - Final ... (Event 16 Boys 200 Yard Freestyle Relay Varsity)**

	Team	Relay	Prelim Time	Finals Time	Points
7	Acalanes Swim Team-CA	A	1:33.10	1:35.26 CON	24
	1) Mills, Jay H 16	2) Feigin, Patrick A 16	3) Suppiger, Colby T 17	4) Goodson, Dean L 15	
	24.70 23.20 23.73 23.63				
8	College Park High School Aquat-F	A	1:32.97	1:37.02 CON	22
	1) Nguyen, Dylan 18	2) Atencion, RJ J 16	3) Shaver, Mac S 16	4) Stanton, Soren D 14	
	24.39 23.73 23.80 25.10				

Event 17 Girls 100 Yard Backstroke Varsity

DFAL record: 54.73 5/9/2015 Brittany Usinger

Acalanes

59.81 NCS

1:02.99 CON

	Name	Age	School	Prelim Time	Finals Time	Points
A - Final						
1	Andresen, Maile		Northgate High School	57.24	55.40 NCS	20
	26.94 28.46					
2	van Meines, Amber E	15	Campolindo High School	59.22	57.56 NCS	17
	28.24 29.32					
3	Follmer, Lizzy J	18	Campolindo High School	57.95	57.66 NCS	16
	27.96 29.70					
4	O'Brien, Ashleen S	18	Campolindo High School	57.34	57.74 NCS	15
	28.46 29.28					
5	Statler, Nina E	15	Las Lomas Knights-ZZ	58.43	57.83 NCS	14
	27.87 29.96					
6	Thomas, Tay M	16	College Park High School Aquat-HS	1:00.00	58.95 NCS	13
	28.84 30.11					
7	Hemming, Lindsay R	16	Miramonte High School Swimming-HS	59.83	1:00.40 CON	12
	29.07 31.33					
8	Murphy, Mackenzie F	16	Miramonte High School Swimming-HS	1:00.20	1:01.11 CON	11
	29.32 31.79					
B - Final						
9	McConnell, Sam		Berean Christian High School-PC	1:00.80	1:00.23 CON	9
	29.61 30.62					
10	Clark, Grace E	14	Miramonte High School Swimming-HS	1:01.59	1:00.53 CON	7
	29.30 31.23					
11	Wu, Charlotte T	18	Miramonte High School Swimming-HS	1:00.79	1:01.03 CON	6
	30.15 30.88					
12	Kermoian, Kelly L	15	Las Lomas Knights-ZZ	1:01.13	1:01.13 CON	5
	29.59 31.54					
13	Hogan, Emerson A	16	Campolindo High School	1:00.71	1:01.36 CON	4
	29.64 31.72					
14	Walker, Kylie S	17	Acalanes Swim Team-CA	1:03.80	1:02.54 CON	3
	30.21 32.33					
15	Laforteza, Payton L	14	Las Lomas Knights-ZZ	1:03.63	1:04.11	2
	30.89 33.22					
16	Biles, Caitlin	17	Clayton Valley	1:01.41	1:04.62	1
	30.32 34.30					
C - Final						
17	MacKay, Ava R	17	Acalanes Swim Team-CA	1:03.86	1:02.90 CON	
	30.69 32.21					
18	McCarthy, Anna C	16	Acalanes Swim Team-CA	1:04.23	1:03.90	
	30.58 33.32					
19	Jacques, Allison		Northgate High School	1:04.42	1:04.61	
	31.09 33.52					

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Finals****C - Final ... (Event 17 Girls 100 Yard Backstroke Varsity)**

	Name	Age	School	Prelim Time	Finals Time	Points
20	Callahan, Camylle	16	Clayton Valley	1:05.99	1:05.37	
	31.76 33.61					
21	Martinez, Sydney A	17	College Park High School Aquat-HS	1:05.44	1:05.45	
	30.76 34.69					
22	DeSeelhorst, Molly	15	Clayton Valley	1:05.40	1:05.49	
	31.82 33.67					
23	McGlynn, Maggie E	18	Las Lomas Knights-ZZ	1:06.84	1:05.51	
	30.84 34.67					
24	Castaneda, Isabella L	16	Clayton Valley	1:07.01	1:07.22	
	32.03 35.19					

Event 18 Boys 100 Yard Backstroke Varsity

DFAL record: 49.09 5/12/2012 Sven Campbell Campo
53.30 NCS
57.99 CON

	Name	Age	School	Prelim Time	Finals Time	Points
A - Final						
1	Rodriguez, Andrew		Northgate High School	52.88	50.50	NCS 20
	24.63 25.87					
2	Le-Nguyen, Zach M	15	Campolindo High School	51.38	50.58	NCS 17
	24.85 25.73					
3	Lanzara, Matteo R	18	Campolindo High School	53.16	50.84	NCS 16
	25.03 25.81					
4	Birdsong, Will H	16	Campolindo High School	53.10	52.88	NCS 15
	25.75 27.13					
5	Horrigan, Graham P	17	Las Lomas Knights-ZZ	53.85	52.96	NCS 14
	25.40 27.56					
6	Ledesma, Zach		Northgate High School	53.49	53.39	CON 13
	25.78 27.61					
7	McIntyre, Ian D	17	Clayton Valley	54.77	55.15	CON 12
	26.34 28.81					
8	Welsh, Kai		Northgate High School	55.61	57.77	CON 11
	27.95 29.82					
B - Final						
9	Masongsong, Devin L	16	College Park High School Aquat-HS	56.04	54.79	CON 9
	26.46 28.33					
10	Deleon, Tony		Northgate High School	56.09	56.00	CON 7
	26.42 29.58					
11	Sherwood, Dax M	15	Miramonte High School Swimming-HS	55.73	56.12	CON 6
	27.05 29.07					
12	Bradley, Dominic T	17	Miramonte High School Swimming-HS	56.87	56.80	CON 5
	27.27 29.53					
13	Markey, Christian J	17	Campolindo High School	56.54	57.59	CON 4
	27.81 29.78					
14	Stiefvater, Owen E	16	Las Lomas Knights-ZZ	58.19	57.64	CON 3
	27.59 30.05					
15	Conrad, Elijah J	16	Las Lomas Knights-ZZ	58.28	58.13	2
	58.17					
16	Suppiger, Colby T	17	Acalanes Swim Team-CA	56.52	58.39	1
	27.83 30.56					

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Finals****C - Final ... (Event 18 Boys 100 Yard Backstroke Varsity)**

	Name	Age	School	Prelim Time	Finals Time	Points
C - Final						
17	Martin, Jack R	17	Las Lomas Knights-ZZ	59.18	59.37	
	28.47 30.90					
18	Morabe, Finn L	15	Alhambra High School Swimming-HS	1:00.66	1:00.49	
	28.76 31.73					
19	Kuo, Zach M	17	Acalanes Swim Team-CA	1:00.52	1:00.52	
	29.41 31.11					
20	Watson, Luke A	16	Acalanes Swim Team-CA	1:01.28	1:00.97	
	29.35 31.62					
21	Blatter, Tanner	16	Clayton Valley	1:03.79	1:02.79	
	30.11 32.68					
22	Santa Maria, Robert	16	Concord High Swim Team-CC	1:02.81	1:03.10	
	30.45 32.65					
23	Judson, Thomas H	17	Acalanes Swim Team-CA	1:01.05	1:04.19	
	30.73 33.46					
24	Moss, Kieran	17	Clayton Valley	1:05.35	1:04.73	
	30.81 33.92					

Event 19 Girls 100 Yard Breaststroke Varsity

DFAL record: 58.89 5/9/2009 Kasey Carlson

Las Lomas

1:05.69 NCS

1:10.89 CON

	Name	Age	School	Prelim Time	Finals Time	Points
A - Final						
1	Suppiger, Shelby E	16	Acalanes Swim Team-CA	1:04.38	1:03.34	NCS 20
	29.83 33.51					
2	Hanley, Channing F	16	Campolindo High School	1:05.49	1:03.40	NCS 17
	29.83 33.57					
3	Watts, Vanessa K	15	Acalanes Swim Team-CA	1:06.84	1:05.42	NCS 16
	31.04 34.38					
4	Hanley, Paige M	18	Campolindo High School	1:06.97	1:05.84	CON 15
	30.84 35.00					
5	Stahl, Victoria		Northgate High School	1:06.45	1:05.89	CON 14
	31.31 34.58					
6	Lurie, Sophie	16	Miramonte High School Swimming-HS	1:05.86	1:06.00	CON 13
	30.96 35.04					
7	Ung, Natalie J	15	Campolindo High School	1:06.57	1:06.51	CON 12
	32.11 34.40					
8	Miller, Sophia	15	Clayton Valley	1:07.55	1:08.13	CON 11
	32.04 36.09					
B - Final						
9	Levy, Caraline		Northgate High School	1:08.59	1:07.55	CON 9
	31.71 35.84					
10	Murphy, Mollie J	17	Miramonte High School Swimming-HS	1:07.78	1:07.94	CON 7
	32.12 35.82					
11	Rowell, Claire J	16	Acalanes Swim Team-CA	1:07.87	1:08.00	CON 6
	31.82 36.18					
12	Lucas, Lindsey E	14	Miramonte High School Swimming-HS	1:09.15	1:08.04	CON 5
	31.78 36.26					
13	Mooney, Kristina A	15	Las Lomas Knights-ZZ	1:08.72	1:08.28	CON 4
	31.73 36.55					

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Finals****B - Final ... (Event 19 Girls 100 Yard Breaststroke Varsity)**

	Name	Age	School	Prelim Time	Finals Time	Points
14	Hawkins, Maggie E 32.25 36.25	15	Campolindo High School	1:08.99	1:08.50 CON	3
15	Bardsley, Helena R 32.61 36.60	16	Miramonte High School Swimming-HS	1:08.68	1:09.21 CON	2
16	Edwards, Nicole A 32.36 37.08	18	Acalanes Swim Team-CA	1:08.51	1:09.44 CON	1

C - Final

17	Gronert, Zoe 31.64 36.65		Northgate High School	1:09.46	1:08.29 CON	
18	Greenberg, Alexis 32.15 36.55		Northgate High School	1:09.20	1:08.70 CON	
19	Celentano, Serafina J 33.50 36.62	15	Clayton Valley	1:10.28	1:10.12 CON	
20	Marquez, Athena 34.64 38.03	17	Clayton Valley	1:12.68	1:12.67	
21	Dajani, Lucy C 35.39 38.34	16	College Park High School Aquat-HS	1:17.37	1:13.73	
22	Kelly, Emma 36.20 40.52	17	Clayton Valley	1:16.86	1:16.72	
23	Meyers, Kelsey J 36.58 40.45	15	College Park High School Aquat-HS	1:19.87	1:17.03	
24	Alford, Lexi L 35.72 41.44	16	Alhambra High School Swimming-HS	1:19.43	1:17.16	

Event 20 Boys 100 Yard Breaststroke Varsity

DFAL record: 54.42 5/10/2013 Steven Stumph
59.21 NCS
1:03.99 CON

Campolindo

	Name	Age	School	Prelim Time	Finals Time	Points
A - Final						
1	Loyet, Mason K 26.97 30.42	18	Campolindo High School	58.39	57.39 NCS	20
2	Dulay, Adrian 27.46 30.42		Northgate High School	59.82	57.88 NCS	17
3	Longton, Marcus S 27.82 30.79	18	Campolindo High School	1:00.48	58.61 NCS	16
4	Vizental, Anthony 27.94 30.88	17	Clayton Valley	59.85	58.82 NCS	15
5	VandenBerghe, Luke C 27.83 31.68	17	Campolindo High School	1:00.55	59.51 CON	14
6	Jones, Deniz O 28.40 31.64	17	College Park High School Aquat-HS	1:00.41	1:00.04 CON	13
7	Kong, Alec S 28.10 31.96	17	Campolindo High School	1:00.42	1:00.06 CON	12
8	Chau, Kenson 28.44 32.31	17	Las Lomas Knights-ZZ	1:00.58	1:00.75 CON	11
B - Final						
9	Putong, Jericho 28.83 31.97		Benicia High School	1:00.90	1:00.80 CON	9
10	Morgan, Garrett 28.44 32.95		Northgate High School	1:02.98	1:01.39 CON	7

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Finals****B - Final ... (Event 20 Boys 100 Yard Breaststroke Varsity)**

	Name	Age	School	Prelim Time	Finals Time	Points
11	York, Vincent 29.08 32.70	17	Clayton Valley	1:00.95	1:01.78 CON	6
12	Devine, Jimmy P 29.18 32.73	16	Las Lomas Knights-ZZ	1:01.27	1:01.91 CON	5
13	Crossman, Kyle R 29.35 32.73	17	College Park High School Aquat-HS	1:02.72	1:02.08 CON	4
14	Chau, Zackary 29.29 32.86	15	Clayton Valley	1:02.17	1:02.15 CON	3
15	Golan, Jordan 29.23 33.61		Northgate High School	1:03.20	1:02.84 CON	2
16	Devlin, Andrew M 30.02 33.67	18	Miramonte High School Swimming-HS	1:02.23	1:03.69 CON	1

C - Final

17	Keifer, Max L 30.49 32.81	15	Alhambra High School Swimming-HS	1:03.54	1:03.30 CON	
18	Stanton, Soren D 30.48 33.18	14	College Park High School Aquat-HS	1:05.91	1:03.66 CON	
19	Carrington, Matt B 30.49 34.42	17	Miramonte High School Swimming-HS	1:05.28	1:04.91	
20	Faulkner, Logan 31.26 35.16	15	Concord High Swim Team-CC	1:07.30	1:06.42	
21	Santiago, Skyler 30.44 36.10		Northgate High School	1:06.11	1:06.54	
22	Bergen, Lars 31.22 35.44	18	Concord High Swim Team-CC	1:07.49	1:06.66	
23	Atwater, David S 31.56 35.89	18	Las Lomas Knights-ZZ	1:06.17	1:07.45	
---	Laforteza, Drew G 32.70 35.70	17	Las Lomas Knights-ZZ	1:06.05	DQ	

Event 21 Girls 400 Yard Freestyle Relay Varsity

DFAL record: 3:28.18 5/9/2015 Campolindo High School Campo
S Cavalli, M Ashby, E Ward, A Campbell
3:42.77 NCS
4:09.99 CON

	Team	Relay	Prelim Time	Finals Time	Points
A - Final					
1	Miramonte High School Swimmir 1) Kosturos, Sophia B 18 25.36 51.23 25.43	A 2) Engs, Eloise A 17 53.30 25.69 53.36	3:48.32 3) Lyons, Katie E 18 25.15 52.23	3:30.12 NCS 4) McDonald, Margaux E 17	40
2	Acalanes Swim Team-CA 1) Gebhardt, Emily P 18 25.36 52.67 25.07	A 2) Suppiger, Shelby E 16 52.11 25.89 54.42	3:33.93 3) Fellner, Alex G 17 24.59 52.33	3:31.53 NCS 4) Roemer, Jewel L 17	34
3	Campolindo High School 1) O'Brien, Ashleen S 18 26.10 54.06 25.84	A 2) Fok, Lexi L 15 53.74 25.42 53.44	3:40.44 3) Hawkins, Katherine T 17 24.39 51.44	3:32.68 NCS 4) van Meines, Amber E 15	32
4	Las Lomas Knights-ZZ 1) Statler, Nina E 15 25.99 54.39 26.87	A 2) Claus, Kate V 14 56.26 26.50 56.28	3:43.10 3) Mooney, Kristina A 15 26.15 55.33	3:42.26 NCS 4) Carlson, Josie M 17	30
5	Clayton Valley 1) DuLong, Gianna 17 26.19 55.19 26.83	A 2) Landstrom, Paige 16 56.06 26.97 56.51	3:45.42 3) Miller, Sophia 15 26.79 57.31	3:45.07 CON 4) Walker, Kaylie 17	28

DAL Championships 2019 - 4/25/2019 to 4/27/2019**2019 DAL Championships****Results - DAL Championship Finals****A - Final ... (Event 21 Girls 400 Yard Freestyle Relay Varsity)**

Team	Relay	Prelim Time	Finals Time	Points
6 Northgate High School	B	3:47.90	3:46.64 CON	26
1) Gearing, Delanie	2) Greenberg, Alexis	3) Greenberg, Victoria	4) Elian, Yara	
26.79 56.02 27.97	58.40 26.82 56.38	26.58 55.84		
7 Benicia High School	A	3:56.73	3:57.49 CON	24
1) Larson, Jessica	2) Lindemuth, Emma	3) McGuire, Cassidy	4) Davis, Jayme	
25.08 52.32 28.17	59.67 29.52 1:01.19	28.89 1:04.31		
8 College Park High School Aquat-F	A	3:57.61	3:58.13 CON	22
1) Thomas, Tay M 16	2) Fitzgerald, Lexie N 15	3) Meyers, Kelsey J 15	4) Martinez, Sydney A 17	
26.30 54.59 29.46	1:03.03 28.75 1:00.91	27.85 59.60		

Event 22 Boys 400 Yard Freestyle Relay Varsity

DFAL record: 3:03.08 5/10/2013 Campolindo High School
 S Campbell, S Stumph, J Ratchford, G Sivesind
 3:16.97 NCS
 3:43.99 CON

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
1 Campolindo High School	B	3:15.02	3:05.89 NCS	40
1) Baker, Alec D 18	2) Zhang, Richard R 18	3) Larsen, Jack S 17	4) Percin, Sean A 18	
22.61 46.90 21.83	46.51 21.72 46.38	22.48 46.10		
2 Clayton Valley	A	3:18.65	3:09.23 NCS	34
1) Brown, Cal 18	2) Parker, John 17	3) Vizental, Anthony 17	4) Weigelt, Niklas 18	
22.72 47.55 22.82	48.20 22.95 47.89	21.61 45.59		
3 Miramonte High School Swimmir	A	3:20.61	3:10.03 NCS	32
1) Painter, Jackson W 17	2) Barber, Will B 17	3) Hoover, Blake G 17	4) Strand, Cambell D 18	
22.74 46.70 22.81	47.51 22.71 47.80	22.91 48.02		
4 Las Lomas Knights-ZZ	A	3:22.29	3:20.37 CON	30
1) Alvarado, Jake T 16	2) Matthews, ian F 16	3) Conrad, Elijah J 16	4) Horrigan, Graham P 17	
24.27 50.08 24.38	51.36 23.45 50.54	23.14 48.39		
5 College Park High School Aquat-F	A	3:47.48	3:28.77 CON	28
1) Masongsong, Devin L 16	2) DeBoer, Jeff R 15	3) Crossman, Kyle R 17	4) Jones, Deniz O 17	
23.64 49.14 24.77	51.92 26.18 53.80	24.62 53.91		
6 Northgate High School	B	3:41.26	3:34.61 CON	26
1) Sanchez, Cole	2) Flora, Kyle	3) Santiago, Skyler	4) Deleon, Tony	
23.60 50.72 25.37	54.47 26.32 55.50	24.93 53.92		