

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Team Rankings - Through Event 28****Girls - Team Scores**

Place	School		Points
1	Monte Vista	Monte Vista	275
2	Campolindo	Campolindo	248.50
3	Carondelet	Carondelet	166
4	Miramonte	Miramonte	162
5	Granada	Granada	149
6	San Ramon Valley	San Ramon Valley	139
7	California	California	137
8	Redwood	Redwood	133
9	Acalanes	Acalanes	131
10	Northgate	Northgate	121.50
11	Castro Valley	Castro Valley	68
12	Terra Linda	Terra Linda	60
13	Las Lomas	Las Lomas	48
14	Tamalpais	Tamalpais	45
15	Dublin	Dublin	44
16	Foothill	Foothill	43
17	Moreau Catholic	Moreau Catholic	40
18	Berkeley	Berkeley	37
19	Benicia	Benicia	34
20	San Rafael	San Rafael	31.50
21	Quarry Lane	Quarry Lane	31
22	Amador Valley	Amador Valley	27
23	Washington	Washington	22
24	Montgomery High School	Montgomery High School	21
25	College Preparatory	College Preparatory	20
26	Dougherty Valley	Dougherty Valley	19.50
27	Bay School of San Francisco	Bay School of San Francisco	19
28	Novato	Novato	18
29	Vintage	Vintage	14
30	Branson	Branson	9
30	San Francisco University High	San Francisco University High	9
32	Heritage	Heritage	8
32	Lick-Wilmerding	Lick-Wilmerding	8
34	Deer Valley High School	Deer Valley High School	5
34	Antioch	Antioch	5
36	Alameda	Alameda	4
37	Marin Academy	Marin Academy	3
37	Santa Rosa	Santa Rosa	3
37	College Park	College Park	3
40	Clayton Valley Charter	Clayton Valley Charter	2
41	Marin Catholic	Marin Catholic	1
41	San Domenico	San Domenico	1
Total			2,365.00

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Team Rankings - Through Event 28****Boys - Team Scores**

Place	School	Points
1	Campolindo	375
2	San Ramon Valley	302
3	Foothill	189
4	Northgate	144
5	Granada	132
6	Clayton Valley Charter	126
7	De La Salle High School	125
8	Dougherty Valley	119
9	Monte Vista	104
10	Liberty	78
11	Novato	75
12	Redwood	69
13	Dublin	66.50
14	Heritage	66
15	Terra Linda	57
16	Sir Francis Drake	50
17	Las Lomas	41
17	Santa Rosa	41
19	Branson	40
20	Amador Valley	39
21	Quarry Lane	33
22	Mission San Jose	27
23	Miramonte	24
24	Windsor High School	20
25	California	19
26	St. Vincent de Paul High School	15
27	San Rafael	14
27	Head-Royce	14
29	Moreau Catholic	13
30	Encinal	12
31	Berkeley	11
32	Irvington	10
32	Arcata	10
34	Albany	7
35	Justin-Siena	6
35	San Marin	6
37	Casa Grande	4
37	Castro Valley	4
39	Hercules	3
40	Tamalpais	2
40	Benicia	2
40	Deer Valley High School	2
43	Newark Memorial	1.50
Total		2,498.00

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****Event 1 Girls 1 mtr Diving**

NCS Meet: 513.50 N 2013		Haley Blount		San Marin	
Name	Yr	School	Finals Score	Points	
1 Klausen, Courtney	SR	Carondelet	516.50 N	20	
2 Samaniego, Jacqueline	SR	Acalanes	465.65	17	
3 Cilley, Katherine	SR	Carondelet	446.45	16	
4 Rakestraw, Emily	JR	Granada	412.00	15	
5 Peterson, Alexandra	SR	Vintage	407.25	14	
6 Cameron, Sumi	JR	Berkeley	402.25	13	
7 Smart, Lauren	SR	Redwood	373.30	12	
8 Cunningham, Olivia	FR	Carondelet	360.10	11	
9 Keane, Ellie	SR	Monte Vista	349.70	9	
10 Collopy, Carli	SR	Castro Valley	339.80	7	
11 Inderbitzen, Jade	SO	Heritage	335.30	6	
12 Nooteboom, Nellie	SR	Antioch	332.10	5	
13 Ford, Kassidy	SR	Novato	328.90	4	
14 Poursohi, Bahaar	JR	San Ramon Valley	326.30	3	
15 Lewis, Katelyn		Monte Vista	325.50	2	
16 Tang, Hailey	JR	Campolindo	324.35	1	
17 Trento, Angelina	JR	San Ramon Valley	231.30		
18 Dunlavey, Alexia	FR	Acalanes	230.95		

Event 2 Boys 1 mtr Diving

NCS Meet: 708.60 N 2011		Kristian Ipsen		De La Salle	
Name	Yr	School	Finals Score	Points	
1 Klock, Josiah	JR	Campolindo	457.45	20	
2 Moretti, Deivi	SR	Miramonte	439.85	17	
3 Chan, Nicholas	SR	San Ramon Valley	418.10	16	
4 Knight, Josiah	JR	Granada	388.05	15	
5 Rauchle, Maverick	JR	Redwood	380.35	14	
6 Neff, Arden	SR	Novato	376.15	13	
7 Zabronsky, Daniel	SO	Campolindo	372.45	12	
8 Horn, Finn	SO	Berkeley	366.00	11	
9 Sattley, Ethan	FR	Dougherty Valley	344.30	9	
10 Tomlin, Ben	SO	Foothill	343.75	7	
11 Lowe, Matthew	SR	San Ramon Valley	334.15	6	
12 Tomlin, Conner	SO	Foothill	330.30	5	
13 Knight, Daniel	FR	Granada	311.90	4	
14 Carlson, Jace	JR	Foothill	311.50	3	
15 Chan, Timothy	SO	San Ramon Valley	285.55	2	
16 Martinez, Jesse	SO	Sir Francis Drake	281.25	1	
17 Alamin, Bassy	JR	Tamalpais	216.95		
18 Figueroa, Lucas	FR	Berkeley	214.80		

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****Event 3 Girls 200 Yard Medley Relay****National HS: 1:38.13 U 2018****Fort Collins Fossil Ridge****Fort Collins Fos****S. Burchill, Clarke, V. Burchill, Bilquist****NCS Meet: 1:40.73 N 2011****Carondelet****Carondelet****M. White, A. Gargalikis, C. Ray, C. Chenault****1:44.54 AA-A All America Auto.****1:46.44 AA-C All America Cons.****1:47.57 CIFA CIF Automatic****1:50.99 CIFB CIF Consideration**

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
1 Monte Vista		1:43.33	1:41.90 AA-A	40
1) Flath, Gillian Sr	2) Hartman, Zoie Sr	3) Johansson, Kendall So	4) Ryan, Anna Fr	
26.00	52.86 (26.86) 1:17.64 (24.78)	1:41.90 (24.26)		
2 Miramonte		1:45.99	1:44.36 AA-A	34
1) Kosturos, Sophia Sr	2) McDonald, Margaux Jr	3) Lyons, Katie Sr	4) Engs, Eloise Sr	
24.77	53.86 (29.09) 1:19.86 (26.00)	1:44.36 (24.50)		
3 Granada		1:45.89	1:44.71 AA-C	32
1) Heckman, Miranda Sr	2) Herscu, Abigail Fr	3) Boderro, Chenoa Jr	4) Urban, Natalie Fr	
25.59	55.12 (29.53) 1:20.60 (25.48)	1:44.71 (24.11)		
4 Campolindo		1:46.19	1:45.22 AA-C	30
1) Follmer, Elizabeth Sr	2) Hanley, Channing So	3) Smith, Madeline Jr	4) Ciruli, Lola Jr	
27.05	56.07 (29.02) 1:20.94 (24.87)	1:45.22 (24.28)		
5 San Ramon Valley		1:48.18	1:46.31 AA-C	28
1) Muaddi, Abby So	2) Jih-Schiff, Ana So	3) DePaco, Alexis So	4) O'Rell, Kailen So	
27.81	56.93 (29.12) 1:21.24 (24.31)	1:46.31 (25.07)		
6 Carondelet		1:47.73	1:46.68 CIFA	26
1) Davis, Jessica So	2) Sullivan, Emma Fr	3) Hamilton, Sarah Sr	4) Neufeld, Christy Sr	
26.09	57.05 (30.96) 1:22.55 (25.50)	1:46.68 (24.13)		
7 Terra Linda		1:49.03	1:49.32 CIFB	24
1) Chong, Nicole Fr	2) Jasko, Nicolette Sr	3) Naftzger, Abi Naftzger Sr	4) Yu, Kayla So	
28.89	58.48 (29.59) 1:25.00 (26.52)	1:49.32 (24.32)		
8 Las Lomas		1:50.09	1:49.72 CIFB	22
1) Statler, Nina Fr	2) Mooney, Kristina So	3) Carlson, Josie Jr	4) Kermoian, Kelly So	
26.68	58.64 (31.96) 1:24.60 (25.96)	1:49.72 (25.12)		
B - Final				
9 Castro Valley		1:50.55	1:50.59 CIFB	18
1) Craft, Kayla Jr	2) Francis, Lauren Jr	3) Scheberies, Jacklyn Sr	4) Sabanovic, Elma Jr	
27.41	59.24 (31.83) 1:25.52 (26.28)	1:50.59 (25.07)		
10 Montgomery High School		1:51.92	1:50.71 CIFB	14
1) Kwan, Julie Sr	2) Marion, Lea Sr	3) Oliver, Tessa Sr	4) Vidamo, Savannah SR	
26.95	57.81 (30.86) 1:24.44 (26.63)	1:50.71 (26.27)		
11 California		1:51.21	1:51.05	12
1) Beltran, Monica Jr	2) Eder, Julia Sr	3) Kennedy, Claire So	4) Arnett, Julie Sr	
28.25	58.84 (30.59) 1:25.96 (27.12)	1:51.05 (25.09)		
12 Washington		1:51.16	1:51.20	10
1) Raghuraman, Keerthana Sr	2) Stewart, Elizabeth So	3) Yu, Suri Sr	4) Manhire, Emma Fr	
28.52	59.84 (31.32) 1:26.35 (26.51)	1:51.20 (24.85)		
13 Northgate		1:51.53	1:51.36	8
1) Levy, Caraline Sr	2) Gearing, Delanie Sr	3) Sterling, Piper Sr	4) McNulty, Ainsley So	
29.72	59.71 (29.99) 1:26.97 (27.26)	1:51.36 (24.39)		
14 Amador Valley		1:51.54	1:51.46	6
1) Gjerde, Caroline Jr	2) Wang, Ellen Jr	3) Harris, Emily Jr	4) Brown, Jenna Sr	
27.49	58.37 (30.88) 1:26.19 (27.82)	1:51.46 (25.27)		

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****B - Final ... (Event 3 Girls 200 Yard Medley Relay)**

Team	Relay	Prelim Time	Finals Time	Points
15 Novato		1:50.85	1:51.47	4
1) McIntyre, Kaley Fr	2) McCauley, Maya Jr	3) O'Leary, Kate So	4) Bayer, Bianca So	
28.11	59.44 (31.33)	1:26.24 (26.80)	1:51.47 (25.23)	
16 Heritage		1:51.63	1:52.62	2
1) Coplan, Courtney So	2) Passamonte, Eisha Fr	3) Fitch, Kristen SO	4) Foster, Christy So	
28.03	59.34 (31.31)	1:27.97 (28.63)	1:52.62 (24.65)	

Event 3 Girls 200 Yard Medley Relay**National HS: 1:38.13 U 2018****Fort Collins Fossil Ridge****Fort Collins Fos****S. Burchill, Clarke, V. Burchill, Bilquist****NCS Meet: 1:40.73 N 2011****Carondelet****Carondelet****M. White, A. Gargalikis, C. Ray, C. Chenault****1:44.54 AA-A All America Auto.****1:46.44 AA-C All America Cons.****1:47.57 CIFA CIF Automatic****1:50.99 CIFB CIF Consideration**

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Monte Vista			1:43.33 AA-A
1) Flath, Gillian Sr	2) Hartman, Zoie Sr	3) Sharma, Annika Fr	4) Ryan, Anna Fr
25.91	53.22 (27.31)	1:19.54 (26.32)	1:43.33 (23.79)
2 Granada			1:45.89 AA-C
1) Heckman, Miranda Sr	2) Herscu, Abigail Fr	3) Boderro, Chenoa Jr	4) Urban, Natalie Fr
25.79	55.49 (29.70)	1:21.52 (26.03)	1:45.89 (24.37)
3 Miramonte			1:45.99 AA-C
1) Kosturos, Sophia Sr	2) McDonald, Margaux Jr	3) Lyons, Katie Sr	4) Engs, Eloise Sr
25.29	55.14 (29.85)	1:21.49 (26.35)	1:45.99 (24.50)
4 Campolindo			1:46.19 AA-C
1) Follmer, Elizabeth Sr	2) Hanley, Paige Sr	3) Smith, Madeline Jr	4) Ung, Natalie So
26.73	56.92 (30.19)	1:21.71 (24.79)	1:46.19 (24.48)
5 Carondelet			1:47.73 CIFB
1) Davis, Jessica So	2) Sullivan, Emma Fr	3) Hamilton, Sarah Sr	4) Neufeld, Christy Sr
26.70	57.38 (30.68)	1:23.23 (25.85)	1:47.73 (24.50)
6 San Ramon Valley			1:48.18 CIFB
1) Muaddi, Abby So	2) Jih-Schiff, Ana So	3) DePaco, Alexis So	4) O'Rell, Kailen So
28.95	58.97 (30.02)	1:23.41 (24.44)	1:48.18 (24.77)
7 Terra Linda			1:49.03 CIFB
1) Chong, Nicole Fr	2) Jasko, Nicolette Sr	3) Naftzger, Abi Naftzger Sr	4) Yu, Kayla So
28.99	58.31 (29.32)	1:24.57 (26.26)	1:49.03 (24.46)
8 Las Lomas			1:50.09 CIFB
1) Statler, Nina Fr	2) Mooney, Kristina So	3) Carlson, Josie Jr	4) Kermoian, Kelly So
27.10	58.51 (31.41)	1:25.02 (26.51)	1:50.09 (25.07)
9 Castro Valley			1:50.55 CIFB
1) Craft, Kayla Jr	2) Francis, Lauren Jr	3) Scheberies, Jacklyn Sr	4) Sabanovic, Elma Jr
27.38	58.86 (31.48)	1:25.42 (26.56)	1:50.55 (25.13)
10 Novato			1:50.85 CIFB
1) McIntyre, Kaley Fr	2) McCauley, Maya Jr	3) O'Leary, Kate So	4) Bayer, Bianca So
28.07	59.57 (31.50)	1:26.17 (26.60)	1:50.85 (24.68)
11 Washington			1:51.16
1) Raghuraman, Keerthana Sr	2) Stewart, Elizabeth So	3) Yu, Suri Sr	4) Manhire, Emma Fr
28.67	1:00.26 (31.59)	1:26.66 (26.40)	1:51.16 (24.50)
12 California			1:51.21
1) Beltran, Monica Jr	2) Eder, Julia Sr	3) Kennedy, Claire So	4) Arnett, Julie Sr
28.44	58.62 (30.18)	1:25.92 (27.30)	1:51.21 (25.29)

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****Preliminaries ... (Event 3 Girls 200 Yard Medley Relay)**

Team	Relay	Seed Time	Prelim Time
13 Northgate			1:51.53
1) Levy, Caraline Sr	2) Gearing, Delanie Sr	3) Sterling, Piper Sr	4) McNulty, Ainsley So
29.93	59.59 (29.66)	1:26.78 (27.19)	1:51.53 (24.75)
14 Amador Valley			1:51.54
1) Gjerde, Caroline Jr	2) Wang, Ellen Jr	3) Harris, Emily Jr	4) Brown, Jenna Sr
27.44	58.42 (30.98)	1:26.13 (27.71)	1:51.54 (25.41)
15 Heritage			1:51.63
1) Coplan, Courtney So	2) Passamonte, Eisha Fr	3) Fitch, Kristen SO	4) Foster, Christy So
28.21	58.56 (30.35)	1:27.19 (28.63)	1:51.63 (24.44)
16 Montgomery High School			1:51.92
1) Kwan, Julie Sr	2) Marion, Lea Sr	3) Oliver, Tessa Sr	4) Vidamo, Savannah SR
27.20	58.54 (31.34)	1:25.72 (27.18)	1:51.92 (26.20)
17 Acalanes			1:52.03
1) Walker, Kylie Jr	2) Watts, Vanessa Fr	3) McCarthy, Anna SO	4) White, Laurel SO
28.98	59.66 (30.68)	1:26.90 (27.24)	1:52.03 (25.13)
18 Dublin			1:52.25
1) Jenkins, Samantha Jr	2) Cory, kat Jr	3) Stickler, Piper Fr	4) Suen, Claire Jr
28.80	1:00.26 (31.46)	1:29.08 (28.82)	1:52.25 (23.17)

Event 4 Boys 200 Yard Medley Relay

National HS:	1:27.74 U 2014	Baylor (TN)	Baylor (TN)
		Kaliszak, Tynes, McHugh, Selby	
NCS Meet:	1:30.26 N 2015	Northgate	Northgate
		C. Kirkpatrick, S. Wu, M. Tittle, M. Bottene	
	1:33.34 AA-A All America Auto.		
	1:34.94 AA-C All America Cons.		
	1:35.93 CIFA CIF Automatic		
	1:38.99 CIFB CIF Consideration		

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
1 San Ramon Valley		1:33.38	1:32.44 AA-A	40
1) Dempster, Allen Jr	2) Flanders, Harry Sr	3) Muaddi, Matthew Jr	4) Watson, Grant So	
22.83	48.63 (25.80)	1:11.39 (22.76)	1:32.44 (21.05)	
2 Northgate		1:33.97	1:33.61 AA-C	34
1) Rodriguez, Andrew Sr	2) Dulay, Adrian Jr	3) Welsh, Kai Jr	4) Ledesma, Zach Sr	
23.24	49.75 (26.51)	1:12.77 (23.02)	1:33.61 (20.84)	
3 Campolindo		1:36.29	1:34.16 AA-C	32
1) Lanzara, Matteo Sr	2) Loyet, Mason Sr	3) Le-Nguyen, Zach So	4) Dunn, Garrett Sr	
23.68	49.56 (25.88)	1:12.90 (23.34)	1:34.16 (21.26)	
4 Granada		1:34.69	1:34.31 AA-C	30
1) daCosta, Paige Sr	2) Tovera, Jared Sr	3) Gregory, Nicholas Jr	4) Moufarrej, Francois Jr	
22.81	49.42 (26.61)	1:13.10 (23.68)	1:34.31 (21.21)	
5 Dougherty Valley		1:33.98	1:34.51 AA-C	28
1) Blanco, Mattias Sr	2) Yao, Clifford Jr	3) Dasari, Chaitha Sr	4) Huey, Bryson So	
23.74	50.71 (26.97)	1:13.39 (22.68)	1:34.51 (21.12)	
6 Monte Vista		1:35.59	1:34.75 AA-C	26
1) Mullen, Jack Sr	2) Soderlund, Jacob So	3) Peterson, Casey So	4) Peterson, Bo Jr	
24.53	49.84 (25.31)	1:13.24 (23.40)	1:34.75 (21.51)	
7 De La Salle High School		1:35.57	1:34.82 AA-C	24
1) Iannaccone, Ryan Sr	2) Iritani, Sean Sr	3) Grywczynski, Joey Sr	4) Dicks, Ryan Jr	
23.45	49.92 (26.47)	1:13.13 (23.21)	1:34.82 (21.69)	
8 Terra Linda		1:35.48	1:35.15 CIFA	22
1) Albers, Jonah Jr	2) Mueller, Max Sr	3) Parker, Cole Sr	4) Foehr, Reece Sr	
24.38	51.00 (26.62)	1:14.53 (23.53)	1:35.15 (20.62)	

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****B - Final ... (Event 4 Boys 200 Yard Medley Relay)**

Team	Relay	Prelim Time	Finals Time	Points
B - Final				
9 Foothill		1:36.65	1:37.52 CIFB	18
1) Skinner, Nicholas Sr	2) Williams, Nathan Sr	3) Ren, Alex Jr	4) Drummond, Scott Jr	
23.32	51.20 (27.88) 1:14.45 (23.25)	1:37.52 (23.07)		
10 Novato		1:37.63	1:38.23 CIFB	14
1) McIntyre, Zachary Jr	2) Thelen, Cooper Fr	3) Belingheri, Marcus Sr	4) Rhinehart, Sam Fr	
24.10	52.10 (28.00) 1:15.61 (23.51)	1:38.23 (22.62)		
11 Las Lomas		1:37.09	1:38.26 CIFB	12
1) Horrigan, Graham Jr	2) Chau, Kenson Sr	3) Alvarado, Jake Jr	4) Oconnor, Tommy So	
24.01	52.25 (28.24) 1:16.35 (24.10)	1:38.26 (21.91)		
12 Dublin		1:38.50	1:38.37 CIFB	10
1) Tsai, Justin Jr	2) Smith, Sam Sr	3) Guidi, Christopher Jr	4) Fitzpatrick, Franklin Sr	
25.43	52.83 (27.40) 1:17.41 (24.58)	1:38.37 (20.96)		
13 Amador Valley		1:39.46	1:39.18	8
1) Bitting, Caleb Sr	2) Eun, Andy So	3) Kobayashi, Ryan Fr	4) Plattel, Lleyton Jr	
25.54	53.47 (27.93) 1:17.26 (23.79)	1:39.18 (21.92)		
14 California		1:38.70	1:39.20	6
1) Garcia, Koen Jr	2) Dalal, Dylan Jr	3) Smith, Dillon So	4) Tan, Jonathan Sr	
25.70	53.76 (28.06) 1:17.36 (23.60)	1:39.20 (21.84)		
15 Mission San Jose		1:39.83	1:40.32	4
1) Wu, Jasper Sr	2) Sayle, Connor Sr	3) Lee, Ben Sr	4) Liu, Brian Jr	
24.98	52.52 (27.54) 1:17.74 (25.22)	1:40.32 (22.58)		
16 Benicia		1:39.92	1:41.00	2
1) Jellison, Nathaniel Jr	2) Putong, Jericho Jr	3) Rafac, Jacob Sr	4) Salindong, Elian SR	
25.61	53.66 (28.05) 1:17.78 (24.12)	1:41.00 (23.22)		

Event 4 Boys 200 Yard Medley Relay**National HS: 1:27.74 U 2014****Baylor (TN)****Baylor (TN)****NCS Meet: 1:30.26 N 2015****Kalishzak, Tynes, McHugh, Selby****Northgate****Northgate****C. Kirkpatrick, S. Wu, M. Tittle, M. Bottene****1:33.34 AA-A All America Auto.****1:34.94 AA-C All America Cons.****1:35.93 CIFA CIF Automatic****1:38.99 CIFB CIF Consideration**

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 San Ramon Valley			1:33.38 AA-C
1) Dempster, Allen Jr	2) Flanders, Harry Sr	3) Muaddi, Matthew Jr	4) Watson, Grant So
22.71	49.29 (26.58) 1:12.25 (22.96)	1:33.38 (21.13)	
2 Northgate			1:33.97 AA-C
1) Rodriguez, Andrew Sr	2) Dulay, Adrian Jr	3) Welsh, Kai Jr	4) Ledesma, Zach Sr
23.29	49.50 (26.21) 1:12.81 (23.31)	1:33.97 (21.16)	
3 Dougherty Valley			1:33.98 AA-C
1) Blanco, Mattias Sr	2) Yao, Clifford Jr	3) Dasari, Chaitha Sr	4) Huey, Bryson So
23.57	50.27 (26.70) 1:12.86 (22.59)	1:33.98 (21.12)	
4 Granada			1:34.69 AA-C
1) daCosta, Paige Sr	2) Tovera, Jared Sr	3) Gregory, Nicholas Jr	4) Moufarrej, Francois Jr
22.72	49.63 (26.91) 1:13.57 (23.94)	1:34.69 (21.12)	
5 Terra Linda			1:35.48 CIFA
1) Albers, Jonah Jr	2) Mueller, Max Sr	3) Parker, Cole Sr	4) Foehr, Reece Sr
25.12	51.52 (26.40) 1:14.90 (23.38)	1:35.48 (20.58)	

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****Preliminaries ... (Event 4 Boys 200 Yard Medley Relay)**

	Team	Relay	Seed Time	Prelim Time
6	De La Salle High School			1:35.57 CIFA
	1) Iannaccone, Ryan Sr	2) Iritani, Sean Sr	3) Grywczynski, Joey Sr	4) Dicks, Ryan Jr
	23.52	50.30 (26.78)	1:13.79 (23.49)	1:35.57 (21.78)
7	Monte Vista			1:35.59 CIFA
	1) Mullen, Jack Sr	2) Soderlund, Jacob So	3) Peterson, Casey So	4) Peterson, Bo Jr
	25.44	50.68 (25.24)	1:13.70 (23.02)	1:35.59 (21.89)
8	Campolindo			1:36.29 CIFB
	1) Lanzara, Matteo Sr	2) Longton, Marcus Sr	3) Le-Nguyen, Zach So	4) Dunn, Garrett Sr
	24.16	51.50 (27.34)	1:14.78 (23.28)	1:36.29 (21.51)
9	Foothill			1:36.65 CIFB
	1) Skinner, Nicholas Sr	2) Chui, Calvin Sr	3) Ren, Alex Jr	4) Drummond, Scott Jr
	23.64	51.07 (27.43)	1:14.30 (23.23)	1:36.65 (22.35)
10	Las Lomas			1:37.09 CIFB
	1) Horrigan, Graham Jr	2) Chau, Kenson Sr	3) Alvarado, Jake Jr	4) Oconnor, Tommy So
	23.90	51.78 (27.88)	1:15.39 (23.61)	1:37.09 (21.70)
11	Novato			1:37.63 CIFB
	1) McIntyre, Zachary Jr	2) Thelen, Cooper Fr	3) Belingheri, Marcus Sr	4) Rhinehart, Sam Fr
	23.85	51.96 (28.11)	1:15.09 (23.13)	1:37.63 (22.54)
12	Dublin			1:38.50 CIFB
	1) Tsai, Justin Jr	2) Smith, Sam Sr	3) Guidi, Christopher Jr	4) Fitzpatrick, Franklin Sr
	25.18	53.11 (27.93)	1:17.54 (24.43)	1:38.50 (20.96)
13	California			1:38.70 CIFB
	1) Garcia, Koen Jr	2) Dalal, Dylan Jr	3) Smith, Dillon So	4) Tan, Jonathan Sr
	25.43	53.41 (27.98)	1:16.80 (23.39)	1:38.70 (21.90)
14	Amador Valley			1:39.46
	1) Bitting, Caleb Sr	2) Eun, Andy So	3) Kobayashi, Ryan Fr	4) Plattel, Lleyton Jr
	25.67	53.41 (27.74)	1:16.86 (23.45)	1:39.46 (22.60)
15	Mission San Jose			1:39.83
	1) Wu, Jasper Sr	2) Sayle, Connor Sr	3) Lee, Ben Sr	4) Liu, Brian Jr
	25.10	52.69 (27.59)	1:17.44 (24.75)	1:39.83 (22.39)
16	Benicia			1:39.92
	1) Jellison, Nathaniel Jr	2) Putong, Jericho Jr	3) Rafac, Jacob Sr	4) Salindong, Elian SR
	25.29	53.28 (27.99)	1:17.33 (24.05)	1:39.92 (22.59)
17	Miramonte			1:39.95
	1) Sherwood, Dax Fr	2) Devlin, Andrew Sr	3) Bruen, Chris So	4) Painter, Jackson JR
	26.21	54.97 (28.76)	1:18.96 (23.99)	1:39.95 (20.99)
18	Clayton Valley Charter			1:40.04
	1) McIntyre, Ian Sr	2) York, Vincent Jr	3) Donado, Damien So	4) Chau, Zackary Fr
	25.41	53.19 (27.78)	1:17.19 (24.00)	1:40.04 (22.85)

Event 5 Girls 200 Yard Freestyle

National HS: 1:41.82 U 2015 **Kathleen Ledecky**
NCS Meet: 1:44.45 N 2013 **Chelsea Chenault**
 1:48.80 AA-A All America Auto.
 1:50.65 AA-C All America Cons.
 1:51.99 CIFA CIF Automatic
 1:55.02 CIFB CIF Consideration

Stone Ridge (MD)
Carondelet

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Heckman, Miranda	Sr	Granada	1:49.80	1:47.91 AA-A	20
	25.64		53.02 (27.38)	1:20.77 (27.75)	1:47.91 (27.14)	
2	Hawkins, Daniella	Sr	California	1:49.72	1:49.85 AA-C	17
	25.80		53.57 (27.77)	1:22.01 (28.44)	1:49.85 (27.84)	

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****A - Final ... (Event 5 Girls 200 Yard Freestyle)**

	Name	Yr	School	Prelim Time	Finals Time	Points
3	Suen, Claire	Jr	Dublin	1:51.53	1:49.94 AA-C	16
	25.22	51.87 (26.65)	1:19.58 (27.71)	1:49.94 (30.36)		
4	Neufeld, Christy	Sr	Carondelet	1:51.39	1:50.59 AA-C	15
	25.75	53.89 (28.14)	1:22.66 (28.77)	1:50.59 (27.93)		
5	Gebhardt, Emily	Sr	Acalanes	1:50.30	1:50.79 CIFA	14
	25.87	53.66 (27.79)	1:22.14 (28.48)	1:50.79 (28.65)		
6	Scheberies, Jacklyn	Sr	Castro Valley	1:51.59	1:52.26 CIFB	13
	25.86	54.13 (28.27)	1:23.17 (29.04)	1:52.26 (29.09)		
7	Seaman, Jenna	Jr	Monte Vista	1:51.92	1:53.04 CIFB	12
	26.03	53.94 (27.91)	1:22.97 (29.03)	1:53.04 (30.07)		
8	Gardner, Amber	Jr	California	1:52.43	1:53.26 CIFB	11
	25.50	53.02 (27.52)	1:22.66 (29.64)	1:53.26 (30.60)		

B - Final

9	Fok, Lexi	Fr	Campolindo	1:54.87	1:54.07 CIFB	9
	26.61	55.41 (28.80)	1:24.67 (29.26)	1:54.07 (29.40)		
10	Bell, Sophia	Fr	Bay School of San Francisco	1:55.12	1:54.89 CIFB	7
	26.96	55.80 (28.84)	1:25.51 (29.71)	1:54.89 (29.38)		
11	Kim, Olivia	Fr	Amador Valley	1:55.51	1:55.06	6
	27.19	56.25 (29.06)	1:25.89 (29.64)	1:55.06 (29.17)		
12	Gallagher, Lily	Sr	Washington	1:54.98	1:55.17	5
	27.09	56.07 (28.98)	1:25.72 (29.65)	1:55.17 (29.45)		
13	Urban, Natalie	Fr	Granada	1:54.39	1:55.43	4
	26.49	55.51 (29.02)	1:25.77 (30.26)	1:55.43 (29.66)		
14	Stahl, Toria	Sr	Northgate	1:55.34	1:56.61	3
	27.09	56.24 (29.15)	1:26.19 (29.95)	1:56.61 (30.42)		
15	Locala, Naomi	So	Lick-Wilmerding	1:56.21	1:57.15	2
	27.59	56.83 (29.24)	1:26.58 (29.75)	1:57.15 (30.57)		
16	Stiles, Nicole	Jr	Dougherty Valley	1:56.49	1:57.80	1
	27.37	56.98 (29.61)	1:27.26 (30.28)	1:57.80 (30.54)		

Event 5 Girls 200 Yard Freestyle

National HS: 1:41.82 U 2015 Kathleen Ledesky
 NCS Meet: 1:44.45 N 2013 Chelsea Chenault
 1:48.80 AA-A All America Auto.
 1:50.65 AA-C All America Cons.
 1:51.99 CIFA CIF Automatic
 1:55.02 CIFB CIF Consideration

Stone Ridge (MD)
 Carondelet

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Hawkins, Daniella	Sr	California		1:49.72 AA-C
	25.68	53.13 (27.45)	1:21.45 (28.32)	1:49.72 (28.27)	
2	Heckman, Miranda	Sr	Granada		1:49.80 AA-C
	25.74	53.73 (27.99)	1:21.91 (28.18)	1:49.80 (27.89)	
3	Gebhardt, Emily	Sr	Acalanes		1:50.30 AA-C
	25.64	53.94 (28.30)	1:22.48 (28.54)	1:50.30 (27.82)	
4	Neufeld, Christy	Sr	Carondelet		1:51.39 CIFA
	26.06	54.38 (28.32)	1:23.15 (28.77)	1:51.39 (28.24)	
5	Suen, Claire	Jr	Dublin		1:51.53 CIFA
	25.11	52.55 (27.44)	1:21.52 (28.97)	1:51.53 (30.01)	
6	Scheberies, Jacklyn	Sr	Castro Valley		1:51.59 CIFA
	26.18	54.26 (28.08)	1:22.96 (28.70)	1:51.59 (28.63)	
7	Seaman, Jenna	Jr	Monte Vista		1:51.92 CIFA
	25.95	53.80 (27.85)	1:22.58 (28.78)	1:51.92 (29.34)	

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****Preliminaries ... (Event 5 Girls 200 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time	
8	Gardner, Amber	Jr	California		1:52.43	CIFB
	25.98	54.08 (28.10)	1:23.07 (28.99)	1:52.43 (29.36)		
9	Urban, Natalie	Fr	Granada		1:54.39	CIFB
	26.32	55.38 (29.06)	1:25.09 (29.71)	1:54.39 (29.30)		
10	Fok, Lexi	Fr	Campolindo		1:54.87	CIFB
	26.45	55.09 (28.64)	1:24.92 (29.83)	1:54.87 (29.95)		
11	Gallagher, Lily	Sr	Washington		1:54.98	CIFB
	26.83	55.81 (28.98)	1:25.23 (29.42)	1:54.98 (29.75)		
12	Bell, Sophia	Fr	Bay School of San Francisco		1:55.12	
	26.94	55.92 (28.98)	1:25.75 (29.83)	1:55.12 (29.37)		
13	Stahl, Toria	Sr	Northgate		1:55.34	
	26.41	55.21 (28.80)	1:25.06 (29.85)	1:55.34 (30.28)		
14	Kim, Olivia	Fr	Amador Valley		1:55.51	
	26.80	55.89 (29.09)	1:25.69 (29.80)	1:55.51 (29.82)		
15	Roemer, Jewel	Jr	Acalanes		1:55.54	
	26.44	55.28 (28.84)	1:25.13 (29.85)	1:55.54 (30.41)		
16	Locala, Naomi	So	Lick-Wilmerding		1:56.21	
	26.61	55.46 (28.85)	1:25.81 (30.35)	1:56.21 (30.40)		
17	Stiles, Nicole	Jr	Dougherty Valley		1:56.49	
	26.92	56.08 (29.16)	1:26.34 (30.26)	1:56.49 (30.15)		
18	Wong, Gwyneth	Jr	Foothill		1:56.49	
	26.67	55.74 (29.07)	1:26.17 (30.43)	1:56.49 (30.32)		

Event 6 Boys 200 Yard Freestyle

National HS: 1:33.26 U 2016 Grant Shoults
NCS Meet: 1:33.70 N 2018 M Rooney, A Sancov
1:38.52 AA-A All America Auto.
1:40.23 AA-C All America Cons.
1:40.27 CIFA CIF Automatic
1:42.65 CIFB CIF Consideration

S. Margarita CA
Granada, Northga

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	David, Calvin	Sr	Foothill	1:36.80	1:36.21 AA-A	20
	22.72	47.19 (24.47)	1:11.74 (24.55)	1:36.21 (24.47)		
2	Lu, Tyler	Sr	Quarry Lane	1:37.66	1:38.20 AA-A	17
	22.71	47.12 (24.41)	1:12.52 (25.40)	1:38.20 (25.68)		
3	Weigelt, Niklas	Sr	Clayton Valley Charter	1:39.17	1:38.40 AA-A	16
	22.29	46.75 (24.46)	1:11.96 (25.21)	1:38.40 (26.44)		
4	McIntyre, Zachary	Jr	Novato	1:39.15	1:39.02 AA-C	15
	22.96	47.51 (24.55)	1:13.02 (25.51)	1:39.02 (26.00)		
5	Percin, Sean	Sr	Campolindo	1:38.80	1:39.16 AA-C	14
	23.53	48.43 (24.90)	1:13.76 (25.33)	1:39.16 (25.40)		
6	Mertz, David	Sr	Santa Rosa	1:39.43	1:40.53 CIFB	13
	23.26	48.26 (25.00)	1:14.08 (25.82)	1:40.53 (26.45)		
7	Baker, Alec	Sr	Campolindo	1:40.87	1:40.73 CIFB	12
	23.05	48.28 (25.23)	1:14.04 (25.76)	1:40.73 (26.69)		
8	Vollmar, Aidan	Jr	Campolindo	1:41.11	1:41.31 CIFB	11
	23.83	49.24 (25.41)	1:15.32 (26.08)	1:41.31 (25.99)		
B - Final						
9	Hartman, Zachery	So	Monte Vista	1:41.86	1:40.42 CIFB	9
	23.10	48.23 (25.13)	1:14.26 (26.03)	1:40.42 (26.16)		
10	Plattel, Lleyton	Jr	Amador Valley	1:43.08	1:41.99 CIFB	7
	23.61	49.16 (25.55)	1:15.72 (26.56)	1:41.99 (26.27)		

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****B - Final ... (Event 6 Boys 200 Yard Freestyle)**

	Name	Yr	School	Prelim Time	Finals Time	Points
11	Lenahan, Ryan	Jr	Campolindo	1:42.20	1:42.02 CIFB	6
	23.59	49.41 (25.82)	1:15.78 (26.37)	1:42.02 (26.24)		
12	Collins, Leo	Sr	Redwood	1:44.01	1:42.86	5
	24.41	50.34 (25.93)	1:16.45 (26.11)	1:42.86 (26.41)		
13	Watson, Grant	So	San Ramon Valley	1:41.93	1:43.24	4
	23.08	48.79 (25.71)	1:15.86 (27.07)	1:43.24 (27.38)		
14	Barber, Will	Sr	Miramonte	1:43.78	1:43.44	3
	24.20	50.44 (26.24)	1:17.00 (26.56)	1:43.44 (26.44)		
15	Skinner, Nicholas	Sr	Foothill	1:43.26	1:43.61	2
	24.08	50.24 (26.16)	1:17.05 (26.81)	1:43.61 (26.56)		
16	Cheney, Brennan	So	San Ramon Valley	1:43.23	1:44.63	1
	23.81	49.61 (25.80)	1:16.43 (26.82)	1:44.63 (28.20)		

Event 6 Boys 200 Yard Freestyle

National HS: 1:33.26 U 2016 Grant Shoults
NCS Meet: 1:33.70 N 2018 M Rooney, A Sancov
1:38.52 AA-A All America Auto.
1:40.23 AA-C All America Cons.
1:40.27 CIFA CIF Automatic
1:42.65 CIFB CIF Consideration

S. Margarita CA
Granada, Northga

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
1	David, Calvin	Sr	Foothill		1:36.80 AA-A
	22.59	46.75 (24.16)	1:11.61 (24.86)	1:36.80 (25.19)	
2	Lu, Tyler	Sr	Quarry Lane		1:37.66 AA-A
	22.43	46.79 (24.36)	1:12.08 (25.29)	1:37.66 (25.58)	
3	Percin, Sean	Sr	Campolindo		1:38.80 AA-C
	23.58	48.74 (25.16)	1:14.01 (25.27)	1:38.80 (24.79)	
4	McIntyre, Zachary	Jr	Novato		1:39.15 AA-C
	23.15	48.02 (24.87)	1:13.82 (25.80)	1:39.15 (25.33)	
5	Weigelt, Niklas	Sr	Clayton Valley Charter		1:39.17 AA-C
	22.75	47.27 (24.52)	1:12.98 (25.71)	1:39.17 (26.19)	
6	Mertz, David	Sr	Santa Rosa		1:39.43 AA-C
	23.25	47.87 (24.62)	1:13.62 (25.75)	1:39.43 (25.81)	
7	Baker, Alec	Sr	Campolindo		1:40.87 CIFB
	23.64	49.29 (25.65)	1:15.25 (25.96)	1:40.87 (25.62)	
8	Vollmar, Aidan	Jr	Campolindo		1:41.11 CIFB
	23.69	49.38 (25.69)	1:15.34 (25.96)	1:41.11 (25.77)	
9	Hartman, Zachery	So	Monte Vista		1:41.86 CIFB
	23.42	49.04 (25.62)	1:15.41 (26.37)	1:41.86 (26.45)	
10	Watson, Grant	So	San Ramon Valley		1:41.93 CIFB
	22.86	48.54 (25.68)	1:15.34 (26.80)	1:41.93 (26.59)	
11	Lenahan, Ryan	Jr	Campolindo		1:42.20 CIFB
	23.81	49.74 (25.93)	1:16.32 (26.58)	1:42.20 (25.88)	
12	Plattel, Lleyton	Jr	Amador Valley		1:43.08
	24.11	50.23 (26.12)	1:16.73 (26.50)	1:43.08 (26.35)	
13	Cheney, Brennan	So	San Ramon Valley		1:43.23
	23.61	49.28 (25.67)	1:15.69 (26.41)	1:43.23 (27.54)	
14	Skinner, Nicholas	Sr	Foothill		1:43.26
	24.54	50.74 (26.20)	1:17.35 (26.61)	1:43.26 (25.91)	
15	Barber, Will	Sr	Miramonte		1:43.78
	24.29	50.69 (26.40)	1:17.32 (26.63)	1:43.78 (26.46)	

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****Preliminaries ... (Event 6 Boys 200 Yard Freestyle)**

Name	Yr	School	Seed Time	Prelim Time
16 Collins, Leo	Sr	Redwood		1:44.01
24.72	50.59 (25.87)	1:17.05 (26.46)	1:44.01 (26.96)	
17 Heddadji, Adel	So	Dougherty Valley		1:44.23
24.59	50.68 (26.09)	1:17.31 (26.63)	1:44.23 (26.92)	
18 Wang, Andrew	So	Dublin		1:44.62
24.70	50.73 (26.03)	1:17.67 (26.94)	1:44.62 (26.95)	

Event 7 Girls 200 Yard IM

National HS: 1:53.82 U 2009 Dagny Knutson
 NCS Meet: 1:56.17 N 2010 Maya DiRado
 2:01.69 AA-A All America Auto.
 2:04.02 AA-C All America Cons.
 2:05.09 CIFA CIF Automatic
 2:09.99 CIFB CIF Consideration

Minot (ND)
 Maria Carrillo

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Hartman, Zoie	Sr	Monte Vista	1:56.87	1:55.76 N AA-A	20
26.12	54.76 (28.64)	1:27.79 (33.03)	1:55.76 (27.97)		
2 Smith, Madeline	Jr	Campolindo	2:01.50	2:03.48 AA-C	17
27.36	58.26 (30.90)	1:35.56 (37.30)	2:03.48 (27.92)		
3 Suppiger, Shelby	So	Acalanes	2:04.43	2:03.69 AA-C	16
27.85	58.59 (30.74)	1:34.41 (35.82)	2:03.69 (29.28)		
4 McDonald, Margaux	Jr	Miramonte	2:04.56	2:03.96 AA-C	15
27.30	58.07 (30.77)	1:34.27 (36.20)	2:03.96 (29.69)		
5 Lu, Sydney	Fr	Quarry Lane	2:06.05	2:04.62 CIFA	14
26.24	59.03 (32.79)	1:35.58 (36.55)	2:04.62 (29.04)		
6 Jih-Schiff, Ana	So	San Ramon Valley	2:05.51	2:05.23 CIFB	13
26.41	58.47 (32.06)	1:35.37 (36.90)	2:05.23 (29.86)		
7 Kelly, Kyla	Fr	Monte Vista	2:04.88	2:06.35 CIFB	12
27.51	57.94 (30.43)	1:36.19 (38.25)	2:06.35 (30.16)		
8 Kirtland, Haley	Sr	Berkeley	2:05.70	2:08.02 CIFB	11
28.22	1:01.82 (33.60)	1:38.40 (36.58)	2:08.02 (29.62)		
B - Final					
9 Herscu, Abigail	Fr	Granada	2:07.50	2:05.75 CIFB	9
27.68	1:00.44 (32.76)	1:35.49 (35.05)	2:05.75 (30.26)		
10 Buckley, Margaret	So	Campolindo	2:07.44	2:06.46 CIFB	7
27.96	59.16 (31.20)	1:37.08 (37.92)	2:06.46 (29.38)		
11 Lockyer, Hannah	Fr	Monte Vista	2:07.26	2:06.78 CIFB	6
28.20	58.89 (30.69)	1:36.47 (37.58)	2:06.78 (30.31)		
12 Boderio, Chenoa	Jr	Granada	2:07.06	2:07.71 CIFB	5
26.73	59.43 (32.70)	1:36.47 (37.04)	2:07.71 (31.24)		
13 Greenberg, Olivia	Sr	Redwood	2:07.78	2:07.84 CIFB	4
27.05	58.52 (31.47)	1:36.96 (38.44)	2:07.84 (30.88)		
14 Kwan, Julie	Sr	Montgomery High School	2:06.65	2:08.02 CIFB	3
27.59	58.40 (30.81)	1:37.26 (38.86)	2:08.02 (30.76)		
15 Roberts, May Ling	SO	Branson	2:08.65	2:08.10 CIFB	2
28.25	1:00.69 (32.44)	1:37.27 (36.58)	2:08.10 (30.83)		
16 Carlson, Josie	Jr	Las Lomas	2:07.85	2:08.19 CIFB	1
27.01	58.71 (31.70)	1:37.35 (38.64)	2:08.19 (30.84)		

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****Event 7 Girls 200 Yard IM**

National HS: 1:53.82 U 2009 Dagny Knutson
 NCS Meet: 1:56.17 N 2010 Maya DiRado
 2:01.69 AA-A All America Auto.
 2:04.02 AA-C All America Cons.
 2:05.09 CIFA CIF Automatic
 2:09.99 CIFB CIF Consideration

Minot (ND)
 Maria Carrillo

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Hartman, Zoie	Sr	Monte Vista		1:56.87 AA-A
26.09	54.91 (28.82)	1:27.98 (33.07)	1:56.87 (28.89)	
2 Smith, Madeline	Jr	Campolindo		2:01.50 AA-A
26.82	56.44 (29.62)	1:32.32 (35.88)	2:01.50 (29.18)	
3 Suppiger, Shelby	So	Acalanes		2:04.43 CIFA
27.50	58.55 (31.05)	1:34.75 (36.20)	2:04.43 (29.68)	
4 McDonald, Margaux	Jr	Miramonte		2:04.56 CIFA
27.05	57.71 (30.66)	1:34.13 (36.42)	2:04.56 (30.43)	
5 Kelly, Kyla	Fr	Monte Vista		2:04.88 CIFA
27.31	57.86 (30.55)	1:36.04 (38.18)	2:04.88 (28.84)	
6 Jih-Schiff, Ana	So	San Ramon Valley		2:05.51 CIFB
26.14	59.46 (33.32)	1:35.59 (36.13)	2:05.51 (29.92)	
7 Kirtland, Haley	Sr	Berkeley		2:05.70 CIFB
27.90	1:00.66 (32.76)	1:37.04 (36.38)	2:05.70 (28.66)	
8 Lu, Sydney	Fr	Quarry Lane		2:06.05 CIFB
26.34	59.18 (32.84)	1:36.11 (36.93)	2:06.05 (29.94)	
9 Kwan, Julie	Sr	Montgomery High School		2:06.65 CIFB
27.21	58.18 (30.97)	1:36.16 (37.98)	2:06.65 (30.49)	
10 Boderio, Chenoa	Jr	Granada		2:07.06 CIFB
27.23	58.97 (31.74)	1:36.37 (37.40)	2:07.06 (30.69)	
11 Lockyer, Hannah	Fr	Monte Vista		2:07.26 CIFB
27.96	58.54 (30.58)	1:36.42 (37.88)	2:07.26 (30.84)	
12 Buckley, Margaret	So	Campolindo		2:07.44 CIFB
28.03	59.78 (31.75)	1:37.57 (37.79)	2:07.44 (29.87)	
13 Herscu, Abigail	Fr	Granada		2:07.50 CIFB
28.00	1:00.47 (32.47)	1:36.72 (36.25)	2:07.50 (30.78)	
14 Greenberg, Olivia	Sr	Redwood		2:07.78 CIFB
27.25	58.58 (31.33)	1:36.83 (38.25)	2:07.78 (30.95)	
15 Carlson, Josie	Jr	Las Lomas		2:07.85 CIFB
27.18	58.51 (31.33)	1:36.97 (38.46)	2:07.85 (30.88)	
16 Roberts, May Ling	SO	Branson		2:08.65 CIFB
28.65	1:01.96 (33.31)	1:38.02 (36.06)	2:08.65 (30.63)	
17 Rohovit, Taylor	So	Foothill		2:08.68 CIFB
28.36	1:01.74 (33.38)	1:38.21 (36.47)	2:08.68 (30.47)	
18 Oliver, Tessa	Sr	Montgomery High School		2:10.20
28.04	1:01.81 (33.77)	1:39.54 (37.73)	2:10.20 (30.66)	

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****Event 8 Boys 200 Yard IM**

National HS: 1:41.39 U 2011 David Nolan
NCS Meet: 1:45.15 N 2018 Chris Jhong
 1:49.83 AA-A All America Auto.
 1:51.77 AA-C All America Cons.
 1:53.05 CIFA CIF Automatic
 1:55.99 CIFB CIF Consideration

Hershey (PA)
Amador Valley

	Name		Yr	School	Prelim Time	Finals Time	Points
A - Final							
1	daCosta, Paige		Sr	Granada	1:47.12	1:47.03 AA-A	20
	24.21	50.05 (25.84)		1:21.35 (31.30)	1:47.03 (25.68)		
2	Flanders, Harry		Sr	San Ramon Valley	1:53.45	1:48.96 AA-A	17
	22.95	50.17 (27.22)		1:22.03 (31.86)	1:48.96 (26.93)		
3	Rodriguez, Andrew		Sr	Northgate	1:51.66	1:50.41 AA-C	16
	24.19	51.21 (27.02)		1:24.33 (33.12)	1:50.41 (26.08)		
4	Giacoppo, Gabriel		SR	Branson	1:50.76	1:51.22 AA-C	15
	24.05	51.75 (27.70)		1:24.95 (33.20)	1:51.22 (26.27)		
5	Ren, Alex		Jr	Foothill	1:52.76	1:51.70 AA-C	14
	23.94	51.78 (27.84)		1:25.22 (33.44)	1:51.70 (26.48)		
6	Dempster, Allen		Jr	San Ramon Valley	1:51.57	1:51.85 CIFA	13
	24.01	50.24 (26.23)		1:24.25 (34.01)	1:51.85 (27.60)		
7	Mason, Jackson		Sr	Sir Francis Drake	1:51.19	1:53.88 CIFB	12
	24.20	51.82 (27.62)		1:24.22 (32.40)	1:53.88 (29.66)		
8	Lanzara, Matteo		Sr	Campolindo	1:54.41	1:54.27 CIFB	11
	24.78	52.76 (27.98)		1:27.05 (34.29)	1:54.27 (27.22)		
B - Final							
9	Tan, Jonathan		Sr	California	1:54.53	1:54.02 CIFB	9
	25.10	53.74 (28.64)		1:27.22 (33.48)	1:54.02 (26.80)		
10	Saghafi, Arman		Sr	Albany	1:54.73	1:54.50 CIFB	7
	24.95	54.66 (29.71)		1:27.78 (33.12)	1:54.50 (26.72)		
11	Conable, James		So	Encinal	1:54.84	1:55.10 CIFB	6
	25.90	54.38 (28.48)		1:28.44 (34.06)	1:55.10 (26.66)		
12	Wong, Connor		Jr	Windsor High School	1:55.14	1:55.26 CIFB	5
	24.32	53.54 (29.22)		1:28.27 (34.73)	1:55.26 (26.99)		
13	Vizental, Anthony		Sr	Clayton Valley Charter	1:55.38	1:55.53 CIFB	4
	24.58	54.54 (29.96)		1:28.08 (33.54)	1:55.53 (27.45)		
14	Poon, Austin		So	Dougherty Valley	1:55.64	1:55.75 CIFB	3
	25.10	55.74 (30.64)		1:28.02 (32.28)	1:55.75 (27.73)		
15	Kim, Jaewoo		So	Monte Vista	1:56.32	1:56.35	2
	24.83	54.10 (29.27)		1:27.60 (33.50)	1:56.35 (28.75)		
16	daCosta, Taber		So	Granada	1:55.25	1:57.53	1
	25.65	55.71 (30.06)		1:29.65 (33.94)	1:57.53 (27.88)		

Event 8 Boys 200 Yard IM

National HS: 1:41.39 U 2011 David Nolan
NCS Meet: 1:45.15 N 2018 Chris Jhong
 1:49.83 AA-A All America Auto.
 1:51.77 AA-C All America Cons.
 1:53.05 CIFA CIF Automatic
 1:55.99 CIFB CIF Consideration

Hershey (PA)
Amador Valley

	Name		Yr	School	Seed Time	Prelim Time
Preliminaries						
1	daCosta, Paige		Sr	Granada		1:47.12 AA-A
	24.15	50.03 (25.88)		1:21.24 (31.21)	1:47.12 (25.88)	

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****Preliminaries ... (Event 8 Boys 200 Yard IM)**

	Name	Yr	School	Seed Time	Prelim Time	
2	Giacoppo, Gabriel	SR	Branson		1:50.76	AA-C
	23.56		51.26 (27.70) 1:24.30 (33.04)	1:50.76 (26.46)		
3	Mason, Jackson	Sr	Sir Francis Drake		1:51.19	AA-C
	24.17		52.24 (28.07) 1:24.14 (31.90)	1:51.19 (27.05)		
4	Dempster, Allen	Jr	San Ramon Valley		1:51.57	AA-C
	24.44		51.64 (27.20) 1:25.09 (33.45)	1:51.57 (26.48)		
5	Rodriguez, Andrew	Sr	Northgate		1:51.66	AA-C
	24.47		52.18 (27.71) 1:25.42 (33.24)	1:51.66 (26.24)		
6	Ren, Alex	Jr	Foothill		1:52.76	CIFA
	23.90		51.82 (27.92) 1:25.52 (33.70)	1:52.76 (27.24)		
7	Flanders, Harry	Sr	San Ramon Valley		1:53.45	CIFB
	24.08		52.37 (28.29) 1:26.16 (33.79)	1:53.45 (27.29)		
8	Pascual, Iona	Jr	Justin-Siena		1:53.83	CIFB
	25.03		53.75 (28.72) 1:27.05 (33.30)	1:53.83 (26.78)		
9	Lanzara, Matteo	Sr	Campolindo		1:54.41	CIFB
	25.08		53.60 (28.52) 1:27.48 (33.88)	1:54.41 (26.93)		
10	Tan, Jonathan	Sr	California		1:54.53	CIFB
	24.95		55.36 (30.41) 1:28.20 (32.84)	1:54.53 (26.33)		
11	Saghafi, Arman	Sr	Albany		1:54.73	CIFB
	25.08		54.61 (29.53) 1:27.73 (33.12)	1:54.73 (27.00)		
12	Conable, James	So	Encinal		1:54.84	CIFB
	25.79		54.58 (28.79) 1:27.95 (33.37)	1:54.84 (26.89)		
13	Wong, Connor	Jr	Windsor High School		1:55.14	CIFB
	24.26		53.78 (29.52) 1:28.04 (34.26)	1:55.14 (27.10)		
14	daCosta, Taber	So	Granada		1:55.25	CIFB
	25.49		54.92 (29.43) 1:28.44 (33.52)	1:55.25 (26.81)		
15	Vizental, Anthony	Sr	Clayton Valley Charter		1:55.38	CIFB
	24.87		55.24 (30.37) 1:28.47 (33.23)	1:55.38 (26.91)		
16	Poon, Austin	So	Dougherty Valley		1:55.64	CIFB
	25.06		54.89 (29.83) 1:28.17 (33.28)	1:55.64 (27.47)		
17	Grini, Carl	Jr	Casa Grande		1:56.29	
	24.68		54.30 (29.62) 1:28.75 (34.45)	1:56.29 (27.54)		
18	Kim, Jaewoo	So	Monte Vista		1:56.32	
	25.03		54.64 (29.61) 1:28.64 (34.00)	1:56.32 (27.68)		

Event 9 Girls 50 Yard Freestyle

National HS:	21.64	U	2015	Abbey Weitzel	Saugus (CA)
NCS Meet:	22.49	N	2016	Madelyn Murphy	Carondelet
	23.23	AA-A	All America Auto.		
	23.58	AA-C	All America Cons.		
	23.83	CIFA	CIF Automatic		
	24.36	CIFB	CIF Consideration		

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Larson, Jessica	Sr	Benicia	23.70	23.23	AA-A 20
2	DePaco, Alexis	So	San Ramon Valley	23.71	23.54	AA-C 17
3	Berkenfield, Coco	Sr	San Rafael	23.90	23.64	CIFA 16
4	Watrous, Catherine	Fr	Redwood	23.85	23.90	CIFB 15
5	Grisavage, Sydney	Fr	College Preparatory	24.09	23.93	CIFB 14
6	Flath, Gillian	Sr	Monte Vista	24.03	23.95	CIFB 13
7	Ayan-Eaton, Juliana	Sr	Redwood	23.76	23.98	CIFB 12
8	van Meines, Amber	Fr	Campolindo	23.60	24.08	CIFB 11

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****B - Final ... (Event 9 Girls 50 Yard Freestyle)**

	Name	Yr	School	Prelim Time	Finals Time	Points
B - Final						
9	Statler, Nina	Fr	Las Lomas	24.39	24.14 CIFB	9
10	Lund, Alyssa	Fr	Northgate	24.49	24.22 CIFB	7
11	Jasko, Nicolette	Sr	Terra Linda	24.35	24.27 CIFB	6
12	Gershman, Alexandra	Jr	Tamalpais	24.30	24.52	5
*13	Levy, Caraline	Sr	Northgate	24.52	24.56	3.50
*13	Zheng, Anna	Sr	Dougherty Valley	24.33	24.56	3.50
15	Lovato, Ines	Fr	Marin Academy	24.50	24.71	2
16	Brakebill, Sydney	Fr	Marin Catholic	24.57	24.83	1

Event 9 Girls 50 Yard Freestyle

National HS:	21.64	U	2015	Abbey Weitzel	Saugus (CA)
NCS Meet:	22.49	N	2016	Madelyn Murphy	Carondelet
	23.23	AA-A All America Auto.			
	23.58	AA-C All America Cons.			
	23.83	CIFA CIF Automatic			
	24.36	CIFB CIF Consideration			

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
1	van Meines, Amber	Fr	Campolindo		23.60 CIFA
2	Larson, Jessica	Sr	Benicia		23.70 CIFA
3	DePaco, Alexis	So	San Ramon Valley		23.71 CIFA
4	Ayan-Eaton, Juliana	Sr	Redwood		23.76 CIFA
5	Watrous, Catherine	Fr	Redwood		23.85 CIFB
6	Berkenfield, Coco	Sr	San Rafael		23.90 CIFB
7	Flath, Gillian	Sr	Monte Vista		24.03 CIFB
8	Griscavage, Sydney	Fr	College Preparatory		24.09 CIFB
9	Gershman, Alexandra	Jr	Tamalpais		24.30 CIFB
10	Zheng, Anna	Sr	Dougherty Valley		24.33 CIFB
11	Jasko, Nicolette	Sr	Terra Linda		24.35 CIFB
12	Statler, Nina	Fr	Las Lomas		24.39
13	Lund, Alyssa	Fr	Northgate		24.49
14	Lovato, Ines	Fr	Marin Academy		24.50
15	Levy, Caraline	Sr	Northgate		24.52
16	Brakebill, Sydney	Fr	Marin Catholic		24.57
17	Yu, Suri	Sr	Washington		24.57
18	Mooney, Kristina	So	Las Lomas		24.58

Event 10 Boys 50 Yard Freestyle

National HS:	19.29	U	2013	Caleb Dressel	Clay (FL)
NCS Meet:	20.12	N	2018	Spencer Daily	San Ramon Valley
	20.60	AA-A All America Auto.			
	20.96	AA-C All America Cons.			
	21.17	CIFA CIF Automatic			
	21.79	CIFB CIF Consideration			

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Muaddi, Matthew	Jr	San Ramon Valley	20.49	20.61 AA-C	20
2	Wight, Gavin	Jr	San Ramon Valley	20.75	20.75 AA-C	17
3	Wilkerson, Jack	Sr	San Ramon Valley	20.99	21.04 CIFA	16
4	Iannaccone, Ryan	Sr	De La Salle High School	20.93	21.08 CIFA	15

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****A - Final ... (Event 10 Boys 50 Yard Freestyle)**

Name	Yr	School	Prelim Time	Finals Time		Points
5 Scruton, Matthew	Sr	Redwood	21.22	21.24	CIFB	14
6 Anderson, Logan	Sr	Sir Francis Drake	21.42	21.33	CIFB	13
7 Tovera, Jared	Sr	Granada	21.42	21.34	CIFB	12
8 Brown, Cal	Sr	Clayton Valley Charter	21.39	21.47	CIFB	11

B - Final

9 Larson, Jack	Sr	Campolindo	21.48	21.46	CIFB	9
10 Wu, Jasper	Sr	Mission San Jose	21.62	21.50	CIFB	7
11 Iritani, Sean	Sr	De La Salle High School	21.69	21.59	CIFB	6
12 Oconnor, Tommy	So	Las Lomas	21.63	21.77	CIFB	5
13 Zhang, Richard	Sr	Campolindo	21.70	21.78	CIFB	4
14 Fitzpatrick, Franklin	Sr	Dublin	21.49	21.94		3
15 Glenn, Nicky	Fr	Tamalpais	21.72	21.96		2
16 Cribbin, Danny	So	Terra Linda	21.68	22.12		1

Event 10 Boys 50 Yard Freestyle

National HS: 19.29 U 2013 Caleb Dressel
NCS Meet: 20.12 N 2018 Spencer Daily
20.60 AA-A All America Auto.
20.96 AA-C All America Cons.
21.17 CIFA CIF Automatic
21.79 CIFB CIF Consideration

Clay (FL)
San Ramon Valley

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Muaddi, Matthew	Jr	San Ramon Valley		20.49	AA-A
2 Wight, Gavin	Jr	San Ramon Valley		20.75	AA-C
3 Iannaccone, Ryan	Sr	De La Salle High School		20.93	AA-C
4 Wilkerson, Jack	Sr	San Ramon Valley		20.99	CIFA
5 Scruton, Matthew	Sr	Redwood		21.22	CIFB
6 Brown, Cal	Sr	Clayton Valley Charter		21.39	CIFB
*7 Tovera, Jared	Sr	Granada		21.42	CIFB
*7 Anderson, Logan	Sr	Sir Francis Drake		21.42	CIFB
9 Larson, Jack	Sr	Campolindo		21.48	CIFB
10 Fitzpatrick, Franklin	Sr	Dublin		21.49	CIFB
11 Wu, Jasper	Sr	Mission San Jose		21.62	CIFB
12 Oconnor, Tommy	So	Las Lomas		21.63	CIFB
13 Cribbin, Danny	So	Terra Linda		21.68	CIFB
14 Iritani, Sean	Sr	De La Salle High School		21.69	CIFB
15 Zhang, Richard	Sr	Campolindo		21.70	CIFB
16 Glenn, Nicky	Fr	Tamalpais		21.72	CIFB
17 Dunn, Garrett	Sr	Campolindo		21.75	CIFB
18 Ledesma, Zach	Sr	Northgate		21.76	CIFB

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****Event 11 Girls 100 Yard Butterfly**

National HS: 51.29 U 2019 **Victoria Huske**
NCS Meet: 52.15 N 2016 **Madelyn Murphy**
 54.45 AA-A All America Auto.
 55.63 AA-C All America Cons.
 55.78 CIFA CIF Automatic
 57.59 CIFB CIF Consideration

Arlington (VA)
Carondelet

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Kosturos, Sophia	Sr	Miramonte	53.91	53.56	AA-A 20
	24.95		53.56 (28.61)			
2	Lu, Sydney	Fr	Quarry Lane	55.02	54.11	AA-A 17
	25.58		54.11 (28.53)			
3	DePaco, Alexis	So	San Ramon Valley	55.57	54.53	AA-C 16
	25.35		54.53 (29.18)			
4	Ayan-Eaton, Juliana	Sr	Redwood	54.13	54.69	AA-C 15
	25.45		54.69 (29.24)			
5	O'Brien, Ashleen	Sr	Campolindo	55.22	55.73	CIFA 14
	25.83		55.73 (29.90)			
6	Johansson, Kendall	So	Monte Vista	55.65	55.81	CIFB 13
	26.04		55.81 (29.77)			
7	Smith, Madeline	Jr	Campolindo	55.15	56.36	CIFB 12
	26.16		56.36 (30.20)			
8	Tan, Caitlin	Jr	California	56.46	56.49	CIFB 11
	26.63		56.49 (29.86)			
B - Final						
9	Follmer, Elizabeth	Sr	Campolindo	56.88	56.86	CIFB 9
	26.92		56.86 (29.94)			
10	Sharma, Annika	Fr	Monte Vista	57.45	56.92	CIFB 7
	26.38		56.92 (30.54)			
11	Bodero, Chenoa	Jr	Granada	56.99	57.29	CIFB 6
	26.69		57.29 (30.60)			
12	Harrison, Elsie	Jr	Monte Vista	57.80	57.98	5
	26.88		57.98 (31.10)			
13	Oliver, Tessa	Sr	Montgomery High School	58.67	58.10	4
	27.28		58.10 (30.82)			
14	Thomas, Taylor	Jr	College Park	57.86	58.53	3
	27.03		58.53 (31.50)			
15	Valvur, Camille	Sr	Campolindo	58.72	58.67	2
	27.42		58.67 (31.25)			
16	Hancock, Annemarie	So	San Ramon Valley	58.88	58.79	1
	27.74		58.79 (31.05)			

Event 11 Girls 100 Yard Butterfly

National HS: 51.29 U 2019 **Victoria Huske**
NCS Meet: 52.15 N 2016 **Madelyn Murphy**
 54.45 AA-A All America Auto.
 55.63 AA-C All America Cons.
 55.78 CIFA CIF Automatic
 57.59 CIFB CIF Consideration

Arlington (VA)
Carondelet

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Kosturos, Sophia	Sr	Miramonte		53.91 AA-A
	25.53		53.91 (28.38)		

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****Preliminaries ... (Event 11 Girls 100 Yard Butterfly)**

	Name	Yr	School	Seed Time	Prelim Time	
2	Ayan-Eaton, Juliana	Sr	Redwood		54.13	AA-A
	25.98		54.13 (28.15)			
3	Lu, Sydney	Fr	Quarry Lane		55.02	AA-C
	25.95		55.02 (29.07)			
4	Smith, Madeline	Jr	Campolindo		55.15	AA-C
	26.51		55.15 (28.64)			
5	O'Brien, Ashleen	Sr	Campolindo		55.22	AA-C
	25.92		55.22 (29.30)			
6	DePaco, Alexis	So	San Ramon Valley		55.57	AA-C
	25.50		55.57 (30.07)			
7	Johansson, Kendall	So	Monte Vista		55.65	CIFA
	25.94		55.65 (29.71)			
8	Tan, Caitlin	Jr	California		56.46	CIFB
	26.61		56.46 (29.85)			
9	Follmer, Elizabeth	Sr	Campolindo		56.88	CIFB
	26.43		56.88 (30.45)			
10	Bodero, Chenoa	Jr	Granada		56.99	CIFB
	27.61		56.99 (29.38)			
11	Sharma, Annika	Fr	Monte Vista		57.45	CIFB
	26.66		57.45 (30.79)			
12	Harrison, Elsie	Jr	Monte Vista		57.80	
	27.32		57.80 (30.48)			
13	Thomas, Taylor	Jr	College Park		57.86	
	27.08		57.86 (30.78)			
14	Oliver, Tessa	Sr	Montgomery High School		58.67	
	27.44		58.67 (31.23)			
15	Valvur, Camille	Sr	Campolindo		58.72	
	27.50		58.72 (31.22)			
16	Hancock, Annemarie	So	San Ramon Valley		58.88	
	27.85		58.88 (31.03)			
17	Hendrawan, Ashley	Sr	Alameda		59.28	
	27.88		59.28 (31.40)			
18	Matteo, Eliana	Jr	American Canyon High School		59.37	
	27.40		59.37 (31.97)			

Event 12 Boys 100 Yard Butterfly**National HS: 45.52 U 2013 Joseph Schooling****NCS Meet: 47.88 N 2013 Steven Stumph****Bolles (FL)****Campolindo****48.96 AA-A All America Auto.****50.03 AA-C All America Cons.****50.11 CIFA CIF Automatic****51.52 CIFB CIF Consideration**

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Flanders, Harry	Sr	San Ramon Valley	48.87	47.71 N AA-A	20
	22.20		47.71 (25.51)			
2	Iannaccone, Ryan	Sr	De La Salle High School	49.55	49.58 AA-C	17
	23.24		49.58 (26.34)			
3	Dulay, Adrian	Jr	Northgate	50.08	50.02 AA-C	16
	23.08		50.02 (26.94)			
4	Wong, Connor	Jr	Windsor High School	50.06	50.08 CIFA	15
	23.16		50.08 (26.92)			

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****A - Final ... (Event 12 Boys 100 Yard Butterfly)**

	Name	Yr	School	Prelim Time	Finals Time	Points
5	Le-Nguyen, Zach	So	Campolindo	50.24	50.34	CIFB 14
	23.66		50.34 (26.68)			
6	Baker, Alec	Sr	Campolindo	50.54	50.42	CIFB 13
	23.40		50.42 (27.02)			
7	Blanco, Mattias	Sr	Dougherty Valley	50.30	50.50	CIFB 12
	23.40		50.50 (27.10)			
8	Giacoppo, Gabriel	SR	Branson	50.60	50.52	CIFB 11
	23.79		50.52 (26.73)			

B - Final

9	McGuire, Thomas	Jr	Campolindo	51.34	51.00	CIFB 9
	23.94		51.00 (27.06)			
10	Wong, Justin	So	Santa Rosa	50.84	51.22	CIFB 7
	24.16		51.22 (27.06)			
11	Luis, Nathan	Sr	San Marin	51.55	51.25	CIFB 6
	23.90		51.25 (27.35)			
12	Horriggan, Graham	Jr	Las Lomas	51.06	51.32	CIFB 5
	24.32		51.32 (27.00)			
13	Grini, Carl	Jr	Casa Grande	51.15	51.40	CIFB 4
	23.94		51.40 (27.46)			
14	McNulty, Kieran	Jr	Arcata	51.52	51.63	3
	24.59		51.63 (27.04)			
15	Stuart, William	Sr	Deer Valley High School	51.19	51.75	2
	23.69		51.75 (28.06)			
16	Cheney, Brennan	So	San Ramon Valley	51.24	51.77	1
	23.94		51.77 (27.83)			

Event 12 Boys 100 Yard Butterfly

National HS:	45.52	U	2013	Joseph Schooling	Bolles (FL)
NCS Meet:	47.88	N	2013	Steven Stumph	Campolindo
	48.96	AA-A All America Auto.			
	50.03	AA-C All America Cons.			
	50.11	CIFA CIF Automatic			
	51.52	CIFB CIF Consideration			

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Flanders, Harry	Sr	San Ramon Valley		48.87 AA-A
	22.86		48.87 (26.01)		
2	Iannaccone, Ryan	Sr	De La Salle High School		49.55 AA-C
	23.11		49.55 (26.44)		
3	Wong, Connor	Jr	Windsor High School		50.06 CIFA
	23.65		50.06 (26.41)		
4	Dulay, Adrian	Jr	Northgate		50.08 CIFA
	23.49		50.08 (26.59)		
5	Le-Nguyen, Zach	So	Campolindo		50.24 CIFB
	23.53		50.24 (26.71)		
6	Blanco, Mattias	Sr	Dougherty Valley		50.30 CIFB
	23.54		50.30 (26.76)		
7	Baker, Alec	Sr	Campolindo		50.54 CIFB
	23.88		50.54 (26.66)		
8	Giacoppo, Gabriel	SR	Branson		50.60 CIFB
	23.95		50.60 (26.65)		
9	Wong, Justin	So	Santa Rosa		50.84 CIFB
	24.27		50.84 (26.57)		

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****Preliminaries ... (Event 12 Boys 100 Yard Butterfly)**

	Name	Yr	School	Seed Time	Prelim Time	
10	Horrigan, Graham	Jr	Las Lomas		51.06	CIFB
	24.00		51.06 (27.06)			
11	Grini, Carl	Jr	Casa Grande		51.15	CIFB
	23.91		51.15 (27.24)			
12	Stuart, William	Sr	Deer Valley High School		51.19	CIFB
	23.32		51.19 (27.87)			
13	Cheney, Brennan	So	San Ramon Valley		51.24	CIFB
	23.75		51.24 (27.49)			
14	McGuire, Thomas	Jr	Campolindo		51.34	CIFB
	24.52		51.34 (26.82)			
15	McNulty, Kieran	Jr	Arcata		51.52	CIFB
	24.03		51.52 (27.49)			
16	Luis, Nathan	Sr	San Marin		51.55	
	24.47		51.55 (27.08)			
17	Masongsong, Devin	Jr	College Park		51.62	
	24.18		51.62 (27.44)			
18	Dasari, Chaitha	Sr	Dougherty Valley		51.62	
	24.33		51.62 (27.29)			

Event 13 Girls 100 Yard Freestyle

National HS:	47.09	U	2015	Abbey Weitzel	Saugus (CA)
NCS Meet:	48.62	N	2016	Madelyn Murphy	Carondelet
	50.29			AA-A All America Auto.	
	51.13			AA-C All America Cons.	
	51.73			CIFA CIF Automatic	
	53.11			CIFB CIF Consideration	

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Suen, Claire	Jr	Dublin	50.21	50.42	AA-C 20
	24.48		50.42 (25.94)			
2	Andresen, Maile	So	Northgate	50.77	51.02	AA-C 17
	24.57		51.02 (26.45)			
*3	Berkenfield, Coco	Sr	San Rafael	52.51	51.68	CIFA 15.50
	25.21		51.68 (26.47)			
*3	van Meines, Amber	Fr	Campolindo	51.25	51.68	CIFA 15.50
	25.02		51.68 (26.66)			
5	Watrous, Catherine	Fr	Redwood	51.21	51.74	CIFB 14
	24.84		51.74 (26.90)			
6	Kirtland, Haley	Sr	Berkeley	52.28	51.77	CIFB 13
	24.84		51.77 (26.93)			
7	Davis, Jessica	So	Carondelet	51.83	51.92	CIFB 12
	24.93		51.92 (26.99)			
8	Engs, Eloise	Sr	Miramonte	52.64	52.60	CIFB 11
	25.31		52.60 (27.29)			
B - Final						
9	Fok, Lexi	Fr	Campolindo	53.02	52.88	CIFB 9
	25.52		52.88 (27.36)			
10	Lund, Alyssa	Fr	Northgate	53.42	52.91	CIFB 7
	25.33		52.91 (27.58)			
11	Wong, Gwyneth	Jr	Foothill	53.09	53.17	6
	25.77		53.17 (27.40)			
12	Zheng, Anna	Sr	Dougherty Valley	52.86	53.31	5
	26.05		53.31 (27.26)			

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****B - Final ... (Event 13 Girls 100 Yard Freestyle)**

	Name	Yr	School	Prelim Time	Finals Time	Points
13	Gershman, Alexandra	Jr	Tamalpais	53.20	53.51	4
	25.77		53.51 (27.74)			
14	Roudebush, Ana	Jr	San Francisco University High	53.27	53.52	3
	25.59		53.52 (27.93)			
15	Yu, Suri	Sr	Washington	52.92	53.65	2
	25.64		53.65 (28.01)			
16	Lovato, Ines	Fr	Marin Academy	53.64	53.71	1
	25.90		53.71 (27.81)			

Event 13 Girls 100 Yard Freestyle

National HS: 47.09 U 2015 Abbey Weitzel
NCS Meet: 48.62 N 2016 Madelyn Murphy
 50.29 AA-A All America Auto.
 51.13 AA-C All America Cons.
 51.73 CIFA CIF Automatic
 53.11 CIFB CIF Consideration

Saugus (CA)
 Carondelet

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Suen, Claire	Jr	Dublin		50.21 AA-A
	24.30		50.21 (25.91)		
2	Andresen, Maile	So	Northgate		50.77 AA-C
	24.58		50.77 (26.19)		
3	Watrous, Catherine	Fr	Redwood		51.21 CIFA
	24.80		51.21 (26.41)		
4	van Meines, Amber	Fr	Campolindo		51.25 CIFA
	24.77		51.25 (26.48)		
5	Davis, Jessica	So	Carondelet		51.83 CIFB
	24.79		51.83 (27.04)		
6	Kirtland, Haley	Sr	Berkeley		52.28 CIFB
	25.15		52.28 (27.13)		
7	Berkenfield, Coco	Sr	San Rafael		52.51 CIFB
	25.59		52.51 (26.92)		
8	Engs, Eloise	Sr	Miramonte		52.64 CIFB
	25.47		52.64 (27.17)		
9	Roemer, Jewel	Jr	Acalanes		52.73 CIFB
	25.40		52.73 (27.33)		
10	Zheng, Anna	Sr	Dougherty Valley		52.86 CIFB
	26.00		52.86 (26.86)		
11	Yu, Suri	Sr	Washington		52.92 CIFB
	25.37		52.92 (27.55)		
12	Fok, Lexi	Fr	Campolindo		53.02 CIFB
	25.67		53.02 (27.35)		
13	Wong, Gwyneth	Jr	Foothill		53.09 CIFB
	25.71		53.09 (27.38)		
14	Gershman, Alexandra	Jr	Tamalpais		53.20
	25.86		53.20 (27.34)		
15	Roudebush, Ana	Jr	San Francisco University High		53.27
	25.84		53.27 (27.43)		
16	Lund, Alyssa	Fr	Northgate		53.42
	25.75		53.42 (27.67)		
17	Lovato, Ines	Fr	Marin Academy		53.64
	25.95		53.64 (27.69)		

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****Preliminaries ... (Event 13 Girls 100 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time
18	Ryan, Anna	Fr	Monte Vista		53.69
	26.03		53.69 (27.66)		

Event 14 Boys 100 Yard Freestyle

National HS:	42.34	U	2011	David Nolan	Hershey (PA)
NCS Meet:	43.60	N	2018	Alexei Sancov	Northgate
	44.99			AA-A All America Auto.	
	45.78			AA-C All America Cons.	
	46.40			CIFA CIF Automatic	
	47.49			CIFB CIF Consideration	

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Weigelt, Niklas	Sr	Clayton Valley Charter	44.64	44.36	AA-A 20
	21.19		44.36 (23.17)			
2	Cooper, Jonah	Sr	Foothill	45.16	44.80	AA-A 17
	21.81		44.80 (22.99)			
3	Wight, Gavin	Jr	San Ramon Valley	44.69	44.95	AA-A 16
	21.68		44.95 (23.27)			
4	McIntyre, Zachary	Jr	Novato	45.62	45.19	AA-C 15
	21.73		45.19 (23.46)			
5	Fitzpatrick, Franklin	Sr	Dublin	46.63	46.56	CIFB 14
	22.65		46.56 (23.91)			
6	Watson, Grant	So	San Ramon Valley	46.03	46.67	CIFB 13
	22.29		46.67 (24.38)			
7	Scruton, Matthew	Sr	Redwood	46.66	46.74	CIFB 12
	22.58		46.74 (24.16)			
8	Larson, Jack	Sr	Campolindo	46.75	47.34	CIFB 11
	22.43		47.34 (24.91)			
B - Final						
9	Muaddi, Matthew	Jr	San Ramon Valley	46.75	46.06	CIFA 9
	22.15		46.06 (23.91)			
10	Brown, Cal	Sr	Clayton Valley Charter	46.85	46.46	CIFB 7
	22.50		46.46 (23.96)			
11	Vollmar, Aidan	Jr	Campolindo	47.38	46.77	CIFB 6
	22.67		46.77 (24.10)			
12	Zhang, Richard	Sr	Campolindo	46.80	46.86	CIFB 5
	22.39		46.86 (24.47)			
13	Mueller, Max	Sr	Terra Linda	47.17	46.98	CIFB 4
	22.34		46.98 (24.64)			
14	Wilkerson, Jack	Sr	San Ramon Valley	47.12	47.08	CIFB 3
	22.22		47.08 (24.86)			
15	Hartman, Zachery	So	Monte Vista	47.16	47.58	2
	22.83		47.58 (24.75)			
16	Martinez, Felix	Jr	Moreau Catholic	47.49	47.76	1
	22.60		47.76 (25.16)			

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****Event 14 Boys 100 Yard Freestyle**

National HS: 42.34 U 2011 David Nolan
 NCS Meet: 43.60 N 2018 Alexei Sancov
 44.99 AA-A All America Auto.
 45.78 AA-C All America Cons.
 46.40 CIFA CIF Automatic
 47.49 CIFB CIF Consideration

Hershey (PA)
 Northgate

Name		Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Weigelt, Niklas	Sr	Clayton Valley Charter		44.64 AA-A
	21.43		44.64 (23.21)		
2	Wight, Gavin	Jr	San Ramon Valley		44.69 AA-A
	21.40		44.69 (23.29)		
3	Cooper, Jonah	Sr	Foothill		45.16 AA-C
	22.02		45.16 (23.14)		
4	McIntyre, Zachary	Jr	Novato		45.62 AA-C
	21.97		45.62 (23.65)		
5	Watson, Grant	So	San Ramon Valley		46.03 CIFA
	22.02		46.03 (24.01)		
6	Pascual, Iona	Jr	Justin-Siena		46.61 CIFB
	22.27		46.61 (24.34)		
7	Fitzpatrick, Franklin	Sr	Dublin		46.63 CIFB
	22.72		46.63 (23.91)		
8	Scruton, Matthew	Sr	Redwood		46.66 CIFB
	22.66		46.66 (24.00)		
*9	Muaddi, Matthew	Jr	San Ramon Valley		46.75 CIFB
	22.10		46.75 (24.65)		
*9	Larson, Jack	Sr	Campolindo		46.75 CIFB
	22.39		46.75 (24.36)		
11	Zhang, Richard	Sr	Campolindo		46.80 CIFB
	22.56		46.80 (24.24)		
12	Brown, Cal	Sr	Clayton Valley Charter		46.85 CIFB
	22.14		46.85 (24.71)		
13	Wilkerson, Jack	Sr	San Ramon Valley		47.12 CIFB
	22.41		47.12 (24.71)		
14	Hartman, Zachery	So	Monte Vista		47.16 CIFB
	22.59		47.16 (24.57)		
15	Mueller, Max	Sr	Terra Linda		47.17 CIFB
	22.20		47.17 (24.97)		
16	Anderson, Logan	Sr	Sir Francis Drake		47.20 CIFB
	22.88		47.20 (24.32)		
17	Vollmar, Aidan	Jr	Campolindo		47.38 CIFB
	23.08		47.38 (24.30)		
18	Martinez, Felix	Jr	Moreau Catholic		47.49 CIFB
	22.60		47.49 (24.89)		

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****Event 15 Girls 500 Yard Freestyle**

National HS: 4:26.50 U 2015 Kathleen Ledesky
NCS Meet: 4:38.05 N 2012 Chelsea Chenault
 4:52.26 AA-A All America Auto.
 4:57.09 AA-C All America Cons.
 4:59.32 CIFA CIF Automatic
 5:09.34 CIFB CIF Consideration

Stone Ridge (MD)
Carondelet

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Hawkins, Daniella	Sr	California	4:46.84	4:44.78	AA-A 20
	26.26		54.84 (28.58) 1:23.92 (29.08)	1:53.01 (29.09)		
	2:21.70 (28.69)		2:50.22 (28.52) 3:18.80 (28.58)	3:47.65 (28.85)		
	4:16.34 (28.69)		4:44.78 (28.44)			
2	Heckman, Miranda	Sr	Granada	4:50.70	4:47.57	AA-A 17
	26.02		54.46 (28.44) 1:23.47 (29.01)	1:52.80 (29.33)		
	2:21.93 (29.13)		2:50.86 (28.93) 3:19.79 (28.93)	3:49.12 (29.33)		
	4:18.71 (29.59)		4:47.57 (28.86)			
3	Neufeld, Christy	Sr	Carondelet	4:56.37	4:55.64	AA-C 16
	26.77		56.01 (29.24) 1:25.49 (29.48)	1:55.01 (29.52)		
	2:24.81 (29.80)		2:54.88 (30.07) 3:25.27 (30.39)	3:55.91 (30.64)		
	4:26.14 (30.23)		4:55.64 (29.50)			
4	Gebhardt, Emily	Sr	Acalanes	4:58.32	4:58.98	CIFA 15
	27.30		56.70 (29.40) 1:26.60 (29.90)	1:57.07 (30.47)		
	2:27.59 (30.52)		2:58.34 (30.75) 3:28.93 (30.59)	3:59.86 (30.93)		
	4:30.12 (30.26)		4:58.98 (28.86)			
5	Seaman, Jenna	Jr	Monte Vista	4:59.34	4:59.63	CIFB 14
	27.41		57.00 (29.59) 1:27.10 (30.10)	1:57.46 (30.36)		
	2:27.93 (30.47)		2:58.53 (30.60) 3:29.20 (30.67)	3:59.68 (30.48)		
	4:30.13 (30.45)		4:59.63 (29.50)			
6	Scheberies, Jacklyn	Sr	Castro Valley	4:59.04	5:00.38	CIFB 13
	27.35		56.84 (29.49) 1:27.11 (30.27)	1:57.38 (30.27)		
	2:27.72 (30.34)		2:58.58 (30.86) 3:29.18 (30.60)	4:00.18 (31.00)		
	4:31.03 (30.85)		5:00.38 (29.35)			
7	Bell, Sophia	Fr	Bay School of San Francisco	5:01.30	5:02.59	CIFB 12
	27.34		56.90 (29.56) 1:27.05 (30.15)	1:57.75 (30.70)		
	2:28.86 (31.11)		2:59.92 (31.06) 3:30.90 (30.98)	4:01.98 (31.08)		
	4:33.15 (31.17)		5:02.59 (29.44)			
8	Gardner, Amber	Jr	California	5:01.19	5:05.87	CIFB 11
	27.30		56.44 (29.14) 1:26.15 (29.71)	1:56.42 (30.27)		
	2:27.13 (30.71)		2:58.09 (30.96) 3:29.79 (31.70)	4:01.37 (31.58)		
	4:33.78 (32.41)		5:05.87 (32.09)			
B - Final						
9	Kim, Olivia	Fr	Amador Valley	5:02.55	5:02.04	CIFB 9
	27.44		57.38 (29.94) 1:27.79 (30.41)	1:58.07 (30.28)		
	2:28.54 (30.47)		2:59.15 (30.61) 3:29.90 (30.75)	4:01.24 (31.34)		
	4:31.91 (30.67)		5:02.04 (30.13)			
10	Carlson, Josie	Jr	Las Lomas	5:07.36	5:04.46	CIFB 7
	27.80		57.94 (30.14) 1:28.66 (30.72)	1:59.31 (30.65)		
	2:29.96 (30.65)		3:00.74 (30.78) 3:31.84 (31.10)	4:02.81 (30.97)		
	4:34.12 (31.31)		5:04.46 (30.34)			
11	Locala, Naomi	So	Lick-Wilmerding	5:07.97	5:04.81	CIFB 6
	27.57		57.48 (29.91) 1:27.32 (29.84)	1:57.57 (30.25)		
	2:28.27 (30.70)		2:59.32 (31.05) 3:30.89 (31.57)	4:02.55 (31.66)		
	4:34.29 (31.74)		5:04.81 (30.52)			

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****B - Final ... (Event 15 Girls 500 Yard Freestyle)**

	Name	Yr	School	Prelim Time	Finals Time		Points
12	Gallagher, Lily	Sr	Washington	5:04.98	5:05.99	CIFB	5
	28.20	58.05 (29.85)	1:28.39 (30.34)	1:59.16 (30.77)			
	2:30.15 (30.99)	3:01.45 (31.30)	3:32.78 (31.33)	4:04.24 (31.46)			
	4:35.28 (31.04)	5:05.99 (30.71)					
13	Stiles, Nicole	Jr	Dougherty Valley	5:03.86	5:06.79	CIFB	4
	28.11	58.70 (30.59)	1:29.19 (30.49)	2:00.25 (31.06)			
	2:31.25 (31.00)	3:02.33 (31.08)	3:33.58 (31.25)	4:05.08 (31.50)			
	4:36.41 (31.33)	5:06.79 (30.38)					
14	Jones, Megan	Sr	Santa Rosa	5:08.84	5:07.10	CIFB	3
	27.43	57.99 (30.56)	1:28.79 (30.80)	2:00.38 (31.59)			
	2:31.93 (31.55)	3:03.13 (31.20)	3:34.49 (31.36)	4:05.93 (31.44)			
	4:37.10 (31.17)	5:07.10 (30.00)					
15	Urban, Natalie	Fr	Granada	5:10.42	5:09.55		2
	27.66	58.04 (30.38)	1:29.17 (31.13)	2:00.39 (31.22)			
	2:31.76 (31.37)	3:03.13 (31.37)	3:34.85 (31.72)	4:06.96 (32.11)			
	4:38.46 (31.50)	5:09.55 (31.09)					
16	Keith-Brown, Emma	Fr	San Domenico	5:08.63	5:12.43		1
	27.94	58.75 (30.81)	1:30.27 (31.52)	2:02.47 (32.20)			
	2:34.46 (31.99)	3:06.39 (31.93)	3:37.98 (31.59)	4:09.97 (31.99)			
	4:41.79 (31.82)	5:12.43 (30.64)					

Event 15 Girls 500 Yard Freestyle

National HS: 4:26.50 U 2015 Kathleen Ledesky
NCS Meet: 4:38.05 N 2012 Chelsea Chenault
 4:52.26 AA-A All America Auto.
 4:57.09 AA-C All America Cons.
 4:59.32 CIFA CIF Automatic
 5:09.34 CIFB CIF Consideration

Stone Ridge (MD)
 Carondelet

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Hawkins, Daniella	Sr	California		4:46.84	AA-A
	26.32	54.66 (28.34)	1:23.42 (28.76)	1:52.23 (28.81)		
	2:21.06 (28.83)	2:50.22 (29.16)	3:19.22 (29.00)	3:48.67 (29.45)		
	4:18.16 (29.49)	4:46.84 (28.68)				
2	Heckman, Miranda	Sr	Granada		4:50.70	AA-A
	25.77	54.36 (28.59)	1:23.53 (29.17)	1:52.97 (29.44)		
	2:22.29 (29.32)	2:51.67 (29.38)	3:21.55 (29.88)	3:51.69 (30.14)		
	4:21.82 (30.13)	4:50.70 (28.88)				
3	Neufeld, Christy	Sr	Carondelet		4:56.37	AA-C
	27.31	57.05 (29.74)	1:26.93 (29.88)	1:57.15 (30.22)		
	2:27.15 (30.00)	2:57.47 (30.32)	3:27.20 (29.73)	3:57.01 (29.81)		
	4:27.02 (30.01)	4:56.37 (29.35)				
4	Gebhardt, Emily	Sr	Acalanes		4:58.32	CIFA
	26.67	55.48 (28.81)	1:25.14 (29.66)	1:55.52 (30.38)		
	2:25.63 (30.11)	2:56.00 (30.37)	3:26.31 (30.31)	3:57.17 (30.86)		
	4:28.20 (31.03)	4:58.32 (30.12)				
5	Scheberies, Jacklyn	Sr	Castro Valley		4:59.04	CIFA
	27.20	56.74 (29.54)	1:26.94 (30.20)	1:57.35 (30.41)		
	2:27.80 (30.45)	2:58.12 (30.32)	3:28.47 (30.35)	3:59.01 (30.54)		
	4:29.91 (30.90)	4:59.04 (29.13)				
6	Seaman, Jenna	Jr	Monte Vista		4:59.34	CIFB
	27.25	56.99 (29.74)	1:27.31 (30.32)	1:57.71 (30.40)		
	2:28.19 (30.48)	2:58.52 (30.33)	3:29.07 (30.55)	3:59.59 (30.52)		
	4:29.71 (30.12)	4:59.34 (29.63)				

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****Preliminaries ... (Event 15 Girls 500 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time	
7	Gardner, Amber	Jr	California		5:01.19	CIFB
	27.01		56.08 (29.07)	1:26.13 (30.05)	1:56.43 (30.30)	
	2:26.76 (30.33)		2:57.44 (30.68)	3:28.17 (30.73)	3:59.09 (30.92)	
	4:30.15 (31.06)		5:01.19 (31.04)			
8	Bell, Sophia	Fr	Bay School of San Francisco		5:01.30	CIFB
	27.98		58.14 (30.16)	1:28.46 (30.32)	1:58.85 (30.39)	
	2:29.56 (30.71)		3:00.74 (31.18)	3:30.23 (29.49)	4:00.60 (30.37)	
	4:31.45 (30.85)		5:01.30 (29.85)			
9	Kim, Olivia	Fr	Amador Valley		5:02.55	CIFB
	27.35		57.46 (30.11)	1:27.24 (29.78)	1:57.35 (30.11)	
	2:27.70 (30.35)		2:58.31 (30.61)	3:29.48 (31.17)	4:00.65 (31.17)	
	4:32.02 (31.37)		5:02.55 (30.53)			
10	Stiles, Nicole	Jr	Dougherty Valley		5:03.86	CIFB
	28.04		58.33 (30.29)	1:28.83 (30.50)	1:59.38 (30.55)	
	2:30.12 (30.74)		3:01.07 (30.95)	3:31.97 (30.90)	4:03.35 (31.38)	
	4:34.34 (30.99)		5:03.86 (29.52)			
11	Gallagher, Lily	Sr	Washington		5:04.98	CIFB
	27.97		57.85 (29.88)	1:28.22 (30.37)	1:58.73 (30.51)	
	2:29.46 (30.73)		3:00.45 (30.99)	3:31.51 (31.06)	4:02.65 (31.14)	
	4:33.94 (31.29)		5:04.98 (31.04)			
12	Carlson, Josie	Jr	Las Lomas		5:07.36	CIFB
	27.23		56.77 (29.54)	1:26.93 (30.16)	1:57.76 (30.83)	
	2:29.06 (31.30)		3:00.55 (31.49)	3:32.34 (31.79)	4:04.07 (31.73)	
	4:36.01 (31.94)		5:07.36 (31.35)			
13	Locala, Naomi	So	Lick-Wilmerding		5:07.97	CIFB
	27.49		57.78 (30.29)	1:28.60 (30.82)	2:00.24 (31.64)	
	2:32.04 (31.80)		3:02.78 (30.74)	3:33.72 (30.94)	4:04.97 (31.25)	
	4:36.70 (31.73)		5:07.97 (31.27)			
14	Keith-Brown, Emma	Fr	San Domenico		5:08.63	CIFB
	27.73		58.49 (30.76)	1:30.17 (31.68)	2:01.56 (31.39)	
	2:33.07 (31.51)		3:04.55 (31.48)	3:35.77 (31.22)	4:07.21 (31.44)	
	4:38.56 (31.35)		5:08.63 (30.07)			
15	Jones, Megan	Sr	Santa Rosa		5:08.84	CIFB
	27.30		57.43 (30.13)	1:28.19 (30.76)	1:59.17 (30.98)	
	2:30.64 (31.47)		3:02.34 (31.70)	3:34.44 (32.10)	4:06.36 (31.92)	
	4:38.07 (31.71)		5:08.84 (30.77)			
16	Urban, Natalie	Fr	Granada		5:10.42	
	27.57		57.71 (30.14)	1:28.72 (31.01)	2:00.14 (31.42)	
	2:31.66 (31.52)		3:03.47 (31.81)	3:35.40 (31.93)	4:07.56 (32.16)	
	4:39.48 (31.92)		5:10.42 (30.94)			
17	Barrabee, Lauren	Jr	Convent & Stuart Hall		5:10.93	
	27.83		58.31 (30.48)	1:29.67 (31.36)	2:00.97 (31.30)	
	2:32.68 (31.71)		3:04.32 (31.64)	3:36.14 (31.82)	4:08.27 (32.13)	
	4:40.21 (31.94)		5:10.93 (30.72)			
18	Klube, Sophie	So	Alameda		5:12.96	
	28.03		58.34 (30.31)	1:29.62 (31.28)	2:00.70 (31.08)	
	2:31.93 (31.23)		3:03.95 (32.02)	3:36.20 (32.25)	4:09.05 (32.85)	
	4:42.23 (33.18)		5:12.96 (30.73)			

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****Event 16 Boys 500 Yard Freestyle**

National HS: 4:13.87 U 2013 Jack Conger
NCS Meet: 4:17.17 N 2018 Alexei Sancov
 4:28.75 AA-A All America Auto.
 4:33.14 CIFA CIF Automatic
 4:33.39 AA-C All America Cons.
 4:40.99 CIFB CIF Consideration

Olney (MD)
Northgate

Name		Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	David, Calvin	Sr	Foothill	4:19.46	4:19.41 AA-A	20
	24.15	50.59 (26.44)	1:17.28 (26.69)	1:43.57 (26.29)		
	2:09.67 (26.10)	2:36.12 (26.45)	3:02.40 (26.28)	3:28.44 (26.04)		
	3:54.47 (26.03)	4:19.41 (24.94)				
2	Mertz, David	Sr	Santa Rosa	4:29.62	4:24.71 AA-A	17
	24.19	50.50 (26.31)	1:17.42 (26.92)	1:44.34 (26.92)		
	2:11.24 (26.90)	2:37.85 (26.61)	3:04.99 (27.14)	3:31.50 (26.51)		
	3:58.28 (26.78)	4:24.71 (26.43)				
3	Lu, Tyler	Sr	Quarry Lane	4:25.22	4:28.93 CIFA	16
	24.16	50.38 (26.22)	1:17.18 (26.80)	1:44.16 (26.98)		
	2:11.26 (27.10)	2:38.68 (27.42)	3:05.98 (27.30)	3:33.34 (27.36)		
	4:01.01 (27.67)	4:28.93 (27.92)				
4	Plattel, Lleyton	Jr	Amador Valley	4:29.15	4:30.95 CIFA	15
	24.35	50.85 (26.50)	1:17.96 (27.11)	1:44.97 (27.01)		
	2:12.43 (27.46)	2:40.04 (27.61)	3:07.66 (27.62)	3:35.55 (27.89)		
	4:03.54 (27.99)	4:30.95 (27.41)				
5	Ren, Alex	Jr	Foothill	4:35.37	4:34.55 CIFB	14
	24.67	51.67 (27.00)	1:19.09 (27.42)	1:46.74 (27.65)		
	2:14.58 (27.84)	2:42.65 (28.07)	3:10.46 (27.81)	3:38.80 (28.34)		
	4:07.08 (28.28)	4:34.55 (27.47)				
6	Lenahan, Ryan	Jr	Campolindo	4:35.59	4:35.48 CIFB	13
	24.84	52.08 (27.24)	1:19.89 (27.81)	1:47.88 (27.99)		
	2:15.96 (28.08)	2:44.43 (28.47)	3:12.86 (28.43)	3:40.85 (27.99)		
	4:08.68 (27.83)	4:35.48 (26.80)				
7	Wang, Andrew	So	Dublin	4:37.56	4:38.17 CIFB	12
	24.98	52.11 (27.13)	1:19.79 (27.68)	1:47.64 (27.85)		
	2:15.69 (28.05)	2:43.86 (28.17)	3:12.28 (28.42)	3:40.93 (28.65)		
	4:09.98 (29.05)	4:38.17 (28.19)				
8	Percin, Sean	Sr	Campolindo	4:32.82	4:38.53 CIFB	11
	25.33	52.65 (27.32)	1:20.43 (27.78)	1:48.39 (27.96)		
	2:16.60 (28.21)	2:45.14 (28.54)	3:13.68 (28.54)	3:41.85 (28.17)		
	4:10.29 (28.44)	4:38.53 (28.24)				
B - Final						
9	Heddadji, Adel	So	Dougherty Valley	4:37.58	4:36.73 CIFB	9
	25.76	53.61 (27.85)	1:21.82 (28.21)	1:49.91 (28.09)		
	2:17.87 (27.96)	2:45.97 (28.10)	3:13.84 (27.87)	3:41.86 (28.02)		
	4:09.03 (27.17)	4:36.73 (27.70)				
10	McNulty, Kieran	Jr	Arcata	4:40.09	4:36.88 CIFB	7
	24.95	52.41 (27.46)	1:20.22 (27.81)	1:49.08 (28.86)		
	2:17.21 (28.13)	2:45.61 (28.40)	3:13.72 (28.11)	3:42.15 (28.43)		
	4:11.14 (28.99)	4:36.88 (25.74)				
11	Conable, James	So	Encinal	4:39.75	4:37.62 CIFB	6
	25.60	53.18 (27.58)	1:21.29 (28.11)	1:49.75 (28.46)		
	2:17.62 (27.87)	2:45.04 (27.42)	3:13.32 (28.28)	3:41.90 (28.58)		
	4:10.34 (28.44)	4:37.62 (27.28)				

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****B - Final ... (Event 16 Boys 500 Yard Freestyle)**

	Name	Yr	School	Prelim Time	Finals Time	Points
12	daCosta, Taber	So	Granada	4:39.89	4:40.04	CIFB 5
	26.32	54.40 (28.08)	1:22.82 (28.42)	1:51.37 (28.55)		
	2:20.05 (28.68)	2:48.63 (28.58)	3:17.12 (28.49)	3:45.21 (28.09)		
	4:13.07 (27.86)	4:40.04 (26.97)				
13	Barber, Will	Sr	Miramonte	4:39.77	4:40.36	CIFB 4
	25.94	53.99 (28.05)	1:22.46 (28.47)	1:50.96 (28.50)		
	2:19.50 (28.54)	2:48.02 (28.52)	3:16.69 (28.67)	3:45.48 (28.79)		
	4:13.72 (28.24)	4:40.36 (26.64)				
14	Kim, Isaac	So	Campolindo	4:39.69	4:40.68	CIFB 3
	25.74	53.87 (28.13)	1:22.07 (28.20)	1:50.44 (28.37)		
	2:18.85 (28.41)	2:47.69 (28.84)	3:16.80 (29.11)	3:46.12 (29.32)		
	4:14.68 (28.56)	4:40.68 (26.00)				
*15	Guidi, Christopher	Jr	Dublin	4:39.36	4:41.73	1.50
	25.58	53.03 (27.45)	1:20.96 (27.93)	1:49.15 (28.19)		
	2:17.65 (28.50)	2:46.25 (28.60)	3:14.84 (28.59)	3:43.73 (28.89)		
	4:13.09 (29.36)	4:41.73 (28.64)				
*15	Tello, Zareck	Jr	Newark Memorial	4:39.78	4:41.73	1.50
	25.59	53.81 (28.22)	1:21.32 (27.51)	1:49.57 (28.25)		
	2:17.62 (28.05)	2:45.82 (28.20)	3:14.57 (28.75)	3:43.79 (29.22)		
	4:13.02 (29.23)	4:41.73 (28.71)				

Event 16 Boys 500 Yard Freestyle

National HS:	4:13.87	U 2013	Jack Conger	Olney (MD)
NCS Meet:	4:17.17	N 2018	Alexei Sancov	Northgate
	4:28.75	AA-A All America Auto.		
	4:33.14	CIFA CIF Automatic		
	4:33.39	AA-C All America Cons.		
	4:40.99	CIFB CIF Consideration		

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
1	David, Calvin	Sr	Foothill		4:19.46 AA-A
	24.41	50.93 (26.52)	1:17.40 (26.47)	1:43.66 (26.26)	
	2:10.03 (26.37)	2:36.17 (26.14)	3:02.41 (26.24)	3:28.59 (26.18)	
	3:54.52 (25.93)	4:19.46 (24.94)			
2	Lu, Tyler	Sr	Quarry Lane		4:25.22 AA-A
	23.94	49.71 (25.77)	1:15.89 (26.18)	1:42.71 (26.82)	
	2:10.02 (27.31)	2:37.01 (26.99)	3:04.03 (27.02)	3:31.04 (27.01)	
	3:58.26 (27.22)	4:25.22 (26.96)			
3	Plattel, Lleyton	Jr	Amador Valley		4:29.15 CIFA
	24.38	50.81 (26.43)	1:17.72 (26.91)	1:44.89 (27.17)	
	2:12.36 (27.47)	2:39.65 (27.29)	3:07.22 (27.57)	3:34.80 (27.58)	
	4:02.25 (27.45)	4:29.15 (26.90)			
4	Mertz, David	Sr	Santa Rosa		4:29.62 CIFA
	24.29	50.48 (26.19)	1:17.00 (26.52)	1:43.78 (26.78)	
	2:10.30 (26.52)	2:37.81 (27.51)	3:05.35 (27.54)	3:33.54 (28.19)	
	4:01.70 (28.16)	4:29.62 (27.92)			
5	Percin, Sean	Sr	Campolindo		4:32.82 CIFA
	24.38	50.50 (26.12)	1:17.45 (26.95)	1:45.06 (27.61)	
	2:12.75 (27.69)	2:40.72 (27.97)	3:08.98 (28.26)	3:36.95 (27.97)	
	4:05.10 (28.15)	4:32.82 (27.72)			
6	Ren, Alex	Jr	Foothill		4:35.37 CIFB
	24.66	51.76 (27.10)	1:19.13 (27.37)	1:47.04 (27.91)	
	2:14.79 (27.75)	2:42.95 (28.16)	3:10.81 (27.86)	3:39.28 (28.47)	
	4:07.79 (28.51)	4:35.37 (27.58)			

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****Preliminaries ... (Event 16 Boys 500 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time	
7	Lenahan, Ryan	Jr	Campolindo		4:35.59	CIFB
	24.91	51.91 (27.00)	1:19.92 (28.01)	1:47.77 (27.85)		
	2:15.81 (28.04)	2:43.90 (28.09)	3:12.01 (28.11)	3:40.20 (28.19)		
	4:08.57 (28.37)	4:35.59 (27.02)				
8	Wang, Andrew	So	Dublin		4:37.56	CIFB
	24.82	51.82 (27.00)	1:19.02 (27.20)	1:46.78 (27.76)		
	2:14.73 (27.95)	2:43.12 (28.39)	3:11.66 (28.54)	3:40.61 (28.95)		
	4:09.53 (28.92)	4:37.56 (28.03)				
9	Heddadj, Adel	So	Dougherty Valley		4:37.58	CIFB
	25.56	53.25 (27.69)	1:21.28 (28.03)	1:49.54 (28.26)		
	2:17.35 (27.81)	2:45.33 (27.98)	3:13.68 (28.35)	3:42.20 (28.52)		
	4:09.98 (27.78)	4:37.58 (27.60)				
10	Guidi, Christopher	Jr	Dublin		4:39.36	CIFB
	25.29	52.67 (27.38)	1:20.49 (27.82)	1:48.49 (28.00)		
	2:16.83 (28.34)	2:45.45 (28.62)	3:14.06 (28.61)	3:42.84 (28.78)		
	4:11.61 (28.77)	4:39.36 (27.75)				
11	Kim, Isaac	So	Campolindo		4:39.69	CIFB
	25.34	52.60 (27.26)	1:20.37 (27.77)	1:48.50 (28.13)		
	2:17.09 (28.59)	2:45.98 (28.89)	3:15.41 (29.43)	3:44.58 (29.17)		
	4:13.70 (29.12)	4:39.69 (25.99)				
12	Conable, James	So	Encinal		4:39.75	CIFB
	25.36	52.88 (27.52)	1:20.70 (27.82)	1:49.15 (28.45)		
	2:18.07 (28.92)	2:46.47 (28.40)	3:14.92 (28.45)	3:43.33 (28.41)		
	4:11.97 (28.64)	4:39.75 (27.78)				
13	Barber, Will	Sr	Miramonte		4:39.77	CIFB
	26.06	53.86 (27.80)	1:21.92 (28.06)	1:50.12 (28.20)		
	2:18.39 (28.27)	2:46.67 (28.28)	3:15.17 (28.50)	3:43.71 (28.54)		
	4:12.60 (28.89)	4:39.77 (27.17)				
14	Tello, Zareck	Jr	Newark Memorial		4:39.78	CIFB
	25.49	52.47 (26.98)	1:19.60 (27.13)	1:47.06 (27.46)		
	2:14.82 (27.76)	2:43.43 (28.61)	3:12.36 (28.93)	3:42.25 (29.89)		
	4:12.03 (29.78)	4:39.78 (27.75)				
15	daCosta, Taber	So	Granada		4:39.89	CIFB
	25.84	53.73 (27.89)	1:22.27 (28.54)	1:50.80 (28.53)		
	2:19.16 (28.36)	2:47.73 (28.57)	3:16.03 (28.30)	3:44.47 (28.44)		
	4:12.50 (28.03)	4:39.89 (27.39)				
16	McNulty, Kieran	Jr	Arcata		4:40.09	CIFB
	25.15	52.62 (27.47)	1:20.74 (28.12)	1:49.03 (28.29)		
	2:17.55 (28.52)	2:46.38 (28.83)	3:15.13 (28.75)	3:43.96 (28.83)		
	4:13.09 (29.13)	4:40.09 (27.00)				
17	Collins, Leo	Sr	Redwood		4:40.65	CIFB
	25.58	53.89 (28.31)	1:22.66 (28.77)	1:51.31 (28.65)		
	2:19.85 (28.54)	2:48.27 (28.42)	3:16.91 (28.64)	3:45.42 (28.51)		
	4:13.55 (28.13)	4:40.65 (27.10)				
18	Aune, Finn	So	Redwood		4:42.56	
	25.87	53.97 (28.10)	1:22.96 (28.99)	1:51.77 (28.81)		
	2:20.62 (28.85)	2:49.34 (28.72)	3:17.91 (28.57)	3:47.18 (29.27)		
	4:15.55 (28.37)	4:42.56 (27.01)				

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****Event 17 Girls 200 Yard Freestyle Relay****National HS: 1:30.72 U 2015****Carmel (IN)****Carmel (IN)****NCS Meet: 1:33.28 N 2016****V. Burchill, Adams, Smith, Rothrock****Carondelet****Carondelet****A. Carr, K. Witkay, M. Han, M. Murphy****1:35.50 AA-A All America Auto.****1:37.16 AA-C All America Cons.****1:37.49 CIFA CIF Automatic****1:40.39 CIFB CIF Consideration**

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
1 San Ramon Valley		1:36.13	1:35.44 AA-A	40
1) Jih-Schiff, Ana So	2) Tovani, Sophie Sr	3) Wight, Caroline Fr	4) DePaco, Alexis So	
23.74	48.19 (24.45)	1:12.71 (24.52)	1:35.44 (22.73)	
2 Northgate		1:36.02	1:35.48 AA-A	34
1) Andresen, Maile So	2) Levy, Caraline Sr	3) Stahl, Toria Sr	4) Lund, Alyssa Fr	
23.80	48.29 (24.49)	1:12.26 (23.97)	1:35.48 (23.22)	
3 Campolindo		1:36.82	1:35.63 AA-C	32
1) O'Brien, Ashleen Sr	2) van Meines, Amber Fr	3) Fok, Lexi Fr	4) Ciruli, Lola Jr	
24.10	47.62 (23.52)	1:11.38 (23.76)	1:35.63 (24.25)	
4 Redwood		1:37.16	1:36.43 AA-C	30
1) Watrous, Catherine Fr	2) Solomon, Lauren SO	3) Greenberg, Olivia Sr	4) Ayan-Eaton, Juliana Sr	
24.04	49.59 (25.55)	1:13.18 (23.59)	1:36.43 (23.25)	
5 Acalanes		1:36.12	1:36.48 AA-C	28
1) Gebhardt, Emily Sr	2) Suppiger, Shelby So	3) Rowell, Claire Fr	4) Edwards, Nicole Jr	
24.13	47.40 (23.27)	1:12.03 (24.63)	1:36.48 (24.45)	
6 Monte Vista		1:36.97	1:36.70 AA-C	26
1) Johansson, Kendall So	2) Kan, Madeleine Fr	3) Ryan, Anna Fr	4) Seaman, Jenna Jr	
24.45	48.47 (24.02)	1:12.66 (24.19)	1:36.70 (24.04)	
7 California		1:37.82	1:37.51 CIFB	24
1) Tan, Caitlin Jr	2) Hawkins, Daniella Sr	3) Gardner, Amber Jr	4) Kennedy, Claire So	
24.35	48.50 (24.15)	1:12.80 (24.30)	1:37.51 (24.71)	
8 Tamalpais		1:37.84	1:37.59 CIFB	22
1) Gershman, Alexandra Jr	2) Gruender, Madison Jr	3) Carney, Kyra Sr	4) Sternfels, Samantha Jr	
24.29	48.51 (24.22)	1:12.78 (24.27)	1:37.59 (24.81)	
B - Final				
9 Terra Linda		1:38.36	1:38.57 CIFB	18
1) Chong, Nicole Fr	2) Jasko, Nicolette Sr	3) Franus, Beatrix Fr	4) Yu, Kayla So	
25.40	49.14 (23.74)	1:14.27 (25.13)	1:38.57 (24.30)	
10 Castro Valley		1:39.27	1:38.59 CIFB	14
1) Scheberies, Jacklyn Sr	2) Sabanovic, Elma Jr	3) Francis, Lauren Jr	4) Craft, Kayla Jr	
24.95	50.12 (25.17)	1:14.67 (24.55)	1:38.59 (23.92)	
11 Foothill		1:39.24	1:39.01 CIFB	12
1) Wong, Gwyneth Jr	2) Lee, Kaela Jr	3) Balicanta, Elisabeth Sr	4) Lee, Aven Fr	
24.93	50.17 (25.24)	1:14.91 (24.74)	1:39.01 (24.10)	
12 Miramonte		1:39.34	1:39.40 CIFB	10
1) Murphy, Mackenzie So	2) Killeen, Camille Sr	3) Le-Nguyen, Anna Sr	4) Wu, Charlotte Sr	
25.27	50.07 (24.80)	1:15.10 (25.03)	1:39.40 (24.30)	
13 Carondelet		1:39.95	1:40.42	8
1) deBack, Sarah Jr	2) Santos, Shaila So	3) Hamilton, Emily So	4) Ravarino, Jenna Fr	
25.53	50.49 (24.96)	1:15.41 (24.92)	1:40.42 (25.01)	
14 Dougherty Valley		1:41.17	1:40.63	6
1) Zheng, Anna Sr	2) Ma, Zoe Fr	3) Corriea, Emily FR	4) Han, Sarah Fr	
24.39	49.83 (25.44)	1:15.03 (25.20)	1:40.63 (25.60)	

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****B - Final ... (Event 17 Girls 200 Yard Freestyle Relay)**

	Team	Relay	Prelim Time	Finals Time	Points
15	Alameda		1:40.87	1:40.66	4
	1) Martin Del Campo, Sofia So	2) Johnson, Hazel Sr	3) Hendrawan, Ashley Sr	4) Klube, Sophie So	
	25.92	51.40 (25.48)	1:16.22 (24.82)	1:40.66 (24.44)	
16	Clayton Valley Charter		1:41.08	1:40.83	2
	1) DuLong, Gianna Jr	2) Walker, Kaylie Sr	3) Landstrom, Paige Jr	4) Biles, Caitlin Sr	
	24.61	49.94 (25.33)	1:15.52 (25.58)	1:40.83 (25.31)	

Event 17 Girls 200 Yard Freestyle Relay

National HS:	1:30.72	U	2015	Carmel (IN)	Carmel (IN)
				V. Burchill, Adams, Smith, Rothrock	
NCS Meet:	1:33.28	N	2016	Carondelet	Carondelet
				A. Carr, K. Witkay, M. Han, M. Murphy	
	1:35.50	AA-A All America Auto.			
	1:37.16	AA-C All America Cons.			
	1:37.49	CIFA CIF Automatic			
	1:40.39	CIFB CIF Consideration			

	Team	Relay	Seed Time	Prelim Time
Preliminaries				
1	Northgate			1:36.02 AA-C
	1) Andresen, Maile So	2) Levy, Caraline Sr	3) Stahl, Toria Sr	4) Lund, Alyssa Fr
	23.67	48.12 (24.45)	1:12.06 (23.94)	1:36.02 (23.96)
2	Acalanes			1:36.12 AA-C
	1) Gebhardt, Emily Sr	2) Suppiger, Shelby So	3) Roemer, Jewel Jr	4) Rowell, Claire Fr
	24.02	47.64 (23.62)	1:11.76 (24.12)	1:36.12 (24.36)
3	San Ramon Valley			1:36.13 AA-C
	1) Jih-Schiff, Ana So	2) Tovani, Sophie Sr	3) Wight, Caroline Fr	4) DePaco, Alexis So
	23.88	48.53 (24.65)	1:13.28 (24.75)	1:36.13 (22.85)
4	Campolindo			1:36.82 AA-C
	1) O'Brien, Ashleen Sr	2) Ung, Natalie So	3) Fok, Lexi Fr	4) Ciruli, Lola Jr
	24.17	48.66 (24.49)	1:12.67 (24.01)	1:36.82 (24.15)
5	Monte Vista			1:36.97 AA-C
	1) Johansson, Kendall So	2) Kan, Madeleine Fr	3) Ryan, Anna Fr	4) Christian, Taylor Fr
	24.13	48.18 (24.05)	1:12.70 (24.52)	1:36.97 (24.27)
6	Redwood			1:37.16 AA-C
	1) Watrous, Catherine Fr	2) Solomon, Lauren SO	3) Greenberg, Olivia Sr	4) Ayan-Eaton, Juliana Sr
	23.97	49.83 (25.86)	1:13.68 (23.85)	1:37.16 (23.48)
7	California			1:37.82 CIFB
	1) Tan, Caitlin Jr	2) Hawkins, Daniella Sr	3) Gardner, Amber Jr	4) Kennedy, Claire So
	24.57	49.03 (24.46)	1:13.01 (23.98)	1:37.82 (24.81)
8	Tamalpais			1:37.84 CIFB
	1) Gershman, Alexandra Jr	2) Gruender, Madison Jr	3) Carney, Kyra Sr	4) Sternfels, Samantha Jr
	24.39	48.93 (24.54)	1:13.43 (24.50)	1:37.84 (24.41)
9	Terra Linda			1:38.36 CIFB
	1) Chong, Nicole Fr	2) Jasko, Nicolette Sr	3) Yu, Kayla So	4) Franus, Beatrix Fr
	25.31	48.90 (23.59)	1:13.45 (24.55)	1:38.36 (24.91)
10	Foothill			1:39.24 CIFB
	1) Wong, Gwyneth Jr	2) Lee, Kaela Jr	3) Clark, Emilie JR	4) Lee, Aven Fr
	24.74	49.83 (25.09)	1:14.88 (25.05)	1:39.24 (24.36)
11	Castro Valley			1:39.27 CIFB
	1) Craft, Kayla Jr	2) Sabanovic, Elma Jr	3) Francis, Lauren Jr	4) Scheberies, Jacklyn Sr
	24.72	50.20 (25.48)	1:14.91 (24.71)	1:39.27 (24.36)
12	Miramonte			1:39.34 CIFB
	1) Murphy, Mackenzie So	2) Killeen, Camille Sr	3) Le-Nguyen, Anna Sr	4) Wu, Charlotte Sr
	25.23	49.86 (24.63)	1:15.08 (25.22)	1:39.34 (24.26)

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****Preliminaries ... (Event 17 Girls 200 Yard Freestyle Relay)**

Team	Relay		Seed Time	Prelim Time
13 Carondelet				1:39.95 CIFB
1) Hamilton, Emily So	2) Santos, Shaila So	3) deBack, Sarah Jr	4) Ravarino, Jenna Fr	
25.46	50.52 (25.06)	1:15.40 (24.88)	1:39.95 (24.55)	
14 Alameda				1:40.87
1) Hoang, Amanda Jr	2) Johnson, Hazel Sr	3) Hendrawan, Ashley Sr	4) Klube, Sophie So	
25.67	51.22 (25.55)	1:16.41 (25.19)	1:40.87 (24.46)	
15 Clayton Valley Charter				1:41.08
1) DuLong, Gianna Jr	2) Walker, Kaylie Sr	3) Landstrom, Paige Jr	4) Biles, Caitlin Sr	
24.67	50.59 (25.92)	1:15.94 (25.35)	1:41.08 (25.14)	
16 Dougherty Valley				1:41.17
1) Zheng, Anna Sr	2) Ma, Zoe Fr	3) Wang, Crystal Fr	4) Corriea, Emily FR	
24.74	50.42 (25.68)	1:15.94 (25.52)	1:41.17 (25.23)	
17 Amador Valley				1:41.19
1) Claridge, Emily Sr	2) Brown, Jenna Sr	3) Harris, Emily Jr	4) Kim, Olivia Fr	
25.44	50.64 (25.20)	1:15.86 (25.22)	1:41.19 (25.33)	
18 Las Lomas				1:41.23
1) Snyder, Amelia Fr	2) Laforteza, Payton FR	3) Claus, Kate FR	4) Mooney, Kristina So	
25.67	51.20 (25.53)	1:16.90 (25.70)	1:41.23 (24.33)	

Event 18 Boys 200 Yard Freestyle Relay

National HS:	1:19.27	U	2012	Bolles (FL)	Bolles (FL)
				Murphy, Schooling, Condorelli, Goossen	
NCS Meet:	1:22.35	N	2016	San Ramon Valley	San Ramon Valley
				T. Cheney, J. Cardinal, H. Poppe, Brann	
	1:24.92	AA-A All America Auto.			
	1:26.01	CIFA CIF Automatic			
	1:26.03	AA-C All America Cons.			
	1:29.37	CIFB CIF Consideration			

Team	Relay		Prelim Time	Finals Time	Points
A - Final					
1 San Ramon Valley			1:23.35	1:22.35 N AA-A	40
1) Muaddi, Matthew Jr	2) Wilkerson, Jack Sr	3) Wight, Gavin Jr	4) Flanders, Harry Sr		
20.67	41.66 (20.99)	1:01.81 (20.15)	1:22.35 (20.54)		
2 Northgate			1:24.95	1:24.77 AA-A	34
1) Dulay, Adrian Jr	2) Welsh, Kai Jr	3) Ledesma, Zach Sr	4) Rodriguez, Andrew Sr		
21.58	42.93 (21.35)	1:04.00 (21.07)	1:24.77 (20.77)		
3 Campolindo			1:25.33	1:24.85 AA-A	32
1) Baker, Alec Sr	2) Larson, Jack Sr	3) Dunn, Garrett Sr	4) Zhang, Richard Sr		
21.27	42.54 (21.27)	1:04.00 (21.46)	1:24.85 (20.85)		
4 De La Salle High School			1:25.40	1:24.91 AA-A	30
1) Iannaccone, Ryan Sr	2) Grywczynski, Joey Sr	3) Iritani, Sean Sr	4) Dicks, Ryan Jr		
21.18	42.57 (21.39)	1:03.90 (21.33)	1:24.91 (21.01)		
5 Granada			1:25.31	1:24.94 CIFA	28
1) daCosta, Paige Sr	2) Rochez, Christopher Jr	3) Moufarrej, Francois Jr	4) Tovera, Jared Sr		
21.03	42.81 (21.78)	1:03.84 (21.03)	1:24.94 (21.10)		
6 Clayton Valley Charter			1:25.11	1:25.06 CIFA	26
1) Weigelt, Niklas Sr	2) Brown, Cal Sr	3) Vizental, Anthony Sr	4) Parker, John Jr		
20.60	41.74 (21.14)	1:03.70 (21.96)	1:25.06 (21.36)		
7 Terra Linda			1:25.33	1:25.65 CIFA	24
1) Cribbin, Danny So	2) Mueller, Max Sr	3) Albers, Jonah Jr	4) Foehr, Reece Sr		
21.81	43.01 (21.20)	1:04.17 (21.16)	1:25.65 (21.48)		
8 Monte Vista			1:26.93	1:26.23 CIFB	22
1) Hartman, Zachery So	2) Soderlund, Jacob So	3) Peterson, Casey So	4) Peterson, Bo Jr		
21.63	42.83 (21.20)	1:04.82 (21.99)	1:26.23 (21.41)		

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****B - Final ... (Event 18 Boys 200 Yard Freestyle Relay)**

Team	Relay	Prelim Time	Finals Time	Points
B - Final				
9 Novato		1:28.27	1:28.21 CIFB	18
1) McIntyre, Zachary Jr	2) Parikh, Aidan Sr	3) Belingheri, Marcus Sr	4) Rhinehart, Sam Fr	
20.72	43.68 (22.96) 1:06.06 (22.38)	1:28.21 (22.15)		
10 Dougherty Valley		1:30.12	1:29.20 CIFB	14
1) Lee, Sam Sr	2) Ma, Ethan JR	3) Dy, Owen Jr	4) Park, Ryan Jr	
22.68	45.14 (22.46) 1:07.43 (22.29)	1:29.20 (21.77)		
11 Moreau Catholic		1:29.73	1:29.45	12
1) Tsao, Owen SR	2) Olsen, Wiliam SR	3) Ly, Aaron JR	4) Martinez, Felix Jr	
22.85	45.61 (22.76) 1:08.17 (22.56)	1:29.45 (21.28)		
12 Irvington		1:28.92	1:29.50	10
1) Maher, Michael Sr	2) Cao, Justin SO	3) Verma, Snehal JR	4) Sullivan, Oliver Sr	
22.20	44.88 (22.68) 1:07.66 (22.78)	1:29.50 (21.84)		
13 Head-Royce		1:30.29	1:30.15	8
1) Masson, Jackson Sr	2) Brennan, Michael FR	3) Soltz, Josh SR	4) Evans, Jalen So	
22.65	45.50 (22.85) 1:08.61 (23.11)	1:30.15 (21.54)		
14 Mission San Jose		1:29.71	1:30.33	6
1) Chen, Hanlin Jr	2) Lee, Ben Sr	3) Lam, Kelvin SR	4) Sayle, Connor Sr	
22.53	46.02 (23.49) 1:08.37 (22.35)	1:30.33 (21.96)		
15 Castro Valley		1:30.37	1:31.52	4
1) Liang, Caden So	2) Mognaga, Quentin SO	3) Ryken, Tommy Jr	4) Jerome, Andrew SR	
22.77	45.75 (22.98) 1:08.78 (23.03)	1:31.52 (22.74)		

Event 18 Boys 200 Yard Freestyle Relay**National HS: 1:19.27 U 2012****Bolles (FL)****Bolles (FL)****NCS Meet: 1:22.35 N 2016****Murphy, Schooling, Condorelli, Goossen****San Ramon Valley****San Ramon Valley****T. Cheney, J. Cardinal, H. Poppe, Brann****1:24.92 AA-A All America Auto.****1:26.01 CIFA CIF Automatic****1:26.03 AA-C All America Cons.****1:29.37 CIFB CIF Consideration**

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 San Ramon Valley			1:23.35 AA-A
1) Muaddi, Matthew Jr	2) Wilkerson, Jack Sr	3) Wight, Gavin Jr	4) Flanders, Harry Sr
20.77	41.43 (20.66) 1:01.78 (20.35)	1:23.35 (21.57)	
2 Northgate			1:24.95 CIFA
1) Dulay, Adrian Jr	2) Welsh, Kai Jr	3) Ledesma, Zach Sr	4) Rodriguez, Andrew Sr
21.67	43.06 (21.39) 1:04.19 (21.13)	1:24.95 (20.76)	
3 Clayton Valley Charter			1:25.11 CIFA
1) Weigelt, Niklas Sr	2) Brown, Cal Sr	3) Vizental, Anthony Sr	4) Parker, John Jr
20.55	41.77 (21.22) 1:03.92 (22.15)	1:25.11 (21.19)	
4 Granada			1:25.31 CIFA
1) daCosta, Paige Sr	2) Rochez, Christopher Jr	3) Moufarrej, Francois Jr	4) Tovera, Jared Sr
21.12	42.63 (21.51) 1:04.17 (21.54)	1:25.31 (21.14)	
*5 Campolindo			1:25.33 CIFA
1) Baker, Alec Sr	2) Dunn, Garrett Sr	3) Jensen, Soren Jr	4) Percin, Sean Sr
21.29	42.57 (21.28) 1:03.88 (21.31)	1:25.33 (21.45)	
*5 Terra Linda			1:25.33 CIFA
1) Cribbin, Danny So	2) Mueller, Max Sr	3) Albers, Jonah Jr	4) Foehr, Reece Sr
21.77	43.11 (21.34) 1:04.13 (21.02)	1:25.33 (21.20)	

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****Preliminaries ... (Event 18 Boys 200 Yard Freestyle Relay)**

	Team	Relay	Seed Time	Prelim Time
7	De La Salle High School			1:25.40 CIFA
	1) Iannaccone, Ryan Sr	2) Iritani, Sean Sr	3) Dicks, Ryan Jr	4) Grywczynski, Joey Sr
	21.17	42.54 (21.37)	1:04.07 (21.53)	1:25.40 (21.33)
8	Monte Vista			1:26.93 CIFB
	1) Hartman, Zachery So	2) Peterson, Casey So	3) Soderlund, Jacob So	4) Peterson, Bo Jr
	21.76	43.79 (22.03)	1:05.34 (21.55)	1:26.93 (21.59)
9	Sir Francis Drake			1:27.51 CIFB
	1) Mason, Jackson Sr	2) Christie, Ian Sr	3) Heilemann, Robert So	4) Anderson, Logan Sr
	21.30	43.94 (22.64)	1:06.19 (22.25)	1:27.51 (21.32)
10	Miramonte			1:27.53 CIFB
	1) Painter, Jackson JR	2) Hoover, Blake Jr	3) Bruen, Chris So	4) Strand, Campbell Sr
	21.56	43.37 (21.81)	1:05.54 (22.17)	1:27.53 (21.99)
11	Novato			1:28.27 CIFB
	1) McIntyre, Zachary Jr	2) Parikh, Aidan Sr	3) Belingheri, Marcus Sr	4) Rhinehart, Sam Fr
	20.76	43.72 (22.96)	1:06.13 (22.41)	1:28.27 (22.14)
12	Redwood			1:28.34 CIFB
	1) Scruton, Matthew Sr	2) Shirado, Michael So	3) Maync, Marc-Antoine So	4) Harlow, Henry So
	21.45	43.30 (21.85)	1:05.98 (22.68)	1:28.34 (22.36)
13	Irvington			1:28.92 CIFB
	1) Maher, Michael Sr	2) Cao, Justin SO	3) Verma, Snehal JR	4) Sullivan, Oliver Sr
	22.38	45.10 (22.72)	1:07.45 (22.35)	1:28.92 (21.47)
14	Mission San Jose			1:29.71
	1) Feng, Dylan Jr	2) Chen, Hanlin Jr	3) Lam, Kelvin SR	4) Sayle, Connor Sr
	23.01	45.40 (22.39)	1:07.99 (22.59)	1:29.71 (21.72)
15	Moreau Catholic			1:29.73
	1) Tsao, Owen SR	2) Olsen, Wiliam SR	3) Ly, Aaron JR	4) Martinez, Felix Jr
	22.60	45.38 (22.78)	1:08.15 (22.77)	1:29.73 (21.58)
16	Dougherty Valley			1:30.12
	1) Dy, Owen Jr	2) Park, Ryan Jr	3) Ma, Ethan JR	4) Lee, Sam Sr
	22.56	44.88 (22.32)	1:07.54 (22.66)	1:30.12 (22.58)
17	Head-Royce			1:30.29
	1) Soltz, Josh SR	2) Brennan, Michael FR	3) Masson, Jackson Sr	4) Evans, Jalen So
	23.27	45.76 (22.49)	1:08.20 (22.44)	1:30.29 (22.09)
18	Castro Valley			1:30.37
	1) Liang, Caden So	2) Mognaga, Quentin SO	3) Ryken, Tommy Jr	4) Jerome, Andrew SR
	22.42	45.34 (22.92)	1:07.55 (22.21)	1:30.37 (22.82)

Event 19 Girls 100 Yard Backstroke

National HS:	51.43	U 2012	Olivia Smoliga	Glenbrook (IL)
NCS Meet:	52.86	N 1999	Natalie Coughlin	Carondelet
	54.89	AA-A All America Auto.		
	56.11	AA-C All America Cons.		
	56.61	CIFA CIF Automatic		
	58.39	CIFB CIF Consideration		

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Kosturos, Sophia	Sr	Miramonte	53.23	52.92 AA-A	20
	25.88		52.92 (27.04)			
2	McDonald, Margaux	Jr	Miramonte	55.07	55.23 AA-C	17
	26.93		55.23 (28.30)			
3	Davis, Jessica	So	Carondelet	55.07	55.50 AA-C	16
	26.58		55.50 (28.92)			

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****A - Final ... (Event 19 Girls 100 Yard Backstroke)**

	Name	Yr	School	Prelim Time	Finals Time		Points
4	Andresen, Maile	So	Northgate	55.11	55.60	AA-C	15
	26.94	55.60	(28.66)				
5	Larson, Jessica	Sr	Benicia	55.23	55.70	AA-C	14
	27.00	55.70	(28.70)				
6	Follmer, Elizabeth	Sr	Campolindo	55.86	56.59	CIFA	13
	27.25	56.59	(29.34)				
7	Flath, Gillian	Sr	Monte Vista	55.53	56.62	CIFB	12
	26.92	56.62	(29.70)				
8	Johansson, Kendall	So	Monte Vista	56.48	56.93	CIFB	11
	27.80	56.93	(29.13)				

B - Final

9	Statler, Nina	Fr	Las Lomas	58.16	56.97	CIFB	9
	27.53	56.97	(29.44)				
10	Kelly, Kyla	Fr	Monte Vista	57.70	57.11	CIFB	7
	27.84	57.11	(29.27)				
11	Lockyer, Hannah	Fr	Monte Vista	57.31	57.31	CIFB	6
	27.78	57.31	(29.53)				
12	Chan, Diana	Fr	Deer Valley High School	58.08	57.45	CIFB	5
	27.28	57.45	(30.17)				
13	O'Brien, Ashleen	Sr	Campolindo	57.19	57.52	CIFB	4
	27.93	57.52	(29.59)				
14	Craft, Kayla	Jr	Castro Valley	58.27	57.91	CIFB	3
	27.82	57.91	(30.09)				
15	Gjerde, Caroline	Jr	Amador Valley	57.86	58.11	CIFB	2
	28.00	58.11	(30.11)				
16	Greenberg, Olivia	Sr	Redwood	58.17	58.16	CIFB	1
	28.57	58.16	(29.59)				

Event 19 Girls 100 Yard Backstroke

National HS:	51.43	U	2012	Olivia Smoliga	Glenbrook (IL)
NCS Meet:	52.86	N	1999	Natalie Coughlin	Carondelet
	54.89	AA-A All America Auto.			
	56.11	AA-C All America Cons.			
	56.61	CIFA CIF Automatic			
	58.39	CIFB CIF Consideration			

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Kosturos, Sophia	Sr	Miramonte		53.23	AA-A
	26.14	53.23	(27.09)			
*2	Davis, Jessica	So	Carondelet		55.07	AA-C
	26.57	55.07	(28.50)			
*2	McDonald, Margaux	Jr	Miramonte		55.07	AA-C
	27.01	55.07	(28.06)			
4	Andresen, Maile	So	Northgate		55.11	AA-C
	26.71	55.11	(28.40)			
5	Larson, Jessica	Sr	Benicia		55.23	AA-C
	27.08	55.23	(28.15)			
6	Flath, Gillian	Sr	Monte Vista		55.53	AA-C
	26.85	55.53	(28.68)			
7	Follmer, Elizabeth	Sr	Campolindo		55.86	AA-C
	27.21	55.86	(28.65)			
8	Johansson, Kendall	So	Monte Vista		56.48	CIFA
	27.57	56.48	(28.91)			

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****Preliminaries ... (Event 19 Girls 100 Yard Backstroke)**

	Name	Yr	School	Seed Time	Prelim Time	
9	O'Brien, Ashleen	Sr	Campolindo		57.19	CIFB
	28.03		57.19 (29.16)			
10	Lockyer, Hannah	Fr	Monte Vista		57.31	CIFB
	27.82		57.31 (29.49)			
11	Kelly, Kyla	Fr	Monte Vista		57.70	CIFB
	27.84		57.70 (29.86)			
12	Gjerde, Caroline	Jr	Amador Valley		57.86	CIFB
	28.37		57.86 (29.49)			
13	Chan, Diana	Fr	Deer Valley High School		58.08	CIFB
	27.84		58.08 (30.24)			
14	Statler, Nina	Fr	Las Lomas		58.16	CIFB
	28.09		58.16 (30.07)			
15	Greenberg, Olivia	Sr	Redwood		58.17	CIFB
	28.82		58.17 (29.35)			
16	Craft, Kayla	Jr	Castro Valley		58.27	CIFB
	28.21		58.27 (30.06)			
17	Eckel, Caroline	Sr	Granada		58.32	CIFB
	28.21		58.32 (30.11)			
18	Kwan, Julie	Sr	Montgomery High School		58.33	CIFB
	28.19		58.33 (30.14)			

Event 20 Boys 100 Yard Backstroke

National HS: 45.34 U 2012 Ryan Murphy
NCS Meet: 46.33 N 2018 Jonah Cooper
 49.53 AA-A All America Auto.
 50.64 AA-C All America Cons.
 51.04 CIFA CIF Automatic
 52.68 CIFB CIF Consideration

Bolles (FL)
Campolindo

	Name	Yr	School	Prelim Time	Finals Time		Points
A - Final							
1	Cooper, Jonah	Sr	Foothill	48.72	47.40	AA-A	20
	23.13		47.40 (24.27)				
2	daCosta, Paige	Sr	Granada	48.33	48.10	AA-A	17
	23.61		48.10 (24.49)				
3	Dempster, Allen	Jr	San Ramon Valley	49.15	49.33	AA-A	16
	23.41		49.33 (25.92)				
4	Skinner, Nicholas	Sr	Foothill	49.46	49.48	AA-A	15
	23.91		49.48 (25.57)				
5	Rodriguez, Andrew	Sr	Northgate	49.32	49.65	AA-C	14
	24.12		49.65 (25.53)				
6	Le-Nguyen, Zach	So	Campolindo	50.04	49.83	AA-C	13
	24.09		49.83 (25.74)				
7	Blanco, Mattias	Sr	Dougherty Valley	49.66	50.05	AA-C	12
	24.32		50.05 (25.73)				
8	Lanzara, Matteo	Sr	Campolindo	50.97	51.00	CIFA	11
	24.74		51.00 (26.26)				
B - Final							
9	Bitting, Caleb	Sr	Amador Valley	51.90	52.33	CIFB	9
	25.46		52.33 (26.87)				
10	Horrigan, Graham	Jr	Las Lomas	51.87	52.42	CIFB	7
	24.45		52.42 (27.97)				
11	O'Connell, Evan	So	De La Salle High School	53.62	52.88		6
	25.61		52.88 (27.27)				

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****B - Final ... (Event 20 Boys 100 Yard Backstroke)**

	Name	Yr	School	Prelim Time	Finals Time	Points
12	Ledesma, Zach	Sr	Northgate	53.07	53.10	5
	25.51		53.10 (27.59)			
13	Wong, Justin	So	Santa Rosa	52.53	53.22	4
	25.96		53.22 (27.26)			
14	Birdsong, Will	So	Campolindo	52.06	53.31	3
	25.66		53.31 (27.65)			
15	Hsiao, Warren	Jr	Dougherty Valley	52.43	53.54	2
	25.68		53.54 (27.86)			
16	Albers, Jonah	Jr	Terra Linda	53.62	54.30	1
	25.68		54.30 (28.62)			

Event 20 Boys 100 Yard Backstroke

National HS:	45.34	U	2012	Ryan Murphy
NCS Meet:	46.33	N	2018	Jonah Cooper
	49.53	AA-A All America Auto.		
	50.64	AA-C All America Cons.		
	51.04	CIFA CIF Automatic		
	52.68	CIFB CIF Consideration		

Bolles (FL)
Campolindo

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
1	daCosta, Paige	Sr	Granada		48.33 AA-A
	23.61		48.33 (24.72)		
2	Cooper, Jonah	Sr	Foothill		48.72 AA-A
	23.97		48.72 (24.75)		
3	Dempster, Allen	Jr	San Ramon Valley		49.15 AA-A
	23.95		49.15 (25.20)		
4	Rodriguez, Andrew	Sr	Northgate		49.32 AA-A
	23.91		49.32 (25.41)		
5	Skinner, Nicholas	Sr	Foothill		49.46 AA-A
	24.07		49.46 (25.39)		
6	Blanco, Mattias	Sr	Dougherty Valley		49.66 AA-C
	24.10		49.66 (25.56)		
7	Le-Nguyen, Zach	So	Campolindo		50.04 AA-C
	24.25		50.04 (25.79)		
8	Lanzara, Matteo	Sr	Campolindo		50.97 CIFA
	24.81		50.97 (26.16)		
9	Horrigan, Graham	Jr	Las Lomas		51.87 CIFB
	24.67		51.87 (27.20)		
10	Bitting, Caleb	Sr	Amador Valley		51.90 CIFB
	25.41		51.90 (26.49)		
11	Birdsong, Will	So	Campolindo		52.06 CIFB
	25.28		52.06 (26.78)		
12	Hsiao, Warren	Jr	Dougherty Valley		52.43 CIFB
	25.23		52.43 (27.20)		
13	Wong, Justin	So	Santa Rosa		52.53 CIFB
	25.86		52.53 (26.67)		
14	Ledesma, Zach	Sr	Northgate		53.07
	25.34		53.07 (27.73)		
*15	O'Connell, Evan	So	De La Salle High School		53.62
	25.94		53.62 (27.68)		
*15	Albers, Jonah	Jr	Terra Linda		53.62
	25.79		53.62 (27.83)		

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****Preliminaries ... (Event 20 Boys 100 Yard Backstroke)**

	Name	Yr	School	Seed Time	Prelim Time
17	Mercer, Tanner	Sr	De La Salle High School		53.76
	25.94		53.76 (27.82)		
18	Mullen, Jack	Sr	Monte Vista		53.77
	25.83		53.77 (27.94)		

Event 21 Girls 100 Yard Breaststroke

National HS: 58.40 U 2018 Emily Weiss
 NCS Meet: 58.75 N 2009 Kasey Carlson
 1:02.60 AA-A All America Auto.
 1:04.05 AA-C All America Cons.
 1:04.33 CIFA CIF Automatic
 1:06.13 CIFB CIF Consideration

Yorktown (IN)
 Las Lomas

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Hartman, Zoie	Sr	Monte Vista	1:00.37	1:00.13 AA-A	20
	28.30		1:00.13 (31.83)			
2	Jih-Schiff, Ana	So	San Ramon Valley	1:03.28	1:02.92 AA-C	17
	29.65		1:02.92 (33.27)			
3	Hanley, Channing	So	Campolindo	1:02.88	1:03.12 AA-C	16
	29.84		1:03.12 (33.28)			
4	Herscu, Abigail	Fr	Granada	1:03.24	1:03.16 AA-C	15
	29.67		1:03.16 (33.49)			
5	Suppiger, Shelby	So	Acalanes	1:02.76	1:03.23 AA-C	14
	29.54		1:03.23 (33.69)			
6	Rohovit, Taylor	So	Foothill	1:03.88	1:03.97 AA-C	13
	30.00		1:03.97 (33.97)			
7	Jasko, Nicolette	Sr	Terra Linda	1:04.82	1:04.78 CIFB	12
	30.70		1:04.78 (34.08)			
8	Hanley, Paige	Sr	Campolindo	1:05.26	1:07.13	11
	30.60		1:07.13 (36.53)			
B - Final						
9	Stahl, Toria	Sr	Northgate	1:05.63	1:05.25 CIFB	9
	30.80		1:05.25 (34.45)			
10	Roberts, May Ling	SO	Branson	1:05.33	1:05.45 CIFB	7
	30.79		1:05.45 (34.66)			
11	Appl, Emmie	Jr	College Preparatory	1:06.29	1:05.78 CIFB	6
	31.33		1:05.78 (34.45)			
12	Watts, Vanessa	Fr	Acalanes	1:06.45	1:06.26	5
	31.39		1:06.26 (34.87)			
13	Ung, Natalie	So	Campolindo	1:06.84	1:06.34	4
	31.89		1:06.34 (34.45)			
14	Eder, Julia	Sr	California	1:06.10	1:06.55	3
	31.22		1:06.55 (35.33)			
15	Wang, Ellen	Jr	Amador Valley	1:07.01	1:06.79	2
	31.38		1:06.79 (35.41)			
16	Lurie, Sophie	So	Miramonte	1:06.75	1:06.90	1
	31.70		1:06.90 (35.20)			

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****Event 21 Girls 100 Yard Breaststroke**

National HS: 58.40 U 2018 Emily Weiss
 NCS Meet: 58.75 N 2009 Kasey Carlson
 1:02.60 AA-A All America Auto.
 1:04.05 AA-C All America Cons.
 1:04.33 CIFA CIF Automatic
 1:06.13 CIFB CIF Consideration

Yorktown (IN)
 Las Lomas

Name		Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Hartman, Zoie	Sr	Monte Vista		1:00.37 AA-A
	28.39			1:00.37 (31.98)	
2	Suppiger, Shelby	So	Acalanes		1:02.76 AA-C
	29.60			1:02.76 (33.16)	
3	Hanley, Channing	So	Campolindo		1:02.88 AA-C
	29.65			1:02.88 (33.23)	
4	Herscu, Abigail	Fr	Granada		1:03.24 AA-C
	29.88			1:03.24 (33.36)	
5	Jih-Schiff, Ana	So	San Ramon Valley		1:03.28 AA-C
	29.88			1:03.28 (33.40)	
6	Rohovit, Taylor	So	Foothill		1:03.88 AA-C
	30.08			1:03.88 (33.80)	
7	Jasko, Nicolette	Sr	Terra Linda		1:04.82 CIFB
	31.45			1:04.82 (33.37)	
8	Hanley, Paige	Sr	Campolindo		1:05.26 CIFB
	30.12			1:05.26 (35.14)	
9	Roberts, May Ling	SO	Branson		1:05.33 CIFB
	31.04			1:05.33 (34.29)	
10	Stahl, Toria	Sr	Northgate		1:05.63 CIFB
	31.17			1:05.63 (34.46)	
11	Eder, Julia	Sr	California		1:06.10 CIFB
	31.16			1:06.10 (34.94)	
12	Appl, Emmie	Jr	College Preparatory		1:06.29
	31.45			1:06.29 (34.84)	
13	Watts, Vanessa	Fr	Acalanes		1:06.45
	31.41			1:06.45 (35.04)	
14	Lurie, Sophie	So	Miramonte		1:06.75
	31.35			1:06.75 (35.40)	
15	Ung, Natalie	So	Campolindo		1:06.84
	31.79			1:06.84 (35.05)	
16	Wang, Ellen	Jr	Amador Valley		1:07.01
	31.54			1:07.01 (35.47)	
17	Sullivan, Emma	Fr	Carondelet		1:07.04
	31.68			1:07.04 (35.36)	
18	Hunter, Charlotte	Jr	Sonoma Valley		1:07.17
	31.36			1:07.17 (35.81)	

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****Event 22 Boys 100 Yard Breaststroke**

National HS: 52.65 U 2016 **Chandler Bray**
NCS Meet: 53.39 N 2013 **Steven Stumph**
 55.93 AA-A All America Auto.
 57.11 AA-C All America Cons.
 57.48 CIFA CIF Automatic
 59.06 CIFB CIF Consideration

Avin (IN)
Campolindo

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Soderlund, Jacob	So	Monte Vista	55.38	55.03	AA-A 20
	25.92		55.03 (29.11)			
2	Mason, Jackson	Sr	Sir Francis Drake	56.37	56.47	AA-C 17
	26.70		56.47 (29.77)			
3	Loyet, Mason	Sr	Campolindo	56.59	56.51	AA-C 16
	26.55		56.51 (29.96)			
4	McIntosh, Corban	JR	St. Vincent de Paul High Schoo	56.69	56.83	AA-C 15
	26.91		56.83 (29.92)			
5	Dahlgren, Seaver	SR	Branson	57.14	57.25	CIFA 14
	27.05		57.25 (30.20)			
6	Vandenberghe, Luke	Jr	Campolindo	57.75	57.78	CIFB 13
	26.84		57.78 (30.94)			
7	Vizental, Anthony	Sr	Clayton Valley Charter	57.08	57.96	CIFB 12
	27.32		57.96 (30.64)			
8	Dulay, Adrian	Jr	Northgate	57.50	58.06	CIFB 11
	27.10		58.06 (30.96)			
B - Final						
9	Iritani, Sean	Sr	De La Salle High School	58.68	58.08	CIFB 9
	26.53		58.08 (31.55)			
10	Horky, Christoph	Sr	Sir Francis Drake	58.04	58.38	CIFB 7
	27.57		58.38 (30.81)			
11	Gilsenan, Max	So	Justin-Siena	57.96	58.65	CIFB 6
	27.72		58.65 (30.93)			
12	Mueller, Max	Sr	Terra Linda	58.44	58.71	CIFB 5
	27.29		58.71 (31.42)			
13	Longton, Marcus	Sr	Campolindo	58.56	58.79	CIFB 4
	27.35		58.79 (31.44)			
14	Yenko, Marco	Jr	Hercules	58.15	58.84	CIFB 3
	27.67		58.84 (31.17)			
15	Poon, Austin	So	Dougherty Valley	58.44	58.89	CIFB 2
	28.07		58.89 (30.82)			
16	Kim, Jaewoo	So	Monte Vista	58.77	59.15	1
	27.78		59.15 (31.37)			

Event 22 Boys 100 Yard Breaststroke

National HS: 52.65 U 2016 **Chandler Bray**
NCS Meet: 53.39 N 2013 **Steven Stumph**
 55.93 AA-A All America Auto.
 57.11 AA-C All America Cons.
 57.48 CIFA CIF Automatic
 59.06 CIFB CIF Consideration

Avin (IN)
Campolindo

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Soderlund, Jacob	So	Monte Vista		55.38 AA-A
	26.19		55.38 (29.19)		

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****Preliminaries ... (Event 22 Boys 100 Yard Breaststroke)**

	Name	Yr	School	Seed Time	Prelim Time	
2	Mason, Jackson	Sr	Sir Francis Drake		56.37	AA-C
	26.73		56.37 (29.64)			
3	Loyet, Mason	Sr	Campolindo		56.59	AA-C
	26.46		56.59 (30.13)			
4	McIntosh, Corban	JR	St. Vincent de Paul High Schoo		56.69	AA-C
	26.79		56.69 (29.90)			
5	Vizental, Anthony	Sr	Clayton Valley Charter		57.08	AA-C
	27.12		57.08 (29.96)			
6	Dahlgren, Seaver	SR	Branson		57.14	CIFA
	26.96		57.14 (30.18)			
7	Dulay, Adrian	Jr	Northgate		57.50	CIFB
	27.11		57.50 (30.39)			
8	Vandenberghe, Luke	Jr	Campolindo		57.75	CIFB
	27.20		57.75 (30.55)			
9	Gilsenan, Max	So	Justin-Siena		57.96	CIFB
	27.39		57.96 (30.57)			
10	Horky, Christoph	Sr	Sir Francis Drake		58.04	CIFB
	27.27		58.04 (30.77)			
11	Yenko, Marco	Jr	Hercules		58.15	CIFB
	27.35		58.15 (30.80)			
*12	Mueller, Max	Sr	Terra Linda		58.44	CIFB
	27.21		58.44 (31.23)			
*12	Poon, Austin	So	Dougherty Valley		58.44	CIFB
	27.86		58.44 (30.58)			
14	Longton, Marcus	Sr	Campolindo		58.56	CIFB
	27.30		58.56 (31.26)			
15	Iritani, Sean	Sr	De La Salle High School		58.68	CIFB
	27.13		58.68 (31.55)			
16	Kim, Jaewoo	So	Monte Vista		58.77	CIFB
	27.59		58.77 (31.18)			
17	Dy, Owen	Jr	Dougherty Valley		58.99	CIFB
	28.00		58.99 (30.99)			
18	Yao, Clifford	Jr	Dougherty Valley		59.13	
	27.61		59.13 (31.52)			

Event 23 Girls 400 Yard Freestyle Relay

National HS:	3:15.38	U	2015	Carmel (IN)	Carmel (IN)
				V. Burchill, Adams, Smith, Bilquist	
NCS Meet:	3:20.42	N	2013	Carondelet	Carondelet
				C. Chenault, N. Amberg, M. Murphy, M. White	
	3:27.79	AA-A	All America Auto.		
	3:31.27	AA-C	All America Cons.		
	3:33.39	CIFA	CIF Automatic		
	3:37.99	CIFB	CIF Consideration		

	Team	Relay	Prelim Time	Finals Time	Points
A - Final					
1	Monte Vista		3:26.82	3:25.54	AA-A 40
	1) Seaman, Jenna Jr	2) Kelly, Kyla Fr	3) Christian, Taylor Fr	4) Hartman, Zoie Sr	
	25.04	52.39 (52.39)	1:17.28 (24.89)	1:44.27 (51.88)	
	2:09.24 (24.97)	2:37.41 (53.14)	3:00.45 (23.04)	3:25.54 (48.13)	

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****A - Final ... (Event 23 Girls 400 Yard Freestyle Relay)**

Team	Relay			Prelim Time	Finals Time	Points
2 Miramonte				3:29.49	3:26.70 AA-A	34
1) Kosturos, Sophia Sr	2) Engs, Eloise Sr	3) Lyons, Katie Sr	4) McDonald, Margaux Jr			
24.10	49.26 (49.26)	1:14.38 (25.12)	1:42.14 (52.88)			
2:07.13 (24.99)	2:35.13 (52.99)	2:59.84 (24.71)	3:26.70 (51.57)			
3 Campolindo				3:30.94	3:28.71 AA-C	32
1) O'Brien, Ashleen Sr	2) van Meines, Amber Fr	3) Fok, Lexi Fr	4) Smith, Madeline Jr			
25.18	52.66 (52.66)	1:17.25 (24.59)	1:44.34 (51.68)			
2:09.37 (25.03)	2:36.52 (52.18)	3:01.46 (24.94)	3:28.71 (52.19)			
4 Redwood				3:31.04	3:30.47 AA-C	30
1) Ayan-Eaton, Juliana Sr	2) Kallmeyer, Gwen FR	3) Watrous, Catherine Fr	4) Greenberg, Olivia Sr			
25.47	52.45 (52.45)	1:18.45 (26.00)	1:47.34 (54.89)			
2:11.57 (24.23)	2:38.44 (51.10)	3:03.10 (24.66)	3:30.47 (52.03)			
5 California				3:32.14	3:31.65 CIFA	28
1) Tan, Caitlin Jr	2) Hawkins, Daniella Sr	3) Gardner, Amber Jr	4) Beltran, Monica Jr			
25.46	52.61 (52.61)	1:17.99 (25.38)	1:45.31 (52.70)			
2:10.05 (24.74)	2:37.23 (51.92)	3:03.07 (25.84)	3:31.65 (54.42)			
6 Carondelet				3:31.38	3:33.09 CIFA	26
1) Davis, Jessica So	2) Hamilton, Sarah Sr	3) Sullivan, Emma Fr	4) Neufeld, Christy Sr			
25.03	52.76 (52.76)	1:17.95 (25.19)	1:46.62 (53.86)			
2:12.08 (25.46)	2:41.25 (54.63)	3:05.93 (24.68)	3:33.09 (51.84)			
7 Granada				3:32.16	3:33.90 CIFB	24
1) Heckman, Miranda Sr	2) Kirk, Ashlynn So	3) Boderro, Chenoa Jr	4) Urban, Natalie Fr			
24.69	50.87 (50.87)	1:17.35 (26.48)	1:45.99 (55.12)			
2:11.48 (25.49)	2:40.35 (54.36)	3:05.68 (25.33)	3:33.90 (53.55)			
8 Acalanes				3:30.05	3:35.43 CIFB	22
1) Gebhardt, Emily Sr	2) Suppiger, Shelby So	3) Rowell, Claire Fr	4) Edwards, Nicole Jr			
25.25	52.65 (52.65)	1:17.35 (24.70)	1:44.47 (51.82)			
2:00.06 (15.59)	2:39.53 (55.06)	3:05.44 (25.91)	3:35.43 (55.90)			
B - Final						
9 Northgate				3:35.37	3:32.13 CIFA	18
1) Andresen, Maile So	2) Sterling, Piper Sr	3) Stahl, Toria Sr	4) Lund, Alyssa Fr			
24.89	51.93 (51.93)	1:17.61 (25.68)	1:45.95 (54.02)			
2:11.44 (25.49)	2:39.33 (53.38)	3:04.16 (24.83)	3:32.13 (52.80)			
10 Tamalpais				3:35.86	3:35.03 CIFB	14
1) Gruender, Madison Jr	2) Carney, Kyra Sr	3) Sternfels, Samantha Jr	4) Gershman, Alexandra Jr			
26.08	53.62 (53.62)	1:19.35 (25.73)	1:47.89 (54.27)			
2:13.72 (25.83)	2:41.66 (53.77)	3:07.07 (25.41)	3:35.03 (53.37)			
11 Foothill				3:35.24	3:35.63 CIFB	12
1) Wong, Gwyneth Jr	2) Lee, Aven Fr	3) Balicanta, Elisabeth Sr	4) Rohovit, Taylor So			
25.57	52.86 (52.86)	1:19.15 (26.29)	1:47.35 (54.49)			
2:13.10 (25.75)	2:42.73 (55.38)	3:07.97 (25.24)	3:35.63 (52.90)			
12 Novato				3:40.59	3:38.22	10
1) McIntyre, Kaley Fr	2) O'Leary, Kate So	3) Bayer, Bianca So	4) McCauley, Maya Jr			
25.43	52.92 (52.92)	1:19.43 (26.51)	1:48.88 (55.96)			
2:15.23 (26.35)	2:44.27 (55.39)	3:09.48 (25.21)	3:38.22 (53.95)			
13 Dublin				3:42.60	3:39.78	8
1) Cano, Lillian So	2) Jenkins, Olivia Fr	3) Stickler, Piper Fr	4) Suen, Claire Jr			
27.06	56.34 (56.34)	1:22.92 (26.58)	1:52.15 (55.81)			
2:19.13 (26.98)	2:48.01 (55.86)	3:12.71 (24.70)	3:39.78 (51.77)			
14 San Francisco University High				3:42.20	3:41.86	6
1) Roudebush, Ana Jr	2) Fernald, Mirabel FR	3) Burtis, Eloise JR	4) Kumar, Uma Jr			
26.19	54.19 (54.19)	1:21.56 (27.37)	1:50.73 (56.54)			
2:16.91 (26.18)	2:46.15 (55.42)	3:12.51 (26.36)	3:41.86 (55.71)			

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****B - Final ... (Event 23 Girls 400 Yard Freestyle Relay)**

	Team	Relay	Prelim Time	Finals Time	Points
15	San Ramon Valley		3:41.38	3:42.41	4
	1) Tovani, Sophie Sr	2) O'Rell, Kailen So	3) Muaddi, Abby So	4) MacBryde, Sarah Fr	
	26.58	55.59 (55.59)	1:22.17 (26.58)	1:51.31 (55.72)	
	2:17.80 (26.49)	2:47.43 (56.12)	3:13.55 (26.12)	3:42.41 (54.98)	
16	Amador Valley		3:42.10	3:43.12	2
	1) Gjerde, Caroline Jr	2) Jhong, Lauren Fr	3) Yefimov, Valeria So	4) Kim, Olivia Fr	
	26.46	55.28 (55.28)	1:21.80 (26.52)	1:51.50 (56.22)	
	2:17.86 (26.36)	2:47.41 (55.91)	3:14.21 (26.80)	3:43.12 (55.71)	

Event 23 Girls 400 Yard Freestyle Relay

National HS:	3:15.38	U 2015	Carmel (IN)	Carmel (IN)
			V. Burchill, Adams, Smith, Bilquist	
NCS Meet:	3:20.42	N 2013	Carondelet	Carondelet
			C. Chenault, N. Amberg, M. Murphy, M. White	
	3:27.79	AA-A All America Auto.		
	3:31.27	AA-C All America Cons.		
	3:33.39	CIFA CIF Automatic		
	3:37.99	CIFB CIF Consideration		

	Team	Relay	Seed Time	Prelim Time
Preliminaries				
1	Monte Vista			3:26.82 AA-A
	1) Hartman, Zoie Sr	2) Kelly, Kyla Fr	3) Christian, Taylor Fr	4) Seaman, Jenna Jr
	23.89	49.62 (49.62)	1:14.76 (25.14)	1:41.72 (52.10)
	2:07.06 (25.34)	2:35.55 (53.83)	2:59.78 (24.23)	3:26.82 (51.27)
2	Miramonte			3:29.49 AA-C
	1) McDonald, Margaux Jr	2) Engs, Eloise Sr	3) Lyons, Katie Sr	4) Kosturos, Sophia Sr
	25.80	53.06 (53.06)	1:18.54 (25.48)	1:46.21 (53.15)
	2:11.81 (25.60)	2:39.69 (53.48)	3:03.92 (24.23)	3:29.49 (49.80)
3	Acalanes			3:30.05 AA-C
	1) Gebhardt, Emily Sr	2) Suppiger, Shelby So	3) Fellner, Alex Sr	4) Roemer, Jewel Jr
	25.22	52.03 (52.03)	1:16.25 (24.22)	1:43.17 (51.14)
	2:09.03 (25.86)	2:38.06 (54.89)	3:02.74 (24.68)	3:30.05 (51.99)
4	Campolindo			3:30.94 AA-C
	1) Smith, Madeline Jr	2) O'Brien, Ashleen Sr	3) Hawkins, Kathryn Sr	4) Fok, Lexi Fr
	25.44	52.34 (52.34)	1:17.24 (24.90)	1:44.69 (52.35)
	2:10.39 (25.70)	2:38.58 (53.89)	3:03.64 (25.06)	3:30.94 (52.36)
5	Redwood			3:31.04 AA-C
	1) Ayan-Eaton, Juliana Sr	2) Kallmeyer, Gwen FR	3) Watrous, Catherine Fr	4) Greenberg, Olivia Sr
	25.18	51.71 (51.71)	1:17.95 (26.24)	1:47.44 (55.73)
	2:11.98 (24.54)	2:38.86 (51.42)	3:03.92 (25.06)	3:31.04 (52.18)
6	Carondelet			3:31.38 CIFA
	1) Davis, Jessica So	2) Hamilton, Sarah Sr	3) Sullivan, Emma Fr	4) Neufeld, Christy Sr
	25.17	51.84 (51.84)	1:17.32 (25.48)	1:45.19 (53.35)
	2:11.22 (26.03)	2:40.12 (54.93)	3:04.48 (24.36)	3:31.38 (51.26)
7	California			3:32.14 CIFA
	1) Kennedy, Claire So	2) Hawkins, Daniella Sr	3) Gardner, Amber Jr	4) Tan, Caitlin Jr
	26.51	55.21 (55.21)	1:20.36 (25.15)	1:47.62 (52.41)
	2:12.39 (24.77)	2:39.45 (51.83)	3:04.74 (25.29)	3:32.14 (52.69)
8	Granada			3:32.16 CIFA
	1) Urban, Natalie Fr	2) Kirk, Ashlynn So	3) Boderro, Chenoa Jr	4) Heckman, Miranda Sr
	25.71	53.60 (53.60)	1:19.89 (26.29)	1:48.57 (54.97)
	2:13.80 (25.23)	2:41.88 (53.31)	3:05.81 (23.93)	3:32.16 (50.28)

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****Preliminaries ... (Event 23 Girls 400 Yard Freestyle Relay)**

Team	Relay			Seed Time	Prelim Time
9 Foothill					3:35.24 CIFB
1) Rohovit, Taylor So	2) Balicanta, Elisabeth Sr	3) Lee, Aven Fr	4) Wong, Gwyneth Jr		
26.06	53.66 (53.66)	1:19.81 (26.15)	1:49.99 (56.33)		
2:14.10 (24.11)	2:42.52 (52.53)	3:07.59 (25.07)	3:35.24 (52.72)		
10 Northgate					3:35.37 CIFB
1) Andresen, Maile So	2) Sterling, Piper Sr	3) Stahl, Toria Sr	4) Lund, Alyssa Fr		
25.27	52.94 (52.94)	1:19.06 (26.12)	1:47.85 (54.91)		
2:13.59 (25.74)	2:41.91 (54.06)	3:07.19 (25.28)	3:35.37 (53.46)		
11 Tamalpais					3:35.86 CIFB
1) Gruender, Madison Jr	2) Carney, Kyra Sr	3) Sternfels, Samantha Jr	4) Gershman, Alexandra Jr		
26.07	53.87 (53.87)	1:19.99 (26.12)	1:48.77 (54.90)		
2:14.61 (25.84)	2:42.74 (53.97)	3:08.01 (25.27)	3:35.86 (53.12)		
12 Novato					3:40.59
1) McCauley, Maya Jr	2) Bayer, Bianca So	3) McIntyre, Kaley Fr	4) O'Leary, Kate So		
25.78	54.08 (54.08)	1:21.03 (26.95)	1:51.05 (56.97)		
2:16.42 (25.37)	2:44.69 (53.64)	3:10.98 (26.29)	3:40.59 (55.90)		
13 San Ramon Valley					3:41.38
1) Tovani, Sophie Sr	2) O'Rell, Kailen So	3) Muaddi, Abby So	4) MacBryde, Sarah Fr		
26.13	54.36 (54.36)	1:20.94 (26.58)	1:49.80 (55.44)		
2:16.50 (26.70)	2:45.75 (55.95)	3:12.07 (26.32)	3:41.38 (55.63)		
14 Amador Valley					3:42.10
1) Gjerde, Caroline Jr	2) Jhong, Lauren Fr	3) Yefimov, Valeria So	4) Kim, Olivia Fr		
26.52	55.05 (55.05)	1:11.25 (16.20)	1:50.69 (55.64)		
2:17.26 (26.57)	2:46.94 (56.25)	3:13.56 (26.62)	3:42.10 (55.16)		
15 San Francisco University High					3:42.20
1) Roudebush, Ana Jr	2) Fernald, Mirabel FR	3) Burtis, Eloise JR	4) Kumar, Uma Jr		
26.18	54.31 (54.31)	1:21.04 (26.73)	1:50.43 (56.12)		
2:17.13 (26.70)	2:47.33 (56.90)	3:12.96 (25.63)	3:42.20 (54.87)		
16 Dublin					3:42.60
1) Cano, Lillian So	2) Jenkins, Olivia Fr	3) Stickler, Piper Fr	4) Suen, Claire Jr		
27.12	56.43 (56.43)	1:23.91 (27.48)	1:53.69 (57.26)		
2:20.92 (27.23)	2:51.14 (57.45)	3:15.18 (24.04)	3:42.60 (51.46)		
17 Las Lomas					3:42.76
1) Statler, Nina Fr	2) Carlson, Josie Jr	3) Snyder, Amelia Fr	4) Kermoian, Kelly So		
26.30	55.09 (55.09)	1:11.14 (16.05)	1:50.85 (55.76)		
2:17.69 (26.84)	2:47.48 (56.63)	3:13.88 (26.40)	3:42.76 (55.28)		
18 San Domenico					3:43.70
1) Shea, Tereza SO	2) Dal Porto, Alexa JR	3) Keith-Brown, Sophie Jr	4) Keith-Brown, Emma Fr		
26.83	56.87 (56.87)	1:23.63 (26.76)	1:54.80 (57.93)		
2:20.93 (26.13)	2:49.77 (54.97)	3:15.53 (25.76)	3:43.70 (53.93)		

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019

Results

Event 24 Boys 400 Yard Freestyle Relay

National HS: 2:53.81 U 2018

North Allegheny (PA)

North Allegheny

NCS Meet: 2:59.00 N 2014

Gonzalez, Zhang, Wright, Mihm

Granada

Granada

M Rooney, B McLaggan, T Trump, N Silverthorn

3:06.24 AA-A All America Auto.

3:08.93 AA-C All America Cons.

3:09.08 CIFA CIF Automatic

3:13.99 CIFB CIF Consideration

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
1 Campolindo		3:06.63	3:03.18 AA-A	40
1) Baker, Alec Sr	2) Zhang, Richard Sr	3) Larson, Jack Sr	4) Percin, Sean Sr	
22.42	46.20 (46.20)	1:07.95 (21.75)	1:32.36 (46.16)	
1:53.85 (21.49)	2:18.19 (45.83)	2:39.90 (21.71)	3:03.18 (44.99)	
2 Foothill		3:08.87	3:03.61 AA-A	34
1) David, Calvin Sr	2) Ren, Alex Jr	3) Skinner, Nicholas Sr	4) Cooper, Jonah Sr	
22.15	45.39 (45.39)	1:08.01 (22.62)	1:32.57 (47.18)	
1:55.04 (22.47)	2:19.27 (46.70)	2:40.86 (21.59)	3:03.61 (44.34)	
3 San Ramon Valley		3:05.28	3:05.28 AA-A	32
1) Watson, Grant So	2) Wilkerson, Jack Sr	3) Dempster, Allen Jr	4) Wight, Gavin Jr	
22.89	47.63 (47.63)	1:09.44 (21.81)	1:33.94 (46.31)	
1:56.04 (22.10)	2:20.51 (46.57)	2:41.75 (21.24)	3:05.28 (44.77)	
4 Clayton Valley Charter		3:07.59	3:07.45 AA-C	30
1) Brown, Cal Sr	2) Weigelt, Niklas Sr	3) Vizental, Anthony Sr	4) Parker, John Jr	
22.79	47.11 (47.11)	1:08.87 (21.76)	1:32.50 (45.39)	
1:55.39 (22.89)	2:20.23 (47.73)	2:42.27 (22.04)	3:07.45 (47.22)	
5 Dougherty Valley		3:10.78	3:10.13 CIFB	28
1) Blanco, Mattias Sr	2) Poon, Austin So	3) Park, Ryan Jr	4) Huey, Bryson So	
22.67	46.89 (46.89)	1:09.71 (22.82)	1:35.16 (48.27)	
1:57.79 (22.63)	2:23.12 (47.96)	2:45.30 (22.18)	3:10.13 (47.01)	
6 Dublin		3:12.56	3:11.88 CIFB	26
1) Fitzpatrick, Franklin Sr	2) Tsai, Justin Jr	3) Guidi, Christopher Jr	4) Smith, Sam Sr	
22.70	46.86 (46.86)	1:09.84 (22.98)	1:35.54 (48.68)	
1:58.80 (23.26)	2:24.39 (48.85)	2:47.13 (22.74)	3:11.88 (47.49)	
7 Redwood		3:12.50	3:12.02 CIFB	24
1) Scruton, Matthew Sr	2) Finnegan, Jack Jr	3) Harlow, Henry So	4) Collins, Leo Sr	
22.63	46.96 (46.96)	1:10.37 (23.41)	1:35.87 (48.91)	
1:59.24 (23.37)	2:24.53 (48.66)	2:47.08 (22.55)	3:12.02 (47.49)	
8 Monte Vista		3:13.79	3:14.28	22
1) Kim, Jaewoo So	2) Hartman, Zachery So	3) Mullen, Jack Sr	4) Indart, CJ So	
23.77	49.28 (49.28)	1:12.32 (23.04)	1:37.70 (48.42)	
2:00.43 (22.73)	2:25.89 (48.19)	2:48.78 (22.89)	3:14.28 (48.39)	
B - Final				
9 De La Salle High School		3:17.78	3:15.81	18
1) O'Connell, Evan So	2) Mercer, Tanner Sr	3) Simmons, Jackson Sr	4) Connolly, Kevin Sr	
23.45	48.88 (48.88)	1:11.59 (22.71)	1:36.98 (48.10)	
2:00.26 (23.28)	2:26.97 (49.99)	2:49.61 (22.64)	3:15.81 (48.84)	
10 Northgate		3:16.89	3:16.69	14
1) Davies, Thomas Sr	2) Blankley, Mark Jr	3) Sanchez, Cole Jr	4) Welsh, Kai Jr	
24.04	50.00 (50.00)	1:05.07 (15.07)	1:40.27 (50.27)	
2:02.82 (22.55)	2:29.20 (48.93)	2:51.41 (22.21)	3:16.69 (47.49)	

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****B - Final ... (Event 24 Boys 400 Yard Freestyle Relay)**

Team	Relay	Prelim Time	Finals Time	Points
11 Las Lomas		3:17.95	3:17.50	12
1) Alvarado, Jake Jr	2) Conrad, Elijah SO	3) Matthews, Ian JR	4) Horrigan, Graham Jr	
24.15	49.53 (49.53)	1:13.03 (23.50)	1:39.60 (50.07)	
2:03.30 (23.70)	2:29.22 (49.62)	2:52.31 (23.09)	3:17.50 (48.28)	
12 Mission San Jose		3:18.61	3:18.51	10
1) Liu, Brian Jr	2) Lam, Kelvin SR	3) Chen, Hanlin Jr	4) Wu, Jasper Sr	
24.37	50.72 (50.72)	1:14.78 (24.06)	1:42.14 (51.42)	
2:05.83 (23.69)	2:31.57 (49.43)	2:54.08 (22.51)	3:18.51 (46.94)	
13 Liberty		3:18.61	3:19.51	8
1) Webb, Christian Sr	2) Lyman, Mason SO	3) Jessen, Russell So	4) Oquendo, Dylan So	
24.11	50.63 (50.63)	1:14.08 (23.45)	1:41.01 (50.38)	
2:04.41 (23.40)	2:30.70 (49.69)	2:54.07 (23.37)	3:19.51 (48.81)	
14 Head-Royce		3:18.88	3:19.80	6
1) Evans, Jalen So	2) Tam, Chris So	3) Soltz, Josh SR	4) Masson, Jackson Sr	
23.80	49.63 (49.63)	1:13.60 (23.97)	1:39.31 (49.68)	
2:02.96 (23.65)	2:29.49 (50.18)	2:52.78 (23.29)	3:19.80 (50.31)	
15 California		3:19.48	3:19.98	4
1) Smith, Dillon So	2) Tan, Jonathan Sr	3) Garcia, Koen Jr	4) Dalal, Dylan Jr	
24.21	49.89 (49.89)	1:12.69 (22.80)	1:37.57 (47.68)	
2:01.16 (23.59)	2:27.18 (49.61)	2:52.20 (25.02)	3:19.98 (52.80)	

Event 24 Boys 400 Yard Freestyle Relay

National HS:	2:53.81	U 2018	North Allegheny (PA)	North Allegheny
			Gonzalez, Zhang, Wright, Mihm	
NCS Meet:	2:59.00	N 2014	Granada	Granada
			M Rooney, B McLaggan, T Trump, N Silverthorn	
	3:06.24	AA-A All America Auto.		
	3:08.93	AA-C All America Cons.		
	3:09.08	CIFA CIF Automatic		
	3:13.99	CIFB CIF Consideration		

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 San Ramon Valley			3:05.28 AA-A
1) Watson, Grant So	2) Wilkerson, Jack Sr	3) Dempster, Allen Jr	4) Wight, Gavin Jr
22.97	48.05 (48.05)	1:09.98 (21.93)	1:34.50 (46.45)
1:56.34 (21.84)	2:20.33 (45.83)	2:41.73 (21.40)	3:05.28 (44.95)
2 Campolindo			3:06.63 AA-C
1) Le-Nguyen, Zach So	2) Vollmar, Aidan Jr	3) Lenahan, Ryan Jr	4) Percin, Sean Sr
23.15	46.87 (46.87)	1:09.60 (22.73)	1:33.63 (46.76)
1:56.66 (23.03)	2:20.99 (47.36)	2:43.63 (22.64)	3:06.63 (45.64)
3 Clayton Valley Charter			3:07.59 AA-C
1) Brown, Cal Sr	2) Weigelt, Niklas Sr	3) Vizental, Anthony Sr	4) Parker, John Jr
22.89	46.94 (46.94)	1:08.93 (21.99)	1:33.10 (46.16)
1:49.07 (15.97)	2:20.36 (47.26)	2:42.77 (22.41)	3:07.59 (47.23)
4 Foothill			3:08.87 AA-C
1) Cooper, Jonah Sr	2) Ren, Alex Jr	3) Skinner, Nicholas Sr	4) David, Calvin Sr
23.47	47.69 (47.69)	1:10.68 (22.99)	1:35.63 (47.94)
1:58.69 (23.06)	2:23.57 (47.94)	2:45.24 (21.67)	3:08.87 (45.30)
5 Dougherty Valley			3:10.78 CIFB
1) Blanco, Mattias Sr	2) Park, Ryan Jr	3) Poon, Austin So	4) Huey, Bryson So
22.85	47.38 (47.38)	1:10.36 (22.98)	1:35.48 (48.10)
1:58.32 (22.84)	2:23.44 (47.96)	2:45.63 (22.19)	3:10.78 (47.34)

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****Preliminaries ... (Event 24 Boys 400 Yard Freestyle Relay)**

Team	Relay			Seed Time	Prelim Time
6 Redwood					3:12.50 CIFB
1) Scruton, Matthew Sr	2) Finnegan, Jack Jr	3) Harlow, Henry So	4) Collins, Leo Sr		
22.79	46.56 (46.56)	1:09.64 (23.08)	1:34.85 (48.29)		
1:58.42 (23.57)	2:24.57 (49.72)	2:47.53 (22.96)	3:12.50 (47.93)		
7 Dublin					3:12.56 CIFB
1) Fitzpatrick, Franklin Sr	2) Tsai, Justin Jr	3) Guidi, Christopher Jr	4) Smith, Sam Sr		
22.89	46.61 (46.61)	1:09.76 (23.15)	1:35.46 (48.85)		
1:59.16 (23.70)	2:24.80 (49.34)	2:47.86 (23.06)	3:12.56 (47.76)		
8 Sir Francis Drake					3:12.91 CIFB
1) Mason, Jackson Sr	2) Christie, Ian Sr	3) Heilemann, Robert So	4) Anderson, Logan Sr		
22.57	46.51 (46.51)	1:10.22 (23.71)	1:36.50 (49.99)		
1:59.60 (23.10)	2:25.24 (48.74)	2:48.07 (22.83)	3:12.91 (47.67)		
9 Monte Vista					3:13.79 CIFB
1) Kim, Jaewoo So	2) Hartman, Zachery So	3) Mullen, Jack Sr	4) Indart, CJ So		
23.95	49.55 (49.55)	1:11.87 (22.32)	1:36.65 (47.10)		
2:00.06 (23.41)	2:25.35 (48.70)	2:48.78 (23.43)	3:13.79 (48.44)		
10 Miramonte					3:14.69
1) Barber, Will Sr	2) Strand, Campbell Sr	3) Hoover, Blake Jr	4) Hoover, Brady Jr		
23.20	48.05 (48.05)	1:11.26 (23.21)	1:37.19 (49.14)		
2:00.35 (23.16)	2:25.66 (48.47)	2:49.34 (23.68)	3:14.69 (49.03)		
11 Northgate					3:16.89
1) Davies, Thomas Sr	2) Blankley, Mark Jr	3) Sanchez, Cole Jr	4) Welsh, Kai Jr		
23.99	49.67 (49.67)	1:13.13 (23.46)	1:40.18 (50.51)		
2:02.73 (22.55)	2:29.22 (49.04)	2:51.26 (22.04)	3:16.89 (47.67)		
12 De La Salle High School					3:17.78
1) O'Connell, Evan So	2) Mercer, Tanner Sr	3) Simmons, Jackson Sr	4) Anthony, Ryan SO		
23.33	48.86 (48.86)	1:11.92 (23.06)	1:37.63 (48.77)		
2:00.73 (23.10)	2:27.60 (49.97)	2:51.16 (23.56)	3:17.78 (50.18)		
13 Las Lomas					3:17.95
1) Horrigan, Graham Jr	2) Alvarado, Jake Jr	3) Conrad, Elijah SO	4) Matthews, ian JR		
23.56	48.84 (48.84)	1:12.55 (23.71)	1:37.85 (49.01)		
2:01.08 (23.23)	2:28.30 (50.45)	2:51.71 (23.41)	3:17.95 (49.65)		
*14 Liberty					3:18.61
1) Webb, Christian Sr	2) Lyman, Mason SO	3) Jessen, Russell So	4) Oquendo, Dylan So		
23.79	50.22 (50.22)	1:13.98 (23.76)	1:40.71 (50.49)		
2:03.54 (22.83)	2:29.94 (49.23)	2:53.38 (23.44)	3:18.61 (48.67)		
*14 Mission San Jose					3:18.61
1) Liu, Brian Jr	2) Lam, Kelvin SR	3) Chen, Hanlin Jr	4) Wu, Jasper Sr		
24.41	50.61 (50.61)	1:14.98 (24.37)	1:41.97 (51.36)		
2:05.92 (23.95)	2:31.89 (49.92)	2:53.86 (21.97)	3:18.61 (46.72)		
16 Head-Royce					3:18.88
1) Masson, Jackson Sr	2) Tam, Chris So	3) Soltz, Josh SR	4) Evans, Jalen So		
23.67	49.91 (49.91)	1:14.21 (24.30)	1:40.04 (50.13)		
2:03.83 (23.79)	2:30.21 (50.17)	2:53.35 (23.14)	3:18.88 (48.67)		
17 California					3:19.48
1) Tan, Jonathan Sr	2) Smith, Dillon So	3) Garcia, Koen Jr	4) Rettig, Samuel Sr		
23.50	48.21 (48.21)	1:12.58 (24.37)	1:38.31 (50.10)		
2:02.30 (23.99)	2:28.77 (50.46)	2:52.57 (23.80)	3:19.48 (50.71)		
18 Santa Rosa					3:19.50
1) Wong, Justin So	2) Martinez, Dante SR	3) Owens, Max SR	4) Mertz, David Sr		
22.79	47.44 (47.44)	1:11.91 (24.47)	1:39.40 (51.96)		
2:05.01 (25.61)	2:32.51 (53.11)	2:55.10 (22.59)	3:19.50 (46.99)		

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****Event 25 Girls 50 Yard Paralympic**

NCS Meet: 1:02.08 N 2018 Anaiss Arreola
 23.23 AA-A All America Auto.
 23.58 AA-C All America Cons.
 23.83 CIFA CIF Automatic
 24.36 CIFB CIF Consideration

Moreau Catholic

	Name	Yr	School	Finals Time	Points
1	Arreola, Anaiss	So	Moreau Catholic	58.73 N	20

Event 26 Boys 50 Yard Paralympic

NCS Meet: 25.73 N 2018 Ethan Coats
 20.60 AA-A All America Auto.
 20.96 AA-C All America Cons.
 21.17 CIFA CIF Automatic
 21.79 CIFB CIF Consideration

Liberty

	Name	Yr	School	Finals Time	Points
1	Lafort, Jalon	Sr	Heritage	24.64 N	20
2	Coats, Ethan	So	Liberty	25.33 N	17
3	Dove, David	So	Liberty	26.00	16
4	Amar, Jason	SO	Heritage	32.49	15
5	Caballero, Daniel	SO	San Rafael	50.51	14
6	Zembsch, Jack	JR	Campolindo	2:15.23	13

Event 27 Girls 100 Yard Paralympic

NCS Meet: 2:11.01 N 2017 Shannon Dugdale
 50.29 AA-A All America Auto.
 51.13 AA-C All America Cons.
 51.73 CIFA CIF Automatic
 53.11 CIFB CIF Consideration

Novato

	Name	Yr	School	Finals Time	Points
1	Arreola, Anaiss	So	Moreau Catholic	2:13.54	20
	59.84		2:13.54 (1:13.70)		

Event 28 Boys 100 Yard Paralympic

NCS Meet: 57.61 N 2018 Jalon Lafort
 44.99 AA-A All America Auto.
 45.78 AA-C All America Cons.
 46.40 CIFA CIF Automatic
 47.49 CIFB CIF Consideration

Heritage

	Name	Yr	School	Finals Time	Points
1	Coats, Ethan	So	Liberty	58.00	20
	27.48		58.00 (30.52)		
2	Dove, David	So	Liberty	58.55	17
	27.11		58.55 (31.44)		
3	Lafort, Jalon	Sr	Heritage	1:06.15	16
	27.88		1:06.15 (38.27)		
4	Amar, Jason	SO	Heritage	1:10.47	15
	32.81		1:10.47 (37.66)		
5	Zembsch, Jack	JR	Campolindo	4:18.09	14

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****Event 105 Girls 200 Yard Freestyle Swim-off****1:48.80 AA-A All America Auto.****1:50.65 AA-C All America Cons.****1:51.99 CIFA CIF Automatic****1:55.02 CIFB CIF Consideration**

Name	Yr	School	Finals Time	Points
- Swim-off				
1 Stiles, Nicole	Jr	Dougherty Valley	1:54.46	CIFB
26.94	55.95 (29.01)	1:25.40 (29.45)	1:54.46 (29.06)	
2 Wong, Gwyneth	Jr	Foothill	1:54.73	CIFB
26.72	55.33 (28.61)	1:24.90 (29.57)	1:54.73 (29.83)	

Event 110 Boys 50 Yard Freestyle Swim-off**20.60 AA-A All America Auto.****20.96 AA-C All America Cons.****21.17 CIFA CIF Automatic****21.79 CIFB CIF Consideration**

Name	Yr	School	Finals Time	Points
- Swim-off				
1 Ledesma, Zach	Sr	Northgate	21.50	CIFB
2 Dicks, Ryan	Jr	De La Salle High School	21.78	CIFB

Event 112 Boys 100 Yard Butterfly Swim-off**48.96 AA-A All America Auto.****50.03 AA-C All America Cons.****50.11 CIFA CIF Automatic****51.52 CIFB CIF Consideration**

Name	Yr	School	Finals Time	Points
- Swim-off				
1 Masongsong, Devin	Jr	College Park	51.43	CIFB
24.66	51.43 (26.77)			
2 Dasari, Chaitha	Sr	Dougherty Valley	51.82	
24.53	51.82 (27.29)			

Scores - Women**Women - Team Rankings - Through Event 124**

1. Monte Vista	275	2. Campolindo	248.5
3. Carondelet	166	4. Miramonte	162
5. Granada	149	6. San Ramon Valley	139
7. California	137	8. Redwood	133
9. Acalanes	131	10. Northgate	121.5
11. Castro Valley	68	12. Terra Linda	60
13. Las Lomas	48	14. Tamalpais	45
15. Dublin	44	16. Foothill	43
17. Moreau Catholic	40	18. Berkeley	37
19. Benicia	34	20. San Rafael	31.5
21. Quarry Lane	31	22. Amador Valley	27
23. Washington	22	24. Montgomery High School	21
25. College Preparatory	20	26. Dougherty Valley	19.5
27. Bay School of San Francisco	19	28. Novato	18
29. Vintage	14	30. San Francisco University High	9
30. Branson	9	32. Heritage	8

2019 NCS Swimming & Diving Championship Meet - 5/2/2019 to 5/4/2019**Results****(Scores - Women)**

32. Lick-Wilmerding	8	34. Antioch	5
34. Deer Valley High School	5	36. Alameda	4
37. Santa Rosa	3	37. Marin Academy	3
37. College Park	3	40. Clayton Valley Charter	2
41. Marin Catholic	1	41. San Domenico	1

Scores - Men**Men - Team Rankings - Through Event 124**

1. Campolindo	375	2. San Ramon Valley	302
3. Foothill	189	4. Northgate	144
5. Granada	132	6. Clayton Valley Charter	126
7. De La Salle High School	125	8. Dougherty Valley	119
9. Monte Vista	104	10. Liberty	78
11. Novato	75	12. Redwood	69
13. Dublin	66.5	14. Heritage	66
15. Terra Linda	57	16. Sir Francis Drake	50
17. Santa Rosa	41	17. Las Lomas	41
19. Branson	40	20. Amador Valley	39
21. Quarry Lane	33	22. Mission San Jose	27
23. Miramonte	24	24. Windsor High School	20
25. California	19	26. St. Vincent de Paul High School	15
27. Head-Royce	14	27. San Rafael	14
29. Moreau Catholic	13	30. Encinal	12
31. Berkeley	11	32. Irvington	10
32. Arcata	10	34. Albany	7
35. San Marin	6	35. Justin-Siena	6
37. Casa Grande	4	37. Castro Valley	4
39. Hercules	3	40. Deer Valley High School	2
40. Benicia	2	40. Tamalpais	2
43. Newark Memorial	1.5		