

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results - Finals****Event 3 Girls 200 Yard Medley Relay****National HS: 1:38.13 U 2018****Fossil Ridge (CO)****Fossil Ridge (CO)****NCS Meet: 1:40.73 N 2011****Stewart, Bartel, Gillilan, Alons****Carondelet****Carondelet****M. White, A. Gargalikis, C. Ray, C. Chenault****1:44.25 AA-A All America Auto.****1:46.16 AA-C All America Cons.****1:47.23 CIFA CIF Automatic****1:51.99 CIFC CIF Consideration**

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
1 Campolindo		1:45.41	1:41.38 AA-A	40
1) Adriana Smith JR	2) Emilia Barck JR	3) Jasmine Fok JR	4) Madison Blackwell JR	
24.99	53.85 (28.86)	1:18.41 (24.56)	1:41.38 (22.97)	
2 Carondelet		1:46.19	1:42.43 AA-A	34
1) Madison O'Connell JR	2) Stephanie Iannaccone SR	3) Bailey Hartman JR	4) Airi Seib SR	
26.04	54.87 (28.83)	1:18.94 (24.07)	1:42.43 (23.49)	
3 Monte Vista		1:45.49	1:42.77 AA-A	32
1) Emily Scheberies SR	2) Pooja Hemige SR	3) Layla Busquets SR	4) Gretta Callison SR	
25.57	54.80 (29.23)	1:20.08 (25.28)	1:42.77 (22.69)	
4 San Ramon Valley		1:45.86	1:42.90 AA-A	30
1) Miranda Stevenson JR	2) Raya Mellott SO	3) Kayla Gregory SR	4) Alexis Parkinson FR	
26.45	54.00 (27.55)	1:19.45 (25.45)	1:42.90 (23.45)	
5 Redwood		1:48.40	1:48.01 CIFC	28
1) Adeline Turner SR	2) Mia Solomon SR	3) Kallen Wank SR	4) Amelia Loiacono JR	
28.41	57.54 (29.13)	1:23.17 (25.63)	1:48.01 (24.84)	
6 Foothill		1:48.46	1:48.04 CIFC	26
1) Kristin Der JR	2) Breuklynn Harris SR	3) Chloe Xu JR	4) Elizabeth Williams SR	
27.14	57.62 (30.48)	1:23.28 (25.66)	1:48.04 (24.76)	
7 Washington		1:50.24	1:49.53 CIFC	24
1) Medha Raghuraman SR	2) Emma Gyorkos SO	3) Maddy Stewart SR	4) Tran Doan SO	
27.74	57.74 (30.00)	1:24.93 (27.19)	1:49.53 (24.60)	
8 College Preparatory		1:49.93	1:49.93 CIFC	22
1) Natalie Mak SO	2) Paige Arnold SR	3) Mollie Appl JR	4) Olivia Harris SR	
26.24	57.01 (30.77)	1:22.97 (25.96)	1:49.93 (26.96)	
B - Final				
9 Amador Valley		1:51.89	1:49.23 CIFC	18
1) Rylee Hutchinson FR	2) Elayna Ling SO	3) Lilli Chau SR	4) Florence Lin SR	
27.79	58.58 (30.79)	1:24.76 (26.18)	1:49.23 (24.47)	
10 California		1:52.03	1:50.79 CIFC	14
1) Sophia Pedersoli SR	2) Sisi Trento	3) Charlotte Sevin SR	4) Samantha Gee JR	
27.62	1:00.56 (32.94)	1:25.83 (25.27)	1:50.79 (24.96)	
11 Dougherty Valley		1:51.12	1:52.19	12
1) Katelyn Roncal SO	2) Kobi Wong SO	3) Grace Li JR	4) Michelle Nguyen SR	
27.75	59.84 (32.09)	1:26.50 (26.66)	1:52.19 (25.69)	
12 Granada		1:52.11	1:52.33	10
1) Brooke Bennett FR	2) Saveta Holunga SO	3) Maggie Robinson SR	4) Megan Lemler FR	
27.67	59.84 (32.17)	1:26.85 (27.01)	1:52.33 (25.48)	
13 Marin Catholic		1:50.93	1:52.35	8
1) Holly Tarantino SR	2) Esme Quay FR	3) Alyssa Kooy JR	4) Bella Kiriakis SR	
27.37	59.13 (31.76)	1:26.34 (27.21)	1:52.35 (26.01)	
14 Heritage		1:52.51	1:52.64	6
1) Andrea Chang FR	2) Sydney Flanery SR	3) Natalia Avalos Paz JR	4) Megan Ogden SO	
28.17	1:00.17 (32.00)	1:27.77 (27.60)	1:52.64 (24.87)	

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results - Finals****B - Final ... (Event 3 Girls 200 Yard Medley Relay)**

	Team	Relay	Prelim Time	Finals Time	Points
15	Clayton Valley Charter		1:52.62	1:52.75	4
	1) Haylee Wong FR	2) Maya Canada SO	3) Abigail Adent FR	4) Madison Bautista FR	
	29.19	1:00.60 (31.41)	1:28.84 (28.24)	1:52.75 (23.91)	
16	Maria Carrillo		1:52.32	1:53.25	2
	1) Chloe Morelle FR	2) Lutece Morelle FR	3) Kennedy Lee SO	4) Jasmine Arroyo JR	
	29.22	1:02.18 (32.96)	1:28.31 (26.13)	1:53.25 (24.94)	

Event 4 Boys 200 Yard Medley Relay

National HS:	1:26.88	U	2022	Carmel (IN)	Carmel (IN)
				Sullivan, Malicki, Shackell, Holmes	
NCS Meet:	1:30.26	N	2015	Northgate	Northgate
				C. Kirkpatrick, S. Wu, M. Tittle, M. Bottene	
	1:32.90	AA-A	All America Auto.		
	1:34.48	AA-C	All America Cons.		
	1:34.76	CIFA	CIF Automatic		
	1:37.99	CIFC	CIF Consideration		

	Team	Relay	Prelim Time	Finals Time	Points
A - Final					
1	De La Salle		1:33.89	1:32.02 AA-A	40
	1) Scott Iannaccone SR	2) Tyler Laymon SR	3) Conor Halley-McCarty JR	4) Zach Elian SR	
	23.19	49.59 (26.40)	1:11.89 (22.30)	1:32.02 (20.13)	
2	American		1:34.38	1:33.27 AA-C	34
	1) Ryin Ruaboro JR	2) Donovan Tse JR	3) Edward Huang JR	4) Ray Cillo SR	
	24.15	50.44 (26.29)	1:11.99 (21.55)	1:33.27 (21.28)	
3	Northgate		1:35.57	1:33.80 AA-C	32
	1) Scott McMillan JR	2) Marcus Manuel SO	3) Jacob Mohrland SR	4) Kyle Kengla SO	
	23.92	50.61 (26.69)	1:12.96 (22.35)	1:33.80 (20.84)	
4	San Ramon Valley		1:34.92	1:34.71 CIFA	30
	1) Riley Coleman SR	2) Sam Seybold JR	3) Kushawn Harandi SO	4) Sawyer Jones JR	
	23.59	50.46 (26.87)	1:13.62 (23.16)	1:34.71 (21.09)	
5	Campolindo		1:36.25	1:35.61 CIFC	28
	1) Nathan Levy SR	2) Parker Smith JR	3) Reid Lalli JR	4) Grant Roesch SR	
	23.98	50.61 (26.63)	1:14.06 (23.45)	1:35.61 (21.55)	
6	Granada		1:36.73	1:35.80 CIFC	26
	1) Jack Hendrick SR	2) Sebastian Santiago FR	3) Tyler Ortiz FR	4) Jack Davis SR	
	23.60	51.12 (27.52)	1:14.32 (23.20)	1:35.80 (21.48)	
7	California		1:36.01	1:35.82 CIFC	24
	1) Alex DeWeese SR	2) Jax Milasincic JR	3) Ethan Suehiro	4) Owen Berry SR	
	25.78	52.07 (26.29)	1:14.73 (22.66)	1:35.82 (21.09)	
---	Monte Vista		1:35.10	DQ	
	1) Nick VonderAhe SR	2) Sammy Kan JR	3) Brady Lind SR	4) Ian Palmer SR	
	24.49	50.96 (26.47)	1:13.52 (22.56)	DQ (20.69)	

B - Final

9	Tamalpais		1:37.21	1:37.53 CIFC	18
	1) Marre Gattnar SR	2) Frederick Goldstein SR	3) Cole Stanford SR	4) Dean Gustavson JR	
	23.20	51.51 (28.31)	1:15.92 (24.41)	1:37.53 (21.61)	
10	Las Lomas		1:37.55	1:38.31	14
	1) Jon Mendelssohn SO	2) Will Brown JR	3) Ian Bellanca JR	4) Brett Nelson JR	
	24.61	52.47 (27.86)	1:16.47 (24.00)	1:38.31 (21.84)	
11	Dougherty Valley		1:37.54	1:38.54	12
	1) Darrell Liu SR	2) William Ruy SR	3) Songpu Wu FR	4) Ethan Wang SR	
	25.26	53.11 (27.85)	1:16.63 (23.52)	1:38.54 (21.91)	

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results - Finals****B - Final ... (Event 4 Boys 200 Yard Medley Relay)**

	Team	Relay	Prelim Time	Finals Time	Points
12	Foothill		1:38.91	1:38.81	10
	1) Connor Kann JR	2) Yassin Dwidar SR	3) Phil Lin SO	4) Liam Alexander SO	
	25.57	53.05 (27.48)	1:16.59 (23.54)	1:38.81 (22.22)	
13	Miramonte		1:38.39	1:38.90	8
	1) Lucas Washburn JR	2) Luke Lewis SR	3) Ryan Kaelle SR	4) Grant Kurtz JR	
	25.87	53.31 (27.44)	1:17.02 (23.71)	1:38.90 (21.88)	
14	Castro Valley		1:39.01	1:39.49	6
	1) Simon Li SO	2) Nathan Nguyen SO	3) Gavin Willits SR	4) Nathan Arakawa SR	
	24.70	53.82 (29.12)	1:17.41 (23.59)	1:39.49 (22.08)	
15	Amador Valley		1:37.72	1:40.55	4
	1) Hayden Tupper SR	2) Oryan Liu FR	3) Devyn Caples JR	4) Andrew Xiao SR	
	24.31	52.67 (28.36)	1:16.14 (23.47)	1:40.55 (24.41)	
16	College Park		1:39.49	1:41.47	2
	1) James Mariolle JR	2) Nic Austen FR	3) Nate Wendling SR	4) Zac Gartner JR	
	27.32	55.64 (28.32)	1:20.11 (24.47)	1:41.47 (21.36)	

Event 5 Girls 200 Yard Freestyle

National HS: 1:41.55 U 2015 **Kathleen Ledecky**
NCS Meet: 1:44.45 N 2013 **Chelsea Chenault**
 1:48.76 AA-A All America Auto.
 1:50.56 AA-C All America Cons.
 1:51.23 CIFA CIF Automatic
 1:54.99 CIFC CIF Consideration

Stone Ridge (MD)
Carondelet

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Lila Heffernan	JR	Justin-Siena	1:49.20	1:48.58 AA-A	20
	24.74	52.03 (27.29)	1:19.89 (27.86)	1:48.58 (28.69)		
2	Kaitlin Lee	JR	Dublin	1:50.29	1:50.65 CIFA	17
	25.42	52.89 (27.47)	1:21.47 (28.58)	1:50.65 (29.18)		
3	Rylee Hutchinson	FR	Amador Valley	1:52.13	1:51.41 CIFC	16
	26.32	54.86 (28.54)	1:23.51 (28.65)	1:51.41 (27.90)		
4	Lily Struempf	JR	Northgate	1:52.69	1:52.19 CIFC	15
	26.41	54.84 (28.43)	1:23.59 (28.75)	1:52.19 (28.60)		
5	Elisabeth Butler	SO	Carondelet	1:51.98	1:52.97 CIFC	14
	25.64	53.15 (27.51)	1:22.14 (28.99)	1:52.97 (30.83)		
6	Sadie Suppiger	SO	Acalanes	1:52.47	1:53.79 CIFC	13
	26.13	54.29 (28.16)	1:23.58 (29.29)	1:53.79 (30.21)		
7	Claudia Dumais	SR	Carondelet	1:55.35	1:55.49	12
	26.86	55.97 (29.11)	1:25.63 (29.66)	1:55.49 (29.86)		
8	Zoe Venetta	FR	Monte Vista	1:56.34	1:56.19	11
	27.04	55.99 (28.95)	1:26.06 (30.07)	1:56.19 (30.13)		
B - Final						
9	Carlee Davis	FR	Las Lomas	1:57.13	1:57.60	9
	27.28	56.82 (29.54)	1:27.25 (30.43)	1:57.60 (30.35)		
10	Ava Tseng	JR	San Ramon Valley	1:57.27	1:57.68	7
	28.10	57.73 (29.63)	1:27.46 (29.73)	1:57.68 (30.22)		
11	Natalia Avalos Paz	JR	Heritage	1:58.59	1:58.38	6
	27.24	56.79 (29.55)	1:27.46 (30.67)	1:58.38 (30.92)		
12	Estelle Engelskirchen	SR	San Rafael	1:58.35	1:58.60	5
	28.12	58.02 (29.90)	1:28.68 (30.66)	1:58.60 (29.92)		
13	Josie Haast	FR	Carondelet	1:57.33	1:58.69	4
	27.62	57.22 (29.60)	1:27.90 (30.68)	1:58.69 (30.79)		
14	Madelynn Gomez	JR	Carondelet	1:56.85	1:58.79	3
	27.29	57.16 (29.87)	1:27.93 (30.77)	1:58.79 (30.86)		

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results - Finals****B - Final ... (Event 5 Girls 200 Yard Freestyle)**

	Name	Yr	School	Prelim Time	Finals Time	Points
15	Lucia Martin Del Campo	JR	College Preparatory	1:58.66	1:58.99	2
	27.66	57.96 (30.30)	1:28.99 (31.03)	1:58.99 (30.00)		
16	Taylor Rolefson	SO	Piedmont	1:58.03	1:59.67	1
	27.01	57.13 (30.12)	1:13.15 (16.02)	1:59.67 (46.52)		

Event 6 Boys 200 Yard Freestyle

National HS:	1:32.85	U	2023	Aaron Shackell	Carmel (IN)
NCS Meet:	1:33.70	N	2016	M. Rooney 16, A Sancov 18	Granada, Northga
	1:38.42	AA-A All America Auto.			
	1:40.06	AA-C All America Cons.			
	1:40.11	CIFA CIF Automatic			
	1:42.99	CIFC CIF Consideration			

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Owen Berry	SR	California	1:38.76	1:37.46	AA-A 20
	22.96	47.54 (24.58)	1:12.63 (25.09)	1:37.46 (24.83)		
2	Mason Wendler	JR	Northgate	1:38.25	1:38.71	AA-C 17
	23.33	48.50 (25.17)	1:13.52 (25.02)	1:38.71 (25.19)		
3	Hayden Tupper	SR	Amador Valley	1:39.98	1:39.71	AA-C 16
	23.64	48.67 (25.03)	1:14.12 (25.45)	1:39.71 (25.59)		
4	Bryden Thielenhaus	JR	Novato	1:40.70	1:39.77	AA-C 15
	23.34	48.41 (25.07)	1:13.79 (25.38)	1:39.77 (25.98)		
5	Jack Hendrick	SR	Granada	1:41.64	1:40.12	CIFC 14
	23.56	48.81 (25.25)	1:14.19 (25.38)	1:40.12 (25.93)		
6	Ethan Wang	SR	Dougherty Valley	1:41.49	1:41.12	CIFC 13
	23.52	48.88 (25.36)	1:14.96 (26.08)	1:41.12 (26.16)		
7	Jed Johnson	SO	De La Salle	1:41.92	1:41.24	CIFC 12
	23.78	49.55 (25.77)	1:15.52 (25.97)	1:41.24 (25.72)		
8	Parker Etnyre	JR	Acalanes	1:41.20	1:41.51	CIFC 11
	23.43	49.02 (25.59)	1:14.98 (25.96)	1:41.51 (26.53)		
B - Final						
9	Finn Brophy	JR	Maria Carrillo	1:42.46	1:42.11	CIFC 9
	23.17	49.05 (25.88)	1:15.62 (26.57)	1:42.11 (26.49)		
10	Tyler Ortiz	FR	Granada	1:42.27	1:42.33	CIFC 7
	23.69	49.18 (25.49)	1:15.79 (26.61)	1:42.33 (26.54)		
11	Nicholas Scruton	SR	Redwood	1:43.33	1:42.97	CIFC 6
	24.43	50.16 (25.73)	1:16.46 (26.30)	1:42.97 (26.51)		
12	Logan Gunn	JR	Miramonte	1:43.71	1:43.75	5
	23.89	50.03 (26.14)	1:16.60 (26.57)	1:43.75 (27.15)		
13	David Skov	SO	De La Salle	1:44.69	1:43.96	4
	24.37	50.33 (25.96)	1:17.12 (26.79)	1:43.96 (26.84)		
14	Connor Kann	JR	Foothill	1:44.78	1:45.04	3
	24.55	51.00 (26.45)	1:17.86 (26.86)	1:45.04 (27.18)		
15	Eason Feng	FR	Campolindo	1:45.67	1:45.85	2
	24.98	51.68 (26.70)	1:18.70 (27.02)	1:45.85 (27.15)		
16	Nick Woolery	SO	Heritage	1:45.22	1:47.06	1
	24.56	51.25 (26.69)	1:18.79 (27.54)	1:47.06 (28.27)		

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results - Finals****Event 7 Girls 200 Yard IM**

National HS: 1:53.73 U 2021 **Victoria Huske**
NCS Meet: 1:55.76 N 2019 **Zoie Hartman**
 2:01.46 AA-A All America Auto.
 2:03.55 AA-C All America Cons.
 2:04.23 CIFA CIF Automatic
 2:07.99 CIFC CIF Consideration

Arlington (VA)
Monte Vista

	Name		Yr	School	Prelim Time	Finals Time	Points
A - Final							
1	Emilia Barck		JR	Campolindo	2:01.36	2:00.77 AA-A	20
	26.76	56.64 (29.88)		1:32.78 (36.14)	2:00.77 (27.99)		
2	Stephanie Iannaccone		SR	Carondelet	2:02.90	2:00.97 AA-A	17
	26.44	57.27 (30.83)		1:31.81 (34.54)	2:00.97 (29.16)		
3	Brooke Bennett		FR	Granada	2:04.73	2:04.18 CIFA	16
	27.80	59.19 (31.39)		1:34.93 (35.74)	2:04.18 (29.25)		
4	Natalie Mak		SO	College Preparatory	2:05.33	2:05.51 CIFC	15
	26.88	58.63 (31.75)		1:35.74 (37.11)	2:05.51 (29.77)		
5	Jasmine Fok		JR	Campolindo	2:07.24	2:06.65 CIFC	14
	27.20	58.29 (31.09)		1:36.55 (38.26)	2:06.65 (30.10)		
6	Aria Capelli		JR	Athenian	2:06.50	2:07.12 CIFC	13
	28.02	59.79 (31.77)		1:36.86 (37.07)	2:07.12 (30.26)		
7	Ashlyn Widmer		SR	San Ramon Valley	2:07.58	2:07.14 CIFC	12
	27.67	59.40 (31.73)		1:36.68 (37.28)	2:07.14 (30.46)		
8	Paige Arnold		SR	College Preparatory	2:07.76	2:07.60 CIFC	11
	27.35	59.12 (31.77)		1:37.36 (38.24)	2:07.60 (30.24)		
B - Final							
9	Meghan Ly		JR	Mission San Jose	2:08.68	2:05.66 CIFC	9
	28.10	59.88 (31.78)		1:35.63 (35.75)	2:05.66 (30.03)		
10	Siena Santos		FR	Carondelet	2:07.98	2:07.48 CIFC	7
	28.11	59.57 (31.46)		1:37.70 (38.13)	2:07.48 (29.78)		
11	Holly Tarantino		SR	Marin Catholic	2:08.36	2:07.84 CIFC	6
	27.85	59.25 (31.40)		1:36.60 (37.35)	2:07.84 (31.24)		
12	Lilli Chau		SR	Amador Valley	2:11.37	2:08.55	5
	28.09	1:00.33 (32.24)		1:38.84 (38.51)	2:08.55 (29.71)		
13	Breuklynn Harris		SR	Foothill	2:09.55	2:09.16	4
	28.17	1:02.70 (34.53)		1:39.16 (36.46)	2:09.16 (30.00)		
14	Florence Lin		SR	Amador Valley	2:08.95	2:09.55	3
	28.12	1:00.34 (32.22)		1:39.64 (39.30)	2:09.55 (29.91)		
15	Lillyana Caples		FR	Amador Valley	2:08.78	2:10.05	2
	28.48	1:02.55 (34.07)		1:39.94 (37.39)	2:10.05 (30.11)		
16	Madi West		SR	Analy	2:10.34	2:10.94	1
	28.42	1:01.87 (33.45)		1:38.21 (36.34)	2:10.94 (32.73)		

Event 8 Boys 200 Yard IM

National HS: 1:41.39 U 2011 **David Nolan**
NCS Meet: 1:45.51 N 2018 **Chris Jhong**
 1:49.41 AA-A All America Auto.
 1:51.52 AA-C All America Cons.
 1:51.91 CIFA CIF Automatic
 1:54.99 CIFC CIF Consideration

Hershey (PA)
Amador Valley

	Name		Yr	School	Prelim Time	Finals Time	Points
A - Final							
1	Songrui Wu		FR	Dougherty Valley	1:50.32	1:47.93 AA-A	20
	23.01	49.70 (26.69)		1:22.25 (32.55)	1:47.93 (25.68)		

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results - Finals****A - Final ... (Event 8 Boys 200 Yard IM)**

	Name	Yr	School	Prelim Time	Finals Time	Points
2	Devyn Caples	JR	Amador Valley	1:51.48	1:49.89	AA-C 17
	23.74	51.75 (28.01)	1:23.61 (31.86)	1:49.89 (26.28)		
3	Nathan Levy	SR	Campolindo	1:53.08	1:52.54	CIFC 16
	24.43	52.68 (28.25)	1:25.09 (32.41)	1:52.54 (27.45)		
4	Ryin Ruaboro	JR	American	1:53.64	1:53.43	CIFC 15
	25.17	53.53 (28.36)	1:26.41 (32.88)	1:53.43 (27.02)		
5	Scott Iannaccone	SR	De La Salle	1:53.70	1:53.86	CIFC 14
	24.55	52.09 (27.54)	1:27.08 (34.99)	1:53.86 (26.78)		
6	Sam Seybold	JR	San Ramon Valley	1:54.23	1:55.48	13
	25.01	52.45 (27.44)	1:27.27 (34.82)	1:55.48 (28.21)		
7	Michael Fusinati	SR	Bishop O'Dowd	1:54.51	1:55.61	12
	24.58	53.16 (28.58)	1:28.07 (34.91)	1:55.61 (27.54)		
8	Tyler Laymon	SR	De La Salle	1:54.54	1:56.23	11
	24.95	55.72 (30.77)	1:28.87 (33.15)	1:56.23 (27.36)		

B - Final

9	Sammy Kan	JR	Monte Vista	1:55.42	1:53.11	CIFC 9
	24.62	53.62 (29.00)	1:26.10 (32.48)	1:53.11 (27.01)		
10	Aasish Dangol	FR	Albany	1:56.94	1:55.92	7
	25.36	55.13 (29.77)	1:28.39 (33.26)	1:55.92 (27.53)		
11	Ethan Suehiro		California	1:54.80	1:55.96	6
	24.14	54.91 (30.77)	1:27.74 (32.83)	1:55.96 (28.22)		
12	Garrett Molitor	SO	Athenian	1:56.73	1:56.12	5
	25.02	54.87 (29.85)	1:28.64 (33.77)	1:56.12 (27.48)		
13	Yassin Dwidar	SR	Foothill	1:56.19	1:56.48	4
	25.55	56.11 (30.56)	1:29.09 (32.98)	1:56.48 (27.39)		
14	Alex DeWeese	SR	California	1:56.17	1:57.15	3
	25.32	55.78 (30.46)	1:29.30 (33.52)	1:57.15 (27.85)		
15	Yuki Hayashi	JR	Vintage	1:56.49	1:57.58	2
	25.47	54.52 (29.05)	1:29.73 (35.21)	1:57.58 (27.85)		
16	Jeremy Ting	FR	Monte Vista	1:54.60	1:57.71	1
	25.68	55.08 (29.40)	1:30.07 (34.99)	1:57.71 (27.64)		

Event 9 Girls 50 Yard Freestyle

National HS:	21.59	U	2020	Gretchen Walsh	Harpeth Hall (TN
NCS Meet:	22.49	N	2016	Madelyn Murphy	Carondelet
	23.17	AA-A	All America Auto.		
	23.53	AA-C	All America Cons.		
	23.68	CIFA	CIF Automatic		
	24.39	CIFC	CIF Consideration		

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Angela Quan	SR	Irvington	23.47	23.25	AA-C 20
2	Gretta Callison	SR	Monte Vista	23.35	23.36	AA-C 17
3	Samantha Li	SR	Castro Valley	23.80	23.59	CIFA 16
4	Madison Blackwell	JR	Campolindo	23.76	23.60	CIFA 15
5	Addy VonderAhe	SO	Monte Vista	23.80	23.73	CIFC 14
6	Genesee Quon	SO	Monte Vista	23.63	23.76	CIFC 13
7	Alexis Parkinson	FR	San Ramon Valley	23.95	23.86	CIFC 12
8	Natalie Aiken	JR	Carondelet	23.92	24.08	CIFC 11
B - Final						
*9	Audrey Le-Nguyen	SR	Campolindo	24.19	24.11	CIFC 8
*9	Sophi MacKay	SR	Acalanes	24.10	24.11	CIFC 8
11	Annabel Piel	SR	Athenian	24.32	24.26	CIFC 6

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results - Finals****B - Final ... (Event 9 Girls 50 Yard Freestyle)**

	Name	Yr	School	Prelim Time	Finals Time	Points
12	Airi Seib	SR	Carondelet	24.32	24.32 CIFC	5
13	Miranda Stevenson	JR	San Ramon Valley	24.32	24.37 CIFC	4
14	Sydney Thompson	JR	Alameda	24.54	24.43	3
15	Eleanor Farley	FR	Credo	24.53	24.52	2
16	Remy Harrison	SO	Sonoma Valley	24.58	24.81	1

Event 10 Boys 50 Yard Freestyle

National HS: 19.11 U 2021 David Curtiss
 NCS Meet: 20.12 N 2018 Spencer Daily
 20.49 AA-A All America Auto.
 20.87 AA-C All America Cons.
 20.99 CIFA CIF Automatic
 21.69 CIFC CIF Consideration

Pennington (NJ)
 San Ramon Valley

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Marre Gattnar	SR	Tamalpais	20.22	20.00 N AA-A	20
2	Zach Elian	SR	De La Salle	20.90	20.59 AA-C	17
3	Andrew Hallett	SR	Northgate	20.70	20.71 AA-C	16
4	Micah Sher	SR	Archie Williams	21.26	20.93 CIFA	15
5	Riley Coleman	SR	San Ramon Valley	21.31	21.07 CIFC	14
6	Kyle Kengla	SO	Northgate	21.18	21.12 CIFC	13
7	Scott McMillan	JR	Northgate	21.20	21.24 CIFC	12
8	Donovan Swann	SO	De La Salle	21.30	21.36 CIFC	11

B - Final

9	Nick VonderAhe	SR	Monte Vista	21.45	21.36 CIFC	9
10	Brady Lind	SR	Monte Vista	21.52	21.39 CIFC	7
11	Austin Abrojena	SO	De La Salle	21.72	21.42 CIFC	6
12	Conor Halley-McCarty	JR	De La Salle	21.36	21.44 CIFC	5
13	Drew Arney	JR	San Ramon Valley	21.49	21.49 CIFC	4
14	Sawyer Jones	JR	San Ramon Valley	21.37	21.67 CIFC	3
15	Jackson Barnacal	SR	College Park	21.71	21.69 CIFC	2
16	Matthew Nakayama	FR	Freedom	21.58	21.87	1

Event 11 Girls 100 Yard Butterfly

National HS: 49.24 U 2022 Claire Curzan
 NCS Meet: 52.15 N 2016 Madelyn Murphy
 54.39 AA-A All America Auto.
 55.48 AA-C All America Cons.
 55.68 CIFA CIF Automatic
 57.99 CIFC CIF Consideration

Gibbons (NC)
 Carondelet

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Angela Quan	SR	Irvington	54.35	53.90 AA-A	20
	25.23		53.90 (28.67)			
2	Adriana Smith	JR	Campolindo	54.68	54.83 AA-C	17
	25.42		54.83 (29.41)			
3	Jasmine Fok	JR	Campolindo	55.57	55.01 AA-C	16
	25.83		55.01 (29.18)			
4	Charlotte Sevin	SR	California	55.56	55.35 AA-C	15
	25.92		55.35 (29.43)			
5	Elisabeth Butler	SO	Carondelet	56.45	55.72 CIFC	14
	25.76		55.72 (29.96)			

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results - Finals****A - Final ... (Event 11 Girls 100 Yard Butterfly)**

	Name	Yr	School	Prelim Time	Finals Time		Points
6	Emily Scheberies	SR	Monte Vista	56.22	56.03	CIFC	13
	25.73	56.03 (30.30)					
7	Pooja Hemige	SR	Monte Vista	56.42	56.45	CIFC	12
	26.29	56.45 (30.16)					
8	Mollie Appl	JR	College Preparatory	55.97	57.04	CIFC	11
	26.53	57.04 (30.51)					

B - Final

9	Kayla Gregory	SR	San Ramon Valley	57.01	56.49	CIFC	9
	26.66	56.49 (29.83)					
10	Layla Busquets	SR	Monte Vista	56.88	56.50	CIFC	7
	26.26	56.50 (30.24)					
11	Mia Solomon	SR	Redwood	56.73	57.00	CIFC	6
	27.45	57.00 (29.55)					
12	Siena Santos	FR	Carondelet	57.73	57.28	CIFC	5
	27.27	57.28 (30.01)					
13	Chloe Xu	JR	Foothill	57.21	57.36	CIFC	4
	27.04	57.36 (30.32)					
14	Natalie Aiken	JR	Carondelet	57.05	57.61	CIFC	3
	27.77	57.61 (29.84)					
15	Kennedy Lee	SO	Maria Carrillo	57.63	58.02		2
	26.76	58.02 (31.26)					
16	Ashlyn Widmer	SR	San Ramon Valley	57.83	58.43		1
	27.59	58.43 (30.84)					

Event 12 Boys 100 Yard Butterfly

National HS:	44.97	U	2023	Scotty Buff	SFDS (OH)
NCS Meet:	47.17	N	2016	Maxime Rooney	Granada
	48.72	AA-A All America Auto.			
	49.77	AA-C All America Cons.			
	49.78	CIFA CIF Automatic			
	51.99	CIFC CIF Consideration			

	Name	Yr	School	Prelim Time	Finals Time		Points
A - Final							
1	Songrui Wu	FR	Dougherty Valley	48.61	47.92	AA-A	20
	22.42	47.92 (25.50)					
2	Bryden Thielenhaus	JR	Novato	49.19	48.42	AA-A	17
	22.79	48.42 (25.63)					
3	Edward Huang	JR	American	49.06	48.84	AA-C	16
	22.46	48.84 (26.38)					
4	Diego Castaneda	FR	Clayton Valley Charter	50.13	49.43	AA-C	15
	23.37	49.43 (26.06)					
5	Aden Li		Benicia	49.89	49.88	CIFC	14
	23.49	49.88 (26.39)					
6	Jacob Mohrland	SR	Northgate	50.03	49.94	CIFC	13
	23.27	49.94 (26.67)					
7	Blake Hill	FR	De La Salle	50.57	50.61	CIFC	12
	23.95	50.61 (26.66)					
8	Conor Halley-McCarty	JR	De La Salle	50.90	51.15	CIFC	11
	23.41	51.15 (27.74)					

B - Final

9	Aasish Dangol	FR	Albany	51.26	51.38	CIFC	9
	24.60	51.38 (26.78)					

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results - Finals****B - Final ... (Event 12 Boys 100 Yard Butterfly)**

	Name	Yr	School	Prelim Time	Finals Time	Points
10	Cameron Aryanpour	JR	Branson	51.51	51.41 CIFC	7
	24.37		51.41 (27.04)			
11	Devin Purewal	SR	College Park	51.27	51.65 CIFC	6
	24.47		51.65 (27.18)			
12	Phil Lin	SO	Foothill	52.09	52.06	5
	24.44		52.06 (27.62)			
13	Reid Lalli	JR	Campolindo	52.41	52.07	4
	24.86		52.07 (27.21)			
14	Kushawn Harandi	SO	San Ramon Valley	51.55	52.12	3
	24.21		52.12 (27.91)			
15	Ryan Kaelle	SR	Miramonte	51.14	52.36	2
	24.60		52.36 (27.76)			
16	Austin Abrojena	SO	De La Salle	52.39	52.54	1
	24.28		52.54 (28.26)			

Event 13 Girls 100 Yard Freestyle

National HS: 46.98 U 2020 Gretchen Walsh
NCS Meet: 48.62 N 2016 Madelyn Murphy
 50.19 AA-A All America Auto.
 51.00 AA-C All America Cons.
 51.47 CIFA CIF Automatic
 52.88 CIFC CIF Consideration

Harpeth Hall (TN)
 Carondelet

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Bailey Hartman	JR	Carondelet	49.36	49.31 AA-A	20
	23.84		49.31 (25.47)			
2	Lila Heffernan	JR	Justin-Siena	50.34	50.02 AA-A	17
	24.02		50.02 (26.00)			
3	Natalie Farquhar	SO	Cardinal Newman	51.14	50.43 AA-C	16
	24.19		50.43 (26.24)			
4	Samantha Li	SR	Castro Valley	51.49	51.33 CIFA	15
	24.57		51.33 (26.76)			
5	Madison Blackwell	JR	Campolindo	51.86	51.41 CIFA	14
	24.88		51.41 (26.53)			
6	Paige Arnold	SR	College Preparatory	51.72	51.61 CIFC	13
	24.51		51.61 (27.10)			
7	Gretta Callison	SR	Monte Vista	51.46	52.01 CIFC	12
	24.77		52.01 (27.24)			
8	Sophi MacKay	SR	Acalanes	52.08	52.37 CIFC	11
	25.16		52.37 (27.21)			
B - Final						
9	Addy VonderAhe	SO	Monte Vista	52.32	52.23 CIFC	9
	25.00		52.23 (27.23)			
10	Genesee Quon	SO	Monte Vista	52.29	52.38 CIFC	7
	25.46		52.38 (26.92)			
11	Elise Gratton	FR	Campolindo	52.50	52.40 CIFC	6
	25.15		52.40 (27.25)			
12	Claudia Dumais	SR	Carondelet	52.41	52.93	5
	25.85		52.93 (27.08)			
13	Alexis Parkinson	FR	San Ramon Valley	52.87	52.95	4
	25.54		52.95 (27.41)			
14	Audrey Le-Nguyen	SR	Campolindo	52.90	53.17	3
	25.42		53.17 (27.75)			

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results - Finals****B - Final ... (Event 13 Girls 100 Yard Freestyle)**

	Name	Yr	School	Prelim Time	Finals Time	Points
15	Adeline Turner	SR	Redwood	53.85	53.47	2
	25.50		53.47 (27.97)			
16	Eleanor Farley	FR	Credo	53.59	53.56	1
	25.08		53.56 (28.48)			

Event 14 Boys 100 Yard Freestyle

National HS:	42.34	U	2011	David Nolan
NCS Meet:	43.60	N	2018	Alexei Sancov
	44.86	AA-A	All America Auto.	
	45.67	AA-C	All America Cons.	
	46.16	CIFA	CIF Automatic	
	47.99	CIFC	CIF Consideration	

Hershey (PA)
Northgate

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Zach Elian	SR	De La Salle	45.51	44.65	AA-A 20
	21.55		44.65 (23.10)			
2	Andrew Hallett	SR	Northgate	45.56	45.54	AA-C 17
	21.86		45.54 (23.68)			
3	Brady Lind	SR	Monte Vista	46.03	46.08	CIFA 16
	21.88		46.08 (24.20)			
4	Scott McMillan	JR	Northgate	46.19	46.25	CIFC 15
	22.11		46.25 (24.14)			
5	Kyle Kengla	SO	Northgate	45.67	46.33	CIFC 14
	22.39		46.33 (23.94)			
6	Hayden Tupper	SR	Amador Valley	46.19	46.41	CIFC 13
	22.33		46.41 (24.08)			
7	Finn Brophy	JR	Maria Carrillo	46.09	46.86	CIFC 12
	22.37		46.86 (24.49)			
8	Jon Mendelssohn	SO	Las Lomas	46.96	46.95	CIFC 11
	22.41		46.95 (24.54)			
B - Final						
9	Micah Sher	SR	Archie Williams	47.24	46.14	CIFA 9
	22.18		46.14 (23.96)			
10	Harrison Parsons	JR	Bay School of San Francisco	47.82	46.64	CIFC 7
	22.65		46.64 (23.99)			
11	Simon Li	SO	Castro Valley	47.77	47.10	CIFC 6
	22.65		47.10 (24.45)			
12	Drew Arney	JR	San Ramon Valley	47.94	47.14	CIFC 5
	22.50		47.14 (24.64)			
13	Ryin Ruaboro	JR	American	47.13	47.19	CIFC 4
	22.89		47.19 (24.30)			
14	Jed Johnson	SO	De La Salle	47.16	47.32	CIFC 3
	22.63		47.32 (24.69)			
15	Logan Gunn	JR	Miramonte	47.28	47.48	CIFC 2
	22.92		47.48 (24.56)			
16	Matthew Nakayama	FR	Freedom	47.24	47.69	CIFC 1
	22.74		47.69 (24.95)			

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results - Finals****Event 15 Girls 500 Yard Freestyle****National HS: 4:26.58 U 2015****Kathleen Ledesky****Stone Ridge (MD)****NCS Meet: 4:38.05 N 2012****Chelsea Chenault****Carondelet****4:52.54 AA-A All America Auto.****4:57.06 AA-C All America Cons.****4:58.81 CIFA CIF Automatic****5:07.99 CIFC CIF Consideration**

Name		Yr	School	Prelim Time		Finals Time		Points
A - Final								
1	Bailey Hartman	JR	Carondelet	4:46.53		4:42.58	AA-A	20
	25.42	53.11 (27.69)	1:21.35 (28.24)	1:49.85 (28.50)				
	2:18.63 (28.78)	2:47.29 (28.66)	3:16.19 (28.90)	3:45.19 (29.00)				
	4:14.16 (28.97)	4:42.58 (28.42)						
2	Rylee Hutchinson	FR	Amador Valley	4:59.83		4:54.20	AA-C	17
	26.87	55.89 (29.02)	1:25.34 (29.45)	1:55.15 (29.81)				
	2:25.11 (29.96)	2:55.08 (29.97)	3:24.88 (29.80)	3:55.02 (30.14)				
	4:25.02 (30.00)	4:54.20 (29.18)						
3	Kaitlin Lee	JR	Dublin	4:57.08		4:56.24	AA-C	16
	27.15	56.36 (29.21)	1:26.14 (29.78)	1:56.00 (29.86)				
	2:26.06 (30.06)	2:56.06 (30.00)	3:26.20 (30.14)	3:56.21 (30.01)				
	4:26.36 (30.15)	4:56.24 (29.88)						
4	Brooke Bennett	FR	Granada	4:58.37		4:58.14	CIFA	15
	27.16	56.82 (29.66)	1:26.89 (30.07)	1:57.12 (30.23)				
	2:27.30 (30.18)	2:57.42 (30.12)	3:27.35 (29.93)	3:57.84 (30.49)				
	4:28.18 (30.34)	4:58.14 (29.96)						
5	Madison O'Connell	JR	Carondelet	5:02.26		5:01.63	CIFC	14
	26.78	56.77 (29.99)	1:27.39 (30.62)	1:58.15 (30.76)				
	2:29.08 (30.93)	2:59.94 (30.86)	3:30.82 (30.88)	4:01.48 (30.66)				
	4:32.07 (30.59)	5:01.63 (29.56)						
6	Lillyana Caples	FR	Amador Valley	4:57.35		5:02.09	CIFC	13
	27.91	57.60 (29.69)	1:28.09 (30.49)	1:58.72 (30.63)				
	2:29.47 (30.75)	3:00.38 (30.91)	3:31.30 (30.92)	4:02.13 (30.83)				
	4:33.17 (31.04)	5:02.09 (28.92)						
7	Lily Struempf	JR	Northgate	5:08.51		5:06.49	CIFC	12
	28.33	59.09 (30.76)	1:30.00 (30.91)	2:01.18 (31.18)				
	2:32.67 (31.49)	3:04.16 (31.49)	3:35.15 (30.99)	4:06.35 (31.20)				
	4:36.93 (30.58)	5:06.49 (29.56)						
8	Zoe Venetta	FR	Monte Vista	5:14.21		5:17.66		11
	28.33	59.27 (30.94)	1:31.78 (32.51)	2:04.30 (32.52)				
	2:36.89 (32.59)	3:09.56 (32.67)	3:42.69 (33.13)	4:15.07 (32.38)				
	4:46.98 (31.91)	5:17.66 (30.68)						
B - Final								
9	Lucia Martin Del Campo	JR	College Preparatory	5:16.00		5:14.07		9
	29.27	1:01.26 (31.99)	1:33.08 (31.82)	2:05.40 (32.32)				
	2:37.18 (31.78)	3:09.20 (32.02)	3:40.94 (31.74)	4:12.66 (31.72)				
	4:44.17 (31.51)	5:14.07 (29.90)						
10	Ava Tseng	JR	San Ramon Valley	5:15.22		5:15.02		7
	29.04	1:00.42 (31.38)	1:32.21 (31.79)	2:03.97 (31.76)				
	2:35.87 (31.90)	3:07.78 (31.91)	3:39.56 (31.78)	4:11.45 (31.89)				
	4:43.50 (32.05)	5:15.02 (31.52)						
11	Emmy Loftus	SO	Dublin	5:16.54		5:15.84		6
	29.58	1:01.02 (31.44)	1:32.91 (31.89)	2:04.99 (32.08)				
	2:37.42 (32.43)	3:09.63 (32.21)	3:42.03 (32.40)	4:13.79 (31.76)				
	4:45.19 (31.40)	5:15.84 (30.65)						

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results - Finals****B - Final ... (Event 15 Girls 500 Yard Freestyle)**

	Name	Yr	School	Prelim Time	Finals Time	Points
12	Estelle Engelskirchen	SR	San Rafael	5:17.55	5:16.38	5
	29.08	1:00.51 (31.43)	1:32.17 (31.66)	2:04.03 (31.86)		
	2:36.12 (32.09)	3:08.21 (32.09)	3:40.39 (32.18)	4:12.66 (32.27)		
	4:45.09 (32.43)	5:16.38 (31.29)				
13	Audrey Cox	SR	Acalanes	5:14.93	5:19.00	4
	29.06	1:00.28 (31.22)	1:32.65 (32.37)	2:05.07 (32.42)		
	2:38.22 (33.15)	3:10.76 (32.54)	3:43.45 (32.69)	4:16.19 (32.74)		
	4:48.50 (32.31)	5:19.00 (30.50)				
14	Olivia Pettit		Benicia	5:16.07	5:19.25	3
	29.21	1:01.33 (32.12)	1:33.97 (32.64)	2:06.60 (32.63)		
	2:39.30 (32.70)	3:12.11 (32.81)	3:44.51 (32.40)	4:17.25 (32.74)		
	4:49.27 (32.02)	5:19.25 (29.98)				
15	Cassie Clark	FR	Granada	5:15.45	5:20.21	2
	29.22	1:00.50 (31.28)	1:32.62 (32.12)	2:05.09 (32.47)		
	2:37.52 (32.43)	3:10.16 (32.64)	3:43.11 (32.95)	4:15.84 (32.73)		
	4:48.45 (32.61)	5:20.21 (31.76)				
16	Carlee Davis	FR	Las Lomas	5:16.14	5:21.19	1
	28.96	1:00.83 (31.87)	1:33.25 (32.42)	2:05.77 (32.52)		
	2:38.64 (32.87)	3:11.27 (32.63)	3:44.24 (32.97)	4:17.35 (33.11)		
	4:49.77 (32.42)	5:21.19 (31.42)				

Event 16 Boys 500 Yard Freestyle

National HS:	4:12.87	U 2016	Grant Shoults	SMargarita (CA)
NCS Meet:	4:17.17	N 2018	Alexei Sancov	Northgate
	4:28.76	AA-A All America Auto.		
	4:32.17	CIFA CIF Automatic		
	4:33.05	AA-C All America Cons.		
	4:39.99	CIFC CIF Consideration		

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Jack Hendrick	SR	Granada	4:36.93	4:25.32 AA-A	20
	24.61	51.40 (26.79)	1:18.31 (26.91)	1:45.45 (27.14)		
	2:12.38 (26.93)	2:39.39 (27.01)	3:06.01 (26.62)	3:32.59 (26.58)		
	3:59.09 (26.50)	4:25.32 (26.23)				
2	Owen Berry	SR	California	4:29.53	4:26.68 AA-A	17
	24.25	50.09 (25.84)	1:16.57 (26.48)	1:44.07 (27.50)		
	2:11.27 (27.20)	2:38.23 (26.96)	3:05.48 (27.25)	3:32.81 (27.33)		
	3:59.84 (27.03)	4:26.68 (26.84)				
3	Mason Wendler	JR	Northgate	4:24.53	4:26.76 AA-A	16
	24.30	50.74 (26.44)	1:17.73 (26.99)	1:45.15 (27.42)		
	2:12.74 (27.59)	2:40.05 (27.31)	3:07.55 (27.50)	3:34.26 (26.71)		
	4:01.06 (26.80)	4:26.76 (25.70)				
4	Ethan Wang	SR	Dougherty Valley	4:32.16	4:28.20 AA-A	15
	24.38	50.85 (26.47)	1:17.99 (27.14)	1:45.30 (27.31)		
	2:12.62 (27.32)	2:39.90 (27.28)	3:07.13 (27.23)	3:34.48 (27.35)		
	4:01.95 (27.47)	4:28.20 (26.25)				
5	Devyn Caples	JR	Amador Valley	4:31.03	4:28.80 CIFA	14
	24.65	51.51 (26.86)	1:18.47 (26.96)	1:46.11 (27.64)		
	2:13.70 (27.59)	2:41.07 (27.37)	3:08.04 (26.97)	3:35.13 (27.09)		
	4:01.95 (26.82)	4:28.80 (26.85)				
6	Nicholas Scruton	SR	Redwood	4:35.50	4:34.66 CIFC	13
	25.29	51.68 (26.39)	1:18.62 (26.94)	1:46.39 (27.77)		
	2:14.07 (27.68)	2:42.10 (28.03)	3:10.16 (28.06)	3:38.36 (28.20)		
	4:06.81 (28.45)	4:34.66 (27.85)				

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results - Finals****A - Final ... (Event 16 Boys 500 Yard Freestyle)**

	Name	Yr	School	Prelim Time	Finals Time		Points
7	Michael Fusinati	SR	Bishop O'Dowd	4:35.98	4:39.76	CIFC	12
	24.88	51.85 (26.97)	1:19.65 (27.80)	1:48.04 (28.39)			
	2:16.37 (28.33)	2:44.33 (27.96)	3:13.17 (28.84)	3:42.21 (29.04)			
	4:11.02 (28.81)	4:39.76 (28.74)					
8	Tyler Ortiz	FR	Granada	4:36.14	4:40.71		11
	25.96	52.83 (26.87)	1:20.31 (27.48)	1:48.35 (28.04)			
	2:16.83 (28.48)	2:45.74 (28.91)	3:14.85 (29.11)	3:43.80 (28.95)			
	4:12.64 (28.84)	4:40.71 (28.07)					

B - Final

9	Blake Hill	FR	De La Salle	4:37.90	4:35.65	CIFC	9
	24.94	52.28 (27.34)	1:20.20 (27.92)	1:48.33 (28.13)			
	2:16.31 (27.98)	2:44.29 (27.98)	3:12.39 (28.10)	3:40.68 (28.29)			
	4:08.64 (27.96)	4:35.65 (27.01)					
10	Andrew Chen	SR	Monte Vista	4:41.95	4:38.02	CIFC	7
	25.04	52.99 (27.95)	1:21.02 (28.03)	1:49.32 (28.30)			
	2:17.41 (28.09)	2:45.48 (28.07)	3:13.92 (28.44)	3:42.53 (28.61)			
	4:10.88 (28.35)	4:38.02 (27.14)					
11	Jeremy Ting	FR	Monte Vista	4:38.77	4:38.98	CIFC	6
	25.43	52.88 (27.45)	1:21.13 (28.25)	1:49.59 (28.46)			
	2:18.49 (28.90)	2:47.36 (28.87)	3:16.37 (29.01)	3:44.66 (28.29)			
	4:12.21 (27.55)	4:38.98 (26.77)					
12	Phil Lin	SO	Foothill	4:40.53	4:39.80	CIFC	5
	25.41	53.09 (27.68)	1:21.33 (28.24)	1:49.96 (28.63)			
	2:18.24 (28.28)	2:47.15 (28.91)	3:16.18 (29.03)	3:45.19 (29.01)			
	4:12.88 (27.69)	4:39.80 (26.92)					
*13	Parker Etnyre	JR	Acalanes	4:40.65	4:40.12		3.50
	25.53	53.36 (27.83)	1:21.85 (28.49)	1:50.78 (28.93)			
	2:19.76 (28.98)	2:48.64 (28.88)	3:16.95 (28.31)	3:44.99 (28.04)			
	4:13.06 (28.07)	4:40.12 (27.06)					
*13	Abir Bhatia	FR	Dougherty Valley	4:42.73	4:40.12		3.50
	25.63	53.01 (27.38)	1:20.72 (27.71)	1:48.92 (28.20)			
	2:17.38 (28.46)	2:45.88 (28.50)	3:14.51 (28.63)	3:43.34 (28.83)			
	4:12.15 (28.81)	4:40.12 (27.97)					
15	Hayden O'Hare	SO	Campolindo	4:41.00	4:41.32		2
	26.03	53.76 (27.73)	1:22.22 (28.46)	1:51.20 (28.98)			
	2:20.11 (28.91)	2:49.25 (29.14)	3:16.80 (27.55)	3:45.27 (28.47)			
	4:13.67 (28.40)	4:41.32 (27.65)					
16	Nick Woolery	SO	Heritage	4:43.38	4:45.29		1
	25.34	53.09 (27.75)	1:21.70 (28.61)	1:50.53 (28.83)			
	2:19.35 (28.82)	2:47.98 (28.63)	3:17.00 (29.02)	3:46.31 (29.31)			
	4:16.13 (29.82)	4:45.29 (29.16)					

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results - Finals****Event 17 Girls 200 Yard Freestyle Relay****National HS: 1:30.72 U 2015****Carmel (IN)****Carmel (IN)****NCS Meet: 1:33.28 N 2016****V. Burchill, Adams, Smith, Rothrock****Carondelet****Carondelet****A. Carr, K. Witkay, M. Han, M. Murphy****1:35.33 AA-A All America Auto.****1:36.73 AA-C All America Cons.****1:37.17 CIFA CIF Automatic****1:40.99 CIFC CIF Consideration**

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
1 Campolindo		1:38.58	1:33.38 AA-A	40
1) Emilia Barck JR	2) Adriana Smith JR	3) Jasmine Fok JR	4) Madison Blackwell JR	
23.55	46.69 (23.14)	1:09.99 (23.30)	1:33.38 (23.39)	
2 Monte Vista		1:35.94	1:34.57 AA-A	34
1) Genesee Quon SO	2) Pooja Hemige SR	3) Addy VonderAhe SO	4) Gretta Callison SR	
23.79	47.73 (23.94)	1:11.33 (23.60)	1:34.57 (23.24)	
3 Carondelet		1:36.72	1:34.96 AA-A	32
1) Claudia Dumais SR	2) Elisabeth Butler SO	3) Airi Seib SR	4) Natalie Aiken JR	
24.28	47.82 (23.54)	1:11.59 (23.77)	1:34.96 (23.37)	
4 San Ramon Valley		1:36.44	1:35.16 AA-A	30
1) Miranda Stevenson JR	2) Kayla Gregory SR	3) Alexis Parkinson FR	4) Raya Mellott SO	
24.18	48.12 (23.94)	1:11.81 (23.69)	1:35.16 (23.35)	
5 Acalanes		1:38.01	1:38.01 CIFC	28
1) Sophi MacKay SR	2) Sarah Potter SR	3) Sophie Hendrickson JR	4) Sadie Suppiger SO	
24.21	49.38 (25.17)	1:14.54 (25.16)	1:38.01 (23.47)	
6 Redwood		1:39.10	1:38.67 CIFC	26
1) Kallen Wank SR	2) Mia Solomon SR	3) Amelia Loiacono JR	4) Kate DeForrest JR	
24.82	48.87 (24.05)	1:13.96 (25.09)	1:38.67 (24.71)	
7 Marin Catholic		1:40.33	1:39.54 CIFC	24
1) Alyssa Kooy JR	2) Bella Kiriakis SR	3) Holly Tarantino SR	4) Esme Quay FR	
25.11	51.24 (26.13)	1:15.46 (24.22)	1:39.54 (24.08)	
8 Dublin		1:39.94	1:40.60 CIFC	22
1) Elaina Robinson SR	2) Hannah Nguyen SR	3) Paige Nothelfer JR	4) Kaitlin Lee JR	
26.49	50.17 (23.68)	1:15.74 (25.57)	1:40.60 (24.86)	
B - Final				
9 Miramonte		1:41.14	1:40.20 CIFC	18
1) Kate Liu FR	2) Maggie Rebmann SO	3) Ali Larsen SO	4) Bea Hearey SO	
25.62	51.62 (26.00)	1:15.73 (24.11)	1:40.20 (24.47)	
10 Washington		1:40.34	1:40.45 CIFC	14
1) Tran Doan SO	2) Sarah Gilbert JR	3) Shristi Bandyopadhyay JR	4) Medha Raghuraman SR	
25.23	50.66 (25.43)	1:15.92 (25.26)	1:40.45 (24.53)	
11 Amador Valley		1:42.04	1:40.60 CIFC	12
1) Joyce Huang SO	2) Lillyana Caples FR	3) Sydney Goldstein SO	4) Nicole Xu FR	
25.74	50.73 (24.99)	1:15.70 (24.97)	1:40.60 (24.90)	
12 Las Lomas		1:41.56	1:40.74 CIFC	10
1) Sierra Brown JR	2) Sydney Guellert SO	3) Jessie Wright JR	4) Carlee Davis FR	
25.28	51.01 (25.73)	1:15.87 (24.86)	1:40.74 (24.87)	
13 Cardinal Newman		1:42.28	1:41.14	8
1) Natalie Farquhar SO	2) Teagan Craig SR	3) Morgan Puckett FR	4) Jordyn Menconi FR	
23.80	51.04 (27.24)	1:16.03 (24.99)	1:41.14 (25.11)	
14 Dougherty Valley		1:41.64	1:42.21	6
1) Michelle Nguyen SR	2) Katelyn Roncal SO	3) Samantha Ung SO	4) Kobi Wong SO	
25.89	51.39 (25.50)	1:16.86 (25.47)	1:42.21 (25.35)	

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Team	Relay	Prelim Time	Finals Time	Points
15 Castro Valley		1:41.08	1:42.69	4
1) Samantha Li SR	2) Dasha Kryuchkova FR	3) Corinne Arakawa SO	4) Jennifer Mi SR	
24.07	50.90 (26.83)	1:17.29 (26.39)	1:42.69 (25.40)	
--- Irvington		1:42.20	DQ	
1) Angela Quan SR	2) Sophie Ng JR	3) Erin Wong SO	4) Kayli Dai SO	
23.85	50.80 (26.95)	1:16.42 (25.62)	DQ (25.60)	

Event 18 Boys 200 Yard Freestyle Relay**National HS: 1:19.27 U 2012****Bolles (FL)****Bolles (FL)****Murphy, Schooling, Condorelli, Goossen****NCS Meet: 1:22.35 N 2019****SRV 19 & 16, Campo 13****SRV19+16, Cam13****MM,JW,GW,HF;TC,JC,HP,BH;JS,SC,NZ,RA****1:24.50 AA-A All America Auto.****1:25.74 CIFA CIF Automatic****1:25.77 AA-C All America Cons.****1:28.99 CIFC CIF Consideration**

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
1 Northgate		1:23.45	1:23.84 AA-A	40
1) Andrew Hallett SR	2) Scott McMillan JR	3) Jacob Mohrland SR	4) Mason Wendler JR	
20.94	42.07 (21.13)	1:03.41 (21.34)	1:23.84 (20.43)	
2 San Ramon Valley		1:24.79	1:24.29 AA-A	34
1) Drew Arney JR	2) Riley Coleman SR	3) Nick Tovani JR	4) Sawyer Jones JR	
21.46	42.25 (20.79)	1:03.15 (20.90)	1:24.29 (21.14)	
3 Monte Vista		1:25.11	1:24.43 AA-A	32
1) Brady Lind SR	2) Ian Palmer SR	3) Alex Nicholson JR	4) Nick VonderAhe SR	
21.41	42.39 (20.98)	1:03.84 (21.45)	1:24.43 (20.59)	
4 College Park		1:25.87	1:25.46 CIFA	30
1) Devin Purewal SR	2) Zac Gartner JR	3) Nate Wendling SR	4) Jackson Barnacal SR	
21.82	42.82 (21.00)	1:04.81 (21.99)	1:25.46 (20.65)	
5 De La Salle		1:24.92	1:25.49 CIFA	28
1) Conor Halley-McCarty JR	2) Austin Abrojena SO	3) Jed Johnson SO	4) Donovan Swann SO	
21.34	42.80 (21.46)	1:04.26 (21.46)	1:25.49 (21.23)	
6 American		1:25.58	1:25.74 CIFA	26
1) Donavan Tse JR	2) Ryin Ruaboro JR	3) Ray Cillo SR	4) Edward Huang JR	
22.10	43.62 (21.52)	1:05.07 (21.45)	1:25.74 (20.67)	
7 Miramonte		1:26.64	1:26.73 CIFC	24
1) Grant Kurtz JR	2) Logan Gunn JR	3) Oliver Sherwood JR	4) Pat Stice SO	
22.27	43.70 (21.43)	1:05.57 (21.87)	1:26.73 (21.16)	
8 Clayton Valley Charter		1:26.89	1:26.80 CIFC	22
1) Diego Castaneda FR	2) Damik Van Fanos JR	3) Dominic Vines JR	4) Shawn Canada JR	
21.73	43.56 (21.83)	1:05.37 (21.81)	1:26.80 (21.43)	
B - Final				
9 Campolindo		1:28.13	1:27.38 CIFC	18
1) Michael Chu JR	2) Caleb Fleming SR	3) Lincoln Sovik SO	4) Grant Roesch SR	
22.73	44.44 (21.71)	1:05.97 (21.53)	1:27.38 (21.41)	
10 Acalanes		1:28.49	1:27.58 CIFC	14
1) Grant Eubanks SR	2) Christian Gotterup SR	3) Parker Etnyre JR	4) Will Dreyer SR	
22.39	43.67 (21.28)	1:04.86 (21.19)	1:27.58 (22.72)	
11 Castro Valley		1:28.13	1:28.27 CIFC	12
1) Simon Li SO	2) Kyle Mognagna SR	3) Jeremy Francis JR	4) Nathan Arakawa SR	
21.57	44.08 (22.51)	1:06.46 (22.38)	1:28.27 (21.81)	

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results - Finals****B - Final ... (Event 18 Boys 200 Yard Freestyle Relay)**

	Team	Relay	Prelim Time	Finals Time	Points
12	Novato		1:29.08	1:28.77 CIFC	10
	1) Bryden Thielenhaus JR	2) Noah Nicholas SO	3) Isaias Zavala FR	4) Brett Brewer JR	
	21.13	44.00 (22.87)	1:06.91 (22.91)	1:28.77 (21.86)	
13	Heritage		1:30.11	1:29.17	8
	1) Isaiah Warner SO	2) Nick Woolery SO	3) Nick Cadero FR	4) Brendon Chang SR	
	22.70	44.99 (22.29)	1:07.48 (22.49)	1:29.17 (21.69)	
14	Freedom		1:29.37	1:29.58	6
	1) Danny Fowler SO	2) Connor Tompkins SR	3) Joe Greer SO	4) Matthew Nakayama FR	
	22.44	45.30 (22.86)	1:08.08 (22.78)	1:29.58 (21.50)	
15	Las Lomas		1:30.45	1:29.66	4
	1) Mateo Monroy SR	2) Brody Cox SO	3) Carter Seward SO	4) Brett Nelson JR	
	22.36	45.06 (22.70)	1:07.81 (22.75)	1:29.66 (21.85)	
16	American Canyon		1:30.28	1:30.41	2
	1) Gabriel Cueva SR	2) Raphael Cueva FR	3) Joseph Patocchi SR	4) Rowen Valladares JR	
	22.26	44.77 (22.51)	1:08.16 (23.39)	1:30.41 (22.25)	

Event 19 Girls 100 Yard Backstroke

National HS:	49.61	U 2022	Claire Curzan	Gibbons (NC)
NCS Meet:	52.86	N 1999	Natalie Coughlin	Carondelet
	54.75	AA-A All America Auto.		
	55.83	AA-C All America Cons.		
	56.47	CIFA CIF Automatic		
	58.99	CIFC CIF Consideration		

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Adriana Smith		JR Campolindo	53.37	52.87 AA-A	20
	25.95		52.87 (26.92)			
2	Madison O'Connell		JR Carondelet	56.08	54.93 AA-C	17
	26.59		54.93 (28.34)			
3	Natalie Farquhar		SO Cardinal Newman	55.44	55.09 AA-C	16
	26.77		55.09 (28.32)			
4	Charlotte Sevin		SR California	55.94	55.43 AA-C	15
	27.24		55.43 (28.19)			
5	Emilia Barck		JR Campolindo	55.81	55.54 AA-C	14
	27.02		55.54 (28.52)			
6	Emily Scheberies		SR Monte Vista	55.58	56.02 CIFA	13
	26.94		56.02 (29.08)			
7	Natalie Mak		SO College Preparatory	55.96	56.27 CIFA	12
	27.34		56.27 (28.93)			
8	Annabel Piel		SR Athenian	56.46	56.40 CIFA	11
	27.42		56.40 (28.98)			
B - Final						
9	Miranda Stevenson		JR San Ramon Valley	58.46	57.10 CIFC	9
	27.56		57.10 (29.54)			
10	Sadie Suppiger		SO Acalanes	57.10	57.46 CIFC	7
	27.62		57.46 (29.84)			
11	Layla Busquets		SR Monte Vista	57.76	57.50 CIFC	6
	27.75		57.50 (29.75)			
12	Madelynn Gomez		JR Carondelet	57.93	57.66 CIFC	5
	28.04		57.66 (29.62)			
13	Kristin Der		JR Foothill	58.08	57.89 CIFC	4
	28.17		57.89 (29.72)			
14	Holly Tarantino		SR Marin Catholic	58.70	57.95 CIFC	3
	28.12		57.95 (29.83)			

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results - Finals****B - Final ... (Event 19 Girls 100 Yard Backstroke)**

	Name	Yr	School	Prelim Time	Finals Time	Points
15	Addison Everage	SO	Tamalpais	57.02	58.08	CIFC 2
	27.87		58.08 (30.21)			
16	Mollie Appl	JR	College Preparatory	57.23	58.17	CIFC 1
	28.48		58.17 (29.69)			

Event 20 Boys 100 Yard Backstroke

National HS:	45.08	U	2023	Will Modglin	Zion (IN)
NCS Meet:	46.33	N	2018	Jonah Cooper	Foothill
	49.09			AA-A All America Auto.	
	50.18			CIFA CIF Automatic	
	50.24			AA-C All America Cons.	
	52.99			CIFC CIF Consideration	

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Marre Gattnar	SR	Tamalpais	48.94	47.91	AA-A 20
	23.61		47.91 (24.30)			
2	Edward Huang	JR	American	49.04	48.47	AA-A 17
	23.55		48.47 (24.92)			
3	Scott Iannaccone	SR	De La Salle	48.96	49.45	CIFA 16
	23.83		49.45 (25.62)			
4	Diego Castaneda	FR	Clayton Valley Charter	49.33	49.88	CIFA 15
	24.08		49.88 (25.80)			
5	Aden Li		Benicia	50.26	50.09	CIFA 14
	24.72		50.09 (25.37)			
6	Sam Seybold	JR	San Ramon Valley	51.83	51.39	CIFC 13
	24.87		51.39 (26.52)			
7	Jon Mendelssohn	SO	Las Lomas	50.99	52.34	CIFC 12
	24.49		52.34 (27.85)			
8	Nick VonderAhe	SR	Monte Vista	51.60	52.37	CIFC 11
	25.01		52.37 (27.36)			
B - Final						
9	Riley Coleman	SR	San Ramon Valley	53.18	52.24	CIFC 9
	25.02		52.24 (27.22)			
10	Brendon Chang	SR	Heritage	53.39	52.69	CIFC 7
	25.61		52.69 (27.08)			
11	Garrett Chivers	SO	Campolindo	53.07	52.92	CIFC 6
	25.45		52.92 (27.47)			
12	Benjamin Nonaka	FR	Northgate	53.13	53.36	5
	25.77		53.36 (27.59)			
13	Nate Cheney	JR	San Ramon Valley	53.40	53.42	4
	25.69		53.42 (27.73)			
14	Darrell Liu	SR	Dougherty Valley	53.33	53.46	3
	25.94		53.46 (27.52)			
15	Amit Kannan	SO	San Ramon Valley	53.42	53.87	2
	26.00		53.87 (27.87)			
16	Connor Kann	JR	Foothill	53.67	53.88	1
	25.81		53.88 (28.07)			

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results - Finals****Event 21 Girls 100 Yard Breaststroke**

National HS: 58.35 U 2020 Kaitlyn Dober
NCS Meet: 58.75 N 2009 Kasey Carlson
 1:02.58 AA-A All America Auto.
 1:03.75 AA-C All America Cons.
 1:03.88 CIFA CIF Automatic
 1:05.99 CIFC CIF Consideration

Aloha (OR)
 Las Lomas

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Raya Mellott	SO	San Ramon Valley	1:00.70	1:00.55 AA-A	20
	28.96		1:00.55 (31.59)			
2	Stephanie Iannaccone	SR	Carondelet	1:03.44	1:03.09 AA-C	17
	29.77		1:03.09 (33.32)			
3	Kayla Gregory	SR	San Ramon Valley	1:03.37	1:03.18 AA-C	16
	29.86		1:03.18 (33.32)			
4	Mia Solomon	SR	Redwood	1:03.25	1:03.55 AA-C	15
	29.38		1:03.55 (34.17)			
5	Hayley Gregory	JR	San Ramon Valley	1:04.05	1:03.56 AA-C	14
	30.11		1:03.56 (33.45)			
6	Meghan Ly	JR	Mission San Jose	1:03.65	1:03.70 AA-C	13
	30.10		1:03.70 (33.60)			
7	Emma Gyorkos	SO	Washington	1:04.99	1:04.86 CIFC	12
	30.58		1:04.86 (34.28)			
8	Elise Gratton	FR	Campolindo	1:05.25	1:04.97 CIFC	11
	30.66		1:04.97 (34.31)			
B - Final						
9	Pooja Hemige	SR	Monte Vista	1:05.41	1:05.00 CIFC	9
	30.48		1:05.00 (34.52)			
10	Breuklynn Harris	SR	Foothill	1:05.51	1:05.40 CIFC	7
	30.70		1:05.40 (34.70)			
11	Remy Harrison	SO	Sonoma Valley	1:05.37	1:05.97 CIFC	6
	31.19		1:05.97 (34.78)			
12	Aria Capelli	JR	Athenian	1:06.96	1:06.10	5
	31.54		1:06.10 (34.56)			
13	Maya Canada	SO	Clayton Valley Charter	1:06.69	1:06.14	4
	30.98		1:06.14 (35.16)			
14	Katherine Kracht	FR	Carondelet	1:06.81	1:06.89	3
	31.62		1:06.89 (35.27)			
15	Brooke Koller	SO	Carondelet	1:07.37	1:07.64	2
	32.30		1:07.64 (35.34)			
16	Emma Shane	SO	Campolindo	1:07.23	1:08.25	1
	31.54		1:08.25 (36.71)			

Event 22 Boys 100 Yard Breaststroke

National HS: 51.16 U 2018 Reece Whitley
NCS Meet: 53.39 N 2013 Steven Stumph
 55.65 AA-A All America Auto.
 56.72 CIFA CIF Automatic
 56.83 AA-C All America Cons.
 58.99 CIFC CIF Consideration

Penn Charter (PA)
 Campolindo

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Nathan Levy	SR	Campolindo	56.64	56.62 CIFA	20
	27.16		56.62 (29.46)			

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results - Finals****A - Final ... (Event 22 Boys 100 Yard Breaststroke)**

	Name	Yr	School	Prelim Time	Finals Time	Points
2	Tyler Laymon	SR	De La Salle	56.98	56.70 CIFA	17
	27.00		56.70 (29.70)			
3	Alex DeWeese	SR	California	56.71	57.04 CIFC	16
	27.21		57.04 (29.83)			
4	Sammy Kan	JR	Monte Vista	58.07	57.24 CIFC	15
	27.01		57.24 (30.23)			
5	Jacob Mohrland	SR	Northgate	57.71	57.70 CIFC	14
	27.13		57.70 (30.57)			
6	Jax Milasincic	JR	California	57.65	57.89 CIFC	13
	26.76		57.89 (31.13)			
7	Ethan Suehiro		California	58.10	58.06 CIFC	12
	27.43		58.06 (30.63)			
8	Gabriel Cueva	SR	American Canyon	58.21	58.24 CIFC	11
	27.16		58.24 (31.08)			

B - Final

9	Parker Smith	JR	Campolindo	58.87	58.40 CIFC	9
	27.47		58.40 (30.93)			
10	Nic Austen	FR	College Park	58.44	58.84 CIFC	7
	27.46		58.84 (31.38)			
11	Marcus Manuel	SO	Northgate	59.08	58.94 CIFC	6
	27.43		58.94 (31.51)			
12	Garrett Molitor	SO	Athenian	58.40	58.95 CIFC	5
	28.13		58.95 (30.82)			
13	Nicholas Arindueque	FR	Terra Linda	58.49	59.39	4
	27.53		59.39 (31.86)			
14	Yassin Dwidar	SR	Foothill	58.99	59.46	3
	28.05		59.46 (31.41)			
15	Donavan Tse	JR	American	58.88	59.81	2
	27.54		59.81 (32.27)			
16	Julian Vuong	SR	College Preparatory	58.99	59.83	1
	28.24		59.83 (31.59)			

Event 23 Girls 400 Yard Freestyle Relay

National HS:	3:14.80	U	2022	Santa Margarita (CA)	SMargarita (CA)
				Hodges, Salvino, O'Dell, Kozan	
NCS Meet:	3:20.42	N	2013	Carondelet	Carondelet
				C. Chenault, N. Amberg, M. Murphy, M. White	
	3:27.49	AA-A	All America Auto.		
	3:30.90	AA-C	All America Cons.		
	3:32.12	CIFA	CIF Automatic		
	3:37.99	CIFC	CIF Consideration		

	Team	Relay	Prelim Time	Finals Time	Points
A - Final					
1	Carondelet		3:29.66	3:25.31 AA-A	40
	1) Stephanie Iannaccone SR	2) Claudia Dumais SR	3) Elisabeth Butler SO	4) Bailey Hartman JR	
	25.54	51.65 (51.65)	1:16.67 (25.02)	1:43.68 (52.03)	
	2:07.98 (24.30)	2:35.13 (51.45)	2:59.20 (24.07)	3:25.31 (50.18)	
2	Monte Vista		3:33.25	3:30.52 AA-C	34
	1) Genesee Quon SO	2) Emily Scheberies SR	3) Layla Busquets SR	4) Addy VonderAhe SO	
	25.19	52.97 (52.97)	1:17.71 (24.74)	1:45.28 (52.31)	
	2:10.39 (25.11)	2:38.37 (53.09)	3:03.01 (24.64)	3:30.52 (52.15)	

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results - Finals****A - Final ... (Event 23 Girls 400 Yard Freestyle Relay)**

Team	Relay	Prelim Time	Finals Time	Points
3 College Preparatory		3:33.93	3:32.67 CIFC	32
1) Paige Arnold SR	2) Mollie Appl JR	3) Lucia Martin Del Campo JR	4) Natalie Mak SO	
24.74	51.62 (51.62)	1:17.35 (25.73)	1:45.09 (53.47)	
2:10.98 (25.89)	2:40.23 (55.14)	3:05.29 (25.06)	3:32.67 (52.44)	
4 Acalanes		3:35.59	3:33.56 CIFC	30
1) Sara Archer SR	2) Sophi MacKay SR	3) Ella Del Rosario FR	4) Sadie Suppiger SO	
26.56	55.08 (55.08)	1:19.62 (24.54)	1:47.20 (52.12)	
2:12.69 (25.49)	2:41.52 (54.32)	3:06.28 (24.76)	3:33.56 (52.04)	
5 San Ramon Valley		3:35.28	3:35.47 CIFC	28
1) Ashlyn Widmer SR	2) Sasha Babushkina FR	3) Avery Knapp JR	4) Raya Mellott SO	
26.69	54.94 (54.94)	1:20.92 (25.98)	1:50.21 (55.27)	
2:15.35 (25.14)	2:44.75 (54.54)	3:08.80 (24.05)	3:35.47 (50.72)	
6 Amador Valley		3:37.48	3:35.65 CIFC	26
1) Florence Lin SR	2) Lillyana Caples FR	3) Lilli Chau SR	4) Rylee Hutchinson FR	
25.91	53.81 (53.81)	1:20.25 (26.44)	1:48.72 (54.91)	
2:14.60 (25.88)	2:43.28 (54.56)	3:08.45 (25.17)	3:35.65 (52.37)	
7 Campolindo		3:38.91	3:35.71 CIFC	24
1) Elise Gratton FR	2) Audrey Le-Nguyen SR	3) SiSi Roggensack SO	4) Lucy Kao FR	
25.42	52.86 (52.86)	1:18.39 (25.53)	1:45.96 (53.10)	
2:11.81 (25.85)	2:41.11 (55.15)	3:07.57 (26.46)	3:35.71 (54.60)	
8 Foothill		3:39.21	3:40.03	22
1) Chloe Xu JR	2) Breuklynn Harris SR	3) Addison Southern JR	4) Kristin Der JR	
26.09	53.66 (53.66)	1:19.88 (26.22)	1:48.35 (54.69)	
2:15.61 (27.26)	2:46.31 (57.96)	3:11.68 (25.37)	3:40.03 (53.72)	

B - Final

9 California		3:39.40	3:38.82	18
1) Sophia Pedersoli SR	2) RaRa Thompson	3) Samantha Gee JR	4) Charlotte Sevin SR	
26.04	53.94 (53.94)	1:21.75 (27.81)	1:51.14 (57.20)	
2:17.41 (26.27)	2:46.96 (55.82)	3:02.40 (15.44)	3:38.82 (51.86)	
10 Miramonte		3:44.39	3:39.83	14
1) Ali Larsen SO	2) Bea Hearey SO	3) Rosalie Hassett JR	4) Petra Cherry SR	
26.58	54.88 (54.88)	1:20.84 (25.96)	1:49.93 (55.05)	
2:16.58 (26.65)	2:44.36 (54.43)	3:10.71 (26.35)	3:39.83 (55.47)	
11 Granada		3:42.78	3:42.00	12
1) Brooke Bennett FR	2) Megan Lemler FR	3) Cassie Clark FR	4) Savannah Evans JR	
25.54	53.09 (53.09)	1:19.69 (26.60)	1:48.40 (55.31)	
2:15.95 (27.55)	2:45.95 (57.55)	3:12.12 (26.17)	3:42.00 (56.05)	
12 Heritage		3:43.53	3:42.79	10
1) Megan Ogden SO	2) Andrea Chang FR	3) Alexia Warner FR	4) Natalia Avalos Paz JR	
26.81	55.37 (55.37)	1:21.55 (26.18)	1:49.72 (54.35)	
2:17.28 (27.56)	2:48.19 (58.47)	3:14.70 (26.51)	3:42.79 (54.60)	
13 Las Lomas		3:41.84	3:42.82	8
1) Sierra Brown JR	2) Sydney Guellert SO	3) Sydney Walburg JR	4) Carlee Davis FR	
26.05	55.04 (55.04)	1:10.93 (15.89)	1:52.99 (57.95)	
2:18.95 (25.96)	2:47.99 (55.00)	3:14.18 (26.19)	3:42.82 (54.83)	
14 Liberty		3:44.26	3:44.56	6
1) Lindsey Hall JR	2) Alana Silva JR	3) Athena Ayers JR	4) Brooke Kleven SR	
27.79	58.05 (58.05)	1:24.72 (26.67)	1:54.74 (56.69)	
2:21.06 (26.32)	2:50.07 (55.33)	3:16.29 (26.22)	3:44.56 (54.49)	
15 Benicia		3:46.63	3:44.80	4
1) Alexandra Grant	2) Mackenzie Mincy	3) Piper Whitty	4) Olivia Pettit	
26.78	55.49 (55.49)	1:23.78 (28.29)	1:53.49 (58.00)	
2:19.13 (25.64)	2:49.76 (56.27)	3:16.09 (26.33)	3:44.80 (55.04)	

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results - Finals****B - Final ... (Event 23 Girls 400 Yard Freestyle Relay)**

Team	Relay	Prelim Time	Finals Time	Points
16 Castro Valley		3:46.82	3:45.95	2
1) Corinne Arakawa SO	2) Dasha Kryuchkuva FR	3) Jennifer Mi SR	4) Samantha Li SR	
28.06	59.13 (59.13)	1:26.81 (27.68)	1:57.70 (58.57)	
2:24.28 (26.58)	2:54.66 (56.96)	3:19.36 (24.70)	3:45.95 (51.29)	

Event 24 Boys 400 Yard Freestyle Relay

National HS:	2:53.81	U	2018	Allegheny North (PA)	Allegheny North
				Gonzalez, Zhang, Wright, Mihm	
NCS Meet:	2:59.00	N	2014	Granada	Granada
				M. Rooney, B. McLaggan, T. Trump, N. Silverthorn	
	3:05.78	AA-A	All America Auto.		
	3:08.14	CIFA	CIF Automatic		
	3:08.49	AA-C	All America Cons.		
	3:13.99	CIFC	CIF Consideration		

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
1 Northgate		3:07.35	3:03.96 AA-A	40
1) Kyle Kengla SO	2) Mason Wendler JR	3) Brady Cannon SO	4) Andrew Hallett SR	
22.34	46.42 (46.42)	1:07.59 (21.17)	1:31.01 (44.59)	
1:53.79 (22.78)	2:18.95 (47.94)	2:40.41 (21.46)	3:03.96 (45.01)	
2 De La Salle		3:08.23	3:04.93 AA-A	34
1) Jed Johnson SO	2) Austin Abrojena SO	3) Scott Iannaccone SR	4) Zach Elian SR	
22.55	47.10 (47.10)	1:09.38 (22.28)	1:34.47 (47.37)	
1:56.49 (22.02)	2:20.89 (46.42)	2:41.99 (21.10)	3:04.93 (44.04)	
3 College Park		3:11.63	3:09.81 CIFC	32
1) Nic Austen FR	2) James Mariolle JR	3) Jackson Barnacal SR	4) Devin Purewal SR	
23.45	47.80 (47.80)	1:10.51 (22.71)	1:36.95 (49.15)	
1:58.95 (22.00)	2:23.21 (46.26)	2:45.37 (22.16)	3:09.81 (46.60)	
4 San Ramon Valley		3:12.29	3:10.37 CIFC	30
1) Nate Cheney JR	2) Sam Seybold JR	3) Nick Tovani JR	4) Drew Arney JR	
23.51	48.53 (48.53)	1:11.10 (22.57)	1:36.03 (47.50)	
1:58.95 (22.92)	2:24.01 (47.98)	2:45.64 (21.63)	3:10.37 (46.36)	
5 Granada		3:11.99	3:10.96 CIFC	28
1) Tyler Ortiz FR	2) Jack Davis SR	3) Sebastian Santiago FR	4) Jack Hendrick SR	
22.69	47.10 (47.10)	1:09.49 (22.39)	1:34.62 (47.52)	
1:58.02 (23.40)	2:24.12 (49.50)	2:46.56 (22.44)	3:10.96 (46.84)	
6 Clayton Valley Charter		3:11.19	3:11.17 CIFC	26
1) Damik Van Fanos JR	2) Dominic Vines JR	3) Shawn Canada JR	4) Diego Castaneda FR	
23.19	48.27 (48.27)	1:10.85 (22.58)	1:36.86 (48.59)	
1:58.97 (22.11)	2:24.94 (48.08)	2:46.94 (22.00)	3:11.17 (46.23)	
7 Dougherty Valley		3:11.70	3:11.86 CIFC	24
1) Ethan Wang SR	2) William Ruy SR	3) Logan Phan JR	4) Songrui Wu FR	
23.06	47.21 (47.21)	1:10.67 (23.46)	1:36.75 (49.54)	
2:00.30 (23.55)	2:26.97 (50.22)	2:48.41 (21.44)	3:11.86 (44.89)	
8 Las Lomas		3:12.35	3:14.06	22
1) Mateo Monroy SR	2) Jacob Galabow SR	3) Ian Bellanca JR	4) Jon Mendelssohn SO	
23.44	49.02 (49.02)	1:11.98 (22.96)	1:37.57 (48.55)	
2:00.01 (22.44)	2:26.11 (48.54)	2:48.47 (22.36)	3:14.06 (47.95)	
B - Final				
9 Amador Valley		3:14.85	3:12.60 CIFC	18
1) Hayden Tupper SR	2) Andrew Lillie JR	3) Oryan Liu FR	4) Devyn Caples JR	
23.12	47.71 (47.71)	1:10.64 (22.93)	1:36.04 (48.33)	
1:59.44 (23.40)	2:25.73 (49.69)	2:48.07 (22.34)	3:12.60 (46.87)	

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results - Finals****B - Final ... (Event 24 Boys 400 Yard Freestyle Relay)**

	Team	Relay	Prelim Time	Finals Time	Points
10	Campolindo		3:12.38	3:13.64 CIFC	14
	1) Nathan Levy SR	2) Reid Lalli JR	3) Michael Chu JR	4) Hayden O'Hare SO	
	23.36	48.35 (48.35)	1:11.12 (22.77)	1:36.71 (48.36)	
	1:59.98 (23.27)	2:25.26 (48.55)	2:48.48 (23.22)	3:13.64 (48.38)	
11	Miramonte		3:16.86	3:14.10	12
	1) Jax Cherry FR	2) Pat Stice SO	3) Ryan Kaelle SR	4) Logan Haines SR	
	23.50	49.67 (49.67)	1:12.78 (23.11)	1:38.73 (49.06)	
	2:01.74 (23.01)	2:27.68 (48.95)	2:49.65 (21.97)	3:14.10 (46.42)	
12	Monte Vista		3:15.72	3:14.45	10
	1) Alex Nicholson JR	2) Jeremy Ting FR	3) Sammy Kan JR	4) Edi Zhang SR	
	23.24	48.57 (48.57)	1:12.14 (23.57)	1:37.79 (49.22)	
	2:00.73 (22.94)	2:25.57 (47.78)	2:48.78 (23.21)	3:14.45 (48.88)	
13	Tamalpais		3:17.12	3:15.79	8
	1) Dean Gustavson JR	2) Ari Blacher SO	3) Cole Stanford SR	4) Marre Gattnar SR	
	23.83	50.32 (50.32)	1:14.79 (24.47)	1:41.70 (51.38)	
	2:05.41 (23.71)	2:31.51 (49.81)	2:52.51 (21.00)	3:15.79 (44.28)	
14	Heritage		3:16.48	3:16.69	6
	1) Nick Woolery SO	2) Isaiah Warner SO	3) Zach Lengyel JR	4) Brendon Chang SR	
	23.91	49.54 (49.54)	1:12.63 (23.09)	1:38.66 (49.12)	
	2:02.57 (23.91)	2:28.75 (50.09)	2:51.56 (22.81)	3:16.69 (47.94)	
15	Bishop O'Dowd		3:18.38	3:18.74	4
	1) Michael Fusinati SR	2) Isreal Gonzales JR	3) Nathan Pompeani FR	4) Jordan Estimo FR	
	23.28	48.56 (48.56)	1:12.25 (23.69)	1:38.85 (50.29)	
	2:02.43 (23.58)	2:28.58 (49.73)	2:52.16 (23.58)	3:18.74 (50.16)	
16	California		3:15.64	3:19.50	2
	1) Alex DeWeese SR	2) Ethan Suehiro	3) Jax Milasincic JR	4) Ian Bryant SR	
	24.03	49.48 (49.48)	1:12.14 (22.66)	1:38.19 (48.71)	
	2:01.84 (23.65)	2:28.08 (49.89)	2:52.29 (24.21)	3:19.50 (51.42)	

Event 25 Girls 100 Yard Freestyle Paralympic

NCS Meet:	1:00.96	N 2022	Addison Southern	Foothill
	50.19	AA-A All America Auto.		
	51.00	AA-C All America Cons.		
	51.47	CIFA CIF Automatic		
	52.88	CIFC CIF Consideration		

	Name	Yr	School	Seed Time	Finals Time	Points
1	Olivia Bell		FR Liberty	1:21.69	1:17.88	2
	36.87		1:17.88 (41.01)			

Event 26 Boys 100 Yard Freestyle Paralympic

NCS Meet:	53.17	N 2022	Shawn Boland	Clayton Valley
	44.86	AA-A All America Auto.		
	45.67	AA-C All America Cons.		
	46.16	CIFA CIF Automatic		
	47.99	CIFC CIF Consideration		

	Name	Yr	School	Seed Time	Finals Time	Points
1	Tyler McMillan		SO Northgate	1:08.23	1:06.19	2
	32.02		1:06.19 (34.17)			
2	Sean Vorhis		Albany	1:23.70	1:20.90	1
	37.63		1:20.90 (43.27)			
3	Nefi Rodarte Lopez		SO Pittsburg	1:42.07	1:41.82	1
	42.27		1:41.82 (59.55)			
4	Ethan Folsom		FR Pittsburg	2:03.18	1:49.04	1

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results - Finals****(Event 26 Boys 100 Yard Freestyle Paralympic)**

	Name	Yr	School	Seed Time	Finals Time	Points
5	Liam Hawley	FR	Freedom	2:46.71	2:51.89	1
	1:18.50		2:51.89 (1:33.39)			

Event 27 Girls 50 Yard Freestyle Paralympic

NCS Meet: 27.72 N 2022 Addison Southern
 23.17 AA-A All America Auto.
 23.53 AA-C All America Cons.
 23.68 CIFA CIF Automatic
 24.39 CIFC CIF Consideration

Foothill

	Name	Yr	School	Seed Time	Finals Time	Points
1	Olivia Bell	FR	Liberty	35.56	35.16	2
2	Haley Wollesen	JR	San Ramon Valley	56.00	1:09.03	1

Event 28 Boys 50 Yard Freestyle Paralympic

NCS Meet: 23.91 N 2022 Shawn Boland
 20.49 AA-A All America Auto.
 20.87 AA-C All America Cons.
 20.99 CIFA CIF Automatic
 21.69 CIFC CIF Consideration

Clayton Valley

	Name	Yr	School	Seed Time	Finals Time	Points
1	Tyler McMillan	SO	Northgate	27.66	26.89	2
2	Sean Vorhis		Albany	40.50	37.04	1
3	Nefi Rodarte Lopez	SO	Pittsburg	41.06	41.98	1
4	Alex Walters	JR	San Ramon Valley	49.05	45.67	1
5	Ethan Folsom	FR	Pittsburg	52.45	48.16	1
6	Liam Hawley	FR	Freedom	1:17.77	1:21.08	1

Event 119 Girls 100 Yard Backstroke Swim-off

54.75 AA-A All America Auto.
 55.83 AA-C All America Cons.
 56.47 CIFA CIF Automatic
 58.99 CIFC CIF Consideration

	Name	Yr	School	Seed Time	Finals Time	Points
- Swim-off						
1	Kennedy Lee	SO	Maria Carrillo	NT	57.68	CIFC
	28.05		57.68 (29.63)			
2	Josephine Oesterer	FR	Piedmont	NT	59.38	
	28.39		59.38 (30.99)			