

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Event 1 Girls 1 mtr Diving**

	Name	Yr	School		Finals Score	Points
1	Molly Gray	SO	Clayton Valley Charter	587.30	540.60	20
2	Valeria Bondarenko	JR	Redwood	527.40	446.50	17
3	Emily Whiteneck	SO	San Ramon Valley	470.85	439.30	16
4	Madalynn Daswani	FR	California	448.15	423.10	15
5	Kaylynn Pruden		Granada	427.90	395.10	14
6	Natalia Gresham		Granada	291.50	377.05	13
7	Jadin Brown	SO	Albany	334.05	376.90	12
8	Mahathi Sudhakar	FR	Dougherty Valley	342.65	376.85	11
9	Nina Schwab	JR	Piedmont	359.35	356.55	9
10	Yasmin Seraj	SR	Foothill	336.00	344.40	7
11	Maya Hammel	FR	Berkeley	359.50	337.80	6
12	Laina Stifter		Granada	297.00	330.70	5
13	Madison Turner	JR	College Park	321.90	318.10	4
14	Dakota Goyert	JR	Acalanes	345.50	313.95	3
15	Ava Lesuer		Granada	296.85	300.15	2
16	Lily McCadden	SR	Redwood	342.90	289.15	1

Event 2 Boys 1 mtr Diving

	Name	Yr	School		Finals Score	Points
1	Michael Solomon	SO	Athenian	451.25	467.35	20
2	Ben Lentz	JR	Amador Valley	456.00	436.80	17
3	Liam Harju	JR	Campolindo	343.45	407.25	16
4	Lucien Geltman-Lamb	JR	Berkeley	329.00	393.80	15
5	Gavin Capelli	JR	Liberty	424.10	331.40	14
6	Tyler Galloway	SO	De La Salle	320.80	308.40	13
7	Lukas Rieken	SR	Vintage	419.80	305.55	12
8	Cole Matarazza	JR	Granada	281.50	287.90	11
9	Q Drief	SO	Liberty	403.25	281.60	9
10	Liam Graham	JR	Berkeley	290.20	277.05	7
11	Arved Rane	FR	California	270.23	247.60	6
12	Barron Parsons	SO	Vintage	252.70	225.15	5
13	Joey Hall	SR	Berkeley	253.25	223.30	4

Event 3 Girls 200 Yard Medley Relay**National HS: 1:38.13 U 2018****Fossil Ridge (CO)****Fossil Ridge (CO)****Stewart, Bartel, Gillilan, Alons****NCS Meet: 1:40.73 N 2011****Carondelet****Carondelet****M. White, A. Gargalikis, C. Ray, C. Chenault****1:44.25 AA-A All America Auto.****1:46.16 AA-C All America Cons.****1:47.23 CIFA CIF Automatic****1:51.99 CIFC CIF Consideration**

	Team	Relay	Prelim Time	Finals Time	Points
A - Final					
1	Campolindo		1:45.41	1:41.38 AA-A	40
	1) Adriana Smith JR	2) Emilia Barck JR	3) Jasmine Fok JR	4) Madison Blackwell JR	
	24.99	53.85 (28.86)	1:18.41 (24.56)	1:41.38 (22.97)	
2	Carondelet		1:46.19	1:42.43 AA-A	34
	1) Madison O'Connell JR	2) Stephanie Iannaccone SR	3) Bailey Hartman JR	4) Airi Seib SR	
	26.04	54.87 (28.83)	1:18.94 (24.07)	1:42.43 (23.49)	

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****A - Final ... (Event 3 Girls 200 Yard Medley Relay)**

Team	Relay		Prelim Time	Finals Time	Points
3 Monte Vista			1:45.49	1:42.77 AA-A	32
1) Emily Scheberies SR	2) Pooja Hemige SR	3) Layla Busquets SR	4) Gretta Callison SR		
25.57	54.80 (29.23)	1:20.08 (25.28)	1:42.77 (22.69)		
4 San Ramon Valley			1:45.86	1:42.90 AA-A	30
1) Miranda Stevenson JR	2) Raya Mellott SO	3) Kayla Gregory SR	4) Alexis Parkinson FR		
26.45	54.00 (27.55)	1:19.45 (25.45)	1:42.90 (23.45)		
5 Redwood			1:48.40	1:48.01 CIFIC	28
1) Adeline Turner SR	2) Mia Solomon SR	3) Kallen Wank SR	4) Amelia Loiacono JR		
28.41	57.54 (29.13)	1:23.17 (25.63)	1:48.01 (24.84)		
6 Foothill			1:48.46	1:48.04 CIFIC	26
1) Kristin Der JR	2) Breuklynn Harris SR	3) Chloe Xu JR	4) Elizabeth Williams SR		
27.14	57.62 (30.48)	1:23.28 (25.66)	1:48.04 (24.76)		
7 Washington			1:50.24	1:49.53 CIFIC	24
1) Medha Raghuraman SR	2) Emma Gyorkos SO	3) Maddy Stewart SR	4) Tran Doan SO		
27.74	57.74 (30.00)	1:24.93 (27.19)	1:49.53 (24.60)		
8 College Preparatory			1:49.93	1:49.93 CIFIC	22
1) Natalie Mak SO	2) Paige Arnold SR	3) Mollie Appl JR	4) Olivia Harris SR		
26.24	57.01 (30.77)	1:22.97 (25.96)	1:49.93 (26.96)		

B - Final

9 Amador Valley			1:51.89	1:49.23 CIFIC	18
1) Rylee Hutchinson FR	2) Elayna Ling SO	3) Lilli Chau SR	4) Florence Lin SR		
27.79	58.58 (30.79)	1:24.76 (26.18)	1:49.23 (24.47)		
10 California			1:52.03	1:50.79 CIFIC	14
1) Sophia Pedersoli SR	2) Sisi Trento	3) Charlotte Sevin SR	4) Samantha Gee JR		
27.62	1:00.56 (32.94)	1:25.83 (25.27)	1:50.79 (24.96)		
11 Dougherty Valley			1:51.12	1:52.19	12
1) Katelyn Roncal SO	2) Kobi Wong SO	3) Grace Li JR	4) Michelle Nguyen SR		
27.75	59.84 (32.09)	1:26.50 (26.66)	1:52.19 (25.69)		
12 Granada			1:52.11	1:52.33	10
1) Brooke Bennett FR	2) Saveta Holunga SO	3) Maggie Robinson SR	4) Megan Lemler FR		
27.67	59.84 (32.17)	1:26.85 (27.01)	1:52.33 (25.48)		
13 Marin Catholic			1:50.93	1:52.35	8
1) Holly Tarantino SR	2) Esme Quay FR	3) Alyssa Kooy JR	4) Bella Kiriakis SR		
27.37	59.13 (31.76)	1:26.34 (27.21)	1:52.35 (26.01)		
14 Heritage			1:52.51	1:52.64	6
1) Andrea Chang FR	2) Sydney Flanery SR	3) Natalia Avalos Paz JR	4) Megan Ogden SO		
28.17	1:00.17 (32.00)	1:27.77 (27.60)	1:52.64 (24.87)		
15 Clayton Valley Charter			1:52.62	1:52.75	4
1) Haylee Wong FR	2) Maya Canada SO	3) Abigail Adent FR	4) Madison Bautista FR		
29.19	1:00.60 (31.41)	1:28.84 (28.24)	1:52.75 (23.91)		
16 Maria Carrillo			1:52.32	1:53.25	2
1) Chloe Morelle FR	2) Lutece Morelle FR	3) Kennedy Lee SO	4) Jasmine Arroyo JR		
29.22	1:02.18 (32.96)	1:28.31 (26.13)	1:53.25 (24.94)		

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Event 3 Girls 200 Yard Medley Relay****National HS: 1:38.13 U 2018****Fossil Ridge (CO)****Fossil Ridge (CO)****NCS Meet: 1:40.73 N 2011****Stewart, Bartel, Gillilan, Alons****Carondelet****Carondelet****M. White, A. Gargalikis, C. Ray, C. Chenault****1:44.25 AA-A All America Auto.****1:46.16 AA-C All America Cons.****1:47.23 CIFA CIF Automatic****1:51.99 CIFC CIF Consideration**

Team	Relay		Seed Time	Prelim Time	
Preliminaries					
1 Campolindo			1:50.36	1:45.41	AA-C
1) Adriana Smith JR	2) Elise Gratton FR	3) Jasmine Fok JR	4) Whitney Wilkalis JR		
25.49	55.58 (30.09)	1:20.23 (24.65)	1:45.41 (25.18)		
2 Monte Vista			1:43.63	1:45.49	AA-C
1) Emily Scheberies SR	2) Pooja Hemige SR	3) Layla Busquets SR	4) Eva Busquets FR		
26.12	55.59 (29.47)	1:20.85 (25.26)	1:45.49 (24.64)		
3 San Ramon Valley			1:43.60	1:45.86	AA-C
1) Miranda Stevenson JR	2) Hayley Gregory JR	3) Kayla Gregory SR	4) Alexis Parkinson FR		
26.77	57.27 (30.50)	1:22.31 (25.04)	1:45.86 (23.55)		
4 Carondelet			1:43.14	1:46.19	CIFA
1) Madison O'Connell JR	2) Stephanie Iannaccone SR	3) Siena Santos FR	4) Elsa Horciza JR		
26.22	55.90 (29.68)	1:21.55 (25.65)	1:46.19 (24.64)		
5 Redwood			1:48.16	1:48.40	CIFC
1) Adeline Turner SR	2) Mia Solomon SR	3) Kallen Wank SR	4) Amelia Loiacono JR		
28.74	57.25 (28.51)	1:23.64 (26.39)	1:48.40 (24.76)		
6 Foothill			1:47.01	1:48.46	CIFC
1) Kristin Der JR	2) Breuklynn Harris SR	3) Chloe Xu JR	4) Elizabeth Williams SR		
27.37	56.74 (29.37)	1:22.24 (25.50)	1:48.46 (26.22)		
7 College Preparatory			1:49.63	1:49.93	CIFC
1) Natalie Mak SO	2) Paige Arnold SR	3) Mollie Appl JR	4) Olivia Harris SR		
26.39	56.70 (30.31)	1:22.59 (25.89)	1:49.93 (27.34)		
8 Washington			1:50.01	1:50.24	CIFC
1) Medha Raghuraman SR	2) Emma Gyorkos SO	3) Maddy Stewart SR	4) Tran Doan SO		
27.65	58.06 (30.41)	1:25.68 (27.62)	1:50.24 (24.56)		
9 Marin Catholic			1:53.18	1:50.93	CIFC
1) Holly Tarantino SR	2) Esme Quay FR	3) Alyssa Kooy JR	4) Bella Kiriakis SR		
27.32	57.98 (30.66)	1:25.48 (27.50)	1:50.93 (25.45)		
10 Dougherty Valley			1:50.96	1:51.12	CIFC
1) Katelyn Roncal SO	2) Kobi Wong SO	3) Grace Li JR	4) Michelle Nguyen SR		
27.77	59.05 (31.28)	1:25.96 (26.91)	1:51.12 (25.16)		
11 Amador Valley			1:50.39	1:51.89	CIFC
1) Rylee Hutchinson FR	2) Elayna Ling SO	3) Lilli Chau SR	4) Florence Lin SR		
28.24	59.61 (31.37)	1:26.94 (27.33)	1:51.89 (24.95)		
12 California			1:55.26	1:52.03	
1) Sophia Pedersoli SR	2) Sisi Trento	3) Charlotte Sevin SR	4) Samantha Gee JR		
28.11	1:01.68 (33.57)	1:26.92 (25.24)	1:52.03 (25.11)		
13 Granada			1:50.54	1:52.11	
1) Brooke Bennett FR	2) Gabby Kleman FR	3) Maggie Robinson SR	4) Megan Lemler FR		
27.76	59.65 (31.89)	1:26.93 (27.28)	1:52.11 (25.18)		
14 Maria Carrillo			1:51.87	1:52.32	
1) Chloe Morelle FR	2) Lutece Morelle FR	3) Kennedy Lee SO	4) Jasmine Arroyo JR		
34.57	1:02.03 (27.46)	1:27.31 (25.28)	1:52.32 (25.01)		

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 3 Girls 200 Yard Medley Relay)**

	Team	Relay	Seed Time	Prelim Time
15	Heritage		1:54.00	1:52.51
	1) Andrea Chang FR	2) Sydney Flanery SR	3) Natalia Avalos Paz JR	4) Megan Ogden SO
	28.34	1:00.09 (31.75)	1:27.46 (27.37)	1:52.51 (25.05)
16	Clayton Valley Charter		1:52.85	1:52.62
	1) Haylee Wong FR	2) Maya Canada SO	3) Abigail Adent FR	4) Madison Bautista FR
	29.15	1:00.45 (31.30)	1:28.40 (27.95)	1:52.62 (24.22)
17	Irvington		1:54.86	1:53.13
	1) Alyson Tan FR	2) Kayli Dai SO	3) Angela Quan SR	4) Erin Wong SO
	30.59	1:02.80 (32.21)	1:27.29 (24.49)	1:53.13 (25.84)
18	Northgate		1:53.11	1:53.13
	1) Cady Chan SR	2) Vlada Chekurova SO	3) Lily Struempf JR	4) Brooke Sullivan SO
	28.26	1:00.56 (32.30)	1:28.04 (27.48)	1:53.13 (25.09)
19	Athenian		2:01.00	1:53.53
	1) Annabel Piel SR	2) Aria Capelli JR	3) Parisa Mosavat FR	4) Makayla Harrington JR
	26.54	56.69 (30.15)	1:25.26 (28.57)	1:53.53 (28.27)
20	Acalanes		1:54.51	1:53.77
	1) Taryn Veronda JR	2) Daylor Williams SR	3) Olivia Hoppe JR	4) Sarah Potter SR
	27.88	1:00.22 (32.34)	1:28.80 (28.58)	1:53.77 (24.97)
21	Benicia		1:53.03	1:54.33
	1) Olivia Pettit	2) Mackenzie Mincy	3) Alexandra Grant	4) Piper Whitty
	27.69	1:01.14 (33.45)	1:28.92 (27.78)	1:54.33 (25.41)
22	Berkeley		1:55.43	1:54.39
	1) Brianna Smyth SR	2) Charlotte Livermore SO	3) Abril Esqueda JR	4) Anaya Lehman SO
	28.32	59.90 (31.58)	1:28.05 (28.15)	1:54.39 (26.34)
23	Tamalpais		1:52.16	1:54.43
	1) Addison Everage SO	2) Chloe Firmage JR	3) Annika Hakes FR	4) Elle Philp SO
	27.81	59.76 (31.95)	1:27.90 (28.14)	1:54.43 (26.53)
24	Mission San Jose		1:54.12	1:54.63
	1) Nicole Pham SR	2) Meghan Ly JR	3) Jennifer Xu FR	4) Natalie Lim FR
	29.07	59.03 (29.96)	1:27.24 (28.21)	1:54.63 (27.39)
25	Miramonte		1:55.46	1:54.95
	1) Reagan Kaelle SR	2) Kaia Bonham FR	3) Paige Meyers SR	4) Maggie Rebmann SO
	29.03	1:01.69 (32.66)	1:29.64 (27.95)	1:54.95 (25.31)
26	Newark Memorial		1:56.39	1:55.14
	1) Fiona Lei SR	2) Sophia McLoy SO	3) Elizabeth Haba FR	4) Aries Leyva JR
	27.44	1:00.18 (32.74)	1:27.70 (27.52)	1:55.14 (27.44)
27	Las Lomas		1:57.52	1:55.29
	1) Sydney Walburg JR	2) Lily Palma FR	3) Jessie Wright JR	4) Sydney Guellert SO
	29.04	1:02.18 (33.14)	1:29.55 (27.37)	1:55.29 (25.74)
28	Terra Linda		1:54.34	1:55.97
	1) Kira Rodriguez JR	2) Rosie Lucchesi JR	3) Jada Swan JR	4) Catherine Fahrner JR
	29.89	1:01.14 (31.25)	1:28.71 (27.57)	1:55.97 (27.26)
29	Analy		1:58.16	1:57.64
	1) Anya Gagnon SR	2) Madi West SR	3) Mackenzie Black SR	4) Maddy Johnson SO
	29.74	1:00.12 (30.38)	1:30.05 (29.93)	1:57.64 (27.59)
30	Justin-Siena		1:59.30	1:57.87
	1) Kaela Fegan SO	2) Clare Cuneo FR	3) Mackenzie Kawashiri SR	4) Lila Heffernan JR
	31.85	1:07.77 (35.92)	1:35.08 (27.31)	1:57.87 (22.79)
31	Liberty		1:54.76	1:57.88
	1) Athena Ayers JR	2) Elena Lazzaro SR	3) Alana Silva JR	4) Brooke Kleven SR
	29.51	1:09.23 (39.72)	1:32.96 (23.73)	1:57.88 (24.92)
32	James Logan		2:00.67	1:58.87
	1) Bethany Kiang JR	2) Sophie Lowe SO	3) Angela D'Amelio JR	4) Sophia Parisi SR
	30.22	1:03.70 (33.48)	1:31.51 (27.81)	1:58.87 (27.36)

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 3 Girls 200 Yard Medley Relay)**

Team	Relay		Seed Time	Prelim Time
33 Novato			1:55.65	1:59.01
1) Tessa Garvey Miller SO	2) Dylan Hayse SO	3) Amanda Ross JR	4) Emmerson Wunderlich FR	
30.32	1:05.56 (35.24)	1:33.97 (28.41)	1:59.01 (25.04)	
34 College Park			2:00.24	1:59.55
1) Andrea Garcia FR	2) Roxy Tillberg JR	3) Audrey Hoover JR	4) Julia Garcia JR	
30.81	1:04.69 (33.88)	1:32.95 (28.26)	1:59.55 (26.60)	
35 American			1:54.61	2:00.96
1) Michelle Huang JR	2) Katie Huang JR	3) Julia Wan FR	4) Hailey Olalia FR	
32.00	1:06.86 (34.86)	1:33.77 (26.91)	2:00.96 (27.19)	
36 Dublin			1:59.42	2:01.17
1) Emmy Loftus SO	2) Zoe Esquivel JR	3) Kelsie Spears FR	4) Paige Nothelfer JR	
33.55	1:07.91 (34.36)	1:35.84 (27.93)	2:01.17 (25.33)	
37 Piedmont			1:54.74	2:01.21
1) Josephine Oesterer FR	2) Abigail Jacoby FR	3) Taylor Rolefson SO	4) Sydney Olson FR	
28.25	1:03.88 (35.63)	1:34.84 (30.96)	2:01.21 (26.37)	
38 American Canyon			1:59.68	2:02.80
1) Holly Schofield SR	2) Beyah Matteo JR	3) Keona Perseveranda JR	4) Alejandra Valladares JR	
32.53	1:08.15 (35.62)	1:37.45 (29.30)	2:02.80 (25.35)	
--- Castro Valley			1:58.31	DQ
1) Stella Chang SO	2) Jennifer Mi SR	3) Corinne Arakawa SO	4) Dasha Kryuchkuva FR	
33.02	1:06.58 (33.56)	1:35.08 (28.50)	DQ (26.00)	
--- Cardinal Newman			1:53.11	DQ
1) Natalie Farquhar SO	2) Lydia Cunningham FR	3) Morgan Puckett FR	4) Jordyn Menconi FR	
26.55	1:00.32 (33.77)	1:27.13 (26.81)	DQ (24.92)	

Event 4 Boys 200 Yard Medley Relay

National HS:	1:26.88	U 2022	Carmel (IN)	Carmel (IN)
			Sullivan, Malicki, Shackell, Holmes	
NCS Meet:	1:30.26	N 2015	Northgate	Northgate
			C. Kirkpatrick, S. Wu, M. Tittle, M. Bottene	
	1:32.90	AA-A All America Auto.		
	1:34.48	AA-C All America Cons.		
	1:34.76	CIFA CIF Automatic		
	1:37.99	CIFC CIF Consideration		

Team		Relay		Prelim Time	Finals Time	Points
A - Final						
1	De La Salle			1:33.89	1:32.02 AA-A	40
	1) Scott Iannaccone SR	2) Tyler Laymon SR	3) Conor Halley-McCarty JR	4) Zach Elian SR		
	23.19	49.59 (26.40)	1:11.89 (22.30)	1:32.02 (20.13)		
2	American			1:34.38	1:33.27 AA-C	34
	1) Ryin Ruaboro JR	2) Donovan Tse JR	3) Edward Huang JR	4) Ray Cillo SR		
	24.15	50.44 (26.29)	1:11.99 (21.55)	1:33.27 (21.28)		
3	Northgate			1:35.57	1:33.80 AA-C	32
	1) Scott McMillan JR	2) Marcus Manuel SO	3) Jacob Mohrland SR	4) Kyle Kengla SO		
	23.92	50.61 (26.69)	1:12.96 (22.35)	1:33.80 (20.84)		
4	San Ramon Valley			1:34.92	1:34.71 CIFA	30
	1) Riley Coleman SR	2) Sam Seybold JR	3) Kushawn Harandi SO	4) Sawyer Jones JR		
	23.59	50.46 (26.87)	1:13.62 (23.16)	1:34.71 (21.09)		
5	Campolindo			1:36.25	1:35.61 CIFC	28
	1) Nathan Levy SR	2) Parker Smith JR	3) Reid Lalli JR	4) Grant Roesch SR		
	23.98	50.61 (26.63)	1:14.06 (23.45)	1:35.61 (21.55)		
6	Granada			1:36.73	1:35.80 CIFC	26
	1) Jack Hendrick SR	2) Sebastian Santiago FR	3) Tyler Ortiz FR	4) Jack Davis SR		
	23.60	51.12 (27.52)	1:14.32 (23.20)	1:35.80 (21.48)		

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****A - Final ... (Event 4 Boys 200 Yard Medley Relay)**

Team	Relay	Prelim Time	Finals Time	Points
7 California		1:36.01	1:35.82 CIFIC	24
1) Alex DeWeese SR	2) Jax Milasincic JR	3) Ethan Suehiro	4) Owen Berry SR	
25.78	52.07 (26.29) 1:14.73 (22.66)	1:35.82 (21.09)		
--- Monte Vista		1:35.10	DQ	
1) Nick VonderAhe SR	2) Sammy Kan JR	3) Brady Lind SR	4) Ian Palmer SR	
24.49	50.96 (26.47) 1:13.52 (22.56)	DQ (20.69)		

B - Final

9 Tamalpais		1:37.21	1:37.53 CIFIC	18
1) Marre Gattnar SR	2) Frederick Goldstein SR	3) Cole Stanford SR	4) Dean Gustavson JR	
23.20	51.51 (28.31) 1:15.92 (24.41)	1:37.53 (21.61)		
10 Las Lomas		1:37.55	1:38.31	14
1) Jon Mendelssohn SO	2) Will Brown JR	3) Ian Bellanca JR	4) Brett Nelson JR	
24.61	52.47 (27.86) 1:16.47 (24.00)	1:38.31 (21.84)		
11 Dougherty Valley		1:37.54	1:38.54	12
1) Darrell Liu SR	2) William Ruy SR	3) Songpu Wu FR	4) Ethan Wang SR	
25.26	53.11 (27.85) 1:16.63 (23.52)	1:38.54 (21.91)		
12 Foothill		1:38.91	1:38.81	10
1) Connor Kann JR	2) Yassin Dwidar SR	3) Phil Lin SO	4) Liam Alexander SO	
25.57	53.05 (27.48) 1:16.59 (23.54)	1:38.81 (22.22)		
13 Miramonte		1:38.39	1:38.90	8
1) Lucas Washburn JR	2) Luke Lewis SR	3) Ryan Kaelle SR	4) Grant Kurtz JR	
25.87	53.31 (27.44) 1:17.02 (23.71)	1:38.90 (21.88)		
14 Castro Valley		1:39.01	1:39.49	6
1) Simon Li SO	2) Nathan Nguyen SO	3) Gavin Willits SR	4) Nathan Arakawa SR	
24.70	53.82 (29.12) 1:17.41 (23.59)	1:39.49 (22.08)		
15 Amador Valley		1:37.72	1:40.55	4
1) Hayden Tupper SR	2) Oryan Liu FR	3) Devyn Caples JR	4) Andrew Xiao SR	
24.31	52.67 (28.36) 1:16.14 (23.47)	1:40.55 (24.41)		
16 College Park		1:39.49	1:41.47	2
1) James Mariolle JR	2) Nic Austen FR	3) Nate Wendling SR	4) Zac Gartner JR	
27.32	55.64 (28.32) 1:20.11 (24.47)	1:41.47 (21.36)		

Event 4 Boys 200 Yard Medley Relay

National HS:	1:26.88 U 2022	Carmel (IN)	Carmel (IN)
		Sullivan, Malicki, Shackell, Holmes	
NCS Meet:	1:30.26 N 2015	Northgate	Northgate
		C. Kirkpatrick, S. Wu, M. Tittle, M. Bottene	
	1:32.90 AA-A All America Auto.		
	1:34.48 AA-C All America Cons.		
	1:34.76 CIFA CIF Automatic		
	1:37.99 CIFIC CIF Consideration		

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 De La Salle		1:33.53	1:33.89 AA-C
1) Scott Iannaccone SR	2) Tyler Laymon SR	3) Conor Halley-McCarty JR	4) Zach Elian SR
23.54	50.44 (26.90) 1:13.10 (22.66)	1:33.89 (20.79)	
2 American		1:36.19	1:34.38 AA-C
1) Ryin Ruaboro JR	2) Donovan Tse JR	3) Edward Huang JR	4) Ray Cillo SR
24.10	50.73 (26.63) 1:12.66 (21.93)	1:34.38 (21.72)	
3 San Ramon Valley		1:35.53	1:34.92 CIFIC
1) Riley Coleman SR	2) Sam Seybold JR	3) Kushawn Harandi SO	4) Sawyer Jones JR
24.43	51.11 (26.68) 1:14.21 (23.10)	1:34.92 (20.71)	

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 4 Boys 200 Yard Medley Relay)**

	Team	Relay	Seed Time	Prelim Time
4	Monte Vista		1:35.59	1:35.10 CIFIC
	1) Nick VonderAhe SR	2) Sammy Kan JR	3) Brady Lind SR	4) Ian Palmer SR
	25.14	51.32 (26.18)	1:13.90 (22.58)	1:35.10 (21.20)
5	Northgate		1:35.16	1:35.57 CIFIC
	1) Benjamin Nonaka FR	2) Marcus Manuel SO	3) Jacob Mohrland SR	4) Kyle Kengla SO
	25.06	52.01 (26.95)	1:14.60 (22.59)	1:35.57 (20.97)
6	California		1:38.14	1:36.01 CIFIC
	1) Alex DeWeese SR	2) Jax Milasincic JR	3) Ethan Suehiro	4) Owen Berry SR
	26.00	52.11 (26.11)	1:14.90 (22.79)	1:36.01 (21.11)
7	Campolindo		1:36.92	1:36.25 CIFIC
	1) Nathan Levy SR	2) Parker Smith JR	3) Reid Lalli JR	4) Grant Roesch SR
	24.87	51.28 (26.41)	1:14.69 (23.41)	1:36.25 (21.56)
8	Granada		1:38.95	1:36.73 CIFIC
	1) Jack Hendrick SR	2) Sebastian Santiago FR	3) Tyler Ortiz FR	4) Jack Davis SR
	24.06	51.85 (27.79)	1:15.21 (23.36)	1:36.73 (21.52)
9	Tamalpais		1:36.07	1:37.21 CIFIC
	1) Marre Gattnar SR	2) Frederick Goldstein SR	3) Andrew Sternfels SO	4) Dean Gustavson JR
	22.75	50.66 (27.91)	1:15.50 (24.84)	1:37.21 (21.71)
10	Dougherty Valley		1:36.56	1:37.54 CIFIC
	1) Darrell Liu SR	2) William Ruy SR	3) Songrui Wu FR	4) Ethan Wang SR
	25.01	53.35 (28.34)	1:15.59 (22.24)	1:37.54 (21.95)
11	Las Lomas		1:38.10	1:37.55 CIFIC
	1) Jon Mendelssohn SO	2) Will Brown JR	3) Carson Hudson FR	4) Brett Nelson JR
	23.82	51.27 (27.45)	1:15.19 (23.92)	1:37.55 (22.36)
12	Amador Valley		1:37.44	1:37.72 CIFIC
	1) Hayden Tupper SR	2) Oryan Liu FR	3) Devyn Caples JR	4) Andrew Xiao SR
	24.42	51.92 (27.50)	1:15.41 (23.49)	1:37.72 (22.31)
13	Miramonte		1:38.45	1:38.39
	1) Sean Cunningham FR	2) Luke Lewis SR	3) Ryan Kaelle SR	4) Grant Kurtz JR
	26.19	53.46 (27.27)	1:16.50 (23.04)	1:38.39 (21.89)
14	Foothill		1:38.85	1:38.91
	1) Connor Kann JR	2) Yassin Dwidar SR	3) Phil Lin SO	4) Liam Alexander SO
	25.43	52.63 (27.20)	1:16.52 (23.89)	1:38.91 (22.39)
15	Castro Valley		1:39.57	1:39.01
	1) Simon Li SO	2) Nathan Nguyen SO	3) Gavin Willits SR	4) Nathan Arakawa SR
	24.63	53.36 (28.73)	1:17.29 (23.93)	1:39.01 (21.72)
16	College Park		1:42.80	1:39.49
	1) James Mariolle JR	2) Nic Austen FR	3) Nate Wendling SR	4) Zac Gartner JR
	26.91	53.80 (26.89)	1:17.95 (24.15)	1:39.49 (21.54)
17	Acalanes		1:37.96	1:39.84
	1) Grant Eubanks SR	2) Will Dreyer SR	3) Hans Ramirez JR	4) Christian Gotterup SR
	25.28	52.95 (27.67)	1:18.30 (25.35)	1:39.84 (21.54)
18	Terra Linda		1:41.49	1:40.79
	1) Jackson Conway SO	2) Nicholas Arinduque FR	3) Andrew Chong FR	4) Jack Middleton SO
	27.08	53.28 (26.20)	1:18.91 (25.63)	1:40.79 (21.88)
19	Benicia		1:39.46	1:41.02
	1) Aden Li	2) Luciano Crews	3) Lucas Cagnon	4) Bryce Mincy
	23.73	52.94 (29.21)	1:18.63 (25.69)	1:41.02 (22.39)
20	Novato		1:40.78	1:41.55
	1) Brett Brewer JR	2) Rex Franus SO	3) Noah Nicholas SO	4) Bryden Thielenhaus JR
	25.53	56.20 (30.67)	1:20.76 (24.56)	1:41.55 (20.79)

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 4 Boys 200 Yard Medley Relay)**

	Team	Relay	Seed Time	Prelim Time
21	Newark Memorial		1:41.72	1:42.05
	1) Evan Haba JR	2) Adrian Rosales SO	3) Noah Caron FR	4) Miguel Medrano FR
	25.51	53.15 (27.64)	1:18.53 (25.38)	1:42.05 (23.52)
22	Freedom		1:41.80	1:42.09
	1) Connor Tompkins SR	2) Matthew Nakayama FR	3) Danny Fowler SO	4) Joe Greer SO
	27.73	55.60 (27.87)	1:19.30 (23.70)	1:42.09 (22.79)
23	Justin-Siena		1:43.85	1:42.27
	1) Logan Brough SR	2) Viktor Tapia JR	3) Rafael Estimo FR	4) Daniel Roberts SR
	27.21	56.72 (29.51)	1:20.01 (23.29)	1:42.27 (22.26)
24	Vintage		1:45.17	1:42.84
	1) Yuki Hayashi JR	2) Jack Larsen SO	3) Cody Fridolfs SR	4) Mathew Lloyd SR
	25.23	53.60 (28.37)	1:18.93 (25.33)	1:42.84 (23.91)
25	Heritage		1:41.17	1:42.95
	1) Nick Cadero FR	2) Anderson Loo SO	3) Isaiah Warner SO	4) Zach Lengyel JR
	25.83	56.05 (30.22)	1:19.76 (23.71)	1:42.95 (23.19)
26	Marin Academy		1:45.22	1:43.33
	1) Tristan LU SO	2) Jeremy Tachiki SR	3) Ewan Smith JR	4) Schuyler Rewick JR
	26.33	56.33 (30.00)	1:20.93 (24.60)	1:43.33 (22.40)
27	Head-Royce		1:44.00	1:43.55
	1) Jonathan Dong JR	2) Ben Kang SR	3) Chetan Raghavan SO	4) Ben Wang JR
	28.22	56.02 (27.80)	1:20.46 (24.44)	1:43.55 (23.09)
28	Clayton Valley Charter		1:38.91	1:43.74
	1) Kyle Stilinovich FR	2) Finn Cleary FR	3) Jack Parker JR	4) Dominic Vines JR
	27.44	57.52 (30.08)	1:21.82 (24.30)	1:43.74 (21.92)
29	Piedmont		1:44.69	1:44.28
	1) Dimitri Secor FR	2) Ryan Stokes JR	3) Nikita Costello FR	4) Thomas Rolefson SO
	26.92	56.47 (29.55)	1:22.18 (25.71)	1:44.28 (22.10)
30	Athenian		1:44.09	1:44.44
	1) Michael Solomon SO	2) Garrett Molitor SO	3) Charlie Hallman JR	4) Sam Laudy JR
	28.23	55.14 (26.91)	1:20.24 (25.10)	1:44.44 (24.20)
31	College Preparatory		1:43.68	1:44.66
	1) Zachary Zener SR	2) Julian Vuong SR	3) Adam Sutro SO	4) Jalen Vuong JR
	25.26	52.91 (27.65)	1:21.45 (28.54)	1:44.66 (23.21)
32	Albany		1:43.52	1:44.91
	1) Ryan Hong FR	2) Peter Gladkevich FR	3) Aasish Dangol FR	4) Tenzin Jungey
	28.98	57.19 (28.21)	1:20.88 (23.69)	1:44.91 (24.03)
33	Mission San Jose		1:45.52	1:45.07
	1) Jonathan Xu SO	2) Aidan Ta JR	3) Daniel Gong SR	4) Ryan Kumar FR
	27.61	55.37 (27.76)	1:21.73 (26.36)	1:45.07 (23.34)
34	Napa		1:44.06	1:45.23
	1) Andrew Dillon JR	2) Noah Hattori SO	3) Carlo Delanni SR	4) Camerone Scargle JR
	25.86	55.17 (29.31)	1:20.95 (25.78)	1:45.23 (24.28)
35	Bishop O'Dowd		1:43.17	1:46.11
	1) Lukas Soderberg FR	2) Nathan Pompeani FR	3) Fred Housand FR	4) Ryan Walsh JR
	28.61	58.07 (29.46)	1:23.02 (24.95)	1:46.11 (23.09)
36	Pinole Valley		1:45.58	1:46.38
	1) David Shalz JR	2) Gibson Meeker SR	3) Corey Rarmirez SO	4) Ethan Normington JR
	27.73	56.64 (28.91)	1:22.06 (25.42)	1:46.38 (24.32)
37	Redwood		1:41.84	1:46.52
	1) Lukas Knauer SO	2) Owen Pritchard SO	3) Charles Scott SO	4) Andrew Wallace FR
	28.43	56.73 (28.30)	1:22.40 (25.67)	1:46.52 (24.12)
38	Berkeley		1:45.46	1:47.28
	1) Yair Sas SO	2) Ariel Kehat JR	3) Connor Levi-Lang SO	4) Eamonn Kaufer SO
	28.45	57.46 (29.01)	1:22.98 (25.52)	1:47.28 (24.30)

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 4 Boys 200 Yard Medley Relay)**

	Team	Relay	Seed Time	Prelim Time
39	San Marin		1:44.44	1:47.62
	1) Colin Eilerman JR	2) Miron Gridin FR	3) Hayden Cordero JR	4) Christian Ongwongsakul SR
	26.39	56.27 (29.88)	1:22.63 (26.36)	1:47.62 (24.99)
40	American Canyon		1:41.88	1:49.36
	1) Raphael Cueva FR	2) Aidan Velicaria JR	3) Joseph Patocchi SR	4) Dominic Losado SO
	27.30	58.01 (30.71)	1:24.77 (26.76)	1:49.36 (24.59)

Event 5 Girls 200 Yard Freestyle

National HS: 1:41.55 U 2015 Kathleen Ledesky
NCS Meet: 1:44.45 N 2013 Chelsea Chenault
 1:48.76 AA-A All America Auto.
 1:50.56 AA-C All America Cons.
 1:51.23 CIFA CIF Automatic
 1:54.99 CIFC CIF Consideration

Stone Ridge (MD)
Carondelet

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Lila Heffernan	JR	Justin-Siena	1:49.20	1:48.58 AA-A	20
	24.74	52.03 (27.29)	1:19.89 (27.86)	1:48.58 (28.69)		
2	Kaitlin Lee	JR	Dublin	1:50.29	1:50.65 CIFA	17
	25.42	52.89 (27.47)	1:21.47 (28.58)	1:50.65 (29.18)		
3	Rylee Hutchinson	FR	Amador Valley	1:52.13	1:51.41 CIFC	16
	26.32	54.86 (28.54)	1:23.51 (28.65)	1:51.41 (27.90)		
4	Lily Struempf	JR	Northgate	1:52.69	1:52.19 CIFC	15
	26.41	54.84 (28.43)	1:23.59 (28.75)	1:52.19 (28.60)		
5	Elisabeth Butler	SO	Carondelet	1:51.98	1:52.97 CIFC	14
	25.64	53.15 (27.51)	1:22.14 (28.99)	1:52.97 (30.83)		
6	Sadie Suppiger	SO	Acalanes	1:52.47	1:53.79 CIFC	13
	26.13	54.29 (28.16)	1:23.58 (29.29)	1:53.79 (30.21)		
7	Claudia Dumais	SR	Carondelet	1:55.35	1:55.49	12
	26.86	55.97 (29.11)	1:25.63 (29.66)	1:55.49 (29.86)		
8	Zoe Venetta	FR	Monte Vista	1:56.34	1:56.19	11
	27.04	55.99 (28.95)	1:26.06 (30.07)	1:56.19 (30.13)		
B - Final						
9	Carlee Davis	FR	Las Lomas	1:57.13	1:57.60	9
	27.28	56.82 (29.54)	1:27.25 (30.43)	1:57.60 (30.35)		
10	Ava Tseng	JR	San Ramon Valley	1:57.27	1:57.68	7
	28.10	57.73 (29.63)	1:27.46 (29.73)	1:57.68 (30.22)		
11	Natalia Avalos Paz	JR	Heritage	1:58.59	1:58.38	6
	27.24	56.79 (29.55)	1:27.46 (30.67)	1:58.38 (30.92)		
12	Estelle Engelskirchen	SR	San Rafael	1:58.35	1:58.60	5
	28.12	58.02 (29.90)	1:28.68 (30.66)	1:58.60 (29.92)		
13	Josie Haast	FR	Carondelet	1:57.33	1:58.69	4
	27.62	57.22 (29.60)	1:27.90 (30.68)	1:58.69 (30.79)		
14	Madelynn Gomez	JR	Carondelet	1:56.85	1:58.79	3
	27.29	57.16 (29.87)	1:27.93 (30.77)	1:58.79 (30.86)		
15	Lucia Martin Del Campo	JR	College Preparatory	1:58.66	1:58.99	2
	27.66	57.96 (30.30)	1:28.99 (31.03)	1:58.99 (30.00)		
16	Taylor Rolefson	SO	Piedmont	1:58.03	1:59.67	1
	27.01	57.13 (30.12)	1:13.15 (16.02)	1:59.67 (46.52)		

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Event 5 Girls 200 Yard Freestyle****National HS: 1:41.55 U 2015****Kathleen Ledecky****Stone Ridge (MD)****NCS Meet: 1:44.45 N 2013****Chelsea Chenault****Carondelet****1:48.76 AA-A All America Auto.****1:50.56 AA-C All America Cons.****1:51.23 CIFA CIF Automatic****1:54.99 CIFC CIF Consideration**

Name		Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Lila Heffernan	JR	Justin-Siena	1:50.59	1:49.20	AA-C
	25.06	52.67 (27.61)	1:21.03 (28.36)	1:49.20 (28.17)		
2	Kaitlin Lee	JR	Dublin	1:51.09	1:50.29	AA-C
	25.76	53.37 (27.61)	1:21.80 (28.43)	1:50.29 (28.49)		
3	Elisabeth Butler	SO	Carondelet	1:52.44	1:51.98	CIFC
	25.57	53.32 (27.75)	1:22.13 (28.81)	1:51.98 (29.85)		
4	Rylee Hutchinson	FR	Amador Valley	1:53.32	1:52.13	CIFC
	26.44	54.96 (28.52)	1:23.81 (28.85)	1:52.13 (28.32)		
5	Sadie Suppiger	SO	Acalanes	1:52.59	1:52.47	CIFC
	26.12	54.10 (27.98)	1:22.98 (28.88)	1:52.47 (29.49)		
6	Lily Struempf	JR	Northgate	1:52.23	1:52.69	CIFC
	26.98	55.84 (28.86)	1:24.49 (28.65)	1:52.69 (28.20)		
7	Claudia Dumais	SR	Carondelet	1:55.29	1:55.35	
	26.99	56.57 (29.58)	1:25.96 (29.39)	1:55.35 (29.39)		
8	Zoe Venetta	FR	Monte Vista	1:57.11	1:56.34	
	26.45	55.64 (29.19)	1:26.23 (30.59)	1:56.34 (30.11)		
9	Madelynn Gomez	JR	Carondelet	1:55.57	1:56.85	
	26.87	56.14 (29.27)	1:26.63 (30.49)	1:56.85 (30.22)		
10	Carlee Davis	FR	Las Lomas	1:55.67	1:57.13	
	27.02	55.87 (28.85)	1:25.76 (29.89)	1:57.13 (31.37)		
11	Ava Tseng	JR	San Ramon Valley	1:57.93	1:57.27	
	27.93	57.47 (29.54)	1:27.16 (29.69)	1:57.27 (30.11)		
12	Josie Haast	FR	Carondelet	1:57.59	1:57.33	
	27.43	56.95 (29.52)	1:26.96 (30.01)	1:57.33 (30.37)		
13	Taylor Rolefson	SO	Piedmont	1:57.76	1:58.03	
	27.16	56.67 (29.51)	1:27.32 (30.65)	1:58.03 (30.71)		
14	Estelle Engelskirchen	SR	San Rafael	1:57.34	1:58.35	
	27.79	57.50 (29.71)	1:28.03 (30.53)	1:58.35 (30.32)		
15	Natalia Avalos Paz	JR	Heritage	1:58.83	1:58.59	
	27.13	56.69 (29.56)	1:27.36 (30.67)	1:58.59 (31.23)		
16	Lucia Martin Del Campo	JR	College Preparatory	1:58.98	1:58.66	
	27.80	57.93 (30.13)	1:28.61 (30.68)	1:58.66 (30.05)		
17	Molly Lind	FR	Monte Vista	2:01.80	1:58.68	
	27.19	57.00 (29.81)	1:28.08 (31.08)	1:58.68 (30.60)		
18	Oyu Tuvshintugs	SO	Northgate	1:58.18	1:59.08	
	27.82	57.66 (29.84)	1:28.42 (30.76)	1:59.08 (30.66)		
19	Mackenzie Kawashiri	SR	Justin-Siena	2:00.53	1:59.09	
	27.98	57.92 (29.94)	1:28.78 (30.86)	1:59.09 (30.31)		
20	Sara Archer	SR	Acalanes	2:00.05	1:59.84	
	27.26	57.45 (30.19)	1:28.66 (31.21)	1:59.84 (31.18)		
21	Maile Turner	JR	Monte Vista	1:59.51	1:59.96	
	27.02	57.12 (30.10)	1:28.09 (30.97)	1:59.96 (31.87)		
22	Audrey Cox	SR	Acalanes	2:01.43	2:00.04	
	28.69	58.89 (30.20)	1:29.41 (30.52)	2:00.04 (30.63)		

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 5 Girls 200 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time
23	Ella Del Rosario	FR	Acalanes	2:01.19	2:00.13
	28.30	58.22 (29.92)	1:29.26 (31.04)	2:00.13 (30.87)	
24	Megan Lemler	FR	Granada	1:59.81	2:01.02
	27.93	58.35 (30.42)	1:29.63 (31.28)	2:01.02 (31.39)	
25	Kate DeForrest	JR	Redwood	1:59.71	2:01.07
	27.55	57.52 (29.97)	1:29.15 (31.63)	2:01.07 (31.92)	
26	Emmy Loftus	SO	Dublin	2:01.21	2:01.25
	29.12	59.91 (30.79)	1:30.86 (30.95)	2:01.25 (30.39)	
27	Josephine Oesterer	FR	Piedmont	2:02.48	2:01.29
	29.18	1:00.45 (31.27)	1:31.00 (30.55)	2:01.29 (30.29)	
28	Mya de Hart	SO	El Cerrito	2:00.39	2:01.38
	27.98	58.77 (30.79)	1:29.91 (31.14)	2:01.38 (31.47)	
29	Sienna Balassi	SO	Campolindo	2:01.05	2:01.44
	28.45	59.37 (30.92)	1:30.99 (31.62)	2:01.44 (30.45)	
30	Ali Kosmowski	SO	Marin Academy	2:00.45	2:01.75
	28.09	58.64 (30.55)	1:29.93 (31.29)	2:01.75 (31.82)	
31	Maddy Stewart	SR	Washington	2:01.50	2:02.29
	27.77	58.62 (30.85)	1:30.73 (32.11)	2:02.29 (31.56)	
32	Laila Menchaca	FR	Northgate	2:03.03	2:03.49
	28.08	59.42 (31.34)	1:31.43 (32.01)	2:03.49 (32.06)	
33	Loretta Hovey	JR	Archie Williams	2:02.09	2:03.92
	28.25	58.75 (30.50)	1:31.03 (32.28)	2:03.92 (32.89)	
34	Eliana Murphy	FR	Campolindo	2:01.75	2:03.95
	28.23	59.41 (31.18)	1:31.89 (32.48)	2:03.95 (32.06)	
35	Gabby Reichley	SO	Marin Academy	2:02.48	2:03.97
	27.56	58.44 (30.88)	1:31.06 (32.62)	2:03.97 (32.91)	
36	Mary Hassett	SR	Miramonte	2:01.95	2:04.26
	28.54	1:00.01 (31.47)	1:32.54 (32.53)	2:04.26 (31.72)	
37	Emmerson Wunderlich	FR	Novato	1:57.17	2:04.61
	27.79	59.05 (31.26)	1:31.89 (32.84)	2:04.61 (32.72)	
38	Sophie Lederle	JR	Campolindo	2:02.48	2:07.16
	29.22	1:01.86 (32.64)	1:34.87 (33.01)	2:07.16 (32.29)	
39	Marta Maninetti	SO	Miramonte	2:01.05	2:07.94
	28.77	1:00.79 (32.02)	1:34.50 (33.71)	2:07.94 (33.44)	

Event 6 Boys 200 Yard Freestyle

National HS: 1:32.85 U 2023 Aaron Shackell Carmel (IN)
NCS Meet: 1:33.70 N 2016 M. Rooney 16, A Sancov 18 Granada, Northga
1:38.42 AA-A All America Auto.
1:40.06 AA-C All America Cons.
1:40.11 CIFA CIF Automatic
1:42.99 CIFC CIF Consideration

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Owen Berry	SR	California	1:38.76	1:37.46 AA-A	20
	22.96	47.54 (24.58)	1:12.63 (25.09)	1:37.46 (24.83)		
2	Mason Wendler	JR	Northgate	1:38.25	1:38.71 AA-C	17
	23.33	48.50 (25.17)	1:13.52 (25.02)	1:38.71 (25.19)		
3	Hayden Tupper	SR	Amador Valley	1:39.98	1:39.71 AA-C	16
	23.64	48.67 (25.03)	1:14.12 (25.45)	1:39.71 (25.59)		
4	Bryden Thielenhaus	JR	Novato	1:40.70	1:39.77 AA-C	15
	23.34	48.41 (25.07)	1:13.79 (25.38)	1:39.77 (25.98)		

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****A - Final ... (Event 6 Boys 200 Yard Freestyle)**

	Name	Yr	School	Prelim Time	Finals Time	Points
5	Jack Hendrick	SR	Granada	1:41.64	1:40.12	CIFC 14
	23.56	48.81 (25.25)	1:14.19 (25.38)	1:40.12 (25.93)		
6	Ethan Wang	SR	Dougherty Valley	1:41.49	1:41.12	CIFC 13
	23.52	48.88 (25.36)	1:14.96 (26.08)	1:41.12 (26.16)		
7	Jed Johnson	SO	De La Salle	1:41.92	1:41.24	CIFC 12
	23.78	49.55 (25.77)	1:15.52 (25.97)	1:41.24 (25.72)		
8	Parker Etnyre	JR	Acalanes	1:41.20	1:41.51	CIFC 11
	23.43	49.02 (25.59)	1:14.98 (25.96)	1:41.51 (26.53)		

B - Final

9	Finn Brophy	JR	Maria Carrillo	1:42.46	1:42.11	CIFC 9
	23.17	49.05 (25.88)	1:15.62 (26.57)	1:42.11 (26.49)		
10	Tyler Ortiz	FR	Granada	1:42.27	1:42.33	CIFC 7
	23.69	49.18 (25.49)	1:15.79 (26.61)	1:42.33 (26.54)		
11	Nicholas Scruton	SR	Redwood	1:43.33	1:42.97	CIFC 6
	24.43	50.16 (25.73)	1:16.46 (26.30)	1:42.97 (26.51)		
12	Logan Gunn	JR	Miramonte	1:43.71	1:43.75	5
	23.89	50.03 (26.14)	1:16.60 (26.57)	1:43.75 (27.15)		
13	David Skov	SO	De La Salle	1:44.69	1:43.96	4
	24.37	50.33 (25.96)	1:17.12 (26.79)	1:43.96 (26.84)		
14	Connor Kann	JR	Foothill	1:44.78	1:45.04	3
	24.55	51.00 (26.45)	1:17.86 (26.86)	1:45.04 (27.18)		
15	Eason Feng	FR	Campolindo	1:45.67	1:45.85	2
	24.98	51.68 (26.70)	1:18.70 (27.02)	1:45.85 (27.15)		
16	Nick Woolery	SO	Heritage	1:45.22	1:47.06	1
	24.56	51.25 (26.69)	1:18.79 (27.54)	1:47.06 (28.27)		

Event 6 Boys 200 Yard Freestyle

National HS:	1:32.85	U 2023	Aaron Shackell	Carmel (IN)
NCS Meet:	1:33.70	N 2016	M. Rooney 16, A Sancov 18	Granada, Northga
	1:38.42	AA-A All America Auto.		
	1:40.06	AA-C All America Cons.		
	1:40.11	CIFA CIF Automatic		
	1:42.99	CIFC CIF Consideration		

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Mason Wendler	JR	Northgate	1:44.11	1:38.25 AA-A
	23.23	48.30 (25.07)	1:13.55 (25.25)	1:38.25 (24.70)	
2	Owen Berry	SR	California	1:38.31	1:38.76 AA-C
	23.58	48.71 (25.13)	1:13.95 (25.24)	1:38.76 (24.81)	
3	Hayden Tupper	SR	Amador Valley	1:41.52	1:39.98 AA-C
	23.57	48.89 (25.32)	1:14.37 (25.48)	1:39.98 (25.61)	
4	Bryden Thielenhaus	JR	Novato	1:41.22	1:40.70 CIFC
	23.71	49.09 (25.38)	1:14.82 (25.73)	1:40.70 (25.88)	
5	Parker Etnyre	JR	Acalanes	1:42.57	1:41.20 CIFC
	24.03	49.58 (25.55)	1:15.47 (25.89)	1:41.20 (25.73)	
6	Ethan Wang	SR	Dougherty Valley	1:40.17	1:41.49 CIFC
	24.14	49.89 (25.75)	1:15.96 (26.07)	1:41.49 (25.53)	
7	Jack Hendrick	SR	Granada	1:41.92	1:41.64 CIFC
	24.01	50.25 (26.24)	1:16.06 (25.81)	1:41.64 (25.58)	
8	Jed Johnson	SO	De La Salle	1:42.82	1:41.92 CIFC
	23.98	49.69 (25.71)	1:15.91 (26.22)	1:41.92 (26.01)	
9	Tyler Ortiz	FR	Granada	1:43.15	1:42.27 CIFC
	24.60	50.34 (25.74)	1:16.49 (26.15)	1:42.27 (25.78)	

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 6 Boys 200 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time	
10	Finn Brophy	JR	Maria Carrillo	1:44.00	1:42.46	CIFC
	23.33	48.87 (25.54)	1:15.36 (26.49)	1:42.46 (27.10)		
11	Nicholas Scruton	SR	Redwood	1:44.91	1:43.33	
	24.54	50.43 (25.89)	1:16.64 (26.21)	1:43.33 (26.69)		
12	Logan Gunn	JR	Miramonte	1:45.57	1:43.71	
	23.99	50.10 (26.11)	1:16.78 (26.68)	1:43.71 (26.93)		
13	David Skov	SO	De La Salle	1:44.44	1:44.69	
	24.18	50.79 (26.61)	1:17.79 (27.00)	1:44.69 (26.90)		
14	Connor Kann	JR	Foothill	1:45.55	1:44.78	
	24.03	50.45 (26.42)	1:17.04 (26.59)	1:44.78 (27.74)		
15	Nick Woolery	SO	Heritage	1:46.51	1:45.22	
	24.15	50.72 (26.57)	1:18.00 (27.28)	1:45.22 (27.22)		
16	Eason Feng	FR	Campolindo	1:45.01	1:45.67	
	24.83	51.58 (26.75)	1:18.45 (26.87)	1:45.67 (27.22)		
17	Theo Holtzman	JR	Bentley Upper	1:47.51	1:45.89	
	24.84	51.73 (26.89)	1:18.85 (27.12)	1:45.89 (27.04)		
18	Abir Bhatia	FR	Dougherty Valley	1:46.48	1:45.94	
	24.95	51.47 (26.52)	1:18.56 (27.09)	1:45.94 (27.38)		
19	Chetan Raghavan	SO	Head-Royce	1:46.08	1:46.06	
	25.01	51.73 (26.72)	1:19.02 (27.29)	1:46.06 (27.04)		
20	Eric Meng	FR	James Logan	1:47.08	1:46.29	
	25.07	52.06 (26.99)	1:19.26 (27.20)	1:46.29 (27.03)		
21	Gabriel Cueva	SR	American Canyon	1:46.88	1:46.32	
	24.73	51.54 (26.81)	1:18.75 (27.21)	1:46.32 (27.57)		
22	Andrew Chen	SR	Monte Vista	1:45.80	1:46.39	
	24.52	51.46 (26.94)	1:18.93 (27.47)	1:46.39 (27.46)		
23	Brady Cannon	SO	Northgate	1:44.95	1:46.58	
	24.70	51.51 (26.81)	1:18.79 (27.28)	1:46.58 (27.79)		
24	Robby Brents	JR	San Ramon Valley	1:47.87	1:46.88	
	25.21	52.22 (27.01)	1:19.69 (27.47)	1:46.88 (27.19)		
25	Kevin Tang	JR	Foothill	1:48.15	1:47.36	
	25.06	52.14 (27.08)	1:19.90 (27.76)	1:47.36 (27.46)		
26	Jordan Estimo	FR	Bishop O'Dowd	1:47.46	1:47.55	
	24.98	52.06 (27.08)	1:19.73 (27.67)	1:47.55 (27.82)		
27	Ray Cillo	SR	American	1:46.10	1:47.62	
	24.60	51.19 (26.59)	1:19.09 (27.90)	1:47.62 (28.53)		
28	Andrew Lillie	JR	Amador Valley	1:48.02	1:48.56	
	25.64	53.14 (27.50)	1:20.99 (27.85)	1:48.56 (27.57)		
29	Mateo Monroy	SR	Las Lomas	1:47.20	1:48.59	
	25.09	51.83 (26.74)	1:19.60 (27.77)	1:48.59 (28.99)		
30	Lincoln Sovik	SO	Campolindo	1:48.24	1:48.62	
	24.79	52.73 (27.94)	1:21.02 (28.29)	1:48.62 (27.60)		
31	Misha Popov	SO	College Park	1:48.06	1:48.82	
	24.48	51.48 (27.00)	1:20.26 (28.78)	1:48.82 (28.56)		
32	Damik Van Fanos	JR	Clayton Valley Charter	1:48.02	1:49.24	
	24.84	52.02 (27.18)	1:20.72 (28.70)	1:49.24 (28.52)		
33	Tysen Liu	SR	Amador Valley	1:47.83	1:49.46	
	25.18	52.40 (27.22)	1:20.85 (28.45)	1:49.46 (28.61)		
*34	Jacob Galabow	SR	Las Lomas	1:48.26	1:50.55	
	25.42	53.34 (27.92)	1:21.68 (28.34)	1:50.55 (28.87)		
*34	Cameron Heller	FR	Terra Linda	1:48.07	1:50.55	
	25.61	53.79 (28.18)	1:22.72 (28.93)	1:50.55 (27.83)		

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 6 Boys 200 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time
36	Kai Holt	JR	Maria Carrillo	1:48.10	1:51.35
	25.71	53.89 (28.18)	1:22.72 (28.83)	1:51.35 (28.63)	
37	Nathanael Ridosko	JR	Granada	1:47.82	1:52.32
	26.11	54.46 (28.35)	1:23.84 (29.38)	1:52.32 (28.48)	
38	Brett Nelson	JR	Las Lomas	1:48.23	1:52.39
	25.75	53.93 (28.18)	1:23.24 (29.31)	1:52.39 (29.15)	
39	Ryan Kaelle	SR	Miramonte	1:46.84	1:52.50
	24.55	52.27 (27.72)	1:22.37 (30.10)	1:52.50 (30.13)	

Event 7 Girls 200 Yard IM

National HS:	1:53.73	U	2021	Victoria Huske
NCS Meet:	1:55.76	N	2019	Zoie Hartman
	2:01.46	AA-A All America Auto.		
	2:03.55	AA-C All America Cons.		
	2:04.23	CIFA CIF Automatic		
	2:07.99	CIFC CIF Consideration		

Arlington (VA)
Monte Vista

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Emilia Barck	JR	Campolindo	2:01.36	2:00.77	AA-A 20
	26.76	56.64 (29.88)	1:32.78 (36.14)	2:00.77 (27.99)		
2	Stephanie Iannaccone	SR	Carondelet	2:02.90	2:00.97	AA-A 17
	26.44	57.27 (30.83)	1:31.81 (34.54)	2:00.97 (29.16)		
3	Brooke Bennett	FR	Granada	2:04.73	2:04.18	CIFA 16
	27.80	59.19 (31.39)	1:34.93 (35.74)	2:04.18 (29.25)		
4	Natalie Mak	SO	College Preparatory	2:05.33	2:05.51	CIFC 15
	26.88	58.63 (31.75)	1:35.74 (37.11)	2:05.51 (29.77)		
5	Jasmine Fok	JR	Campolindo	2:07.24	2:06.65	CIFC 14
	27.20	58.29 (31.09)	1:36.55 (38.26)	2:06.65 (30.10)		
6	Aria Capelli	JR	Athenian	2:06.50	2:07.12	CIFC 13
	28.02	59.79 (31.77)	1:36.86 (37.07)	2:07.12 (30.26)		
7	Ashlyn Widmer	SR	San Ramon Valley	2:07.58	2:07.14	CIFC 12
	27.67	59.40 (31.73)	1:36.68 (37.28)	2:07.14 (30.46)		
8	Paige Arnold	SR	College Preparatory	2:07.76	2:07.60	CIFC 11
	27.35	59.12 (31.77)	1:37.36 (38.24)	2:07.60 (30.24)		
B - Final						
9	Meghan Ly	JR	Mission San Jose	2:08.68	2:05.66	CIFC 9
	28.10	59.88 (31.78)	1:35.63 (35.75)	2:05.66 (30.03)		
10	Siena Santos	FR	Carondelet	2:07.98	2:07.48	CIFC 7
	28.11	59.57 (31.46)	1:37.70 (38.13)	2:07.48 (29.78)		
11	Holly Tarantino	SR	Marin Catholic	2:08.36	2:07.84	CIFC 6
	27.85	59.25 (31.40)	1:36.60 (37.35)	2:07.84 (31.24)		
12	Lilli Chau	SR	Amador Valley	2:11.37	2:08.55	5
	28.09	1:00.33 (32.24)	1:38.84 (38.51)	2:08.55 (29.71)		
13	Breuklynn Harris	SR	Foothill	2:09.55	2:09.16	4
	28.17	1:02.70 (34.53)	1:39.16 (36.46)	2:09.16 (30.00)		
14	Florence Lin	SR	Amador Valley	2:08.95	2:09.55	3
	28.12	1:00.34 (32.22)	1:39.64 (39.30)	2:09.55 (29.91)		
15	Lillyana Caples	FR	Amador Valley	2:08.78	2:10.05	2
	28.48	1:02.55 (34.07)	1:39.94 (37.39)	2:10.05 (30.11)		
16	Madi West	SR	Analy	2:10.34	2:10.94	1
	28.42	1:01.87 (33.45)	1:38.21 (36.34)	2:10.94 (32.73)		

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Event 7 Girls 200 Yard IM**

National HS: 1:53.73 U 2021 **Victoria Huske**
NCS Meet: 1:55.76 N 2019 **Zoie Hartman**
 2:01.46 AA-A All America Auto.
 2:03.55 AA-C All America Cons.
 2:04.23 CIFA CIF Automatic
 2:07.99 CIFC CIF Consideration

Arlington (VA)
Monte Vista

Name		Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Emilia Barck	JR	Campolindo	2:05.55	2:01.36	AA-A
	26.88	56.83 (29.95)	1:32.57 (35.74)	2:01.36 (28.79)		
2	Stephanie Iannaccone	SR	Carondelet	2:02.14	2:02.90	AA-C
	26.78	58.25 (31.47)	1:33.63 (35.38)	2:02.90 (29.27)		
3	Brooke Bennett	FR	Granada	2:04.63	2:04.73	CIFC
	27.68	59.84 (32.16)	1:35.37 (35.53)	2:04.73 (29.36)		
4	Natalie Mak	SO	College Preparatory	2:04.77	2:05.33	CIFC
	27.28	58.20 (30.92)	1:35.48 (37.28)	2:05.33 (29.85)		
5	Aria Capelli	JR	Athenian	2:07.66	2:06.50	CIFC
	27.99	1:00.05 (32.06)	1:36.50 (36.45)	2:06.50 (30.00)		
6	Jasmine Fok	JR	Campolindo	2:05.27	2:07.24	CIFC
	26.66	58.23 (31.57)	1:36.45 (38.22)	2:07.24 (30.79)		
7	Ashlyn Widmer	SR	San Ramon Valley	2:07.94	2:07.58	CIFC
	27.59	59.10 (31.51)	1:36.61 (37.51)	2:07.58 (30.97)		
8	Paige Arnold	SR	College Preparatory	2:08.10	2:07.76	CIFC
	27.30	58.68 (31.38)	1:36.67 (37.99)	2:07.76 (31.09)		
9	Siena Santos	FR	Carondelet	2:09.19	2:07.98	CIFC
	28.18	1:00.34 (32.16)	1:38.49 (38.15)	2:07.98 (29.49)		
10	Holly Tarantino	SR	Marin Catholic	2:07.10	2:08.36	
	28.09	1:00.15 (32.06)	1:37.71 (37.56)	2:08.36 (30.65)		
11	Meghan Ly	JR	Mission San Jose	2:05.87	2:08.68	
	27.96	1:00.26 (32.30)	1:38.62 (38.36)	2:08.68 (30.06)		
12	Lillyana Caples	FR	Amador Valley	2:11.32	2:08.78	
	28.47	1:02.67 (34.20)	1:39.11 (36.44)	2:08.78 (29.67)		
13	Florence Lin	SR	Amador Valley	2:09.08	2:08.95	
	28.58	1:00.68 (32.10)	1:39.43 (38.75)	2:08.95 (29.52)		
14	Breuklynn Harris	SR	Foothill	2:08.67	2:09.55	
	28.12	1:01.20 (33.08)	1:38.37 (37.17)	2:09.55 (31.18)		
15	Madi West	SR	Analy	2:18.20	2:10.34	
	27.67	1:01.24 (33.57)	1:37.92 (36.68)	2:10.34 (32.42)		
16	Lilli Chau	SR	Amador Valley	2:09.94	2:11.37	
	28.40	1:02.66 (34.26)	1:40.91 (38.25)	2:11.37 (30.46)		
17	Whitney Wilkalis	JR	Campolindo	2:10.59	2:11.79	
	28.40	1:02.47 (34.07)	1:40.14 (37.67)	2:11.79 (31.65)		
18	Brooke Koller	SO	Carondelet	2:12.80	2:12.67	
	29.19	1:04.11 (34.92)	1:41.55 (37.44)	2:12.67 (31.12)		
19	Elayna Ling	SO	Amador Valley	2:11.03	2:12.71	
	28.85	1:02.60 (33.75)	1:40.58 (37.98)	2:12.71 (32.13)		
20	Cady Chan	SR	Northgate	2:11.89	2:12.74	
	29.26	1:01.20 (31.94)	1:41.07 (39.87)	2:12.74 (31.67)		
21	Alexandra Wythes	SR	San Francisco University High	2:13.50	2:13.70	
	28.87	1:02.67 (33.80)	1:42.83 (40.16)	2:13.70 (30.87)		
22	Gabby Kleman	FR	Granada	2:10.86	2:13.79	
	29.30	1:04.03 (34.73)	1:43.25 (39.22)	2:13.79 (30.54)		

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 7 Girls 200 Yard IM)**

	Name	Yr	School	Seed Time	Prelim Time
23	Ana Senn	SO	San Ramon Valley	2:16.14	2:13.82
	29.97	1:02.65 (32.68)	1:43.04 (40.39)	2:13.82 (30.78)	
24	Taryn Veronda	JR	Acalanes	2:13.50	2:14.01
	29.81	1:01.54 (31.73)	1:42.80 (41.26)	2:14.01 (31.21)	
25	Valentina Deng	FR	Monte Vista	2:14.99	2:14.24
	29.44	1:02.70 (33.26)	1:42.46 (39.76)	2:14.24 (31.78)	
26	Alexandra Grant		Benicia	2:16.47	2:14.68
	28.33	1:02.08 (33.75)	1:41.53 (39.45)	2:14.68 (33.15)	
27	Ariel Indrisano	SO	Campolindo	2:12.86	2:15.27
	28.79	1:03.04 (34.25)	1:43.31 (40.27)	2:15.27 (31.96)	
28	Sofie Curran	SR	Northgate	2:15.37	2:16.43
	29.58	1:04.57 (34.99)	1:44.28 (39.71)	2:16.43 (32.15)	
29	Elaina Robinson	SR	Dublin	2:18.49	2:16.96
	29.76	1:04.58 (34.82)	1:44.75 (40.17)	2:16.96 (32.21)	
30	Brianna Smyth	SR	Berkeley	2:17.71	2:17.12
	28.57	1:04.36 (35.79)	1:45.22 (40.86)	2:17.12 (31.90)	
31	Saveta Holunga	SO	Granada	2:18.23	2:17.96
	29.48	1:05.79 (36.31)	1:44.82 (39.03)	2:17.96 (33.14)	
32	Sophie Lowe	SO	James Logan	2:18.91	2:18.25
	30.27	1:04.46 (34.19)	1:46.38 (41.92)	2:18.25 (31.87)	
33	Mackenzie Mincy		Benicia	2:17.31	2:18.51
	30.39	1:04.90 (34.51)	1:45.44 (40.54)	2:18.51 (33.07)	
34	Aimee Blackwood	SR	Freedom	2:14.85	2:18.57
	29.49	1:04.21 (34.72)	1:45.94 (41.73)	2:18.57 (32.63)	
35	Sasha Carmichael	FR	Carondelet	2:15.80	2:18.64
	30.15	1:04.86 (34.71)	1:45.81 (40.95)	2:18.64 (32.83)	
36	Josie Clark	JR	Granada	2:17.58	2:18.84
	30.45	1:06.20 (35.75)	1:46.30 (40.10)	2:18.84 (32.54)	
37	Athena Ayers	JR	Liberty	2:16.92	2:19.25
	30.76	1:06.37 (35.61)	1:49.72 (43.35)	2:19.25 (29.53)	
38	Bea Hearey	SO	Miramonte	2:17.32	2:19.72
	29.98	1:05.20 (35.22)	1:48.60 (43.40)	2:19.72 (31.12)	
---	Grace Cleary	FR	Clayton Valley Charter	2:17.37	DQ
	29.79	1:04.25 (34.46)	1:46.45 (42.20)	DQ (32.07)	

Event 8 Boys 200 Yard IM

National HS: 1:41.39 U 2011 David Nolan
NCS Meet: 1:45.51 N 2018 Chris Jhong
 1:49.41 AA-A All America Auto.
 1:51.52 AA-C All America Cons.
 1:51.91 CIFA CIF Automatic
 1:54.99 CIFC CIF Consideration

Hershey (PA)
 Amador Valley

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Songrui Wu	FR	Dougherty Valley	1:50.32	1:47.93 AA-A	20
	23.01	49.70 (26.69)	1:22.25 (32.55)	1:47.93 (25.68)		
2	Devyn Caples	JR	Amador Valley	1:51.48	1:49.89 AA-C	17
	23.74	51.75 (28.01)	1:23.61 (31.86)	1:49.89 (26.28)		
3	Nathan Levy	SR	Campolindo	1:53.08	1:52.54 CIFC	16
	24.43	52.68 (28.25)	1:25.09 (32.41)	1:52.54 (27.45)		
4	Ryin Ruaboro	JR	American	1:53.64	1:53.43 CIFC	15
	25.17	53.53 (28.36)	1:26.41 (32.88)	1:53.43 (27.02)		

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****A - Final ... (Event 8 Boys 200 Yard IM)**

	Name	Yr	School	Prelim Time	Finals Time	Points
5	Scott Iannaccone	SR	De La Salle	1:53.70	1:53.86	CIFC 14
	24.55	52.09 (27.54)	1:27.08 (34.99)	1:53.86 (26.78)		
6	Sam Seybold	JR	San Ramon Valley	1:54.23	1:55.48	13
	25.01	52.45 (27.44)	1:27.27 (34.82)	1:55.48 (28.21)		
7	Michael Fusinati	SR	Bishop O'Dowd	1:54.51	1:55.61	12
	24.58	53.16 (28.58)	1:28.07 (34.91)	1:55.61 (27.54)		
8	Tyler Laymon	SR	De La Salle	1:54.54	1:56.23	11
	24.95	55.72 (30.77)	1:28.87 (33.15)	1:56.23 (27.36)		

B - Final

9	Sammy Kan	JR	Monte Vista	1:55.42	1:53.11	CIFC 9
	24.62	53.62 (29.00)	1:26.10 (32.48)	1:53.11 (27.01)		
10	Aasish Dangol	FR	Albany	1:56.94	1:55.92	7
	25.36	55.13 (29.77)	1:28.39 (33.26)	1:55.92 (27.53)		
11	Ethan Suehiro		California	1:54.80	1:55.96	6
	24.14	54.91 (30.77)	1:27.74 (32.83)	1:55.96 (28.22)		
12	Garrett Molitor	SO	Athenian	1:56.73	1:56.12	5
	25.02	54.87 (29.85)	1:28.64 (33.77)	1:56.12 (27.48)		
13	Yassin Dwidar	SR	Foothill	1:56.19	1:56.48	4
	25.55	56.11 (30.56)	1:29.09 (32.98)	1:56.48 (27.39)		
14	Alex DeWeese	SR	California	1:56.17	1:57.15	3
	25.32	55.78 (30.46)	1:29.30 (33.52)	1:57.15 (27.85)		
15	Yuki Hayashi	JR	Vintage	1:56.49	1:57.58	2
	25.47	54.52 (29.05)	1:29.73 (35.21)	1:57.58 (27.85)		
16	Jeremy Ting	FR	Monte Vista	1:54.60	1:57.71	1
	25.68	55.08 (29.40)	1:30.07 (34.99)	1:57.71 (27.64)		

Event 8 Boys 200 Yard IM

National HS: 1:41.39 U 2011 David Nolan
NCS Meet: 1:45.51 N 2018 Chris Jhong
1:49.41 AA-A All America Auto.
1:51.52 AA-C All America Cons.
1:51.91 CIFA CIF Automatic
1:54.99 CIFC CIF Consideration

Hershey (PA)
Amador Valley

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Songrui Wu	FR	Dougherty Valley	1:48.50	1:50.32 AA-C
	23.71	50.63 (26.92)	1:23.66 (33.03)	1:50.32 (26.66)	
2	Devyn Caples	JR	Amador Valley	1:51.88	1:51.48 AA-C
	24.38	53.20 (28.82)	1:24.91 (31.71)	1:51.48 (26.57)	
3	Nathan Levy	SR	Campolindo	1:54.65	1:53.08 CIFC
	23.79	52.52 (28.73)	1:25.00 (32.48)	1:53.08 (28.08)	
4	Ryin Ruaboro	JR	American	1:55.77	1:53.64 CIFC
	25.21	53.97 (28.76)	1:26.95 (32.98)	1:53.64 (26.69)	
5	Scott Iannaccone	SR	De La Salle	1:53.79	1:53.70 CIFC
	24.92	52.25 (27.33)	1:27.81 (35.56)	1:53.70 (25.89)	
6	Sam Seybold	JR	San Ramon Valley	1:55.03	1:54.23 CIFC
	25.56	53.06 (27.50)	1:26.87 (33.81)	1:54.23 (27.36)	
7	Michael Fusinati	SR	Bishop O'Dowd	1:54.09	1:54.51 CIFC
	24.30	52.86 (28.56)	1:26.65 (33.79)	1:54.51 (27.86)	
8	Tyler Laymon	SR	De La Salle	1:55.75	1:54.54 CIFC
	24.98	54.38 (29.40)	1:26.66 (32.28)	1:54.54 (27.88)	
9	Jeremy Ting	FR	Monte Vista	1:58.01	1:54.60 CIFC
	25.10	53.98 (28.88)	1:27.74 (33.76)	1:54.60 (26.86)	

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 8 Boys 200 Yard IM)**

	Name	Yr	School	Seed Time	Prelim Time	
10	Ethan Suehiro		California	1:56.32	1:54.80	CIFC
	24.32	54.41 (30.09)	1:26.74 (32.33)	1:54.80 (28.06)		
11	Sammy Kan	JR	Monte Vista	1:53.80	1:55.42	
	24.53	53.88 (29.35)	1:27.66 (33.78)	1:55.42 (27.76)		
12	Alex DeWeese	SR	California	1:56.99	1:56.17	
	24.78	55.27 (30.49)	1:28.40 (33.13)	1:56.17 (27.77)		
13	Yassin Dwidar	SR	Foothill	1:58.25	1:56.19	
	25.07	55.24 (30.17)	1:28.76 (33.52)	1:56.19 (27.43)		
14	Yuki Hayashi	JR	Vintage	1:57.26	1:56.49	
	25.23	54.32 (29.09)	1:29.11 (34.79)	1:56.49 (27.38)		
15	Garrett Molitor	SO	Athenian	1:55.89	1:56.73	
	25.28	55.19 (29.91)	1:28.44 (33.25)	1:56.73 (28.29)		
16	Aasish Dangol	FR	Albany	1:56.30	1:56.94	
	24.97	54.96 (29.99)	1:28.94 (33.98)	1:56.94 (28.00)		
17	Ryan Cesmat	SR	De La Salle	1:59.65	1:57.51	
	25.14	54.05 (28.91)	1:29.14 (35.09)	1:57.51 (28.37)		
18	Oryan Liu	FR	Amador Valley	1:56.14	1:57.61	
	25.38	55.53 (30.15)	1:29.20 (33.67)	1:57.61 (28.41)		
19	Reid Lalli	JR	Campolindo	1:58.05	1:57.76	
	25.13	56.03 (30.90)	1:30.24 (34.21)	1:57.76 (27.52)		
20	Sebastian Santiago	FR	Granada	2:00.04	1:58.05	
	25.62	56.66 (31.04)	1:29.97 (33.31)	1:58.05 (28.08)		
21	Ethan Wang	FR	Foothill	1:58.23	1:58.18	
	25.36	56.83 (31.47)	1:30.76 (33.93)	1:58.18 (27.42)		
22	Michael Chu	JR	Campolindo	1:57.86	1:58.21	
	25.74	55.56 (29.82)	1:30.19 (34.63)	1:58.21 (28.02)		
23	Benjamin Nonaka	FR	Northgate	1:57.16	1:58.27	
	25.85	54.70 (28.85)	1:30.55 (35.85)	1:58.27 (27.72)		
24	Hunter Rohovit	JR	Foothill	2:02.38	1:58.42	
	26.03	55.35 (29.32)	1:29.97 (34.62)	1:58.42 (28.45)		
25	Darrell Liu	SR	Dougherty Valley	1:58.01	1:58.75	
	25.85	56.45 (30.60)	1:30.64 (34.19)	1:58.75 (28.11)		
26	Parker Smith	JR	Campolindo	1:59.83	1:59.10	
	25.48	56.11 (30.63)	1:29.59 (33.48)	1:59.10 (29.51)		
27	Tyler Liu	SO	Amador Valley	1:59.98	1:59.36	
	25.87	56.03 (30.16)	1:30.98 (34.95)	1:59.36 (28.38)		
28	Thanh-Long Nguyen-Trong	SR	Encinal	2:01.61	1:59.96	
	26.58	57.40 (30.82)	1:32.36 (34.96)	1:59.96 (27.60)		
29	Evan Liberatore	FR	De La Salle	1:58.42	2:00.01	
	26.11	56.81 (30.70)	1:32.01 (35.20)	2:00.01 (28.00)		
30	Michael Manuel	SR	Northgate	1:59.90	2:00.28	
	25.47	56.05 (30.58)	1:31.96 (35.91)	2:00.28 (28.32)		
*31	Daniel Lewis	JR	Northgate	1:59.67	2:00.42	
	25.53	55.74 (30.21)	1:31.38 (35.64)	2:00.42 (29.04)		
*31	Nate Willett Burfoot	SO	El Cerrito	2:02.05	2:00.42	
	25.78	55.04 (29.26)	1:30.47 (35.43)	2:00.42 (29.95)		
33	Rowen Valladares	JR	American Canyon	1:59.55	2:00.98	
	25.73	56.17 (30.44)	1:31.84 (35.67)	2:00.98 (29.14)		
34	Edi Zhang	SR	Monte Vista	2:02.28	2:01.20	
	25.86	55.53 (29.67)	1:32.40 (36.87)	2:01.20 (28.80)		
35	Benjamin Graham	JR	San Ramon Valley	2:01.73	2:01.45	
	26.83	56.76 (29.93)	1:32.66 (35.90)	2:01.45 (28.79)		

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 8 Boys 200 Yard IM)**

	Name	Yr	School	Seed Time	Prelim Time
36	Ethan Giang	SR	Alameda	2:01.05	2:01.58
	25.52	55.76 (30.24)	1:32.13 (36.37)	2:01.58 (29.45)	
37	Brett Brewer	JR	Novato	1:58.95	2:01.97
	24.60	54.88 (30.28)	1:33.30 (38.42)	2:01.97 (28.67)	
38	Carter Seward	SO	Las Lomas	2:01.34	2:02.46
	25.85	57.42 (31.57)	1:32.80 (35.38)	2:02.46 (29.66)	
39	Hunter Bian	SO	Dougherty Valley	2:01.31	2:03.31
	26.40	57.44 (31.04)	1:34.31 (36.87)	2:03.31 (29.00)	
---	Frederick Goldstein	SR	Tamalpais	2:01.52	DFS

Event 9 Girls 50 Yard Freestyle

National HS: 21.59 U 2020 Gretchen Walsh
 NCS Meet: 22.49 N 2016 Madelyn Murphy
 23.17 AA-A All America Auto.
 23.53 AA-C All America Cons.
 23.68 CIFA CIF Automatic
 24.39 CIFC CIF Consideration

Harpeth Hall (TN
 Carondelet

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Angela Quan	SR	Irvington	23.47	23.25	AA-C 20
2	Gretta Callison	SR	Monte Vista	23.35	23.36	AA-C 17
3	Samantha Li	SR	Castro Valley	23.80	23.59	CIFA 16
4	Madison Blackwell	JR	Campolindo	23.76	23.60	CIFA 15
5	Addy VonderAhe	SO	Monte Vista	23.80	23.73	CIFC 14
6	Genesee Quon	SO	Monte Vista	23.63	23.76	CIFC 13
7	Alexis Parkinson	FR	San Ramon Valley	23.95	23.86	CIFC 12
8	Natalie Aiken	JR	Carondelet	23.92	24.08	CIFC 11
B - Final						
*9	Audrey Le-Nguyen	SR	Campolindo	24.19	24.11	CIFC 8
*9	Sophi MacKay	SR	Acalanes	24.10	24.11	CIFC 8
11	Annabel Piel	SR	Athenian	24.32	24.26	CIFC 6
12	Airi Seib	SR	Carondelet	24.32	24.32	CIFC 5
13	Miranda Stevenson	JR	San Ramon Valley	24.32	24.37	CIFC 4
14	Sydney Thompson	JR	Alameda	24.54	24.43	3
15	Eleanor Farley	FR	Credo	24.53	24.52	2
16	Remy Harrison	SO	Sonoma Valley	24.58	24.81	1

Event 9 Girls 50 Yard Freestyle

National HS: 21.59 U 2020 Gretchen Walsh
 NCS Meet: 22.49 N 2016 Madelyn Murphy
 23.17 AA-A All America Auto.
 23.53 AA-C All America Cons.
 23.68 CIFA CIF Automatic
 24.39 CIFC CIF Consideration

Harpeth Hall (TN
 Carondelet

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Gretta Callison	SR	Monte Vista	23.39	23.35
2	Angela Quan	SR	Irvington	23.94	23.47
3	Genesee Quon	SO	Monte Vista	23.61	23.63
4	Madison Blackwell	JR	Campolindo	23.75	23.76
*5	Samantha Li	SR	Castro Valley	23.46	23.80
*5	Addy VonderAhe	SO	Monte Vista	23.88	23.80

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 9 Girls 50 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time	
7	Natalie Aiken	JR	Carondelet	24.11	23.92	CIFC
8	Alexis Parkinson	FR	San Ramon Valley	24.40	23.95	CIFC
9	Sophi MacKay	SR	Acalanes	24.08	24.10	CIFC
10	Audrey Le-Nguyen	SR	Campolindo	24.17	24.19	CIFC
*11	Annabel Piel	SR	Athenian	24.49	24.32	CIFC
*11	Miranda Stevenson	JR	San Ramon Valley	23.88	24.32	CIFC
*11	Airi Seib	SR	Carondelet	24.03	24.32	CIFC
14	Eleanor Farley	FR	Credo	24.78	24.53	
15	Sydney Thompson	JR	Alameda	23.97	24.54	
16	Remy Harrison	SO	Sonoma Valley	24.60	24.58	
17	Hannah Nguyen	SR	Dublin	24.52	24.61	
18	Madison Bautista	FR	Clayton Valley Charter	24.39	24.69	
19	Kristin Der	JR	Foothill	24.41	24.70	
20	Esme Quay	FR	Marin Catholic	24.25	24.75	
21	Elsa Horciza	JR	Carondelet	24.35	24.76	
22	Fiona Lei	SR	Newark Memorial	24.62	24.90	
23	Sierra Brown	JR	Las Lomas	25.06	24.91	
24	Eva Busquets	FR	Monte Vista	24.58	24.96	
25	Avery Knapp	JR	San Ramon Valley	24.85	25.02	
26	Ali Larsen	SO	Miramonte	24.61	25.10	
27	Piper Whitty		Benicia	24.91	25.14	
28	Tran Doan	SO	Washington	25.21	25.16	
29	Jasmine Arroyo	JR	Maria Carrillo	25.15	25.22	
*30	Brooke Kleven	SR	Liberty	25.16	25.29	
*30	Lucy Kao	FR	Campolindo	24.99	25.29	
32	Amelia Loiacono	JR	Redwood	25.19	25.32	
33	Alyssa Kooy	JR	Marin Catholic	25.08	25.35	
34	Kallen Wank	SR	Redwood	24.84	25.37	
35	Medha Raghuraman	SR	Washington	25.05	25.45	
36	Carla Nunn-Eckert	FR	San Francisco University High	25.09	25.49	
37	Katelyn Roncal	SO	Dougherty Valley	25.06	25.54	
38	Donnamarie Talmadge	SO	Berean Christian	25.14	25.59	
39	Megan Ogden	SO	Heritage	25.17	25.69	
40	Jewell Mendiola	SO	Campolindo	25.09	25.81	

Event 10 Boys 50 Yard Freestyle

National HS: 19.11 U 2021 **David Curtiss**
NCS Meet: 20.12 N 2018 **Spencer Daily**
 20.49 AA-A All America Auto.
 20.87 AA-C All America Cons.
 20.99 CIFA CIF Automatic
 21.69 CIFC CIF Consideration

Pennington (NJ)
San Ramon Valley

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Marre Gattnar	SR	Tamalpais	20.22	20.00 N AA-A	20
2	Zach Elian	SR	De La Salle	20.90	20.59 AA-C	17
3	Andrew Hallett	SR	Northgate	20.70	20.71 AA-C	16
4	Micah Sher	SR	Archie Williams	21.26	20.93 CIFA	15
5	Riley Coleman	SR	San Ramon Valley	21.31	21.07 CIFC	14
6	Kyle Kengla	SO	Northgate	21.18	21.12 CIFC	13
7	Scott McMillan	JR	Northgate	21.20	21.24 CIFC	12

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****A - Final ... (Event 10 Boys 50 Yard Freestyle)**

	Name	Yr	School	Prelim Time	Finals Time		Points
8	Donovan Swann	SO	De La Salle	21.30	21.36	CIFC	11

B - Final

9	Nick VonderAhe	SR	Monte Vista	21.45	21.36	CIFC	9
10	Brady Lind	SR	Monte Vista	21.52	21.39	CIFC	7
11	Austin Abrojena	SO	De La Salle	21.72	21.42	CIFC	6
12	Conor Halley-McCarty	JR	De La Salle	21.36	21.44	CIFC	5
13	Drew Arney	JR	San Ramon Valley	21.49	21.49	CIFC	4
14	Sawyer Jones	JR	San Ramon Valley	21.37	21.67	CIFC	3
15	Jackson Barnacal	SR	College Park	21.71	21.69	CIFC	2
16	Matthew Nakayama	FR	Freedom	21.58	21.87		1

Event 10 Boys 50 Yard Freestyle

National HS: 19.11 U 2021 **David Curtiss**
NCS Meet: 20.12 N 2018 **Spencer Daily**
 20.49 AA-A All America Auto.
 20.87 AA-C All America Cons.
 20.99 CIFA CIF Automatic
 21.69 CIFC CIF Consideration

Pennington (NJ)
San Ramon Valley

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Marre Gattnar	SR	Tamalpais	20.92	20.22	AA-A
2	Andrew Hallett	SR	Northgate	21.08	20.70	AA-C
3	Zach Elian	SR	De La Salle	20.43	20.90	CIFA
4	Kyle Kengla	SO	Northgate	21.20	21.18	CIFC
5	Scott McMillan	JR	Northgate	21.56	21.20	CIFC
6	Micah Sher	SR	Archie Williams	21.21	21.26	CIFC
7	Donovan Swann	SO	De La Salle	21.45	21.30	CIFC
8	Riley Coleman	SR	San Ramon Valley	21.69	21.31	CIFC
9	Conor Halley-McCarty	JR	De La Salle	21.54	21.36	CIFC
10	Sawyer Jones	JR	San Ramon Valley	20.97	21.37	CIFC
11	Nick VonderAhe	SR	Monte Vista	21.59	21.45	CIFC
12	Drew Arney	JR	San Ramon Valley	21.29	21.49	CIFC
13	Brady Lind	SR	Monte Vista	21.88	21.52	CIFC
14	Matthew Nakayama	FR	Freedom	21.45	21.58	CIFC
15	Jackson Barnacal	SR	College Park	21.77	21.71	
16	Austin Abrojena	SO	De La Salle	21.65	21.72	
17	Zachary Zener	SR	College Preparatory	21.60	21.73	
18	Simon Li	SO	Castro Valley	21.63	21.75	
19	Harrison Parsons	JR	Bay School of San Francisco	21.35	21.76	
20	Shawn Canada	JR	Clayton Valley Charter	21.95	21.77	
21	Vincent Krilanovich	SO	Archie Williams	21.63	21.80	
22	Ian Palmer	SR	Monte Vista	21.50	21.86	
23	Ray Cillo	SR	American	21.76	21.93	
24	Zac Gartner	JR	College Park	21.97	21.99	
25	Devin Purewal	SR	College Park	21.80	22.03	
*26	Grant Roesch	SR	Campolindo	21.78	22.07	
*26	Nicholas Arinduque	FR	Terra Linda	21.95	22.07	
28	Evan Haba	JR	Newark Memorial	21.90	22.09	
29	Cameron Aryanpour	JR	Branson	21.63	22.14	
30	Grant Kurtz	JR	Miramonte	21.88	22.17	
31	Harry Wait	SR	Redwood	22.08	22.20	

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023

Results

Preliminaries ... (Event 10 Boys 50 Yard Freestyle)

	Name	Yr	School	Seed Time	Prelim Time
32	Nick Tovani	JR	San Ramon Valley	21.83	22.21
33	Tristan LU	SO	Marin Academy	21.90	22.22
34	Thomas Rolefson	SO	Piedmont	21.86	22.26
35	Christian Gotterup	SR	Acalanes	22.01	22.31
36	Thomas Hamel	SR	Marin Catholic	21.91	22.37
37	Nathan Arakawa	SR	Castro Valley	21.85	22.45
38	Donavan Tse	JR	American	21.67	22.52
39	Jack Middleton	SO	Terra Linda	21.93	22.63
40	Liam Alexander	SO	Foothill	22.08	22.68
---	Ian Bellanca	JR	Las Lomas	21.93	DFS

Event 11 Girls 100 Yard Butterfly

National HS:	49.24	U	2022	Claire Curzan	Gibbons (NC)
NCS Meet:	52.15	N	2016	Madelyn Murphy	Carondelet
	54.39	AA-A	All America Auto.		
	55.48	AA-C	All America Cons.		
	55.68	CIFA	CIF Automatic		
	57.99	CIFC	CIF Consideration		

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Angela Quan	SR	Irvington	54.35	53.90	AA-A 20
	25.23		53.90 (28.67)			
2	Adriana Smith	JR	Campolindo	54.68	54.83	AA-C 17
	25.42		54.83 (29.41)			
3	Jasmine Fok	JR	Campolindo	55.57	55.01	AA-C 16
	25.83		55.01 (29.18)			
4	Charlotte Sevin	SR	California	55.56	55.35	AA-C 15
	25.92		55.35 (29.43)			
5	Elisabeth Butler	SO	Carondelet	56.45	55.72	CIFC 14
	25.76		55.72 (29.96)			
6	Emily Scheberies	SR	Monte Vista	56.22	56.03	CIFC 13
	25.73		56.03 (30.30)			
7	Pooja Hemige	SR	Monte Vista	56.42	56.45	CIFC 12
	26.29		56.45 (30.16)			
8	Mollie Appl	JR	College Preparatory	55.97	57.04	CIFC 11
	26.53		57.04 (30.51)			
B - Final						
9	Kayla Gregory	SR	San Ramon Valley	57.01	56.49	CIFC 9
	26.66		56.49 (29.83)			
10	Layla Busquets	SR	Monte Vista	56.88	56.50	CIFC 7
	26.26		56.50 (30.24)			
11	Mia Solomon	SR	Redwood	56.73	57.00	CIFC 6
	27.45		57.00 (29.55)			
12	Siena Santos	FR	Carondelet	57.73	57.28	CIFC 5
	27.27		57.28 (30.01)			
13	Chloe Xu	JR	Foothill	57.21	57.36	CIFC 4
	27.04		57.36 (30.32)			
14	Natalie Aiken	JR	Carondelet	57.05	57.61	CIFC 3
	27.77		57.61 (29.84)			
15	Kennedy Lee	SO	Maria Carrillo	57.63	58.02	2
	26.76		58.02 (31.26)			
16	Ashlyn Widmer	SR	San Ramon Valley	57.83	58.43	1
	27.59		58.43 (30.84)			

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Event 11 Girls 100 Yard Butterfly**

National HS: 49.24 U 2022 Claire Curzan
NCS Meet: 52.15 N 2016 Madelyn Murphy
 54.39 AA-A All America Auto.
 55.48 AA-C All America Cons.
 55.68 CIFA CIF Automatic
 57.99 CIFC CIF Consideration

Gibbons (NC)
Carondelet

Name		Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Angela Quan		SR Irvington	54.52	54.35	AA-A
	25.74		54.35 (28.61)			
2	Adriana Smith		JR Campolindo	56.88	54.68	AA-C
	26.02		54.68 (28.66)			
3	Charlotte Sevin		SR California	57.74	55.56	CIFA
	26.07		55.56 (29.49)			
4	Jasmine Fok		JR Campolindo	55.30	55.57	CIFA
	26.32		55.57 (29.25)			
5	Mollie Appl		JR College Preparatory	56.62	55.97	CIFC
	26.31		55.97 (29.66)			
6	Emily Scheberies		SR Monte Vista	56.17	56.22	CIFC
	25.64		56.22 (30.58)			
7	Pooja Hemige		SR Monte Vista	56.13	56.42	CIFC
	26.17		56.42 (30.25)			
8	Elisabeth Butler		SO Carondelet	55.77	56.45	CIFC
	26.17		56.45 (30.28)			
9	Mia Solomon		SR Redwood	56.51	56.73	CIFC
	26.37		56.73 (30.36)			
10	Layla Busquets		SR Monte Vista	57.29	56.88	CIFC
	26.20		56.88 (30.68)			
11	Kayla Gregory		SR San Ramon Valley	56.78	57.01	CIFC
	27.17		57.01 (29.84)			
12	Natalie Aiken		JR Carondelet	57.36	57.05	CIFC
	27.03		57.05 (30.02)			
13	Chloe Xu		JR Foothill	56.82	57.21	CIFC
	26.90		57.21 (30.31)			
14	Kennedy Lee		SO Maria Carrillo	57.40	57.63	CIFC
	26.74		57.63 (30.89)			
15	Siena Santos		FR Carondelet	59.17	57.73	CIFC
	27.40		57.73 (30.33)			
16	Ashlyn Widmer		SR San Ramon Valley	58.71	57.83	CIFC
	27.40		57.83 (30.43)			
17	Brianna Smyth		SR Berkeley	57.94	58.16	
	27.04		58.16 (31.12)			
18	Katherine Hickey		SR Carondelet	59.04	58.33	
	27.12		58.33 (31.21)			
19	Addison Everage		SO Tamalpais	58.19	58.40	
	27.22		58.40 (31.18)			
20	Layla Greaves		FR Healdsburg	59.05	58.54	
	27.18		58.54 (31.36)			
21	Emma Shane		SO Campolindo	59.50	58.61	
	27.54		58.61 (31.07)			
22	Vlada Chekurova		SO Northgate	58.06	59.05	
	27.48		59.05 (31.57)			

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 11 Girls 100 Yard Butterfly)**

	Name	Yr	School	Seed Time	Prelim Time
23	Whitney Wilkalis	JR	Campolindo	58.57	59.20
	28.25		59.20 (30.95)		
24	Sadie Breen	SR	Arcata	1:01.35	59.37
	28.10		59.37 (31.27)		
25	Ashley Dangol	JR	Albany	59.48	59.54
	27.56		59.54 (31.98)		
26	Charlotte Shamia	SO	Head-Royce	59.70	59.65
	28.18		59.65 (31.47)		
27	Lilli Chau	SR	Amador Valley	58.50	1:00.03
	28.46		1:00.03 (31.57)		
28	Molly Lind	FR	Monte Vista	1:00.83	1:00.30
	28.49		1:00.30 (31.81)		
29	Maggie Robinson	SR	Granada	1:01.26	1:00.39
	28.38		1:00.39 (32.01)		
30	Madi West	SR	Analy	58.13	1:00.40
	27.52		1:00.40 (32.88)		
31	Kallen Wank	SR	Redwood	1:00.38	1:00.71
	28.17		1:00.71 (32.54)		
32	Ali Larsen	SO	Miramonte	58.96	1:00.85
	28.69		1:00.85 (32.16)		
33	Alejandra Valladares	JR	American Canyon	59.43	1:01.05
	27.95		1:01.05 (33.10)		
34	Reagan Kaelle	SR	Miramonte	1:00.11	1:01.21
	28.41		1:01.21 (32.80)		
35	Aimee Blackwood	SR	Freedom	1:00.17	1:01.61
	29.37		1:01.61 (32.24)		
36	Paige Meyers	SR	Miramonte	1:00.61	1:02.12
	29.53		1:02.12 (32.59)		
37	Grace Li	JR	Dougherty Valley	59.47	1:02.15
	27.89		1:02.15 (34.26)		
38	Taylor Rolefson	SO	Piedmont	1:00.46	1:02.38
	28.77		1:02.38 (33.61)		
39	Elizabeth Haba	FR	Newark Memorial	1:01.23	1:02.62
	28.68		1:02.62 (33.94)		

Event 12 Boys 100 Yard Butterfly

National HS:	44.97	U	2023	Scotty Buff	SFDS (OH)
NCS Meet:	47.17	N	2016	Maxime Rooney	Granada
	48.72	AA-A All America Auto.			
	49.77	AA-C All America Cons.			
	49.78	CIFA CIF Automatic			
	51.99	CIFC CIF Consideration			

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Songrui Wu	FR	Dougherty Valley	48.61	47.92 AA-A	20
	22.42		47.92 (25.50)			
2	Bryden Thielenhaus	JR	Novato	49.19	48.42 AA-A	17
	22.79		48.42 (25.63)			
3	Edward Huang	JR	American	49.06	48.84 AA-C	16
	22.46		48.84 (26.38)			
4	Diego Castaneda	FR	Clayton Valley Charter	50.13	49.43 AA-C	15
	23.37		49.43 (26.06)			

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023

Results

A - Final ... (Event 12 Boys 100 Yard Butterfly)

	Name	Yr	School	Prelim Time	Finals Time	Points
5	Aden Li		Benicia	49.89	49.88	CIFC 14
	23.49		49.88 (26.39)			
6	Jacob Mohrland	SR	Northgate	50.03	49.94	CIFC 13
	23.27		49.94 (26.67)			
7	Blake Hill	FR	De La Salle	50.57	50.61	CIFC 12
	23.95		50.61 (26.66)			
8	Conor Halley-McCarty	JR	De La Salle	50.90	51.15	CIFC 11
	23.41		51.15 (27.74)			

B - Final

9	Aasish Dangol	FR	Albany	51.26	51.38	CIFC 9
	24.60		51.38 (26.78)			
10	Cameron Aryanpour	JR	Branson	51.51	51.41	CIFC 7
	24.37		51.41 (27.04)			
11	Devin Purewal	SR	College Park	51.27	51.65	CIFC 6
	24.47		51.65 (27.18)			
12	Phil Lin	SO	Foothill	52.09	52.06	5
	24.44		52.06 (27.62)			
13	Reid Lalli	JR	Campolindo	52.41	52.07	4
	24.86		52.07 (27.21)			
14	Kushawn Harandi	SO	San Ramon Valley	51.55	52.12	3
	24.21		52.12 (27.91)			
15	Ryan Kaelle	SR	Miramonte	51.14	52.36	2
	24.60		52.36 (27.76)			
16	Austin Abrojena	SO	De La Salle	52.39	52.54	1
	24.28		52.54 (28.26)			

Event 12 Boys 100 Yard Butterfly

National HS:	44.97	U	2023	Scotty Buff	SFDS (OH)
NCS Meet:	47.17	N	2016	Maxime Rooney	Granada
	48.72	AA-A All America Auto.			
	49.77	AA-C All America Cons.			
	49.78	CIFA CIF Automatic			
	51.99	CIFC CIF Consideration			

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Songrui Wu	FR	Dougherty Valley	48.13	48.61 AA-A
	22.64		48.61 (25.97)		
2	Edward Huang	JR	American	50.07	49.06 AA-C
	23.03		49.06 (26.03)		
3	Bryden Thielenhaus	JR	Novato	48.94	49.19 AA-C
	22.91		49.19 (26.28)		
4	Aden Li		Benicia	50.48	49.89 CIFC
	23.54		49.89 (26.35)		
5	Jacob Mohrland	SR	Northgate	50.64	50.03 CIFC
	23.25		50.03 (26.78)		
6	Diego Castaneda	FR	Clayton Valley Charter	51.15	50.13 CIFC
	23.38		50.13 (26.75)		
7	Blake Hill	FR	De La Salle	50.69	50.57 CIFC
	23.75		50.57 (26.82)		
8	Conor Halley-McCarty	JR	De La Salle	51.82	50.90 CIFC
	23.61		50.90 (27.29)		
9	Ryan Kaelle	SR	Miramonte	50.47	51.14 CIFC
	23.62		51.14 (27.52)		

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 12 Boys 100 Yard Butterfly)**

	Name	Yr School	Seed Time	Prelim Time	
10	Aasish Dangol	FR Albany	52.98	51.26	CIFC
	24.52	51.26 (26.74)			
11	Devin Purewal	SR College Park	50.94	51.27	CIFC
	24.27	51.27 (27.00)			
12	Cameron Aryanpour	JR Branson	52.28	51.51	CIFC
	23.77	51.51 (27.74)			
13	Kushawn Harandi	SO San Ramon Valley	51.69	51.55	CIFC
	24.01	51.55 (27.54)			
14	Phil Lin	SO Foothill	51.75	52.09	
	24.45	52.09 (27.64)			
15	Austin Abrojena	SO De La Salle	53.10	52.39	
	23.95	52.39 (28.44)			
16	Reid Lalli	JR Campolindo	52.50	52.41	
	24.83	52.41 (27.58)			
17	Brendon Chang	SR Heritage	52.06	52.49	
	24.37	52.49 (28.12)			
18	Ben Kang	SR Head-Royce	52.68	52.59	
	24.30	52.59 (28.29)			
19	Larwence Thomas	SR Northgate	53.77	52.93	
	24.58	52.93 (28.35)			
20	Danny Fowler	SO Freedom	52.41	53.09	
	24.41	53.09 (28.68)			
21	Brett Brewer	JR Novato	52.19	53.17	
	24.53	53.17 (28.64)			
22	Songpu Wu	FR Dougherty Valley	52.71	53.26	
	25.14	53.26 (28.12)			
23	Jack Parker	JR Clayton Valley Charter	53.90	53.43	
	24.63	53.43 (28.80)			
24	Dallas Hudson	JR Las Lomas	53.98	53.67	
	24.92	53.67 (28.75)			
25	Benjamin Ohrr	SO Dublin	53.01	53.72	
	24.61	53.72 (29.11)			
26	Alex Brubaker	SR San Francisco University High	54.27	53.73	
	24.99	53.73 (28.74)			
27	Ethan Giang	SR Alameda	53.27	53.94	
	25.34	53.94 (28.60)			
28	Grant Eubanks	SR Acalanes	53.92	54.00	
	25.18	54.00 (28.82)			
29	Brady Cannon	SO Northgate	53.44	54.06	
	24.91	54.06 (29.15)			
30	Moataz Bayoumi	SR American	53.60	54.09	
	25.45	54.09 (28.64)			
*31	Dominick Wonosaputra	JR Amador Valley	52.95	54.16	
	25.41	54.16 (28.75)			
*31	Alex Ries	FR Fort Bragg	53.52	54.16	
	24.90	54.16 (29.26)			
33	Rafael Estimo	FR Justin-Siena	53.91	54.17	
	25.38	54.17 (28.79)			
34	Robby Brents	JR San Ramon Valley	53.94	54.72	
	25.75	54.72 (28.97)			
35	Finn Sepic	SO De La Salle	53.87	54.75	
	25.76	54.75 (28.99)			

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 12 Boys 100 Yard Butterfly)**

	Name	Yr	School	Seed Time	Prelim Time
36	Ethan DeLange	SR	St Patrick-St Vincent	54.25	54.98
	24.99		54.98 (29.99)		
37	Gavin Willits	SR	Castro Valley	54.12	55.23
	25.51		55.23 (29.72)		
38	Isaiah Warner	SO	Heritage	53.98	55.44
	25.38		55.44 (30.06)		
39	Harley Venable	SR	Campolindo	53.96	56.19
	25.93		56.19 (30.26)		

Event 13 Girls 100 Yard Freestyle

National HS: 46.98 U 2020 Gretchen Walsh
NCS Meet: 48.62 N 2016 Madelyn Murphy
50.19 AA-A All America Auto.
51.00 AA-C All America Cons.
51.47 CIFA CIF Automatic
52.88 CIFC CIF Consideration

Harpeth Hall (TN
Carondelet

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Bailey Hartman	JR	Carondelet	49.36	49.31 AA-A	20
	23.84		49.31 (25.47)			
2	Lila Heffernan	JR	Justin-Siena	50.34	50.02 AA-A	17
	24.02		50.02 (26.00)			
3	Natalie Farquhar	SO	Cardinal Newman	51.14	50.43 AA-C	16
	24.19		50.43 (26.24)			
4	Samantha Li	SR	Castro Valley	51.49	51.33 CIFA	15
	24.57		51.33 (26.76)			
5	Madison Blackwell	JR	Campolindo	51.86	51.41 CIFA	14
	24.88		51.41 (26.53)			
6	Paige Arnold	SR	College Preparatory	51.72	51.61 CIFC	13
	24.51		51.61 (27.10)			
7	Gretta Callison	SR	Monte Vista	51.46	52.01 CIFC	12
	24.77		52.01 (27.24)			
8	Sophi MacKay	SR	Acalanes	52.08	52.37 CIFC	11
	25.16		52.37 (27.21)			
B - Final						
9	Addy VonderAhe	SO	Monte Vista	52.32	52.23 CIFC	9
	25.00		52.23 (27.23)			
10	Genesee Quon	SO	Monte Vista	52.29	52.38 CIFC	7
	25.46		52.38 (26.92)			
11	Elise Gratton	FR	Campolindo	52.50	52.40 CIFC	6
	25.15		52.40 (27.25)			
12	Claudia Dumais	SR	Carondelet	52.41	52.93	5
	25.85		52.93 (27.08)			
13	Alexis Parkinson	FR	San Ramon Valley	52.87	52.95	4
	25.54		52.95 (27.41)			
14	Audrey Le-Nguyen	SR	Campolindo	52.90	53.17	3
	25.42		53.17 (27.75)			
15	Adeline Turner	SR	Redwood	53.85	53.47	2
	25.50		53.47 (27.97)			
16	Eleanor Farley	FR	Credo	53.59	53.56	1
	25.08		53.56 (28.48)			

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Event 13 Girls 100 Yard Freestyle**

National HS: 46.98 U 2020 Gretchen Walsh
NCS Meet: 48.62 N 2016 Madelyn Murphy
50.19 AA-A All America Auto.
51.00 AA-C All America Cons.
51.47 CIFA CIF Automatic
52.88 CIFC CIF Consideration

Harpeth Hall (TN
Carondelet

Name		Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Bailey Hartman	JR	Carondelet	51.33	49.36	AA-A
	23.86		49.36 (25.50)			
2	Lila Heffernan	JR	Justin-Siena	50.38	50.34	AA-C
	24.23		50.34 (26.11)			
3	Natalie Farquhar	SO	Cardinal Newman	50.94	51.14	CIFA
	24.43		51.14 (26.71)			
4	Gretta Callison	SR	Monte Vista	51.79	51.46	CIFA
	24.64		51.46 (26.82)			
5	Samantha Li	SR	Castro Valley	51.04	51.49	CIFC
	24.98		51.49 (26.51)			
6	Paige Arnold	SR	College Preparatory	51.90	51.72	CIFC
	24.61		51.72 (27.11)			
7	Madison Blackwell	JR	Campolindo	53.37	51.86	CIFC
	25.20		51.86 (26.66)			
8	Sophi MacKay	SR	Acalanes	52.09	52.08	CIFC
	25.12		52.08 (26.96)			
9	Genesee Quon	SO	Monte Vista	52.12	52.29	CIFC
	25.29		52.29 (27.00)			
10	Addy VonderAhe	SO	Monte Vista	52.48	52.32	CIFC
	25.19		52.32 (27.13)			
11	Claudia Dumais	SR	Carondelet	52.56	52.41	CIFC
	25.59		52.41 (26.82)			
12	Elise Gratton	FR	Campolindo	52.40	52.50	CIFC
	25.36		52.50 (27.14)			
13	Alexis Parkinson	FR	San Ramon Valley	53.28	52.87	CIFC
	25.50		52.87 (27.37)			
14	Audrey Le-Nguyen	SR	Campolindo	53.00	52.90	
	25.37		52.90 (27.53)			
15	Eleanor Farley	FR	Credo	53.87	53.59	
	25.42		53.59 (28.17)			
16	Adeline Turner	SR	Redwood	54.04	53.85	
	25.57		53.85 (28.28)			
17	Sydney Thompson	JR	Alameda	53.50	53.91	
	25.77		53.91 (28.14)			
18	Hannah Nguyen	SR	Dublin	54.28	53.94	
	25.83		53.94 (28.11)			
19	Airi Seib	SR	Carondelet	52.66	54.07	
	25.74		54.07 (28.33)			
20	Emmerson Wunderlich	FR	Novato	53.28	54.23	
	26.13		54.23 (28.10)			
21	Esme Quay	FR	Marin Catholic	53.46	54.27	
	25.60		54.27 (28.67)			
22	Elsa Horciza	JR	Carondelet	53.53	54.42	
	26.43		54.42 (27.99)			

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 13 Girls 100 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time
23	Fiona Lei	SR	Newark Memorial	53.96	54.46
	26.17		54.46 (28.29)		
24	Alexis Lewis	SR	Santa Rosa	54.09	54.53
	26.26		54.53 (28.27)		
25	Avery Knapp	JR	San Ramon Valley	54.29	54.82
	25.93		54.82 (28.89)		
26	Sierra Brown	JR	Las Lomas	55.04	55.08
	26.31		55.08 (28.77)		
27	Megan Ogden	SO	Heritage	54.60	55.13
	27.09		55.13 (28.04)		
28	Samantha Gee	JR	California	54.99	55.18
	26.30		55.18 (28.88)		
29	Madison Bautista	FR	Clayton Valley Charter	53.77	55.20
	26.32		55.20 (28.88)		
30	SiSi Roggensack	SO	Campolindo	54.35	55.24
	26.27		55.24 (28.97)		
31	Sydney Walburg	JR	Las Lomas	55.15	55.29
	26.71		55.29 (28.58)		
32	Andrea Chang	FR	Heritage	55.30	55.36
	26.97		55.36 (28.39)		
33	McKenzie Kwei	SO	Branson	55.55	55.63
	27.01		55.63 (28.62)		
34	Sara Archer	SR	Acalanes	55.13	55.80
	27.11		55.80 (28.69)		
35	Ali Kosmowski	SO	Marin Academy	NT	55.97
36	Kate DeForrest	JR	Redwood	54.91	55.98
	27.00		55.98 (28.98)		
*37	Bea Hearey	SO	Miramonte	54.80	56.13
	26.78		56.13 (29.35)		
*37	Eva Busquets	FR	Monte Vista	54.60	56.13
	26.93		56.13 (29.20)		
39	Alyssa Kooy	JR	Marin Catholic	54.23	56.40
	26.47		56.40 (29.93)		
40	Piper Whitty		Benicia	55.53	58.19
	26.86		58.19 (31.33)		

Event 14 Boys 100 Yard Freestyle

National HS:	42.34	U	2011	David Nolan	Hershey (PA)
NCS Meet:	43.60	N	2018	Alexei Sancov	Northgate
	44.86			AA-A All America Auto.	
	45.67			AA-C All America Cons.	
	46.16			CIFA CIF Automatic	
	47.99			CIFC CIF Consideration	

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Zach Elian	SR	De La Salle	45.51	44.65 AA-A	20
	21.55		44.65 (23.10)			
2	Andrew Hallett	SR	Northgate	45.56	45.54 AA-C	17
	21.86		45.54 (23.68)			
3	Brady Lind	SR	Monte Vista	46.03	46.08 CIFA	16
	21.88		46.08 (24.20)			
4	Scott McMillan	JR	Northgate	46.19	46.25 CIFC	15
	22.11		46.25 (24.14)			

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****A - Final ... (Event 14 Boys 100 Yard Freestyle)**

	Name	Yr	School	Prelim Time	Finals Time	Points
5	Kyle Kengla	SO	Northgate	45.67	46.33	CIFC 14
	22.39	46.33 (23.94)				
6	Hayden Tupper	SR	Amador Valley	46.19	46.41	CIFC 13
	22.33	46.41 (24.08)				
7	Finn Brophy	JR	Maria Carrillo	46.09	46.86	CIFC 12
	22.37	46.86 (24.49)				
8	Jon Mendelssohn	SO	Las Lomas	46.96	46.95	CIFC 11
	22.41	46.95 (24.54)				

B - Final

9	Micah Sher	SR	Archie Williams	47.24	46.14	CIFA 9
	22.18	46.14 (23.96)				
10	Harrison Parsons	JR	Bay School of San Francisco	47.82	46.64	CIFC 7
	22.65	46.64 (23.99)				
11	Simon Li	SO	Castro Valley	47.77	47.10	CIFC 6
	22.65	47.10 (24.45)				
12	Drew Arney	JR	San Ramon Valley	47.94	47.14	CIFC 5
	22.50	47.14 (24.64)				
13	Ryin Ruaboro	JR	American	47.13	47.19	CIFC 4
	22.89	47.19 (24.30)				
14	Jed Johnson	SO	De La Salle	47.16	47.32	CIFC 3
	22.63	47.32 (24.69)				
15	Logan Gunn	JR	Miramonte	47.28	47.48	CIFC 2
	22.92	47.48 (24.56)				
16	Matthew Nakayama	FR	Freedom	47.24	47.69	CIFC 1
	22.74	47.69 (24.95)				

Event 14 Boys 100 Yard Freestyle

National HS:	42.34	U 2011	David Nolan
NCS Meet:	43.60	N 2018	Alexei Sancov
	44.86	AA-A All America Auto.	
	45.67	AA-C All America Cons.	
	46.16	CIFA CIF Automatic	
	47.99	CIFC CIF Consideration	

Hershey (PA)
Northgate

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Zach Elian	SR	De La Salle	45.05	45.51	AA-C
	21.94	45.51 (23.57)				
2	Andrew Hallett	SR	Northgate	45.80	45.56	AA-C
	21.99	45.56 (23.57)				
3	Kyle Kengla	SO	Northgate	46.32	45.67	AA-C
	22.23	45.67 (23.44)				
4	Brady Lind	SR	Monte Vista	46.37	46.03	CIFA
	22.22	46.03 (23.81)				
5	Finn Brophy	JR	Maria Carrillo	46.46	46.09	CIFA
	22.20	46.09 (23.89)				
*6	Hayden Tupper	SR	Amador Valley	46.37	46.19	CIFC
	22.47	46.19 (23.72)				
*6	Scott McMillan	JR	Northgate	46.31	46.19	CIFC
	22.17	46.19 (24.02)				
8	Jon Mendelssohn	SO	Las Lomas	48.21	46.96	CIFC
	22.36	46.96 (24.60)				
9	Ryin Ruaboro	JR	American	46.64	47.13	CIFC
	22.95	47.13 (24.18)				

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 14 Boys 100 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time	
10	Jed Johnson	SO	De La Salle	47.02	47.16	CIFC
	22.43		47.16 (24.73)			
*11	Matthew Nakayama	FR	Freedom	47.58	47.24	CIFC
	22.64		47.24 (24.60)			
*11	Micah Sher	SR	Archie Williams	47.31	47.24	CIFC
	22.60		47.24 (24.64)			
13	Logan Gunn	JR	Miramonte	48.29	47.28	CIFC
	22.78		47.28 (24.50)			
14	Simon Li	SO	Castro Valley	47.67	47.77	CIFC
	23.26		47.77 (24.51)			
15	Harrison Parsons	JR	Bay School of San Francisco	47.21	47.82	CIFC
	22.84		47.82 (24.98)			
16	Drew Arney	JR	San Ramon Valley	47.26	47.94	CIFC
	22.76		47.94 (25.18)			
17	Sawyer Jones	JR	San Ramon Valley	47.23	47.95	CIFC
	22.91		47.95 (25.04)			
18	Vincent Krilanovich	SO	Archie Williams	47.34	48.05	
	23.34		48.05 (24.71)			
19	Breydon Congo	SO	De La Salle	48.42	48.14	
	22.90		48.14 (25.24)			
20	Ian Palmer	SR	Monte Vista	47.54	48.18	
	22.34		48.18 (25.84)			
21	Shawn Canada	JR	Clayton Valley Charter	48.78	48.19	
	23.11		48.19 (25.08)			
22	Jack Davis	SR	Granada	49.01	48.29	
	23.13		48.29 (25.16)			
23	Grant Roesch	SR	Campolindo	48.32	48.35	
	23.36		48.35 (24.99)			
24	Donovan Swann	SO	De La Salle	48.36	48.40	
	23.49		48.40 (24.91)			
25	Christian Gotterup	SR	Acalanes	48.47	48.44	
	23.46		48.44 (24.98)			
26	Damik Van Fanos	JR	Clayton Valley Charter	49.02	48.49	
	23.51		48.49 (24.98)			
27	Ryan Dong	SR	Irvington	48.90	48.66	
	23.67		48.66 (24.99)			
28	Garrett Chivers	SO	Campolindo	48.80	48.70	
	23.35		48.70 (25.35)			
29	Eason Feng	FR	Campolindo	47.86	48.71	
	23.42		48.71 (25.29)			
30	Lincoln Sovik	SO	Campolindo	48.37	48.75	
	23.96		48.75 (24.79)			
31	Mateo Monroy	SR	Las Lomas	48.90	48.91	
	23.57		48.91 (25.34)			
32	Raphael Cueva	FR	American Canyon	48.72	49.33	
	23.40		49.33 (25.93)			
33	Isreal Gonzales	JR	Bishop O'Dowd	49.04	49.34	
	23.49		49.34 (25.85)			
34	Logan Haines	SR	Miramonte	48.83	49.57	
	23.35		49.57 (26.22)			
35	Gavin Martinez	SR	Moreau Catholic	48.78	49.66	
	23.95		49.66 (25.71)			

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 14 Boys 100 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time
36	Evan Haba	JR	Newark Memorial	48.69	49.67
	24.33	49.67 (25.34)			
37	Thanh-Long Nguyen-Trong	SR	Encinal	48.84	49.72
	23.99	49.72 (25.73)			
38	Grant Kurtz	JR	Miramonte	48.83	50.37
	24.22	50.37 (26.15)			
39	Thomas Hamel	SR	Marin Catholic	48.23	52.31
	24.74	52.31 (27.57)			

Event 15 Girls 500 Yard Freestyle

National HS: 4:26.58 U 2015 **Kathleen Ledecky**
NCS Meet: 4:38.05 N 2012 **Chelsea Chenault**
 4:52.54 AA-A All America Auto.
 4:57.06 AA-C All America Cons.
 4:58.81 CIFA CIF Automatic
 5:07.99 CIFC CIF Consideration

Stone Ridge (MD)
Carondelet

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Bailey Hartman	JR	Carondelet	4:46.53	4:42.58 AA-A	20
	25.42	53.11 (27.69)	1:21.35 (28.24)	1:49.85 (28.50)		
	2:18.63 (28.78)	2:47.29 (28.66)	3:16.19 (28.90)	3:45.19 (29.00)		
	4:14.16 (28.97)	4:42.58 (28.42)				
2	Rylee Hutchinson	FR	Amador Valley	4:59.83	4:54.20 AA-C	17
	26.87	55.89 (29.02)	1:25.34 (29.45)	1:55.15 (29.81)		
	2:25.11 (29.96)	2:55.08 (29.97)	3:24.88 (29.80)	3:55.02 (30.14)		
	4:25.02 (30.00)	4:54.20 (29.18)				
3	Kaitlin Lee	JR	Dublin	4:57.08	4:56.24 AA-C	16
	27.15	56.36 (29.21)	1:26.14 (29.78)	1:56.00 (29.86)		
	2:26.06 (30.06)	2:56.06 (30.00)	3:26.20 (30.14)	3:56.21 (30.01)		
	4:26.36 (30.15)	4:56.24 (29.88)				
4	Brooke Bennett	FR	Granada	4:58.37	4:58.14 CIFA	15
	27.16	56.82 (29.66)	1:26.89 (30.07)	1:57.12 (30.23)		
	2:27.30 (30.18)	2:57.42 (30.12)	3:27.35 (29.93)	3:57.84 (30.49)		
	4:28.18 (30.34)	4:58.14 (29.96)				
5	Madison O'Connell	JR	Carondelet	5:02.26	5:01.63 CIFC	14
	26.78	56.77 (29.99)	1:27.39 (30.62)	1:58.15 (30.76)		
	2:29.08 (30.93)	2:59.94 (30.86)	3:30.82 (30.88)	4:01.48 (30.66)		
	4:32.07 (30.59)	5:01.63 (29.56)				
6	Lillyana Caples	FR	Amador Valley	4:57.35	5:02.09 CIFC	13
	27.91	57.60 (29.69)	1:28.09 (30.49)	1:58.72 (30.63)		
	2:29.47 (30.75)	3:00.38 (30.91)	3:31.30 (30.92)	4:02.13 (30.83)		
	4:33.17 (31.04)	5:02.09 (28.92)				
7	Lily Struempf	JR	Northgate	5:08.51	5:06.49 CIFC	12
	28.33	59.09 (30.76)	1:30.00 (30.91)	2:01.18 (31.18)		
	2:32.67 (31.49)	3:04.16 (31.49)	3:35.15 (30.99)	4:06.35 (31.20)		
	4:36.93 (30.58)	5:06.49 (29.56)				
8	Zoe Venetta	FR	Monte Vista	5:14.21	5:17.66	11
	28.33	59.27 (30.94)	1:31.78 (32.51)	2:04.30 (32.52)		
	2:36.89 (32.59)	3:09.56 (32.67)	3:42.69 (33.13)	4:15.07 (32.38)		
	4:46.98 (31.91)	5:17.66 (30.68)				

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****B - Final ... (Event 15 Girls 500 Yard Freestyle)**

	Name	Yr	School	Prelim Time	Finals Time	Points
B - Final						
9	Lucia Martin Del Campo	JR	College Preparatory	5:16.00	5:14.07	9
	29.27	1:01.26 (31.99)	1:33.08 (31.82)	2:05.40 (32.32)		
	2:37.18 (31.78)	3:09.20 (32.02)	3:40.94 (31.74)	4:12.66 (31.72)		
	4:44.17 (31.51)	5:14.07 (29.90)				
10	Ava Tseng	JR	San Ramon Valley	5:15.22	5:15.02	7
	29.04	1:00.42 (31.38)	1:32.21 (31.79)	2:03.97 (31.76)		
	2:35.87 (31.90)	3:07.78 (31.91)	3:39.56 (31.78)	4:11.45 (31.89)		
	4:43.50 (32.05)	5:15.02 (31.52)				
11	Emmy Loftus	SO	Dublin	5:16.54	5:15.84	6
	29.58	1:01.02 (31.44)	1:32.91 (31.89)	2:04.99 (32.08)		
	2:37.42 (32.43)	3:09.63 (32.21)	3:42.03 (32.40)	4:13.79 (31.76)		
	4:45.19 (31.40)	5:15.84 (30.65)				
12	Estelle Engelskirchen	SR	San Rafael	5:17.55	5:16.38	5
	29.08	1:00.51 (31.43)	1:32.17 (31.66)	2:04.03 (31.86)		
	2:36.12 (32.09)	3:08.21 (32.09)	3:40.39 (32.18)	4:12.66 (32.27)		
	4:45.09 (32.43)	5:16.38 (31.29)				
13	Audrey Cox	SR	Acalanes	5:14.93	5:19.00	4
	29.06	1:00.28 (31.22)	1:32.65 (32.37)	2:05.07 (32.42)		
	2:38.22 (33.15)	3:10.76 (32.54)	3:43.45 (32.69)	4:16.19 (32.74)		
	4:48.50 (32.31)	5:19.00 (30.50)				
14	Olivia Pettit		Benicia	5:16.07	5:19.25	3
	29.21	1:01.33 (32.12)	1:33.97 (32.64)	2:06.60 (32.63)		
	2:39.30 (32.70)	3:12.11 (32.81)	3:44.51 (32.40)	4:17.25 (32.74)		
	4:49.27 (32.02)	5:19.25 (29.98)				
15	Cassie Clark	FR	Granada	5:15.45	5:20.21	2
	29.22	1:00.50 (31.28)	1:32.62 (32.12)	2:05.09 (32.47)		
	2:37.52 (32.43)	3:10.16 (32.64)	3:43.11 (32.95)	4:15.84 (32.73)		
	4:48.45 (32.61)	5:20.21 (31.76)				
16	Carlee Davis	FR	Las Lomas	5:16.14	5:21.19	1
	28.96	1:00.83 (31.87)	1:33.25 (32.42)	2:05.77 (32.52)		
	2:38.64 (32.87)	3:11.27 (32.63)	3:44.24 (32.97)	4:17.35 (33.11)		
	4:49.77 (32.42)	5:21.19 (31.42)				

Event 15 Girls 500 Yard Freestyle

National HS: 4:26.58 U 2015 Kathleen Ledecy

Stone Ridge (MD)

NCS Meet: 4:38.05 N 2012 Chelsea Chenault

Carondelet

4:52.54 AA-A All America Auto.

4:57.06 AA-C All America Cons.

4:58.81 CIFA CIF Automatic

5:07.99 CIFC CIF Consideration

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Bailey Hartman	JR	Carondelet	4:45.93	4:46.53	AA-A
	26.19	54.93 (28.74)	1:23.94 (29.01)	1:52.98 (29.04)		
	2:21.92 (28.94)	2:50.96 (29.04)	3:19.92 (28.96)	3:49.16 (29.24)		
	4:18.24 (29.08)	4:46.53 (28.29)				
2	Kaitlin Lee	JR	Dublin	4:52.13	4:57.08	CIFA
	28.08	57.58 (29.50)	1:27.39 (29.81)	1:57.43 (30.04)		
	2:27.64 (30.21)	2:57.92 (30.28)	3:27.93 (30.01)	3:58.12 (30.19)		
	4:28.00 (29.88)	4:57.08 (29.08)				

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 15 Girls 500 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time	
3	Lillyana Caples	FR	Amador Valley	5:05.87	4:57.35	CIFA
	27.81	57.54 (29.73)	1:27.40 (29.86)	1:57.49 (30.09)		
	2:27.50 (30.01)	2:57.47 (29.97)	3:27.48 (30.01)	3:57.78 (30.30)		
	4:27.93 (30.15)	4:57.35 (29.42)				
4	Brooke Bennett	FR	Granada	4:59.97	4:58.37	CIFA
	27.42	57.12 (29.70)	1:27.24 (30.12)	1:57.82 (30.58)		
	2:28.05 (30.23)	2:57.91 (29.86)	3:28.16 (30.25)	3:58.31 (30.15)		
	4:28.54 (30.23)	4:58.37 (29.83)				
5	Rylee Hutchinson	FR	Amador Valley	4:55.90	4:59.83	CIFC
	27.54	57.11 (29.57)	1:27.05 (29.94)	1:57.13 (30.08)		
	2:27.56 (30.43)	2:58.17 (30.61)	3:28.91 (30.74)	3:59.66 (30.75)		
	4:30.21 (30.55)	4:59.83 (29.62)				
6	Madison O'Connell	JR	Carondelet	5:07.36	5:02.26	CIFC
	27.11	56.64 (29.53)	1:27.41 (30.77)	1:58.09 (30.68)		
	2:28.68 (30.59)	2:59.69 (31.01)	3:30.85 (31.16)	4:02.06 (31.21)		
	4:33.03 (30.97)	5:02.26 (29.23)				
7	Lily Struempf	JR	Northgate	5:04.97	5:08.51	
	28.17	58.59 (30.42)	1:29.58 (30.99)	2:00.70 (31.12)		
	2:32.28 (31.58)	3:04.15 (31.87)	3:35.79 (31.64)	4:07.66 (31.87)		
	4:38.44 (30.78)	5:08.51 (30.07)				
8	Zoe Venetta	FR	Monte Vista	5:17.01	5:14.21	
	28.84	1:00.03 (31.19)	1:32.00 (31.97)	2:03.83 (31.83)		
	2:35.78 (31.95)	3:07.88 (32.10)	3:40.09 (32.21)	4:11.93 (31.84)		
	4:43.83 (31.90)	5:14.21 (30.38)				
9	Audrey Cox	SR	Acalanes	5:17.26	5:14.93	
	29.01	1:00.38 (31.37)	1:32.22 (31.84)	2:03.86 (31.64)		
	2:36.01 (32.15)	3:08.34 (32.33)	3:40.25 (31.91)	4:12.40 (32.15)		
	4:44.32 (31.92)	5:14.93 (30.61)				
10	Ava Tseng	JR	San Ramon Valley	5:14.53	5:15.22	
	28.89	1:00.51 (31.62)	1:32.35 (31.84)	2:04.46 (32.11)		
	2:36.41 (31.95)	3:08.32 (31.91)	3:40.26 (31.94)	4:12.18 (31.92)		
	4:43.92 (31.74)	5:15.22 (31.30)				
11	Cassie Clark	FR	Granada	5:16.86	5:15.45	
	29.03	1:00.02 (30.99)	1:31.33 (31.31)	2:03.14 (31.81)		
	2:34.77 (31.63)	3:07.07 (32.30)	3:39.36 (32.29)	4:11.74 (32.38)		
	4:44.25 (32.51)	5:15.45 (31.20)				
12	Lucia Martin Del Campo	JR	College Preparatory	5:15.95	5:16.00	
	28.87	1:01.15 (32.28)	1:33.62 (32.47)	2:06.33 (32.71)		
	2:37.99 (31.66)	3:10.10 (32.11)	3:42.01 (31.91)	4:13.91 (31.90)		
	4:45.90 (31.99)	5:16.00 (30.10)				
13	Olivia Pettit		Benicia	5:18.19	5:16.07	
	28.96	1:01.03 (32.07)	1:33.71 (32.68)	2:06.13 (32.42)		
	2:38.26 (32.13)	3:10.50 (32.24)	3:42.46 (31.96)	4:14.43 (31.97)		
	4:45.96 (31.53)	5:16.07 (30.11)				
14	Carlee Davis	FR	Las Lomas	5:13.93	5:16.14	
	29.15	1:00.90 (31.75)	1:32.89 (31.99)	2:05.09 (32.20)		
	2:37.37 (32.28)	3:09.45 (32.08)	3:41.44 (31.99)	4:13.65 (32.21)		
	4:45.39 (31.74)	5:16.14 (30.75)				
15	Emmy Loftus	SO	Dublin	5:14.25	5:16.54	
	29.64	1:01.21 (31.57)	1:33.28 (32.07)	2:05.49 (32.21)		
	2:37.84 (32.35)	3:09.93 (32.09)	3:42.00 (32.07)	4:14.05 (32.05)		
	4:45.59 (31.54)	5:16.54 (30.95)				

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 15 Girls 500 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time
16	Estelle Engelskirchen	SR	San Rafael	5:17.28	5:17.55
	28.50	59.96 (31.46)	1:31.24 (31.28)	2:03.22 (31.98)	
	2:35.33 (32.11)	3:07.49 (32.16)	3:40.02 (32.53)	4:12.82 (32.80)	
	4:45.73 (32.91)	5:17.55 (31.82)			
17	Mackenzie Kawashiri	SR	Justin-Siena	5:23.00	5:18.24
	28.87	59.89 (31.02)	1:31.59 (31.70)	2:03.19 (31.60)	
	2:35.10 (31.91)	3:07.20 (32.10)	3:39.94 (32.74)	4:13.07 (33.13)	
	4:46.14 (33.07)	5:18.24 (32.10)			
18	Josie Haast	FR	Carondelet	5:18.90	5:18.97
	28.68	59.83 (31.15)	1:31.23 (31.40)	2:03.20 (31.97)	
	2:35.60 (32.40)	3:08.39 (32.79)	3:41.15 (32.76)	4:14.19 (33.04)	
	4:47.12 (32.93)	5:18.97 (31.85)			
19	Natalia Avalos Paz	JR	Heritage	5:27.28	5:19.33
	29.30	1:00.59 (31.29)	1:32.23 (31.64)	2:03.81 (31.58)	
	2:35.56 (31.75)	3:08.02 (32.46)	3:41.05 (33.03)	4:13.61 (32.56)	
	4:46.63 (33.02)	5:19.33 (32.70)			
20	Audrey Hemsworth	SR	Marin Catholic	5:20.60	5:19.42
	29.50	1:00.83 (31.33)	1:32.61 (31.78)	2:04.75 (32.14)	
	2:36.82 (32.07)	3:09.14 (32.32)	3:41.92 (32.78)	4:14.82 (32.90)	
	4:47.99 (33.17)	5:19.42 (31.43)			
21	Hayley Gregory	JR	San Ramon Valley	5:16.88	5:20.71
	28.71	1:00.06 (31.35)	1:32.37 (32.31)	2:04.84 (32.47)	
	2:38.00 (33.16)	3:10.90 (32.90)	3:43.54 (32.64)	4:16.13 (32.59)	
	4:48.88 (32.75)	5:20.71 (31.83)			
22	Oyu Tuvshintugs	SO	Northgate	5:14.09	5:20.89
	29.59	1:00.88 (31.29)	1:33.06 (32.18)	2:05.30 (32.24)	
	2:37.77 (32.47)	3:10.33 (32.56)	3:43.07 (32.74)	4:15.99 (32.92)	
	4:48.83 (32.84)	5:20.89 (32.06)			
23	Daphne Foster		Monte Vista	5:14.58	5:21.38
	29.01	1:02.00 (32.99)	1:34.45 (32.45)	2:07.41 (32.96)	
	2:40.04 (32.63)	3:12.77 (32.73)	3:45.24 (32.47)	4:17.97 (32.73)	
	4:50.56 (32.59)	5:21.38 (30.82)			
24	Maile Turner	JR	Monte Vista	5:23.91	5:21.83
	29.54	1:01.57 (32.03)	1:34.19 (32.62)	2:06.79 (32.60)	
	2:39.33 (32.54)	3:12.32 (32.99)	3:45.53 (33.21)	4:18.06 (32.53)	
	4:50.82 (32.76)	5:21.83 (31.01)			
25	Athena Ayers	JR	Liberty	5:21.03	5:23.48
	29.59	1:01.10 (31.51)	1:33.35 (32.25)	2:06.20 (32.85)	
	2:38.82 (32.62)	3:11.75 (32.93)	3:44.91 (33.16)	4:18.38 (33.47)	
	4:51.91 (33.53)	5:23.48 (31.57)			
26	Filuka Houborg	SO	Dougherty Valley	5:24.06	5:23.74
	29.71	1:02.16 (32.45)	1:35.48 (33.32)	2:08.51 (33.03)	
	2:41.34 (32.83)	3:13.92 (32.58)	3:46.82 (32.90)	4:19.94 (33.12)	
	4:52.86 (32.92)	5:23.74 (30.88)			
27	Clare Baker	SO	Campolindo	5:22.14	5:24.04
	28.91	1:00.80 (31.89)	1:33.39 (32.59)	2:06.50 (33.11)	
	2:39.46 (32.96)	3:12.45 (32.99)	3:45.98 (33.53)	4:19.40 (33.42)	
	4:52.48 (33.08)	5:24.04 (31.56)			
28	Luciana Carmichael	FR	Carondelet	5:18.43	5:24.78
	29.05	1:00.67 (31.62)	1:32.76 (32.09)	2:05.17 (32.41)	
	2:37.92 (32.75)	3:10.99 (33.07)	3:44.34 (33.35)	4:18.03 (33.69)	
	4:51.89 (33.86)	5:24.78 (32.89)			

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 15 Girls 500 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time
29	Alexandra Grant		Benicia	5:19.84	5:26.47
	29.14	1:00.68 (31.54)	1:32.73 (32.05)	2:05.55 (32.82)	
	2:38.36 (32.81)	3:11.80 (33.44)	3:45.62 (33.82)	4:19.25 (33.63)	
	4:53.15 (33.90)	5:26.47 (33.32)			
30	Grace Cleary	FR	Clayton Valley Charter	5:27.06	5:26.90
	29.29	1:00.84 (31.55)	1:33.13 (32.29)	2:05.70 (32.57)	
	2:38.99 (33.29)	3:12.45 (33.46)	3:46.28 (33.83)	4:20.23 (33.95)	
	4:53.98 (33.75)	5:26.90 (32.92)			
31	Alexandra Wythes	SR	San Francisco University High	5:25.03	5:27.07
	28.98	1:01.20 (32.22)	1:34.32 (33.12)	2:07.38 (33.06)	
	2:41.16 (33.78)	3:14.77 (33.61)	3:48.07 (33.30)	4:21.68 (33.61)	
	4:54.86 (33.18)	5:27.07 (32.21)			
32	Lutece Morelle	FR	Maria Carrillo	5:28.70	5:27.24
	29.35	1:01.09 (31.74)	1:33.24 (32.15)	2:06.02 (32.78)	
	2:39.33 (33.31)	3:12.73 (33.40)	3:46.08 (33.35)	4:20.11 (34.03)	
	4:54.41 (34.30)	5:27.24 (32.83)			
33	Natalie Bove	JR	Campolindo	5:25.58	5:31.25
	29.24	1:01.40 (32.16)	1:34.26 (32.86)	2:07.22 (32.96)	
	2:40.69 (33.47)	3:15.12 (34.43)	3:49.15 (34.03)	4:23.95 (34.80)	
	4:58.30 (34.35)	5:31.25 (32.95)			
34	Josie Clark	JR	Granada	5:25.25	5:32.35
	30.60	1:03.21 (32.61)	1:36.50 (33.29)	2:09.89 (33.39)	
	2:43.26 (33.37)	3:16.97 (33.71)	3:50.88 (33.91)	4:24.82 (33.94)	
	4:59.09 (34.27)	5:32.35 (33.26)			
35	Chloe Thorn Leeson	FR	Campolindo	5:27.53	5:33.13
	28.68	1:01.21 (32.53)	1:34.91 (33.70)	2:08.93 (34.02)	
	2:42.48 (33.55)	3:16.36 (33.88)	3:51.06 (34.70)	4:25.36 (34.30)	
	4:59.77 (34.41)	5:33.13 (33.36)			
36	Sofie Curran	SR	Northgate	5:27.24	5:40.22
	29.99	1:02.63 (32.64)	1:36.95 (34.32)	2:11.91 (34.96)	
	2:47.02 (35.11)	3:22.34 (35.32)	3:56.21 (33.87)	4:30.82 (34.61)	
	5:06.92 (36.10)	5:40.22 (33.30)			
---	Alison Sagara	SO	Miramonte	5:26.21	DFS
---	Gabby Kleman	FR	Granada	5:14.72	DFS

Event 16 Boys 500 Yard Freestyle

National HS:	4:12.87	U 2016	Grant Shoults	SMargarita (CA)
NCS Meet:	4:17.17	N 2018	Alexei Sancov	Northgate
	4:28.76	AA-A All America Auto.		
	4:32.17	CIFA CIF Automatic		
	4:33.05	AA-C All America Cons.		
	4:39.99	CIFC CIF Consideration		

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Jack Hendrick	SR	Granada	4:36.93	4:25.32	AA-A 20
	24.61	51.40 (26.79)	1:18.31 (26.91)	1:45.45 (27.14)		
	2:12.38 (26.93)	2:39.39 (27.01)	3:06.01 (26.62)	3:32.59 (26.58)		
	3:59.09 (26.50)	4:25.32 (26.23)				
2	Owen Berry	SR	California	4:29.53	4:26.68	AA-A 17
	24.25	50.09 (25.84)	1:16.57 (26.48)	1:44.07 (27.50)		
	2:11.27 (27.20)	2:38.23 (26.96)	3:05.48 (27.25)	3:32.81 (27.33)		
	3:59.84 (27.03)	4:26.68 (26.84)				

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****A - Final ... (Event 16 Boys 500 Yard Freestyle)**

	Name	Yr	School	Prelim Time	Finals Time		Points
3	Mason Wendler	JR	Northgate	4:24.53	4:26.76	AA-A	16
	24.30	50.74 (26.44)	1:17.73 (26.99)	1:45.15 (27.42)			
	2:12.74 (27.59)	2:40.05 (27.31)	3:07.55 (27.50)	3:34.26 (26.71)			
	4:01.06 (26.80)	4:26.76 (25.70)					
4	Ethan Wang	SR	Dougherty Valley	4:32.16	4:28.20	AA-A	15
	24.38	50.85 (26.47)	1:17.99 (27.14)	1:45.30 (27.31)			
	2:12.62 (27.32)	2:39.90 (27.28)	3:07.13 (27.23)	3:34.48 (27.35)			
	4:01.95 (27.47)	4:28.20 (26.25)					
5	Devyn Caples	JR	Amador Valley	4:31.03	4:28.80	CIFA	14
	24.65	51.51 (26.86)	1:18.47 (26.96)	1:46.11 (27.64)			
	2:13.70 (27.59)	2:41.07 (27.37)	3:08.04 (26.97)	3:35.13 (27.09)			
	4:01.95 (26.82)	4:28.80 (26.85)					
6	Nicholas Scruton	SR	Redwood	4:35.50	4:34.66	CIFC	13
	25.29	51.68 (26.39)	1:18.62 (26.94)	1:46.39 (27.77)			
	2:14.07 (27.68)	2:42.10 (28.03)	3:10.16 (28.06)	3:38.36 (28.20)			
	4:06.81 (28.45)	4:34.66 (27.85)					
7	Michael Fusinati	SR	Bishop O'Dowd	4:35.98	4:39.76	CIFC	12
	24.88	51.85 (26.97)	1:19.65 (27.80)	1:48.04 (28.39)			
	2:16.37 (28.33)	2:44.33 (27.96)	3:13.17 (28.84)	3:42.21 (29.04)			
	4:11.02 (28.81)	4:39.76 (28.74)					
8	Tyler Ortiz	FR	Granada	4:36.14	4:40.71		11
	25.96	52.83 (26.87)	1:20.31 (27.48)	1:48.35 (28.04)			
	2:16.83 (28.48)	2:45.74 (28.91)	3:14.85 (29.11)	3:43.80 (28.95)			
	4:12.64 (28.84)	4:40.71 (28.07)					

B - Final

9	Blake Hill	FR	De La Salle	4:37.90	4:35.65	CIFC	9
	24.94	52.28 (27.34)	1:20.20 (27.92)	1:48.33 (28.13)			
	2:16.31 (27.98)	2:44.29 (27.98)	3:12.39 (28.10)	3:40.68 (28.29)			
	4:08.64 (27.96)	4:35.65 (27.01)					
10	Andrew Chen	SR	Monte Vista	4:41.95	4:38.02	CIFC	7
	25.04	52.99 (27.95)	1:21.02 (28.03)	1:49.32 (28.30)			
	2:17.41 (28.09)	2:45.48 (28.07)	3:13.92 (28.44)	3:42.53 (28.61)			
	4:10.88 (28.35)	4:38.02 (27.14)					
11	Jeremy Ting	FR	Monte Vista	4:38.77	4:38.98	CIFC	6
	25.43	52.88 (27.45)	1:21.13 (28.25)	1:49.59 (28.46)			
	2:18.49 (28.90)	2:47.36 (28.87)	3:16.37 (29.01)	3:44.66 (28.29)			
	4:12.21 (27.55)	4:38.98 (26.77)					
12	Phil Lin	SO	Foothill	4:40.53	4:39.80	CIFC	5
	25.41	53.09 (27.68)	1:21.33 (28.24)	1:49.96 (28.63)			
	2:18.24 (28.28)	2:47.15 (28.91)	3:16.18 (29.03)	3:45.19 (29.01)			
	4:12.88 (27.69)	4:39.80 (26.92)					
*13	Parker Etnyre	JR	Acalanes	4:40.65	4:40.12		3.50
	25.53	53.36 (27.83)	1:21.85 (28.49)	1:50.78 (28.93)			
	2:19.76 (28.98)	2:48.64 (28.88)	3:16.95 (28.31)	3:44.99 (28.04)			
	4:13.06 (28.07)	4:40.12 (27.06)					
*13	Abir Bhatia	FR	Dougherty Valley	4:42.73	4:40.12		3.50
	25.63	53.01 (27.38)	1:20.72 (27.71)	1:48.92 (28.20)			
	2:17.38 (28.46)	2:45.88 (28.50)	3:14.51 (28.63)	3:43.34 (28.83)			
	4:12.15 (28.81)	4:40.12 (27.97)					
15	Hayden O'Hare	SO	Campolindo	4:41.00	4:41.32		2
	26.03	53.76 (27.73)	1:22.22 (28.46)	1:51.20 (28.98)			
	2:20.11 (28.91)	2:49.25 (29.14)	3:16.80 (27.55)	3:45.27 (28.47)			
	4:13.67 (28.40)	4:41.32 (27.65)					

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****B - Final ... (Event 16 Boys 500 Yard Freestyle)**

	Name	Yr	School	Prelim Time	Finals Time	Points
16	Nick Woolery	SO	Heritage	4:43.38	4:45.29	1
	25.34	53.09 (27.75)	1:21.70 (28.61)	1:50.53 (28.83)		
	2:19.35 (28.82)	2:47.98 (28.63)	3:17.00 (29.02)	3:46.31 (29.31)		
	4:16.13 (29.82)	4:45.29 (29.16)				

Event 16 Boys 500 Yard Freestyle

National HS:	4:12.87	U	2016	Grant Shoults	SMargarita (CA)
NCS Meet:	4:17.17	N	2018	Alexei Sancov	Northgate
	4:28.76	AA-A	All America Auto.		
	4:32.17	CIFA	CIF Automatic		
	4:33.05	AA-C	All America Cons.		
	4:39.99	CIFC	CIF Consideration		

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Mason Wendler	JR	Northgate	4:32.43	4:24.53	AA-A
	24.15	51.25 (27.10)	1:18.45 (27.20)	1:45.55 (27.10)		
	2:12.66 (27.11)	2:39.86 (27.20)	3:06.84 (26.98)	3:33.25 (26.41)		
	3:59.11 (25.86)	4:24.53 (25.42)				
2	Owen Berry	SR	California	4:31.93	4:29.53	CIFA
	25.24	52.29 (27.05)	1:19.85 (27.56)	1:47.58 (27.73)		
	2:15.47 (27.89)	2:42.60 (27.13)	3:09.35 (26.75)	3:36.40 (27.05)		
	4:03.15 (26.75)	4:29.53 (26.38)				
3	Devyn Caples	JR	Amador Valley	4:29.40	4:31.03	CIFA
	24.62	51.12 (26.50)	1:17.93 (26.81)	1:45.05 (27.12)		
	2:12.17 (27.12)	2:39.34 (27.17)	3:06.91 (27.57)	3:34.98 (28.07)		
	4:02.95 (27.97)	4:31.03 (28.08)				
4	Ethan Wang	SR	Dougherty Valley	4:32.16	4:32.16	CIFA
	24.73	51.90 (27.17)	1:19.35 (27.45)	1:46.89 (27.54)		
	2:14.50 (27.61)	2:42.37 (27.87)	3:10.20 (27.83)	3:37.97 (27.77)		
	4:05.63 (27.66)	4:32.16 (26.53)				
5	Nicholas Scruton	SR	Redwood	4:43.58	4:35.50	CIFC
	25.48	52.40 (26.92)	1:19.98 (27.58)	1:48.05 (28.07)		
	2:16.47 (28.42)	2:44.64 (28.17)	3:12.38 (27.74)	3:40.24 (27.86)		
	4:08.14 (27.90)	4:35.50 (27.36)				
6	Michael Fusinati	SR	Bishop O'Dowd	4:44.17	4:35.98	CIFC
	25.01	52.89 (27.88)	1:20.97 (28.08)	1:49.13 (28.16)		
	2:16.85 (27.72)	2:44.68 (27.83)	3:12.19 (27.51)	3:40.09 (27.90)		
	4:08.16 (28.07)	4:35.98 (27.82)				
7	Tyler Ortiz	FR	Granada	4:42.29	4:36.14	CIFC
	25.17	52.27 (27.10)	1:19.62 (27.35)	1:47.66 (28.04)		
	2:15.79 (28.13)	2:44.14 (28.35)	3:12.67 (28.53)	3:40.92 (28.25)		
	4:08.92 (28.00)	4:36.14 (27.22)				
8	Jack Hendrick	SR	Granada	4:32.42	4:36.93	CIFC
	25.41	53.02 (27.61)	1:20.92 (27.90)	1:48.93 (28.01)		
	2:16.83 (27.90)	2:44.69 (27.86)	3:12.60 (27.91)	3:40.84 (28.24)		
	4:09.23 (28.39)	4:36.93 (27.70)				
9	Blake Hill	FR	De La Salle	4:35.95	4:37.90	CIFC
	24.78	52.28 (27.50)	1:19.79 (27.51)	1:47.97 (28.18)		
	2:16.11 (28.14)	2:44.53 (28.42)	3:13.19 (28.66)	3:41.77 (28.58)		
	4:10.28 (28.51)	4:37.90 (27.62)				
10	Jeremy Ting	FR	Monte Vista	4:38.04	4:38.77	CIFC
	25.36	52.76 (27.40)	1:20.92 (28.16)	1:49.42 (28.50)		
	2:18.02 (28.60)	2:46.67 (28.65)	3:15.40 (28.73)	3:43.92 (28.52)		
	4:11.70 (27.78)	4:38.77 (27.07)				

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 16 Boys 500 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time
11	Phil Lin	SO	Foothill	4:36.46	4:40.53
	24.96	52.25 (27.29)	1:20.01 (27.76)	1:48.21 (28.20)	
	2:16.81 (28.60)	2:45.62 (28.81)	3:14.88 (29.26)	3:44.11 (29.23)	
	4:12.72 (28.61)	4:40.53 (27.81)			
12	Parker Etnyre	JR	Acalanes	4:45.45	4:40.65
	24.86	52.52 (27.66)	1:20.35 (27.83)	1:48.80 (28.45)	
	2:17.45 (28.65)	2:45.78 (28.33)	3:14.53 (28.75)	3:43.13 (28.60)	
	4:11.72 (28.59)	4:40.65 (28.93)			
13	Hayden O'Hare	SO	Campolindo	4:42.08	4:41.00
	25.75	53.46 (27.71)	1:21.59 (28.13)	1:50.33 (28.74)	
	2:19.29 (28.96)	2:48.06 (28.77)	3:16.56 (28.50)	3:45.42 (28.86)	
	4:13.42 (28.00)	4:41.00 (27.58)			
14	Andrew Chen	SR	Monte Vista	4:39.11	4:41.95
	25.48	53.37 (27.89)	1:21.63 (28.26)	1:50.58 (28.95)	
	2:18.96 (28.38)	2:47.37 (28.41)	3:16.29 (28.92)	3:45.34 (29.05)	
	4:14.00 (28.66)	4:41.95 (27.95)			
15	Abir Bhatia	FR	Dougherty Valley	4:45.44	4:42.73
	25.86	53.35 (27.49)	1:21.55 (28.20)	1:50.18 (28.63)	
	2:19.22 (29.04)	2:48.15 (28.93)	3:17.07 (28.92)	3:45.89 (28.82)	
	4:14.84 (28.95)	4:42.73 (27.89)			
16	Nick Woolery	SO	Heritage	4:48.97	4:43.38
	25.36	53.26 (27.90)	1:21.78 (28.52)	1:50.38 (28.60)	
	2:19.11 (28.73)	2:47.92 (28.81)	3:17.01 (29.09)	3:46.08 (29.07)	
	4:14.93 (28.85)	4:43.38 (28.45)			
17	Alex Nicholson	JR	Monte Vista	4:45.21	4:44.05
	25.26	53.40 (28.14)	1:21.96 (28.56)	1:50.99 (29.03)	
	2:19.65 (28.66)	2:48.10 (28.45)	3:17.12 (29.02)	3:46.48 (29.36)	
	4:15.60 (29.12)	4:44.05 (28.45)			
18	Kushawn Harandi	SO	San Ramon Valley	4:46.43	4:45.51
	25.88	54.10 (28.22)	1:22.70 (28.60)	1:51.37 (28.67)	
	2:20.15 (28.78)	2:49.12 (28.97)	3:18.25 (29.13)	3:47.61 (29.36)	
	4:16.81 (29.20)	4:45.51 (28.70)			
19	David Skov	SO	De La Salle	4:43.18	4:45.75
	25.19	53.09 (27.90)	1:21.81 (28.72)	1:49.81 (28.00)	
	2:18.73 (28.92)	2:47.58 (28.85)	3:16.97 (29.39)	3:46.58 (29.61)	
	4:16.62 (30.04)	4:45.75 (29.13)			
20	Chetan Raghavan	SO	Head-Royce	4:47.59	4:46.56
	25.80	53.23 (27.43)	1:21.46 (28.23)	1:50.27 (28.81)	
	2:19.55 (29.28)	2:48.88 (29.33)	3:18.32 (29.44)	3:47.79 (29.47)	
	4:17.62 (29.83)	4:46.56 (28.94)			
21	Theo Holtzman	JR	Bentley Upper	4:46.11	4:47.50
	25.98	54.05 (28.07)	1:23.01 (28.96)	1:52.00 (28.99)	
	2:21.14 (29.14)	2:50.82 (29.68)	3:20.28 (29.46)	3:49.82 (29.54)	
	4:19.64 (29.82)	4:47.50 (27.86)			
22	Hunter Rohovit	JR	Foothill	4:58.18	4:49.55
	26.23	55.09 (28.86)	1:24.35 (29.26)	1:53.49 (29.14)	
	2:22.69 (29.20)	2:51.72 (29.03)	3:21.15 (29.43)	3:50.68 (29.53)	
	4:20.24 (29.56)	4:49.55 (29.31)			
23	Kevin Tang	JR	Foothill	4:51.08	4:50.49
	26.79	55.82 (29.03)	1:25.16 (29.34)	1:54.86 (29.70)	
	2:24.58 (29.72)	2:54.27 (29.69)	3:24.19 (29.92)	3:53.64 (29.45)	
	4:22.73 (29.09)	4:50.49 (27.76)			

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 16 Boys 500 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time
24	Jordan Estimo	FR	Bishop O'Dowd	4:53.38	4:50.66
	27.49	56.52 (29.03)	1:26.04 (29.52)	1:55.35 (29.31)	
	2:25.10 (29.75)	2:54.55 (29.45)	3:24.10 (29.55)	3:53.69 (29.59)	
	4:22.99 (29.30)	4:50.66 (27.67)			
25	Tysen Liu	SR	Amador Valley	4:49.29	4:51.95
	26.05	54.02 (27.97)	1:22.43 (28.41)	1:51.21 (28.78)	
	2:20.46 (29.25)	2:49.94 (29.48)	3:19.70 (29.76)	3:50.11 (30.41)	
	4:21.50 (31.39)	4:51.95 (30.45)			
26	Tyler Liu	SO	Amador Valley	4:46.26	4:52.23
	26.19	54.03 (27.84)	1:23.07 (29.04)	1:52.39 (29.32)	
	2:22.04 (29.65)	2:51.97 (29.93)	3:22.00 (30.03)	3:52.32 (30.32)	
	4:22.60 (30.28)	4:52.23 (29.63)			
27	Kai Holt	JR	Maria Carrillo	4:50.81	4:53.69
	27.04	56.18 (29.14)	1:25.88 (29.70)	1:55.48 (29.60)	
	2:25.45 (29.97)	2:55.65 (30.20)	3:25.53 (29.88)	3:55.55 (30.02)	
	4:25.44 (29.89)	4:53.69 (28.25)			
28	Michael Chu	JR	Campolindo	4:50.28	4:53.78
	26.50	55.62 (29.12)	1:25.19 (29.57)	1:55.33 (30.14)	
	2:25.97 (30.64)	2:56.58 (30.61)	3:27.69 (31.11)	3:58.58 (30.89)	
	4:25.88 (27.30)	4:53.78 (27.90)			
29	Andrew Lillie	JR	Amador Valley	4:52.80	4:54.38
	26.21	55.30 (29.09)	1:25.03 (29.73)	1:54.84 (29.81)	
	2:24.97 (30.13)	2:55.04 (30.07)	3:25.47 (30.43)	3:55.58 (30.11)	
	4:25.59 (30.01)	4:54.38 (28.79)			
30	Cameron Heller	FR	Terra Linda	4:55.97	4:54.39
	26.67	56.05 (29.38)	1:26.36 (30.31)	1:56.45 (30.09)	
	2:26.72 (30.27)	2:56.94 (30.22)	3:26.94 (30.00)	3:57.19 (30.25)	
	4:26.73 (29.54)	4:54.39 (27.66)			
31	Nathanael Ridosko	JR	Granada	4:46.68	4:54.41
	26.39	55.07 (28.68)	1:24.34 (29.27)	1:54.21 (29.87)	
	2:24.02 (29.81)	2:54.16 (30.14)	3:24.55 (30.39)	3:55.15 (30.60)	
	4:25.58 (30.43)	4:54.41 (28.83)			
32	Alex Knudsen	FR	Campolindo	4:55.98	4:54.77
	26.07	55.30 (29.23)	1:25.23 (29.93)	1:55.56 (30.33)	
	2:25.51 (29.95)	2:55.96 (30.45)	3:26.55 (30.59)	3:56.90 (30.35)	
	4:26.43 (29.53)	4:54.77 (28.34)			
33	Cole Stanford	SR	Tamalpais	4:53.79	4:55.45
	26.56	55.69 (29.13)	1:25.62 (29.93)	1:55.52 (29.90)	
	2:25.48 (29.96)	2:55.58 (30.10)	3:25.91 (30.33)	3:56.18 (30.27)	
	4:26.50 (30.32)	4:55.45 (28.95)			
34	Zach Lengyel	JR	Heritage	4:57.33	4:55.50
	26.40	55.80 (29.40)	1:25.43 (29.63)	1:55.49 (30.06)	
	2:25.37 (29.88)	2:55.29 (29.92)	3:25.51 (30.22)	3:56.06 (30.55)	
	4:26.49 (30.43)	4:55.50 (29.01)			
35	Phoenix Holt	JR	Maria Carrillo	4:56.78	4:55.72
	26.80	56.25 (29.45)	1:26.43 (30.18)	1:56.69 (30.26)	
	2:26.96 (30.27)	2:57.17 (30.21)	3:27.26 (30.09)	3:57.73 (30.47)	
	4:27.35 (29.62)	4:55.72 (28.37)			
36	Jack True	SO	Dublin	4:50.98	4:57.70
	26.54	56.12 (29.58)	1:26.43 (30.31)	1:56.78 (30.35)	
	2:27.24 (30.46)	2:58.03 (30.79)	3:28.50 (30.47)	3:59.01 (30.51)	
	4:28.51 (29.50)	4:57.70 (29.19)			

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 16 Boys 500 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time
37	Lukas Peters	SO	De La Salle	4:55.54	4:59.31
	25.96	55.45 (29.49)	1:25.59 (30.14)	1:55.78 (30.19)	
	2:26.26 (30.48)	2:56.51 (30.25)	3:27.24 (30.73)	3:58.11 (30.87)	
	4:28.95 (30.84)	4:59.31 (30.36)			
38	Gabriel Hoffman	FR	Miramonte	4:56.85	5:02.76
	26.47	55.53 (29.06)	1:25.84 (30.31)	1:56.78 (30.94)	
	2:28.09 (31.31)	2:59.38 (31.29)	3:30.52 (31.14)	4:01.79 (31.27)	
	4:33.03 (31.24)	5:02.76 (29.73)			
39	Griffin Fullerton	SO	De La Salle	4:55.08	5:04.03
	26.55	55.81 (29.26)	1:26.01 (30.20)	1:55.82 (29.81)	
	2:26.10 (30.28)	2:57.13 (31.03)	3:28.45 (31.32)	4:00.48 (32.03)	
	4:32.64 (32.16)	5:04.03 (31.39)			

Event 17 Girls 200 Yard Freestyle Relay

National HS:	1:30.72	U	2015	Carmel (IN)	Carmel (IN)
				V. Burchill, Adams, Smith, Rothrock	
NCS Meet:	1:33.28	N	2016	Carondelet	Carondelet
				A. Carr, K. Witkay, M. Han, M. Murphy	
	1:35.33	AA-A All America Auto.			
	1:36.73	AA-C All America Cons.			
	1:37.17	CIFA CIF Automatic			
	1:40.99	CIFC CIF Consideration			

	Team	Relay	Prelim Time	Finals Time	Points
A - Final					
1	Campolindo		1:38.58	1:33.38 AA-A	40
	1) Emilia Barck JR	2) Adriana Smith JR	3) Jasmine Fok JR	4) Madison Blackwell JR	
	23.55	46.69 (23.14)	1:09.99 (23.30)	1:33.38 (23.39)	
2	Monte Vista		1:35.94	1:34.57 AA-A	34
	1) Genesee Quon SO	2) Pooja Hemige SR	3) Addy VonderAhe SO	4) Gretta Callison SR	
	23.79	47.73 (23.94)	1:11.33 (23.60)	1:34.57 (23.24)	
3	Carondelet		1:36.72	1:34.96 AA-A	32
	1) Claudia Dumais SR	2) Elisabeth Butler SO	3) Airi Seib SR	4) Natalie Aiken JR	
	24.28	47.82 (23.54)	1:11.59 (23.77)	1:34.96 (23.37)	
4	San Ramon Valley		1:36.44	1:35.16 AA-A	30
	1) Miranda Stevenson JR	2) Kayla Gregory SR	3) Alexis Parkinson FR	4) Raya Mellott SO	
	24.18	48.12 (23.94)	1:11.81 (23.69)	1:35.16 (23.35)	
5	Acalanes		1:38.01	1:38.01 CIFC	28
	1) Sophi MacKay SR	2) Sarah Potter SR	3) Sophie Hendrickson JR	4) Sadie Suppiger SO	
	24.21	49.38 (25.17)	1:14.54 (25.16)	1:38.01 (23.47)	
6	Redwood		1:39.10	1:38.67 CIFC	26
	1) Kallen Wank SR	2) Mia Solomon SR	3) Amelia Loiacono JR	4) Kate DeForrest JR	
	24.82	48.87 (24.05)	1:13.96 (25.09)	1:38.67 (24.71)	
7	Marin Catholic		1:40.33	1:39.54 CIFC	24
	1) Alyssa Kooy JR	2) Bella Kiriakis SR	3) Holly Tarantino SR	4) Esme Quay FR	
	25.11	51.24 (26.13)	1:15.46 (24.22)	1:39.54 (24.08)	
8	Dublin		1:39.94	1:40.60 CIFC	22
	1) Elaina Robinson SR	2) Hannah Nguyen SR	3) Paige Nothelfer JR	4) Kaitlin Lee JR	
	26.49	50.17 (23.68)	1:15.74 (25.57)	1:40.60 (24.86)	
B - Final					
9	Miramonte		1:41.14	1:40.20 CIFC	18
	1) Kate Liu FR	2) Maggie Rebmann SO	3) Ali Larsen SO	4) Bea Hearey SO	
	25.62	51.62 (26.00)	1:15.73 (24.11)	1:40.20 (24.47)	

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****B - Final ... (Event 17 Girls 200 Yard Freestyle Relay)**

	Team	Relay	Prelim Time	Finals Time	Points
10	Washington		1:40.34	1:40.45 CIFC	14
	1) Tran Doan SO	2) Sarah Gilbert JR	3) Shristi Bandyopadhyay JR	4) Medha Raghuraman SR	
	25.23	50.66 (25.43)	1:15.92 (25.26)	1:40.45 (24.53)	
11	Amador Valley		1:42.04	1:40.60 CIFC	12
	1) Joyce Huang SO	2) Lillyana Caples FR	3) Sydney Goldstein SO	4) Nicole Xu FR	
	25.74	50.73 (24.99)	1:15.70 (24.97)	1:40.60 (24.90)	
12	Las Lomas		1:41.56	1:40.74 CIFC	10
	1) Sierra Brown JR	2) Sydney Guellert SO	3) Jessie Wright JR	4) Carlee Davis FR	
	25.28	51.01 (25.73)	1:15.87 (24.86)	1:40.74 (24.87)	
13	Cardinal Newman		1:42.28	1:41.14	8
	1) Natalie Farquhar SO	2) Teagan Craig SR	3) Morgan Puckett FR	4) Jordyn Menconi FR	
	23.80	51.04 (27.24)	1:16.03 (24.99)	1:41.14 (25.11)	
14	Dougherty Valley		1:41.64	1:42.21	6
	1) Michelle Nguyen SR	2) Katelyn Roncal SO	3) Samantha Ung SO	4) Kobi Wong SO	
	25.89	51.39 (25.50)	1:16.86 (25.47)	1:42.21 (25.35)	
15	Castro Valley		1:41.08	1:42.69	4
	1) Samantha Li SR	2) Dasha Kryuchkova FR	3) Corinne Arakawa SO	4) Jennifer Mi SR	
	24.07	50.90 (26.83)	1:17.29 (26.39)	1:42.69 (25.40)	
---	Irvington		1:42.20	DQ	
	1) Angela Quan SR	2) Sophie Ng JR	3) Erin Wong SO	4) Kayli Dai SO	
	23.85	50.80 (26.95)	1:16.42 (25.62)	DQ (25.60)	

Event 17 Girls 200 Yard Freestyle Relay

National HS:	1:30.72 U 2015	Carmel (IN)	Carmel (IN)
		V. Burchill, Adams, Smith, Rothrock	
NCS Meet:	1:33.28 N 2016	Carondelet	Carondelet
		A. Carr, K. Witkay, M. Han, M. Murphy	
	1:35.33 AA-A All America Auto.		
	1:36.73 AA-C All America Cons.		
	1:37.17 CIFA CIF Automatic		
	1:40.99 CIFC CIF Consideration		

	Team	Relay	Seed Time	Prelim Time
Preliminaries				
1	Monte Vista		1:33.65	1:35.94 AA-C
	1) Genesee Quon SO	2) Pooja Hemige SR	3) Addy VonderAhe SO	4) Gretta Callison SR
	23.97	48.00 (24.03)	1:12.66 (24.66)	1:35.94 (23.28)
2	San Ramon Valley		1:35.50	1:36.44 AA-C
	1) Miranda Stevenson JR	2) Kayla Gregory SR	3) Avery Knapp JR	4) Raya Mellott SO
	24.22	48.49 (24.27)	1:12.59 (24.10)	1:36.44 (23.85)
3	Carondelet		1:36.22	1:36.72 AA-C
	1) Claudia Dumais SR	2) Elsa Horciza JR	3) Airi Seib SR	4) Natalie Aiken JR
	24.41	49.40 (24.99)	1:13.19 (23.79)	1:36.72 (23.53)
4	Acalanes		1:38.31	1:38.01 CIFC
	1) Sadie Suppiger SO	2) Sarah Potter SR	3) Sophie Hendrickson JR	4) Sophi MacKay SR
	23.98	49.09 (25.11)	1:14.30 (25.21)	1:38.01 (23.71)
5	Campolindo		1:34.17	1:38.58 CIFC
	1) Madison Blackwell JR	2) Audrey Le-Nguyen SR	3) Lucy Kao FR	4) SiSi Roggensack SO
	24.11	49.87 (25.76)	1:13.58 (23.71)	1:38.58 (25.00)
6	Redwood		1:41.57	1:39.10 CIFC
	1) Kallen Wank SR	2) Mia Solomon SR	3) Amelia Loiacono JR	4) Kate DeForrest JR
	24.88	48.64 (23.76)	1:13.62 (24.98)	1:39.10 (25.48)
7	Dublin		1:39.88	1:39.94 CIFC
	1) Hannah Nguyen SR	2) Elaina Robinson SR	3) Paige Nothelfer JR	4) Kaitlin Lee JR
	24.69	49.72 (25.03)	1:15.32 (25.60)	1:39.94 (24.62)

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 17 Girls 200 Yard Freestyle Relay)**

	Team	Relay	Seed Time	Prelim Time	
8	Marin Catholic		1:39.17	1:40.33	CIFC
	1) Alyssa Kooy JR	2) Bella Kiriakis SR	3) Holly Tarantino SR	4) Esme Quay FR	
	25.41	51.27 (25.86)	1:15.98 (24.71)	1:40.33 (24.35)	
9	Washington		1:41.22	1:40.34	CIFC
	1) Medha Raghuraman SR	2) Sarah Gilbert JR	3) Shristi Bandyopadhyay JR	4) Tran Doan SO	
	25.53	50.68 (25.15)	1:16.44 (25.76)	1:40.34 (23.90)	
10	Castro Valley		1:41.87	1:41.08	
	1) Jennifer Mi SR	2) Corinne Arakawa SO	3) Dasha Kryuchkuva FR	4) Samantha Li SR	
	25.86	52.06 (26.20)	1:18.20 (26.14)	1:41.08 (22.88)	
11	Miramonte		1:41.97	1:41.14	
	1) Kate Liu FR	2) Maggie Rebmann SO	3) Ali Larsen SO	4) Bea Hearsey SO	
	25.88	51.47 (25.59)	1:16.44 (24.97)	1:41.14 (24.70)	
12	Las Lomas		1:40.98	1:41.56	
	1) Carlee Davis FR	2) Sydney Guellert SO	3) Jessie Wright JR	4) Sierra Brown JR	
	25.26	51.17 (25.91)	1:16.45 (25.28)	1:41.56 (25.11)	
13	Dougherty Valley		1:40.78	1:41.64	
	1) Michelle Nguyen SR	2) Samantha Ung SO	3) Katelyn Roncal SO	4) Kobi Wong SO	
	25.72	51.44 (25.72)	1:16.38 (24.94)	1:41.64 (25.26)	
14	Amador Valley		1:42.60	1:42.04	
	1) Joyce Huang SO	2) Lillyana Caples FR	3) Sydney Goldstein SO	4) Nicole Xu FR	
	26.20	51.88 (25.68)	1:17.07 (25.19)	1:42.04 (24.97)	
15	Irvington		1:42.57	1:42.20	
	1) Angela Quan SR	2) Sophie Ng JR	3) Erin Wong SO	4) Kayli Dai SO	
	23.73	50.67 (26.94)	1:16.52 (25.85)	1:42.20 (25.68)	
16	Cardinal Newman		1:44.16	1:42.28	
	1) Natalie Farquhar SO	2) Teagan Craig SR	3) Morgan Puckett FR	4) Jordyn Menconi FR	
	24.30	51.44 (27.14)	1:17.26 (25.82)	1:42.28 (25.02)	
17	Clayton Valley Charter		1:42.77	1:42.34	
	1) Abigail Adent FR	2) Maya Canada SO	3) Gianna Kougios SO	4) Madison Bautista FR	
	26.49	52.42 (25.93)	1:17.69 (25.27)	1:42.34 (24.65)	
18	Justin-Siena		1:43.80	1:43.23	
	1) Lila Heffernan JR	2) Mackenzie Kawashiri SR	3) Clare Cuneo FR	4) Kaela Fegan SO	
	23.59	49.79 (26.20)	1:17.70 (27.91)	1:43.23 (25.53)	
19	College Park		1:42.25	1:43.37	
	1) Anna Gorniytzki SR	2) Amara Martinez SR	3) Lucy Galbraith JR	4) Eva Gorniytzki SO	
	25.49	50.97 (25.48)	1:17.14 (26.17)	1:43.37 (26.23)	
20	Northgate		1:43.81	1:44.11	
	1) Sophia Weise JR	2) Madison Rohrluck JR	3) Brooke Sullivan SO	4) Oyu Tuvshintugs SO	
	26.05	52.08 (26.03)	1:17.47 (25.39)	1:44.11 (26.64)	
21	Liberty		1:44.98	1:44.16	
	1) Elena Lazzaro SR	2) Olivia Sanchez SR	3) Lindsey Hall JR	4) Brooke Kleven SR	
	26.90	52.94 (26.04)	1:19.23 (26.29)	1:44.16 (24.93)	
22	Mission San Jose		1:46.04	1:44.20	
	1) Meghan Ly JR	2) Natalie Lim FR	3) Audrey Lim JR	4) Jennifer Xu FR	
	24.19	51.61 (27.42)	1:18.23 (26.62)	1:44.20 (25.97)	
23	Analy		1:45.21	1:45.08	
	1) Ella Worthington FR	2) Mackenzie Black SR	3) Anya Gagnon SR	4) Madi West SR	
	27.89	54.65 (26.76)	1:20.05 (25.40)	1:45.08 (25.03)	
24	Tamalpais		1:42.90	1:45.14	
	1) Lily Pashman SR	2) Annika Hakes FR	3) Audrey Lowell SO	4) Chloe Firmage JR	
	26.32	52.77 (26.45)	1:19.36 (26.59)	1:45.14 (25.78)	

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 17 Girls 200 Yard Freestyle Relay)**

	Team	Relay	Seed Time	Prelim Time
25	San Rafael		1:44.86	1:45.25
	1) Paige Bussi JR	2) Ellie Diaz SR	3) Alma Camacho Barajas FR	4) Estelle Engelskirchen SR
	27.07	53.51 (26.44)	1:19.68 (26.17)	1:45.25 (25.57)
26	Novato		1:44.10	1:45.28
	1) Emmerson Wunderlich FR	2) Dylan Hayse SO	3) Amanda Ross JR	4) Tessa Garvey Miller SO
	25.35	52.31 (26.96)	1:18.73 (26.42)	1:45.28 (26.55)
27	Alhambra		1:45.24	1:45.37
	1) Chiara Ke SO	2) Layna Panaguiton SR	3) Briar Cue FR	4) Isabelle Cooley JR
	26.01	52.40 (26.39)	1:19.15 (26.75)	1:45.37 (26.22)
28	Terra Linda		1:44.70	1:45.53
	1) Sammie Foley FR	2) Josephine Fetterman-Riggle FR	3) Jada Swan JR	4) Rosie Lucchesi JR
	26.88	53.04 (26.16)	1:19.63 (26.59)	1:45.53 (25.90)
29	El Cerrito		1:45.03	1:45.75
	1) Mya de Hart SO	2) Tess Roorda SR	3) Lucy Lebeck JR	4) Nora Thompson SR
	25.51	53.02 (27.51)	1:20.41 (27.39)	1:45.75 (25.34)
30	Archie Williams		1:46.23	1:45.92
	1) Zoe Cass-Lein FR	2) Isobel Samlihan JR	3) Loretta Hovey JR	4) Ingrid Wahlstrom JR
	26.65	53.31 (26.66)	1:20.32 (27.01)	1:45.92 (25.60)
31	Foothill		1:42.82	1:46.47
	1) Elizabeth Williams SR	2) Addison Southern JR	3) Clare Alexander SO	4) Mckinley Scobie FR
	26.78	54.27 (27.49)	1:21.55 (27.28)	1:46.47 (24.92)
32	Heritage		1:45.51	1:47.43
	1) Summer Claibourne SR	2) Elly Longoria SR	3) Jordyn Davies SR	4) Alexia Warner FR
	26.97	54.06 (27.09)	1:20.80 (26.74)	1:47.43 (26.63)
33	American		1:44.85	1:47.55
	1) Katie Huang JR	2) Michelle Huang JR	3) Hailey Olalia FR	4) Julia Wan FR
	27.63	54.24 (26.61)	1:21.16 (26.92)	1:47.55 (26.39)
34	Alameda		1:46.61	1:47.79
	1) Kylie Zorn FR	2) Laura Gee SR	3) Nora Jensen JR	4) Sydney Thompson JR
	27.41	56.51 (29.10)	1:23.69 (27.18)	1:47.79 (24.10)
35	Benicia		1:46.08	1:47.93
	1) Mackenzie Mincy	2) Grace Barnes	3) Vanessa Sandoval	4) Sophia Roth
	27.27	54.46 (27.19)	1:21.61 (27.15)	1:47.93 (26.32)
36	California		1:45.13	1:48.54
	1) Sisi Trento	2) Raquelle Valdez	3) Tierney Turnbow	4) Brianna Marbella
	28.11	56.20 (28.09)	1:21.77 (25.57)	1:48.54 (26.77)
37	Granada		1:46.04	1:49.96
	1) Valerie Vandersall SR	2) Josie Clark JR	3) Savannah Evans JR	4) Cassie Clark FR
	27.21	54.91 (27.70)	1:21.71 (26.80)	1:49.96 (28.25)
38	College Preparatory		1:41.41	1:51.55
	1) Olivia Harris SR	2) Mimi Academia SO	3) Sophie Hernandez JR	4) Lucia Martin Del Campo JR
	27.85	56.41 (28.56)	1:25.95 (29.54)	1:51.55 (25.60)
---	Maria Carrillo		1:44.23	DQ
	1) Jasmine Arroyo JR	2) Leeloo Tatham JR	3) Emmalynn Lundy SO	4) Kennedy Lee SO
	25.18	52.54 (27.36)	1:21.85 (29.31)	DQ (23.50)
---	Marin Academy		1:43.61	DQ
	1) Katherine Wu SR	2) Gabby Reichley SO		4) Ali Kosmowski SO
	25.83	51.58 (25.75)	1:17.07 (25.49)	DQ (25.82)

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Event 18 Boys 200 Yard Freestyle Relay****National HS: 1:19.27 U 2012****Bolles (FL)****Bolles (FL)****NCS Meet: 1:22.35 N 2019****Murphy, Schooling, Condorelli, Goossen****SRV 19 & 16, Campo 13****SRV19+16, Cam13****MM,JW,GW,HF;TC,JC,HP,BH;JS,SC,NZ,RA****1:24.50 AA-A All America Auto.****1:25.74 CIFA CIF Automatic****1:25.77 AA-C All America Cons.****1:28.99 CIFC CIF Consideration**

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
1 Northgate		1:23.45	1:23.84 AA-A	40
1) Andrew Hallett SR	2) Scott McMillan JR	3) Jacob Mohrland SR	4) Mason Wendler JR	
20.94	42.07 (21.13)	1:03.41 (21.34)	1:23.84 (20.43)	
2 San Ramon Valley		1:24.79	1:24.29 AA-A	34
1) Drew Arney JR	2) Riley Coleman SR	3) Nick Tovani JR	4) Sawyer Jones JR	
21.46	42.25 (20.79)	1:03.15 (20.90)	1:24.29 (21.14)	
3 Monte Vista		1:25.11	1:24.43 AA-A	32
1) Brady Lind SR	2) Ian Palmer SR	3) Alex Nicholson JR	4) Nick VonderAhe SR	
21.41	42.39 (20.98)	1:03.84 (21.45)	1:24.43 (20.59)	
4 College Park		1:25.87	1:25.46 CIFA	30
1) Devin Purewal SR	2) Zac Gartner JR	3) Nate Wendling SR	4) Jackson Barnacal SR	
21.82	42.82 (21.00)	1:04.81 (21.99)	1:25.46 (20.65)	
5 De La Salle		1:24.92	1:25.49 CIFA	28
1) Conor Halley-McCarty JR	2) Austin Abrojena SO	3) Jed Johnson SO	4) Donovan Swann SO	
21.34	42.80 (21.46)	1:04.26 (21.46)	1:25.49 (21.23)	
6 American		1:25.58	1:25.74 CIFA	26
1) Donovan Tse JR	2) Ryin Ruaboro JR	3) Ray Cillo SR	4) Edward Huang JR	
22.10	43.62 (21.52)	1:05.07 (21.45)	1:25.74 (20.67)	
7 Miramonte		1:26.64	1:26.73 CIFC	24
1) Grant Kurtz JR	2) Logan Gunn JR	3) Oliver Sherwood JR	4) Pat Stice SO	
22.27	43.70 (21.43)	1:05.57 (21.87)	1:26.73 (21.16)	
8 Clayton Valley Charter		1:26.89	1:26.80 CIFC	22
1) Diego Castaneda FR	2) Damik Van Fanos JR	3) Dominic Vines JR	4) Shawn Canada JR	
21.73	43.56 (21.83)	1:05.37 (21.81)	1:26.80 (21.43)	
B - Final				
9 Campolindo		1:28.13	1:27.38 CIFC	18
1) Michael Chu JR	2) Caleb Fleming SR	3) Lincoln Sovik SO	4) Grant Roesch SR	
22.73	44.44 (21.71)	1:05.97 (21.53)	1:27.38 (21.41)	
10 Acalanes		1:28.49	1:27.58 CIFC	14
1) Grant Eubanks SR	2) Christian Gotterup SR	3) Parker Etnyre JR	4) Will Dreyer SR	
22.39	43.67 (21.28)	1:04.86 (21.19)	1:27.58 (22.72)	
11 Castro Valley		1:28.13	1:28.27 CIFC	12
1) Simon Li SO	2) Kyle Mognagna SR	3) Jeremy Francis JR	4) Nathan Arakawa SR	
21.57	44.08 (22.51)	1:06.46 (22.38)	1:28.27 (21.81)	
12 Novato		1:29.08	1:28.77 CIFC	10
1) Bryden Thielenhaus JR	2) Noah Nicholas SO	3) Isaias Zavala FR	4) Brett Brewer JR	
21.13	44.00 (22.87)	1:06.91 (22.91)	1:28.77 (21.86)	
13 Heritage		1:30.11	1:29.17	8
1) Isaiah Warner SO	2) Nick Woolery SO	3) Nick Cadero FR	4) Brendon Chang SR	
22.70	44.99 (22.29)	1:07.48 (22.49)	1:29.17 (21.69)	
14 Freedom		1:29.37	1:29.58	6
1) Danny Fowler SO	2) Connor Tompkins SR	3) Joe Greer SO	4) Matthew Nakayama FR	
22.44	45.30 (22.86)	1:08.08 (22.78)	1:29.58 (21.50)	

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****B - Final ... (Event 18 Boys 200 Yard Freestyle Relay)**

	Team	Relay	Prelim Time	Finals Time	Points
15	Las Lomas		1:30.45	1:29.66	4
	1) Mateo Monroy SR	2) Brody Cox SO	3) Carter Seward SO	4) Brett Nelson JR	
	22.36	45.06 (22.70)	1:07.81 (22.75)	1:29.66 (21.85)	
16	American Canyon		1:30.28	1:30.41	2
	1) Gabriel Cueva SR	2) Raphael Cueva FR	3) Joseph Patocchi SR	4) Rowen Valladares JR	
	22.26	44.77 (22.51)	1:08.16 (23.39)	1:30.41 (22.25)	

Event 18 Boys 200 Yard Freestyle Relay**National HS: 1:19.27 U 2012****Bolles (FL)****Bolles (FL)****Murphy, Schooling, Condorelli, Goossen****NCS Meet: 1:22.35 N 2019****SRV 19 & 16, Campo 13****SRV19+16, Cam13****MM,JW,GW,HF;TC,JC,HP,BH;JS,SC,NZ,RA****1:24.50 AA-A All America Auto.****1:25.74 CIFA CIF Automatic****1:25.77 AA-C All America Cons.****1:28.99 CIFC CIF Consideration**

	Team	Relay	Seed Time	Prelim Time	
Preliminaries					
1	Northgate		1:25.00	1:23.45	AA-A
	1) Mason Wendler JR	2) Scott McMillan JR	3) Jacob Mohrland SR	4) Andrew Hallett SR	
	20.77	41.58 (20.81)	1:06.11 (24.53)	1:23.45 (17.34)	
2	San Ramon Valley		1:24.55	1:24.79	CIFA
	1) Drew Arney JR	2) Riley Coleman SR	3) Nick Tovani JR	4) Sawyer Jones JR	
	21.62	42.56 (20.94)	1:03.94 (21.38)	1:24.79 (20.85)	
3	De La Salle		1:25.55	1:24.92	CIFA
	1) Conor Halley-McCarty JR	2) Austin Abrojena SO	3) Jed Johnson SO	4) Donovan Swann SO	
	21.44	42.91 (21.47)	1:04.36 (21.45)	1:24.92 (20.56)	
4	Monte Vista		1:24.87	1:25.11	CIFA
	1) Ian Palmer SR	2) Brady Lind SR	3) Alex Nicholson JR	4) Nick VonderAhe SR	
	21.73	42.48 (20.75)	1:04.10 (21.62)	1:25.11 (21.01)	
5	American		1:28.25	1:25.58	CIFA
	1) Edward Huang JR	2) Ryin Ruaboro JR	3) Donavan Tse JR	4) Ray Cillo SR	
	21.10	42.26 (21.16)	1:03.94 (21.68)	1:25.58 (21.64)	
6	College Park		1:26.12	1:25.87	CIFC
	1) Devin Purewal SR	2) Zac Gartner JR	3) Nate Wendling SR	4) Jackson Barnacal SR	
	21.97	43.15 (21.18)	1:05.04 (21.89)	1:25.87 (20.83)	
7	Miramonte		1:27.16	1:26.64	CIFC
	1) Grant Kurtz JR	2) Logan Gunn JR	3) Oliver Sherwood JR	4) Pat Stice SO	
	22.22	43.55 (21.33)	1:05.30 (21.75)	1:26.64 (21.34)	
8	Clayton Valley Charter		1:28.74	1:26.89	CIFC
	1) Damik Van Fanos JR	2) Dominic Vines JR	3) Diego Castaneda FR	4) Shawn Canada JR	
	22.32	44.26 (21.94)	1:05.50 (21.24)	1:26.89 (21.39)	
*9	Castro Valley		1:29.26	1:28.13	CIFC
	1) Simon Li SO	2) Jeremy Francis JR	3) Nathan Nguyen SO	4) Nathan Arakawa SR	
	21.75	43.89 (22.14)	1:06.49 (22.60)	1:28.13 (21.64)	
*9	Campolindo		1:28.02	1:28.13	CIFC
	1) Lincoln Sovik SO	2) Eason Feng FR	3) Caleb Fleming SR	4) Grant Roesch SR	
	22.13	44.42 (22.29)	1:06.43 (22.01)	1:28.13 (21.70)	
11	Acalanes		1:28.92	1:28.49	CIFC
	1) Parker Etnyre JR	2) Christian Gotterup SR	3) Grant Eubanks SR	4) Will Dreyer SR	
	22.49	43.90 (21.41)	1:05.74 (21.84)	1:28.49 (22.75)	
12	Archie Williams		1:27.43	1:28.71	CIFC
	1) Vincent Krilanovich SO	2) Henry Manning SO	3) Nolan Anderson FR	4) Micah Sher SR	
	21.90	44.75 (22.85)	1:07.73 (22.98)	1:28.71 (20.98)	

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 18 Boys 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
13 Novato		1:29.68	1:29.08
1) Brett Brewer JR	2) Noah Nicholas SO	3) Isaias Zavala FR	4) Bryden Thielenhaus JR
20.99	43.98 (22.99) 1:06.63 (22.65)	1:29.08 (22.45)	
14 Freedom		1:28.72	1:29.37
1) Danny Fowler SO	2) Connor Tompkins SR	3) Joe Greer SO	4) Matthew Nakayama FR
22.65	45.34 (22.69) 1:08.14 (22.80)	1:29.37 (21.23)	
15 Marin Academy		1:29.91	1:29.98
1) Tristan LU SO	2) Ewan Smith JR	3) Tucker Byrne JR	4) Schuyler Rewick JR
22.16	44.67 (22.51) 1:07.90 (23.23)	1:29.98 (22.08)	
16 Heritage		1:28.46	1:30.11
1) Isaiah Warner SO	2) Nick Woolery SO	3) Nick Cadero FR	4) Brendon Chang SR
22.75	44.95 (22.20) 1:08.23 (23.28)	1:30.11 (21.88)	
17 American Canyon		1:30.76	1:30.28
1) Joseph Patocchi SR	2) Rowen Valladares JR	3) Raphael Cueva FR	4) Gabriel Cueva SR
23.33	45.75 (22.42) 1:08.44 (22.69)	1:30.28 (21.84)	
18 Terra Linda		1:30.64	1:30.28
1) Jack Middleton SO	2) Jackson Conway SO	3) Leo Manwaring-Mueller JR	4) Nicholas Arindunque FR
22.58	45.61 (23.03) 1:08.88 (23.27)	1:30.28 (21.40)	
19 Las Lomas		1:30.14	1:30.45
1) Mateo Monroy SR	2) Carson Hudson FR	3) Brody Cox SO	4) Brett Nelson JR
22.59	45.78 (23.19) 1:08.49 (22.71)	1:30.45 (21.96)	
20 Foothill		1:30.70	1:30.64
1) Connor Kann JR	2) Ethan Reeves SR	3) Quintin Hoffman SO	4) Liam Alexander SO
22.45	45.32 (22.87) 1:07.82 (22.50)	1:30.64 (22.82)	
21 Bishop O'Dowd		1:30.22	1:30.80
1) Isreal Gonzales JR	2) Lucian Regnier JR	3) Michael Fusinati SR	4) Fred Housand FR
27.95	45.23 (17.28) 1:07.88 (22.65)	1:30.80 (22.92)	
22 Dublin		1:31.79	1:30.96
1) Jacob Lim JR	2) Gabriel Rouse SR	3) Jino Nicolas SR	4) Benjamin Ohrr SO
23.21	46.38 (23.17) 1:08.94 (22.56)	1:30.96 (22.02)	
23 Amador Valley		1:30.79	1:31.07
1) Evan Grell SR	2) Jackson Morgenstern JR	3) Griffin Shea SR	4) Andrew Lillie JR
23.55	46.40 (22.85) 1:09.25 (22.85)	1:31.07 (21.82)	
24 Redwood		1:34.16	1:31.20
1) Harry Wait SR	2) Owen Pritchard SO	3) Ryan Voges JR	4) Nicholas Scruton SR
22.57	45.57 (23.00) 1:08.95 (23.38)	1:31.20 (22.25)	
25 Dougherty Valley		1:30.82	1:31.51
1) Logan Phan JR	2) Brian Choi JR	3) Songpu Wu FR	4) Julian Yuen SR
22.99	45.57 (22.58) 1:08.85 (23.28)	1:31.51 (22.66)	
26 Justin-Siena		1:31.99	1:31.59
1) Daniel Roberts SR	2) Lucas Padowan JR	3) Rafael Estimo FR	4) Logan Brough SR
23.09	46.53 (23.44) 1:09.59 (23.06)	1:31.59 (22.00)	
27 Maria Carrillo		1:31.53	1:31.63
1) Finn Brophy JR	2) Phoenix Holt JR	3) Eric Valerga JR	4) Kai Holt JR
21.39	44.92 (23.53) 1:08.34 (23.42)	1:31.63 (23.29)	
28 Tamalpais		1:27.38	1:31.71
1) Carter Albee JR	2) Andrew Sternfels SO	3) Frederick Goldstein SR	4) Ari Blacher SO
23.52	46.58 (23.06) 1:09.11 (22.53)	1:31.71 (22.60)	
29 Irvington		1:32.70	1:31.95
1) Ryan Dong SR	2) Kyle Tan SR	3) Ryan Young SR	4) Ivan Lam SR
22.62	46.33 (23.71) 1:09.07 (22.74)	1:31.95 (22.88)	
30 Head-Royce		1:32.68	1:32.43
1) Ben Kang SR	2) Elliott Scott FR	3) Gabriel Reader SO	4) Ben Wang JR
22.52	46.63 (24.11) 1:09.89 (23.26)	1:32.43 (22.54)	

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023

Results

Preliminaries ... (Event 18 Boys 200 Yard Freestyle Relay)

Team		Relay		Seed Time	Prelim Time
31	Vintage			1:31.53	1:32.60
	1) Cody Fridolfs SR	2) Jack Larsen SO	3) Mathew Lloyd SR	4) Yuki Hayashi JR	
	23.40	46.57 (23.17)	1:10.75 (24.18)	1:32.60 (21.85)	
32	Piedmont			1:31.97	1:32.74
	1) Thomas Rolefson SO	2) Dimitri Secor FR	3) Nikita Costello FR	4) Ryan Stokes JR	
	22.51	46.08 (23.57)	1:09.16 (23.08)	1:32.74 (23.58)	
33	Newark Memorial			1:32.77	1:33.16
	1) Adrian Rosales SO	2) Noah Caron FR	3) Miguel Medrano FR	4) Evan Haba JR	
	23.09	46.84 (23.75)	1:11.38 (24.54)	1:33.16 (21.78)	
34	California			1:32.97	1:33.48
	1) Aiden Berry	2) Ian Bryant SR	3) Nathan Maglalang	4) Hudson Frew SO	
	23.99	46.84 (22.85)	1:10.56 (23.72)	1:33.48 (22.92)	
35	Albany			1:33.82	1:33.56
	1) Aasish Dangol FR	2) Peter Gladkevich FR	3) Ryan Hong FR	4) Tenzin Jungey	
	22.63	45.68 (23.05)	1:09.95 (24.27)	1:33.56 (23.61)	
36	Alameda			1:31.82	1:33.77
	1) Andrew Nguyen SO	2) Will Cooper FR	3) Dennis Pham Nguyen FR	4) Nathan Lee SO	
	23.07	46.33 (23.26)	1:09.59 (23.26)	1:33.77 (24.18)	
37	Washington			1:34.16	1:33.94
	1) Alex Barrera FR	2) Jacob Smith SR	3) Tyler Licari SO	4) Radu Costache FR	
	22.50	46.20 (23.70)	1:10.05 (23.85)	1:33.94 (23.89)	
38	Mission San Jose			1:34.14	1:34.15
	1) Aidan Ta JR	2) Riley Ta FR	3) Aiden Wong SR	4) Daniel Gong SR	
	22.91	47.13 (24.22)	1:10.38 (23.25)	1:34.15 (23.77)	
39	Napa			1:32.86	1:34.52
	1) Mario Delanni SO	2) Noah Hattori SO	3) Carlo Delanni SR	4) Andrew Dillon JR	
	25.00	48.34 (23.34)	1:11.99 (23.65)	1:34.52 (22.53)	
40	Granada			1:31.38	1:36.49
	1) Gabe Benitez SO	2) Dylan Amador SO	3) Andre Valle JR	4) Nathanael Ridosko JR	
	24.26	49.41 (25.15)	1:14.20 (24.79)	1:36.49 (22.29)	

Event 19 Girls 100 Yard Backstroke

National HS:	49.61	U 2022	Claire Curzan	Gibbons (NC)
NCS Meet:	52.86	N 1999	Natalie Coughlin	Carondelet
	54.75	AA-A All America Auto.		
	55.83	AA-C All America Cons.		
	56.47	CIFA CIF Automatic		
	58.99	CIFC CIF Consideration		

Name		Yr	School	Prelim Time	Finals Time		Points
A - Final							
1	Adriana Smith	JR	Campolindo	53.37	52.87	AA-A	20
	25.95		52.87 (26.92)				
2	Madison O'Connell	JR	Carondelet	56.08	54.93	AA-C	17
	26.59		54.93 (28.34)				
3	Natalie Farquhar	SO	Cardinal Newman	55.44	55.09	AA-C	16
	26.77		55.09 (28.32)				
4	Charlotte Sevin	SR	California	55.94	55.43	AA-C	15
	27.24		55.43 (28.19)				
5	Emilia Barck	JR	Campolindo	55.81	55.54	AA-C	14
	27.02		55.54 (28.52)				
6	Emily Scheberies	SR	Monte Vista	55.58	56.02	CIFA	13
	26.94		56.02 (29.08)				
7	Natalie Mak	SO	College Preparatory	55.96	56.27	CIFA	12
	27.34		56.27 (28.93)				

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****A - Final ... (Event 19 Girls 100 Yard Backstroke)**

	Name	Yr	School	Prelim Time	Finals Time	Points
8	Annabel Piel	SR	Athenian	56.46	56.40	CIFA 11
	27.42		56.40 (28.98)			

B - Final

9	Miranda Stevenson	JR	San Ramon Valley	58.46	57.10	CIFC 9
	27.56		57.10 (29.54)			
10	Sadie Suppiger	SO	Acalanes	57.10	57.46	CIFC 7
	27.62		57.46 (29.84)			
11	Layla Busquets	SR	Monte Vista	57.76	57.50	CIFC 6
	27.75		57.50 (29.75)			
12	Madelynn Gomez	JR	Carondelet	57.93	57.66	CIFC 5
	28.04		57.66 (29.62)			
13	Kristin Der	JR	Foothill	58.08	57.89	CIFC 4
	28.17		57.89 (29.72)			
14	Holly Tarantino	SR	Marin Catholic	58.70	57.95	CIFC 3
	28.12		57.95 (29.83)			
15	Addison Everage	SO	Tamalpais	57.02	58.08	CIFC 2
	27.87		58.08 (30.21)			
16	Mollie Appl	JR	College Preparatory	57.23	58.17	CIFC 1
	28.48		58.17 (29.69)			

Event 19 Girls 100 Yard Backstroke

National HS:	49.61	U	2022	Claire Curzan	Gibbons (NC)
NCS Meet:	52.86	N	1999	Natalie Coughlin	Carondelet
	54.75	AA-A All America Auto.			
	55.83	AA-C All America Cons.			
	56.47	CIFA CIF Automatic			
	58.99	CIFC CIF Consideration			

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Adriana Smith	JR	Campolindo	53.66	53.37 AA-A
	26.32		53.37 (27.05)		
2	Natalie Farquhar	SO	Cardinal Newman	56.92	55.44 AA-C
	26.85		55.44 (28.59)		
3	Emily Scheberies	SR	Monte Vista	55.71	55.58 AA-C
	26.90		55.58 (28.68)		
4	Emilia Barck	JR	Campolindo	57.75	55.81 AA-C
	27.29		55.81 (28.52)		
5	Charlotte Sevin	SR	California	1:00.39	55.94 CIFA
	27.05		55.94 (28.89)		
6	Natalie Mak	SO	College Preparatory	56.53	55.96 CIFA
	26.94		55.96 (29.02)		
7	Madison O'Connell	JR	Carondelet	56.13	56.08 CIFA
	27.25		56.08 (28.83)		
8	Annabel Piel	SR	Athenian	56.69	56.46 CIFA
	27.43		56.46 (29.03)		
9	Addison Everage	SO	Tamalpais	57.74	57.02 CIFC
	27.57		57.02 (29.45)		
10	Sadie Suppiger	SO	Acalanes	57.18	57.10 CIFC
	27.75		57.10 (29.35)		
11	Mollie Appl	JR	College Preparatory	57.49	57.23 CIFC
	28.13		57.23 (29.10)		
12	Layla Busquets	SR	Monte Vista	57.93	57.76 CIFC
	28.08		57.76 (29.68)		

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 19 Girls 100 Yard Backstroke)**

	Name	Yr	School	Seed Time	Prelim Time	
13	Madelynn Gomez	JR	Carondelet	57.62	57.93	CIFC
	28.32		57.93 (29.61)			
14	Kristin Der	JR	Foothill	57.16	58.08	CIFC
	28.32		58.08 (29.76)			
15	Miranda Stevenson	JR	San Ramon Valley	56.67	58.46	CIFC
	28.23		58.46 (30.23)			
16	Holly Tarantino	SR	Marin Catholic	57.40	58.70	CIFC
	28.25		58.70 (30.45)			
17	Kennedy Lee	SO	Maria Carrillo	58.19	58.95	CIFC
	28.42		58.95 (30.53)			
18	Josephine Oesterer	FR	Piedmont	58.87	58.95	CIFC
	28.56		58.95 (30.39)			
19	Katherine Kracht	FR	Carondelet	1:00.48	59.16	
	28.57		59.16 (30.59)			
20	Ashley Dangol	JR	Albany	57.87	59.17	
	28.68		59.17 (30.49)			
21	Olivia Pettit		Benicia	59.28	59.31	
	28.84		59.31 (30.47)			
*22	Mya de Hart	SO	El Cerrito	1:00.17	59.43	
	29.39		59.43 (30.04)			
*22	Layla Greaves	FR	Healdsburg	1:01.32	59.43	
	29.09		59.43 (30.34)			
24	Katherine Hickey	SR	Carondelet	59.52	59.49	
	28.31		59.49 (31.18)			
25	Madeline Phan	FR	Campolindo	58.69	59.63	
	28.66		59.63 (30.97)			
26	Cady Chan	SR	Northgate	59.73	59.89	
	28.78		59.89 (31.11)			
27	Chloe Xu	JR	Foothill	58.80	59.97	
	28.96		59.97 (31.01)			
28	Taryn Veronda	JR	Acalanes	59.04	1:00.14	
	29.04		1:00.14 (31.10)			
29	Andrea Chang	FR	Heritage	1:00.19	1:00.39	
	29.27		1:00.39 (31.12)			
30	Ana Senn	SO	San Ramon Valley	1:00.56	1:00.47	
	29.68		1:00.47 (30.79)			
31	Katelyn Roncal	SO	Dougherty Valley	59.74	1:00.64	
	30.18		1:00.64 (30.46)			
32	Florence Lin	SR	Amador Valley	58.88	1:00.69	
	29.36		1:00.69 (31.33)			
33	Medha Raghuraman	SR	Washington	59.58	1:00.70	
	29.45		1:00.70 (31.25)			
34	Jewell Mendiola	SO	Campolindo	1:00.02	1:00.72	
	29.93		1:00.72 (30.79)			
35	Adeline Turner	SR	Redwood	1:01.42	1:01.45	
	29.54		1:01.45 (31.91)			
36	Jenna Patridge	FR	Monte Vista	1:01.49	1:01.50	
	29.57		1:01.50 (31.93)			
37	Valentina Deng	FR	Monte Vista	1:01.15	1:01.58	
	30.06		1:01.58 (31.52)			
38	Sydney Walburg	JR	Las Lomas	1:01.30	1:01.64	
	30.39		1:01.64 (31.25)			

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 19 Girls 100 Yard Backstroke)**

	Name	Yr	School	Seed Time	Prelim Time
39	Amelia Loiacono	JR	Redwood	1:01.48	1:02.41
	30.21		1:02.41 (32.20)		

Event 20 Boys 100 Yard Backstroke

National HS:	45.08	U	2023	Will Modglin	Zion (IN)
NCS Meet:	46.33	N	2018	Jonah Cooper	Foothill
	49.09	AA-A	All America Auto.		
	50.18	CIFA	CIF Automatic		
	50.24	AA-C	All America Cons.		
	52.99	CIFC	CIF Consideration		

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Marre Gattnar	SR	Tamalpais	48.94	47.91	AA-A 20
	23.61		47.91 (24.30)			
2	Edward Huang	JR	American	49.04	48.47	AA-A 17
	23.55		48.47 (24.92)			
3	Scott Iannaccone	SR	De La Salle	48.96	49.45	CIFA 16
	23.83		49.45 (25.62)			
4	Diego Castaneda	FR	Clayton Valley Charter	49.33	49.88	CIFA 15
	24.08		49.88 (25.80)			
5	Aden Li		Benicia	50.26	50.09	CIFA 14
	24.72		50.09 (25.37)			
6	Sam Seybold	JR	San Ramon Valley	51.83	51.39	CIFC 13
	24.87		51.39 (26.52)			
7	Jon Mendelssohn	SO	Las Lomas	50.99	52.34	CIFC 12
	24.49		52.34 (27.85)			
8	Nick VonderAhe	SR	Monte Vista	51.60	52.37	CIFC 11
	25.01		52.37 (27.36)			
B - Final						
9	Riley Coleman	SR	San Ramon Valley	53.18	52.24	CIFC 9
	25.02		52.24 (27.22)			
10	Brendon Chang	SR	Heritage	53.39	52.69	CIFC 7
	25.61		52.69 (27.08)			
11	Garrett Chivers	SO	Campolindo	53.07	52.92	CIFC 6
	25.45		52.92 (27.47)			
12	Benjamin Nonaka	FR	Northgate	53.13	53.36	5
	25.77		53.36 (27.59)			
13	Nate Cheney	JR	San Ramon Valley	53.40	53.42	4
	25.69		53.42 (27.73)			
14	Darrell Liu	SR	Dougherty Valley	53.33	53.46	3
	25.94		53.46 (27.52)			
15	Amit Kannan	SO	San Ramon Valley	53.42	53.87	2
	26.00		53.87 (27.87)			
16	Connor Kann	JR	Foothill	53.67	53.88	1
	25.81		53.88 (28.07)			

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Event 20 Boys 100 Yard Backstroke**

National HS: 45.08 U 2023 Will Modglin
NCS Meet: 46.33 N 2018 Jonah Cooper
 49.09 AA-A All America Auto.
 50.18 CIFA CIF Automatic
 50.24 AA-C All America Cons.
 52.99 CIFC CIF Consideration

Zion (IN)
Foothill

Name		Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Marre Gattnar	SR	Tamalpais	48.80	48.94	AA-A
	24.17		48.94 (24.77)			
2	Scott Iannaccone	SR	De La Salle	49.46	48.96	AA-A
	23.58		48.96 (25.38)			
3	Edward Huang	JR	American	50.86	49.04	AA-A
	24.01		49.04 (25.03)			
4	Diego Castaneda	FR	Clayton Valley Charter	52.82	49.33	CIFA
	24.16		49.33 (25.17)			
5	Aden Li		Benicia	50.81	50.26	CIFC
	24.52		50.26 (25.74)			
6	Jon Mendelssohn	SO	Las Lomas	51.84	50.99	CIFC
	24.37		50.99 (26.62)			
7	Nick VonderAhe	SR	Monte Vista	53.63	51.60	CIFC
	25.07		51.60 (26.53)			
8	Sam Seybold	JR	San Ramon Valley	50.94	51.83	CIFC
	25.17		51.83 (26.66)			
9	Garrett Chivers	SO	Campolindo	53.15	53.07	
	25.74		53.07 (27.33)			
10	Benjamin Nonaka	FR	Northgate	52.94	53.13	
	26.06		53.13 (27.07)			
11	Riley Coleman	SR	San Ramon Valley	53.24	53.18	
	25.17		53.18 (28.01)			
12	Darrell Liu	SR	Dougherty Valley	53.51	53.33	
	25.95		53.33 (27.38)			
13	Brendon Chang	SR	Heritage	53.23	53.39	
	25.67		53.39 (27.72)			
14	Nate Cheney	JR	San Ramon Valley	53.58	53.40	
	25.46		53.40 (27.94)			
15	Amit Kannan	SO	San Ramon Valley	54.28	53.42	
	25.79		53.42 (27.63)			
16	Connor Kann	JR	Foothill	54.05	53.67	
	25.90		53.67 (27.77)			
17	Ryan Cesmat	SR	De La Salle	53.77	53.77	
	25.56		53.77 (28.21)			
18	Benjamin Ohrr	SO	Dublin	52.83	53.78	
	26.16		53.78 (27.62)			
19	Yuki Hayashi	JR	Vintage	53.03	53.87	
	26.35		53.87 (27.52)			
20	Zachary Zener	SR	College Preparatory	54.91	53.88	
	26.13		53.88 (27.75)			
21	Jack Davis	SR	Granada	54.00	54.01	
	26.38		54.01 (27.63)			
22	Nate Willett Burfoot	SO	El Cerrito	55.70	54.92	
	27.16		54.92 (27.76)			

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 20 Boys 100 Yard Backstroke)**

	Name	Yr	School	Seed Time	Prelim Time
23	Ethan DeLange	SR	St Patrick-St Vincent	55.17	55.07
	26.49	55.07 (28.58)			
24	Sloan Brown	FR	De La Salle	55.76	55.49
	26.67	55.49 (28.82)			
25	Rowen Valladares	JR	American Canyon	54.27	55.65
	26.92	55.65 (28.73)			
26	Thomas Martin	SR	Northgate	54.39	55.82
	27.28	55.82 (28.54)			
27	Travis Black	FR	Analy	56.26	55.84
	26.97	55.84 (28.87)			
28	Dominick Wonosaputra	JR	Amador Valley	56.17	56.02
	27.71	56.02 (28.31)			
29	Ariel Kehat	JR	Berkeley	55.85	56.06
	27.67	56.06 (28.39)			
30	Thomas Colpo	SR	Campolindo	55.89	56.27
	27.17	56.27 (29.10)			
31	Nicholas Harris	JR	Las Lomas	55.92	56.29
	27.03	56.29 (29.26)			
32	Lucas Washburn	JR	Miramonte	55.16	56.33
	26.79	56.33 (29.54)			
33	Arya Nimbalkar	FR	Dougherty Valley	56.31	56.60
	27.58	56.60 (29.02)			
34	Zeeshan Mehmood	JR	Monte Vista	56.33	56.70
	26.60	56.70 (30.10)			
35	Dimitri Secor	FR	Piedmont	56.01	56.74
	27.88	56.74 (28.86)			
36	Jackson Barnacal	SR	College Park	56.47	56.75
	26.89	56.75 (29.86)			
37	Grant Eubanks	SR	Acalanes	55.13	57.17
	27.92	57.17 (29.25)			
38	Matthew Marges	JR	Dougherty Valley	56.40	57.35
	28.02	57.35 (29.33)			
39	Adrien Lerouge	SO	Monte Vista	56.01	57.37
	27.44	57.37 (29.93)			
40	Aiden Galli	SO	Petaluma	56.46	57.52
	27.96	57.52 (29.56)			

Event 21 Girls 100 Yard Breaststroke

National HS: 58.35 U 2020 Kaitlyn Dober
NCS Meet: 58.75 N 2009 Kasey Carlson
1:02.58 AA-A All America Auto.
1:03.75 AA-C All America Cons.
1:03.88 CIFA CIF Automatic
1:05.99 CIFC CIF Consideration

Aloha (OR)
Las Lomas

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Raya Mellott	SO	San Ramon Valley	1:00.70	1:00.55 AA-A	20
	28.96	1:00.55 (31.59)				
2	Stephanie Iannaccone	SR	Carondelet	1:03.44	1:03.09 AA-C	17
	29.77	1:03.09 (33.32)				
3	Kayla Gregory	SR	San Ramon Valley	1:03.37	1:03.18 AA-C	16
	29.86	1:03.18 (33.32)				

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****A - Final ... (Event 21 Girls 100 Yard Breaststroke)**

	Name	Yr	School	Prelim Time	Finals Time	Points
4	Mia Solomon	SR	Redwood	1:03.25	1:03.55 AA-C	15
	29.38		1:03.55 (34.17)			
5	Hayley Gregory	JR	San Ramon Valley	1:04.05	1:03.56 AA-C	14
	30.11		1:03.56 (33.45)			
6	Meghan Ly	JR	Mission San Jose	1:03.65	1:03.70 AA-C	13
	30.10		1:03.70 (33.60)			
7	Emma Gyorkos	SO	Washington	1:04.99	1:04.86 CIFC	12
	30.58		1:04.86 (34.28)			
8	Elise Gratton	FR	Campolindo	1:05.25	1:04.97 CIFC	11
	30.66		1:04.97 (34.31)			

B - Final

9	Pooja Hemige	SR	Monte Vista	1:05.41	1:05.00 CIFC	9
	30.48		1:05.00 (34.52)			
10	Breuklynn Harris	SR	Foothill	1:05.51	1:05.40 CIFC	7
	30.70		1:05.40 (34.70)			
11	Remy Harrison	SO	Sonoma Valley	1:05.37	1:05.97 CIFC	6
	31.19		1:05.97 (34.78)			
12	Aria Capelli	JR	Athenian	1:06.96	1:06.10	5
	31.54		1:06.10 (34.56)			
13	Maya Canada	SO	Clayton Valley Charter	1:06.69	1:06.14	4
	30.98		1:06.14 (35.16)			
14	Katherine Kracht	FR	Carondelet	1:06.81	1:06.89	3
	31.62		1:06.89 (35.27)			
15	Brooke Koller	SO	Carondelet	1:07.37	1:07.64	2
	32.30		1:07.64 (35.34)			
16	Emma Shane	SO	Campolindo	1:07.23	1:08.25	1
	31.54		1:08.25 (36.71)			

Event 21 Girls 100 Yard Breaststroke

National HS: 58.35 U 2020 Kaitlyn Dober
NCS Meet: 58.75 N 2009 Kasey Carlson

Aloha (OR)
Las Lomas

1:02.58 AA-A All America Auto.
1:03.75 AA-C All America Cons.
1:03.88 CIFA CIF Automatic
1:05.99 CIFC CIF Consideration

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Raya Mellott	SO	San Ramon Valley	59.65	1:00.70 AA-A
	28.75		1:00.70 (31.95)		
2	Mia Solomon	SR	Redwood	1:03.85	1:03.25 AA-C
	29.58		1:03.25 (33.67)		
3	Kayla Gregory	SR	San Ramon Valley	1:03.79	1:03.37 AA-C
	30.24		1:03.37 (33.13)		
4	Stephanie Iannaccone	SR	Carondelet	1:04.13	1:03.44 AA-C
	30.07		1:03.44 (33.37)		
5	Meghan Ly	JR	Mission San Jose	1:04.69	1:03.65 AA-C
	30.33		1:03.65 (33.32)		
6	Hayley Gregory	JR	San Ramon Valley	1:05.03	1:04.05 CIFC
	30.45		1:04.05 (33.60)		
7	Emma Gyorkos	SO	Washington	1:05.85	1:04.99 CIFC
	30.55		1:04.99 (34.44)		
8	Elise Gratton	FR	Campolindo	1:04.64	1:05.25 CIFC
	30.55		1:05.25 (34.70)		

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 21 Girls 100 Yard Breaststroke)**

	Name	Yr	School	Seed Time	Prelim Time	
9	Remy Harrison	SO	Sonoma Valley	1:06.72	1:05.37	CIFC
	30.81	1:05.37 (34.56)				
10	Pooja Hemige	SR	Monte Vista	1:04.43	1:05.41	CIFC
	30.23	1:05.41 (35.18)				
11	Breuklynn Harris	SR	Foothill	1:03.83	1:05.51	CIFC
	31.52	1:05.51 (33.99)				
12	Maya Canada	SO	Clayton Valley Charter	1:07.53	1:06.69	
	31.62	1:06.69 (35.07)				
13	Katherine Kracht	FR	Carondelet	1:07.41	1:06.81	
	31.64	1:06.81 (35.17)				
14	Aria Capelli	JR	Athenian	1:08.04	1:06.96	
	31.84	1:06.96 (35.12)				
15	Emma Shane	SO	Campolindo	1:07.29	1:07.23	
	31.04	1:07.23 (36.19)				
16	Brooke Koller	SO	Carondelet	1:07.76	1:07.37	
	32.02	1:07.37 (35.35)				
17	Elayna Ling	SO	Amador Valley	1:07.83	1:07.52	
	31.71	1:07.52 (35.81)				
18	Charlotte Livermore	SO	Berkeley	1:08.45	1:08.21	
	31.79	1:08.21 (36.42)				
19	Hannah Kiehl	FR	Maria Carrillo	1:09.17	1:08.85	
	32.44	1:08.85 (36.41)				
20	Charlotte Shamia	SO	Head-Royce	1:08.33	1:08.90	
	32.40	1:08.90 (36.50)				
21	Lucy Kao	FR	Campolindo	1:08.57	1:09.07	
	32.91	1:09.07 (36.16)				
22	Haylee Wong	FR	Clayton Valley Charter	1:09.08	1:09.08	
	32.38	1:09.08 (36.70)				
23	Sydney Flanery	SR	Heritage	1:10.30	1:09.85	
	33.20	1:09.85 (36.65)				
24	Elaina Robinson	SR	Dublin	1:11.49	1:09.92	
	33.25	1:09.92 (36.67)				
25	Daylor Williams	SR	Acalanes	1:10.48	1:10.55	
	32.53	1:10.55 (38.02)				
26	Chloe Firmage	JR	Tamalpais	1:10.43	1:10.72	
	33.76	1:10.72 (36.96)				
27	Avery Yasukochi	FR	Campolindo	1:06.95	1:10.73	
	31.98	1:10.73 (38.75)				
28	Kobi Wong	SO	Dougherty Valley	1:10.15	1:10.74	
	33.10	1:10.74 (37.64)				
29	Namya Sarup	SO	Amador Valley	1:09.99	1:11.00	
	33.32	1:11.00 (37.68)				
30	Sasha Babushkina	FR	San Ramon Valley	1:11.10	1:11.08	
	32.73	1:11.08 (38.35)				
31	Vlada Chekurova	SO	Northgate	1:08.61	1:11.20	
	33.55	1:11.20 (37.65)				
32	Kaia Bonham	FR	Miramonte	1:11.54	1:11.26	
	33.62	1:11.26 (37.64)				
33	Saveta Holunga	SO	Granada	1:09.10	1:11.82	
	34.39	1:11.82 (37.43)				
34	Rosie Lucchesi	JR	Terra Linda	1:09.91	1:12.03	
	33.06	1:12.03 (38.97)				

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023

Results

Preliminaries ... (Event 21 Girls 100 Yard Breaststroke)

Name		Yr	School	Seed Time	Prelim Time
35	Amara Martinez	SR	College Park	1:11.53	1:12.04
	32.83	1:12.04	(39.21)		
36	Emma Wang	JR	Amador Valley	1:10.52	1:12.19
	34.00	1:12.19	(38.19)		
37	Julia Owens	SO	San Marin	1:11.42	1:12.50
	34.03	1:12.50	(38.47)		
38	Sasha Carmichael	FR	Carondelet	1:10.65	1:12.53
	34.47	1:12.53	(38.06)		
39	Audrey Martin	FR	Acalanes	1:11.43	1:13.19
	34.64	1:13.19	(38.55)		
---	Tran Doan	SO	Washington	1:05.96	DQ
	30.68	DQ	(35.14)		

Event 22 Boys 100 Yard Breaststroke

National HS:	51.16	U	2018	Reece Whitley	Penn Charter (PA
NCS Meet:	53.39	N	2013	Steven Stumph	Campolindo
	55.65	AA-A All America Auto.			
	56.72	CIFA CIF Automatic			
	56.83	AA-C All America Cons.			
	58.99	CIFC CIF Consideration			

Name		Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Nathan Levy	SR	Campolindo	56.64	56.62 CIFA	20
	27.16	56.62	(29.46)			
2	Tyler Laymon	SR	De La Salle	56.98	56.70 CIFA	17
	27.00	56.70	(29.70)			
3	Alex DeWeese	SR	California	56.71	57.04 CIFC	16
	27.21	57.04	(29.83)			
4	Sammy Kan	JR	Monte Vista	58.07	57.24 CIFC	15
	27.01	57.24	(30.23)			
5	Jacob Mohrland	SR	Northgate	57.71	57.70 CIFC	14
	27.13	57.70	(30.57)			
6	Jax Milasincic	JR	California	57.65	57.89 CIFC	13
	26.76	57.89	(31.13)			
7	Ethan Suehiro		California	58.10	58.06 CIFC	12
	27.43	58.06	(30.63)			
8	Gabriel Cueva	SR	American Canyon	58.21	58.24 CIFC	11
	27.16	58.24	(31.08)			
B - Final						
9	Parker Smith	JR	Campolindo	58.87	58.40 CIFC	9
	27.47	58.40	(30.93)			
10	Nic Austen	FR	College Park	58.44	58.84 CIFC	7
	27.46	58.84	(31.38)			
11	Marcus Manuel	SO	Northgate	59.08	58.94 CIFC	6
	27.43	58.94	(31.51)			
12	Garrett Molitor	SO	Athenian	58.40	58.95 CIFC	5
	28.13	58.95	(30.82)			
13	Nicholas Arinduque	FR	Terra Linda	58.49	59.39	4
	27.53	59.39	(31.86)			
14	Yassin Dwidar	SR	Foothill	58.99	59.46	3
	28.05	59.46	(31.41)			
15	Donavan Tse	JR	American	58.88	59.81	2
	27.54	59.81	(32.27)			

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****B - Final ... (Event 22 Boys 100 Yard Breaststroke)**

	Name	Yr	School	Prelim Time	Finals Time	Points
16	Julian Vuong	SR	College Preparatory	58.99	59.83	1
	28.24		59.83 (31.59)			

Event 22 Boys 100 Yard Breaststroke

National HS:	51.16	U	2018	Reece Whitley
NCS Meet:	53.39	N	2013	Steven Stumph
	55.65	AA-A All America Auto.		
	56.72	CIFA CIF Automatic		
	56.83	AA-C All America Cons.		
	58.99	CIFC CIF Consideration		

**Penn Charter (PA
Campolindo**

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Nathan Levy	SR	Campolindo	56.95	56.64	CIFA
	27.08		56.64 (29.56)			
2	Alex DeWeese	SR	California	58.10	56.71	CIFA
	26.77		56.71 (29.94)			
3	Tyler Laymon	SR	De La Salle	57.60	56.98	CIFC
	26.91		56.98 (30.07)			
4	Jax Milasincic	JR	California	58.20	57.65	CIFC
	26.87		57.65 (30.78)			
5	Jacob Mohrland	SR	Northgate	57.34	57.71	CIFC
	27.09		57.71 (30.62)			
6	Sammy Kan	JR	Monte Vista	57.72	58.07	CIFC
	27.41		58.07 (30.66)			
7	Ethan Suehiro		California	57.74	58.10	CIFC
	27.26		58.10 (30.84)			
8	Gabriel Cueva	SR	American Canyon	58.61	58.21	CIFC
	27.43		58.21 (30.78)			
9	Garrett Molitor	SO	Athenian	59.13	58.40	CIFC
	27.58		58.40 (30.82)			
10	Nic Austen	FR	College Park	1:00.19	58.44	CIFC
	27.36		58.44 (31.08)			
11	Nicholas Arindunque	FR	Terra Linda	1:00.25	58.49	CIFC
	26.84		58.49 (31.65)			
12	Parker Smith	JR	Campolindo	58.25	58.87	CIFC
	27.83		58.87 (31.04)			
13	Donavan Tse	JR	American	58.35	58.88	CIFC
	27.41		58.88 (31.47)			
*14	Julian Vuong	SR	College Preparatory	59.66	58.99	CIFC
	27.64		58.99 (31.35)			
*14	Yassin Dwidar	SR	Foothill	59.24	58.99	CIFC
	27.86		58.99 (31.13)			
16	Marcus Manuel	SO	Northgate	58.56	59.08	
	27.89		59.08 (31.19)			
17	Oryan Liu	FR	Amador Valley	58.38	59.38	
	28.21		59.38 (31.17)			
18	Finn Sepic	SO	De La Salle	1:00.20	59.79	
	28.37		59.79 (31.42)			
19	Jonas Co		California	1:00.01	59.97	
	28.57		59.97 (31.40)			
20	Ethan Wang	FR	Foothill	59.98	1:00.25	
	28.64		1:00.25 (31.61)			

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 22 Boys 100 Yard Breaststroke)**

	Name	Yr	School	Seed Time	Prelim Time
21	William Ruy	SR	Dougherty Valley	59.47	1:00.31
	28.23		1:00.31 (32.08)		
22	Hayden O'Hare	SO	Campolindo	1:00.32	1:00.59
	28.71		1:00.59 (31.88)		
23	Ethan Taylor	SO	Campolindo	59.73	1:00.80
	28.92		1:00.80 (31.88)		
24	Aidan Ta	JR	Mission San Jose	1:01.29	1:00.90
	28.59		1:00.90 (32.31)		
25	Sebastian Santiago	FR	Granada	1:01.46	1:00.93
	28.68		1:00.93 (32.25)		
26	Adrian Rosales	SO	Newark Memorial	1:00.35	1:00.94
	28.57		1:00.94 (32.37)		
27	Thomas Martin	SR	Northgate	1:01.52	1:01.28
	29.28		1:01.28 (32.00)		
28	Frederick Goldstein	SR	Tamalpais	1:00.60	1:01.30
	28.94		1:01.30 (32.36)		
29	Hudson Merritt	SR	De La Salle	1:01.42	1:01.33
	29.18		1:01.33 (32.15)		
30	Julian Yuen	SR	Dougherty Valley	1:00.63	1:01.40
	28.67		1:01.40 (32.73)		
31	Zackary Caufield	JR	Granada	1:01.36	1:01.57
	28.34		1:01.57 (33.23)		
32	Luke Lewis	SR	Miramonte	1:00.91	1:01.82
	28.66		1:01.82 (33.16)		
33	Adam Bouyea	SR	Las Lomas	1:01.38	1:01.92
	28.86		1:01.92 (33.06)		
34	Gibson Meeker	SR	Pinole Valley	1:01.71	1:02.07
	29.26		1:02.07 (32.81)		
35	Will Brown	JR	Las Lomas	1:01.27	1:02.10
	29.03		1:02.10 (33.07)		
36	Daniel Lewis	JR	Northgate	1:01.05	1:02.19
	29.38		1:02.19 (32.81)		
37	Ben Kang	SR	Head-Royce	1:01.26	1:02.26
	28.99		1:02.26 (33.27)		
38	Chase Tsubota	JR	Monte Vista	1:01.38	1:02.60
	28.76		1:02.60 (33.84)		
39	Carson Hudson	FR	Las Lomas	1:00.77	1:02.70
	28.74		1:02.70 (33.96)		
---	Cole Deviney	SR	De La Salle	1:01.28	DFS

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Event 23 Girls 400 Yard Freestyle Relay****National HS: 3:14.80 U 2022****Santa Margarita (CA)****SMargarita (CA)****NCS Meet: 3:20.42 N 2013****Hodges, Salvino, O'Dell, Kozan****Carondelet****Carondelet****C. Chenault, N. Amberg, M. Murphy, M. White****3:27.49 AA-A All America Auto.****3:30.90 AA-C All America Cons.****3:32.12 CIFA CIF Automatic****3:37.99 CIFC CIF Consideration**

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
1 Carondelet		3:29.66	3:25.31 AA-A	40
1) Stephanie Iannaccone SR	2) Claudia Dumais SR	3) Elisabeth Butler SO	4) Bailey Hartman JR	
25.54	51.65 (51.65)	1:16.67 (25.02)	1:43.68 (52.03)	
2:07.98 (24.30)	2:35.13 (51.45)	2:59.20 (24.07)	3:25.31 (50.18)	
2 Monte Vista		3:33.25	3:30.52 AA-C	34
1) Genesee Quon SO	2) Emily Scheberies SR	3) Layla Busquets SR	4) Addy VonderAhe SO	
25.19	52.97 (52.97)	1:17.71 (24.74)	1:45.28 (52.31)	
2:10.39 (25.11)	2:38.37 (53.09)	3:03.01 (24.64)	3:30.52 (52.15)	
3 College Preparatory		3:33.93	3:32.67 CIFC	32
1) Paige Arnold SR	2) Mollie Appl JR	3) Lucia Martin Del Campo JR	4) Natalie Mak SO	
24.74	51.62 (51.62)	1:17.35 (25.73)	1:45.09 (53.47)	
2:10.98 (25.89)	2:40.23 (55.14)	3:05.29 (25.06)	3:32.67 (52.44)	
4 Acalanes		3:35.59	3:33.56 CIFC	30
1) Sara Archer SR	2) Sophi MacKay SR	3) Ella Del Rosario FR	4) Sadie Suppiger SO	
26.56	55.08 (55.08)	1:19.62 (24.54)	1:47.20 (52.12)	
2:12.69 (25.49)	2:41.52 (54.32)	3:06.28 (24.76)	3:33.56 (52.04)	
5 San Ramon Valley		3:35.28	3:35.47 CIFC	28
1) Ashlyn Widmer SR	2) Sasha Babushkina FR	3) Avery Knapp JR	4) Raya Mellott SO	
26.69	54.94 (54.94)	1:20.92 (25.98)	1:50.21 (55.27)	
2:15.35 (25.14)	2:44.75 (54.54)	3:08.80 (24.05)	3:35.47 (50.72)	
6 Amador Valley		3:37.48	3:35.65 CIFC	26
1) Florence Lin SR	2) Lillyana Caples FR	3) Lilli Chau SR	4) Rylee Hutchinson FR	
25.91	53.81 (53.81)	1:20.25 (26.44)	1:48.72 (54.91)	
2:14.60 (25.88)	2:43.28 (54.56)	3:08.45 (25.17)	3:35.65 (52.37)	
7 Campolindo		3:38.91	3:35.71 CIFC	24
1) Elise Gratton FR	2) Audrey Le-Nguyen SR	3) SiSi Roggensack SO	4) Lucy Kao FR	
25.42	52.86 (52.86)	1:18.39 (25.53)	1:45.96 (53.10)	
2:11.81 (25.85)	2:41.11 (55.15)	3:07.57 (26.46)	3:35.71 (54.60)	
8 Foothill		3:39.21	3:40.03	22
1) Chloe Xu JR	2) Breuklynn Harris SR	3) Addison Southern JR	4) Kristin Der JR	
26.09	53.66 (53.66)	1:19.88 (26.22)	1:48.35 (54.69)	
2:15.61 (27.26)	2:46.31 (57.96)	3:11.68 (25.37)	3:40.03 (53.72)	
B - Final				
9 California		3:39.40	3:38.82	18
1) Sophia Pedersoli SR	2) RaRa Thompson	3) Samantha Gee JR	4) Charlotte Sevin SR	
26.04	53.94 (53.94)	1:21.75 (27.81)	1:51.14 (57.20)	
2:17.41 (26.27)	2:46.96 (55.82)	3:02.40 (15.44)	3:38.82 (51.86)	
10 Miramonte		3:44.39	3:39.83	14
1) Ali Larsen SO	2) Bea Hearey SO	3) Rosalie Hassett JR	4) Petra Cherry SR	
26.58	54.88 (54.88)	1:20.84 (25.96)	1:49.93 (55.05)	
2:16.58 (26.65)	2:44.36 (54.43)	3:10.71 (26.35)	3:39.83 (55.47)	

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****B - Final ... (Event 23 Girls 400 Yard Freestyle Relay)**

Team	Relay	Prelim Time	Finals Time	Points
11 Granada		3:42.78	3:42.00	12
1) Brooke Bennett FR	2) Megan Lemler FR	3) Cassie Clark FR	4) Savannah Evans JR	
25.54	53.09 (53.09)	1:19.69 (26.60)	1:48.40 (55.31)	
2:15.95 (27.55)	2:45.95 (57.55)	3:12.12 (26.17)	3:42.00 (56.05)	
12 Heritage		3:43.53	3:42.79	10
1) Megan Ogden SO	2) Andrea Chang FR	3) Alexia Warner FR	4) Natalia Avalos Paz JR	
26.81	55.37 (55.37)	1:21.55 (26.18)	1:49.72 (54.35)	
2:17.28 (27.56)	2:48.19 (58.47)	3:14.70 (26.51)	3:42.79 (54.60)	
13 Las Lomas		3:41.84	3:42.82	8
1) Sierra Brown JR	2) Sydney Guellert SO	3) Sydney Walburg JR	4) Carlee Davis FR	
26.05	55.04 (55.04)	1:10.93 (15.89)	1:52.99 (57.95)	
2:18.95 (25.96)	2:47.99 (55.00)	3:14.18 (26.19)	3:42.82 (54.83)	
14 Liberty		3:44.26	3:44.56	6
1) Lindsey Hall JR	2) Alana Silva JR	3) Athena Ayers JR	4) Brooke Kleven SR	
27.79	58.05 (58.05)	1:24.72 (26.67)	1:54.74 (56.69)	
2:21.06 (26.32)	2:50.07 (55.33)	3:16.29 (26.22)	3:44.56 (54.49)	
15 Benicia		3:46.63	3:44.80	4
1) Alexandra Grant	2) Mackenzie Mincy	3) Piper Whitty	4) Olivia Pettit	
26.78	55.49 (55.49)	1:23.78 (28.29)	1:53.49 (58.00)	
2:19.13 (25.64)	2:49.76 (56.27)	3:16.09 (26.33)	3:44.80 (55.04)	
16 Castro Valley		3:46.82	3:45.95	2
1) Corinne Arakawa SO	2) Dasha Kryuchkova FR	3) Jennifer Mi SR	4) Samantha Li SR	
28.06	59.13 (59.13)	1:26.81 (27.68)	1:57.70 (58.57)	
2:24.28 (26.58)	2:54.66 (56.96)	3:19.36 (24.70)	3:45.95 (51.29)	

Event 23 Girls 400 Yard Freestyle Relay

National HS:	3:14.80	U	2022	Santa Margarita (CA)	SMargarita (CA)
NCS Meet:	3:20.42	N	2013	Hodges, Salvino, O'Dell, Kozan	Carondelet
				Carondelet	
				C. Chenault, N. Amberg, M. Murphy, M. White	
	3:27.49		AA-A All America Auto.		
	3:30.90		AA-C All America Cons.		
	3:32.12		CIFA CIF Automatic		
	3:37.99		CIFC CIF Consideration		

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Carondelet		3:28.85	3:29.66 AA-C
1) Natalie Aiken JR	2) Claudia Dumais SR	3) Elisabeth Butler SO	4) Bailey Hartman JR
26.67	54.12 (54.12)	1:19.79 (25.67)	1:47.10 (52.98)
2:11.65 (24.55)	2:38.98 (51.88)	3:03.25 (24.27)	3:29.66 (50.68)
2 Monte Vista		3:30.90	3:33.25 CIFC
1) Genesee Quon SO	2) Layla Busquets SR	3) Zoe Venetta FR	4) Emily Scheberies SR
25.28	52.88 (52.88)	1:18.20 (25.32)	1:46.48 (53.60)
2:12.70 (26.22)	2:41.68 (55.20)	3:06.30 (24.62)	3:33.25 (51.57)
3 College Preparatory		3:44.44	3:33.93 CIFC
1) Mollie Appl JR	2) Natalie Mak SO	3) Lucia Martin Del Campo JR	4) Paige Arnold SR
25.88	53.62 (53.62)	1:18.56 (24.94)	1:45.79 (52.17)
2:12.19 (26.40)	2:41.59 (55.80)	3:06.45 (24.86)	3:33.93 (52.34)
4 San Ramon Valley		3:39.65	3:35.28 CIFC
1) Ashlyn Widmer SR	2) Ava Tseng JR	3) Avery Knapp JR	4) Raya Mellott SO
26.54	54.27 (54.27)	1:20.76 (26.49)	1:49.42 (55.15)
2:14.73 (25.31)	2:43.58 (54.16)	3:08.03 (24.45)	3:35.28 (51.70)

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 23 Girls 400 Yard Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
5 Acalanes		3:34.79	3:35.59 CIFC
1) Sara Archer SR	2) Sophi MacKay SR	3) Ella Del Rosario FR	4) Sadie Suppiger SO
27.26	56.27 (56.27)	1:21.29 (25.02)	1:48.60 (52.33)
2:14.62 (26.02)	2:43.61 (55.01)	3:08.26 (24.65)	3:35.59 (51.98)
6 Amador Valley		3:38.61	3:37.48 CIFC
1) Florence Lin SR	2) Lillyana Caples FR	3) Lilli Chau SR	4) Rylee Hutchinson FR
26.21	54.30 (54.30)	1:20.73 (26.43)	1:48.75 (54.45)
2:15.23 (26.48)	2:44.32 (55.57)	3:09.95 (25.63)	3:37.48 (53.16)
7 Campolindo		3:27.55	3:38.91
1) Elise Gratton FR	2) Audrey Le-Nguyen SR	3) SiSi Roggensack SO	4) Lucy Kao FR
25.99	53.58 (53.58)	1:19.29 (25.71)	1:47.23 (53.65)
2:13.56 (26.33)	2:42.36 (55.13)	3:09.37 (27.01)	3:38.91 (56.55)
8 Foothill		3:39.12	3:39.21
1) Breuklynn Harris SR	2) Addison Southern JR	3) Chloe Xu JR	4) Kristin Der JR
26.12	54.31 (54.31)	1:21.80 (27.49)	1:51.85 (57.54)
2:17.32 (25.47)	2:45.88 (54.03)	3:11.23 (25.35)	3:39.21 (53.33)
9 California		3:43.90	3:39.40
1) Sophia Pedersoli SR	2) RaRa Thompson	3) Samantha Gee JR	4) Charlotte Sevin SR
26.09	53.67 (53.67)	1:21.31 (27.64)	1:51.21 (57.54)
2:17.42 (26.21)	2:46.51 (55.30)	3:11.81 (25.30)	3:39.40 (52.89)
10 Las Lomas		3:40.92	3:41.84
1) Sierra Brown JR	2) Sydney Guellert SO	3) Sydney Walburg JR	4) Carlee Davis FR
26.25	54.79 (54.79)	1:21.36 (26.57)	1:51.41 (56.62)
2:17.99 (26.58)	2:47.13 (55.72)	3:13.07 (25.94)	3:41.84 (54.71)
11 Granada		3:43.58	3:42.78
1) Savannah Evans JR	2) Megan Lemler FR	3) Maggie Robinson SR	4) Brooke Bennett FR
28.39	59.29 (59.29)	1:25.82 (26.53)	1:54.80 (55.51)
2:21.14 (26.34)	2:50.68 (55.88)	3:15.40 (24.72)	3:42.78 (52.10)
12 Heritage		3:41.70	3:43.53
1) Megan Ogden SO	2) Andrea Chang FR	3) Summer Claibourne SR	4) Natalia Avalos Paz JR
26.92	55.62 (55.62)	1:21.97 (26.35)	1:50.52 (54.90)
2:17.61 (27.09)	2:48.23 (57.71)	3:14.68 (26.45)	3:43.53 (55.30)
13 Liberty		3:41.05	3:44.26
1) Alana Silva JR	2) Lindsey Hall JR	3) Athena Ayers JR	4) Brooke Kleven SR
27.56	57.47 (57.47)	1:24.33 (26.86)	1:54.04 (56.57)
2:20.32 (26.28)	2:48.86 (54.82)	3:15.45 (26.59)	3:44.26 (55.40)
14 Miramonte		3:40.77	3:44.39
1) Kate Liu FR	2) Petra Cherry SR	3) Bea Hearey SO	4) Ali Larsen SO
27.81	56.80 (56.80)	1:23.52 (26.72)	1:53.69 (56.89)
2:19.49 (25.80)	2:49.43 (55.74)	3:15.78 (26.35)	3:44.39 (54.96)
15 Northgate		3:41.71	3:44.63
1) Vlada Chekurova SO	2) Cady Chan SR	3) Oyu Tuvshintugs SO	4) Lily Struempf JR
27.51	57.10 (57.10)	1:23.50 (26.40)	1:52.80 (55.70)
2:20.22 (27.42)	2:49.78 (56.98)	3:16.04 (26.26)	3:44.63 (54.85)
16 Benicia		3:43.89	3:46.63
1) Olivia Pettit	2) Mackenzie Mincy	3) Alexandra Grant	4) Piper Whitty
27.08	55.63 (55.63)	1:23.93 (28.30)	1:53.49 (57.86)
2:20.13 (26.64)	2:48.91 (55.42)	3:15.35 (26.44)	3:46.63 (57.72)
17 Castro Valley		3:45.20	3:46.82
1) Jennifer Mi SR	2) Stella Chang SO	3) Corinne Arakawa SO	4) Samantha Li SR
27.17	57.44 (57.44)	1:25.14 (27.70)	1:56.46 (59.02)
2:24.31 (27.85)	2:55.18 (58.72)	3:19.54 (24.36)	3:46.82 (51.64)

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 23 Girls 400 Yard Freestyle Relay)**

Team	Relay		Seed Time	Prelim Time
18 Piedmont			3:44.42	3:47.33
1) Taylor Rolefson SO	2) Josephine Oesterer FR	3) Sydney Olson FR	4) Sonja Ten Grotenhuis SO	
26.22	56.30 (56.30)	1:23.10 (26.80)	1:53.82 (57.52)	
2:20.62 (26.80)	2:50.00 (56.18)	3:16.98 (26.98)	3:47.33 (57.33)	
*19 Tamalpais			3:45.79	3:48.20
1) Elle Philp SO	2) Audrey Lowell SO	3) Lily Pashman SR	4) Addison Everage SO	
28.11	58.91 (58.91)	1:26.92 (28.01)	2:05.45 (1:06.54)	
2:24.94 (19.49)	2:55.87 (50.42)	3:20.74 (24.87)	3:48.20 (52.33)	
*19 Redwood			3:41.90	3:48.20
1) Kate DeForrest JR	2) Sydney Mosley SR	3) Mia Kelly SO	4) Adeline Turner SR	
26.86	56.37 (56.37)	1:23.81 (27.44)	1:56.46 (1:00.09)	
2:14.84 (18.38)	2:54.36 (57.90)	3:19.71 (25.35)	3:48.20 (53.84)	
21 College Park			3:45.44	3:48.72
1) Anna Gorniytzki SR	2) Amara Martinez SR	3) Eva Gorniytzki SO	4) Lucy Galbraith JR	
27.03	56.42 (56.42)	1:23.14 (26.72)	1:53.25 (56.83)	
2:20.72 (27.47)	2:50.64 (57.39)	3:18.01 (27.37)	3:48.72 (58.08)	
22 Marin Catholic			3:39.32	3:50.47
1) Audrey Hemsworth SR	2) Hannah Slaught SR	3) Alisa Zhou SR	4) Claire Cassidy JR	
28.22	58.50 (58.50)	1:25.51 (27.01)	1:56.60 (58.10)	
2:23.25 (26.65)	2:53.52 (56.92)	3:20.32 (26.80)	3:50.47 (56.95)	
23 Dougherty Valley			3:56.73	3:50.85
1) Grace Li JR	2) Natalie Chan SO	3) Filuka Houborg SO	4) Michelle Nguyen SR	
28.56	58.64 (58.64)	1:26.35 (27.71)	1:57.29 (58.65)	
2:24.28 (26.99)	2:54.62 (57.33)	3:20.90 (26.28)	3:50.85 (56.23)	
24 Archie Williams			3:50.32	3:51.31
1) Zoe Cass-Lein FR	2) Isobel Samlihan JR	3) Loretta Hovey JR	4) Ingrid Wahlstrom JR	
27.82	58.17 (58.17)	1:14.14 (15.97)	1:57.87 (59.70)	
2:25.04 (27.17)	2:55.48 (57.61)	3:21.71 (26.23)	3:51.31 (55.83)	
25 Berkeley			3:55.14	3:51.58
1) Brianna Smyth SR	2) Abril Esqueda JR	3) Liliana Mironova SR	4) Anaya Lehman SO	
26.88	56.74 (56.74)	1:23.52 (26.78)	1:53.22 (56.48)	
2:21.01 (27.79)	2:53.09 (59.87)	3:20.98 (27.89)	3:51.58 (58.49)	
26 Washington			3:43.34	3:51.75
1) Sarah Gilbert JR	2) Ava Ellsworth SO	3) Kerri Licari SR	4) Shristi Bandyopadhyay JR	
27.11	56.33 (56.33)	1:24.64 (28.31)	1:56.29 (59.96)	
2:24.24 (27.95)	2:54.78 (58.49)	3:21.19 (26.41)	3:51.75 (56.97)	
27 Clayton Valley Charter			3:45.78	3:51.98
1) Abigail Adent FR	2) Maya Canada SO	3) Haylee Wong FR	4) Gianna Kougios SO	
27.69	57.84 (57.84)	1:25.21 (27.37)	1:56.41 (58.57)	
2:23.80 (27.39)	2:55.33 (58.92)	3:21.63 (26.30)	3:51.98 (56.65)	
28 San Rafael			3:55.89	3:52.28
1) Paige Bussi JR	2) Samantha Carter JR	3) Alma Camacho Barajas FR	4) Estelle Engelskirchen SR	
27.94	58.72 (58.72)	1:26.66 (27.94)	1:56.83 (58.11)	
2:25.29 (28.46)	2:57.55 (1:00.72)	3:23.69 (26.14)	3:52.28 (54.73)	
29 American Canyon			3:54.48	3:52.93
1) Keona Perseveranda JR	2) Kayden Shalhout SO	3) Briana Hernandez Lopez SR	4) Alejandra Valladares JR	
28.36	59.59 (59.59)	1:28.81 (29.22)	1:58.98 (59.39)	
2:25.53 (26.55)	2:56.37 (57.39)	3:22.92 (26.55)	3:52.93 (56.56)	
30 Alhambra			3:51.83	3:55.05
1) Isabelle Cooley JR	2) Layna Panaguiton SR	3) Julia Arrizon JR	4) Chiara Ke SO	
27.64	57.82 (57.82)	1:25.37 (27.55)	1:56.03 (58.21)	
2:24.11 (28.08)	2:57.34 (1:01.31)	3:24.18 (26.84)	3:55.05 (57.71)	

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 23 Girls 400 Yard Freestyle Relay)**

	Team	Relay	Seed Time	Prelim Time
31	Sonoma Valley		4:01.68	3:55.48
	1) Kendall Caton FR	2) Mariko Purtell FR	3) Alegria Silvi SO	4) Remy Harrison SO
	27.91	58.45 (58.45)	1:13.95 (15.50)	2:04.30 (1:05.85)
	2:31.47 (27.17)	3:00.91 (56.61)	3:26.56 (25.65)	3:55.48 (54.57)
32	San Domenico		3:59.06	3:56.36
	1) Veronika Elias FR	2) Sanne Kostecki FR	3) Avery Quinton SO	4) Kylie Hellyer SO
	28.09	59.10 (59.10)	1:25.98 (26.88)	1:56.99 (57.89)
	2:25.61 (28.62)	2:57.23 (1:00.24)	3:24.84 (27.61)	3:56.36 (59.13)
33	Santa Rosa		3:59.12	3:56.55
	1) Rose Williams SR	2) Olivia Beck FR	3) Nora Mensch SR	4) Alexis Lewis SR
	28.67	1:00.21 (1:00.21)	1:29.91 (29.70)	2:03.49 (1:03.28)
	2:31.18 (27.69)	3:01.45 (57.96)	3:27.77 (26.32)	3:56.55 (55.10)
34	Moreau Catholic		3:59.08	3:58.06
	1) Ella Gross SO	2) Nola Kurtz SO	3) Gabrielle Diroll SR	4) Angelica Chavez JR
	28.57	59.98 (59.98)	1:27.94 (27.96)	1:59.76 (59.78)
	2:28.54 (28.78)	3:00.55 (1:00.79)	3:27.77 (27.22)	3:58.06 (57.51)
35	Maria Carrillo		3:57.78	3:59.30
	1) Chloe Morelle FR	2) Lutece Morelle FR	3) Leeloo Tatham JR	4) Hannah Kiehl FR
	28.66	59.59 (59.59)	1:26.94 (27.35)	1:56.99 (57.40)
	2:26.44 (29.45)	2:59.68 (1:02.69)	3:15.83 (16.15)	3:59.30 (59.62)
36	Terra Linda		3:58.59	3:59.48
	1) Josephine Fetterman-Riggle FR	2) Haley Brown SO	3) Emily Hinkley FR	4) Kira Rodriguez JR
	28.28	59.65 (59.65)	1:16.27 (16.62)	1:59.39 (59.74)
	2:27.84 (28.45)	3:00.10 (1:00.71)	3:27.90 (27.80)	3:59.48 (59.38)
37	Novato		4:01.33	4:05.88
	1) Gracie Thelan FR	2) Anja Bayer FR	3) Kate Metzger FR	4) Hannah Nicholas SO
	30.36	1:02.60 (1:02.60)	1:32.14 (29.54)	2:09.77 (1:07.17)
	2:35.02 (25.25)	3:12.71 (1:02.94)	3:35.12 (22.41)	4:05.88 (53.17)
38	Irvington		3:55.39	4:13.19
	1) Lindsey Luo FR	2) Sharon Ng FR	3) Alyson Tan FR	4) Alison Young FR
	30.04	1:02.99 (1:02.99)	1:32.93 (29.94)	2:05.99 (1:03.00)
	2:34.17 (28.18)	3:06.97 (1:00.98)	3:38.13 (31.16)	4:13.19 (1:06.22)
---	Dublin		3:40.30	DQ
	1) Hannah Nguyen SR	2) Emmy Loftus SO	3) Elaina Robinson SR	4) Kaitlin Lee JR
	26.08	54.89 (54.89)	1:22.92 (28.03)	1:52.48 (57.59)
	2:18.99 (26.51)	2:49.32 (56.84)	3:15.02 (25.70)	DQ (53.33)
---	Marin Academy		3:48.97	DQ
	1) Ali Kosmowski SO	2) Gabby Reichley SO		4) Katherine Wu SR
	27.16	55.97 (55.97)	1:22.34 (26.37)	1:52.76 (56.79)
	2:19.63 (26.87)	2:51.07 (58.31)	3:18.01 (26.94)	DQ (57.04)

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Event 24 Boys 400 Yard Freestyle Relay****National HS: 2:53.81 U 2018****Allegheny North (PA)****Allegheny North****Gonzalez, Zhang, Wright, Mihm****NCS Meet: 2:59.00 N 2014****Granada****Granada****M. Rooney, B. McLaggan, T. Trump, N. Silverthorn****3:05.78 AA-A All America Auto.****3:08.14 CIFA CIF Automatic****3:08.49 AA-C All America Cons.****3:13.99 CIFC CIF Consideration**

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
1 Northgate		3:07.35	3:03.96 AA-A	40
1) Kyle Kengla SO	2) Mason Wendler JR	3) Brady Cannon SO	4) Andrew Hallett SR	
22.34	46.42 (46.42)	1:07.59 (21.17)	1:31.01 (44.59)	
1:53.79 (22.78)	2:18.95 (47.94)	2:40.41 (21.46)	3:03.96 (45.01)	
2 De La Salle		3:08.23	3:04.93 AA-A	34
1) Jed Johnson SO	2) Austin Abrojena SO	3) Scott Iannaccone SR	4) Zach Elian SR	
22.55	47.10 (47.10)	1:09.38 (22.28)	1:34.47 (47.37)	
1:56.49 (22.02)	2:20.89 (46.42)	2:41.99 (21.10)	3:04.93 (44.04)	
3 College Park		3:11.63	3:09.81 CIFC	32
1) Nic Austen FR	2) James Mariolle JR	3) Jackson Barnacal SR	4) Devin Purewal SR	
23.45	47.80 (47.80)	1:10.51 (22.71)	1:36.95 (49.15)	
1:58.95 (22.00)	2:23.21 (46.26)	2:45.37 (22.16)	3:09.81 (46.60)	
4 San Ramon Valley		3:12.29	3:10.37 CIFC	30
1) Nate Cheney JR	2) Sam Seybold JR	3) Nick Tovani JR	4) Drew Arney JR	
23.51	48.53 (48.53)	1:11.10 (22.57)	1:36.03 (47.50)	
1:58.95 (22.92)	2:24.01 (47.98)	2:45.64 (21.63)	3:10.37 (46.36)	
5 Granada		3:11.99	3:10.96 CIFC	28
1) Tyler Ortiz FR	2) Jack Davis SR	3) Sebastian Santiago FR	4) Jack Hendrick SR	
22.69	47.10 (47.10)	1:09.49 (22.39)	1:34.62 (47.52)	
1:58.02 (23.40)	2:24.12 (49.50)	2:46.56 (22.44)	3:10.96 (46.84)	
6 Clayton Valley Charter		3:11.19	3:11.17 CIFC	26
1) Damik Van Fanos JR	2) Dominic Vines JR	3) Shawn Canada JR	4) Diego Castaneda FR	
23.19	48.27 (48.27)	1:10.85 (22.58)	1:36.86 (48.59)	
1:58.97 (22.11)	2:24.94 (48.08)	2:46.94 (22.00)	3:11.17 (46.23)	
7 Dougherty Valley		3:11.70	3:11.86 CIFC	24
1) Ethan Wang SR	2) William Ruy SR	3) Logan Phan JR	4) Songrui Wu FR	
23.06	47.21 (47.21)	1:10.67 (23.46)	1:36.75 (49.54)	
2:00.30 (23.55)	2:26.97 (50.22)	2:48.41 (21.44)	3:11.86 (44.89)	
8 Las Lomas		3:12.35	3:14.06	22
1) Mateo Monroy SR	2) Jacob Galabow SR	3) Ian Bellanca JR	4) Jon Mendelssohn SO	
23.44	49.02 (49.02)	1:11.98 (22.96)	1:37.57 (48.55)	
2:00.01 (22.44)	2:26.11 (48.54)	2:48.47 (22.36)	3:14.06 (47.95)	
B - Final				
9 Amador Valley		3:14.85	3:12.60 CIFC	18
1) Hayden Tupper SR	2) Andrew Lillie JR	3) Oryan Liu FR	4) Devyn Caples JR	
23.12	47.71 (47.71)	1:10.64 (22.93)	1:36.04 (48.33)	
1:59.44 (23.40)	2:25.73 (49.69)	2:48.07 (22.34)	3:12.60 (46.87)	
10 Campolindo		3:12.38	3:13.64 CIFC	14
1) Nathan Levy SR	2) Reid Lalli JR	3) Michael Chu JR	4) Hayden O'Hare SO	
23.36	48.35 (48.35)	1:11.12 (22.77)	1:36.71 (48.36)	
1:59.98 (23.27)	2:25.26 (48.55)	2:48.48 (23.22)	3:13.64 (48.38)	

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****B - Final ... (Event 24 Boys 400 Yard Freestyle Relay)**

Team	Relay	Prelim Time	Finals Time	Points
11 Miramonte		3:16.86	3:14.10	12
1) Jax Cherry FR	2) Pat Stice SO	3) Ryan Kaelle SR	4) Logan Haines SR	
23.50	49.67 (49.67)	1:12.78 (23.11)	1:38.73 (49.06)	
2:01.74 (23.01)	2:27.68 (48.95)	2:49.65 (21.97)	3:14.10 (46.42)	
12 Monte Vista		3:15.72	3:14.45	10
1) Alex Nicholson JR	2) Jeremy Ting FR	3) Sammy Kan JR	4) Edi Zhang SR	
23.24	48.57 (48.57)	1:12.14 (23.57)	1:37.79 (49.22)	
2:00.73 (22.94)	2:25.57 (47.78)	2:48.78 (23.21)	3:14.45 (48.88)	
13 Tamalpais		3:17.12	3:15.79	8
1) Dean Gustavson JR	2) Ari Blacher SO	3) Cole Stanford SR	4) Marre Gattnar SR	
23.83	50.32 (50.32)	1:14.79 (24.47)	1:41.70 (51.38)	
2:05.41 (23.71)	2:31.51 (49.81)	2:52.51 (21.00)	3:15.79 (44.28)	
14 Heritage		3:16.48	3:16.69	6
1) Nick Woolery SO	2) Isaiah Warner SO	3) Zach Lengyel JR	4) Brendon Chang SR	
23.91	49.54 (49.54)	1:12.63 (23.09)	1:38.66 (49.12)	
2:02.57 (23.91)	2:28.75 (50.09)	2:51.56 (22.81)	3:16.69 (47.94)	
15 Bishop O'Dowd		3:18.38	3:18.74	4
1) Michael Fusinati SR	2) Isreal Gonzales JR	3) Nathan Pompeani FR	4) Jordan Estimo FR	
23.28	48.56 (48.56)	1:12.25 (23.69)	1:38.85 (50.29)	
2:02.43 (23.58)	2:28.58 (49.73)	2:52.16 (23.58)	3:18.74 (50.16)	
16 California		3:15.64	3:19.50	2
1) Alex DeWeese SR	2) Ethan Suehiro	3) Jax Milasincic JR	4) Ian Bryant SR	
24.03	49.48 (49.48)	1:12.14 (22.66)	1:38.19 (48.71)	
2:01.84 (23.65)	2:28.08 (49.89)	2:52.29 (24.21)	3:19.50 (51.42)	

Event 24 Boys 400 Yard Freestyle Relay

National HS:	2:53.81	U	2018	Allegheny North (PA)	Allegheny North
				Gonzalez, Zhang, Wright, Mihm	
NCS Meet:	2:59.00	N	2014	Granada	Granada
				M. Rooney, B. McLaggan, T. Trump, N. Silverthorn	
	3:05.78	AA-A	All America Auto.		
	3:08.14	CIFA	CIF Automatic		
	3:08.49	AA-C	All America Cons.		
	3:13.99	CIFC	CIF Consideration		

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Northgate		3:08.67	3:07.35 CIFA
1) Mason Wendler JR	2) Kyle Kengla SO	3) Andrew Hallett SR	4) Brady Cannon SO
22.11	45.42 (45.42)	1:08.20 (22.78)	1:33.07 (47.65)
1:55.11 (22.04)	2:18.98 (45.91)	2:42.02 (23.04)	3:07.35 (48.37)
2 De La Salle		3:07.57	3:08.23 AA-C
1) Zach Elian SR	2) Austin Abrojena SO	3) Scott Iannaccone SR	4) Jed Johnson SO
22.04	46.06 (46.06)	1:08.48 (22.42)	1:33.41 (47.35)
1:56.15 (22.74)	2:20.65 (47.24)	2:43.36 (22.71)	3:08.23 (47.58)
3 Clayton Valley Charter		3:12.06	3:11.19 CIFC
1) Damik Van Fanos JR	2) Dominic Vines JR	3) Diego Castaneda FR	4) Shawn Canada JR
23.07	48.24 (48.24)	1:11.04 (22.80)	1:36.86 (48.62)
1:58.85 (21.99)	2:23.19 (46.33)	2:45.65 (22.46)	3:11.19 (48.00)
4 College Park		3:10.84	3:11.63 CIFC
1) Nic Austen FR	2) James Mariolle JR	3) Jackson Barnacal SR	4) Devin Purewal SR
23.75	48.18 (48.18)	1:11.07 (22.89)	1:37.17 (48.99)
1:59.17 (22.00)	2:23.94 (46.77)	2:46.91 (22.97)	3:11.63 (47.69)

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 24 Boys 400 Yard Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
5 Dougherty Valley		3:13.06	3:11.70 CIFIC
1) Ethan Wang SR	2) William Ruy SR	3) Logan Phan JR	4) Songrui Wu FR
23.13	47.34 (47.34)	1:11.07 (23.73)	1:37.28 (49.94)
2:00.76 (23.48)	2:27.46 (50.18)	2:48.47 (21.01)	3:11.70 (44.24)
6 Granada		3:14.77	3:11.99 CIFIC
1) Tyler Ortiz FR	2) Jack Davis SR	3) Sebastian Santiago FR	4) Jack Hendrick SR
22.99	47.66 (47.66)	1:10.02 (22.36)	1:35.25 (47.59)
1:59.04 (23.79)	2:25.05 (49.80)	2:47.59 (22.54)	3:11.99 (46.94)
7 San Ramon Valley		3:12.66	3:12.29 CIFIC
1) Nate Cheney JR	2) Sam Seybold JR	3) Nick Tovani JR	4) Drew Arney JR
23.43	48.51 (48.51)	1:11.06 (22.55)	1:36.34 (47.83)
1:59.88 (23.54)	2:24.92 (48.58)	2:47.29 (22.37)	3:12.29 (47.37)
8 Las Lomas		3:14.27	3:12.35 CIFIC
1) Mateo Monroy SR	2) Jacob Galabow SR	3) Jon Mendelssohn SO	4) Ian Bellanca JR
23.89	49.12 (49.12)	1:12.20 (23.08)	1:37.25 (48.13)
1:59.36 (22.11)	2:24.28 (47.03)	2:46.98 (22.70)	3:12.35 (48.07)
9 Campolindo		3:14.25	3:12.38 CIFIC
1) Reid Lalli JR	2) Nathan Levy SR	3) Hayden O'Hare SO	4) Michael Chu JR
23.33	48.49 (48.49)	1:11.18 (22.69)	1:35.86 (47.37)
1:58.95 (23.09)	2:24.02 (48.16)	2:47.39 (23.37)	3:12.38 (48.36)
10 Amador Valley		3:15.12	3:14.85
1) Hayden Tupper SR	2) Andrew Xiao SR	3) Oryan Liu FR	4) Devyn Caples JR
22.67	47.11 (47.11)	1:10.65 (23.54)	1:37.73 (50.62)
2:01.31 (23.58)	2:27.75 (50.02)	2:50.19 (22.44)	3:14.85 (47.10)
11 California		3:24.15	3:15.64
1) Ian Bryant SR	2) Ethan Suehiro	3) Alex DeWeese SR	4) Owen Berry SR
24.22	50.42 (50.42)	1:13.15 (22.73)	1:39.12 (48.70)
2:02.31 (23.19)	2:28.08 (48.96)	2:50.54 (22.46)	3:15.64 (47.56)
12 Monte Vista		3:16.39	3:15.72
1) Alex Nicholson JR	2) Jeremy Ting FR	3) Sammy Kan JR	4) Edi Zhang SR
23.41	49.19 (49.19)	1:13.11 (23.92)	1:38.57 (49.38)
2:01.50 (22.93)	2:27.01 (48.44)	2:50.58 (23.57)	3:15.72 (48.71)
13 Heritage		3:22.31	3:16.48
1) Nick Woolery SO	2) Isaiah Warner SO	3) Zach Lengyel JR	4) Brendon Chang SR
23.97	49.60 (49.60)	1:12.93 (23.33)	1:39.20 (49.60)
2:02.73 (23.53)	2:28.87 (49.67)	2:51.53 (22.66)	3:16.48 (47.61)
14 Archie Williams		3:16.71	3:16.80
1) Vincent Krilanovich SO	2) Jacob Carrera SO	3) Nolan Anderson FR	4) Micah Sher SR
23.08	47.92 (47.92)	1:12.58 (24.66)	1:38.95 (51.03)
2:02.86 (23.91)	2:30.22 (51.27)	2:52.16 (21.94)	3:16.80 (46.58)
15 Miramonte		3:14.07	3:16.86
1) Pat Stice SO	2) Logan Gunn JR	3) Ryan Kaelle SR	4) Logan Haines SR
23.98	50.28 (50.28)	1:12.73 (22.45)	1:37.43 (47.15)
2:00.72 (23.29)	2:27.01 (49.58)	2:50.48 (23.47)	3:16.86 (49.85)
16 Tamalpais		3:21.64	3:17.12
1) Dean Gustavson JR	2) Ari Blacher SO	3) Cole Stanford SR	4) Marre Gattnar SR
23.93	50.58 (50.58)	1:14.80 (24.22)	1:41.03 (50.45)
2:04.94 (23.91)	2:31.07 (50.04)	2:52.47 (21.40)	3:17.12 (46.05)
17 Bishop O'Dowd		3:15.68	3:18.38
1) Michael Fusinati SR	2) Isreal Gonzales JR	3) Nathan Pompeani FR	4) Nathan Rogers JR
23.09	48.05 (48.05)	1:11.30 (23.25)	1:38.65 (50.60)
2:02.06 (23.41)	2:28.60 (49.95)	2:51.80 (23.20)	3:18.38 (49.78)

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 24 Boys 400 Yard Freestyle Relay)**

	Team	Relay	Seed Time	Prelim Time
18	Foothill		3:20.17	3:18.46
	1) Phil Lin SO	2) Hunter Rohovit JR	3) Ethan Wang FR	4) Quintin Hoffman SO
	23.98	49.54 (49.54)	1:13.29 (23.75)	1:39.26 (49.72)
	2:03.56 (24.30)	2:29.66 (50.40)	2:52.88 (23.22)	3:18.46 (48.80)
19	Marin Academy		3:19.19	3:21.08
	1) Schuyler Rewick JR	2) Ewan Smith JR	3) Tucker Byrne JR	4) Tristan LU SO
	23.61	49.79 (49.79)	1:13.45 (23.66)	1:39.96 (50.17)
	2:04.12 (24.16)	2:31.04 (51.08)	2:54.33 (23.29)	3:21.08 (50.04)
20	Maria Carrillo		3:20.17	3:21.42
	1) Finn Brophy JR	2) Phoenix Holt JR	3) Hayden Forsyth JR	4) Kai Holt JR
	22.34	46.59 (46.59)	1:11.03 (24.44)	1:37.86 (51.27)
	2:02.76 (24.90)	2:30.39 (52.53)	2:46.69 (16.30)	3:21.42 (51.03)
21	Acalanes		3:28.79	3:21.93
	1) Parker Etnyre JR	2) Hans Ramirez JR	3) Toby Brock-Utne JR	4) Cale Hanson JR
	22.46	46.86 (46.86)	1:10.51 (23.65)	1:37.23 (50.37)
	2:01.71 (24.48)	2:30.25 (53.02)	2:54.13 (23.88)	3:21.93 (51.68)
22	Irvington		3:27.96	3:23.23
	1) Ryan Dong SR	2) Ryan Young SR	3) Tyler Angwin SO	4) Ivan Lam SR
	23.91	49.19 (49.19)	1:14.30 (25.11)	1:41.23 (52.04)
	2:05.58 (24.35)	2:32.65 (51.42)	2:56.63 (23.98)	3:23.23 (50.58)
23	American Canyon		3:27.03	3:23.43
	1) Raphael Cueva FR	2) Joseph Patocchi SR	3) Rowen Valladares JR	4) Gabriel Cueva SR
	24.41	50.57 (50.57)	1:15.85 (25.28)	1:44.33 (53.76)
	2:08.07 (23.74)	2:34.50 (50.17)	2:58.04 (23.54)	3:23.43 (48.93)
24	Dublin		3:21.75	3:23.49
	1) Jacob Lim JR	2) Jino Nicolas SR	3) Jack True SO	4) Benjamin Ohrr SO
	24.94	52.31 (52.31)	1:17.25 (24.94)	1:43.51 (51.20)
	2:07.98 (24.47)	2:34.53 (51.02)	2:57.64 (23.11)	3:23.49 (48.96)
25	Berkeley		3:25.15	3:24.36
	1) Eamonn Kaufer SO	2) Connor Levi-Lang SO	3) Lucas Childs SR	4) Ariel Kehat JR
	24.69	51.59 (51.59)	1:16.29 (24.70)	1:43.54 (51.95)
	2:07.63 (24.09)	2:34.61 (51.07)	2:58.22 (23.61)	3:24.36 (49.75)
26	Redwood		3:18.85	3:24.55
	1) Harry Wait SR	2) Owen Pritchard SO	3) Lukas Knauer SO	4) Nicholas Scruton SR
	23.73	49.73 (49.73)	1:13.97 (24.24)	1:41.26 (51.53)
	2:06.97 (25.71)	2:36.28 (55.02)	2:59.35 (23.07)	3:24.55 (48.27)
27	Head-Royce		3:26.55	3:25.17
	1) Jonathan Dong JR	2) Gabriel Reader SO	3) Elliott Scott FR	4) Chetan Raghavan SO
	24.67	52.74 (52.74)	1:16.79 (24.05)	1:44.10 (51.36)
	2:08.96 (24.86)	2:36.67 (52.57)	2:59.69 (23.02)	3:25.17 (48.50)
28	Benicia		3:25.03	3:25.66
	1) Bryce Mincy	2) Luciano Crews	3) Lucas Cagnon	4) Aden Li
	24.83	51.01 (51.01)	1:06.80 (15.79)	1:44.07 (53.06)
	2:09.68 (25.61)	2:38.58 (54.51)	3:01.19 (22.61)	3:25.66 (47.08)
29	American		3:24.19	3:26.08
	1) Alexander Torjyan JR	2) Mazen Bayoumi SR	3) Moataz Bayoumi SR	4) Quinn Rees SO
	24.70	52.19 (52.19)	1:16.50 (24.31)	1:44.13 (51.94)
	2:08.78 (24.65)	2:35.37 (51.24)	2:59.44 (24.07)	3:26.08 (50.71)
30	Castro Valley		3:19.04	3:26.26
	1) Gavin Willits SR	2) Nathan Nguyen SO	3) Edvin Sabanovic JR	4) Kyle Mognagna SR
	25.21	52.44 (52.44)	1:17.06 (24.62)	1:43.92 (51.48)
	2:08.56 (24.64)	2:35.68 (51.76)	2:58.72 (23.04)	3:26.26 (50.58)

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Preliminaries ... (Event 24 Boys 400 Yard Freestyle Relay)**

	Team	Relay	Seed Time	Prelim Time
31	Terra Linda		3:24.77	3:26.40
	1) Andrew Chong FR	2) Cameron Heller FR	3) David Finny JR	4) Soren Jessen FR
	24.93	52.73 (52.73)	1:17.53 (24.80)	1:44.19 (51.46)
	2:08.38 (24.19)	2:35.36 (51.17)	3:00.01 (24.65)	3:26.40 (51.04)
32	Mission San Jose		3:28.61	3:27.91
	1) Ryan Kumar FR	2) Daniel Gong SR	3) Justin Ho JR	4) Aiden Wong SR
	25.02	51.79 (51.79)	1:16.74 (24.95)	1:44.49 (52.70)
	2:09.01 (24.52)	2:36.18 (51.69)	3:00.86 (24.68)	3:27.91 (51.73)
33	Washington		3:27.13	3:29.27
	1) Leo Gao JR	2) Jacob Smith SR	3) Radu Costache FR	4) Tyler Licari SO
	24.28	50.48 (50.48)	1:15.77 (25.29)	1:44.26 (53.78)
	2:08.97 (24.71)	2:36.77 (52.51)	3:01.66 (24.89)	3:29.27 (52.50)
34	Alhambra		3:29.03	3:29.84
	1) Noah Gutierrez SO	2) Mackinnley Kirshen FR	3) Dylan Ashe SR	4) Matthew Welch SR
	24.93	52.41 (52.41)	1:17.36 (24.95)	1:45.88 (53.47)
	2:11.16 (25.28)	2:39.36 (53.48)	3:03.42 (24.06)	3:29.84 (50.48)
35	James Logan		3:31.37	3:29.87
	1) Eric Meng FR	2) Daniel Gonzales JR	3) Arjan Behrooz SR	4) Nathan Massoth SR
	24.00	49.54 (49.54)	1:14.77 (25.23)	1:43.07 (53.53)
	2:08.54 (25.47)	2:37.23 (54.16)	3:01.24 (24.01)	3:29.87 (52.64)
36	Napa		3:24.82	3:30.81
	1) Andrew Dillon JR	2) Carlo Delanni SR	3) Mario Delanni SO	4) Noah Hattori SO
	24.05	49.78 (49.78)	1:14.57 (24.79)	1:41.70 (51.92)
	2:08.02 (26.32)	2:37.35 (55.65)	2:52.77 (15.42)	3:30.81 (53.46)
37	Alameda		3:21.52	3:31.45
	1) Ethan Giang SR	2) Andrew Nguyen SO	3) Zach Wong SR	4) Will Cooper FR
	23.75	49.82 (49.82)	1:13.62 (23.80)	1:39.87 (50.05)
	2:07.60 (27.73)	2:39.88 (1:00.01)	3:04.19 (24.31)	3:31.45 (51.57)
38	Vintage		3:26.97	3:32.59
	1) Mathew Lloyd SR	2) Sam Smith JR	3) Jack Larsen SO	4) Cody Fridolfs SR
	25.26	52.33 (52.33)	1:17.75 (25.42)	1:47.37 (55.04)
	2:13.55 (26.18)	2:41.31 (53.94)	3:05.91 (24.60)	3:32.59 (51.28)
39	Novato		3:26.33	3:36.10
	1) John Wien FR	2) Ran Cohen SO	3) Nico Procopio SO	4) Isaias Zavala FR
	25.37	53.74 (53.74)	1:19.86 (26.12)	1:49.78 (56.04)
	2:14.43 (24.65)	2:44.30 (54.52)	3:07.82 (23.52)	3:36.10 (51.80)
---	Liberty		3:31.26	DQ
	1) Christian Ceja JR	2) Zachary Pierce FR	3) Matthew Pearson SR	4) Luke Gunderman JR
	24.92	52.13 (52.13)	1:17.96 (25.83)	1:46.64 (54.51)
	2:11.95 (25.31)	2:40.36 (53.72)	3:04.07 (23.71)	DQ (51.45)

Event 25 Girls 100 Yard Freestyle Paralympic

NCS Meet: 1:00.96 N 2022 Addison Southern

Foothill

50.19 AA-A All America Auto.

51.00 AA-C All America Cons.

51.47 CIFA CIF Automatic

52.88 CIFC CIF Consideration

	Name	Yr	School	Seed Time	Finals Time	Points
1	Olivia Bell		FR Liberty	1:21.69	1:17.88	2
	36.87		1:17.88 (41.01)			

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023**Results****Event 26 Boys 100 Yard Freestyle Paralympic**

NCS Meet: 53.17 N 2022 Shawn Boland
 44.86 AA-A All America Auto.
 45.67 AA-C All America Cons.
 46.16 CIFA CIF Automatic
 47.99 CIFC CIF Consideration

Clayton Valley

	Name	Yr	School	Seed Time	Finals Time	Points
1	Tyler McMillan	SO	Northgate	1:08.23	1:06.19	2
	32.02		1:06.19 (34.17)			
2	Sean Vorhis		Albany	1:23.70	1:20.90	1
	37.63		1:20.90 (43.27)			
3	Nefi Rodarte Lopez	SO	Pittsburg	1:42.07	1:41.82	1
	42.27		1:41.82 (59.55)			
4	Ethan Folsom	FR	Pittsburg	2:03.18	1:49.04	1
5	Liam Hawley	FR	Freedom	2:46.71	2:51.89	1
	1:18.50		2:51.89 (1:33.39)			

Event 27 Girls 50 Yard Freestyle Paralympic

NCS Meet: 27.72 N 2022 Addison Southern
 23.17 AA-A All America Auto.
 23.53 AA-C All America Cons.
 23.68 CIFA CIF Automatic
 24.39 CIFC CIF Consideration

Foothill

	Name	Yr	School	Seed Time	Finals Time	Points
1	Olivia Bell	FR	Liberty	35.56	35.16	2
2	Haley Wollesen	JR	San Ramon Valley	56.00	1:09.03	1

Event 28 Boys 50 Yard Freestyle Paralympic

NCS Meet: 23.91 N 2022 Shawn Boland
 20.49 AA-A All America Auto.
 20.87 AA-C All America Cons.
 20.99 CIFA CIF Automatic
 21.69 CIFC CIF Consideration

Clayton Valley

	Name	Yr	School	Seed Time	Finals Time	Points
1	Tyler McMillan	SO	Northgate	27.66	26.89	2
2	Sean Vorhis		Albany	40.50	37.04	1
3	Nefi Rodarte Lopez	SO	Pittsburg	41.06	41.98	1
4	Alex Walters	JR	San Ramon Valley	49.05	45.67	1
5	Ethan Folsom	FR	Pittsburg	52.45	48.16	1
6	Liam Hawley	FR	Freedom	1:17.77	1:21.08	1

Event 118 Boys 200 Yard Freestyle Relay Swim-off

1:24.50 AA-A All America Auto.
 1:25.74 CIFA CIF Automatic
 1:25.77 AA-C All America Cons.
 1:28.99 CIFC CIF Consideration

	Team	Relay	Seed Time	Finals Time	Points
- Swim-off					
1	American Canyon		NT	1:29.43	
	23.46	45.76 (22.30)	1:07.88 (22.12)	1:29.43 (21.55)	
2	Terra Linda		NT	1:30.13	
	22.96	46.01 (23.05)	1:09.04 (23.03)	1:30.13 (21.09)	

2023 NCS Swimming & Diving Championship Meet - 5/4/2023 to 5/6/2023

Results

Event 119 Girls 100 Yard Backstroke Swim-off

54.75 AA-A All America Auto.
55.83 AA-C All America Cons.
56.47 CIFA CIF Automatic
58.99 CIFC CIF Consideration

Name		Yr	School	Seed Time	Finals Time	Points
- Swim-off						
1	Kennedy Lee	SO	Maria Carrillo	NT	57.68	CIFC
	28.05		57.68 (29.63)			
2	Josephine Oesterer	FR	Piedmont	NT	59.38	
	28.39		59.38 (30.99)			