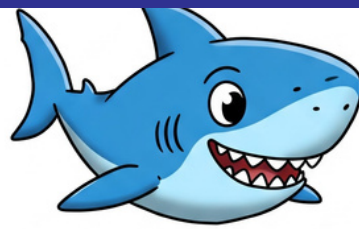


Seminole Sharks



Swim & Dive Buddies

Registration is now open for our 2025 Seminole Shark Swim & Dive Buddies!

Being a Swim or Dive buddy is a great way for your swimmer or diver to meet other teammates, and is a fun and motivating experience!

Follow the steps below to be a Swim or Dive Buddy:

1. In Team Unify, under Team Events, select Swim & Dive Buddies 2025; Edit Commitment; select your swimmer as “Yes, please sign up for this event”; Save Changes.
2. Under Team Events, select event name Swim & Dive Buddies 2025; scroll down to Forms/Documents; click on “About Me” Form; print the form, and have your swimmer or diver fill this out.
3. Place the forms in the C. Grady family folder in the file cabinet located in the breezeway at the pool by June 5th .



You must commit “Yes” in Team Unify AND fill out the swim/dive buddy About Me form. Registration and Forms are due June 5th. Swim & Dive Buddies will be paired by June 8th, and your swim/dive buddy’s About Me form will be placed in your family folder. If you do not have a family folder, your swim/dive buddy’s form will be in the C. Grady folder after June 8th .

Be prepared to meet your swim buddy at the first dive meet on June 13th, or the first swim meet on June 14th. These are “away” meets. Buddies are paired within the same team (e.g. swim team or dive team).

Swim & Dive Buddies exchange encouraging notes, snacks, treats, etc. at swim or dive meets. This year we will also have Swim-O-Grams at home home meets for purchase, a great way to cheer on your buddy and support Second Harvest! Check the About Me form for more ideas!

We understand that families are busy during the summer months! Being a Swim/Dive Buddy is a commitment for the entire swim & dive season. This activity may not be the right fit for your family if: If your swimmer/diver cannot attend any meets or if your family has other commitments during the season that would prevent your swimmer/diver from participating fully as a Swim & Dive Buddy.