



EMERGENCY PLAN:

In the event that a medical or weather emergency occurs during practice or swim meets, it is imperative that we assist impacted individuals by creating the best possible access for EMS personnel as well as efficient evacuation of the pool deck. The following protocol offers guidelines that should be followed in the case of such an emergency:

Prior to the meet:

- During the volunteer/officials meeting, the meet director will review the basic evacuation procedures - EMS enters through the back gate (the clubhouse parking side of pool) while spectators should be encouraged to quickly leave through the entry gates
- The head coach will make certain to brief and/or remind other coaches of emergency plan and procedures - coaches should know at all times the location of all safety equipment
- This emergency plan will be posted on the team website.

During an emergency:

- Once an emergency is identified the starter will announce such and repeat deck evacuation routes - he/she will encourage everyone to leave non essential personal belongings behind
- **Deck Evacuation**
 - EMS personnel will enter the pool from the clubhouse parking lot through the back gate which should remain unlocked during meets and practices
 - Spectators will be asked to leave quickly through the gates leading to the grassy areas where they should congregate until notified that all is clear
 - Swimmer coaches will help with the 6 and under swimmers - herding them to the concrete area just outside the gate waiting with them until a parent or guardian has come to get them.
 - Those allowed on deck during the emergency will typically include meet director, lifeguards, coaches certified in first-aid, CPR etc., family of individual/s impacted by the emergency and spectators with advanced medical training and other board members or officials as requested
 - The closest and/or most available Palomar board member or coach will open the back and meet EMS officials so as to direct them to the pool and injured individual/s. All gates must be unlocked prior to practice and meets by the lifeguards.
 - IF pool management lifeguards are the first to respond to an emergency - Palomar coaches and board members will allow the lifeguards to carry out their pool management safety procedures. Coaches with lifeguard/first-aid/CPR certifications may assist if asked to do so by a pool management lifeguard
 - IF a Palomar coach is the first to respond to an emergency, the Palomar coaching staff will remain in charge of the situation with the head coach guiding/directing others. Rescue procedures will begin until EMS personnel arrive or someone with advanced medical training steps in to assist
 - Once the emergency has been resolved, the starter may announce that spectators are able to return to the deck where further instructions as to canceling or continuing the meet will be provided. Additional communication could come in the form of PST's text alert system.