

# Maple Hills Marlins Parent Meeting

Welcome Returning and New Families!

April 29, 2024



# Today's Agenda

- Introductions
- Financials
- Fundraising
- 2023 Survey Results
- New Families
- Big Buddy/Little Buddy
- League & Season Schedule
- Practice Schedule and Logistics
- Volunteering
- Special Technical Clinics
- Meet Logistics
- Swimsuits
- Picnic / Awards
- Action Items
- Info and Communication

# Introductions

## Board of Directors

- Philip Guy - President
- Chris Fryar - Vice President
- Stacey Field - Treasurer
- Christina Park - Secretary
- Julie Alexander
- Jessica Howe
- Jennifer Hughes
- Cristina Vovakes
- Monique Klein
- **Open**
- **Open**

## Coaches

- Lily Stempson - Head Coach
- Sienna Baird - Asst. Coach
- Andie Moon - Asst. Coach

# Financials

- Entering the season with a strong balance sheet
  - 22YE net income \$19,869 vs 23YE net income \$24,089
  - Our annual operating budget is approximately \$38K
- Fundraising efforts were able to counteract rising costs and will continue to help counteract rising costs
  - Fundraising including Snack Shack, Movie Nights, Raffle Nights, Mile Swim and Thunderbirds events
  - Cost of pool use continues to go up due to operating costs going up (chlorine, maintenance)
  - Midlakes per swimmer cost increased in 2024
- Copy of budget available for review / questions after the meeting or by email
  - Motion to approve 2024 Summer Season budget

# Fundraising - On Going Programs

These programs keep our registration fees low.

- ☐ Teamwear - Website open now! Will also discuss later in presentation..
- ☐ Corporate Matching - *potential of thousands \$\$\$ from corporate matching!*
  - ☐ Contact the Marlins Treasurer for help getting your hours submitted for matching
  - ☐ Please check with your employer to see if they have a Corporate Matching program for volunteering for a 501(c)3 organization.
- ☐ Concessions - The Snack Shack
  - ☐ This is a big part of our fundraising efforts with a target of \$9,200 for 2024!
    - Save the cooking, buy a yummy meal and help support your kiddos!

Maximize your impact



with a matching gift!



# Fundraising

## ❑ TIME TRIALS RAFFLE

- ❑ Prime parking - 5 days, Deck spot - 5 days, 1-1 coaching - 3, 30 min sessions!  
\$1 tickets!



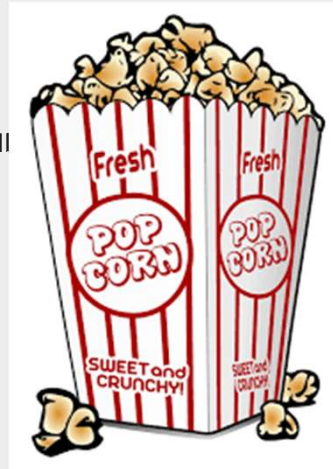
- ❑ **Off Season Thunderbirds Game** - GREAT opportunity to raise a lot of money - ticket sales may start as early as July for December game. Last year 16 families sold 146 tickets raising \$3,212 for the team!!

## ❑ Movie Nights!

Saturday June 1

Wednesday July 1

Friday July 12



# Fundraising focus:

## *THE MILE SWIM - FRIDAY JULY 12!!!*

\$10 registration to commit for this fun-filled event! PLEASE REGISTER EARLY so we can accurately order medals and shirts!

Registration includes morning pastries and refreshments, t-shirt for tie dye station, timed finish certificate, finisher medal, and pizza party/open swim from 12-1pm!

We've already started requesting donations for this event! Please come over and let's talk about what types of prizes you would like to see that day! Or if you know a particular business we should get in contact with please let me know!

**Last year 43 participants raised over \$7,500!**

Please remember if your kiddo might not be able to we still encourage participation.

It's a fun day at the pool to swim the mile - OR YOUR BEST - and have fun with your teammates!

Please remember we are a non profit. ALL monies raised goes back to the Marlins swim club for your kiddos. Money raised for this event (and all fundraising) will be used to focus on our current team needs including but not limited to the general team operating fund, materials, scholarships, team enrichment (fun Fridays, pool parties, mile swim, etc).

*Register Today!!! (See Julie at fundraising table)*

# New Families

- Liaison provides support for new Marlins families
- Email updates and information as needed throughout the season
- Help with any questions you may have about the swim team
- Check in with new families at the first few meets to make sure everyone has what they need
- Available for help any time throughout the season; at meets, by phone, or email - JUST ASK!
- Website Documents - Parent Handbook/Swim Meet 101/Quick Reference Guide/Helpful Videos
- Contacts
  - Monique Klein [moniquelklein@hotmail.com](mailto:moniquelklein@hotmail.com)
  - 425-301-5861



# Big Buddy / Little Buddy

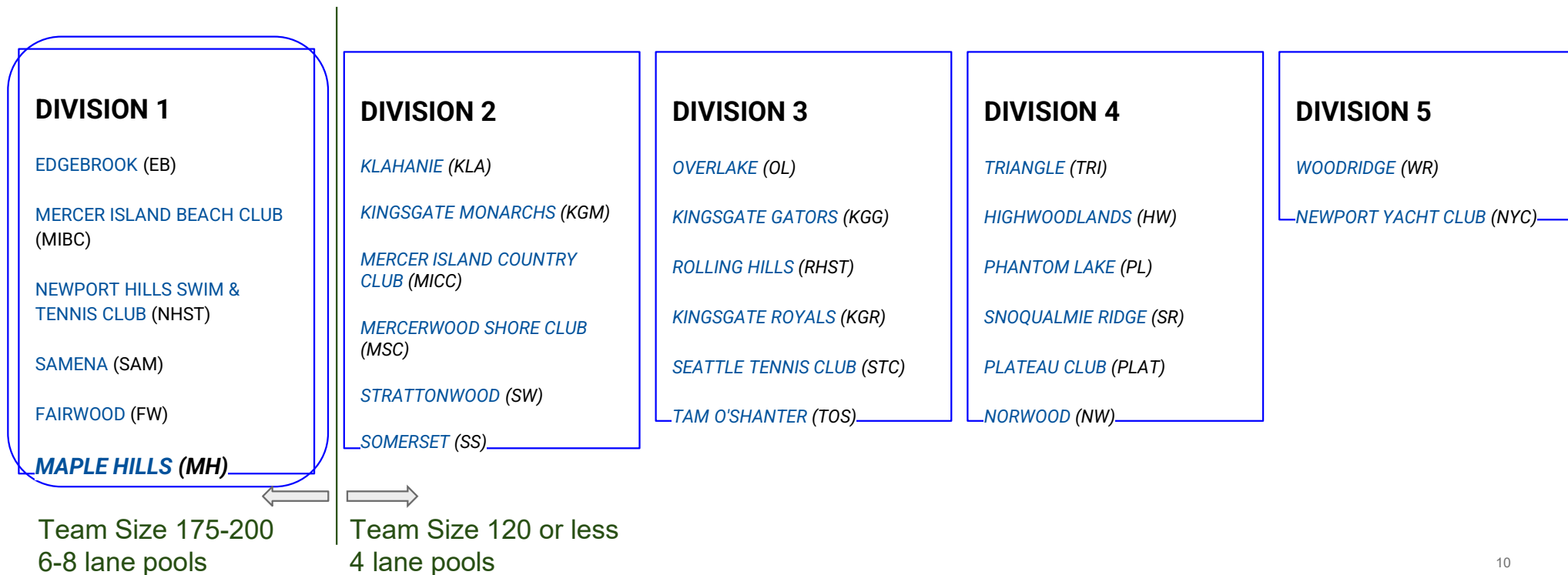
## Website Link

- **What is a Big Buddy?**
  - A Big Buddy is a 15 & Over swimmer who desires to mentor a first year 8 & Under Swimmer - "Little Buddy". Big Buddies cheer for their Little Buddies during swim meets and are role models who demonstrate a positive attitude and good sportsmanship.
- See Jennifer Hughes at table later to sign up to be a Big Buddy!!
  - Big Buddies will be asked to Sign Up & complete an Agreement Form
- Big Buddies receive High School Volunteer Hours!!
- Please sign up by Friday, June 7th to be included in the Program
- Please Contact Big Buddy Coordinator, **Jennifer Hughes** [jgoody5@hotmail.com](mailto:jgoody5@hotmail.com) with questions.

# 2024 Midlakes Swim League



*We have been confirmed to stay in Division I*



*Big Meets and More Competition!*

# 2024 Marlins Season Schedule

<b>May 20 - 24</b>	<b>Preseason Clinic</b>	<b>July 2</b>	<b>Meet – Away @ Samena B</b>
May 28	After School Practice Begins	July 4	<i>No practice</i>
<b>June 13</b>	<b>Meet - Time Trials</b>	<b>July 5</b>	<b>Meet – Home with Samena A</b>
June 14	Special Clinic #1 with Milo	<b>July 9</b>	<b>Meet – Away @ M.I. Beach Club B</b>
<b>June 18</b>	<b>Meet – Home with Fairwood B</b>	<b>July 11</b>	<b>Meet – Home with M.I. Beach Club A</b>
June 19	Morning Practice Begins	July 12	Mile Swim
<b>June 20</b>	<b>Meet – Away @ Fairwood A</b>	<b>July 16</b>	<b>Meet - Away @ Edgebrook A</b>
June 21	Special Clinic #2 with Milo	<b>July 18</b>	<b>Meet - Home with Edgebrook B</b>
<b>June 22</b>	<b>Optional - Distance meet (200/500) at Newport Yacht Club</b>	<b>July 23</b>	<b>A-Champs Distance Meet @ Newport Hills</b>
<b>June 25</b>	<b>Meet – Home with Newport Hills B</b>	<b>July 27</b>	<b>B Champs – Division Championship - Practices continue through 7/26</b>
<b>June 27</b>	<b>Meet – Away @ Newport Hills A</b>	<b>July 28</b>	<b>A Champs – League Championship - Practices continue through 7/26</b>
June 28	Team Pictures (TBD)	July 30	Picnic / Party

# 2024 Practice Schedules

## Pre-Season Clinic

Afternoon Practice Schedule Starting May 28 – June 18		
Age Group	Daily (M, T, Th, F)	Daily (Wed)
<b>8 &amp; Under</b>	4:45 PM - 5:45 PM	3:45 PM - 4:45 PM
<b>10 &amp; Under</b>	5:30 PM - 6:30 PM	4:30 PM - 5:30 PM
<b>12 &amp; Under</b>	6:15 PM - 7:15 PM	5:15 PM - 6:15 PM
<b>14 &amp; Under</b>	7:00 PM - 8:15 PM	7:00 PM - 8:15 PM
<b>15 &amp; Over</b>	3:45 PM - 5:00 PM	6:00 PM - 7:15 PM

## During School

Afternoon Practice Schedule Starting May 28 – June 18		
Age Group	Daily (M, T, Th, F)	Daily (Wed)
<b>8 &amp; Under</b>	4:45 PM - 5:45 PM	3:45 PM - 4:45 PM
<b>10 &amp; Under</b>	5:30 PM - 6:30 PM	4:30 PM - 5:30 PM
<b>12 &amp; Under</b>	6:15 PM - 7:15 PM	5:15 PM - 6:15 PM
<b>14 &amp; Under</b>	7:00 PM - 8:15 PM	7:00 PM - 8:15 PM
<b>15 &amp; Over</b>	3:45 PM - 5:00 PM	6:00 PM - 7:15 PM

## Summer

Morning Practice Schedule Starting June 19 – July 26	
Age Group	Daily (Mon - Friday)
<b>8 &amp; Under</b>	8:45 AM - 9:45 AM
<b>10 &amp; Under</b>	9:30 AM - 10:30 AM
<b>12 &amp; Under</b>	10:15 AM - 11:15 AM
<b>14 &amp; Under</b>	6:45- AM - 8:00 AM
<b>15 &amp; Over</b>	7:45 AM - 9:00 AM

***Go to Coaches/Captains Table for more info***

# Volunteering

- ***We are 100% run by volunteering!***
- Volunteer signups are through Team Unify
  - See video - [Maple Hills Marlins : HowTo Volunteer Signup \(Video help\) \(teamunify.com\)](#)
- Date will be announced when signups are open - *May*
  - New families get first pick of jobs, then open to all.
  - ***Sign up early!***
- Each family **required** to sign up for a set number of volunteer “tasks”. \*\*
- Task descriptions are on Teamunify site; [Maple Hills Marlins : Meet Volunteers \(teamunify.com\)](#)
- Please contact our Volunteer Coordinator **Jessica Howe** or any Board member with questions
- Committee Chair opportunities (satisfies season’s volunteer requirements)
- ***Your participation is crucial – and very appreciated!***

## **\*\* Food task items\*\***

When signing up for the food, drinks and condiments **please ensure you are purchasing the correct size and quantities.** When we create our menus we have specific sizes, products and quantities priced and in the computer cash register.

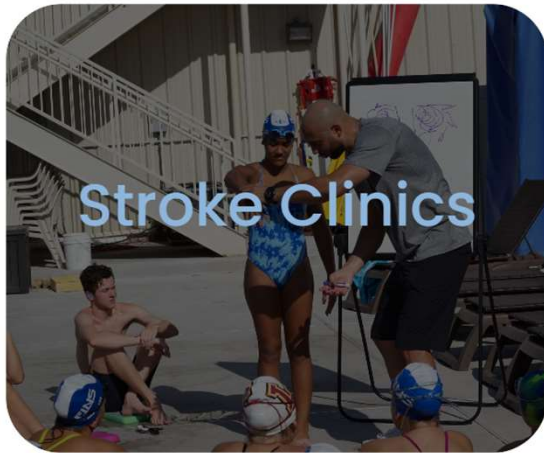
*eg; 1oz instead of 1.5 oz chips, wrong size drinks, wrong size or different candy, etc.*

The size and item quantities are posted online under job volunteers but PLEASE if you are unsure or would like clarification contact Jessica Howe

***We are running  
big meets this  
year!***

**Technical Clinics**  
**Milo Cavic - Olympic Silver Medalist**  
[swimwithmilo.com](http://swimwithmilo.com)

- Two Special Fun-Friday 3-hour technical clinics replacing practice.
- Aimed at 11 and up age. *(possibly, selected 9-10 if room)*
  - Clinic Groupings
    - 15&up 4/lane total 16 swimmers – 1 hour
    - 13&up 4/lane total 16 swimmers – 1 hour
    - 11&12 5/lane total 20 swimmers – 1 hour
  - Sessions – 3, 60 minute
    - #1 Friday 6/14 5:30pm to 8:30pm (we'll have to adjust practice times)
      - Covers **two strokes** (ie. free& breast) – 30 mins each
    - #2 Friday 6/21 – morning practice 7am-10am – move littles later (10am)
      - Covers **Starts and Turns** – 30 mins each
  - Pricing - \$40 per swimmer
    - 52 swimmers maximum



## About Me

My name is Milorad ("Milo", pronounced Mee-low) Cavic and I'm an Olympic silver medalist, former world champion, and 3x world record holder! During my 19-year career, I participated in 4x Olympic games (2000-2012), 5x World Championships, 9x European championships, US National Championships, and NCAA Championships, at all of which I've won multiple medals and been crowned champion, except for that one time that "almost" resulted in Olympic gold! ... But that's an interesting story for another time!

[Learn More](#)



# Meet Logistics

- June 13th (Thursday): Time Trials
- June 18th (Tuesday) Dual Meets Begin (Home with Fairwood)
  - Back to Normal! Tuesdays and Thursdays - one home, one away for 5 weeks
- Plan on having your swimmer at the pool by 4:30PM. *Usually finish 8:30-9:00pm*
- No specific Covid protocols
- Same observation method as last year; no tents on deck; observe your swimmer and go back to your spot outside the fence. **NO PHOTOS BEHIND BLOCKS!!** see *Safesport*
- Snack Shack; hamburgers, walking tacos, candy, chips, sodas, open on deck ~5pm (food task items due at 4:30)
- Warm-ups start at 4:15PM
- Meet starts at 5:30 PM

New Hytec meet and Dolphin timing systems.

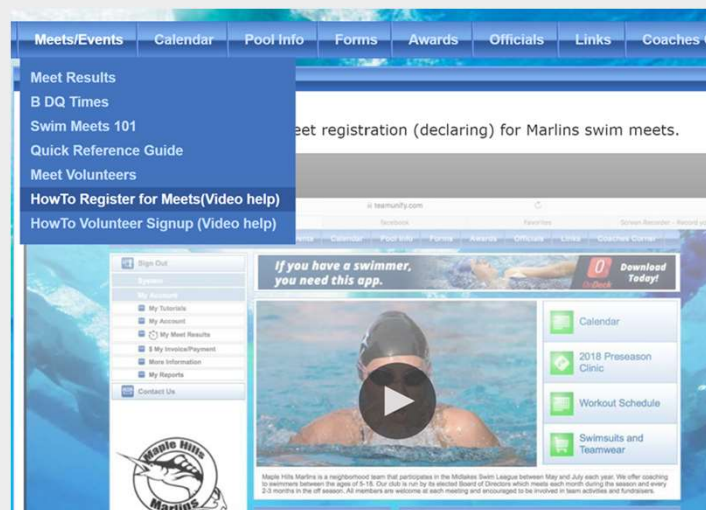
More to come on available tracking

app Meet Mobile

## How to Sign Up

- Video Tutorial
- Meets/Events
- **How-to Register**  
for Meets -  
[Website Link](#)

**Swim Jargon** - see website for  
BDQ, A / B meets, Champs, etc.





# Marlins Official Team Suits

*Suit vendor and team store hosted by SwimOutlet.com - nation's largest team swimwear supplier*

- [www.swimoutlet.com/collections/maplehillsmarlins](http://www.swimoutlet.com/collections/maplehillsmarlins)
- 2024 season team suits selected by Marlins captains.
- Suit pricing ranges \$25-\$30 with our Marlins SwimOutlet+ Premier Membership (Free this year to Marlins families - savings and perks for suits, gear and shipping!) **BE SURE TO ORDER THROUGH MARLINS TEAM STORE SITE!**
  - Some swimmers prefer (2) suits, one for practice and **one for meets**. Each swimmer will be provided 1 Marlins team cap - free.
- The Marlins receive 5% fundraising on each order placed through our team store site.
- **Order by May 5th to receive suits by preseason clinic. Order by May 12 to receive suits by first practice.**
- **Need suit fitting with official suit kits?** Marlins/contact [chrisfryar@comcast.net](mailto:chrisfryar@comcast.net) put "Marlins Suit" in subject line; SwimOutlet Questions - contact through website



*Sporti brand: "Catalyst" blue competitive suit*

# Our Marlins Family Picnic and Awards

- **The 2024 Picnic will be held on Tuesday July 30, 2024**
  - Every year we get together to celebrate our Maple Hills Marlins at the annual End of Season Picnic & Awards Ceremony! This will be a potluck.
  - The Coaches will share season highlights and present age group awards.
  - The senior college scholarship and other team awards will also be presented.
  - **The famous year-end Marlins Pool Party!**
- **Family Meeting - happens during the Family Picnic**
  - Vote on new board members (2 exiting)
  - Vote on bylaw amendments
  - Review financials
  - Season overview

# Action Items for Parents:

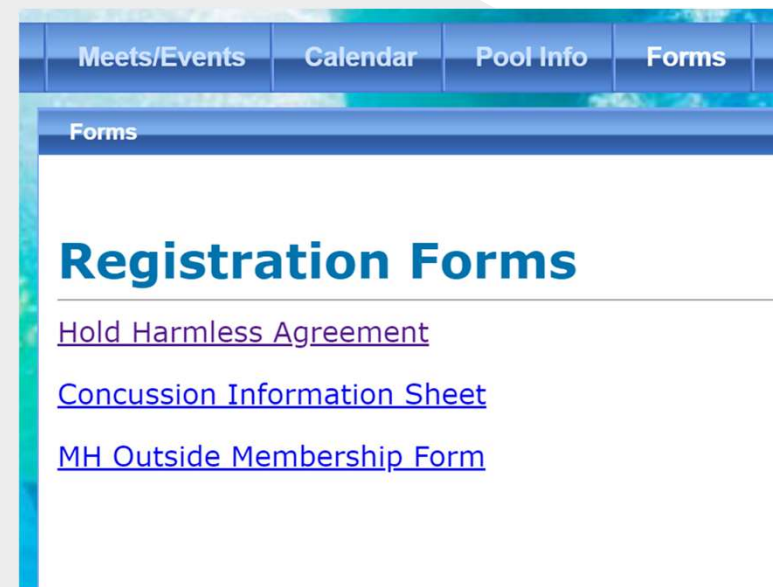
## Forms

Complete and sign your registration forms tonight with Cristina Vovakes at the registration table or submit to [MarlinsForms@outlook.com](mailto:MarlinsForms@outlook.com) .

- Hold Harmless Agreement
- Concussion Forms

## SafeSport Training

This is a league required training for all board members, coaches, parents, and swimmers to complete. ***We will email out a club-specific link once it is available from Midlakes Swim League.***



## Completing SafeSport Training



SafeSport Training is a Midlakes Swim and Dive League requirement for all coaches and as of 2021 is also required for all athletes and volunteers.

<https://www.athletesafety.org/training/index>

The training sessions are a combination of videos, quizzes, and exercises that are age appropriate. There are a variety of topics covered in each course including bullying, discipline, safety, and inappropriate behavior between athletes as well as between coach and athlete. Families with young athletes will find that by attending the courses together you can engage in some excellent conversations about all sports, not just summer Swim and Dive league.


# Some Terms

**A Meet or B Meet** - Think Varsity / Jr. Varsity

**A-Champs / B-Champs** - 2 Championships so all get the great experience in a competitive venue

See our website for more;  
[Maple Hills Marlins : Swimming Jargon](http://www.teamunify.com)  
([teamunify.com](http://teamunify.com))

https://www.teamunify.com/SubTabGeneric.jsp?team=recmsmhmw&\_stabilid\_=214560




## Swimming Jargon

**DQ:**  
Sadly, this means your child has been disqualified in the event. PLEASE don't let your child get too upset, it happens so often. Swimming is a very technical sport & the coaches will spend an enormous amount of time teaching the swimmers what is the correct & 'legal' stroke technique. PLEASE just ensure they learn from the mistake & aim to not make the same mistake again. An example of a DQ could be an incorrect race finish or an 'illegal' stroke technique.

**BDQ or A-Qualify:**  
The easiest way to think of this is "A-Qualify" time. This is a time standard that if the swimmer beats this time they are qualified to swim the event at the A Championship meet.

It essentially means a swimmer is too fast. That sounds strange but remember we want to give B swimmers a chance to win, so there is a cut off time, if a swimmer is in a 'B' event swims an 'A' time they are disqualified & the team won't win any points. BDQ / A-Qualify times can be found on our website if your child is interested in chasing their 'A' time!



## '22 A-Qualify Times

No.	Gender	Age	Event	A-Qualifying
1	Girls	12&U	200 Yard Freestyle	03:00.5
2	Boys	12&U	200 Yard Freestyle	03:08.2
3	Girls	13-14	200 Yard Freestyle	02:56.9
4	Boys	13-14	200 Yard Freestyle	02:40.1
5	Girls	15&O	200 Yard Freestyle	02:43.8
6	Boys	15&O	200 Yard Freestyle	02:31.7
7	Girls	8&U	100 Yard Medley Relay	01:50.0
8	Boys	8&U	100 Yard Medley Relay	01:55.0
9	Girls	9-10	100 Yard Medley Relay	01:26.4
10	Boys	9-10	100 Yard Medley Relay	01:32.0
11	Girls	11-12	200 Yard Medley Relay	02:46.1
12	Boys	11-12	200 Yard Medley Relay	02:45.0
13	Girls	13-14	200 Yard Medley Relay	02:29.1
14	Boys	13-14	200 Yard Medley Relay	02:21.1
15	Girls	15&O	200 Yard Medley Relay	02:20.8
16	Boys	15&O	200 Yard Medley Relay	02:05.1
17	Girls	10&U	100 Yard IM	01:39.7
18	Boys	10&U	100 Yard IM	01:41.4

# Information / Communication

- Marlins on Teamunify.com  
<https://www.teamunify.com/Home.jsp?team=recmsmhwa>
- Maple Hills Marlins Website
  - <http://www.maplehillsmarlins.com/>
- Parent Communication
  - Email
- Coaches Contact
  - [coaches.maplehillsmarlins@gmail.com](mailto:coaches.maplehillsmarlins@gmail.com)
- Committee Chairs
  - <https://www.teamunify.com/SubTabGeneric.jsp?team=recmsmhwa&stabid=114630>

This presentation will be posted to our Teamunify website

***HEAD TO THE TABLES, ASK QUESTIONS AND HAVE FUN!!!***