

# SWIM KIT JARGON

## EVERYDAY SWIM KIT



Swim Cap & Goggles



**WATER!!**

Swimsuit



Towel



Deck coat can be useful  
(Not required)

## TRAINING KIT



Pull Buoy



A training aid to improve arm technique

Provided by the pool



Kick Board



A training aid to improve leg technique

Provided by the pool

## MEET KIT



Swim Cap & Goggles  
Spares are also useful!



Spare swimsuit  
Can be useful



Camping Chairs



Picnic Blanket



Sharpies!



LOTS of towels



Pop up tent can be useful  
(Not required)