

## How to Access the Required Training For The Club at Snoqualmie Ridge

### Sign In or Create an Account:

1. If you do not already have a SafeSport training account, go to:  
<https://safesporttrained.org?KeyName=FSMIDLAKEstheclubatsnoqualmieridge>
2. Select **Enrollment Key** on the landing page and enter the following key where it says “key name”: **FSMIDLAKEstheclubatsnoqualmieridge** (This will ensure your training is linked to The Club at Snoqualmie Ridge).
3. Fill in the required information to sign up. You will not have a Member ID #, so can ignore this. Enter **Midlakes** as the “Name of Sport or Community Organization”. Your “Role” is explained below:
  - Athlete/Participant: **SafeSport for Kids (Ages 12 and Under)**  
**SafeSport for Youth Athletes (13 and Over)**
  - Parent/Volunteer: **Parents guide to Misconduct in Sport**
  - Coach: **SafeSport Trained**
  - Swim Team Board Member: **Safesport for Volunteers Abuse Awareness and Prevention**
3. Once your info is entered correctly, click the light blue “**Sign Up**” button at the bottom of the web page.
4. From the Welcome page, select “**Catalog**” near the center of the page.
5. From the Catalog, select the appropriate training as detailed above by clicking “**Enroll**”. From there, you can begin the online training session.

Once you have completed your training, your certificate should be saved within the SafeSport training system. You can access it at any time to print your certificate in the future if needed.

*If you have already completed SafeSport training for another sport within the U.S. Center for SafeSport system, please contact Michelle Streifel or Becky Hoiiting to provide a copy of your certificate or completion and the email address used for the Safesport account and we can link your training to the Midlakes/ The Club at Snoqualmie Ridge account.*

## **Descriptions of Training Options Available and Roles:**

### **For Swimmers (Role = Athlete):**

As a swimmer and/or participant at The Club at Snoqualmie Ridge, you are required to take one of the following trainings:

**Swimmers 12 and Under** are required to take the free 15-minute “SafeSport training for Kids” before you will be allowed to swim in practices or meets for Midlakes Swim & Dive League.

**Swimmers 13 and Over** are required to take the free 15-minute “SafeSport training for Youth Athletes” before you will be allowed to swim in practices or meets for Midlakes Swim & Dive League.

### **Parents/Volunteers (Role=Volunteer):**

As a Parent/Volunteer at The Club at Snoqualmie Ridge, you are required to take the free 30-minute “Parent’s Guide to Misconduct in Sport” before you will be allowed to swim in practices or meets for Midlakes Swim & Dive League.

### **Coaches (Role=Instructor):**

All Coaches in Midlakes are required to take the paid 90-minute “SafeSport Core Trained” before you will be allowed to swim in practices or meets for Midlakes Swim & Dive League.

The SafeSport Core Training is \$20. This course can be purchased by your Club by using the Multi-Seat Instructions document.

### **Midlakes League Board and Club Board Members (Role=Staff):**

As a Board Member at The Club at Snoqualmie Ridge, you are required to take the paid 15-minute “SafeSport for Volunteers Training” before you will be allowed to swim in practices or meets for Midlakes Swim & Dive League.

This training is \$10 and can be purchased in bulk by your Club by using the Multi-Seat Instructions document.



## GUIDE TO THE MIDLAKES SAFESPORT TRAINING

### **Q: What are the Midlakes' requirements for the Summer 2025 swim season?**

**All swimmers, parents, volunteers, coaches, board members, and TCSR staff must complete the required SafeSport training before participating in either practices and/or meets.**

**Swimmers who have not completed the training will not be admitted into practice until proof of completion is provided.** The Tiger Sharks practice schedule begins Monday, May 5.

Parents and Volunteers are required to complete the training by June 1, 2025.

**This is a Midlakes Swim & Dive League requirement and there will be no exceptions.** The goal of SafeSport is to protect our children and to promote a safe and healthy competition environment.

### **Q: How do I complete the SafeSport Training?**

Follow the instructions on Page 3 of the "*Snoqualmie Ridge Midlakes SafeSport Training Access Instructions*" document.

**It is imperative that you use the link provided in the document** to navigate to the SafeSport website and **select the appropriate Enrollment Key**. This will allow you to view the catalog of courses available for Midlakes and enables tracking and reporting of course completion for the Snoqualmie Ridge team.

### **Q: Who should be listed as the account owner?**

**In most cases, the parent will be listed as the account owner.** Most younger swimmers do not have their own email address, so their training progress will be completed under the parent's account. **Safesport does not allow you to add family members to the account.**

**Unless you create a separate SafeSport account for each swimmer in the same age group, there will only be ONE record of completed training and only ONE certificate for that specific course.** The training certificate will be listed under the account holder and will only display the name of the account holder (i.e., the Parent).

Families with multiple swimmers in the same age group, "SafeSport Kids" (12 and under) or "SafeSport Youth" (13 and older) will only have ONE training certificate per account even if 2+ swimmers participated in the course with their parents. They must contact Michelle Streifel or Becky Hoiting to document the names of all swimmers who completed the course per family.

### **Q: Which course should I complete?**

The Midlakes Catalog contains the following courses, based on your role or your swimmer's role:

- **Swimmers: Role = Athlete**
  - 12 and Under: "SafeSport Training for Kids"
  - 13 and Older: "SafeSport Training for Youth Athletes"
- **Parents/Volunteers: Role = Volunteer**
  - "Parent's Guide to Misconduct in Sports"

### **Q: How does my swimmer show proof of completion?**

The easiest way to show proof of completion is to simply download/screenshot the digital certificate to your mobile device. You may also print a copy of the certificate. Please also provide the email address used to complete the course..

**If you have swimmers assigned to different practice sessions, the certificate will need to be presented at the beginning of each session.** Again, the certificate will only display the account holder's name so you will need to let the coach or board member know which swimmer the certificate should be credited to.