

MDST: Codes of Conduct 2025

The Manteca Dolphins Swim Team (MDST) and the Mid-Valley Swim League (MVSL) have adopted codes of conduct for swimmers and parents. Your conduct in connection with our program reflects on the team as well as the community.

Manteca Dolphins Code of Ethics:

It is the duty of all members (coaches, parents, swimmers, and Board Members):

- To emphasize the proper ideals of sportsmanship, ethical conduct, and fair play.
- To eliminate all possibilities which tend to destroy the best values of swimming.
- To stress the values derived from swimming fairly.
- To show cordial courtesy to visiting teams and officials.
- To establish a happy relationship between visitors and hosts.
- To respect the integrity and judgment of swimming officials.
- To achieve a thorough understanding and acceptance of the rules of swimming.
- To encourage leadership, use of initiative, and good judgment by the members on the team.
- To recognize that the purpose of swimming (athletics) is to promote the physical, mental, moral, social, and emotional wellbeing of the individual swimmer.
- To remember that a swimming contest is only a contest, not a matter of life or death for any swimmer, coach, official, fan, family or community.

Mid-Valley Swim League Rules of Conduct for All

It is the duty of all Mid-Valley Swimmers and their families to adhere to the following:

- The conduct of the coaches, swimmers, and parents shall reflect good moral standards.
- Profanity, excessive absences, and lack of sportsmanship-like conduct must be avoided.
- No swimmer, coach or spectator shall have in his or her possession or use any alcoholic beverage or illegal substance at any practice or meet.
- No swimmer shall use or possess tobacco products at practices or meets. Spectators are encouraged to avoid their use. Smoking for all Mid-Valley Swim League participants and their families is not allowed on swim team premises, meets or functions. This includes Manteca Unified School pools and surrounding areas.
- No swimmer may swim in this league and another league at the same time. A swimmer may choose to participate with other swim programs after Championships (exception: High School Swimming and Water Polo).

Coaches Code:

- Swimming is a sport for happiness.
- The laws of swimming should be regarded as mutual agreements in the spirit and letter of which no one should try to evade or break.
- Visiting teams and spectators are honored guests.
- No advantages except those of superior skills should be sought.
- Officials and opponents should be treated with respect.
- Winning is desirable, but winning at any cost defeats the purpose of the meet.
- Support and encourage all participants equally; favoritism is frowned upon.
- In swimming, as in life, treat others as you would have them treat you.

Parent's Code - Parents should remember:

- To inform the coach and a Manteca Dolphins Board member of any limitation or disability that may affect the safety of my child or the safety of others.
- That children need more example and praise than criticism. Make your child's participation and others a positive experience.
- To support and respect coaches and officials working with my child in order to encourage a positive and enjoyable experience for all. Be kind to your child's coach and to officials.
- To treat players, coaches, fans, and officials with respect regardless of race, sex, creed, or ability, and I will ask my child to do the same.
- To demand a sports environment for my child that is free of drugs, tobacco, and alcohol, along with verbal and physical aggression. Smoking is not allowed on ANY school campus.
- To never demonstrate threatening or abusive behavior or use foul language during a youth sports event.
- To respect the property, equipment and facilities made available for use, and I will ask my child to do the same.
- That my child swims for their enjoyment and I am there to encourage and support them. I will not interfere with the coaching of my child.
- That unsportsmanlike behavior from the swimmer or me may result in being asked to leave a practice, meet or event.
- MVSL Officials, Stroke and Turn Officials, and other Meet Officials will make official decisions that you may not necessarily agree with. It is your responsibility to raise your concern with a MDST Coach or the President. You are not permitted to speak with the above officials regarding the official decision.

Swimmer's Code - ALL swimmers need to remember:

- You are a dedicated person and athlete; you will support your fellow swimmers in practice and competition. Our team shall show spirit and willingness to work together on and off the pool deck.
- Since the season is relatively short and our goals are high, you will look for ways to improve your skills and meet performances. This may take extra time and extra effort.
- Realize that the coach is designing practices so that we meet our goals. You need to realize that suggestions and corrections made to you are not to be taken negatively but should be accepted as a way in which you and your team may improve.
- To always encourage and support your team members rather than criticize them.
- To support and respect coaches, officials, and board members working with you in order to encourage a positive and enjoyable experience for all. Be kind to your coach and to officials.
- To treat teammates, coaches, fans, and officials with respect regardless of race, sex, creed, or ability.
- To demand a sports environment that is free of drugs, tobacco, and alcohol, along with verbal and physical aggression.
- To never demonstrate threatening or abusive behavior or use foul language during practice, meets, or other events.
- To respect the property, equipment, and facilities made available for use.
- That unsportsmanlike behavior from the swimmer may result in them being asked to leave a practice, meet, or event.

You will be required to follow all state and county mandated protocols due to COVID.

By signing below, WE acknowledge the expectations of US with the Code of Conduct.