

Manteca Dolphins Swim Team 2025 Parent Agreement Packet

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Title Page

Welcome to the **Manteca Dolphins Swim Team (MDST)** Electronic Registration platform for the 2025 swim season! The process is simple for both new and returning members. You'll get access to your own private account enabling you to easily declare for swim meets, sign up for jobs, see your children's swim times histories, maintain your contact information, and more.

We look forward to having you join the **Manteca Dolphins Swim Team** and are excited for another great season!

Complete	<u>Description</u>					
	Complete Online Registration o Emergency Form o MDST: Medical Release Waiver 2025 o MDST: Refund Policy 2025 o MDST: Liability Waiver 2025 o MDST: Swimmer & Parent Contract 2025 o MDST: Codes of Conduct 2025 o MDST: Parent Volunteer Commitment 2025 o MDST: Bylaws 2025 Be sure to click PAY NOW. The online registration will not collect any money.					
	2. Account will be put on Waiting for Approval.					
	 For Returning Swimmers: No tryout required. Payment window is Feb 21- Feb. 28, 2025. Must pay by Feb 28, 2025, to guarantee a spot. For New Swimmers: Try out. (Dates posted on website calendar.) If swimmer does not pass the tryout, swimmer can try out again at the next scheduled tryout. If there are no more for the season, we recommend taking swim lessons through Manteca Recreation & Community Services and trying out again next year. 					
	 For New Swimmers only: To complete registration a copy of the swimmer's birth certificate must be provided. 					
	6. Requirement for all New Swimmers and Returning Swimmers who have not paid by Feb. 28, 2025: Attend a parent meeting where you will receive a Requirement Verification Form to take to Manteca Recreation & Community Services to pay fees and complete registration.					
	7. Once we've confirmed MDST Online Registration and Payment to Manteca Recreation & Community Services, your account will move from <i>Waiting for Approval</i> to <i>Active</i> .					

MDST: Medical Release Waiver 2025

I certify that I am the parent or legal guardian of my child(ren). I hereby give my permission for any supervisor, coach or other team administrator associated with the **Manteca Dolphins Swim Team** to seek and give appropriate medical attention to my child(ren) in the event of accident, injury, illness. I will be responsible for any and all costs associated with any necessary medical attention and/or treatment.

I hereby waive, release and forever discharge **Manteca Dolphins Swim Team** and associated supervisor, coach or other team administrator from all rights and claims for damages, injury, and/or loss to person or property which may be sustained or occur during participation in **Manteca Dolphins Swim Team** activities, whether or not damages, injury and/or loss is due to negligence. I hereby acknowledge that my child(ren) is (are) physically fit and capable of participation in all Swim Team activities.

MDST: Refund Policy 2025

MDST is a non-profit organization. We keep registration costs as low as possible while offering swimmers an excellent experience. We use player registration fees to fund our operating budget, which includes coaching fees, equipment, and apparel, among other annual expenses. These costs are determined by the number of swimmers on April 1st and do not change if a swimmer leaves the team after that date. Because of this, no refunds will be given after April 1st.

By registering and paying for the season, you agree to the refund policy. Please contact our board at mantecadolphins@yahoo.com if you have any questions.

MDST: Liability Waiver 2025

By registering my child(ren) with the **Manteca Dolphins Swim Team**, I agree to participate, and/or allow my child(ren) and family members to participate, in the **Manteca Dolphins Swim Team**, and hereby release **Manteca Dolphins Swim Team**, its directors, officers, agents, coaches, and employees from liability for any injury that might occur to myself or my child(ren) and family members while participating in the **Manteca Dolphins Swim Team** program, including travel to and from training sessions, swim meets or other scheduled team activities.

I agree to indemnify and hold harmless the above-mentioned organizations and/or individuals, their agents and/or employees, against any and all liability for personal injury, including injuries resulting in death to me, my child(ren) and/or other family members, or damage to my property, the property of my child(ren) and/or other family members, or both, while I am or my child(ren) or family members are participating in the **Manteca Dolphins Swim Team** program.

Participation in the **Manteca Dolphins Swim Team** constitutes the voluntary consent of the participant or attendee: (a) to be photographed, filmed or videotaped by **Manteca Dolphins Swim Team** and/or (b) to allow the reproduction and use of all such photographs, digital images, films and likenesses for publicity purposes in publications, brochures, advertisements, promotional and marketing materials and all other media venues including the World Wide Web, all without further notice or compensation to participant or attendee who hereby releases to the **Manteca Dolphins Swim Team** all proprietary rights and copyrights in all such photographs, digital images, films and likenesses (including negatives, positives and prints) which shall be and remain the property of the **Manteca Dolphins Swim Team**.

MDST: Swimmer & Parent Contract 2025

Our ability to teach/coach your kids is directly affected by the level of experience and ability of the swimmers attending each practice. Swimmers are grouped by age in order to maximize practice's efficiency. By arriving late, complaining, or not taking practices seriously, the swimmer may compromise the efficiency of his or her group and be required to move to a different practice altogether.

Swimmer:

- 1. I will be on time to practice with the proper equipment (e.g., goggles, fins, kickboard and cap).
- 2. I will follow the coach's instructions to the best of my ability.
- 3. I will be respectful of all of my teammates.
- 4. I will be respectful of my coaches.
- 5. I understand how hard I work in practice affects how I perform in a meet.
- 6. I understand how often I attend practice affects how I perform in a meet.
- 7. I understand that I am a part of a team, and my actions impact the whole team.
- 8. I understand that there will be consequences if I do not follow the above rules.

Parents:

- 1. I will maintain a positive attitude.
- 2. I will honestly encourage and applaud the hard work of all the swimmers.
- 3. I will support all attempts to remove abusive or profane behavior around the pool deck.
- 4. I will maintain a respectful demeanor towards all officials and coaches.
- 5. I will resolve any differences I may have at a reasonable time with the MDST Board.
- 6. I will refrain from speaking badly about coaches and/or swimmers in front of other parents and swimmers.
- 7. I understand that the Manteca Dolphins Swim Team is a volunteer program, and I will assist with one week of pulling the pool covers during the season if needed.
- 8. I agree to purchase an approved team suit for my swimmer(s).
- 9. I understand that to be eligible for the MVSL Championship meet a swimmer must participate in at least two (2) individual events in at least four (4) scheduled league meets in a seven (7) meet season, or three (3) league meets in a six (6) meet season, including invitational meets but not including time trials.
- 10. I understand that participation in fundraisers is encouraged and helps generate funds for equipment, resources, and activities.
- 11. I understand that I am not permitted in certain areas on the pool deck and must stay in the area that is designated for parents.
- 12. I understand that if my swimmer scratches from events at a meet without an acceptable reason, I will be fined \$10 per event per swimmer.
 - a. Appropriate notification to <u>mantecadolphins@yahoo.com</u> only must be made by 5pm the night before the meet.
 - b. Parent and swimmer(s) must check in 45 minutes prior to the start of the meet. Failure to do so will be considered a scratch.
 - c. If a swimmer scratches a relay, they will be charged a scratch fee for all 4 swimmers in the relay.
- 13. I understand that swimming is a labor-intensive sport and that it is required for me to work a two-hour shift at all meets my child(ren) attend(s). There is no buyout option. (Refer to Parent Volunteer Commitment Section)

- 14. I agree that if I do not make my meet shift, I will be fined \$50 per shift missed. If I show up more than 5 minutes late for my job, I will be fined \$25. If I don't sign up for a job by Thursday prior to the meet, I will be charged \$50, and I will be signed up for a job.
- 15. I agree that if I do not pay my scratch or job fines at the next practice following the swim meet:
 - My Team Unify account will be suspended until paid.
 - My Swimmer will not be allowed to sign up for future events until paid.
- 16. I agree that if I am fined 3 times for not meeting my meet job obligations, or my swimmer scratches 1 or more events at 3 meets, on the 4th offense I will be charged \$250.
 - If the balance is not satisfied it will roll over to the next swim season and my account will be disabled until the balance is cleared.
- 17. I understand that a parent/guardian must be on deck with my swimmer(s) who are ages 12 and under during all swim events and practices.
- 18. I understand that if I or my swimmer does not follow these guidelines it could result in my swimmer being removed from the swim team with no refund.

MDST: Codes of Conduct 2025

The Manteca Dolphins Swim Team (MDST) and the Mid-Valley Swim League (MVSL) have adopted codes of conduct for swimmers and parents. Your conduct in connection with our program reflects on the team as well as the community.

Manteca Dolphins Code of Ethics:

It is the duty of all members (coaches, parents, swimmers, and Board Members):

- To emphasize the proper ideals of sportsmanship, ethical conduct, and fair play.
- To eliminate all possibilities which tend to destroy the best values of swimming.
- To stress the values derived from swimming fairly.
- To show cordial courtesy to visiting teams and officials.
- To establish a happy relationship between visitors and hosts.
- To respect the integrity and judgment of swimming officials.
- To achieve a thorough understanding and acceptance of the rules of swimming.
- To encourage leadership, use of initiative, and good judgment by the members on the team.
- To recognize that the purpose of swimming (athletics) is to promote the physical, mental, moral, social, and emotional well-being of the individual swimmer.
- To remember that a swimming contest is only a contest, not a matter of life or death for any swimmer, coach, official, fan, family or community.

Mid-Valley Swim League Rules of Conduct for All

It is the duty of all Mid-Valley Swimmers and their families to adhere to the following:

- The conduct of the coaches, swimmers, and parents shall reflect good moral standards.
- Profanity, excessive absences, and lack of sportsmanship-like conduct must be avoided.
- No swimmer, coach or spectator shall have in his or her possession or use any alcoholic beverage or illegal substance at any practice or meet.
- No swimmer shall use or possess tobacco products at practices or meets. Spectators are
 encouraged to avoid their use. Smoking for all Mid-Valley Swim League participants and their
 families is not allowed on swim team premises, meets or functions. This includes Manteca Unified
 School pools and surrounding areas.
- No swimmer may swim in this league and another league at the same time. A swimmer may
 choose to participate in other swim programs after Championships (exception: High School
 Swimming and Water Polo).

Coaches Code:

- Swimming is a sport for happiness.
- The laws of swimming should be regarded as mutual agreements in the spirit and letter of which no one should try to evade or break.
- Visiting teams and spectators are honored guests.
- No advantages except those of superior skills should be sought.
- Officials and opponents should be treated with respect.
- Winning is desirable, but winning at any cost defeats the purpose of the meet.
- Support and encourage all participants equally; favoritism is frowned upon.
- In swimming, as in life, treat others as you would have them treat you.

Parent's Code - Parents should remember:

- To inform the coach and a Manteca Dolphins Board member of any limitation or disability that may affect the safety of my child or the safety of others.
- That children need more example and praise than criticism. Make your child's participation and others a positive experience.
- To support and respect coaches and officials working with my child in order to encourage a positive and enjoyable experience for all. Be kind to your child's coach and to officials.
- To treat players, coaches, fans, and officials with respect regardless of race, sex, creed, or ability, and I will ask my child to do the same.
- To demand a sports environment for my child that is free of drugs, tobacco, and alcohol, along with verbal and physical aggression. Smoking is not allowed on ANY school campus.
- To never demonstrate threatening or abusive behavior or use foul language during a youth sports event.
- To respect the property, equipment and facilities made available for use, and I will ask my child to do the same.
- That my child swims for their enjoyment and I am there to encourage and support them. I will not interfere with the coaching of my child.
- That unsportsmanlike behavior from the swimmer or me may result in being asked to leave a practice, meet or event.
- MVSL Officials, Stroke and Turn Officials, and other Meet Officials will make official decisions that
 you may not necessarily agree with. It is your responsibility to raise your concern with a MDST
 Coach or the President. You are not permitted to speak with the above officials regarding the
 official decision.

Swimmer's Code - ALL swimmers need to remember:

- You are a dedicated person and athlete; you will support your fellow swimmers in practice and competition. Our team shall show spirit and willingness to work together on and off the pool deck.
- Since the season is relatively short and our goals are high, you will look for ways to improve your skills and meet performances. This may take extra time and extra effort.
- Realize that the coach is designing practices so that we meet our goals. You need to realize that
 suggestions and corrections made to you are not to be taken negatively but should be accepted
 as a way in which you and your team may improve.
- To always encourage and support your team members rather than criticize them.
- To support and respect coaches, officials, and board members working with you in order to encourage a positive and enjoyable experience for all. Be kind to your coach and to officials.
- To treat teammates, coaches, fans, and officials with respect regardless of race, sex, creed, or ability.
- To demand a sports environment that is free of drugs, tobacco, and alcohol, along with verbal and physical aggression.
- To never demonstrate threatening or abusive behavior or use foul language during practice, meets, or other events.
- To respect the property, equipment, and facilities made available for use.
- That unsportsmanlike behavior from the swimmer may result in them being asked to leave a practice, meet, or event.

You will be required to follow all state and county-mandated protocols due to COVID. By signing below, WE acknowledge the expectations of US with the Code of Conduct.

MDST: Parent Volunteer Commitment 2025

The success of the Manteca Dolphins Swim Team is based on several factors. One of the most important factors, parent participation, has been addressed by the Board of Directors and this year we have chosen to adopt a Parent Commitment with the ultimate goal in mind of 100% participation.

Each family is required to volunteer a minimum of all of the following:

- 1. Time Trials: (1) two-hour shift. This meet is used as an introduction for the swimmers and parents. The children will learn how a meet is conducted for their events. Parents will become familiar with volunteering during an actual meet. (May 10, 2025)
- 2. Invitational Swim Meets: (1) two-hour shift **per day** that your child swims.
- 3. Any League Swim Meet: (1) two-hour shift per meet.
- 4. League Championships: (1) two-hour shift per day (July 19, 2025).
- 5. One week during the season to assist in the pulling of pool covers if needed.

*Note: If your child is not swimming at a particular swim meet, you would **NOT** be required to volunteer to work at that meet.

All swim meet information and volunteer sign-ups will be available on our team site. This requirement means that you are committed to our team. You will need to log in to your account to register your child for a swim meet <u>and</u> sign up in the volunteer section. There is a variety of two-hour volunteer positions available to meet everyone's needs. Volunteer positions may vary based on our swim meet location. Should you have any difficulties please contact a board member.

Parent Meet Job Descriptions:

Certain jobs require training on-deck and/or formal training. Formal training dates will be announced.

- 1. **Colorado**: This volunteer enters information on the Colorado computer system and prints results from each heat. Works with the Starter and sits at the head table. **MUST BE TRAINED**.
- Starter: Manages swim events, including calling swimmers to the blocks, setting the swimmers, managing the starter whistle and timer plungers, and starting each heat and race. MUST BE TRAINED.
- Stroke and Turn Judge: Determines whether or not a swimmer has correctly completed the
 event stroke, turns, and wall touches. Judges are required to write disqualification slips if the
 swimmer does not swim the stroke correctly or does not touch the wall. MUST BE TRAINED.
- 4. **Announcer**: Sits at the head table and operates the Public Address (P.A.) System, announces events and heats, calls for missing swimmers, and makes general announcements during a meet. Works with Starter so there is no conflict when announcing.
- 5. **Awards/Ribbons**: Sits at the awards table and places computer-generated result labels on ribbons. Takes ribbons and places them in the appropriate team bin for pick up.
- 6. **Backup Timer:** The backup timer is responsible for starting two extra stopwatches in the event a timer misses the start of the race or their stopwatch malfunctions. One backup timer is required for dual meets, and two backup timers are required for Invitationals and Championships.
- 7. **Check-in (Events):** Sits at a table and checks swimmers in prior to their race before going behind the blocks; maintains crowd control: does not allow swimmer to enter behind the blocks until it's their turn. These volunteers will also be responsible for keeping all unauthorized swimmers and parents from entering the area behind the starting blocks.
- 8. **DQ Runner**: Collects DQ slips from Stroke & Turn Judges and gives them to Printer/Verifier after every heat.
- Head Table Floater: Works at the head table on paperwork. Delivers event sheets to Stroke/Turn, Announcer, Head Table, Starter, Timers, and Coaches. Posts results in a designated area.

- 10. **Hospitality**: Sets up and delivers snacks and refreshments to parents who are volunteering during their shift.
- 11. Lane Assistant: Stands behind the starting blocks to ensure the correct swimmers are staged for the next race in their correct lane assignments. Covers 4-5 lanes depending on pool size. Required to help with all races including the 25-yard events from the poolside opposite the starting blocks. Wears a fluorescent vest to be easily recognized by the starter when confirming if a swimmer is present or a "No Show."
- 12. **Meet Manager:** Inputs data collected from the Colorado system into the Team Manager program to run reports involving event scratches, deck seeding, and resolving any issues regarding swimmer entries. Meet Manager available for questions.
- 13. **Printer/Verifier**: This position works closely with the Starter, Colorado Operator, and Stroke and Turn. The verifier will compare the printed information from the Colorado to the results from the stopwatch timers, and check for anomalies to confirm all submitted paperwork.
- 14. Relay Chaperone: Monitors assembly of relay teams and coordinates escorts for relay teams.
- 15. **Runners-Time Sheets**: Distributes new sheets to timers before each new event, and picks up event sheets from timers in all swim lanes at the end of a heat and takes them to the head table.
- 16. **Setup and Cleanup**: Setup volunteers work with the Facilities Manager before meet to set up EZ-up tents around the pool area, Colorado System, timing system, wiring, head table, chairs, etc. Cleanup helps tear down the equipment, get it in storage, and clean up the facility after the meet
- 17. **Team Check-in Table:** Assists Parent Volunteer Coordinator with checking in swimmers and parents prior to start of meet.
- 18. **Timers:** Responsible for being at an assigned lane **ON TIME**. When a swimmer comes toward the finish, the timers must get up from their seats and move to the edge of the lane, then lean over and push the lane button (held in the hand) when any part of the swimmer touches the finish wall. One timer will also use a stopwatch and the other is responsible for writing down the time of the swimmer. Timers should confirm that the appropriate swimmer is in the correct lane, and hand out bands/ribbons to heat winners. There are two to three timers per lane. Timers are asked to refrain from using their cell phone while in this volunteer position.

Email Promo

Electronic Registration is now open! Join the fun!

Whether you're a returning family or a new family joining our team, the registration process is simple and takes only a few minutes. At the conclusion of the registration process and upon team admin approval, you will be granted access to your own private account for the team.

Your private account is your one-stop-shop for maintaining your contact information, declaring for swim meets, signing up for jobs, interactively tracking your child's times, and much more. We look forward to having you be part of our incredible swim team. Just click on the link below and you be brought directly to the registration page on our team's website.

www.mantecadolphins.com

Sincerely,

The Manteca Dolphins Swim Team Board



www.mantecadolphins.com





Success!

Your registration has been successfully processed! Thank you. If you are registering as a new Member, after your registration is approved by our team, you will receive **sign-in** instructions by email granting you access to your private online Account.

As a registered member of the **Manteca Dolphins Swim Team**, signing into your private account gives you access to job sign-ups, declaring for swim meets, and much more.

Please make sure your Manteca Recreation & Community Services payment is made. Your Account will be in "Waiting for Approval" status until we confirm payment with Manteca Recreation & Community Services.

NOTE: Estimated Expenses. (If swimmer has equipment, then subtract from Estimated total).

Estimated costs for equipment (some age groups do not require all equipment)							
Item	1st Swimmer	2nd Swimmer	3rd Swimmer	4th Swimmer			
Registration for Residents: Non-Resident fee: \$10	\$290	\$280	\$270	\$260			
Equipment (varies by gender/age)							
Team Meet Suit (Girls/Boys)	\$70/\$50	\$70/\$50	\$70/\$50	\$70/\$50			
Practice Suit (all)	\$13-\$25	\$13-\$25	\$13-\$25	\$13-\$25			
Practice Swim Cap (all with long hair must wear cap)	\$5	\$5	\$5	\$5			
Goggles (all)	\$15	\$15	\$15	\$15			
Fins - Floating/Long blade (all) Youth/Adult	\$22/\$27	\$22/\$27	\$22/\$27	\$22/\$27			
Kickboard (optional) Youth/Adult	\$12/\$17	\$12/\$17	\$12/\$17	\$12/\$17			
Estimated Total w/ Equipment	\$428	\$418	\$408	\$398			
Estimated Total w/o Equipment	\$350	\$340	\$330	\$320			

- With each paid registration each swimmer will be provided with a Team cap to wear for swim meets and an official Manteca Dolphins Team T-shirt.
- High school swimmers must qualify for championships and swim in 3 events at championships to be eligible for a \$100 reimbursement to be issued at the end of the season.