

MDST: Swimmer & Parent Contract 2025

Our ability to teach/coach your kids is directly affected by the level of experience and ability of the swimmers attending each practice. Swimmers are grouped by age in order to maximize practice's efficiency. By arriving late, complaining, or not taking practices seriously, the swimmer may compromise the efficiency of his or her group and be required to move to a different practice all together.

Swimmer:

1. I will be on time to practice with the proper equipment (e.g., goggles, fins, kick board and cap).
2. I will follow the coach's instructions to the best of my ability.
3. I will be respectful of all of my teammates.
4. I will be respectful of my coaches.
5. I understand how hard I work in practice affects how I perform in a meet.
6. I understand how often I attend practice affects how I perform in a meet.
7. I understand that I am a part of a team, and my actions impact the whole team.
8. I understand that there will be consequences if I do not follow the above rules.

Parents:

1. I will maintain a positive attitude.
2. I will honestly encourage and applaud the hard work of all the swimmers.
3. I will support all attempts to remove abusive or profane behavior around the pool deck.
4. I will maintain a respectful demeanor towards all officials and coaches.
5. I will resolve any differences I may have at a reasonable time with the MDST Board.
6. I will refrain from speaking badly about coaches and/or swimmers in front of other parents and swimmers.
7. I understand that the Manteca Dolphins Swim Team is a volunteer program, and I will assist with one week of pulling the pool covers during the season if needed.
8. I agree to purchase an approved team suit for my swimmer(s).
9. I understand that to be eligible for the MVSL Championship meet a swimmer must participate in at least two (2) individual events in at least four (4) scheduled league meets in a seven (7) meet season, or three (3) league meets in a six (6) meet season, including invitational meets but not including time trials.
10. I understand that participation in fundraisers is encouraged and helps generate funds for equipment, resources, and activities.
11. I understand that I am **not permitted in certain areas** on the pool deck and must stay in the area that is designated for parents.
12. I understand that if my swimmer **scratches from events** at a meet without an acceptable reason, I will be **finned \$10** per event per swimmer.
 - a. Appropriate notification to **mantecadolphins@yahoo.com** only must be made by 5pm the night before the meet.
 - b. Parent and swimmer(s) **must check in 45 minutes prior to the start of the meet.**
Failure to do so will be considered a scratch.
 - c. If a swimmer **scratches a relay**, they will be **charged a scratch fee for all 4 swimmers** in the relay.
13. I understand that swimming is a labor-intensive sport and that it is **required for me to work a two-hour shift at all meets my child(ren) attend(s).** There is no buyout option. **(Refer to Parent Volunteer Commitment Section)**

14. I agree that if I do not make my meet shift, I will be **fined \$50 per shift missed**. If I show up more than 5 minutes **late for my job I will be fined \$25**. If I **don't sign up for a job** by Thursday prior to the meet, I will be **charged \$50**, and I will be signed up for a job.
15. I agree that if I do not pay my scratch or job fines at the next practice following the swim meet:
 - My Team Unify account will be **suspended until paid**.
 - My Swimmer will **not be allowed to sign up for future events until paid**.
16. I agree that if I am fined 3 times for not meeting my meet job obligations, or my swimmer scratches 1 or more events at 3 meets, on the **4th offense I will be charged \$250**.
 - If the balance is not satisfied it will roll over to the next swim season and account will be disabled until balance is cleared.
17. I understand that a parent/guardian must be on deck with my swimmer(s) who are ages 12 and under during all swim events and practices.
18. I understand that if I or my swimmer does not follow these guidelines it could result in my swimmer being removed from the swim team with no refund.