



Parent Commitment

1. I will read and understand the Handbook.
2. I will ensure my swimmer(s) arrives to practice on time.
3. I will ensure my swimmer(s) is well rested, hydrated, and properly nourished at meets and practices.
4. I will declare my swimmer(s) as "In" or "Out" for each meet of the season as required by the coaching staff.
5. I will set an example of good sportsmanship through positive behavior and communication.
6. I will stay off the pool deck during practices.
7. I will not bring pets to practice nor meets nor championships.
8. I will use appropriate procedure to resolve conflicts.
9. I agree to the VOLUNTEER AND FUNDRAISING COMMITTEMENT REQUIREMENT as set forth for each season.
10. I will aim to commit my swimmer's attendance in at least 2 league meets a season.

Conflict Resolution Procedure

When a conflict arises between parents and coaches, email is the best way to communicate any concerns you may have. If you prefer to meet in person, a board member must also be present and the following steps should be taken:

1. Avoid discussing the issue with other parents or coaches on deck.
2. Schedule a specific time to meet with a coach via email with a reason for the
3. Meeting.
4. Be prepared with specific concerns and suggestions to resolve the issue.
5. If the conflict is not resolved, the parent should take the written complaint to a member of the swim team board via: SwimModestoMavericks@gmail.com