## Professional Background

- Notary Public and Loan Signing Agent since 2022
- HR Generalist and Document Control Specialist for Clark Pest Control from 2007-2021
- Lifeguard, Swim Instructor, and Pool Manager with Southgate Parks & Rec
- Private Swim Instructor

#### Swimming Background

- Piranhas Masters since 2023
- Focused on open water distance swimming since 2007
- Sheldon High Varsity Swim 4 years
- Manor Rec

### Goals for Coaching Career

- Help every swimmer strengthen their love of swimming
- Guide swimmers to new bests through hard work and positive feedback
- Challenge swimmers to push themselves

# Coaching Philosophy

• Let the pool be the place where you leave everything else that's going on at the deck. Work hard, have fun, and celebrate your success!

### **Fun Facts**

- I've been doing triathlons since 2007 and did Ironman Arizona with my dad in 2012
- I have a lot of plants....a lot
- I DIY a lot and will figure out how to fix just about anything
- I have 3 kids who will all be Piranhas this year!