

SWIMMING BACKGROUND

- 11 years of swimming on Piranhas
- 3 years of USA swim
- 2 years of varsity swim for Bradshaw Christian

GOALS FOR MY COACHING CAREER

- I want to improve swimmer's technique, starts, turns, and finishes. Along with that I want to teach discipline, goal-setting, and perseverance in and out of the pool.

COACHING PHILOSOPHY

- Set high standards for yourself to create greater opportunities for growth and achievement.
- Swimming is as much as a mental game than it is physical. So STAY focused!

FUN FACTS

- My favorite stroke is breaststroke
- I love braiding hair
- I play volleyball and basketball