

# **BUDDY PROGRAM**

**BIG BUDDY, LITTLE BUDDY PROGRAM** is an optional program all of our swimmers are encouraged to participate in. The Buddy Program focuses on team unity, spirit, and sportsmanship. The Buddy Program is about being a supportive teammate by using the three C's:

1. *Create: Write your Buddy a note, draw a picture or make them something! Use your talents to inspire your Buddy and psych them up for a great meet!*
2. *Cheer: Watch your Buddy at swim meets and cheer them on!*
3. *Congratulate: After your buddy's swim be there to tell them how great they did!*

Piranhas will organize Buddy events and activities throughout the summer at meets and practice. Buddies will be paired up as the forms come in. The program will begin in June.

If you are interested in becoming a Buddy, please fill out the attached form and drop it off at the Buddy Tent at Time Trials or return it to *Coach Brenda by Tuesday, May 16<sup>th</sup>*. For more information inquire at the Buddy Tent at Time Trials.

Little buddies are usually younger or new swimmers to the team. Big Buddies are usually older or more experienced swimmers. The Buddy Program is about meeting new people, so requests are discouraged.

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**CIRCLE ONE**—I would like to be a **BIG BUDDY** or I would like to be a **LITTLE BUDDY**

**NAME** \_\_\_\_\_

**AGE** \_\_\_\_\_

**YEARS ON THE TEAM** \_\_\_\_\_

**FAVORITE STROKE** \_\_\_\_\_ **LEAST FAVORITE STROKE** \_\_\_\_\_

**FAVORITE CANDY/SNACKS** \_\_\_\_\_

**FAVORITE COLOR** \_\_\_\_\_

**HOBBIES/INTERESTS/ACTIVITIES** \_\_\_\_\_

**ANYTHING ELSE YOU WOULD LIKE TO SHARE** \_\_\_\_\_

