

2025NIAA Regional Championship 5A - 5/6/2025 to 5/17/2025**2025 Regional Championship Southern 5A, Sanction #: 025-048****Hosted by NIAA****Results****Event 1 Girls 200 Yard Medley Relay****5A Reg 2022+: 1:48.24 ^ 5/11/2023****Coronado High School Coronado****A Schulz, A Holmes, M Hebert, R Holmes****Sunset-2018: 1:47.81 + 2014****Bishop Gorman Bisho****R Boodt, C Miller, M Maluafiti, M Geraghty****Sunrise-2018: 1:45.29 ! 2017****Green Valley Green****A Richter, C McKercher, E Clinch, V Navarro**

Team	Relay	Seed Time	Finals Time	Points
1 Coronado High School-CA	A	1:47.45	1:48.40	40
1) Pinter, Sophia E SR	2) Holmes, Addison H SR	3) Fenton, Kirra L JR	4) Carrington, Lia R FR	
26.79 57.29 (30.50)	1:24.08 (26.79)	1:48.40 (24.32)		
2 Faith Lutheran Swim & Dive-	A	1:56.00	1:51.43	34
1) Sherman, Makenna SO	2) Hillcoat, Mylie JR	3) Mudadu, Summer SO	4) Herterick, McKenna SO	
27.43 58.44 (31.01)	1:24.22 (25.78)	1:51.43 (27.21)		
3 Palo Verde High School	A	1:56.40	1:52.67	32
1) Chaffin, Leah C JR	2) Millman, Amber FR	3) Avra, Veronica J SR	4) McCarthy, Kathleen JR	
30.43 1:01.41 (30.98)	1:27.25 (25.84)	1:52.67 (25.42)		
4 Arbor View High School-CA	A	1:53.73	1:54.36	30
1) Molina, Liannah SO	2) Weigel, Katie JR	3) Kauffman, Alexandria SO	4) Britt, Asia JR	
29.39 1:02.44 (33.05)	1:28.84 (26.40)	1:54.36 (25.52)		
5 Liberty HS-CA	A	1:59.07	1:55.45	28
1) Mitzel, Kendall SR	2) Fleming, Makenna FR	3) Kasden, Addison SR	4) Mitzel, Makenna SR	
29.35 1:02.62 (33.27)	1:30.49 (27.87)	1:55.45 (24.96)		
6 Bishop Gorman High School	A	2:04.28	1:55.73	26
1) De Castroverde, Ivy C	2) Herra, Juli N	3) Ceballes, Lenora N	4) Linderman, Alyssa K	
30.40 1:01.59 (31.19)	1:29.55 (27.96)	1:55.73 (26.18)		
7 Shadow Ridge HS-CA	A	2:23.75	2:08.53	24
1) Gomez-Stoia, Dezirae JR	2) Wood, Kaylee A FR	3) Lucero, Sofia FR	4) Winterbottom, Chloe SR	
34.71 1:10.24 (35.53)	1:40.79 (30.55)	2:08.53 (27.74)		
8 Desert Oasis HS-CA	A	2:15.25	2:09.71	22
1) Villeda Flores, Mary SR	2) Grobl, Ava SR	3) Oswalt, Kendall FR	4) Nichol, Kali JR	
29.38 1:07.05 (37.67)	1:39.66 (32.61)	2:09.71 (30.05)		
9 Centennial High School-CA	A	2:03.31	2:11.49	18
1) Valencia, Luci M SR	2) Kline, Izzy F JR	3) Williams, Grace M SO	4) Winfrey, Shaelyn E JR	
37.06 1:13.50 (36.44)	1:42.28 (28.78)	2:11.49 (29.21)		
10 Clark High School-US	A	2:35.15	2:28.28	14
1) Beckman, Sedona	2) Box, Isabella	3) Truong, Tiana	4) Wang, Alexis	
42.00 1:25.57 (43.57)	1:57.92 (32.35)	2:28.28 (30.36)		

Event 2 Boys 200 Yard Medley Relay**5A Reg 2022+: 1:35.41 ^ 5/11/2023****Palo Verde PALV****O Robertson, J Evans, O Carlsen, A Hernandez****Sunset-2018: 1:40.49 + 2008****Palo Verde Palo****Sirat, Miller, Priest, Sorkin****Sunrise-2018: 1:36.31 ! 2003****Boulder City Bould****Foster, Lundgaard, Broadbent, Tyler**

Team	Relay	Seed Time	Finals Time	Points
1 Coronado High School-CA	A	1:40.72	1:40.54	40
1) Oden, AJ J SR	2) Taylor, Garrett D SR	3) Itano, Dash R SO	4) Valdovinos, Troy A SR	
25.15 54.03 (28.88)	1:18.79 (24.76)	1:40.54 (21.75)		
2 Bishop Gorman High School	A	1:43.28	1:40.70	34
1) Basilio, Seth A	2) Bateman, Lewis J	3) Zachariou, Teddy M	4) Wenk, Kyle R	
25.84 53.80 (27.96)	1:18.69 (24.89)	1:40.70 (22.01)		

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Team	Relay	Seed Time	Finals Time	Points
3 Palo Verde High School	A	1:41.75	1:41.16	32
1) Keller, Preston D SR	2) Evans, Joshua JR	3) Malacaman, Carl V SR	4) Pezowicz, Wiktor JR	
27.05 54.84 (27.79)	1:19.55 (24.71)	1:41.16 (21.61)		
4 Centennial High School-CA	A	1:45.78	1:41.59	30
1) Meyer, Kenny M SR	2) Dawidian, Nick J FR	3) McDaniel, Gavin M JR	4) Woods, Aidan T JR	
26.13 54.42 (28.29)	1:19.18 (24.76)	1:41.59 (22.41)		
5 Faith Lutheran Swim & Dive-	A	1:45.50	1:44.57	28
1) Doty, Liam SO	2) Mayhew, Cole T JR	3) Lewandowski, Fred SO	4) Morgan, Jaxson FR	
29.15 57.35 (28.20)	1:22.13 (24.78)	1:44.57 (22.44)		
6 Liberty HS-CA	A	NT	1:44.58	26
1) Pittman, Ezekiel JR	2) Christopher, Robert JR	3) Martin, Reid JR	4) Parkhurst, Phoenix SR	
27.18 54.60 (27.42)	1:18.93 (24.33)	1:44.58 (25.65)		
7 Clark High School-US	A	1:51.68	1:52.54	24
1) Young, Christopher	2) Kidsom, Justin	3) Lee, Jared	4) Chen, Bryan	
30.04 1:02.91 (32.87)	1:28.64 (25.73)	1:52.54 (23.90)		
8 Arbor View High School-CA	A	1:46.55	1:54.22	22
1) Bunn, Mitchell FR	2) Delgado, Christian SR	3) Fradet, John FR	4) Walker, Theo SO	
30.88 1:01.41 (30.53)	1:29.80 (28.39)	1:54.22 (24.42)		
9 Desert Oasis HS-CA	A	2:00.59	2:00.04	18
1) Hinh, Landon SO	2) Young, Benjamin SR	3) Robinson, Reese SR	4) Baja, David SR	
28.07 1:05.71 (37.64)	1:32.55 (26.84)	2:00.04 (27.49)		
--- Shadow Ridge HS-CA	A	2:09.01	DQ	
Early take-off swimmer #3				
1) Larkin, Connor JR	2) Mersereau, Ethan FR	3) Leyva, Jordan SR	4) Nielsen, Luke SO	
32.30 1:03.88 (31.58)	1:32.72 (28.84)	DQ (23.92)		

Event 3 Girls 200 Yard Freestyle

5A Reg 2022+: 1:47.07 ^ 5/11/2023 Madeleine F Hebert Coronado
 Sunset-2018: 1:50.35 + 1985 Cheryl Simmons Bonanza
 Sunrise-2018: 1:49.34 ! 2017 Victoria Navarro Green Valley
 2:40.99 5A

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Mudadu, Summer	SO	Faith Lutheran Swim & Dive-CA	1:55.98	1:50.78 5A	20
26.11 54.07 (27.96)	1:22.47 (28.40)	1:50.78 (28.31)			
2 Schulz, Ana M	JR	Coronado High School-CA	1:53.99	1:52.92 5A	17
25.95 54.18 (28.23)	1:23.33 (29.15)	1:52.92 (29.59)			
3 Myers, Landyn	FR	Palo Verde High School	1:54.50	1:56.06 5A	16
26.34 55.37 (29.03)	1:25.71 (30.34)	1:56.06 (30.35)			
4 Zarkos, Isabella	SO	Faith Lutheran Swim & Dive-CA	1:58.64	1:57.36 5A	15
26.85 56.19 (29.34)	1:26.82 (30.63)	1:57.36 (30.54)			
5 Mitzel, Makenna	SR	Liberty HS-CA	1:57.73	1:58.79 5A	14
27.80 57.44 (29.64)	1:28.31 (30.87)	1:58.79 (30.48)			
6 DeSpain, Zoey E	SO	Coronado High School-CA	1:59.08	1:58.93 5A	13
27.87 57.92 (30.05)	1:28.90 (30.98)	1:58.93 (30.03)			
7 Weinstein, Mary	FR	Centennial High School-CA	1:59.86	1:59.30 5A	12
27.35 57.23 (29.88)	1:28.39 (31.16)	1:59.30 (30.91)			
8 Manuel, Isabella	SO	Palo Verde High School	2:00.95	2:01.57 5A	11
27.67 57.80 (30.13)	1:29.78 (31.98)	2:01.57 (31.79)			
B - Final					
9 Gooding, Emme F	FR	Coronado High School-CA	2:06.39	2:04.19 5A	9
28.73 59.08 (30.35)	1:31.66 (32.58)	2:04.19 (32.53)			

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	Name	Yr	School	Prelim Time	Finals Time	Points
10	Pittman, Alexa	SO	Liberty HS-CA	2:06.28	2:05.03 5A	7
	28.71	1:00.65 (31.94)	1:33.06 (32.41)	2:05.03 (31.97)		
11	Hagood, Angela	FR	Arbor View High School-CA	2:11.53	2:07.00 5A	6
	30.27	1:03.41 (33.14)	1:36.57 (33.16)	2:07.00 (30.43)		
12	Hale, Elizabeth C	SR	Arbor View High School-CA	2:07.07	2:07.59 5A	5
	29.90	1:02.58 (32.68)	1:35.67 (33.09)	2:07.59 (31.92)		
13	de Leon, Eliana C		Bishop Gorman High School	2:09.74	2:09.09 5A	4
	29.94	1:02.58 (32.64)	1:35.88 (33.30)	2:09.09 (33.21)		
14	Nash, Delaney A	SR	Coronado High School-CA	2:14.68	2:11.01 5A	3
	30.97	1:04.45 (33.48)	1:37.38 (32.93)	2:11.01 (33.63)		
15	Salvador, Gabriella	FR	Palo Verde High School	2:16.39	2:12.99 5A	2
	30.01	1:03.59 (33.58)	1:37.68 (34.09)	2:12.99 (35.31)		
16	Steiner, Jasmine	SO	Faith Lutheran Swim & Dive-CA	2:18.66	2:17.82 5A	1
	31.05	1:06.41 (35.36)	1:42.67 (36.26)	2:17.82 (35.15)		

Preliminaries

17	Domke-Harris, Erin	SR	Arbor View High School-CA	2:19.56
18	O'Toole, Maia	SR	Liberty HS-CA	2:20.80
19	Ward, Paige A	JR	Palo Verde High School	2:21.83
20	Edge, Lauren	JR	Liberty HS-CA	2:25.99
21	Grobl, Ava	SR	Desert Oasis HS-CA	2:26.32
22	Brough, Lila	SR	Shadow Ridge HS-CA	2:28.23
23	Fouad, Sam	SR	Arbor View High School-CA	2:30.89
24	Palmeri, Sky J		Bishop Gorman High School	2:31.01
25	Galli, Tamsen	JR	Faith Lutheran Swim & Dive-CA	2:31.49
26	Gordon, McKenna J	JR	Centennial High School-CA	2:33.02
27	Patta, Ellie		Bishop Gorman High School	2:33.68
28	Chapman, Kendra	SR	Shadow Ridge HS-CA	2:37.08
29	Montoya, Isabella C		Bishop Gorman High School	2:37.68
30	Valencia, Luci M	SR	Centennial High School-CA	2:37.89

Event 3 Girls 200 Yard Freestyle

5A Reg 2022+:	1:47.07 ^	5/11/2023	Madeleine F Hebert	Coronado
Sunset-2018:	1:50.35 +	1985	Cheryl Simmons	Bonanza
Sunrise-2018:	1:49.34 !	2017	Victoria Navarro	Green Valley
	2:40.99 5A			

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Schulz, Ana M	JR	Coronado High School-CA	1:58.55	1:53.99 q5A
	26.29	55.08 (28.79)	1:24.96 (29.88)	1:53.99 (29.03)	
2	Myers, Landyn	FR	Palo Verde High School	2:02.03	1:54.50 q5A
	26.32	55.37 (29.05)	1:25.16 (29.79)	1:54.50 (29.34)	
3	Mudadu, Summer	SO	Faith Lutheran Swim & Dive-CA	1:58.40	1:55.98 q5A
	26.53	55.32 (28.79)	1:25.75 (30.43)	1:55.98 (30.23)	
4	Mitzel, Makenna	SR	Liberty HS-CA	2:04.43	1:57.73 q5A
	27.49	56.99 (29.50)	1:27.32 (30.33)	1:57.73 (30.41)	
5	Zarkos, Isabella	SO	Faith Lutheran Swim & Dive-CA	2:09.25	1:58.64 q5A
	27.26	57.03 (29.77)	1:27.75 (30.72)	1:58.64 (30.89)	
6	DeSpain, Zoey E	SO	Coronado High School-CA	1:59.56	1:59.08 q5A
	27.96	58.23 (30.27)	1:28.78 (30.55)	1:59.08 (30.30)	
7	Weinstein, Mary	FR	Centennial High School-CA	2:08.94	1:59.86 q5A
	27.22	56.80 (29.58)	1:28.30 (31.50)	1:59.86 (31.56)	

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	Name	Yr	School	Seed Time	Prelim Time	
8	Manuel, Isabella	SO	Palo Verde High School	2:09.78	2:00.95	q5A
	27.63	57.76 (30.13)	1:29.23 (31.47)	2:00.95 (31.72)		
9	Pittman, Alexa	SO	Liberty HS-CA	2:13.12	2:06.28	q5A
	28.05	59.77 (31.72)	1:33.18 (33.41)	2:06.28 (33.10)		
10	Gooding, Emme F	FR	Coronado High School-CA	2:03.37	2:06.39	q5A
	28.92	59.53 (30.61)	1:32.34 (32.81)	2:06.39 (34.05)		
11	Hale, Elizabeth C	SR	Arbor View High School-CA	2:09.50	2:07.07	q5A
	30.00	1:02.46 (32.46)	1:35.23 (32.77)	2:07.07 (31.84)		
12	de Leon, Eliana C		Bishop Gorman High School	2:12.32	2:09.74	q5A
	29.74	1:01.93 (32.19)	1:35.79 (33.86)	2:09.74 (33.95)		
13	Hagood, Angela	FR	Arbor View High School-CA	2:17.85	2:11.53	q5A
	30.62	1:04.58 (33.96)	1:39.01 (34.43)	2:11.53 (32.52)		
14	Nash, Delaney A	SR	Coronado High School-CA	2:11.96	2:14.68	q5A
	31.86	1:05.52 (33.66)	1:39.72 (34.20)	2:14.68 (34.96)		
15	Salvador, Gabriella	FR	Palo Verde High School	2:15.72	2:16.39	q5A
	28.43	1:02.95 (34.52)	1:38.80 (35.85)	2:16.39 (37.59)		
16	Steiner, Jasmine	SO	Faith Lutheran Swim & Dive-CA	2:16.78	2:18.66	q5A
	31.53	1:06.33 (34.80)	1:42.36 (36.03)	2:18.66 (36.30)		
17	Domke-Harris, Erin	SR	Arbor View High School-CA	2:20.44	2:19.56	5A
	31.21	1:06.45 (35.24)	1:42.96 (36.51)	2:19.56 (36.60)		
18	O'Toole, Maia	SR	Liberty HS-CA	2:25.48	2:20.80	5A
	32.15	1:07.84 (35.69)	1:44.94 (37.10)	2:20.80 (35.86)		
19	Ward, Paige A	JR	Palo Verde High School	2:28.84	2:21.83	5A
	31.64	1:06.90 (35.26)	1:44.20 (37.30)	2:21.83 (37.63)		
20	Edge, Lauren	JR	Liberty HS-CA	2:26.22	2:25.99	5A
	32.43	1:08.54 (36.11)	1:47.21 (38.67)	2:25.99 (38.78)		
21	Grobl, Ava	SR	Desert Oasis HS-CA	2:23.87	2:26.32	5A
	33.45	1:10.49 (37.04)	1:48.54 (38.05)	2:26.32 (37.78)		
22	Brough, Lila	SR	Shadow Ridge HS-CA	2:33.51	2:28.23	5A
	34.00	1:10.80 (36.80)	1:49.19 (38.39)	2:28.23 (39.04)		
23	Fouad, Sam	SR	Arbor View High School-CA	2:35.43	2:30.89	5A
	34.50	1:12.21 (37.71)	1:51.70 (39.49)	2:30.89 (39.19)		
24	Palmeri, Sky J		Bishop Gorman High School	2:36.60	2:31.01	5A
	32.04	1:08.27 (36.23)	1:48.35 (40.08)	2:31.01 (42.66)		
25	Galli, Tamsen	JR	Faith Lutheran Swim & Dive-CA	2:16.84	2:31.49	5A
	32.15	1:09.04 (36.89)	1:50.59 (41.55)	2:31.49 (40.90)		
26	Gordon, McKenna J	JR	Centennial High School-CA	2:40.65	2:33.02	5A
	34.92	1:14.07 (39.15)	1:54.93 (40.86)	2:33.02 (38.09)		
27	Patta, Ellie		Bishop Gorman High School	2:39.85	2:33.68	5A
	34.21	1:13.76 (39.55)	1:55.18 (41.42)	2:33.68 (38.50)		
28	Chapman, Kendra	SR	Shadow Ridge HS-CA	2:40.33	2:37.08	5A
	33.56	1:13.72 (40.16)	1:55.73 (42.01)	2:37.08 (41.35)		
29	Montoya, Isabella C		Bishop Gorman High School	2:35.22	2:37.68	5A
	33.63	1:13.67 (40.04)	1:56.42 (42.75)	2:37.68 (41.26)		
30	Valencia, Luci M	SR	Centennial High School-CA	2:40.88	2:37.89	5A
	34.66	1:14.80 (40.14)	1:56.76 (41.96)	2:37.89 (41.13)		

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Event 4 Boys 200 Yard Freestyle

5A Reg 2022+: 1:39.20 ^ 5/11/2024 Max Carlsen

Sunset-2018: 1:40.42 + 2009 Dylan Wolf

Sunrise-2018: 1:36.77 ! 2011 Robert Hommell

PALV

Spring Valley

Green Valley

2:15.99 5A

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Carlsen, Max R	SR	Palo Verde High School	1:39.54	1:37.51 ^ 5A	20
22.77	47.33 (24.56)	1:12.44 (25.11)	1:37.51 (25.07)		
2 Esposito, Toby	SO	Coronado High School-CA	1:42.98	1:40.23 5A	17
23.66	48.78 (25.12)	1:14.39 (25.61)	1:40.23 (25.84)		
3 Valdovinos, Troy A	SR	Coronado High School-CA	1:45.47	1:43.80 5A	16
24.64	50.72 (26.08)	1:17.34 (26.62)	1:43.80 (26.46)		
4 Pittman, Ezekiel	JR	Liberty HS-CA	1:48.18	1:45.04 5A	15
24.70	51.11 (26.41)	1:18.15 (27.04)	1:45.04 (26.89)		
5 Rasmussen, Ezekiel G	SO	Centennial High School-CA	1:48.17	1:46.45 5A	14
24.65	51.58 (26.93)	1:18.89 (27.31)	1:46.45 (27.56)		
6 Itano, Dash R	SO	Coronado High School-CA	1:49.41	1:48.70 5A	13
25.49	52.95 (27.46)	1:20.77 (27.82)	1:48.70 (27.93)		
7 Fradet, John	FR	Arbor View High School-CA	1:53.84	1:53.86 5A	12
26.99	55.65 (28.66)	1:25.07 (29.42)	1:53.86 (28.79)		
8 Dunagan, Michael M		Bishop Gorman High School	1:54.85	1:54.66 5A	11
25.17	53.83 (28.66)	1:24.25 (30.42)	1:54.66 (30.41)		
B - Final					
9 Ooi, Christopher	JR	Palo Verde High School	1:56.87	1:56.54 5A	9
26.69	55.83 (29.14)	1:26.11 (30.28)	1:56.54 (30.43)		
10 Tai, Athen	FR	Palo Verde High School	1:57.49	1:56.94 5A	7
26.50	56.19 (29.69)	1:26.88 (30.69)	1:56.94 (30.06)		
11 Went, Kellen	SO	Shadow Ridge HS-CA	1:58.96	1:58.11 5A	6
26.73	55.85 (29.12)	1:26.26 (30.41)	1:58.11 (31.85)		
12 Bunn, Mitchell	FR	Arbor View High School-CA	2:00.60	1:59.47 5A	5
27.95	58.42 (30.47)	1:29.32 (30.90)	1:59.47 (30.15)		
13 Calhoun, Ryan C	JR	Coronado High School-CA	2:01.57	2:00.73 5A	4
28.11	58.74 (30.63)	1:30.30 (31.56)	2:00.73 (30.43)		
14 Chen, Bryan		Clark High School-US	2:00.31	2:00.74 5A	3
26.84	56.65 (29.81)	1:27.98 (31.33)	2:00.74 (32.76)		
15 Hankin, Alex A	SR	Centennial High School-CA	2:00.50	2:01.16 5A	2
28.77	59.46 (30.69)	1:31.20 (31.74)	2:01.16 (29.96)		
16 Luganov, Daniel	SO	Faith Lutheran Swim & Dive-CA	2:02.34	2:02.06 5A	1
28.07	58.43 (30.36)	1:30.26 (31.83)	2:02.06 (31.80)		
Preliminaries					
1 Cabrera-Heiring, Ben		Bishop Gorman High School	2:16.67		
2 Lamb, Jayden	SR	Liberty HS-CA	2:20.01		
17 Nielsen, Luke	SO	Shadow Ridge HS-CA	2:02.87		
18 Custer, Maxwell	JR	Shadow Ridge HS-CA	2:02.97		
19 Morris, William	SO	Arbor View High School-CA	2:03.57		
20 Parkhurst, Phoenix	SR	Liberty HS-CA	2:05.43		
21 Grimmett, Dmitri	SO	Palo Verde High School	2:06.86		

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PALV

Spring Valley

Green Valley

2:15.99 5A

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
*1 Carlsen, Max R	SR	Palo Verde High School	1:44.81	1:39.54+ q5A
23.36	49.05 (25.69)	1:14.35 (25.30)	1:39.54 (25.19)	
*1 Cabrera-Heiring, Ben		Bishop Gorman High School	2:13.56	2:16.67 q
29.02	1:01.24 (32.22)	1:37.85 (36.61)	2:16.67 (38.82)	
*2 Esposito, Toby	SO	Coronado High School-CA	1:47.02	1:42.98 q5A
23.94	49.95 (26.01)	1:16.53 (26.58)	1:42.98 (26.45)	
*2 Lamb, Jayden	SR	Liberty HS-CA	2:15.83	2:20.01 q
31.20	1:05.20 (34.00)	1:42.43 (37.23)	2:20.01 (37.58)	
3 Valdovinos, Troy A	SR	Coronado High School-CA	1:43.81	1:45.47 q5A
25.22	52.25 (27.03)	1:19.28 (27.03)	1:45.47 (26.19)	
4 Rasmussen, Ezekiel G	SO	Centennial High School-CA	1:57.12	1:48.17 q5A
25.11	52.49 (27.38)	1:20.70 (28.21)	1:48.17 (27.47)	
5 Pittman, Ezekiel	JR	Liberty HS-CA	1:47.65	1:48.18 q5A
25.42	52.80 (27.38)	1:20.82 (28.02)	1:48.18 (27.36)	
6 Itano, Dash R	SO	Coronado High School-CA	1:50.89	1:49.41 q5A
25.64	53.31 (27.67)	1:21.25 (27.94)	1:49.41 (28.16)	
7 Fradet, John	FR	Arbor View High School-CA	1:57.15	1:53.84 q5A
26.93	56.07 (29.14)	1:25.38 (29.31)	1:53.84 (28.46)	
8 Dunagan, Michael M		Bishop Gorman High School	1:54.56	1:54.85 q5A
25.25	53.85 (28.60)	1:24.23 (30.38)	1:54.85 (30.62)	
9 Ooi, Christopher	JR	Palo Verde High School	1:59.35	1:56.87 q5A
26.86	56.00 (29.14)	1:26.05 (30.05)	1:56.87 (30.82)	
10 Tai, Athen	FR	Palo Verde High School	2:00.26	1:57.49 q5A
26.12	55.79 (29.67)	1:26.63 (30.84)	1:57.49 (30.86)	
11 Went, Kellen	SO	Shadow Ridge HS-CA	2:05.93	1:58.96 q5A
27.25	56.76 (29.51)	1:27.91 (31.15)	1:58.96 (31.05)	
12 Chen, Bryan		Clark High School-US	1:58.23	2:00.31 q5A
27.70	57.35 (29.65)	1:28.43 (31.08)	2:00.31 (31.88)	
13 Hankin, Alex A	SR	Centennial High School-CA	2:03.10	2:00.50 q5A
28.55	58.97 (30.42)	1:30.55 (31.58)	2:00.50 (29.95)	
14 Bunn, Mitchell	FR	Arbor View High School-CA	2:00.35	2:00.60 q5A
28.28	58.91 (30.63)	1:29.94 (31.03)	2:00.60 (30.66)	
15 Calhoun, Ryan C	JR	Coronado High School-CA	2:00.09	2:01.57 q5A
28.21	58.60 (30.39)	1:30.03 (31.43)	2:01.57 (31.54)	
16 Luganov, Daniel	SO	Faith Lutheran Swim & Dive-CA	2:04.37	2:02.34 q5A
27.88	58.36 (30.48)	1:30.47 (32.11)	2:02.34 (31.87)	
17 Nielsen, Luke	SO	Shadow Ridge HS-CA	2:09.10	2:02.87 5A
27.62	58.34 (30.72)	1:31.09 (32.75)	2:02.87 (31.78)	
18 Custer, Maxwell	JR	Shadow Ridge HS-CA	2:09.82	2:02.97 5A
27.51	57.77 (30.26)	1:30.29 (32.52)	2:02.97 (32.68)	
19 Morris, William	SO	Arbor View High School-CA	2:05.33	2:03.57 5A
27.88	59.36 (31.48)	1:31.70 (32.34)	2:03.57 (31.87)	
20 Parkhurst, Phoenix	SR	Liberty HS-CA	2:07.81	2:05.43 5A
28.34	1:00.34 (32.00)	1:32.98 (32.64)	2:05.43 (32.45)	

2025NIAA Regional Championship 5A - 5/6/2025 to 5/17/2025**2025 Regional Championship Southern 5A, Sanction #: 025-048****Hosted by NIAA****Results****Preliminaries ... (Event 4 Boys 200 Yard Freestyle)**

Name	Yr	School	Seed Time	Prelim Time	
21 Grimmett, Dmitri	SO	Palo Verde High School	2:05.93	2:06.86	5A
28.99	1:00.85 (31.86)	1:34.17 (33.32)	2:06.86 (32.69)		

Event 5 Girls 200 Yard IM**5A Reg 2022+: 2:07.92 ^ 5/11/2024 Addison Holmes****Sunset-2018: 2:04.08 + 2013 Olivia Barker****Sunrise-2018: 1:59.80 ! 2017 Abby Richter****Coronado****Durango****Green Valley****2:48.99 5A**

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Sherman, Makenna	SO	Faith Lutheran Swim & Dive-CA	2:07.78	2:06.56 ^ 5A	20
27.66	59.16 (31.50)	1:36.98 (37.82)	2:06.56 (29.58)		
2 Campbell, Amelia	SO	Arbor View High School-CA	2:12.18	2:08.50 5A	17
28.48	1:01.63 (33.15)	1:38.65 (37.02)	2:08.50 (29.85)		
3 Holmes, Addison H	SR	Coronado High School-CA	2:09.43	2:09.05 5A	16
28.03	1:00.52 (32.49)	1:37.67 (37.15)	2:09.05 (31.38)		
4 Ciobanu, Alice	SR	Coronado High School-CA	2:11.49	2:09.37 5A	15
28.24	1:01.08 (32.84)	1:39.46 (38.38)	2:09.37 (29.91)		
5 Dawidian, Maddy K	JR	Centennial High School-CA	2:12.83	2:14.23 5A	14
28.55	1:00.93 (32.38)	1:42.94 (42.01)	2:14.23 (31.29)		
6 Wendell, Brynn	JR	Palo Verde High School	2:16.80	2:15.27 5A	13
30.36	1:05.37 (35.01)	1:43.18 (37.81)	2:15.27 (32.09)		
7 Herra, Juli N		Bishop Gorman High School	2:17.65	2:15.99 5A	12
30.39	1:06.04 (35.65)	1:43.25 (37.21)	2:15.99 (32.74)		
8 Hillcoat, Mylie	JR	Faith Lutheran Swim & Dive-CA	2:17.32	2:17.52 5A	11
29.49	1:04.80 (35.31)	1:45.08 (40.28)	2:17.52 (32.44)		
B - Final					
9 Fenton, Kirra L	JR	Coronado High School-CA	2:19.79	2:17.98 5A	9
28.74	1:03.34 (34.60)	1:44.81 (41.47)	2:17.98 (33.17)		
10 Molina, Liannah	SO	Arbor View High School-CA	2:21.45	2:19.62 5A	7
30.75	1:06.06 (35.31)	1:47.74 (41.68)	2:19.62 (31.88)		
11 Ceballes, Lenora N		Bishop Gorman High School	2:23.60	2:21.47 5A	6
29.62	1:05.41 (35.79)	1:48.89 (43.48)	2:21.47 (32.58)		
12 VanderLind, Brooke	SO	Palo Verde High School	2:21.76	2:21.65 5A	5
30.03	1:07.49 (37.46)	1:48.36 (40.87)	2:21.65 (33.29)		
13 Prescott, Zealin	JR	Liberty HS-CA	2:25.55	2:23.30 5A	4
30.30	1:06.75 (36.45)	1:48.40 (41.65)	2:23.30 (34.90)		
14 Fleming, Makenna	FR	Liberty HS-CA	2:24.74	2:23.55 5A	3
31.46	1:08.51 (37.05)	1:49.40 (40.89)	2:23.55 (34.15)		
15 Lesko, Molly R	FR	Shadow Ridge HS-CA	2:24.07	2:24.34 5A	2
31.70	1:09.71 (38.01)	1:53.03 (43.32)	2:24.34 (31.31)		
16 Tomasino, Sophia	FR	Faith Lutheran Swim & Dive-CA	2:27.21	2:26.45 5A	1
32.25	1:07.69 (35.44)	1:51.53 (43.84)	2:26.45 (34.92)		

Preliminaries

17 Tveter, Layla G	FR	Coronado High School-CA	2:30.54
18 Browne, Madeleine	JR	Palo Verde High School	2:33.36
19 Williams, Grace M	SO	Centennial High School-CA	2:34.60
20 Sullivan, Abigail	JR	Faith Lutheran Swim & Dive-CA	2:39.01
21 Lucero, Sofia	FR	Shadow Ridge HS-CA	2:39.74
22 Oswalt, Kendall	FR	Desert Oasis HS-CA	2:41.16
23 Stewart, Jordyn	FR	Arbor View High School-CA	2:41.48

2025NIAA Regional Championship 5A - 5/6/2025 to 5/17/2025**2025 Regional Championship Southern 5A, Sanction #: 025-048****Hosted by NIAA****Results****Preliminaries ... (Event 5 Girls 200 Yard IM)**

	Name	Yr	School	Prelim Time	Finals Time	Points
24	Truong, Tiana		Clark High School-US	2:44.62		
25	Stewart, Callie	SO	Arbor View High School-CA	2:45.20		
26	Nakamura, Remy H	SO	Shadow Ridge HS-CA	2:47.21		

Event 5 Girls 200 Yard IM**5A Reg 2022+: 2:07.92 ^ 5/11/2024 Addison Holmes****Sunset-2018: 2:04.08 + 2013 Olivia Barker****Sunrise-2018: 1:59.80 ! 2017 Abby Richter****Coronado****Durango****Green Valley****2:48.99 5A**

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Sherman, Makenna	SO	Faith Lutheran Swim & Dive-CA	2:13.47	2:07.78 ^	q5A
	27.35	1:00.01 (32.66)	1:38.06 (38.05)	2:07.78 (29.72)		
2	Holmes, Addison H	SR	Coronado High School-CA	2:08.20	2:09.43	q5A
	28.60	1:00.26 (31.66)	1:37.45 (37.19)	2:09.43 (31.98)		
3	Ciobanu, Alice	SR	Coronado High School-CA	2:09.62	2:11.49	q5A
	28.96	1:02.54 (33.58)	1:41.36 (38.82)	2:11.49 (30.13)		
4	Campbell, Amelia	SO	Arbor View High School-CA	2:18.31	2:12.18	q5A
	28.77	1:02.46 (33.69)	1:40.09 (37.63)	2:12.18 (32.09)		
5	Dawidian, Maddy K	JR	Centennial High School-CA	2:17.69	2:12.83	q5A
	28.94	1:00.66 (31.72)	1:41.54 (40.88)	2:12.83 (31.29)		
6	Wendell, Brynn	JR	Palo Verde High School	2:26.81	2:16.80	q5A
	30.52	1:06.85 (36.33)	1:44.46 (37.61)	2:16.80 (32.34)		
7	Hillcoat, Mylie	JR	Faith Lutheran Swim & Dive-CA	2:20.39	2:17.32	q5A
	29.95	1:05.28 (35.33)	1:45.32 (40.04)	2:17.32 (32.00)		
8	Herra, Juli N		Bishop Gorman High School	2:17.97	2:17.65	q5A
	29.15	1:04.87 (35.72)	1:45.38 (40.51)	2:17.65 (32.27)		
9	Fenton, Kirra L	JR	Coronado High School-CA	2:15.65	2:19.79	q5A
	29.22	1:04.83 (35.61)	1:46.27 (41.44)	2:19.79 (33.52)		
10	Molina, Liannah	SO	Arbor View High School-CA	2:29.53	2:21.45	q5A
	31.27	1:06.30 (35.03)	1:48.66 (42.36)	2:21.45 (32.79)		
11	VanderLind, Brooke	SO	Palo Verde High School	2:28.00	2:21.76	q5A
	29.87	1:07.08 (37.21)	1:47.28 (40.20)	2:21.76 (34.48)		
12	Ceballes, Lenora N		Bishop Gorman High School	2:32.96	2:23.60	q5A
	30.11	1:05.86 (35.75)	1:51.21 (45.35)	2:23.60 (32.39)		
13	Lesko, Molly R	FR	Shadow Ridge HS-CA	2:25.53	2:24.07	q5A
	31.20	1:07.53 (36.33)	1:52.87 (45.34)	2:24.07 (31.20)		
14	Fleming, Makenna	FR	Liberty HS-CA	2:28.75	2:24.74	q5A
	31.35	1:09.77 (38.42)	1:51.08 (41.31)	2:24.74 (33.66)		
15	Prescott, Zealin	JR	Liberty HS-CA	2:25.50	2:25.55	q5A
	29.90	1:07.33 (37.43)	1:50.46 (43.13)	2:25.55 (35.09)		
16	Tomasino, Sophia	FR	Faith Lutheran Swim & Dive-CA	2:34.84	2:27.21	q5A
	32.02	1:07.21 (35.19)	1:51.73 (44.52)	2:27.21 (35.48)		
17	Tveter, Layla G	FR	Coronado High School-CA	2:29.72	2:30.54	5A
	31.67	1:10.35 (38.68)	1:56.04 (45.69)	2:30.54 (34.50)		
18	Browne, Madeleine	JR	Palo Verde High School	2:34.03	2:33.36	5A
	33.63	1:13.63 (40.00)	1:56.87 (43.24)	2:33.36 (36.49)		
19	Williams, Grace M	SO	Centennial High School-CA	2:40.84	2:34.60	5A
	30.92	1:12.30 (41.38)	1:57.43 (45.13)	2:34.60 (37.17)		

2025NIAA Regional Championship 5A - 5/6/2025 to 5/17/2025**2025 Regional Championship Southern 5A, Sanction #: 025-048****Hosted by NIAA****Results****Preliminaries ... (Event 5 Girls 200 Yard IM)**

	Name	Yr	School	Seed Time	Prelim Time	
20	Sullivan, Abigail	JR	Faith Lutheran Swim & Dive-CA	2:45.42	2:39.01	5A
	34.39	1:18.88 (44.49)	2:02.41 (43.53)	2:39.01 (36.60)		
21	Lucero, Sofia	FR	Shadow Ridge HS-CA	2:45.52	2:39.74	5A
	32.58	1:14.29 (41.71)	2:03.36 (49.07)	2:39.74 (36.38)		
22	Oswalt, Kendall	FR	Desert Oasis HS-CA	2:39.87	2:41.16	5A
	33.92	1:13.22 (39.30)	2:01.66 (48.44)	2:41.16 (39.50)		
23	Stewart, Jordyn	FR	Arbor View High School-CA	2:38.78	2:41.48	5A
	35.73	1:16.68 (40.95)	2:05.75 (49.07)	2:41.48 (35.73)		
24	Truong, Tiana		Clark High School-US	2:43.41	2:44.62	5A
	37.00	1:19.54 (42.54)	2:07.09 (47.55)	2:44.62 (37.53)		
25	Stewart, Callie	SO	Arbor View High School-CA	2:48.22	2:45.20	5A
	36.42	1:17.74 (41.32)	2:06.54 (48.80)	2:45.20 (38.66)		
26	Nakamura, Remy H	SO	Shadow Ridge HS-CA	2:44.25	2:47.21	5A
	35.20	1:17.92 (42.72)	2:06.25 (48.33)	2:47.21 (40.96)		

Event 6 Boys 200 Yard IM

5A Reg 2022+: 1:53.06 ^ 5/2022 Daniel K Toth
 Sunset-2018: 1:52.42 + 2011 Dylan Wolf
 Sunrise-2018: 1:51.08 ! 2012 Jacob Luna
 2:37.99 5A

Coronado
 Spring Valley
 Coronado

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Robertson, Owen	JR	Palo Verde High School	1:56.76	1:53.51	5A 20
	24.84	52.55 (27.71)	1:26.43 (33.88)	1:53.51 (27.08)		
2	Taylor, Garrett D	SR	Coronado High School-CA	1:58.14	1:58.35	5A 17
	25.00	55.64 (30.64)	1:31.10 (35.46)	1:58.35 (27.25)		
3	Bateman, Lewis J		Bishop Gorman High School	1:59.29	1:59.02	5A 16
	25.85	55.68 (29.83)	1:31.02 (35.34)	1:59.02 (28.00)		
4	Basil, Vincent	FR	Arbor View High School-CA	2:02.27	1:59.89	5A 15
	26.59	57.73 (31.14)	1:31.92 (34.19)	1:59.89 (27.97)		
5	Doty, Liam	SO	Faith Lutheran Swim & Dive-CA	2:00.66	1:59.92	5A 14
	26.68	58.29 (31.61)	1:31.39 (33.10)	1:59.92 (28.53)		
6	Basilio, Seth A		Bishop Gorman High School	2:01.89	2:00.42	5A 13
	26.54	56.94 (30.40)	1:33.00 (36.06)	2:00.42 (27.42)		
7	Dawidian, Nick J	FR	Centennial High School-CA	2:03.77	2:03.81	5A 12
	25.54	57.14 (31.60)	1:33.33 (36.19)	2:03.81 (30.48)		
8	Malacaman, Carl V	SR	Palo Verde High School	2:07.93	2:07.16	5A 11
	27.53	58.52 (30.99)	1:37.84 (39.32)	2:07.16 (29.32)		
B - Final						
9	Brouillette, Matteo	SO	Palo Verde High School	2:11.43	2:07.43	5A 9
	27.00	59.11 (32.11)	1:37.57 (38.46)	2:07.43 (29.86)		
10	Dickinson, Joshua R	JR	Coronado High School-CA	2:08.15	2:07.72	5A 7
	26.89	1:00.31 (33.42)	1:38.32 (38.01)	2:07.72 (29.40)		
11	Diaz, CJ		Bishop Gorman High School	2:09.82	2:07.84	5A 6
	28.00	1:01.25 (33.25)	1:37.67 (36.42)	2:07.84 (30.17)		
12	Fontilea-Moore, Joseph A	SO	Shadow Ridge HS-CA	2:09.88	2:08.16	5A 5
	27.27	59.71 (32.44)	1:39.16 (39.45)	2:08.16 (29.00)		
13	Bickler, Alex	FR	Faith Lutheran Swim & Dive-CA	2:08.51	2:08.69	5A 4
	27.89	1:00.85 (32.96)	1:38.96 (38.11)	2:08.69 (29.73)		
14	Tchobanian, Shant A	SR	Coronado High School-CA	2:14.17	2:10.26	5A 3
	27.65	1:02.09 (34.44)	1:40.96 (38.87)	2:10.26 (29.30)		

2025NIAA Regional Championship 5A - 5/6/2025 to 5/17/2025**2025 Regional Championship Southern 5A, Sanction #: 025-048****Hosted by NIAA****Results****B - Final ... (Event 6 Boys 200 Yard IM)**

	Name	Yr	School	Prelim Time	Finals Time	Points
15	Keller, Preston D	SR	Palo Verde High School	2:10.90	2:10.69 5A	2
	27.98	1:00.04 (32.06)	1:40.11 (40.07)	2:10.69 (30.58)		
16	Hinh, Landon	SO	Desert Oasis HS-CA	2:13.44	2:14.29 5A	1
	27.75	1:01.63 (33.88)	1:40.68 (39.05)	2:14.29 (33.61)		

Preliminaries

15	Chen, Bryan		Clark High School-US	2:12.73
18	Irvine, Cash M	SO	Centennial High School-CA	2:18.79
19	Schwartz, Jett C	SR	Coronado High School-CA	2:20.27
20	Nguyen, Luka A		Bishop Gorman High School	2:21.20
21	Mersereau, Ethan	FR	Shadow Ridge HS-CA	2:24.30
22	Butts, Ethan E	SO	Centennial High School-CA	2:26.70
23	Larkin, Connor	JR	Shadow Ridge HS-CA	2:29.76
24	Wong, Tristan	JR	Arbor View High School-CA	2:33.75

Event 6 Boys 200 Yard IM

5A Reg 2022+:	1:53.06	^	5/2022	Daniel K Toth	Coronado
Sunset-2018:	1:52.42	+	2011	Dylan Wolf	Spring Valley
Sunrise-2018:	1:51.08	!	2012	Jacob Luna	Coronado
	2:37.99	5A			

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Robertson, Owen	JR	Palo Verde High School	2:02.78	1:56.76 q5A
	24.66	53.61 (28.95)	1:28.60 (34.99)	1:56.76 (28.16)	
2	Taylor, Garrett D	SR	Coronado High School-CA	2:01.53	1:58.14 q5A
	25.11	55.24 (30.13)	1:30.77 (35.53)	1:58.14 (27.37)	
3	Bateman, Lewis J		Bishop Gorman High School	2:03.47	1:59.29 q5A
	25.64	54.97 (29.33)	1:30.59 (35.62)	1:59.29 (28.70)	
4	Doty, Liam	SO	Faith Lutheran Swim & Dive-CA	2:05.81	2:00.66 q5A
	26.62	58.36 (31.74)	1:31.55 (33.19)	2:00.66 (29.11)	
5	Basilio, Seth A		Bishop Gorman High School	2:07.44	2:01.89 q5A
	25.90	55.74 (29.84)	1:32.80 (37.06)	2:01.89 (29.09)	
6	Basil, Vincent	FR	Arbor View High School-CA	2:07.13	2:02.27 q5A
	26.75	58.26 (31.51)	1:33.56 (35.30)	2:02.27 (28.71)	
7	Dawidian, Nick J	FR	Centennial High School-CA	2:06.89	2:03.77 q5A
	25.38	56.91 (31.53)	1:33.45 (36.54)	2:03.77 (30.32)	
8	Malacaman, Carl V	SR	Palo Verde High School	2:14.09	2:07.93 q5A
	26.64	58.47 (31.83)	1:38.15 (39.68)	2:07.93 (29.78)	
9	Dickinson, Joshua R	JR	Coronado High School-CA	2:09.70	2:08.15 q5A
	27.56	1:01.51 (33.95)	1:38.37 (36.86)	2:08.15 (29.78)	
10	Bickler, Alex	FR	Faith Lutheran Swim & Dive-CA	2:14.14	2:08.51 q5A
	27.54	1:01.12 (33.58)	1:38.22 (37.10)	2:08.51 (30.29)	
11	Diaz, CJ		Bishop Gorman High School	2:14.97	2:09.82 q5A
	28.22	1:02.03 (33.81)	1:38.97 (36.94)	2:09.82 (30.85)	
12	Fontilea-Moore, Joseph A	SO	Shadow Ridge HS-CA	2:15.26	2:09.88 q5A
	27.25	59.93 (32.68)	1:39.98 (40.05)	2:09.88 (29.90)	
13	Keller, Preston D	SR	Palo Verde High School	2:14.12	2:10.90 q5A
	28.12	1:01.04 (32.92)	1:40.70 (39.66)	2:10.90 (30.20)	
14	Brouillette, Matteo	SO	Palo Verde High School	2:14.75	2:11.43 q5A
	28.48	1:01.26 (32.78)	1:41.11 (39.85)	2:11.43 (30.32)	
15	Chen, Bryan		Clark High School-US	2:14.64	2:12.73 q5A
	27.55	1:01.21 (33.66)	1:39.55 (38.34)	2:12.73 (33.18)	

2025NIAA Regional Championship 5A - 5/6/2025 to 5/17/2025**2025 Regional Championship Southern 5A, Sanction #: 025-048****Hosted by NIAA****Results****Preliminaries ... (Event 6 Boys 200 Yard IM)**

Name	Yr	School	Seed Time	Prelim Time	
16 Hinh, Landon	SO	Desert Oasis HS-CA	2:15.03	2:13.44	q5A
26.76	59.42 (32.66)	1:39.26 (39.84)	2:13.44 (34.18)		
17 Tchobanian, Shant A	SR	Coronado High School-CA	2:11.91	2:14.17	5A
28.34	1:04.24 (35.90)	1:43.45 (39.21)	2:14.17 (30.72)		
18 Irvine, Cash M	SO	Centennial High School-CA	2:20.78	2:18.79	5A
29.84	1:04.95 (35.11)	1:47.01 (42.06)	2:18.79 (31.78)		
19 Schwartz, Jett C	SR	Coronado High School-CA	2:20.00	2:20.27	5A
28.01	1:04.57 (36.56)	1:46.41 (41.84)	2:20.27 (33.86)		
20 Nguyen, Luka A		Bishop Gorman High School	2:21.14	2:21.20	5A
28.65	1:04.96 (36.31)	1:45.98 (41.02)	2:21.20 (35.22)		
21 Mersereau, Ethan	FR	Shadow Ridge HS-CA	2:28.68	2:24.30	5A
30.62	1:07.65 (37.03)	1:47.87 (40.22)	2:24.30 (36.43)		
22 Butts, Ethan E	SO	Centennial High School-CA	2:25.38	2:26.70	5A
30.80	1:05.82 (35.02)	1:52.44 (46.62)	2:26.70 (34.26)		
23 Larkin, Connor	JR	Shadow Ridge HS-CA	2:37.42	2:29.76	5A
31.81	1:11.24 (39.43)	1:55.61 (44.37)	2:29.76 (34.15)		
24 Wong, Tristan	JR	Arbor View High School-CA	2:35.84	2:33.75	5A
31.13	1:09.57 (38.44)	1:54.43 (44.86)	2:33.75 (39.32)		

Event 7 Girls 50 Yard Freestyle**5A Reg 2022+: 24.30 ^ 5/2024 Sienna Zauder****Sunset-2018: 23.06 + 2014 Amy Lubaway****Sunrise-2018: 23.83 ! 2004 Alyssa Cady****Arbor View****Bishop Gorman****Silverado****29.99 5A**

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Carrington, Grace M	JR	Coronado High School-CA	23.99	23.55!	5A 20
2 Zauder, Sienna	SO	Arbor View High School-CA	24.34	23.64	5A 17
3 Carrington, Lia R	FR	Coronado High School-CA	24.58	24.45	5A 16
4 Avra, Veronica J	SR	Palo Verde High School	25.51	24.98	5A 15
5 Hammer, Sophia	FR	Shadow Ridge HS-CA	25.41	25.05	5A 14
6 Wolfe, Tigerlily J	SR	Faith Lutheran Swim & Dive-CA	25.55	25.22	5A 13
7 Berkman, Brooke		Arbor View High School-CA	25.97	25.65	5A 12
8 Villeda Flores, Mary	SR	Desert Oasis HS-CA	26.01	26.16	5A 11
B - Final					
9 McCarthy, Kathleen	JR	Palo Verde High School	26.13	26.14	5A 9
10 Britt, Asia	JR	Arbor View High School-CA	26.78	26.15	5A 7
11 Hu, Kami	FR	Coronado High School-CA	26.27	26.19	5A 6
12 Johnson, Zoey	SO	Palo Verde High School	26.50	26.66	5A 5
13 Herterick, McKenna	SO	Faith Lutheran Swim & Dive-CA	27.15	27.18	5A 4
14 de Leon, Eliana C		Bishop Gorman High School	27.70	27.69	5A 3
15 Cui, Jianna	JR	Palo Verde High School	27.90	27.77	5A 2
16 Setzler, Lily A		Bishop Gorman High School	27.94	27.88	5A 1
Preliminaries					
17 Kline, Izzy F	JR	Centennial High School-CA	28.26		
18 Gaddis, Milania M		Bishop Gorman High School	28.32		
19 Gallagher, Ryley A	JR	Faith Lutheran Swim & Dive-CA	28.34		
20 Folopoulos, Anita	JR	Arbor View High School-CA	28.42		
21 Chung, Megan Y	SO	Coronado High School-CA	28.46		
22 Williams, Grace M	SO	Centennial High School-CA	28.59		

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	Name	Yr	School	Prelim Time	Finals Time	Points
23	Gwin, Isis	SR	Shadow Ridge HS-CA	28.84		
24	Winterbottom, Chloe	SR	Shadow Ridge HS-CA	28.97		
25	Winfrey, Shaelyn E	JR	Centennial High School-CA	29.06		
26	Blank, Samantha	SO	Faith Lutheran Swim & Dive-CA	29.11		
27	Khan, Olivia A	FR	Centennial High School-CA	29.42		

Event 7 Girls 50 Yard Freestyle**5A Reg 2022+:** 24.30 ^ 5/2024**Sunset-2018:** 23.06 + 2014**Sunrise-2018:** 23.83 ! 2004

29.99 5A

Sienna Zauder**Amy Lubaway****Alyssa Cady****Arbor View****Bishop Gorman****Silverado**

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Carrington, Grace M	JR	Coronado High School-CA	24.00	23.99 ^	q5A
2	Zauder, Sienna	SO	Arbor View High School-CA	24.96	24.34	q5A
3	Carrington, Lia R	FR	Coronado High School-CA	24.58	24.58	q5A
4	Hammer, Sophia	FR	Shadow Ridge HS-CA	25.25	25.41	q5A
5	Avra, Veronica J	SR	Palo Verde High School	26.91	25.51	q5A
6	Wolfe, Tigerlily J	SR	Faith Lutheran Swim & Dive-CA	25.65	25.55	q5A
7	Berkman, Brooke		Arbor View High School-CA	25.62	25.97	q5A
8	Villeda Flores, Mary	SR	Desert Oasis HS-CA	27.66	26.01	q5A
9	McCarthy, Kathleen	JR	Palo Verde High School	27.25	26.13	q5A
10	Hu, Kami	FR	Coronado High School-CA	26.43	26.27	q5A
11	Johnson, Zoey	SO	Palo Verde High School	26.50	26.50	q5A
12	Britt, Asia	JR	Arbor View High School-CA	27.04	26.78	q5A
13	Herterick, McKenna	SO	Faith Lutheran Swim & Dive-CA	27.83	27.15	q5A
14	de Leon, Eliana C		Bishop Gorman High School	28.22	27.70	q5A
15	Cui, Jianna	JR	Palo Verde High School	28.33	27.90	q5A
16	Setzler, Lily A		Bishop Gorman High School	28.62	27.94	q5A
17	Kline, Izzy F	JR	Centennial High School-CA	29.34	28.26	5A
18	Gaddis, Milania M		Bishop Gorman High School	29.38	28.32	5A
19	Gallagher, Ryley A	JR	Faith Lutheran Swim & Dive-CA	28.75	28.34	5A
20	Folopoulos, Anita	JR	Arbor View High School-CA	28.68	28.42	5A
21	Chung, Megan Y	SO	Coronado High School-CA	28.33	28.46	5A
22	Williams, Grace M	SO	Centennial High School-CA	29.25	28.59	5A
23	Gwin, Isis	SR	Shadow Ridge HS-CA	29.94	28.84	5A
24	Winterbottom, Chloe	SR	Shadow Ridge HS-CA	29.32	28.97	5A
25	Winfrey, Shaelyn E	JR	Centennial High School-CA	29.89	29.06	5A
26	Blank, Samantha	SO	Faith Lutheran Swim & Dive-CA	28.15	29.11	5A
27	Khan, Olivia A	FR	Centennial High School-CA	29.03	29.42	5A

Event 8 Boys 50 Yard Freestyle**5A Reg 2022+:** 21.30 ^ 5/2023**Sunset-2018:** 21.47 + 2008**Sunrise-2018:** 21.10 ! 2012

25.99 5A

Alessio Lucero**Jay Sirat****Thomas Meeks****Shadow Ridge****Palo Verde****Coronado**

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Pezowicz, Wiktor	JR	Palo Verde High School	22.49	21.99 5A	20

2025NIAA Regional Championship 5A - 5/6/2025 to 5/17/2025**2025 Regional Championship Southern 5A, Sanction #: 025-048****Hosted by NIAA****Results****A - Final ... (Event 8 Boys 50 Yard Freestyle)**

	Name	Yr	School	Prelim Time	Finals Time	Points
2	Lee, Calvin		Clark High School-US	22.39	22.45 5A	17
*3	Wenk, Kyle R		Bishop Gorman High School	23.01	22.75 5A	15.50
*3	Morgan, Jaxson	FR	Faith Lutheran Swim & Dive-CA	23.25	22.75 5A	15.50
5	Cardinali, Jacob E		Bishop Gorman High School	23.05	22.93 5A	14
6	Evans, Joshua	JR	Palo Verde High School	23.15	23.26 5A	13
7	Dunagan, Cian J		Bishop Gorman High School	23.11	23.41 5A	12
8	Woods, Aidan T	JR	Centennial High School-CA	23.37	23.52 5A	11

B - Final

9	Mirejovsky, Daniel W		Bishop Gorman High School	23.67	23.40 5A	9
10	York-Arevalos, Lucas	SR	Coronado High School-CA	23.52	23.77 5A	7
11	Lee, Jared		Clark High School-US	23.71	23.85 5A	6
12	Atkins, Joseph	SO	Arbor View High School-CA	24.05	23.86 5A	5
13	Ward, Brody O	JR	Coronado High School-CA	24.66	24.52 5A	4
14	Eduaful, Kobe N	SO	Coronado High School-CA	24.64	24.57 5A	3
15	Sobek, Ara D	FR	Coronado High School-CA	25.35	24.62 5A	2
16	Chen, Carl	JR	Palo Verde High School	25.18	25.25 5A	1

Preliminaries

1	Cullen, Nakoa	JR	Liberty HS-CA	26.50
17	Young, Christopher		Clark High School-US	25.62
18	Blum, Ezra	SO	Palo Verde High School	25.67
19	Delgado, Christian	SR	Arbor View High School-CA	25.70

Event 8 Boys 50 Yard Freestyle

5A Reg 2022+:	21.30	^	5/2023	Alessio Lucero	Shadow Ridge
Sunset-2018:	21.47	+	2008	Jay Sirat	Palo Verde
Sunrise-2018:	21.10	!	2012	Thomas Meeks	Coronado
	25.99	5A			

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
*1	Lee, Calvin		Clark High School-US	23.26	22.39 q5A
*1	Cullen, Nakoa	JR	Liberty HS-CA	25.86	26.50 q
2	Pezowicz, Wiktor	JR	Palo Verde High School	22.38	22.49 q5A
3	Wenk, Kyle R		Bishop Gorman High School	23.30	23.01 q5A
4	Cardinali, Jacob E		Bishop Gorman High School	23.96	23.05 q5A
5	Dunagan, Cian J		Bishop Gorman High School	23.32	23.11 q5A
6	Evans, Joshua	JR	Palo Verde High School	23.91	23.15 q5A
7	Morgan, Jaxson	FR	Faith Lutheran Swim & Dive-CA	23.00	23.25 q5A
8	Woods, Aidan T	JR	Centennial High School-CA	23.34	23.37 q5A
9	York-Arevalos, Lucas	SR	Coronado High School-CA	24.59	23.52 q5A
10	Mirejovsky, Daniel W		Bishop Gorman High School	23.84	23.67 q5A
11	Lee, Jared		Clark High School-US	23.68	23.71 q5A
12	Atkins, Joseph	SO	Arbor View High School-CA	24.02	24.05 q5A
13	Eduaful, Kobe N	SO	Coronado High School-CA	25.15	24.64 q5A
14	Ward, Brody O	JR	Coronado High School-CA	25.16	24.66 q5A
15	Chen, Carl	JR	Palo Verde High School	25.47	25.18 q5A
16	Sobek, Ara D	FR	Coronado High School-CA	25.51	25.35 q5A
17	Young, Christopher		Clark High School-US	25.81	25.62 5A
18	Blum, Ezra	SO	Palo Verde High School	25.54	25.67 5A
19	Delgado, Christian	SR	Arbor View High School-CA	25.48	25.70 5A

2025NIAA Regional Championship 5A - 5/6/2025 to 5/17/2025
2025 Regional Championship Southern 5A, Sanction #: 025-048
Hosted by NIAA
Results

Event 9 Girls 1 mtr Diving

5A Reg 2022+: 487.15 ^ 2024

Sunset-2018: 496.90 + 2018

Sunrise-2018: 520.80 ! 2017

Kacey Hu

Olivia Gordon

Mckenna Houlihan

Coronado

Bishop Gorman

Green Valley

	Name	Yr	School		Finals Score	Points
1	Benes, Bella R	JR	Centennial High School-CA	238.70	378.85	20
2	Velasquez, Ryann	SR	Palo Verde High School	330.50	368.45	17
3	Konidaris, Aspen	SO	Palo Verde High School	210.75	328.55	16
4	Nichol, Kali	JR	Desert Oasis HS-CA	137.45	240.60	15

Event 10 Boys 1 mtr Diving

5A Reg 2022+: 310.55 ^ 2024

Sunset-2018: 446.20 + 1986

Sunrise-2018: 501.85 ! 2017

Carson Field

Steen Hansen

Timothy Newton

Liberty

Western

Coronado

Name		Yr	School	Finals Score		Points
1	Field, Carson	JR	Liberty HS-CA	286.50	272.50	20

Event 11 Girls 100 Yard Butterfly

5A Reg 2022+: 56.62 ^ 5/2022

Sunset-2018: 54.78 + 2013

Sunrise-2018: 55.61 ! 2017

1:16.99 5A

Rebecca A Diaconescu

Olivia Barker

Liz Clinch

PALV

Bishop Gorman

Green Valley

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Kauffman, Alexandria	SO	Arbor View High School-CA	58.57	57.24 5A	20
27.54 57.24 (29.70)					
2 Sherman, Makenna	SO	Faith Lutheran Swim & Dive-CA	57.44	57.34 5A	17
26.98 57.34 (30.36)					
3 Avra, Veronica J	SR	Palo Verde High School	59.30	58.15 5A	16
26.95 58.15 (31.20)					
4 Manuel, Isabella	SO	Palo Verde High School	1:00.75	1:00.55 5A	15
28.20 1:00.55 (32.35)					
5 Fenton, Kirra L	JR	Coronado High School-CA	1:01.52	1:00.95 5A	14
28.78 1:00.95 (32.17)					
6 Kasden, Addison	SR	Liberty HS-CA	1:01.91	1:01.57 5A	13
29.10 1:01.57 (32.47)					
7 Ceballes, Lenora N		Bishop Gorman High School	1:04.12	1:03.06 5A	12
29.97 1:03.06 (33.09)					
8 Weigel, Katie	JR	Arbor View High School-CA	1:03.88	1:05.15 5A	11
29.92 1:05.15 (35.23)					
B - Final					
9 Gooding, Emme F	FR	Coronado High School-CA	1:04.93	1:05.52 5A	9
30.95 1:05.52 (34.57)					
10 Itano, Kailee R	JR	Coronado High School-CA	1:07.34	1:05.58 5A	7
31.18 1:05.58 (34.40)					
11 Hagood, Angela	FR	Arbor View High School-CA	1:14.38	1:06.85 5A	6
31.92 1:06.85 (34.93)					
12 Cui, Jianna	JR	Palo Verde High School	1:08.31	1:07.33 5A	5
31.07 1:07.33 (36.26)					
13 Lucero, Sofia	FR	Shadow Ridge HS-CA	1:13.13	1:10.06 5A	4
32.18 1:10.06 (37.88)					

2025NIAA Regional Championship 5A - 5/6/2025 to 5/17/2025**2025 Regional Championship Southern 5A, Sanction #: 025-048****Hosted by NIAA****Results****B - Final ... (Event 11 Girls 100 Yard Butterfly)**

	Name	Yr	School	Prelim Time	Finals Time	Points
14	Gallagher, Ryley A 33.02	JR	Faith Lutheran Swim & Dive-CA	1:13.83	1:11.19 5A	3
15	Folopoulos, Anita 32.86	JR	Arbor View High School-CA	1:14.72	1:12.42 5A	2
16	Ardine, Olivia 33.22	SR	Faith Lutheran Swim & Dive-CA	1:13.82	1:12.90 5A	1

Preliminaries

10	Tveter, Layla G	FR	Coronado High School-CA	1:07.29
13	Stovall, Bridget	SO	Faith Lutheran Swim & Dive-CA	1:11.82

Event 11 Girls 100 Yard Butterfly**5A Reg 2022+: 56.62 ^ 5/2022****Sunset-2018: 54.78 + 2013****Sunrise-2018: 55.61 ! 2017****1:16.99 5A****Rebecca A Diaconescu****Olivia Barker****Liz Clinch****PALV****Bishop Gorman****Green Valley**

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Sherman, Makenna 27.10	SO	Faith Lutheran Swim & Dive-CA	59.81	57.44 q5A
2	Kauffman, Alexandria 27.78	SO	Arbor View High School-CA	1:00.20	58.57 q5A
3	Avra, Veronica J 27.52	SR	Palo Verde High School	1:02.95	59.30 q5A
4	Manuel, Isabella 28.70	SO	Palo Verde High School	1:06.96	1:00.75 q5A
5	Fenton, Kirra L 29.18	JR	Coronado High School-CA	1:01.97	1:01.52 q5A
6	Kasden, Addison 28.73	SR	Liberty HS-CA	1:04.20	1:01.91 q5A
7	Weigel, Katie 29.38	JR	Arbor View High School-CA	1:06.72	1:03.88 q5A
8	Ceballes, Lenora N 30.26		Bishop Gorman High School	1:08.22	1:04.12 q5A
9	Gooding, Emme F 30.61	FR	Coronado High School-CA	1:04.98	1:04.93 q5A
10	Tveter, Layla G 31.08	FR	Coronado High School-CA	1:05.94	1:07.29 q5A
11	Itano, Kailee R 32.23	JR	Coronado High School-CA	1:07.22	1:07.34 q5A
12	Cui, Jianna 31.73	JR	Palo Verde High School	1:10.34	1:08.31 q5A
13	Stovall, Bridget 33.54	SO	Faith Lutheran Swim & Dive-CA	1:10.38	1:11.82 q5A
14	Lucero, Sofia 33.49	FR	Shadow Ridge HS-CA	1:16.36	1:13.13 q5A
15	Ardine, Olivia 32.97	SR	Faith Lutheran Swim & Dive-CA	1:15.26	1:13.82 q5A
16	Gallagher, Ryley A 33.35	JR	Faith Lutheran Swim & Dive-CA	1:12.88	1:13.83 q5A
17	Hagood, Angela 34.46	FR	Arbor View High School-CA	1:13.42	1:14.38 5A

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Name	Yr	School	Seed Time	Prelim Time	
18 Folopoulos, Anita	JR	Arbor View High School-CA	1:14.09	1:14.72	5A
34.10		1:14.72 (40.62)			

Event 12 Boys 100 Yard Butterfly

5A Reg 2022+:	50.14	^	5/2023	Keanu Lee	Green Valley
Sunset-2018:	49.41	+	2011	Dylan Wolf	Spring Valley
Sunrise-2018:	49.16	!	2012	Jacob Luna	Coronado
	1:10.99		5A		

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Taylor, Garrett D	SR	Coronado High School-CA	52.31	51.70	5A 20
24.40		51.70 (27.30)			
2 Lee, Calvin		Clark High School-US	53.33	52.82	5A 17
24.36		52.82 (28.46)			
3 Martin, Reid	JR	Liberty HS-CA	53.39	53.42	5A 16
25.01		53.42 (28.41)			
4 Rasmussen, Ezekiel G	SO	Centennial High School-CA	55.13	54.39	5A 15
25.88		54.39 (28.51)			
5 Malacaman, Carl V	SR	Palo Verde High School	55.15	54.73	5A 14
26.19		54.73 (28.54)			
6 Dawidian, Nick J	FR	Centennial High School-CA	55.32	54.98	5A 13
25.83		54.98 (29.15)			
7 Zachariou, Teddy M		Bishop Gorman High School	55.30	55.06	5A 12
25.50		55.06 (29.56)			
8 Dunagan, Michael M		Bishop Gorman High School	55.42	55.19	5A 11
25.57		55.19 (29.62)			
B - Final					
9 Sprague, Cody	JR	Arbor View High School-CA	55.44	54.55	5A 9
25.85		54.55 (28.70)			
10 Protell, Tyler J		Bishop Gorman High School	56.87	55.80	5A 7
25.60		55.80 (30.20)			
11 Miller, Gavin	JR	Arbor View High School-CA	56.07	55.93	5A 6
25.92		55.93 (30.01)			
12 McDaniel, Gavin M	JR	Centennial High School-CA	57.97	56.12	5A 5
26.41		56.12 (29.71)			
13 Lewandowski, Fred	SO	Faith Lutheran Swim & Dive-CA	56.21	56.46	5A 4
26.48		56.46 (29.98)			
14 Chen, Carl	JR	Palo Verde High School	57.50	56.78	5A 3
26.76		56.78 (30.02)			
15 Walker, Theo	SO	Arbor View High School-CA	58.16	58.09	5A 2
27.21		58.09 (30.88)			
16 Morgan, Jaxson	FR	Faith Lutheran Swim & Dive-CA	57.33	58.61	5A 1
26.42		58.61 (32.19)			

Preliminaries

17 Fontilea-Moore, Joseph A	SO	Shadow Ridge HS-CA	58.58
18 Dickinson, Joshua R	JR	Coronado High School-CA	58.94
19 York-Arevalos, Lucas	SR	Coronado High School-CA	59.09
20 Hankin, Alex A	SR	Centennial High School-CA	59.33
21 Robinson, Reese	SR	Desert Oasis HS-CA	1:00.44
22 Schwartz, Jett C	SR	Coronado High School-CA	1:00.52
23 Went, Kellen	SO	Shadow Ridge HS-CA	1:00.73

2025NIAA Regional Championship 5A - 5/6/2025 to 5/17/2025**2025 Regional Championship Southern 5A, Sanction #: 025-048****Hosted by NIAA****Results****Preliminaries ... (Event 12 Boys 100 Yard Butterfly)**

	Name	Yr	School	Prelim Time	Finals Time	Points
24	Miller, Alexander	SO	Palo Verde High School	1:02.33		
25	Luganov, Daniel	SO	Faith Lutheran Swim & Dive-CA	1:02.74		
26	Grimmett, Dmitri	SO	Palo Verde High School	1:02.85		
27	Morris, William	SO	Arbor View High School-CA	1:06.22		
28	Miller, Ignatius J		Bishop Gorman High School	1:07.76		

Event 12 Boys 100 Yard Butterfly**5A Reg 2022+: 50.14 ^ 5/2023****Sunset-2018: 49.41 + 2011****Sunrise-2018: 49.16 ! 2012****1:10.99 5A****Keanu Lee****Dylan Wolf****Jacob Luna****Green Valley****Spring Valley****Coronado**

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Taylor, Garrett D	SR	Coronado High School-CA	54.46	52.31	q5A
	24.99		52.31 (27.32)			
2	Lee, Calvin		Clark High School-US	55.77	53.33	q5A
	24.92		53.33 (28.41)			
3	Martin, Reid	JR	Liberty HS-CA	55.04	53.39	q5A
	24.91		53.39 (28.48)			
4	Rasmussen, Ezekiel G	SO	Centennial High School-CA	59.69	55.13	q5A
	26.45		55.13 (28.68)			
5	Malacaman, Carl V	SR	Palo Verde High School	55.00	55.15	q5A
	26.23		55.15 (28.92)			
6	Zachariou, Teddy M		Bishop Gorman High School	55.84	55.30	q5A
	25.94		55.30 (29.36)			
7	Dawidian, Nick J	FR	Centennial High School-CA	56.45	55.32	q5A
	25.62		55.32 (29.70)			
8	Dunagan, Michael M		Bishop Gorman High School	56.30	55.42	q5A
	25.53		55.42 (29.89)			
9	Sprague, Cody	JR	Arbor View High School-CA	55.54	55.44	q5A
	25.82		55.44 (29.62)			
10	Miller, Gavin	JR	Arbor View High School-CA	58.53	56.07	q5A
	26.24		56.07 (29.83)			
11	Lewandowski, Fred	SO	Faith Lutheran Swim & Dive-CA	1:02.06	56.21	q5A
	26.08		56.21 (30.13)			
12	Protell, Tyler J		Bishop Gorman High School	59.78	56.87	q5A
	25.92		56.87 (30.95)			
13	Morgan, Jaxson	FR	Faith Lutheran Swim & Dive-CA	57.17	57.33	q5A
	26.02		57.33 (31.31)			
14	Chen, Carl	JR	Palo Verde High School	59.47	57.50	q5A
	27.00		57.50 (30.50)			
15	McDaniel, Gavin M	JR	Centennial High School-CA	1:01.21	57.97	q5A
	27.33		57.97 (30.64)			
16	Walker, Theo	SO	Arbor View High School-CA	58.14	58.16	q5A
	26.88		58.16 (31.28)			
17	Fontilea-Moore, Joseph A	SO	Shadow Ridge HS-CA	1:00.36	58.58	5A
	27.74		58.58 (30.84)			
18	Dickinson, Joshua R	JR	Coronado High School-CA	58.45	58.94	5A
	27.49		58.94 (31.45)			

2025NIAA Regional Championship 5A - 5/6/2025 to 5/17/2025**2025 Regional Championship Southern 5A, Sanction #: 025-048****Hosted by NIAA****Results****Preliminaries ... (Event 12 Boys 100 Yard Butterfly)**

	Name	Yr	School	Seed Time	Prelim Time	
19	York-Arevalos, Lucas	SR	Coronado High School-CA	59.81	59.09	5A
	27.28	59.09	(31.81)			
20	Hankin, Alex A	SR	Centennial High School-CA	59.90	59.33	5A
	28.13	59.33	(31.20)			
21	Robinson, Reese	SR	Desert Oasis HS-CA	1:02.18	1:00.44	5A
	27.98	1:00.44	(32.46)			
22	Schwartz, Jett C	SR	Coronado High School-CA	59.64	1:00.52	5A
	27.93	1:00.52	(32.59)			
23	Went, Kellen	SO	Shadow Ridge HS-CA	1:02.69	1:00.73	5A
	28.37	1:00.73	(32.36)			
24	Miller, Alexander	SO	Palo Verde High School	1:04.58	1:02.33	5A
	28.30	1:02.33	(34.03)			
25	Luganov, Daniel	SO	Faith Lutheran Swim & Dive-CA	1:02.31	1:02.74	5A
	29.41	1:02.74	(33.33)			
26	Grimmett, Dmitri	SO	Palo Verde High School	1:07.10	1:02.85	5A
	29.86	1:02.85	(32.99)			
27	Morris, William	SO	Arbor View High School-CA	1:05.08	1:06.22	5A
	30.64	1:06.22	(35.58)			
28	Miller, Ignatius J		Bishop Gorman High School	1:09.68	1:07.76	5A
	30.55	1:07.76	(37.21)			

Event 13 Girls 100 Yard Freestyle

5A Reg 2022+:	50.34	^	5/2022	Madeleine F Hebert	Coronado
Sunset-2018:	50.46	+	2014	Amy Lubawy	Bishop Gorman
Sunrise-2018:	50.83	!	2012	Alex Hubel	Boulder City
	1:09.99	5A			

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Zauder, Sienna	SO	Arbor View High School-CA	52.00	51.36	5A 20
	24.45	51.36	(26.91)			
2	Pinter, Sophia E	SR	Coronado High School-CA	53.43	53.03	5A 17
	25.36	53.03	(27.67)			
3	Carrington, Lia R	FR	Coronado High School-CA	53.17	53.65	5A 16
	25.95	53.65	(27.70)			
4	Hammer, Sophia	FR	Shadow Ridge HS-CA	55.11	54.65	5A 15
	26.25	54.65	(28.40)			
5	Wolfe, Tigerlily J	SR	Faith Lutheran Swim & Dive-CA	55.77	55.76	5A 14
	26.39	55.76	(29.37)			
6	Chaffin, Leah C	JR	Palo Verde High School	57.00	56.10	5A 13
	27.07	56.10	(29.03)			
7	McCarthy, Kathleen	JR	Palo Verde High School	57.28	57.77	5A 12
	27.32	57.77	(30.45)			
8	Hu, Kami	FR	Coronado High School-CA	58.29	57.78	5A 11
	27.98	57.78	(29.80)			
B - Final						
9	Nash, Delaney A	SR	Coronado High School-CA	1:00.48	58.01	5A 9
	27.83	58.01	(30.18)			
10	Johnson, Zoey	SO	Palo Verde High School	59.30	58.18	5A 7
	27.68	58.18	(30.50)			
11	Ottenbacher, Phoebe J	SR	Arbor View High School-CA	59.53	58.54	5A 6
	28.28	58.54	(30.26)			

2025NIAA Regional Championship 5A - 5/6/2025 to 5/17/2025**2025 Regional Championship Southern 5A, Sanction #: 025-048****Hosted by NIAA****Results****B - Final ... (Event 13 Girls 100 Yard Freestyle)**

	Name	Yr	School	Prelim Time	Finals Time	Points
12	Salvador, Gabriella	FR	Palo Verde High School	1:00.64	59.91 5A	5
	28.05 59.91 (31.86)					
13	Sullivan, Olivia	FR	Faith Lutheran Swim & Dive-CA	1:02.51	1:00.89 5A	4
	28.48 1:00.89 (32.41)					
14	Sullivan, Abigail	JR	Faith Lutheran Swim & Dive-CA	1:03.93	1:00.93 5A	3
	29.63 1:00.93 (31.30)					
15	Gaddis, Milania M		Bishop Gorman High School	1:01.76	1:02.42 5A	2
	29.28 1:02.42 (33.14)					
16	Gwin, Isis	SR	Shadow Ridge HS-CA	1:03.90	1:04.13 5A	1
	30.05 1:04.13 (34.08)					

Preliminaries

1	Montoya, Isabella C		Bishop Gorman High School	1:11.08
2	Nguyen, Olivia	JR	Desert Oasis HS-CA	1:11.12
3	Patta, Ellie		Bishop Gorman High School	1:11.95
17	Chang-Rodriguez, Luciana	JR	Arbor View High School-CA	1:04.42
18	Domke-Harris, Erin	SR	Arbor View High School-CA	1:05.04
19	Flores, Aylin	SO	Liberty HS-CA	1:05.17
20	Winfrey, Shaelyn E	JR	Centennial High School-CA	1:05.30
21	Edge, Lauren	JR	Liberty HS-CA	1:06.37
22	Palmeri, Sky J		Bishop Gorman High School	1:07.51
23	Galli, Tamsen	JR	Faith Lutheran Swim & Dive-CA	1:08.30
24	Brough, Lila	SR	Shadow Ridge HS-CA	1:08.56
25	Abi-Nader, Lilliana	JR	Liberty HS-CA	1:09.14
26	Johnson, Kennedy	SO	Liberty HS-CA	1:09.47

Event 13 Girls 100 Yard Freestyle**5A Reg 2022+: 50.34 ^ 5/2022****Sunset-2018: 50.46 + 2014****Sunrise-2018: 50.83 ! 2012****1:09.99 5A****Madeleine F Hebert****Amy Lubawy****Alex Hubel****Coronado****Bishop Gorman****Boulder City**

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
*1	Zauder, Sienna	SO	Arbor View High School-CA	55.48	52.00 q5A
	24.92 52.00 (27.08)				
*1	Montoya, Isabella C		Bishop Gorman High School	1:09.96	1:11.08 q
	33.36 1:11.08 (37.72)				
*2	Carrington, Lia R	FR	Coronado High School-CA	54.92	53.17 q5A
	25.81 53.17 (27.36)				
*2	Nguyen, Olivia	JR	Desert Oasis HS-CA	1:09.93	1:11.12 q
	33.39 1:11.12 (37.73)				
*3	Pinter, Sophia E	SR	Coronado High School-CA	53.17	53.43 q5A
	25.47 53.43 (27.96)				
*3	Patta, Ellie		Bishop Gorman High School	1:09.65	1:11.95 q
	34.16 1:11.95 (37.79)				
4	Hammer, Sophia	FR	Shadow Ridge HS-CA	55.13	55.11 q5A
	26.57 55.11 (28.54)				
5	Wolfe, Tigerlily J	SR	Faith Lutheran Swim & Dive-CA	57.10	55.77 q5A
	26.58 55.77 (29.19)				
6	Chaffin, Leah C	JR	Palo Verde High School	59.14	57.00 q5A
	27.47 57.00 (29.53)				

2025NIAA Regional Championship 5A - 5/6/2025 to 5/17/2025**2025 Regional Championship Southern 5A, Sanction #: 025-048****Hosted by NIAA****Results****Preliminaries ... (Event 13 Girls 100 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time	
7	McCarthy, Kathleen	JR	Palo Verde High School	59.85	57.28	q5A
	27.32	57.28 (29.96)				
8	Hu, Kami	FR	Coronado High School-CA	59.41	58.29	q5A
	28.19	58.29 (30.10)				
9	Johnson, Zoey	SO	Palo Verde High School	1:00.26	59.30	q5A
10	Ottenbacher, Phoebe J	SR	Arbor View High School-CA	58.59	59.53	q5A
	28.66	59.53 (30.87)				
11	Nash, Delaney A	SR	Coronado High School-CA	1:00.67	1:00.48	q5A
	28.55	1:00.48 (31.93)				
12	Salvador, Gabriella	FR	Palo Verde High School	1:02.29	1:00.64	q5A
	28.45	1:00.64 (32.19)				
13	Gaddis, Milania M		Bishop Gorman High School	1:03.82	1:01.76	q5A
14	Sullivan, Olivia	FR	Faith Lutheran Swim & Dive-CA	1:02.77	1:02.51	q5A
15	Gwin, Isis	SR	Shadow Ridge HS-CA	1:03.22	1:03.90	q5A
	30.45	1:03.90 (33.45)				
16	Sullivan, Abigail	JR	Faith Lutheran Swim & Dive-CA	1:03.00	1:03.93	q5A
	30.63	1:03.93 (33.30)				
17	Chang-Rodriguez, Luciana	JR	Arbor View High School-CA	1:05.62	1:04.42	5A
	30.88	1:04.42 (33.54)				
18	Domke-Harris, Erin	SR	Arbor View High School-CA	1:05.97	1:05.04	5A
	31.31	1:05.04 (33.73)				
19	Flores, Aylin	SO	Liberty HS-CA	1:09.81	1:05.17	5A
	30.74	1:05.17 (34.43)				
20	Winfrey, Shaelyn E	JR	Centennial High School-CA	1:07.03	1:05.30	5A
	30.66	1:05.30 (34.64)				
21	Edge, Lauren	JR	Liberty HS-CA	1:06.40	1:06.37	5A
22	Palmeri, Sky J		Bishop Gorman High School	1:07.00	1:07.51	5A
	31.48	1:07.51 (36.03)				
23	Galli, Tamsen	JR	Faith Lutheran Swim & Dive-CA	1:08.95	1:08.30	5A
	31.73	1:08.30 (36.57)				
24	Brough, Lila	SR	Shadow Ridge HS-CA	1:07.31	1:08.56	5A
25	Abi-Nader, Lilliana	JR	Liberty HS-CA	1:08.53	1:09.14	5A
	33.28	1:09.14 (35.86)				
26	Johnson, Kennedy	SO	Liberty HS-CA	1:10.04	1:09.47	5A
	32.85	1:09.47 (36.62)				

Event 14 Boys 100 Yard Freestyle

5A Reg 2022+:	46.25	^	5/2023	John Christ	PALV
Sunset-2018:	45.82	+	2010	Gianni Sesto	Palo Verde
Sunrise-2018:	46.46	!	2015	Jake Chir	Coronado
	59.99	5A			

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Oden, AJ J	SR	Coronado High School-CA	48.40	47.74	5A 20
	23.01	47.74 (24.73)				
2	Longworth, Aiden C	JR	Palo Verde High School	48.72	48.48	5A 17
	23.52	48.48 (24.96)				
3	Wenk, Kyle R		Bishop Gorman High School	49.18	49.25	5A 16
	23.74	49.25 (25.51)				
4	Itano, Dash R	SO	Coronado High School-CA	49.42	49.31	5A 15
	23.96	49.31 (25.35)				

2025NIAA Regional Championship 5A - 5/6/2025 to 5/17/2025
2025 Regional Championship Southern 5A, Sanction #: 025-048
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A - Final ... (Event 14 Boys 100 Yard Freestyle)

	Name	Yr	School	Prelim Time	Finals Time	Points
5	Cardinali, Jacob E		Bishop Gorman High School	50.21	49.65 5A	14
	23.98	49.65 (25.67)				
6	Pezowicz, Wiktor	JR	Palo Verde High School	49.07	49.82 5A	13
	23.60	49.82 (26.22)				
7	Mayhew, Cole T	JR	Faith Lutheran Swim & Dive-CA	50.13	50.33 5A	12
	24.24	50.33 (26.09)				
8	Gallagher-Spencer, Jace	SO	Palo Verde High School	51.25	51.25 5A	11
	24.72	51.25 (26.53)				

B - Final

9	Dunagan, Cian J		Bishop Gorman High School	52.98	50.75 5A	9
	24.25	50.75 (26.50)				
10	Lee, Jared		Clark High School-US	52.37	50.86 5A	7
	24.85	50.86 (26.01)				
11	Atkins, Joseph	SO	Arbor View High School-CA	53.25	51.24 5A	6
	24.76	51.24 (26.48)				
12	Pinter, Brady A	SO	Coronado High School-CA	52.38	52.38 5A	5
	25.34	52.38 (27.04)				
13	Bickler, Jackson	FR	Faith Lutheran Swim & Dive-CA	51.31	53.89 5A	4
	25.77	53.89 (28.12)				
14	Custer, Maxwell	JR	Shadow Ridge HS-CA	54.96	54.31 5A	3
	25.81	54.31 (28.50)				
*15	Sobek, Ara D	FR	Coronado High School-CA	55.58	55.26 5A	1.50
	26.68	55.26 (28.58)				
*15	Avra, Roland	FR	Palo Verde High School	55.14	55.26 5A	1.50
	26.23	55.26 (29.03)				

Preliminaries

1	Behm, Mason	SR	Faith Lutheran Swim & Dive-CA	1:00.51
17	Nielsen, Luke	SO	Shadow Ridge HS-CA	56.54
18	Irvine, Cash M	SO	Centennial High School-CA	57.08
19	Yoon, Chris		Bishop Gorman High School	57.78
20	Larkin, Connor	JR	Shadow Ridge HS-CA	58.11
21	Young, Christopher		Clark High School-US	58.43
22	Robinson, Reese	SR	Desert Oasis HS-CA	58.91
23	Cullen, Nakoa	JR	Liberty HS-CA	59.37

Event 14 Boys 100 Yard Freestyle

5A Reg 2022+:	46.25	^	5/2023	John Christ	PALV
Sunset-2018:	45.82	+	2010	Gianni Sesto	Palo Verde
Sunrise-2018:	46.46	!	2015	Jake Chir	Coronado
	59.99	5A			

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
*1	Oden, AJ J	SR	Coronado High School-CA	47.39	48.40 q5A
	23.34	48.40 (25.06)			
*1	Behm, Mason	SR	Faith Lutheran Swim & Dive-CA	59.99	1:00.51 q
	28.77	1:00.51 (31.74)			
2	Longworth, Aiden C	JR	Palo Verde High School	50.07	48.72 q5A
	23.74	48.72 (24.98)			
3	Pezowicz, Wiktor	JR	Palo Verde High School	50.72	49.07 q5A
	23.28	49.07 (25.79)			

2025NIAA Regional Championship 5A - 5/6/2025 to 5/17/2025**2025 Regional Championship Southern 5A, Sanction #: 025-048****Hosted by NIAA****Results****Preliminaries ... (Event 14 Boys 100 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time	
4	Wenk, Kyle R		Bishop Gorman High School	51.03	49.18	q5A
	23.71	49.18 (25.47)				
5	Itano, Dash R	SO	Coronado High School-CA	53.19	49.42	q5A
	24.09	49.42 (25.33)				
6	Mayhew, Cole T	JR	Faith Lutheran Swim & Dive-CA	51.53	50.13	q5A
	24.32	50.13 (25.81)				
7	Cardinali, Jacob E		Bishop Gorman High School	53.19	50.21	q5A
	24.25	50.21 (25.96)				
8	Gallagher-Spencer, Jace	SO	Palo Verde High School	53.24	51.25	q5A
	24.66	51.25 (26.59)				
9	Bickler, Jackson	FR	Faith Lutheran Swim & Dive-CA	51.65	51.31	q5A
	24.30	51.31 (27.01)				
10	Lee, Jared		Clark High School-US	52.19	52.37	q5A
	25.58	52.37 (26.79)				
11	Pinter, Brady A	SO	Coronado High School-CA	52.17	52.38	q5A
	25.13	52.38 (27.25)				
12	Dunagan, Cian J		Bishop Gorman High School	51.81	52.98	q5A
	25.13	52.98 (27.85)				
13	Atkins, Joseph	SO	Arbor View High School-CA	53.07	53.25	q5A
	25.91	53.25 (27.34)				
14	Custer, Maxwell	JR	Shadow Ridge HS-CA	56.92	54.96	q5A
	26.13	54.96 (28.83)				
15	Avra, Roland	FR	Palo Verde High School	57.19	55.14	q5A
	26.00	55.14 (29.14)				
16	Sobek, Ara D	FR	Coronado High School-CA	54.91	55.58	q5A
	26.69	55.58 (28.89)				
17	Nielsen, Luke	SO	Shadow Ridge HS-CA	59.40	56.54	5A
	27.14	56.54 (29.40)				
18	Irvine, Cash M	SO	Centennial High School-CA	58.47	57.08	5A
	27.55	57.08 (29.53)				
19	Yoon, Chris		Bishop Gorman High School	58.87	57.78	5A
	27.56	57.78 (30.22)				
20	Larkin, Connor	JR	Shadow Ridge HS-CA	59.61	58.11	5A
	28.14	58.11 (29.97)				
21	Young, Christopher		Clark High School-US	58.93	58.43	5A
	27.46	58.43 (30.97)				
22	Robinson, Reese	SR	Desert Oasis HS-CA	55.13	58.91	5A
	27.46	58.91 (31.45)				
23	Cullen, Nakoa	JR	Liberty HS-CA	59.19	59.37	5A
	27.50	59.37 (31.87)				

2025NIAA Regional Championship 5A - 5/6/2025 to 5/17/2025
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Results

Event 15 Girls 500 Yard Freestyle

5A Reg 2022+: 5:01.94 ^ 5/2022

Sunset-2018: 4:51.89 + 1985

Sunrise-2018: 4:54.16 ! 2012

6:59.99 5A

Hannah Jones

Cheryl Simmons

Samantha Harrison

Shadow

Bonanza

Coronado

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Mudadu, Summer	SO	Faith Lutheran Swim & Dive-CA	4:58.91	4:53.13! 5A	20
26.89	55.48 (28.59)	1:24.70 (29.22)	1:54.60 (29.90)		
2:24.16 (29.56)	2:53.93 (29.77)	3:23.79 (29.86)	3:53.98 (30.19)		
4:24.06 (30.08)	4:53.13 (29.07)				
2 Kauffman, Alexandria	SO	Arbor View High School-CA	5:02.96	5:02.87 5A	17
27.76	57.36 (29.60)	1:27.41 (30.05)	1:57.77 (30.36)		
2:28.43 (30.66)	2:59.01 (30.58)	3:29.92 (30.91)	4:01.08 (31.16)		
4:32.40 (31.32)	5:02.87 (30.47)				
3 Ciobanu, Alice	SR	Coronado High School-CA	5:08.86	5:05.38 5A	16
28.18	58.40 (30.22)	1:29.28 (30.88)	2:00.53 (31.25)		
2:31.90 (31.37)	3:03.14 (31.24)	3:34.47 (31.33)	4:05.76 (31.29)		
4:36.13 (30.37)	5:05.38 (29.25)				
4 Zarkos, Isabella	SO	Faith Lutheran Swim & Dive-CA	5:08.81	5:05.41 5A	15
27.33	57.57 (30.24)	1:28.13 (30.56)	1:59.14 (31.01)		
2:30.06 (30.92)	3:01.19 (31.13)	3:32.50 (31.31)	4:03.86 (31.36)		
4:35.02 (31.16)	5:05.41 (30.39)				
5 Millman, Amber	FR	Palo Verde High School	5:11.96	5:05.93 5A	14
28.31	58.76 (30.45)	1:29.80 (31.04)	2:00.84 (31.04)		
2:31.97 (31.13)	3:03.34 (31.37)	3:34.81 (31.47)	4:06.17 (31.36)		
4:37.27 (31.10)	5:05.93 (28.66)				
6 Myers, Landyn	FR	Palo Verde High School	5:10.49	5:06.98 5A	13
27.96	58.08 (30.12)	1:28.62 (30.54)	1:59.53 (30.91)		
2:30.71 (31.18)	3:02.20 (31.49)	3:33.65 (31.45)	4:05.37 (31.72)		
4:36.71 (31.34)	5:06.98 (30.27)				
7 Mitzel, Kendall	SR	Liberty HS-CA	5:12.29	5:11.89 5A	12
28.99	59.56 (30.57)	1:30.59 (31.03)	2:01.87 (31.28)		
2:33.40 (31.53)	3:05.10 (31.70)	3:36.82 (31.72)	4:08.86 (32.04)		
4:40.72 (31.86)	5:11.89 (31.17)				
8 DeSpain, Zoey E	SO	Coronado High School-CA	5:25.36	5:19.77 5A	11
28.63	1:00.07 (31.44)	1:32.20 (32.13)	2:04.45 (32.25)		
2:37.02 (32.57)	3:09.69 (32.67)	3:42.41 (32.72)	4:15.21 (32.80)		
4:47.91 (32.70)	5:19.77 (31.86)				
B - Final					
9 Dupuis, Skylar	FR	Faith Lutheran Swim & Dive-CA	5:33.99	5:31.61 5A	9
29.81	1:01.67 (31.86)	1:33.94 (32.27)	2:07.29 (33.35)		
2:41.17 (33.88)	3:15.17 (34.00)	3:49.48 (34.31)	4:23.99 (34.51)		
4:58.40 (34.41)	5:31.61 (33.21)				
10 Hale, Elizabeth C	SR	Arbor View High School-CA	5:33.22	5:32.80 5A	7
31.52	1:05.14 (33.62)	1:39.03 (33.89)	2:13.08 (34.05)		
2:47.15 (34.07)	3:21.05 (33.90)	3:54.74 (33.69)	4:27.90 (33.16)		
5:01.14 (33.24)	5:32.80 (31.66)				
11 Carlson, Kylee	FR	Arbor View High School-CA	5:37.88	5:33.91 5A	6
29.45	1:02.40 (32.95)	1:36.34 (33.94)	2:10.34 (34.00)		
2:44.60 (34.26)	3:18.72 (34.12)	3:53.02 (34.30)	4:27.66 (34.64)		
5:01.80 (34.14)	5:33.91 (32.11)				

2025NIAA Regional Championship 5A - 5/6/2025 to 5/17/2025**2025 Regional Championship Southern 5A, Sanction #: 025-048****Hosted by NIAA****Results****B - Final ... (Event 15 Girls 500 Yard Freestyle)**

	Name	Yr	School	Prelim Time	Finals Time	Points
12	Benoualid, Gabrielle G	JR	Coronado High School-CA	5:38.80	5:34.27 5A	5
	30.48	1:03.38 (32.90)	1:37.08 (33.70)	2:11.16 (34.08)		
	2:44.95 (33.79)	3:18.87 (33.92)	3:53.11 (34.24)	4:27.49 (34.38)		
	5:01.79 (34.30)	5:34.27 (32.48)				
13	Itano, Kailee R	JR	Coronado High School-CA	5:51.50	5:38.93 5A	4
	31.09	1:04.98 (33.89)	1:39.26 (34.28)	2:14.05 (34.79)		
	2:48.62 (34.57)	3:22.26 (33.64)	3:56.86 (34.60)	4:31.44 (34.58)		
	5:05.64 (34.20)	5:38.93 (33.29)				
14	Linderman, Alyssa K		Bishop Gorman High School	5:44.42	5:39.10 5A	3
	29.79	1:02.97 (33.18)	1:36.80 (33.83)	2:11.07 (34.27)		
	2:45.70 (34.63)	3:20.78 (35.08)	3:55.86 (35.08)	4:30.65 (34.79)		
	5:05.74 (35.09)	5:39.10 (33.36)				
15	Pittman, Alexa	SO	Liberty HS-CA	5:33.14	5:49.53 5A	2
	31.26	1:05.93 (34.67)	1:41.19 (35.26)	2:16.61 (35.42)		
	2:52.23 (35.62)	3:28.34 (36.11)	4:03.51 (35.17)	4:39.49 (35.98)		
	5:15.45 (35.96)	5:49.53 (34.08)				
16	De Castroverde, Ivy C		Bishop Gorman High School	5:50.59	5:50.36 5A	1
	31.34	1:05.21 (33.87)	1:40.67 (35.46)	2:16.33 (35.66)		
	2:52.22 (35.89)	3:28.02 (35.80)	4:04.47 (36.45)	4:40.61 (36.14)		
	5:16.11 (35.50)	5:50.36 (34.25)				

Preliminaries

17	Manuel, Sophia	JR	Palo Verde High School	5:52.41
18	Wood, Kaylee A	FR	Shadow Ridge HS-CA	5:53.03
19	O'Toole, Maia	SR	Liberty HS-CA	6:10.46
20	Ward, Paige A	JR	Palo Verde High School	6:15.63
21	Steiner, Jasmine	SO	Faith Lutheran Swim & Dive-CA	6:17.82
22	Stewart, Jordyn	FR	Arbor View High School-CA	6:21.16
23	Flores, Aylin	SO	Liberty HS-CA	6:48.58

Event 15 Girls 500 Yard Freestyle**5A Reg 2022+: 5:01.94 ^ 5/2022****Sunset-2018: 4:51.89 + 1985****Sunrise-2018: 4:54.16 ! 2012****6:59.99 5A****Hannah Jones****Cheryl Simmons****Samantha Harrison****Shadow****Bonanza****Coronado**

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Mudadu, Summer	SO	Faith Lutheran Swim & Dive-CA	5:07.86	4:58.91 ^ q5A
	27.00	56.20 (29.20)	1:26.13 (29.93)	1:56.36 (30.23)	
	2:26.54 (30.18)	2:56.75 (30.21)	3:27.45 (30.70)	3:58.05 (30.60)	
	4:29.02 (30.97)	4:58.91 (29.89)			
2	Kauffman, Alexandria	SO	Arbor View High School-CA	5:11.81	5:02.96 q5A
	27.66	57.21 (29.55)	1:27.22 (30.01)	1:57.50 (30.28)	
	2:28.08 (30.58)	2:58.78 (30.70)	3:30.17 (31.39)	4:01.44 (31.27)	
	4:32.63 (31.19)	5:02.96 (30.33)			
3	Zarkos, Isabella	SO	Faith Lutheran Swim & Dive-CA	5:27.26	5:08.81 q5A
	27.67	58.00 (30.33)	1:29.32 (31.32)	2:00.87 (31.55)	
	2:32.49 (31.62)	3:03.89 (31.40)	3:35.40 (31.51)	4:06.97 (31.57)	
	4:38.31 (31.34)	5:08.81 (30.50)			
4	Ciobanu, Alice	SR	Coronado High School-CA	5:10.23	5:08.86 q5A
	28.31	58.88 (30.57)	1:29.93 (31.05)	2:01.18 (31.25)	
	2:32.93 (31.75)	3:04.85 (31.92)	3:36.75 (31.90)	4:08.24 (31.49)	
	4:39.39 (31.15)	5:08.86 (29.47)			

2025NIAA Regional Championship 5A - 5/6/2025 to 5/17/2025**2025 Regional Championship Southern 5A, Sanction #: 025-048****Hosted by NIAA****Results****Preliminaries ... (Event 15 Girls 500 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time	
5	Myers, Landyn	FR	Palo Verde High School	5:25.61	5:10.49	q5A
	27.67	58.00 (30.33)	1:28.91 (30.91)	2:00.16 (31.25)		
	2:31.71 (31.55)	3:03.54 (31.83)	3:35.68 (32.14)	4:07.79 (32.11)		
	4:39.62 (31.83)	5:10.49 (30.87)				
6	Millman, Amber	FR	Palo Verde High School	5:22.83	5:11.96	q5A
	27.30	57.31 (30.01)	1:28.23 (30.92)	1:59.44 (31.21)		
	2:31.15 (31.71)	3:03.17 (32.02)	3:35.78 (32.61)	4:08.43 (32.65)		
	4:40.88 (32.45)	5:11.96 (31.08)				
7	Mitzel, Kendall	SR	Liberty HS-CA	5:26.88	5:12.29	q5A
	29.22	1:00.29 (31.07)	1:31.59 (31.30)	2:03.24 (31.65)		
	2:34.76 (31.52)	3:06.23 (31.47)	3:37.99 (31.76)	4:09.73 (31.74)		
	4:41.29 (31.56)	5:12.29 (31.00)				
8	DeSpain, Zoey E	SO	Coronado High School-CA	5:19.93	5:25.36	q5A
	29.49	1:01.85 (32.36)	1:34.67 (32.82)	2:07.71 (33.04)		
	2:41.02 (33.31)	3:14.09 (33.07)	3:47.54 (33.45)	4:20.63 (33.09)		
	4:53.58 (32.95)	5:25.36 (31.78)				
9	Pittman, Alexa	SO	Liberty HS-CA	5:42.59	5:33.14	q5A
	29.96	1:02.40 (32.44)	1:35.23 (32.83)	2:08.82 (33.59)		
	2:42.56 (33.74)	3:16.57 (34.01)	3:50.88 (34.31)	4:25.11 (34.23)		
	4:58.99 (33.88)	5:33.14 (34.15)				
10	Hale, Elizabeth C	SR	Arbor View High School-CA	5:43.96	5:33.22	q5A
	30.86	1:04.34 (33.48)	1:38.44 (34.10)	2:12.29 (33.85)		
	2:46.41 (34.12)	3:20.16 (33.75)	3:53.74 (33.58)	4:27.46 (33.72)		
	5:01.09 (33.63)	5:33.22 (32.13)				
11	Dupuis, Skylar	FR	Faith Lutheran Swim & Dive-CA	5:46.79	5:33.99	q5A
	30.53	1:02.87 (32.34)	1:35.78 (32.91)	2:09.64 (33.86)		
	2:43.98 (34.34)	3:18.04 (34.06)	3:52.30 (34.26)	4:26.47 (34.17)		
	5:00.66 (34.19)	5:33.99 (33.33)				
12	Carlson, Kylee	FR	Arbor View High School-CA	5:48.17	5:37.88	q5A
	29.18	1:02.28 (33.10)	1:36.01 (33.73)	2:10.95 (34.94)		
	2:44.74 (33.79)	3:19.02 (34.28)	3:53.98 (34.96)	4:28.50 (34.52)		
	5:03.57 (35.07)	5:37.88 (34.31)				
13	Benoualid, Gabrielle G	JR	Coronado High School-CA	5:40.93	5:38.80	q5A
	30.57	1:03.30 (32.73)	1:36.90 (33.60)	2:10.93 (34.03)		
	2:45.20 (34.27)	3:19.58 (34.38)	3:54.44 (34.86)	4:29.40 (34.96)		
	5:04.67 (35.27)	5:38.80 (34.13)				
14	Linderman, Alyssa K		Bishop Gorman High School	5:43.53	5:44.42	q5A
	28.83	1:00.10 (31.27)	1:33.12 (33.02)	2:08.06 (34.94)		
	2:44.20 (36.14)	3:21.09 (36.89)	3:58.16 (37.07)	4:34.23 (36.07)		
	5:10.51 (36.28)	5:44.42 (33.91)				
15	De Castroverde, Ivy C		Bishop Gorman High School	6:05.41	5:50.59	q5A
	30.52	1:04.02 (33.50)	1:38.85 (34.83)	2:14.22 (35.37)		
	2:49.91 (35.69)	3:25.92 (36.01)	4:02.41 (36.49)	4:39.40 (36.99)		
	5:15.73 (36.33)	5:50.59 (34.86)				
16	Itano, Kailee R	JR	Coronado High School-CA	5:48.44	5:51.50	q5A
	31.28	1:05.63 (34.35)	1:40.49 (34.86)	2:16.58 (36.09)		
	2:51.67 (35.09)	3:26.82 (35.15)	4:02.65 (35.83)	4:38.82 (36.17)		
	5:15.45 (36.63)	5:51.50 (36.05)				
17	Manuel, Sophia	JR	Palo Verde High School	5:59.06	5:52.41	5A
	29.91	1:03.08 (33.17)	1:37.59 (34.51)	2:13.04 (35.45)		
	2:49.06 (36.02)	3:25.20 (36.14)	4:02.13 (36.93)	4:39.14 (37.01)		
	5:16.40 (37.26)	5:52.41 (36.01)				

2025NIAA Regional Championship 5A - 5/6/2025 to 5/17/2025**2025 Regional Championship Southern 5A, Sanction #: 025-048****Hosted by NIAA****Results****Preliminaries ... (Event 15 Girls 500 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time	
18	Wood, Kaylee A	FR	Shadow Ridge HS-CA	6:08.26	5:53.03	5A
	31.74	1:05.74 (34.00)	1:40.70 (34.96)	2:16.32 (35.62)		
	2:52.06 (35.74)	3:28.27 (36.21)	4:05.00 (36.73)	4:41.97 (36.97)		
	5:18.96 (36.99)	5:53.03 (34.07)				
19	O'Toole, Maia	SR	Liberty HS-CA	6:16.34	6:10.46	5A
	34.32	1:12.23 (37.91)	1:49.90 (37.67)	2:28.04 (38.14)		
	3:05.45 (37.41)	3:43.26 (37.81)	4:20.97 (37.71)	4:58.00 (37.03)		
	5:34.76 (36.76)	6:10.46 (35.70)				
20	Ward, Paige A	JR	Palo Verde High School	6:32.05	6:15.63	5A
	33.48	1:09.36 (35.88)	1:46.63 (37.27)	2:24.43 (37.80)		
	3:02.87 (38.44)	3:42.19 (39.32)	4:20.96 (38.77)	4:59.77 (38.81)		
	5:38.44 (38.67)	6:15.63 (37.19)				
21	Steiner, Jasmine	SO	Faith Lutheran Swim & Dive-CA	6:12.22	6:17.82	5A
	33.30	1:10.18 (36.88)	1:48.14 (37.96)	2:26.23 (38.09)		
	3:04.85 (38.62)	3:43.72 (38.87)	4:22.56 (38.84)	5:01.41 (38.85)		
	5:40.15 (38.74)	6:17.82 (37.67)				
22	Stewart, Jordyn	FR	Arbor View High School-CA	6:37.38	6:21.16	5A
	32.40	1:08.39 (35.99)	1:46.81 (38.42)	2:26.36 (39.55)		
	3:05.36 (39.00)	3:45.15 (39.79)	4:24.81 (39.66)	5:03.76 (38.95)		
	5:44.11 (40.35)	6:21.16 (37.05)				
23	Flores, Aylin	SO	Liberty HS-CA	6:57.49	6:48.58	5A
	36.84	1:17.91 (41.07)	1:58.86 (40.95)	2:40.62 (41.76)		
	3:21.64 (41.02)	4:03.39 (41.75)	4:45.45 (42.06)	5:28.20 (42.75)		
	6:09.70 (41.50)	6:48.58 (38.88)				

Event 16 Boys 500 Yard Freestyle**5A Reg 2022+: 4:26.79 ^ 5/2024****Sunset-2018: 4:29.03 + 2015****Sunrise-2018: 4:27.10 ! 2011****5:59.99 5A****Max Carlsen****Logan Houck****Robert Hommel****PALV****Palo Verde****Green Valley**

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Carlsen, Max R	SR	Palo Verde High School	4:25.62	4:22.27 ^ 5A	20
	24.04	50.48 (26.44)	1:17.02 (26.54)	1:43.83 (26.81)		
	2:10.52 (26.69)	2:37.31 (26.79)	3:04.24 (26.93)	3:30.74 (26.50)		
	3:56.97 (26.23)	4:22.27 (25.30)				
2	Esposito, Toby	SO	Coronado High School-CA	4:39.30	4:33.15 5A	17
	25.24	52.35 (27.11)	1:19.45 (27.10)	1:46.85 (27.40)		
	2:14.24 (27.39)	2:42.33 (28.09)	3:10.25 (27.92)	3:38.49 (28.24)		
	4:06.17 (27.68)	4:33.15 (26.98)				
3	Bateman, Lewis J		Bishop Gorman High School	4:43.68	4:42.18 5A	16
	25.56	53.25 (27.69)	1:21.63 (28.38)	1:50.20 (28.57)		
	2:18.84 (28.64)	2:47.52 (28.68)	3:16.25 (28.73)	3:45.27 (29.02)		
	4:14.27 (29.00)	4:42.18 (27.91)				
4	Pittman, Ezekiel	JR	Liberty HS-CA	4:52.35	4:42.67 5A	15
	25.99	53.82 (27.83)	1:22.52 (28.70)	1:51.63 (29.11)		
	2:20.40 (28.77)	2:49.46 (29.06)	3:18.38 (28.92)	3:46.50 (28.12)		
	4:14.61 (28.11)	4:42.67 (28.06)				
5	Meyer, Kenny M	SR	Centennial High School-CA	4:46.00	4:45.50 5A	14
	25.24	52.89 (27.65)	1:20.90 (28.01)	1:49.51 (28.61)		
	2:18.25 (28.74)	2:47.31 (29.06)	3:16.61 (29.30)	3:46.20 (29.59)		
	4:16.03 (29.83)	4:45.50 (29.47)				

2025NIAA Regional Championship 5A - 5/6/2025 to 5/17/2025**2025 Regional Championship Southern 5A, Sanction #: 025-048****Hosted by NIAA****Results****A - Final ... (Event 16 Boys 500 Yard Freestyle)**

	Name	Yr	School	Prelim Time	Finals Time		Points
6	Valdovinos, Troy A	SR	Coronado High School-CA	4:48.45	4:49.60	5A	13
	26.73	55.58 (28.85)	1:24.68 (29.10)	1:54.11 (29.43)			
	2:23.94 (29.83)	2:53.68 (29.74)	3:22.68 (29.00)	3:51.72 (29.04)			
	4:20.96 (29.24)	4:49.60 (28.64)					
7	Fradet, John	FR	Arbor View High School-CA	4:57.73	4:58.03	5A	12
	27.46	56.60 (29.14)	1:26.48 (29.88)	1:56.87 (30.39)			
	2:27.33 (30.46)	2:57.82 (30.49)	3:28.38 (30.56)	3:58.93 (30.55)			
	4:29.07 (30.14)	4:58.03 (28.96)					
8	Bickler, Jackson	FR	Faith Lutheran Swim & Dive-CA	4:56.62	5:01.07	5A	11
	25.47	53.82 (28.35)	1:23.15 (29.33)	1:53.81 (30.66)			
	2:24.75 (30.94)	2:55.93 (31.18)	3:27.24 (31.31)	3:58.75 (31.51)			
	4:30.45 (31.70)	5:01.07 (30.62)					

B - Final

9	McCarthy, Robert	SO	Faith Lutheran Swim & Dive-CA	4:58.83	4:54.81	5A	9
	26.36	55.35 (28.99)	1:24.95 (29.60)	1:55.11 (30.16)			
	2:25.53 (30.42)	2:55.96 (30.43)	3:25.88 (29.92)	3:55.90 (30.02)			
	4:25.86 (29.96)	4:54.81 (28.95)					
10	Sprague, Cody	JR	Arbor View High School-CA	5:00.18	4:57.33	5A	7
	27.12	56.33 (29.21)	1:26.05 (29.72)	1:55.94 (29.89)			
	2:26.12 (30.18)	2:56.31 (30.19)	3:26.85 (30.54)	3:57.41 (30.56)			
	4:28.41 (31.00)	4:57.33 (28.92)					
11	Walker, Theo	SO	Arbor View High School-CA	5:04.92	5:06.55	5A	6
	27.01	56.50 (29.49)	1:26.47 (29.97)	1:57.44 (30.97)			
	2:28.47 (31.03)	2:59.69 (31.22)	3:31.32 (31.63)	4:03.60 (32.28)			
	4:35.40 (31.80)	5:06.55 (31.15)					
12	Ooi, Christopher	JR	Palo Verde High School	5:14.25	5:10.62	5A	5
	27.92	57.67 (29.75)	1:28.51 (30.84)	1:59.76 (31.25)			
	2:31.21 (31.45)	3:02.81 (31.60)	3:34.74 (31.93)	4:06.91 (32.17)			
	4:39.02 (32.11)	5:10.62 (31.60)					
13	Tai, Athen	FR	Palo Verde High School	5:19.92	5:17.64	5A	4
	28.47	59.99 (31.52)	1:31.55 (31.56)	2:03.71 (32.16)			
	2:35.78 (32.07)	3:07.74 (31.96)	3:40.35 (32.61)	4:13.53 (33.18)			
	4:46.32 (32.79)	5:17.64 (31.32)					
14	Tchobanian, Shant A	SR	Coronado High School-CA	5:33.35	5:21.75	5A	3
	28.24	59.98 (31.74)	1:32.33 (32.35)	2:04.73 (32.40)			
	2:36.80 (32.07)	3:10.03 (33.23)	3:43.33 (33.30)	4:16.40 (33.07)			
	4:49.35 (32.95)	5:21.75 (32.40)					
15	Bunn, Mitchell	FR	Arbor View High School-CA	5:18.02	5:22.43	5A	2
	29.03	1:01.03 (32.00)	1:33.53 (32.50)	2:06.32 (32.79)			
	2:39.29 (32.97)	3:12.35 (33.06)	3:45.48 (33.13)	4:18.43 (32.95)			
	4:50.96 (32.53)	5:22.43 (31.47)					
16	Brouillette, Matteo	SO	Palo Verde High School	5:28.19	5:29.23	5A	1
	29.11	1:00.96 (31.85)	1:33.86 (32.90)	2:06.90 (33.04)			
	2:40.42 (33.52)	3:14.10 (33.68)	3:47.97 (33.87)	4:22.26 (34.29)			
	4:56.27 (34.01)	5:29.23 (32.96)					

Preliminaries

17	Calhoun, Ryan C	JR	Coronado High School-CA	5:39.41
18	Parkhurst, Phoenix	SR	Liberty HS-CA	5:45.95

2025NIAA Regional Championship 5A - 5/6/2025 to 5/17/2025**2025 Regional Championship Southern 5A, Sanction #: 025-048****Hosted by NIAA****Results****Event 16 Boys 500 Yard Freestyle****5A Reg 2022+: 4:26.79 ^ 5/2024****Max Carlsen****PALV****Sunset-2018: 4:29.03 + 2015****Logan Houck****Palo Verde****Sunrise-2018: 4:27.10 ! 2011****Robert Hommel****Green Valley****5:59.99 5A**

Name		Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Carlsen, Max R	SR	Palo Verde High School	4:34.47	4:25.62 ^ q5A
2	Esposito, Toby	SO	Coronado High School-CA	4:57.63	4:39.30 q5A
	25.17		52.47 (27.30)	1:20.20 (27.73)	1:48.39 (28.19)
	2:16.82 (28.43)		2:45.43 (28.61)	3:14.07 (28.64)	3:42.84 (28.77)
	4:11.77 (28.93)		4:39.30 (27.53)		
3	Bateman, Lewis J		Bishop Gorman High School	4:47.28	4:43.68 q5A
	25.47		53.08 (27.61)	1:21.55 (28.47)	1:50.24 (28.69)
	2:19.02 (28.78)		2:47.92 (28.90)	3:16.97 (29.05)	3:46.20 (29.23)
	4:15.36 (29.16)		4:43.68 (28.32)		
4	Meyer, Kenny M	SR	Centennial High School-CA	4:50.72	4:46.00 q5A
5	Valdovinos, Troy A	SR	Coronado High School-CA	4:44.74	4:48.45 q5A
	26.70		55.34 (28.64)	1:24.29 (28.95)	1:53.49 (29.20)
	2:22.63 (29.14)		2:52.15 (29.52)	3:21.39 (29.24)	3:50.77 (29.38)
	4:19.98 (29.21)		4:48.45 (28.47)		
6	Pittman, Ezekiel	JR	Liberty HS-CA	4:51.87	4:52.35 q5A
	26.99		55.89 (28.90)	1:25.60 (29.71)	1:55.10 (29.50)
	2:24.70 (29.60)		2:54.02 (29.32)	3:23.85 (29.83)	3:54.04 (30.19)
	4:23.37 (29.33)		4:52.35 (28.98)		
7	Bickler, Jackson	FR	Faith Lutheran Swim & Dive-CA	5:06.47	4:56.62 q5A
8	Fradet, John	FR	Arbor View High School-CA	5:14.20	4:57.73 q5A
	27.42		56.49 (29.07)	1:26.33 (29.84)	1:56.67 (30.34)
	2:27.01 (30.34)		2:57.66 (30.65)	3:28.38 (30.72)	3:58.94 (30.56)
	4:29.22 (30.28)		4:57.73 (28.51)		
9	McCarthy, Robert	SO	Faith Lutheran Swim & Dive-CA	5:14.75	4:58.83 q5A
10	Sprague, Cody	JR	Arbor View High School-CA	5:10.72	5:00.18 q5A
	26.95		55.96 (29.01)	1:25.74 (29.78)	1:55.66 (29.92)
	2:26.43 (30.77)		2:58.07 (31.64)	3:29.20 (31.13)	3:59.52 (30.32)
	4:30.34 (30.82)		5:00.18 (29.84)		
11	Walker, Theo	SO	Arbor View High School-CA	5:15.56	5:04.92 q5A
	27.71		57.65 (29.94)	1:28.04 (30.39)	1:59.08 (31.04)
	2:29.76 (30.68)		3:00.77 (31.01)	3:31.69 (30.92)	4:02.87 (31.18)
	4:34.11 (31.24)		5:04.92 (30.81)		
12	Ooi, Christopher	JR	Palo Verde High School	5:21.70	5:14.25 q5A
	27.94		58.11 (30.17)	1:28.82 (30.71)	2:00.14 (31.32)
	2:31.78 (31.64)		3:04.04 (32.26)	3:36.55 (32.51)	4:08.91 (32.36)
	4:41.62 (32.71)		5:14.25 (32.63)		
13	Bunn, Mitchell	FR	Arbor View High School-CA	5:21.45	5:18.02 q5A
14	Tai, Athen	FR	Palo Verde High School	5:27.28	5:19.92 q5A
	28.07		59.18 (31.11)	1:31.36 (32.18)	2:03.78 (32.42)
	2:36.20 (32.42)		3:09.08 (32.88)	3:42.20 (33.12)	4:15.36 (33.16)
	4:48.35 (32.99)		5:19.92 (31.57)		
15	Brouillette, Matteo	SO	Palo Verde High School	5:30.78	5:28.19 q5A
16	Tchobanian, Shant A	SR	Coronado High School-CA	5:21.34	5:33.35 q5A
	28.68		1:01.71 (33.03)	1:35.90 (34.19)	2:10.10 (34.20)
	2:43.64 (33.54)		3:17.18 (33.54)	3:50.80 (33.62)	4:25.23 (34.43)
	4:59.57 (34.34)		5:33.35 (33.78)		

2025NIAA Regional Championship 5A - 5/6/2025 to 5/17/2025**2025 Regional Championship Southern 5A, Sanction #: 025-048****Hosted by NIAA****Results****Preliminaries ... (Event 16 Boys 500 Yard Freestyle)**

Name		Yr	School			
17	Calhoun, Ryan C	JR	Coronado High School-CA	5:35.42	5:39.41	5A
	29.48	1:01.51 (32.03)	1:35.36 (33.85)	2:10.99 (35.63)		
	2:45.06 (34.07)	3:20.52 (35.46)	3:55.50 (34.98)	4:31.71 (36.21)		
	5:06.71 (35.00)	5:39.41 (32.70)				
18	Parkhurst, Phoenix	SR	Liberty HS-CA	5:46.50	5:45.95	5A

Event 17 Girls 200 Yard Freestyle Relay

5A Reg 2022+: 1:38.91 ^ 5/2023 **Coronado High School** **Coron**
M Hebert, A Holmes, K Sheesley, A Underwood
Sunset-2018: 1:37.49 + 2014 **Bishop Gorman** **Bisho**
M Geraghty, A Lubawy, A Boedt, M Maluafiti
Sunrise-2018: 1:39.64 ! 2012 **Coronado** **Coron**
Swan, Mertel, Navarro, Harrison

Team	Relay	Seed Time	Finals Time	Points
1 Coronado High School-CA	A	1:38.34	1:35.73 +	40
1) Schulz, Ana M JR	2) Holmes, Addison H SR	3) Carrington, Lia R FR	4) Carrington, Grace M JR	
23.89	48.58 (24.69)	1:12.60 (24.02)	1:35.73 (23.13)	
2 Arbor View High School-CA	A	1:42.22	1:39.60	34
1) Berkman, Brooke	2) Britt, Asia JR	3) Campbell, Amelia SO	4) Zauder, Sienna SO	
25.78	51.53 (25.75)	1:16.18 (24.65)	1:39.60 (23.42)	
3 Liberty HS-CA	A	1:46.73	1:42.22	32
1) Mitzel, Makenna SR	2) Prescott, Zealin JR	3) Kasden, Addison SR	4) Mitzel, Kendall SR	
25.16	50.87 (25.71)	1:16.82 (25.95)	1:42.22 (25.40)	
4 Palo Verde High School	A	1:46.35	1:42.23	30
1) McCarthy, Kathleen JR	2) Johnson, Zoey SO	3) Myers, Landyn FR	4) Avra, Veronica J SR	
26.36	52.20 (25.84)	1:17.38 (25.18)	1:42.23 (24.85)	
5 Faith Lutheran Swim & Dive-	A	1:44.74	1:42.60	28
1) Wolfe, Tigerlily J SR	2) Herterick, McKenna SO	3) Zarkos, Isabella SO	4) Mudadu, Summer SO	
25.60	52.76 (27.16)	1:18.94 (26.18)	1:42.60 (23.66)	
6 Shadow Ridge HS-CA	A	1:50.46	1:47.39	26
1) Lesko, Molly R FR	2) Gwin, Isis SR	3) Hammer, Sophia FR	4) Winterbottom, Chloe SR	
26.64	54.82 (28.18)	1:19.51 (24.69)	1:47.39 (27.88)	
7 Centennial High School-CA	A	1:48.25	1:47.70	24
1) Williams, Grace M SO	2) Khan, Olivia A FR	3) Weinstein, Mary FR	4) Dawidian, Maddy K JR	
27.94	56.75 (28.81)	1:22.28 (25.53)	1:47.70 (25.42)	
8 Bishop Gorman High School	A	1:49.64	1:51.86	22
1) de Leon, Eliana C	2) Gaddis, Milania M	3) Setzler, Lily A	4) De Castroverde, Ivy C	
29.28	55.92 (26.64)	1:23.90 (27.98)	1:51.86 (27.96)	
9 Desert Oasis HS-CA	A	2:00.44	1:57.26	18
1) Oswalt, Kendall FR	2) Nguyen, Olivia JR	3) Grobl, Ava SR	4) Villeda Flores, Mary SR	
29.01	59.61 (30.60)	1:30.21 (30.60)	1:57.26 (27.05)	
10 Clark High School-US	A	2:12.44	2:14.87	14
1) Liu, Chiu	2) Phillips, Ayari	3) Box, Isabella	4) Wang, Alexis	
31.27	1:12.30 (41.03)	1:44.94 (32.64)	2:14.87 (29.93)	

2025NIAA Regional Championship 5A - 5/6/2025 to 5/17/2025**2025 Regional Championship Southern 5A, Sanction #: 025-048****Hosted by NIAA****Results****Event 18 Boys 200 Yard Freestyle Relay****5A Reg 2022+: 1:26.89 ^ 5/2023****Palo Verde High School PALV****J Christ, A Hernandez, M Carlsen, J Evans****Sunset-2018: 1:29.69 + 2010****Palo Verde****Palo****Miller, Sorkin, Ward, Hill****Sunrise-2018: 1:27.07 ! 2004****Boulder City****Bould****Broadbent, Lundgaard, Merrill, Morgan**

	Team	Relay	Seed Time	Finals Time	Points
1	Palo Verde High School	A	1:31.19	1:27.04!	40
	1) Robertson, Owen JR	2) Pezowicz, Wiktor JR	3) Longworth, Aiden C JR	4) Carlsen, Max R SR	
	21.59 43.75 (22.16)	1:06.04 (22.29)	1:27.04 (21.00)		
2	Coronado High School-CA	A	1:34.01	1:29.73	34
	1) Esposito, Toby SO	2) Valdovinos, Troy A SR	3) York-Arevalos, Lucas SR	4) Taylor, Garrett D SR	
	22.18 44.03 (21.85)	1:07.64 (23.61)	1:29.73 (22.09)		
3	Faith Lutheran Swim & Dive-	A	1:34.40	1:32.26	32
	1) McCarthy, Robert SO	2) Bickler, Jackson FR	3) Mayhew, Cole T JR	4) Morgan, Jaxson FR	
	23.49 46.73 (23.24)	1:10.29 (23.56)	1:32.26 (21.97)		
4	Arbor View High School-CA	A	1:35.31	1:32.51	30
	1) Atkins, Joseph SO	2) Miller, Gavin JR	3) Sprague, Cody JR	4) Basil, Vincent FR	
	23.49 46.93 (23.44)	1:10.06 (23.13)	1:32.51 (22.45)		
5	Bishop Gorman High School	A	1:33.83	1:32.85	28
	1) Mirejovsky, Daniel W	2) Dunagan, Cian J	3) Dunagan, Michael M	4) Cardinali, Jacob E	
	24.33 47.29 (22.96)	1:10.41 (23.12)	1:32.85 (22.44)		
6	Centennial High School-CA	A	1:36.19	1:38.19	26
	1) Irvine, Cash M SO	2) Hankin, Alex A SR	3) McDaniel, Gavin M JR	4) Rasmussen, Ezekiel G SO	
	25.51 51.08 (25.57)	1:14.46 (23.38)	1:38.19 (23.73)		
7	Shadow Ridge HS-CA	A	1:41.47	1:39.33	24
	1) Fontilea-Moore, Joseph A S2	2) Went, Kellen SO	3) Larkin, Connor JR	4) Custer, Maxwell JR	
	24.94 48.80 (23.86)	1:14.90 (26.10)	1:39.33 (24.43)		
8	Liberty HS-CA	A	1:44.13	1:40.43	22
	1) Christopher, Robert JR	2) Parkhurst, Sterling FR	3) Parkhurst, Phoenix SR	4) Martin, Reid JR	
	23.49 50.36 (26.87)	1:17.44 (27.08)	1:40.43 (22.99)		
9	Desert Oasis HS-CA	A	1:48.50	1:45.92	18
	1) Robinson, Reese SR	2) Baja, David SR	3) Young, Benjamin SR	4) Hinh, Landon SO	
	25.14 58.65 (33.51)	1:21.40 (22.75)	1:45.92 (24.52)		
10	Clark High School-US	A	1:40.97	2:01.73	14
	1) Jin, Eric	2) Kotadiya, Vansh	3) Zhou, Bohan	4) Kidsom, Justin	
	31.73 1:15.82 (44.09)	1:34.30 (18.48)	2:01.73 (27.43)		

Event 19 Girls 100 Yard Backstroke**5A Reg 2022+: 58.01 ^ 5/2024****Sophia Pinter****Coronado****Sunset-2018: 56.48 + 2011****Alexis Mayhall****Palo Verde****Sunrise-2018: 54.22 ! 2017****Abby Richter****Green Valley****1:18.99 5A**

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Schulz, Ana M	JR	Coronado High School-CA	57.42	55.97 + 5A	20
	27.01	55.97 (28.96)				
2	Pinter, Sophia E	SR	Coronado High School-CA	59.85	57.84 5A	17
	27.90	57.84 (29.94)				
3	Dawidian, Maddy K	JR	Centennial High School-CA	59.31	59.28 5A	16
	28.62	59.28 (30.66)				

2025NIAA Regional Championship 5A - 5/6/2025 to 5/17/2025**2025 Regional Championship Southern 5A, Sanction #: 025-048****Hosted by NIAA****Results****A - Final ... (Event 19 Girls 100 Yard Backstroke)**

	Name	Yr	School	Prelim Time	Finals Time		Points
4	Berkman, Brooke		Arbor View High School-CA	1:01.26	1:00.59	5A	15
	29.68	1:00.59 (30.91)					
5	Villeda Flores, Mary	SR	Desert Oasis HS-CA	1:01.93	1:00.74	5A	14
	29.51	1:00.74 (31.23)					
6	Molina, Liannah	SO	Arbor View High School-CA	1:02.81	1:02.27	5A	13
	30.40	1:02.27 (31.87)					
7	Lesko, Molly R	FR	Shadow Ridge HS-CA	1:03.94	1:03.60	5A	12
	31.52	1:03.60 (32.08)					
8	Chaffin, Leah C	JR	Palo Verde High School	1:04.19	1:03.98	5A	11
	31.03	1:03.98 (32.95)					

B - Final

9	Linderman, Alyssa K		Bishop Gorman High School	1:04.49	1:03.63	5A	9
	30.95	1:03.63 (32.68)					
10	De Castroverde, Ivy C		Bishop Gorman High School	1:04.85	1:04.83	5A	7
	31.50	1:04.83 (33.33)					
11	Oden, Kirstyn A	SO	Coronado High School-CA	1:08.09	1:05.57	5A	6
	31.94	1:05.57 (33.63)					
12	Lange, Kate L	FR	Coronado High School-CA	1:07.83	1:06.10	5A	5
	31.63	1:06.10 (34.47)					
13	Carlson, Kylee	FR	Arbor View High School-CA	1:05.62	1:06.99	5A	4
	32.04	1:06.99 (34.95)					
14	Manuel, Sophia	JR	Palo Verde High School	1:08.51	1:07.71	5A	3
	32.94	1:07.71 (34.77)					
15	Setzler, Lily A		Bishop Gorman High School	1:08.07	1:08.12	5A	2
	33.57	1:08.12 (34.55)					
16	Ardine, Olivia	SR	Faith Lutheran Swim & Dive-CA	1:09.78	1:10.46	5A	1
	33.87	1:10.46 (36.59)					

Preliminaries

17	Dupuis, Skylar	FR	Faith Lutheran Swim & Dive-CA	1:11.41			
18	Oswalt, Kendall	FR	Desert Oasis HS-CA	1:12.46			
19	Perez, Julia	SO	Palo Verde High School	1:13.17			
20	Logie, Violet	FR	Palo Verde High School	1:13.57			
21	Ochoa, Olivia E		Bishop Gorman High School	1:13.76			
22	Khan, Olivia A	FR	Centennial High School-CA	1:14.88			
23	Gomez-Stoia, Dezirae	JR	Shadow Ridge HS-CA	1:15.93			
24	Chang-Rodriguez, Luciana	JR	Arbor View High School-CA	1:15.95			
25	Stovall, Bridget	SO	Faith Lutheran Swim & Dive-CA	1:16.68			
26	Blank, Samantha	SO	Faith Lutheran Swim & Dive-CA	1:17.60			
27	Abi-Nader, Lilliana	JR	Liberty HS-CA	1:17.88			
28	Valencia, Luci M	SR	Centennial High School-CA	1:18.92			
29	Gordon, McKenna J	JR	Centennial High School-CA	1:19.11			
---	Truong, Tiana		Clark High School-US	DQ			

2025NIAA Regional Championship 5A - 5/6/2025 to 5/17/2025
2025 Regional Championship Southern 5A, Sanction #: 025-048
Hosted by NIAA
Results

Event 19 Girls 100 Yard Backstroke

5A Reg 2022+: 58.01 ^ 5/2024

Sunset-2018: 56.48 + 2011

Sunrise-2018: 54.22 ! 2017

1:18.99 5A

Sophia Pinter

Alexis Mayhall

Abby Richter

Coronado

Palo Verde

Green Valley

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Schulz, Ana M	JR	Coronado High School-CA	57.41	57.42 ^ q5A
27.43	57.42 (29.99)			
2 Dawidian, Maddy K	JR	Centennial High School-CA	1:04.05	59.31 q5A
28.83	59.31 (30.48)			
3 Pinter, Sophia E	SR	Coronado High School-CA	1:00.64	59.85 q5A
28.77	59.85 (31.08)			
4 Berkman, Brooke		Arbor View High School-CA	1:05.79	1:01.26 q5A
29.65	1:01.26 (31.61)			
5 Villeda Flores, Mary	SR	Desert Oasis HS-CA	1:05.51	1:01.93 q5A
30.11	1:01.93 (31.82)			
6 Molina, Liannah	SO	Arbor View High School-CA	1:08.41	1:02.81 q5A
30.23	1:02.81 (32.58)			
7 Lesko, Molly R	FR	Shadow Ridge HS-CA	1:06.09	1:03.94 q5A
30.56	1:03.94 (33.38)			
8 Chaffin, Leah C	JR	Palo Verde High School	1:05.75	1:04.19 q5A
31.57	1:04.19 (32.62)			
9 Linderman, Alyssa K		Bishop Gorman High School	1:06.63	1:04.49 q5A
31.27	1:04.49 (33.22)			
10 De Castroverde, Ivy C		Bishop Gorman High School	1:09.23	1:04.85 q5A
31.53	1:04.85 (33.32)			
11 Carlson, Kylee	FR	Arbor View High School-CA	1:07.84	1:05.62 q5A
31.86	1:05.62 (33.76)			
12 Lange, Kate L	FR	Coronado High School-CA	1:06.64	1:07.83 q5A
32.51	1:07.83 (35.32)			
13 Setzler, Lily A		Bishop Gorman High School	1:08.09	1:08.07 q5A
32.92	1:08.07 (35.15)			
14 Oden, Kirstyn A	SO	Coronado High School-CA	1:08.46	1:08.09 q5A
33.15	1:08.09 (34.94)			
15 Manuel, Sophia	JR	Palo Verde High School	1:09.11	1:08.51 q5A
33.38	1:08.51 (35.13)			
16 Ardine, Olivia	SR	Faith Lutheran Swim & Dive-CA	1:12.15	1:09.78 q5A
33.61	1:09.78 (36.17)			
17 Dupuis, Skylar	FR	Faith Lutheran Swim & Dive-CA	1:15.09	1:11.41 5A
35.11	1:11.41 (36.30)			
18 Oswalt, Kendall	FR	Desert Oasis HS-CA	1:12.09	1:12.46 5A
35.12	1:12.46 (37.34)			
19 Perez, Julia	SO	Palo Verde High School	1:17.32	1:13.17 5A
34.70	1:13.17 (38.47)			
20 Logie, Violet	FR	Palo Verde High School	1:14.50	1:13.57 5A
36.03	1:13.57 (37.54)			
21 Ochoa, Olivia E		Bishop Gorman High School	1:16.33	1:13.76 5A
34.61	1:13.76 (39.15)			
22 Khan, Olivia A	FR	Centennial High School-CA	1:18.23	1:14.88 5A
35.84	1:14.88 (39.04)			

2025NIAA Regional Championship 5A - 5/6/2025 to 5/17/2025**2025 Regional Championship Southern 5A, Sanction #: 025-048****Hosted by NIAA****Results****Preliminaries ... (Event 19 Girls 100 Yard Backstroke)**

	Name	Yr	School	Seed Time	Prelim Time	
23	Gomez-Stoia, Dezirae	JR	Shadow Ridge HS-CA	1:17.76	1:15.93	5A
	36.50	1:15.93 (39.43)				
24	Chang-Rodriguez, Luciana	JR	Arbor View High School-CA	1:16.02	1:15.95	5A
	37.30	1:15.95 (38.65)				
25	Stovall, Bridget	SO	Faith Lutheran Swim & Dive-CA	1:16.59	1:16.68	5A
	37.49	1:16.68 (39.19)				
26	Blank, Samantha	SO	Faith Lutheran Swim & Dive-CA	1:18.83	1:17.60	5A
	37.60	1:17.60 (40.00)				
27	Abi-Nader, Lilliana	JR	Liberty HS-CA	1:16.68	1:17.88	5A
	37.92	1:17.88 (39.96)				
28	Valencia, Luci M	SR	Centennial High School-CA	1:18.38	1:18.92	5A
	37.83	1:18.92 (41.09)				
29	Gordon, McKenna J	JR	Centennial High School-CA	1:18.19	1:19.11	
	38.78	1:19.11 (40.33)				
---	Truong, Tiana		Clark High School-US	1:16.20	DQ	
	False start					

Event 20 Boys 100 Yard Backstroke

5A Reg 2022+:	49.88	^	5/2022	Daniel Nikoloff	Coronado
Sunset-2018:	51.55	+	2015	Isiah Magsino	Legacy
Sunrise-2018:	52.28	!	2012	Joey Gebhart	Boulder City
	1:07.99	5A			

	Name	Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Robertson, Owen	JR	Palo Verde High School	51.35	50.29+ 5A	20
	24.48	50.29 (25.81)				
2	Longworth, Aiden C	JR	Palo Verde High School	51.94	52.41 5A	17
	25.32	52.41 (27.09)				
3	Oden, AJ J	SR	Coronado High School-CA	54.39	53.19 5A	16
	25.60	53.19 (27.59)				
4	Basilio, Seth A		Bishop Gorman High School	55.40	55.01 5A	15
	26.68	55.01 (28.33)				
5	Gallagher-Spencer, Jace	SO	Palo Verde High School	56.53	55.87 5A	14
	27.20	55.87 (28.67)				
6	Miller, Gavin	JR	Arbor View High School-CA	56.55	56.33 5A	13
	27.56	56.33 (28.77)				
7	McCarthy, Robert	SO	Faith Lutheran Swim & Dive-CA	57.75	56.66 5A	12
	27.39	56.66 (29.27)				
8	Meyer, Kenny M	SR	Centennial High School-CA	56.37	57.88 5A	11
	27.92	57.88 (29.96)				
B - Final						
9	Keller, Preston D	SR	Palo Verde High School	58.44	57.15 5A	9
	27.96	57.15 (29.19)				
10	McDaniel, Gavin M	JR	Centennial High School-CA	59.05	58.53 5A	7
	28.43	58.53 (30.10)				
11	Ward, Brody O	JR	Coronado High School-CA	1:00.05	58.81 5A	6
	28.51	58.81 (30.30)				
12	Pinter, Brady A	SO	Coronado High School-CA	1:00.73	59.03 5A	5
	28.67	59.03 (30.36)				
13	Zachariou, Teddy M		Bishop Gorman High School	59.94	59.95 5A	4
	29.28	59.95 (30.67)				

2025NIAA Regional Championship 5A - 5/6/2025 to 5/17/2025**2025 Regional Championship Southern 5A, Sanction #: 025-048****Hosted by NIAA****Results****B - Final ... (Event 20 Boys 100 Yard Backstroke)**

	Name	Yr	School	Prelim Time	Finals Time	Points
14	Butts, Ethan E	SO	Centennial High School-CA	1:03.64	1:01.01 5A	3
	29.66 1:01.01 (31.35)					
15	Luong, Anthony D	SO	Coronado High School-CA	1:03.82	1:01.51 5A	2
	29.63 1:01.51 (31.88)					
16	Mirejovsky, Daniel W		Bishop Gorman High School	1:05.10	1:01.70 5A	1
	30.44 1:01.70 (31.26)					

Event 20 Boys 100 Yard Backstroke

5A Reg 2022+: 49.88 ^ 5/2022 Daniel Nikoloff
 Sunset-2018: 51.55 + 2015 Isiah Magsino
 Sunrise-2018: 52.28 ! 2012 Joey Gebhart
 1:07.99 5A

Coronado
 Legacy
 Boulder City

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Robertson, Owen	JR	Palo Verde High School	53.28	51.35 + q5A
	24.73 51.35 (26.62)				
2	Longworth, Aiden C	JR	Palo Verde High School	56.50	51.94 q5A
	25.33 51.94 (26.61)				
3	Oden, AJ J	SR	Coronado High School-CA	53.37	54.39 q5A
	26.32 54.39 (28.07)				
4	Basilio, Seth A		Bishop Gorman High School	57.32	55.40 q5A
	26.66 55.40 (28.74)				
5	Meyer, Kenny M	SR	Centennial High School-CA	58.89	56.37 q5A
	27.19 56.37 (29.18)				
6	Gallagher-Spencer, Jace	SO	Palo Verde High School	59.37	56.53 q5A
	27.45 56.53 (29.08)				
7	Miller, Gavin	JR	Arbor View High School-CA	58.94	56.55 q5A
	27.45 56.55 (29.10)				
8	McCarthy, Robert	SO	Faith Lutheran Swim & Dive-CA	1:02.25	57.75 q5A
	27.89 57.75 (29.86)				
9	Keller, Preston D	SR	Palo Verde High School	1:00.37	58.44 q5A
	28.36 58.44 (30.08)				
10	McDaniel, Gavin M	JR	Centennial High School-CA	1:03.06	59.05 q5A
	28.67 59.05 (30.38)				
11	Zachariou, Teddy M		Bishop Gorman High School	1:00.02	59.94 q5A
	29.00 59.94 (30.94)				
12	Ward, Brody O	JR	Coronado High School-CA	1:02.64	1:00.05 q5A
	29.37 1:00.05 (30.68)				
13	Pinter, Brady A	SO	Coronado High School-CA	1:00.56	1:00.73 q5A
	29.54 1:00.73 (31.19)				
14	Butts, Ethan E	SO	Centennial High School-CA	1:04.83	1:03.64 q5A
	31.31 1:03.64 (32.33)				
15	Luong, Anthony D	SO	Coronado High School-CA	1:04.56	1:03.82 q5A
	30.84 1:03.82 (32.98)				
16	Mirejovsky, Daniel W		Bishop Gorman High School	1:07.12	1:05.10 q5A
	32.04 1:05.10 (33.06)				

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Event 21 Girls 100 Yard Breaststroke

5A Reg 2022+: 1:05.93 ^ 5/2022

Lucy A Warnick

PALV

Sunset-2018: 1:02.53 + 2014

Izzy Goldsmith

Palo Verde

Sunrise-2018: 1:04.19 ! 2011

Mallory Harris

Silverado

1:25.99 5A

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Carrington, Grace M	JR	Coronado High School-CA	1:06.25	1:04.92 ^ 5A	20
30.63		1:04.92 (34.29)			
2 Campbell, Amelia	SO	Arbor View High School-CA	1:06.63	1:05.58 5A	17
31.41		1:05.58 (34.17)			
3 Holmes, Addison H	SR	Coronado High School-CA	1:07.28	1:06.84 5A	16
31.50		1:06.84 (35.34)			
4 Herra, Juli N		Bishop Gorman High School	1:09.31	1:07.51 5A	15
31.65		1:07.51 (35.86)			
5 Hillcoat, Mylie	JR	Faith Lutheran Swim & Dive-CA	1:10.08	1:08.11 5A	14
32.02		1:08.11 (36.09)			
6 Millman, Amber	FR	Palo Verde High School	1:09.84	1:08.19 5A	13
32.57		1:08.19 (35.62)			
7 Weinstein, Mary	FR	Centennial High School-CA	1:08.54	1:08.71 5A	12
32.07		1:08.71 (36.64)			
8 Wendell, Brynn	JR	Palo Verde High School	1:09.67	1:09.76 5A	11
33.14		1:09.76 (36.62)			
B - Final					
9 Fleming, Makenna	FR	Liberty HS-CA	1:10.50	1:11.61 5A	9
33.79		1:11.61 (37.82)			
10 VanderLind, Brooke	SO	Palo Verde High School	1:11.68	1:12.02 5A	7
33.90		1:12.02 (38.12)			
11 Weigel, Katie	JR	Arbor View High School-CA	1:11.41	1:13.14 5A	6
34.70		1:13.14 (38.44)			
12 Britt, Asia	JR	Arbor View High School-CA	1:16.63	1:14.05 5A	5
35.14		1:14.05 (38.91)			
13 Benoualid, Gabrielle G	JR	Coronado High School-CA	1:14.37	1:14.08 5A	4
35.64		1:14.08 (38.44)			
14 Browne, Madeleine	JR	Palo Verde High School	1:18.23	1:14.98 5A	3
35.40		1:14.98 (39.58)			
15 Ottenbacher, Phoebe J	SR	Arbor View High School-CA	1:15.56	1:15.32 5A	2
35.84		1:15.32 (39.48)			
16 Wood, Kaylee A	FR	Shadow Ridge HS-CA	1:16.86	1:15.90 5A	1
36.12		1:15.90 (39.78)			
Preliminaries					
17 Tomasino, Sophia	FR	Faith Lutheran Swim & Dive-CA	1:19.66		
18 Sullivan, Olivia	FR	Faith Lutheran Swim & Dive-CA	1:20.18		
19 Herterick, McKenna	SO	Faith Lutheran Swim & Dive-CA	1:20.67		
20 Kline, Izzy F	JR	Centennial High School-CA	1:21.95		
21 Chung, Megan Y	SO	Coronado High School-CA	1:22.74		
22 Nakamura, Remy H	SO	Shadow Ridge HS-CA	1:23.08		
23 Grobl, Ava	SR	Desert Oasis HS-CA	1:24.69		

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Event 21 Girls 100 Yard Breaststroke

5A Reg 2022+: 1:05.93 ^ 5/2022

Lucy A Warnick

PALV

Sunset-2018: 1:02.53 + 2014

Izzy Goldsmith

Palo Verde

Sunrise-2018: 1:04.19 ! 2011

Mallory Harris

Silverado

1:25.99 5A

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Carrington, Grace M	JR	Coronado High School-CA	1:07.06	1:06.25	q5A
31.15	1:06.25 (35.10)				
2 Campbell, Amelia	SO	Arbor View High School-CA	1:09.75	1:06.63	q5A
32.06	1:06.63 (34.57)				
3 Holmes, Addison H	SR	Coronado High School-CA	1:07.37	1:07.28	q5A
31.89	1:07.28 (35.39)				
4 Weinstein, Mary	FR	Centennial High School-CA	1:13.07	1:08.54	q5A
32.27	1:08.54 (36.27)				
5 Herra, Juli N		Bishop Gorman High School	1:09.50	1:09.31	q5A
32.46	1:09.31 (36.85)				
6 Wendell, Brynn	JR	Palo Verde High School	1:15.25	1:09.67	q5A
33.28	1:09.67 (36.39)				
7 Millman, Amber	FR	Palo Verde High School	1:08.90	1:09.84	q5A
33.25	1:09.84 (36.59)				
8 Hillcoat, Mylie	JR	Faith Lutheran Swim & Dive-CA	1:10.40	1:10.08	q5A
33.45	1:10.08 (36.63)				
9 Fleming, Makenna	FR	Liberty HS-CA	1:12.72	1:10.50	q5A
33.63	1:10.50 (36.87)				
10 Weigel, Katie	JR	Arbor View High School-CA	1:12.31	1:11.41	q5A
33.84	1:11.41 (37.57)				
11 VanderLind, Brooke	SO	Palo Verde High School	1:14.50	1:11.68	q5A
33.71	1:11.68 (37.97)				
12 Benoualid, Gabrielle G	JR	Coronado High School-CA	1:15.26	1:14.37	q5A
36.23	1:14.37 (38.14)				
13 Ottenbacher, Phoebe J	SR	Arbor View High School-CA	1:15.68	1:15.56	q5A
36.37	1:15.56 (39.19)				
14 Britt, Asia	JR	Arbor View High School-CA	1:17.67	1:16.63	q5A
36.27	1:16.63 (40.36)				
15 Wood, Kaylee A	FR	Shadow Ridge HS-CA	1:18.15	1:16.86	q5A
36.39	1:16.86 (40.47)				
16 Browne, Madeleine	JR	Palo Verde High School	1:16.95	1:18.23	q5A
37.05	1:18.23 (41.18)				
17 Tomasino, Sophia	FR	Faith Lutheran Swim & Dive-CA	1:21.09	1:19.66	5A
37.78	1:19.66 (41.88)				
18 Sullivan, Olivia	FR	Faith Lutheran Swim & Dive-CA	1:24.31	1:20.18	5A
37.18	1:20.18 (43.00)				
19 Herterick, McKenna	SO	Faith Lutheran Swim & Dive-CA	1:23.42	1:20.67	5A
37.81	1:20.67 (42.86)				
20 Kline, Izzy F	JR	Centennial High School-CA	1:21.93	1:21.95	5A
38.70	1:21.95 (43.25)				
21 Chung, Megan Y	SO	Coronado High School-CA	1:22.81	1:22.74	5A
39.25	1:22.74 (43.49)				
22 Nakamura, Remy H	SO	Shadow Ridge HS-CA	1:24.86	1:23.08	5A
39.39	1:23.08 (43.69)				

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Name	Yr	School	Seed Time	Prelim Time	
23 Grobl, Ava	SR	Desert Oasis HS-CA	1:23.07	1:24.69	5A
40.47	1:24.69	(44.22)			

Event 22 Boys 100 Yard Breaststroke

5A Reg 2022+:	56.26	^	5/2023	Alessio Lucero	Shadow Ridge
Sunset-2018:	57.75	+	2010	Cody Miller	Palo Verde
Sunrise-2018:	55.86	!	2015	Michael Velazquez	Green Valley
1:14.99	5A				

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Doty, Liam	SO	Faith Lutheran Swim & Dive-CA	1:00.16	59.60	5A 20
28.65	59.60	(30.95)			
2 Evans, Joshua	JR	Palo Verde High School	1:01.27	1:00.42	5A 17
28.06	1:00.42	(32.36)			
3 Christopher, Robert	JR	Liberty HS-CA	1:01.67	1:00.65	5A 16
28.68	1:00.65	(31.97)			
4 Protell, Tyler J		Bishop Gorman High School	1:02.59	1:01.64	5A 15
28.53	1:01.64	(33.11)			
5 Mayhew, Cole T	JR	Faith Lutheran Swim & Dive-CA	1:01.86	1:01.89	5A 14
29.02	1:01.89	(32.87)			
6 Woods, Aidan T	JR	Centennial High School-CA	1:02.78	1:02.13	5A 13
29.42	1:02.13	(32.71)			
7 Basil, Vincent	FR	Arbor View High School-CA	1:02.17	1:02.19	5A 12
29.31	1:02.19	(32.88)			
8 Bickler, Alex	FR	Faith Lutheran Swim & Dive-CA	1:04.35	1:05.10	5A 11
30.36	1:05.10	(34.74)			
B - Final					
9 Nguyen, Luka A		Bishop Gorman High School	1:05.15	1:04.06	5A 9
30.70	1:04.06	(33.36)			
10 Diaz, CJ		Bishop Gorman High School	1:04.50	1:04.30	5A 7
30.60	1:04.30	(33.70)			
11 Lewandowski, Fred	SO	Faith Lutheran Swim & Dive-CA	1:06.00	1:05.21	5A 6
31.09	1:05.21	(34.12)			
12 Hinh, Landon	SO	Desert Oasis HS-CA	1:06.57	1:06.74	5A 5
30.99	1:06.74	(35.75)			
13 Mersereau, Ethan	FR	Shadow Ridge HS-CA	1:08.66	1:08.07	5A 4
31.57	1:08.07	(36.50)			
14 Delgado, Christian	SR	Arbor View High School-CA	1:10.83	1:09.03	5A 3
32.46	1:09.03	(36.57)			
15 Avra, Roland	FR	Palo Verde High School	1:10.78	1:10.73	5A 2
33.86	1:10.73	(36.87)			
16 Blum, Ezra	SO	Palo Verde High School	1:13.77	1:11.96	5A 1
34.17	1:11.96	(37.79)			
Preliminaries					
17 Kidsom, Justin		Clark High School-US	1:14.75		
18 Chiang, Michael		Bishop Gorman High School	1:15.45		

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Event 22 Boys 100 Yard Breaststroke

5A Reg 2022+: 56.26 ^ 5/2023

Sunset-2018: 57.75 + 2010

Sunrise-2018: 55.86 ! 2015

Alessio Lucero

Cody Miller

Michael Velazquez

Shadow Ridge

Palo Verde

Green Valley

1:14.99 5A

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Doty, Liam	SO	Faith Lutheran Swim & Dive-CA	1:04.18	1:00.16	q5A
28.94	1:00.16 (31.22)				
2 Evans, Joshua	JR	Palo Verde High School	1:02.50	1:01.27	q5A
28.45	1:01.27 (32.82)				
3 Christopher, Robert	JR	Liberty HS-CA	1:02.90	1:01.67	q5A
29.25	1:01.67 (32.42)				
4 Mayhew, Cole T	JR	Faith Lutheran Swim & Dive-CA	1:04.01	1:01.86	q5A
29.24	1:01.86 (32.62)				
5 Basil, Vincent	FR	Arbor View High School-CA	1:05.71	1:02.17	q5A
29.40	1:02.17 (32.77)				
6 Protell, Tyler J		Bishop Gorman High School	1:07.47	1:02.59	q5A
29.70	1:02.59 (32.89)				
7 Woods, Aidan T	JR	Centennial High School-CA	1:03.29	1:02.78	q5A
29.78	1:02.78 (33.00)				
8 Bickler, Alex	FR	Faith Lutheran Swim & Dive-CA	1:09.10	1:04.35	q5A
30.45	1:04.35 (33.90)				
9 Diaz, CJ		Bishop Gorman High School	1:06.34	1:04.50	q5A
30.77	1:04.50 (33.73)				
10 Nguyen, Luka A		Bishop Gorman High School	1:05.55	1:05.15	q5A
31.25	1:05.15 (33.90)				
11 Lewandowski, Fred	SO	Faith Lutheran Swim & Dive-CA	1:13.43	1:06.00	q5A
31.24	1:06.00 (34.76)				
12 Hinh, Landon	SO	Desert Oasis HS-CA	1:08.43	1:06.57	q5A
30.69	1:06.57 (35.88)				
13 Mersereau, Ethan	FR	Shadow Ridge HS-CA	1:11.18	1:08.66	q5A
31.61	1:08.66 (37.05)				
14 Avra, Roland	FR	Palo Verde High School	1:14.31	1:10.78	q5A
32.67	1:10.78 (38.11)				
15 Delgado, Christian	SR	Arbor View High School-CA	1:11.22	1:10.83	q5A
32.72	1:10.83 (38.11)				
16 Blum, Ezra	SO	Palo Verde High School	1:13.27	1:13.77	q5A
34.66	1:13.77 (39.11)				
17 Kidsom, Justin		Clark High School-US	1:14.02	1:14.75	5A
33.85	1:14.75 (40.90)				
18 Chiang, Michael		Bishop Gorman High School	1:14.94	1:15.45	
36.60	1:15.45 (38.85)				

2025NIAA Regional Championship 5A - 5/6/2025 to 5/17/2025**2025 Regional Championship Southern 5A, Sanction #: 025-048****Hosted by NIAA****Results****Event 23 Girls 400 Yard Freestyle Relay****5A Reg 2022+: 3:36.17 ^ 5/2022****Coronado High School**
M Armstrong, R Holmes, K Beaudet, M Hebert**Coron****Sunset-2018: 3:34.20 + 2014****Bishop Gorman****Bisho****A Lubawy, A Boodt, R Boodt, C Miller****Sunrise-2018: 3:28.95 ! 2017****Green Valley****Green****A Richter, E Clinch, V Kitchens, V Navarro**

Team	Relay	Seed Time	Finals Time	Points
1 Coronado High School-CA	A	3:35.97	3:30.30 +	40
1) Carrington, Grace M JR	2) Ciobanu, Alice SR	3) Pinter, Sophia E SR	4) Schulz, Ana M JR	
24.74 51.55 (51.55)	1:17.76 (26.21)	1:45.86 (54.31)		
2:10.68 (24.82)	2:38.93 (53.07)	3:03.12 (24.19)	3:30.30 (51.37)	
2 Arbor View High School-CA	A	3:48.50	3:38.70	34
1) Berkman, Brooke	2) Kauffman, Alexandria SO	3) Campbell, Amelia SO	4) Zauder, Sienna SO	
27.65 57.17 (57.17)	1:24.11 (26.94)	1:52.89 (55.72)		
2:18.46 (25.57)	2:46.59 (53.70)	3:10.88 (24.29)	3:38.70 (52.11)	
3 Palo Verde High School	A	3:58.31	3:42.66	32
1) Manuel, Isabella SO	2) Chaffin, Leah C JR	3) Myers, Landyn FR	4) Millman, Amber FR	
27.05 56.21 (56.21)	1:23.70 (27.49)	1:53.34 (57.13)		
2:18.99 (25.65)	2:47.74 (54.40)	3:13.93 (26.19)	3:42.66 (54.92)	
4 Liberty HS-CA	A	3:55.92	3:44.06	30
1) Mitzel, Makenna SR	2) Prescott, Zealin JR	3) Kasden, Addison SR	4) Mitzel, Kendall SR	
26.21 54.26 (54.26)	1:21.35 (27.09)	1:52.14 (57.88)		
2:19.69 (27.55)	2:48.92 (56.78)	3:15.27 (26.35)	3:44.06 (55.14)	
5 Faith Lutheran Swim & Dive-	A	3:46.23	3:44.80	28
1) Wolfe, Tigerlily J SR	2) Zarkos, Isabella SO	3) Tomasino, Sophia FR	4) Sherman, Makenna SO	
26.62 56.44 (56.44)	1:23.42 (26.98)	1:52.32 (55.88)		
2:20.66 (28.34)	2:51.97 (59.65)	3:17.45 (25.48)	3:44.80 (52.83)	
6 Bishop Gorman High School	A	3:59.62	3:50.44	26
1) Linderman, Alyssa K	2) de Leon, Eliana C	3) Ceballes, Lenora N	4) Herra, Juli N	
27.41 56.93 (56.93)	1:24.61 (27.68)	1:55.47 (58.54)		
2:23.34 (27.87)	2:54.07 (58.60)	3:20.79 (26.72)	3:50.44 (56.37)	
7 Shadow Ridge HS-CA	A	4:05.54	4:03.33	24
1) Lesko, Molly R FR	2) Gwin, Isis SR	3) Hammer, Sophia FR	4) Brough, Lila SR	
28.79 58.76 (58.76)	1:28.68 (29.92)	2:03.74 (1:04.98)		
2:29.12 (25.38)	2:57.82 (54.08)	3:28.96 (31.14)	4:03.33 (1:05.51)	
8 Centennial High School-CA	A	4:02.32	4:03.67	22
1) Khan, Olivia A FR	2) Winfrey, Shaelyn E JR	3) Weinstein, Mary FR	4) Dawidian, Maddy K JR	
31.19 1:05.33 (1:05.33)	1:35.72 (30.39)	2:10.98 (1:05.65)		
2:37.44 (26.46)	3:07.20 (56.22)	3:33.68 (26.48)	4:03.67 (56.47)	
9 Clark High School-US	A	NT	4:51.21	18
1) Tschauner, Erinna	2) Liu, Chiu	3) Beckman, Sedona	4) Truong, Tiana	
33.74 1:18.50 (1:18.50)	1:46.35 (27.85)	2:24.26 (1:05.76)		
3:03.26 (39.00)	3:46.63 (1:22.37)	4:17.61 (30.98)	4:51.21 (1:04.58)	
10 Desert Oasis HS-CA	A	5:35.87	5:27.91	14
1) Nguyen, Catherine SR	2) Gonzalez, Aime SR	3) Chafloque, Sandra SR	4) Aguilera, Jimena SR	
39.41 5:27.91 (5:27.91)				

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Event 24 Boys 400 Yard Freestyle Relay

5A Reg 2022+: 3:10.19 ^ 5/2022

Coronado High School Coronado

D Toth, D Toth, N Gooding, D Nikoloff

Sunset-2018: 3:16.79 + 2009

Palo Verde

Palo

Priest, Sorkin, Chin, Sesto

Sunrise-2018: 3:08.37 ! 2003

Boulder City

Bould

Lundgaard, Broadbent, Foster, Tyler

Team	Relay	Seed Time	Finals Time	Points
1 Palo Verde High School	A	3:24.29	3:11.92 +	40
1) Robertson, Owen JR	2) Gallagher-Spencer, Jace SO	3) Longworth, Aiden C JR	4) Carlsen, Max R SR	
22.19 46.67 (46.67)	1:11.32 (24.65)	1:37.81 (51.14)		
2:01.01 (23.20)	2:26.04 (48.23)	2:47.76 (21.72)	3:11.92 (45.88)	
2 Coronado High School-CA	A	3:13.97	3:14.34	34
1) Esposito, Toby SO	2) Itano, Dash R SO	3) Pinter, Brady A SO	4) Oden, AJ J SR	
22.99 46.79 (46.79)	1:10.43 (23.64)	1:36.10 (49.31)		
2:00.22 (24.12)	2:27.03 (50.93)	2:49.62 (22.59)	3:14.34 (47.31)	
3 Bishop Gorman High School	A	3:24.25	3:18.37	32
1) Cardinali, Jacob E	2) Bateman, Lewis J	3) Basilio, Seth A	4) Wenk, Kyle R	
23.90 50.08 (50.08)	1:13.29 (23.21)	1:39.19 (49.11)		
2:03.46 (24.27)	2:29.40 (50.21)	2:52.33 (22.93)	3:18.37 (48.97)	
4 Faith Lutheran Swim & Dive-	A	3:34.10	3:21.42	30
1) Bickler, Jackson FR	2) Bickler, Alex FR	3) Lewandowski, Fred SO	4) McCarthy, Robert SO	
24.17 50.33 (50.33)	1:14.64 (24.31)	1:41.48 (51.15)		
2:05.32 (23.84)	2:32.25 (50.77)	2:55.34 (23.09)	3:21.42 (49.17)	
5 Arbor View High School-CA	A	3:29.97	3:22.26	28
1) Atkins, Joseph SO	2) Miller, Gavin JR	3) Sprague, Cody JR	4) Basil, Vincent FR	
24.96 51.70 (51.70)	1:15.80 (24.10)	1:42.73 (51.03)		
2:06.45 (23.72)	2:33.01 (50.28)	2:56.52 (23.51)	3:22.26 (49.25)	
6 Centennial High School-CA	A	3:31.18	3:26.08	26
1) Rasmussen, Ezekiel G SO	2) Dawidian, Nick J FR	3) Woods, Aidan T JR	4) Meyer, Kenny M SR	
24.95 51.92 (51.92)	1:15.91 (23.99)	1:42.66 (50.74)		
2:07.27 (24.61)	2:35.15 (52.49)	2:59.29 (24.14)	3:26.08 (50.93)	
7 Liberty HS-CA	A	3:44.12	3:27.04	24
1) Pittman, Ezekiel JR	2) Parkhurst, Phoenix SR	3) Christopher, Robert JR	4) Martin, Reid JR	
24.49 50.79 (50.79)	1:17.22 (26.43)	1:45.81 (55.02)		
2:09.96 (24.15)	2:36.41 (50.60)	3:00.40 (23.99)	3:27.04 (50.63)	
8 Clark High School-US	A	3:40.03	3:28.63	22
1) Chen, Bryan	2) Young, Christopher	3) Lee, Jared	4) Lee, Calvin	
24.54 52.03 (52.03)	1:17.68 (25.65)	1:48.05 (56.02)		
2:12.45 (24.40)	2:39.08 (51.03)	3:02.63 (23.55)	3:28.63 (49.55)	
9 Shadow Ridge HS-CA	A	3:45.25	3:36.29	18
1) Fontilela-Moore, Joseph A S2	2) Went, Kellen SO	3) Nielsen, Luke SO	4) Custer, Maxwell JR	
25.17 52.52 (52.52)	1:18.09 (25.57)	1:46.83 (54.31)		
2:12.81 (25.98)	2:41.90 (55.07)	3:07.48 (25.58)	3:36.29 (54.39)	
10 Desert Oasis HS-CA	A	5:03.13	4:26.15	14
1) Donat, Troy JR	2) Tamayo, Kelvin SR	3) Huynh, Jayden SR	4) Young, Benjamin SR	
33.08 1:11.02 (1:11.02)	1:41.75 (30.73)	2:17.56 (1:06.54)		
2:47.13 (29.57)	3:21.90 (1:04.34)	3:52.40 (30.50)	4:26.15 (1:04.25)	