

**Southern Nevada**

**Swimming & Diving**

**Coaches Association Handbook**

**2024-2025**

(Revised: 1/30/25)

Welcome and congratulations on accepting a position as a swim/diving coach in Southern Nevada. You will find your experience to be a fun and exciting one but also quite busy! This handbook is intended to provide you with the basic guidelines and timeframes of coaching swimming and diving in this district. If you have questions, please feel free to contact any of the Southern Nevada Swim and Dive Coaches Association Board Members (a list is included in this handbook) or any other coach (see Coaches Contact List).

### **SWIM AND DIVE COACHING REQUIREMENTS:**

Per NIAA, all new coaches must complete 4 courses before they are allowed to have contact with athletes. These can be taken online or in person. Information can be found at [www.NIAA.com](http://www.NIAA.com)

1. Coaching Fundamentals
2. Sports First Aid
3. Concussion Course
4. CPR/AED (can be taken wherever you choose, **cannot be online only**)  
\*Swim coaches also need to take Safety Training for Swim Coaches (when offered). This certification must be renewed every 2 years.

### **SOUTHERN NEVADA SWIM AND DIVE COACHES ASSOCIATION:**

Coaches joining SNSDCA are required to pay \$160 dues (per school). This gives you the right to vote for Coach of the Year and make nominations for the swim and dive Hall of Fame.

Dues are collected to cover the administrative costs of a meet, such as paper and toner. You will see the cost layout below.

<b>Fees</b>	<b>Cost</b>	<b>Qty</b>	<b>Total</b>
Coaches Dues	\$160 per school	1	\$160.00
1 <sup>st</sup> Late Charge 2 <sup>nd</sup> Late Charge	\$25 after 3/14/25 \$25 after 4/14/25		\$ \$
		<b>Total</b>	\$

Please mail a copy of your completed invoice along with a check to be received by **March 14, 2025**.

*Payments received after March 14, 2025 will be subject to a \$25 late charge.*

**Make check payable to:** Southern Nevada Swim & Dive Coaches Association (SNSDCA)

**Remit payment to:** Teresa Schultz, SNSDCA Treasurer  
1119 Boulder Shore Ave, N Las Vegas, NV 89081

### **COACHING RECORDS AND PAPERWORK:**

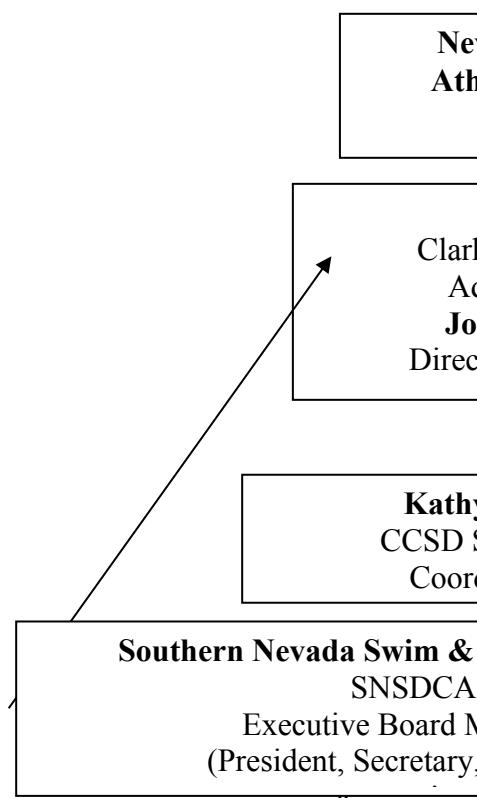
EVERY SWIMMER AND DIVER MUST HAVE AN ATHLETIC PACKET ON FILE THROUGH REGISTER MY ATHLETE AND BE APPROVED THROUGH THE SCHOOL'S ATHLETIC OFFICE **BEFORE** TOUCHING THE WATER OR DOING ANY TRAINING WITH THE TEAM INCLUDING DRYLAND TRAINING ONCE THE SEASON BEGINS.

The athletic director will share the procedures for obtaining and turning in athletic packets at your school. Coaches need to keep medical and insurance records on file for each swimmer each season.

- Keep a copy of the Emergency Care Info & Authorization form from the athletic packet as it must be on **deck with you at all practices and meets** and Field Trip Permission form.
- Keep Injury Report forms on hand and complete them to turn in for every injury.
- Keep records of attendance and activities completed at each practice.
- Keep meet results obtained at the conclusion of every meet.

Swim coaches and dive coaches have separate practices and meets. Swim coaches are responsible to contact dive coaches with any situation at a school site or with eligibility. Keep open communication between both swim & dive coaches to facilitate a successful season!

## Clark County Swimming Organizational Chart



## **SNSDCA Board Member Contact Info**

### **5A Representative/Chairman – Brent Gonzalez-Palo Verde HS**

Cell - 909-553-7388  
School - 702-799-1450  
Email - gonzaba@nv.ccsd.net

### **5A Representative - David Stump-Coronado HS**

Cell - 702-575-5163  
School - 702-799-6800 Ext. ?  
Email - stumpdw@nv.ccsd.net

### **4A Representative - Jeremy Walters-Cimarron HS**

Cell - 734-812-4537  
School - 702-799-4400 Ext. 3205  
Email - waltejj1@nv.ccsd.net

### **4A Representative - Patricia Eliason-Eldorado HS**

Cell - 702-498-5355  
School - 702-799-7200 Ext. 3806  
Email - eliaspm@nv.ccsd.net

### **4A Representative/Treasurer – Teresa Schultz-Shadow Ridge HS**

Cell - 702-592-9019  
School - 702-799-1777 Ext. 4305  
Email - dodska@nv.ccsd.net  
**Coach is not on campus.**

### **4A Representative – David Pecjak-SECTA**

Cell - 702-277-3440  
School - 702-799-7500 Ext. ?  
Email - pecjadm@nv.ccsd.net

### **3A Representative - Becky Lamph-Adelson HS**

Cell - 702-682-3752  
School - 702-255-4500 Ext. ?  
Email - blamph12@gmail.com

### **3A Representative/Secretary - Megan Cruz-Desert Pines HS**

Cell - 260-215-2858

School - 702-799-2196 Ext. 4054  
Email - [cruzmk@nv.ccsd.net](mailto:cruzmk@nv.ccsd.net)

### **TRYOUTS**

Opening Day for Spring Sports will be SATURDAY, February 15, 2025. Many swim teams will begin tryouts on this day and will do so by requesting lane space through Kathy Guerrero. Contact your school athletic director to request a bus on this day.

You can decide your own tryout requirements. The teams range from everyone making it to requiring swimmers to achieve Regional Times in time trials and anything in between. Some teams have different levels of requirements depending if a swimmer is a first year swimmer or returning swimmer.

**NO SWIMMER OR DIVER IS ALLOWED TO ENTER THE WATER OR PARTICIPATE IN DRYLAND TRAINING UNTIL THEY HAVE AN ATHLETIC PACKET ON FILE AND HAVE BEEN CLEARED BY YOUR ATHLETIC DIRECTOR ONCE THE SEASON BEGINS.**

\*It is important to provide in writing your tryout procedures and your specific team handbook to your athletic administrator for approval prior to tryouts to avoid any conflicts and allow your administrator to be able to back you up should a parent or swimmer become upset about not making the team if you will be making cuts.

Divers: All divers make the team. Their practice begins the same as swimming on February 15, 2025. The location is Municipal Pool and dive coaches will be available by email or phone. They are not on a school campus but are substitutes for CCSD. There is required paperwork for divers to take to their first practice. They must bring a copy of the Emergency Care Info & Authorization form from their athletic packet. You will need to get a copy of that form for your records as well.

### **REGULAR SEASON PRACTICES**

Kathy Guerrero schedules regular season practices. You will be assigned a pool and a time slot. You will be provided this information via email from your school's Athletic Office. This year, there are no buses available for practice. Each student must make arrangements to get to and from practice daily.

### **ELIGIBILITY**

Please contact your athletic administration at your school to determine the eligibility of student athletes on your team. All questions regarding eligibility should go directly to the athletic office of your school.

For all schools, the eligibility of transfer students will be determined by your athletic administrator and the district athletic office and/or NIAA. Student-athletes transferring from private to public or public to private, Charter School to public or private schools must

be cleared through the NIAA office. Please refer all transferring athletes to your athletic administrator.

Swimmers must be declared eligible through the school athletic director. They must have a completed Register My Athlete application on file.

The athletic director will do grade checks with the athletes' teachers every three weeks to determine if they are maintaining their grades.

<b>ATHLETIC ELIGIBILITY CHECK PROCEDURES</b>
<p><b>"Traditional" status:</b> Students participating in Nevada Interscholastic Activities Association (NIAA) sanctioned athletics must earn a minimum of two units of credit and have passed at least four classes for the preceding quarter or semester with a 2.0 unweighted GPA. Students may have only failed a maximum of one of the classes they are enrolled in during the preceding quarter or semester. If a student is failing a class at any three-week grade check, they will have a one-week probation to raise the grade to passing before becoming ineligible and will be checked weekly until they are passing that course or they meet the quarter/semester requirements (whichever comes first).</p>
<p><b>"Non-traditional" status:</b> Students who did not receive a unweighted 2.0 GPA, and/or did not pass a minimum of 4 classes and/or failed more than one class during the previous quarter or semester are ineligible but may regain eligibility at the first three-week grade check or any subsequent check during the season. If the student is failing a class at any three-week grade check, they will be immediately ineligible until the next three-week grade check with no probation week. If the student is passing all classes at the three-week grade check, they are eligible until the next three-week grade check but remain on non-traditional status until the next Status Update.</p>
<p>"Non-traditional" status students may regain "traditional" status at the quarter or semester (whichever comes first) by receiving a 2.0 unweighted GPA, passing four or more classes, and receiving no more than one failing grade. "Traditional" status students may lose this status if they do not meet all of these requirements. All athletes are checked at the end of each quarter and semester that occurs during a season. All students' statuses are updated on the Status Update date.</p>
<p>Coaches are to be given a list of all students receiving a failing grade after the Check/Probation check. "Traditional" status students receiving a failing grade are on probation for one week and checked on the following Monday. Students still failing the same course are declared ineligible for the week (Monday through Saturday). "Non-traditional" status students are immediately ineligible until the next three-week grade check or quarter/semester grades are posted and their status is updated (whichever comes first).</p>
<p>Students are to be deemed ineligible, per regulation, until the Athletic Administrator verifies through Infinite Campus the student's eligibility on a subsequent Monday check. Students cannot regain eligibility at any time during the week they are ineligible.</p>

Athletes must attend all classes on the day of practice & competitions. If the swim meet is on Sat., swimmers must attend all classes on the preceding Friday to be eligible to swim on Saturday.

ANY INELIGIBLE SWIMMER OR DIVER THAT PARTICIPATES IN A COMPETITION WILL BE DISQUALIFIED AND ANY TIME STANDARDS ACHIEVED WILL BE LOST, INCLUDING REGIONAL, ALL AMERICAN AND STATE QUALIFIERS.

THE ATHLETE AND ANY RELAYS THEY WERE ON ARE DISQUALIFIED. THE TEAM WILL LOSE ALL POINTS EARNED INVOLVING THAT ATHLETE AND MAY HAVE TO FORFEIT THE ENTIRE MEET.

### **RULE BOOKS**

Your athletic director should give you the official NIAA Swim and Dive Rule book for the 2024-25 season. If you do not have it, you need to ask them to get one for you. This is the official guidebook for running meets and disqualifications. This will be very important during the season. **Read it completely.**

### **MEET ENTRIES**

All swimmers and divers are entered into all swim and dive meets using Hy-Tek Software. This has been used for several years and should be at your school. If you do not have it, contact Hy-Tek to see if you can get another copy for your school or ask your athletic director if there is athletic money to pay for this software. You can update your current version by contacting [hytek.active.com](http://hytek.active.com) and they will give you the cost of an update. Any questions regarding Hy-Tek can be addressed by Teresa Schultz at [dodskta@nv.ccsd.net](mailto:dodskta@nv.ccsd.net) or by reading the Hy-Tek coach's handbook.

Deadlines for meet entries will be sent to the conference and announced at the coaches meeting. Post-season deadlines will be sent to the conference. Missing a deadline can cause your athletes to miss events and could result in notification to your athletic director. You may be required to sit off-deck for the meet and someone else (assistant coach) will be required to be on-deck in your place.

### **MEETS & SCHEDULE**

In all meets swimmers may be entered into a maximum of 4 events: either 2 individual and 2 relays or 1 individual and 3 relays. In each event, a team may enter a maximum of 4 swimmers. Diving is an individual event and divers can also swim in meets if they are not at the same time. Diving has separate meets and the dive coaches will fill out their dive sheets but you need to enter them in their event in your Hy-Tek program. All coaches are expected to keep time at each meet.

### **MEET EVENT ORDER:**

Odd number events are girls and even number events are boys.

The events are:

- Events 1, 2: 200 yard Medley Relay (50 back, 50 breast, 50 fly, 50 free)
- Events 3, 4: 200 yard Freestyle
- Events 5, 6: 200 yard Individual Medley (50 fly, 50 back, 50 breast, 50 free)
- Events 7, 8: 50 yard Freestyle
- Events 9, 10: Diving Break - This is a 10 minute break during swim meets.
- Events 11, 12: 100 yard Butterfly
- Events 13, 14: 100 yard Freestyle
- Events 15, 16: 500 yard Freestyle
- Events 17, 18: 200 yard Freestyle Relay
- Events 19, 20: 100 yard Backstroke
- Events 21, 22: 100 yard Breaststroke
- Events 23, 24: 400 yard Freestyle Relay

## **REGIONAL TIME STANDARDS 2025:**

### **5A High School Regional Standards**

Girls	2025 Time Standard	Event	2025 Time Standard	Boys
3	2:40.99	200y Freestyle	2:15.99	4
5	2:48.99	200y IM	2:37.99	6
7	29.99	50y Freestyle	25.99	8
9	110 Points 210 Points	1M Diving (6 dives) 1M Diving (11 dives)	110 Points 210 Points	10
11	1:16.99	100y Butterfly	1:10.99	12
13	1:09.99	100y Freestyle	59.99	14
15	6:59.99	500y Freestyle	5:59.99	16
19	1:18.99	100y Backstroke	1:07.99	20
21	1:25.99	100y Breaststroke	1:14.99	22

The above time standards are for 5A.

Here is a link to [2022 regional results](#) to look at the times achieved that year at regionals.

Here is a link to [2023 regional results](#) to look at the times achieved that year at regionals.

Here is a link to [2024 regional results](#) to look at the times achieved last year at regionals.

#### 4A High School Regional Standards

Girls	2025 Time Standard	Event	2025 Time Standard	Boys
3	2:59.99	200y Freestyle	2:35.99	4
5	3:06.99	200y IM	2:57.99	6
7	34.99	50y Freestyle	29.99	8
9	110 Points 210 Points	1M Diving (6 dives) 1M Diving (11 dives)	110 Points 210 Points	10
11	1:31.99	100y Butterfly	1:20.99	12
13	1:19.99	100y Freestyle	1:07.99	14
15	7:54.99	500y Freestyle	6:54.99	16
19	1:28.99	100y Backstroke	1:17.99	20
21	1:35.99	100y Breaststroke	1:24.99	22

The above time standards are for 4A.

Here is a link to [2022 regional results](#) to look at the times achieved that year at regionals.

Here is a link to [2023 Desert regional results](#) to look at the times achieved that year at regionals.

Here is a link to [2023 Mountain regional results](#) to look at the times achieved that year at regionals.

Here is a link to [2024 Desert regional results](#) to look at the times achieved last year at regionals.

Here is a link to [2024 Mountain regional results](#) to look at the times achieved last year at regionals.

### 3A High School Regional Standards

Girls	2025 Time Standard	Event	2025 Time Standard	Boys
3	3:09.99	200y Freestyle	2:45.99	4
5	3:16.99	200y IM	3:07.99	6
7	38.99	50y Freestyle	31.99	8
9	110 Points 210 Points	1M Diving (6 dives) 1M Diving (11 dives)	110 Points 210 Points	10
11	1:36.99	100y Butterfly	1:24.99	12
13	1:24.99	100y Freestyle	1:12.99	14
15	7:59.99	500y Freestyle	7:29.99	16
19	1:32.99	100y Backstroke	1:22.99	20
21	1:44.99	100y Breaststroke	1:29.99	22

The above time standards are for 3A.

Here is the link for [2022 regional results](#) to look at the times achieved that year at regionals.

Here is a link to [2023 regional results](#) to look at the times achieved that year at regionals.

Here is a link to [2024 regional results](#) to look at the times achieved last year at regionals.

**DQ Codes are listed on the following page.**

**2019 SNSDCA Dual Meet -- Wk 2 PM - 3/23/2019****W2 Pavilion****Pavilion PM****Custom DQ Codes List****Butterfly**

- 1A** Alternating Kick
- 1B** Kick breaststroke type
- 1C** Scissors kick
- 1D** Arms underwater recovery
- 1E** Non-simultaneous arms
- 1F** One hand touch
- 1G** Non-simultaneous touch
- 1H** No touch
- 1I** Shoulders not at or past vertical towards breast off the wall
- 1J** Head did not break the surface by 15 meters
- 1K** No touch
- 1L** Re-submerged

**Backstroke**

- 2A** No touch at turn
- 2B** Delay initiating arm pull at turn
- 2C** Delay initiating turn after past vertical
- 2D** Multiple strokes past vertical at turn
- 2E** Toes curled over gutter after the start
- 2F** Head did not break the surface by 15 meters
- 2G** Re-submerged
- 2H** Shoulders past vertical toward breast
- 2I** Not on back off wall
- 2J** Did not finish on back
- 2K** Non-continuous turning action
- 2L** Completely submerged prior to turn or finish
- 2M** Not on Back During Swim

**Breaststroke**

- 3A** Alternating Kick
- 3B** Non-simultaneous kick
- 3C** Downward butterfly kick
- 3D** Scissors kick
- 3E** Hands brought beyond the hipline during stroke
- 3F** Non-simultaneous arms
- 3G** Arms two strokes underwater
- 3H** Arms not in same horizontal plane
- 3I** Elbows recovered over water
- 3J** One hand touch
- 3K** No touch
- 3L** Non-simultaneous touch
- 3M** Shoulders not at or past vertical towards breast off the wall
- 3N** Head under for 2 or more strokes
- 3O** Incomplete stroke cycle other than one pull followed by one kick
- 3P** Feet Not Turned Out on the Propulsive Part of the Kick
- 3Q** Extra Dolphin Kick
- 3R** Other

**Freestyle**

- 4A** No touch on turn
- 4B** Head did not break the surface by 15 meters
- 4C** Re-submerged

**IM**

- 5A** Strokes out of sequence
- 5B** Stroke infraction

**Relay**

- 61** Stroke Infraction swimmer #1
- 62** Stroke Infraction swimmer #2
- 63** Stroke Infraction swimmer #3
- 64** Stroke Infraction swimmer #4
- 66** Early take-off swimmer #2
- 67** Early take-off swimmer #3
- 68** Early take-off swimmer #4
- 6P** Changed order of swimmers
- 6Q** Not enough swimmers

**Miscellaneous**

- 7M** Inappropriate Uniform
- 7N** Swam in Incorrect Lane
- 7O** False start
- 7P** Declared false start
- 7Q** Did not finish
- 7R** Delay of meet
- 7S** Entered water without permission
- 7T** Interfered with another swimmer
- 7U** Walking on or springing from bottom
- 7V** Standing on bottom
- 7W** Pulling on lane line
- 7X** Finish in wrong lane
- 7Y** Unsportsmanlike conduct
- 7Z** No Show Penalty Event

### **REGIONAL CHAMPIONSHIP PRELIMS AND FINALS:**

Athletes must participate in a minimum of 2 seasonal meets to qualify to participate in Regionals. Anyone can participate in relays and they are swam during the finals day only. There is no qualifying time for relays. Parents and spectators have to pay \$12 to attend this meet. Make sure you let them know so they are not shocked. This is per NIAA.

The top 16 swimmers in each event at prelims will swim in finals. 9<sup>th</sup> - 16<sup>th</sup> places are considered consolation finals. Swimmers in 1<sup>st</sup> -8<sup>th</sup> place are in Finals and can possibly qualify for the state championship. The top 4 athletes in each event go to the State Championship. Not all teams will have State Qualifiers.

### **BUDGETS AND FUNDRAISING:**

Your athletic administrator will be able to tell you how much money your team received from the athletic budget. This money cannot be spent on anything that swimmers will take home and keep, for example: t-shirts, trophies, sweats, suits, etc. It can be spent on team equipment and gear that are for whole team use.

You also have a fundraising account where all of your team fundraising money is deposited. There may be money in this account from prior seasons. See your banker to get the current balance. You can spend this money on whatever you need (including trophies, t-shirts, team fees, etc.).

You should receive a banking procedures manual from your banker and you must follow these procedures precisely. Write receipts for any money received from your athletes. Money must be deposited the same day. Do not take money home for any reason. CCSD schools must follow the Banking procedures per CCSD regulations. As a reminder, you can get fired for not following proper procedures.

You can choose your fundraisers. Your administrator over fundraising should approve them prior to starting.

### **EQUIPMENT:**

You are in charge of your equipment. Make an inventory of what you currently have, such as kickboards, paddles, buoys, fins, sweats, and bags. You can order equipment, suits, and clothing from any vendor of your choice.

CCSD schools should see their Athletic Administrator for your school's preferred vendors. If you choose to go through SAP, please confirm with your school that it is a preferred vendor through SAP.

Any swim coach or other coach at your school can probably answer questions for you including how to get checks and purchase orders. Order suits ASAP as they can end up on backorder making it hard to get some sizes.

## **PARENT MEETING:**

Your school will host a mandatory parent meeting soon after tryouts. Your athletic director should be able to give you the date. Notify your athletes as soon as you can. You will want to create a team handbook to give your athletes that includes a parent and athlete signature page for you to keep. Things you may want to include in this handbook are: tryout procedures, lettering requirements, discipline procedures and possible removal from team, monetary requirements, and your season calendar.

## **BANQUETS:**

Different schools have different policies for end of season banquets and awards. Please see your athletic director for your school policy. Make sure your athletic director and administrator know the date of your banquet if it is an individual banquet rather than all spring sports.

You order (and pay from your student generated funds (SGF) account) your awards, but your athletic director will give you varsity letters, certificates, and Scholar athlete awards.

## **Volunteer Coaches (Non-paid)**

The principal, substitute services and the director of student athletics must approve all volunteer coaches prior to assuming any coaching duties. All non-district coaches (Paid or Volunteer) must appear on the coaches list and receive a badge before they are allowed to have contact with student athletes. **NO EXCEPTIONS!**

## **General Information:**

- A volunteer coach is an individual who may or may not be employed by the school or school district, but is assisting an athletic program without monetary compensation.
- A volunteer coach may not assume the duties of a head coach. Each sport will be limited to two volunteer coaches per team.
- A volunteer coach is permitted to accompany the team at away contests and permitted to travel with accommodations provided to the team.
- A volunteer coach will be under the direct supervision of the head coach of the sport and principal of the school.
- Any type of personal behavior that is not acceptable of paid coaching positions apply to volunteer coaches as well and will cause immediate release from all coaching responsibilities with the school. There is no recourse to this action. All volunteer coaches must:
  - a. Be approved by the school principal.
  - b. Complete the district's on-line Substitute Coach Application.
  - c. Submit a fingerprint card with CCSD school police.
  - d. Complete all approved coach's education classes.
  - e. Receive final approval from Substitute Services.

## Southern Nevada Swimming & Diving Coach Code of Conduct

### Conduct Expected of All Coaches

- Abide by the rules and regulations of your school/district and Southern Nevada Swimming & Diving Coaches Association (SNSDCA) and follow procedures for enforcement of the SNSDCA coach code of conduct.
- Maintain professional standing in an honest manner and preserve the reputation of SNSDCA and your school/district and the Southern Nevada High School Swimming coaching profession.
- Be professional and accept responsibility for all actions
- Extend professional courtesy to other coaches, athletes and their parents by keeping all parties informed in matters of athletes entering/leaving training programs.
- Make decisions based upon the best interest of the swimmer's sport, education and vocational careers.
- Acknowledge the individual talents and potential of swimmers.
- Set appropriate training programs based upon the developmental level of the swimmer.
- Maintain a balanced emphasis of swimming involvement with educational and career objectives.
- Direct all observations and recommendations regarding all aspects of swimming to the appropriate persons.
- Be constructive in criticisms and direct comments, observations to the relevant individuals or organizations.
- Respect the efforts of appointed and elected representatives of SNSDCA, CCSD and Southern Nevada High School Swimming.
- Reject the use of performance enhancing drugs in swimming and abide by the guidelines set forth by national and international regulatory bodies.
- Respect the health and dignity of swimmers to compete on the basis of their abilities.
- Exercise a standard of care consistent with the professional qualifications as a swimming coach.
- Refrain from any form of sexual harassment toward athletes and colleagues.
- Show concern for the health, safety, and welfare of athletes and colleagues.
- Keep all relevant qualifications and certifications up to date.
- Respect the right, dignity and worth of every human being within the context of the coach's involvement in swimming.
- Refrain from any discriminatory practices on the basis of gender, race, religion, ethnic background, or special ability/disability.

### Basic Responsibilities

- Coaches are responsible for placing swimmers in the appropriate practice groups. This is based on the age, level of commitment and ability level of each individual.
- Coaches have sole responsibility for stroke instruction and the training regimen. Each group's practices are to be based on sound scientific principles and geared to the specific goals of that group.
- Direct comments at the performance rather than the person. Refrain from public criticism of swimmers or fellow coaches.
- Refrain from the use of profane, insulting, harassing or otherwise offensive language while coaching.
- Cooperate with registered medical practitioners in the overall management of swimmers' medical and psychological needs. Consider the swimmer's future health and well-being foremost.
- Recognize and accept when to refer swimmers to other coaches or sport specialists.
- Regularly seek ways of increasing professional development and self-awareness.
- Treat members of other teams and officials with respect and encourage swimmers to act accordingly.
- Cooperate with the swimmer's parents or legal guardians, involving them in their child's development.
- Be aware of the academic pressures placed on student athletes and conduct practices and meets in a manner so as to allow academic success.
- At meets, the coaching staff will conduct and supervise warm-up procedures for the team. After each race, the coaches will provide feedback regarding the swimmer's performance.
- Coaches will discourage the use of drugs, alcohol and tobacco products by swimmers in conjunction with the sport.

### **Breach of Code of Conduct**

Any breaches of Code of Conduct will be reasonably investigated and findings will be reported to respective school administrators.

### **CLARK COUNTY SCHOOL DISTRICT TRAVEL GUIDELINES**

#### 1. Transporting students in district vans:

- No more than eight (8) students should be transported in a district or rental van.
- All drivers must be district employees. (No volunteer coaches or parents)
- All drivers must have a valid Nevada driver's license and a safe driving record.

- No more than two (2) vans can be used per activity.
- All drivers must adhere to the Hours-of-Service regulation (15 hrs.).

2. Transporting students out-of-state:

- No fifteen (15)-passenger vans may be used.
- No more than two (2) vans may be rented for one activity.
- District school buses may not be used to transport students out of state.
- All rental vans must be rented through purchasing or accounting.
- All drivers must adhere to the Hours-of-Service regulation, which limits the work day to 15 hours a day including drive time. (i.e. supervision/coaching and/or driving)

Welcome to a new season of Southern Nevada  
Swimming & Diving! Good luck and see you on deck!