



2025 NWOYSL Championship Meet
Hosted by the Putnam County YMCA
Sanction # CAQ-2025-OH01233560

March 1-2, 2025

Information Source:

Breanne Schroeder 419-615-3697

Website:

www.teamunify.com/Home.jsp?team=recnwoysl

Email:

breanneschroeder1@gmail.com

HOME SITE	Bowling Green State University 1411 Ridge Road Bowling Green, OH 45801 419-372-2000 (Emergency Number for Bowling Green)
HOST FACILITY	The BGSU Cooper Pool is configured as a 10 lane, 25-yard course. Water depth at start is 12 feet (minimum of 5 feet required) and a turn end is 12 feet. Colorado electronic timing system will be used. The competition course has been certified in accordance with 104.2.2C(4). Warm-up lanes: Prior to competition 16 lanes open for warmup. During competition, 6 lanes open form warmup/warm down. All athletes must enter the warm-up feet first.
MEET REFEREE AND OFFICIALS CONTACT	Megan Trehan <u>hohman55@gmail.com</u> 567-376-0918
ENTRY CHAIR	Breanne Schroeder 419-615-3697 <u>Breanneschroeder1@gmail.com</u>
SCHEDULE	<u>Saturday and Sunday AM Sessions – 13 & Over</u> 7:30AM Warm Up 8:45AM Meet Start <u>Saturday and Sunday PM Sessions – 9-10 and 11-12</u> 11:45AM Warm up 1:00PM Meet Start <i>The facility will open 15 minutes before each warmup session in the morning. Swimmers for the afternoon sessions will not be allowed on the pool deck until 15 minutes before the 1st warmup session to ensure enough time to clean in between sessions.</i>
INSURANCE	YMCAs must send a certificate of insurance to the meet director, naming "Bowling Green State University and the Putnam County YMCA, 101 Putnam Parkway, Ottawa, OH 45875" as additional insureds
ABOUT THE CHAMPIONSHIP	This meet is a sanctioned, closed, inter-associate championship YMCA meet. This meet and all participants will adhere to the Rules that Govern YMCA competitive Sports and the Swimming Addendum to the Rules that Govern the YMCA Competitive Sports. USA Swimming technical rules will be followed. During the event USA Swimming MAAPP policies will be followed.
APPROVAL	In granting approval, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
INCLEMENT WEATHER	Winter Weather Advisory Plan Level 1 Snow Emergency: The meet/session will proceed as scheduled.

	Level 2 Snow Emergency: The meet/session will delay by a time determined by the meet committee. Level 3 Snow Emergency: The meet/session will be canceled. The National Lightning Safety Institute, National Athletic Trainers Association, American College of Emergency Physicians, USA Swimming, and YMCA of the USA all recommend or require closing an indoor pool during an electrical storm. This policy will be followed at the meet.
ADJUSTMENTS TO THE MEET ANNOUNCEMENT	The Championship Meet Committee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet or due to unforeseen issues of weather or facility problems. Changes will be communicated as far in advance as possible. None of the required elements for a YMCA Sanctioned Championship and USA-S Approved meet can be changed.
CHAMPIONSHIP COMMITTEE	The committee will consist of the meet director, meet referee and YMCA Directors who are at the meet.
WEBSITE	All pre-meet and post meet information for the NWOYSL Championships will be posted on the league website, www.teamunify.com/Home.jsp?team=recnwoysl. Please check there for warm-up schedules and other meet information.
TECHNICAL SUIT BAN	Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet. A Technical Suit is one that has the following components: • Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type.
OHIO STATE LAW	Ohio's Return to Play Law (ORC 3313.539 and ORC 3314.03) requires that coaches and referees either (1) complete a free online training once every three (3) years in recognizing the symptoms of concussion or (2) hold a pupil-activity program permit from the Ohio State Board of Education. Free online concussion training is offered through the National Federation of State High School Association and Centers of Disease Control. Training links can be found at www.swimohio.com under Safe Sport>Concussion. There will be the required number of certified lifeguard(s) on duty at all times at this meet per Ohio Administrative Code 3701-31-04-E-4
WAIVER/RELEASE	By entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or OSI website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.
ELIGIBILITY ATHLETE	<u>YMCA Membership:</u> An athlete must be a YMCA member in good standing who holds an annual, full privilege membership at the YMCA he/she represents for a period of at least 90 days prior to the date of the competition. An athlete may

	have only represented that YMCA team in competition for a period of 90 days prior to the first day of the meet, excluding interscholastic competition. <u>Amateur Status:</u> An athlete may not have represented a college, university or other post-high school institution in any competition and may not have accepted any pay or compensation for competing as a swimmer. <u>Unattached Athletes:</u> There is no unattached status in YMCA swimming. <u>YMCA Meet Participation:</u> To be eligible to compete, each athlete must have competed in a minimum of 3 closed YMCA inter-association meets since September 1, 2024. The swimmer's age is their age as of December 1, 2024. All swimmers age 18 and older must complete Child/Athlete Protection Training within the past 12 months.
ELIGIBILITY COACHES	<u>Required Certifications:</u> Coaches must hold current certifications in the following courses to receive a deck credential: Professional Rescuer CPR, First Aid, Safety Training for Swim Coaches (a Lifeguard certification may be used if accompanied by completion of the Safety Training for Swim Coaches online content), Child/Athlete Protection Training, and Principles of YMCA Competitive Swimming and Diving. A list of the acceptable certifications can be found in the Swimming Addendum to the Rules That Govern Competitive Sport. <u>Coach Registration:</u> Each coach must have completed the annual YMCA on-line coach registration process. Coaches who are not registered and approved will not be permitted on deck. <u>Teams without A Coach at the Meet:</u> All athletes and teams must have at least one certified and credentialed YMCA coach designated as being responsible for their supervision during competition. When a YMCA team will not have a coach present, that YMCA may authorize an eligible coach from another YMCA to attend the meet to be responsible for their athletes at the meet. The Meet Director and Meet Referee must be notified of this situation. The Tigersharks are happy to provide Coaches with a Hospitality Room for drinks, snacks and lunches.
NON-APPROVED COACHES	Any coaches who are not on the coaches approved list set out by Regional Representatives by February 17 2025, will not receive a deck pass for the meet.
ATHLETES WITH DISABILITIES	Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted. If modifications to USA Swimming rules are necessary, then the coach or athlete must notify the meet referee of any disability prior to competition.
ATHLETE REQUIREMENTS	Each athlete who turned 18 within the past 12 months must complete the Approved Child/Athlete Protection Training before they can compete at the meet. Athletes will turn this into a Google Form
ENTRY LIMITS ENTRY FEES	Maximum of 4 events per day / 6 events total for the meet. Events can be any combination of individuals and relays, with no more than 1 relay event per day. <i>*Open relays offered will not count as an event in the total events the swimmers are allowed.</i> Entry Fees: \$20 PER SWIMMER

ENTRY PROCEDURE	<i>Email all entries to breanneschroeder1@gmail.com</i> Mail all entry fees to: Attn Caren Beckett 101 Putnam Parkway Ottawa, OH 45875 Entries will be accepted until Friday February 14, 2025, at 8:00pm – NO EXCEPTIONS ALL TEAMS MUST BE REGISTERED IN THE NATIONAL YMCA WEBSITE. Swimmers should be entered via Hy-Tek/Team Unify entry files. <u>Entry Times:</u> Entries submitted with a NT will be rejected. Every swimmer must have a time for every event entered. <u>Qualifying Times:</u> There will be qualifying times for the 200 Backstroke, 200 Breaststroke, 200 Butterfly, 400 Individual Medley and the 11-12 100 Backstroke, 100 Breaststroke, 100 Butterfly and 200 Individual Medley. These times are listed in Appendix 2. The complete psych sheet will be posted for review. Swimmers cannot be added. Swimmers can be removed. No 8 & Under swimmer can be entered as a swim-up. Updates: If changes need to be made due to an incorrect entry found on the psych sheet this will be done between February 18, 2025, and February 19, 2025. No deck entries will be accepted at the meet.
WARM-UP AND SAFETY GUIDELINES	The meet host will provide a complete schedule of warm-up procedures to include lane assignments and times, which must be adhered to by all participants. This information will be distributed in advance of the meet. Warm-ups will be monitored jointly by the Meet Director and Meet Referee (or their special designees). Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner with one hand in contact with the pool deck. Ohio LSC Swimming Safety Guidelines and Warm-Up Procedures will be in effect for this meet.
COMPETITION GUIDELINES	All events are Timed Final Events. <u>Event Seeding:</u> Events will be seeded in advance of the meet, slowest to fastest. The Meet Referee/Administrative Official reserve the right to combine heats. Should a swimmer need special consideration in seeding, please send a note to the meet host separate your entry file. <u>Scratch Procedures:</u> An athlete is considered entered an event unless he/she scratches from that event. If an athlete does not scratch from an event and does not swim the event, that event still counts toward the athlete's total number of events for the meet. <u>Declared False-Start:</u> Must be made aware to the Meet Referee. Declared false-start counts as an event swum for the athlete and will be counted in the maximum number of events allowed for each athlete. <u>Behind the Blocks:</u> Athletes are asked not to stand behind the blocks unless they are 2 heats away from entering the water. <u>Starts:</u> Fly-over starts will be used at all sessions of the competition.

	<u>Protest Procedures:</u> The head coach may initiate protest. The championship committee will arbitrate protests, eligibility issues, safety rules and other issues. Protest against the judgement of starters, stroke, turn, place and relay take-off judges can only be considered by the Referee and the Referee's decisions will be final USA-S Rule 102.23
AWARDS	High Point Team Trophy awarded to 1st and 2nd place for Small and Large Team Divisions Individual Events – Medals: 1st through 5th place Ribbons: 6th through 20th place Relay Events – Medals: 1st through 3rd place Ribbons: 4th through 10th place <u>Scoring:</u> Points will be awarded for the first twenty finishers for each individual event and the first ten finishers for relay events. Each team will score their top 2 individuals and their top relay. Individual: 21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1 Relay: 48-42-40-38-36-34-32-30-28-26
GENERAL	There will be a \$5 admittance fee for all spectators over the age of 8. There will be a concession stand available beside the rock wall. There will be swim team apparel provided by Kelly's Poco Loco at the rock wall. There will be meet apparel provided by Fine Design's at the rock wall. Heat sheets will be available on Meet Mobile. A limited amount of heat sheets will be available for purchase. Heat sheets will be provided to coaches. There will be a Live Stream of the meet QR codes will be distributed for the public. Handicap Seating: Swimmers and spectators with special needs are encouraged to use the handicap section in the long bleachers. If additional needs are had please contact the meet director before the start of the meet.
TIMERS	Each team will be designated timing assignments based on entries submitted to the meet.
MEET OFFICIALS	This is an extremely large meet, anyone wishing to volunteer as an official is asked to contact Megan Trehan.
VENUE RULES	<u>Deck Access:</u> Deck access is restricted to competing athletes, registered coaches, official and meet workers. No parent or spectator will be allowed on deck except at the request of the meet officials or meet director. Deck changing is not permitted. Photographs cannot be taken behind the deck during competition. <u>Locker Rooms and Changing Facilities:</u> The women and men's locker rooms are located on deck level. Belongings may be stored in lockers. Bowling Green State University and the Putnam County YMCA are not responsible for lost or stolen items. Shaving is not permitted in the locker rooms or any areas of the facility. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or lockers rooms.

	<u>First Aid/Training Needs:</u> Lifeguards are trained to handle water emergencies and first aid on deck. Please report all first aid issues to the Aquatic Staff. There will be no Athletic Trainer present at this meet. <u>Prohibited Items:</u> The following items are not permitted in the facility: Massage tables, glass and helium balloons. There is no food permitted on deck. <u>Flash Photography:</u> Flash photography is not permitted at the start of any race. <u>Team Seating:</u> Team seating is available on a first come basis by session. Belongings should be removed from the deck between sessions for area cleaning. Spectator bleachers are also available on a first come basis. Saving seats is prohibited. <u>Wireless Internet Access:</u> Wireless internet access will be available throughout the meet. Access through BGSU-Guest.
PARKING	Only BGSU staff will be allowed to park in Lot X. Parking is available in Lots 10, 16 and 18.
FINAL RESULTS	Complete results will be posted as a pdf file on the league webpage, www.teamunify.com/Home.jsp?team=recnwoysl . Also, a meet backup for the Meet Manager and a result file for the Team Manager will be posted on the website as well.

Appendix 1: Order of Events

Saturday, March 1, 2025 AM Session

Girls	Event	Boys
101	15 & Over 200 Medley Relay	102
103	13-14 200 Medley Relay	104
105	15 & Over 100 Backstroke	106
107	13-14 100 Backstroke	108
109	15 & Over 200 IM	110
111	13-14 200 Individual Medley	112
113	15 & Over 100 Freestyle	114
115	13-14 100 Freestyle	116
117	15 & Over 100 Butterfly	118
119	13-14 100 Butterfly	120
121	Open 200 Medley Relay	122
123	200 Backstroke	124
125	200 Breaststroke	126
127	Open 400 Medley Relay	128

Sunday, March 2, 2025 AM Session

Girls	Event	Boys
301	15 & Over 400 Free Relay	302
303	13-14 200 Free Relay	304
305	15 & Over 200 Freestyle	306
307	13-14 200 Freestyle	308
309	15 & Over 100 Breaststroke	310
311	13-14 100 Breaststroke	312
313	15 & Over 50 Freestyle	314
315	13-14 50 Freestyle	316
317	15 & Over 500 Freestyle	318
319	13-14 500 Freestyle	320
321	Open 200 Freestyle Relay	322
323	200 Butterfly	324
325	400 Individual Medley	326

Saturday, March 2, 2025 PM Session

Girls	Event	Boys
201	11-12 200 Medley Relay	202
203	9-10 200 Medley Relay	204
205	11-12 100 Breaststroke	206
207	9-10 50 Backstroke	208
209	11-12 50 Backstroke	210
211	9-10 100 Individual Medley	212
213	11-12 100 Individual Medley	214
215	9-10 100 Freestyle	216
217	11-12 100 Freestyle	218
219	9-10 50 Butterfly	220
221	11-12 50 Butterfly	222
223	11-12 100 Backstroke	224

Sunday, March 2, 2025 PM Session

Girls	Event	Boys
401	11-12 200 Freestyle Relay	402
403	9-10 200 Freestyle Relay	404
405	11-12 100 Butterfly	406
407	9-10 200 Freestyle	408
409	11-12 200 Freestyle	410
411	9-10 50 Breaststroke	412
413	11-12 50 Breaststroke	414
415	9-10 50 Freestyle	416
417	11-12 50 Freestyle	418
419	11-12 500 Freestyle	420

APPENDIX 2: QUALIFYING TIMES

EVENT	WOMEN QUALIFYING TIME	MEN QUALIFYING TIME
200 Breaststroke	2:44.31	2:30.14
200 Backstroke	2:24.57	2:14.39
200 Butterfly	2:32.45	2:21.74
400 IM	5:20.24	4:59.78
11-12 100 Breaststroke	1:27.14	1:26.09
11-12 100 Backstroke	1:15.48	1:15.17
11-12 100 Butterfly	1:16.64	1:15.78

APPENDIX 3: YMCA Sanctioned Meet Declaration Form

(Return signed form to the meet director)

Participating YMCA: _____

YMCA Address: _____

Meet Name: Northwest Ohio YMCA Swim League Championships

Meet Date(s): March 1-2, 2025

Meet Host: Putnam County YMCA

Meet Location: Bowling Green State University

We the undersigned attest to the following:

SWIMMERS - All swimmers representing the YMCA above are full privilege members of this YMCA and meet all eligibility requirements.

- All swimmers age 18 and older have completed Child/Athlete Protection Training within the past 12 months.

COACHES - All coaches representing the YMCA above have completed the annual YMCA coach registration and hold current certifications in:

- BLS (Professional Rescuer CPR)
- First Aid
- Safety Training for Swim Coaches
- Child/Athlete Protection Training
- Principles of YMCA Competitive Swimming and Diving

INSURANCE - Our Association has insurance coverage for representative(s) including participants, coaches, volunteers and leadership who will be in attendance at the NWOYSL Championship for the entire period of the meet. I hereby certify that YMCA has a minimum of \$1,000,000/\$2,000,000 in liability insurance that covers our participants, coaches, volunteers and leadership during their participation in the NWOYSL Championship.

RELEASE - In consideration of your accepting this entry, I hereby, for myself, heirs, executor and administrators, waive and release any and all right and claim for damages I may have against the YMCA of the USA, Putnam County YMCA, their agents, representatives or assigns, and the Bowling Green State University for any and all injuries which may be suffered by participants at the NWOYSL Championship. Furthermore we understand that the YMCA of the USA and Putnam County YMCA are not responsible for any intended or unintended consequences related to removing an athlete from competition for a head injury. This includes, but is not limited to, any financial reimbursement associated with such removal.

Printed Name and Signature of Head Coach

Printed Name and Signature of YMCA CEO or Executive Director



2025 NWOYSL 8 & Under Championship Meet
Hosted by the Putnam County YMCA & Lima YMCA

Sanction

Approval # CAQ-2025-OH01233560

February 22, 2025

Information Source:

Breanne Schroeder 419-615-3697

Website:

www.teamunify.com/Home.jsp?team=recnwoysl

Email:

breanneschroeder1@gmail.com

HOME SITE	Lima Family YMCA 345 S Elizabeth Street Lima, OH 415801
HOST FACILITY	<i>The Lima YMCA pool is configured as an 8 lane 25-yard course. Water depth at the start is 13 feet (minimum 5 feet required) and at turn is 4 feet. Superior Timing System will be used with Colorado Dolphin Timers. The competition course has been certified in accordance with 104.2.2C(4). Warm-up lanes: Prior to competition 8 lanes open for warmup. During competition, there will be no lanes for warmup/warm down. All athletes must enter the warm-up feet first.</i>
MEET REFEREE AND OFFICIALS CONTACT	Megan Trehan <u>hohman55@gmail.com</u> 567-376-0918
ENTRY CHAIR	Breanne Schroeder 419-615-3697 <u>Breanneschroeder1@gmail.com</u>
SCHEDULE	8:00AM Building Opens 8:20AM Warm-up Begins 9:55AM National Anthem/Devotions 10:00AM Competition Begins 4:00PM Approximate Finish
INSURANCE	YMCAs must send a certificate of insurance to the meet director, naming "Bowling Green State University and the Putnam County YMCA, 101 Putnam Parkway, Ottawa, OH 45875" as additional insureds
ABOUT THE CHAMPIONSHIP	This meet is a sanctioned, closed, inter-associate championship YMCA meet. This meet and all participants will adhere to the Rules that Govern YMCA competitive Sports and the Swimming Addendum to the Rules that Govern the YMCA Competitive Sports. USA Swimming technical rules will be followed. During the event USA Swimming MAAPP policies will be followed.
APPROVAL	In granting approval, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
INCLEMENT WEATHER	Winter Weather Advisory Plan Level 1 Snow Emergency: The meet/session will proceed as scheduled. Level 2 Snow Emergency: The meet/session will delay by a time determined by the meet committee. Level 3 Snow Emergency: The meet/session will be canceled. The National Lightning Safety Institute, National Athletic Trainers Association, American College of Emergency Physicians, USA Swimming, and YMCA of the USA

	all recommend or require closing an indoor pool during an electrical storm. This policy will be followed at the meet.
ADJUSTMENTS TO THE MEET ANNOUNCEMENT	The Championship Meet Committee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet or due to unforeseen issues of weather or facility problems. Changes will be communicated as far in advance as possible. None of the required elements for a YMCA Sanctioned Championship and USA-S Approved meet can be changed.
CHAMPIONSHIP COMMITTEE	The committee will consist of the meet director, meet referee and YMCA Directors who are at the meet.
WEBSITE	All pre-meet and post meet information for the NWOYSL Championships will be posted on the league website, www.teamunify.com/Home.jsp?team=recnwoysl . Please check there for warm-up schedules and other meet information.
TECHNICAL SUIT BAN	Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet. A Technical Suit is one that has the following components: • Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seamtype.
OHIO STATE LAW	Ohio's Return to Play Law (ORC 3313.539 and ORC 3314.03) requires that coaches and referees either (1) complete a free online training once every three (3) years in recognizing the symptoms of concussion or (2) hold a pupil-activity program permit from the Ohio State Board of Education. Free online concussion training is offered through the National Federation of State High School Association and Centers of Disease Control. Training links can be found at www.swimohio.com under Safe Sport>Concussion. There will be the required number of certified lifeguard(s) on duty at all times at this meet per Ohio Administrative Code 3701-31-04-E-4
WAIVER/RELEASE	By entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or OSI website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.
ELIGIBILITY ATHLETE	<u>YMCA Membership</u> : An athlete must be a YMCA member in good standing who holds an annual, full privilege membership at the YMCA he/she represents for a period of at least 90 days prior to the date of the competition. An athlete may have only represented that YMCA team in competition for a period of 90 days prior to the first day of the meet, excluding interscholastic competition. <u>Amateur Status</u> : An athlete may not have represented a college, university or other post-high school institution in any competition and may not have accepted any pay or compensation for competing as a swimmer.

	<u>Unattached Athletes:</u> There is no unattached status in YMCA swimming. <u>YMCA Meet Participation:</u> In order to be eligible to compete, each athlete must have competed in a minimum of 3 closed YMCA inter-association meets since September 1, 2024. The swimmer's age is their age as of December 1, 2024. All swimmers age 18 and older must complete Child/Athlete Protection Training within the past 12 months.
ELIGIBILITY COACHES	<u>Required Certifications:</u> Coaches must hold current certifications in the following courses to receive a deck credential: Professional Rescuer CPR, First Aid, Safety Training for Swim Coaches (a Lifeguard certification may be used if accompanied by completion of the Safety Training for Swim Coaches online content), Child/Athlete Protection Training, and Principles of YMCA Competitive Swimming and Diving. A list of the acceptable certifications can be found in the Swimming Addendum to the Rules That Govern Competitive Sport. <u>Coach Registration:</u> Each coach must have completed the annual YMCA on-line coach registration process. Coaches who are not registered and approved will not be permitted on deck. <u>Teams without A Coach at the Meet:</u> All athletes and teams must have at least one certified and credentialed YMCA coach designated as being responsible for their supervision during competition. When a YMCA team will not have a coach present, that YMCA may authorize an eligible coach from another YMCA attending the meet to be responsible for their athletes at the meet. The Meet Director and Meet Referee must be notified of this situation. The Tigersharks are happy to provide Coaches with a Hospitality Room for drinks, snacks and lunches.
NON-APPROVED COACHES	Any coaches who are not on the coaches approved list set out by Regional Representatives by February, 15 2025 will not receive a deck pass for the meet.
ATHLETES WITH DISABILITIES	Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted. If modifications to USA Swimming rules are necessary, then the coach or athlete must notify the meet referee of any disability prior to competition.
ATHLETE REQUIREMENTS	Each athlete who turned 18 within the past 12 months must complete the Approved Child/Athlete Protection Training before they can compete at the meet. Athletes will turn this into a googleForm when entries are collected.
ENTRY LIMITS ENTRY FEES	Maximum of 4 events per day / 6 events total for the meet. Events can be any combination of individuals and relays, with no more than 1 relay event per day. <i>*Open relays offered will not count as an event in the total events the swimmers are allowed.</i> Entry Fees: \$20 PER SWIMMER
ENTRY PROCEDURE	Email all entries to breanneschroeder1@gmail.com Mail all entry fees to: Attn Caren Beckett 101 Putnam Parkway Ottawa, OH 45875

	Entries will be accepted until Friday February 14, 2025, at 8:00pm – NO EXCEPTIONS ALL TEAMS MUST BE REGISTERED IN THE NATIONAL YMCA WEBSITE. Swimmers should be entered via Hy-Tek/Team Unify entry files. <u>Entry Times:</u> Entries submitted with a NT will be rejected. Every swimmer must have a time for every event entered. <u>Qualifying Times:</u> There will be qualifying times for the 200 Backstroke, 200 Breaststroke, 200 Butterfly, 400 Individual Medley and the 11-12 100 Backstroke, 100 Breaststroke, 100 Butterfly and 200 Individual Medley. These times are listed in Appendix 2. The complete psych sheet will be posted for review. Swimmers cannot be added. Swimmers can be removed. No 8 & Under swimmer can be entered as a swim-up. Updates: If changes need to be made due to an incorrect entry found on the psych sheet this will be done between February 18, 2025, and February 19, 2025. No deck entries will be accepted at the meet.
WARM-UP AND SAFETY GUIDELINES	The meet host will provide a complete schedule of warm-up procedures to include lane assignments and times, which must be adhered to by all participants. This information will be distributed in advance of the meet. Warm-ups will be monitored jointly by the Meet Director and Meet Referee (or their special designees). Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner with one hand in contact with the pool deck. Ohio LSC Swimming Safety Guidelines and Warm-Up Procedures will be in effect for this meet.
COMPETITION GUIDELINES	All events are Timed Final Events. <u>Event Seeding:</u> Events will be seeded in advance of the meet, slowest to fastest. The Meet Referee/Administrative Official reserve the right to combine heats. Should a swimmer need special consideration in seeding, please send a note to the meet host separate your entry file. <u>Scratch Procedures:</u> An athlete is considered entered an event unless he/she scratches from that event. If an athlete does not scratch from an event and does not swim the event, that event still counts toward the athlete's total number of events for the meet. <u>Declared False-Start:</u> Must be made aware to the Meet Referee. Declared false-start counts as an event swum for the athlete and will be counted in the maximum number of events allowed for each athlete. <u>Behind the Blocks:</u> Athletes are asked not to stand behind the blocks unless they are 2 heats away from entering the water. <u>Starts:</u> Fly-over starts will not be used in the 8&under session. <u>Protest Procedures:</u> The head coach may initiate protest. The championship committee will arbitrate protests, eligibility issues, safety rules and other issues. Protest against the judgement of starters, stroke, turn, place and relay take-off judges can only be considered by the Referee and the Referee's decisions will be final USA-S Rule 102.23
AWARDS	High Point Team Trophy awarded to 1st and 2nd place for Small and Large Team Divisions

	Individual Events – Medals: 1st through 5th place Ribbons: 6th through 20th place Relay Events – Medals: 1st through 3rd place Ribbons: 4th through 10th place <u>Scoring:</u> Points will be awarded for the first twenty finishers for each individual event and the first ten finishers for relay events. Each team will score their top 2 individuals and their top relay. Individual: 21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1 Relay: 48-42-40-38-36-34-32-30-28-26
GENERAL	There will be a concession stand available in Room 305 of the Upper Level of the YMCA. There will be swim team apparel provided by Kelly's Poco Loco in Room 305 of Upper Level of the YMCA. There will be meet apparel provided by Fine Design's in room 306 of the Upper level of the YMCA. Heat sheets will be available in concession area in Rooms 305 & 306 on Upper Level Heat sheets will be provided to coaches. There will be a Live Stream of the meet QR codes will be distributed for the public. Handicap Seating: Swimmers and spectators with special needs are encouraged to use the handicap section in the long bleachers. If additional needs are had please contact the meet director before the start of the meet.
TIMERS	Each team will be designated timing assignments based on entries submitted to the meet.
MEET OFFICIALS	This is an extremely large meet, anyone wishing to volunteer as an official is asked to contact Megan Trehan.
VENUE RULES	Deck Access: Deck access is restricted to competing athletes, registered coaches, official and meet workers. No parent or spectator will be allowed on deck except at the request of the meet officials or meet director. Deck changing is not permitted. Photographs cannot be taken behind the deck during competition. Locker Rooms and Changing Facilities: The women and men's locker rooms are located on deck level. Belongings may be stored in lockers. Lima Family YMCA is not responsible for lost or stolen items. Shaving is not permitted in the locker rooms or any areas of the facility. The use of audio or visual recording devices, including cell phones, is not permitted in changing areas, restrooms or lockers rooms. Wireless Internet Access: Wireless internet access will be available throughout the meet. Access through BGSU-Guest. First Aid/Training Needs: Lifeguards are trained to handle water emergencies and first aid on deck. Please report all first aid issues to the Aquatic Staff. There will be no Athletic Trainer present at this meet. Prohibited Items: The following items are not permitted in the facility: Massage tables, glass and helium balloons.

	There is no food permitted on deck. Flash Photography: Flash photography is not permitted at the start of any race. Team Seating: Team seating is available on a first come basis by session. Belongings should be removed from the deck between sessions for area cleaning. Spectator bleachers are also available on a first come basis. Saving seats is prohibited. Wireless Internet Access: Wireless internet access will be available throughout the meet. Access through Lima YMCA Guest Network
PARKING	There is a limited amount of parking in the main lot of the YMCA. Additional parking can be found on the attached parking map in Appendix 2.
FINAL RESULTS	Complete results will be posted as a pdf file on the league webpage, www.teamunify.com/Home.jsp?team=recnwoysl . Also, a meet backup for the Meet Manager and a result file for the Team Manager will be posted on the website as well.

Appendix 1: Order of Events

February 22, 2025

8 & Under Meet

Girls	Events	Boys
1	100 Medley Relay	2
3	100 Individual Medley	4
5	25 Freestyle	6
7	25 Butterfly	8
9	50 Freestyle	10
11	25 Backstroke	12
13	25 Breaststroke	14
15	100 Freestyle Relay	16

APPENDIX 2:

