

Northwest Ohio YMCA Swim League Rules

(Revised August 2022)

Rule #1.

All teams will be scheduled to swim teams in Northwest Ohio League.

Rule #2.

All teams shall adhere to the Rules that Govern YMCA Competitive Sports, Technical Assistance Paper, and the Black Book. These can be found on the website.

www.teamunify.com/Home.jsp?team=recnwoysl

Athlete Eligibility

Swimmers may represent only one team, USA or YMCA, during the current season (September 1 through the end of season). Swimmers must adhere to the 90 day rule as listed in the Rules that Govern Competitive Sports in all instances.

Exceptions to dual representation: High school and middle school athletes representing their schools, athletes who relocate or switch YMCA teams once during the season, athletes who quit their USA team to join a YMCA team, and YMCA teams that are also USA teams.

Unattached swimming is permitted.

Transfers: Shall be approved by the Northwest Ohio YMCA Swim League Committee before eligible to represent a new team.

Rule #3.

Teams will be divided into the following age groups.

8 & Under Girls, 8 & Under Boys, 9-10 Girls, 9-10 Boys, 11-12 Girls, 11-12 Boys, 13-14 Girls, 13-14 Boys, 15-18 Girls, 15-18 Boys

Separate age group standings and scoring will be based on these age groups.

Rule # 4.

Scoring for all dual meets will be as follows:

<u>Place</u>	<u>Individual Events</u>	<u>Relay Events</u>
1 st place -	5 points	10 points
2 nd place -	3 points	6 points
3 rd place -	2 points	-
4 th place -	1 point	-

Scoring for tri-meets will be as follows

<u>Place</u>	<u>Individual Events</u>	<u>Relay Events</u>
1 st Place -	9 points	11 points
2 nd place -	4 points	4 points
3 rd place -	3 points	-
4 th place -	2 points	-
5 th place -	1 point	-

No age group may score more than two places per event.

Clarification:

Points will not be awarded for more than two places per team in an individual event, and one place per team in relay events. In the case that one team carries more than 2 places in an

individual event and more than one place in a relay event, the additional points will be forfeited, and not awarded to the other team.

Rule #5.

A swimmer's age for the winter season will be determined as the first day of December.

Rule #6.

In dual meets, swimmers may swim up age groups or back to their own age group, provided the swimmer does not swim the same series of events twice in one meet. At Championship meets, swimmers may swim up one age group only, in relays only.

Rule #7.

Combination of events permissible in dual meets only if there is an agreement made by both Head coaches. No changes in the line-up once the first event has started, unless agreed upon by both coaches. Line-ups must be turned in to the host team's entry chairperson by Noon on Friday, or by other agreed upon time by both head coaches.

Rule #8.

Officiating: The USA Swimming stroke rules shall be followed, except when superseded by a NWOYSL rule.

Rule #9.

Participating teams will be responsible for at least two certified officials (if available). The meet referee may act as starter and stroke and turn judge combined, if necessary. One must be an Administrative Official (A Level II Official can act as an Administrative Official).

Rule #10.

Any changes in the league schedule must be worked out between the teams involved. When a meet is changed for any reason, it must be reported to the league swim coordinator within seven hours. Any changes of a meet must be mutually agreed upon by all associations involved. This includes postponements and schedule changes.

Rule #11.

Each YMCA's director responsible for the swim team will be the voting representative for their YMCA. If the director in charge of the swim team is unavailable to attend, another director from that YMCA should be sent to vote in their place. If another director is not sent, that team shall not receive a vote at that meeting.

Rule #12.

NWOYSL shall be represented on the Great Lakes Zone Competitive Swimming Committee by two league representatives. One will be the president or other elected league officer and the other will be another at large member.

Rule #13.

The order of events shall alternate girls and boys events for league uniformity, and shall be numbered as follows: (See attached sheet).

Rule #14.

To be eligible for NWOYSL Championships Meets, a swimmer must compete in three YMCA inter-association swim meets. A YMCA Inter-association meet must be either a closed YMCA Dual Meet, or a YMCA Invitational.

To be eligible for National Championship Meets, swimmers must compete in three YMCA inter-association swim meets, plus a National YMCA sanctioned meet, such as The League Championship, or YMCA Zone Championship.

Rule #15.

Each team will be responsible to keep, (For your own records) a copy of meet results. The association's director, responsible for the swim team, will take direct responsibility to be sure that all NWOYSL, Zone and National submitted times are authentic, and that proof of submitted items are available for verification.

Rule #16.

Open events shall include all events swam in nationals and zones that are not swum in league competition. (prior arrangement between Head coaches) These events shall be for time only and no score shall be awarded for these events. Only those trying to make national or zone cut-off times in these events should participate in them. If there are no swimmers in open events, they shall be dropped from that meet.

Rule #17.

Swimmers may enter a maximum of five events, with no restrictions on relays.

Rule #18.

When automatic timing devices are used at meets, time discrepancies will be solved by using the USA Swimming rule governing the subject.

Rule #19.

The YMCA director responsible for the swim team is responsible to get the coaches name and address to the league coordinator by the pre-season meeting of the directors and coaches.

Rule #20.

A declaration form shall be completed and turned in to the meet host before the championship meet.. If there is a question during the season of swimmers eligibility, you must be able to provide proof of eligibility.

Rule #21.

A team may enter up to five relay teams, but only one relay team per age group, per team, may score points at the League Finals Championship Meet, and all relays will receive their respective awards. All second, third, fourth and fifth relay points will be eliminated, and no team's first relay will be moved up.

A team may enter an unlimited number of athletes into individual events, however only 3 athletes per team per event may score at the League Finals Championship Meet. Additional athletes will still receive their awards but will not be scored.

Rule #22.

Championship Series Format

League Finals Championship Meet:

Saturday & Sunday

All swimmers are eligible to participate in the League Finals Meet. There are no qualifying requirements, provided that they are current YMCA members and have competed in a minimum of three YMCA inter-association meets during the current season.

The Championship meet will be split between three days with the 8 & Under Girls and Boys being hosted separately. The 13 and Over Girls and Boys swimming in the morning. The 12 & Under Girls and Boys will be swimming in the afternoon.

Entry Fees:

\$16.00 per swimmer to enter into the Championship meets. The fees for the 8 & Under meet and Championships meet will be collected separately.

The entry fees will be collected, and the costs for the League Finals Meet and awards will be subtracted from the amount collected will be subtracted from this total. The remaining fees will be split equally among the host teams.

Entries:

All championship entries and fees will be sent to the League Championship Meet entry chairperson for both meets no later than 10 days before the 8 & Under and Championship meet. Entry deadlines can be different for each individual championship meet.

Meet Information:

All teams will receive meet information from the League Championship meet entry chairperson. The host teams must have their information to the entry chair five weeks before the League Championship Meet. The League Championship Meet entry chairperson for the League Championship Meet must have all entry information for championships to the coaches and directors one month prior to the first day of the league championships.

Scoring:

Twice the number of lanes at the host site will be scored for the League Finals Championships. (An eight lane pool will be scored to sixteen places; a ten lane will be scored to 20 places, etc). USA Swimming scoring will be used.

Awards:

League Finals Championship

Individual events will receive medals for 1st-3rd place, and ribbons 4th-20th place (10 lane pool; only 16 places for an 8 lane pool).

Relay events will receive medals for 1st-3rd place, and ribbons 4th-20th place (10 lane pool; only 16 places for an 8 lane pool).

Rule #23.

USA and High School information should not be included in YMCA Competitive information and schedules.

Rule #24.

There are no limits to the number of swimmers a team may enter per event, and all swimmers are eligible to score points for the team.

Rule #25.

Swimming pools with starting ends with less than the National YMCA recommended 5 feet of water must adjust their pool to conduct YMCA competitive swim meets.

Rule #26.

For all ages, individual events will be started in water depths of five feet or more. All 8 & under relays shall have the second and fourth swimmers start in the water if the pool is less than five feet deep. This rule governs NWOYSL dual meets, invitationals and championship meets. The correct starting procedure for in-water relay starts is as follows: A swimmer starting in the water must have at least one hand and both feet in contact with the starting wall. No pushing off of the bottom of the pool. The swimmers may be in motion when the preceding teammate finishes his or her leg of the race, however, the swimmer must have some part of their body in contact with the starting wall when the teammate finishes.

Rule #27.

A USA swimming club swimmer may not compete in YMCA competitive swimming unless the local YMCA is a USA Swimming registered team. A YMCA swimmer may not represent a USA club in open competition unless this club is a YMCA and a USA club. A USA unattached swimmer may compete in YMCA competitive swimming or in open competition. These rules need to be followed to compete in YMCA league (dual meet, invitationals and championships) zone and national events. Any swimmer or team who violates this rule will be suspended at the YMCA league, zone and national competitions. This rule applies to both summer and winter swim seasons.

Rule #28.

Northwest Ohio YMCA Swim League teams (meet hosts) are responsible to contact the visiting teams one week prior to their scheduled meet by phone, fax, mail or email. This contact person should be the director in charge of the swim team, or swim team coach if needed. All communications if done by the coach's contacts will go through the YMCA directors in charge of the swim team. (See competitive swimming agreement).

Rule #29.

There shall be at least six dual meets and one championship meet series for the Northwest Ohio YMCA League. These meets will be scheduled prior to any invitational scheduling. The dates of the league dual meets shall be announced at the May swim league season review. At that time the league teams shall bid on their league invitational dates.

Rule #29 can be superseded by any decisions made by directors of the league during the current season.

Rule #30.

Dual Meets- All teams attend scheduled dual meets, unless the dropping of a meet is mutually agreed upon by all teams involved. Mechanical problems, or weather related cancellations do not require mutual consents. The coordinator must be notified in all situations.

Invitational Bidding Process- Dual meet dates and invitational dates are sent out prior to the Spring Meeting. Teams will bid on an invitational date at the Spring League meeting. If two teams bid on the same date, the directors will vote and the meet will be awarded to the team receiving the most votes.

Championships Bidding Process- Teams will bid on Championships at the Spring meeting. The teams receiving the most votes will host Championships.

