



## **SCHEDULE OF ADELPHI SWIM TEAM EVENTS – 2025 (FINAL)**

**MORE INFORMATION AVAILABLE AT: [ADELPHIDOLPHINS.ORG](http://ADELPHIDOLPHINS.ORG)**

Tuesday, May 13

**FRANKLIN'S FUNDRAISER – ALL DAY**

Monday, May 19

**PROSPECTIVE PARENTS MEETING – 7:30-8:30PM**

Wednesday, May 21

Adelphi Dolphins Registration Opens for Returning Swimmers (please do not register your returning swimmer if you have another swimmer who needs an evaluation. Families should be registered at the same time.)

Saturday, May 24

**POOL OPENS!**

**Tuesday, May 27**

**First Day of Practice for Registered Swimmers** - Practices are held Monday-Thursday Evenings

**Evening Practice Schedule below for Tue 5/30-Thus 6/12:**

**5:45-6:30PM – 8 and Unders**

**6:30-7:15PM – 9-12s**

**7:15-8:00PM – 11-18s**

**Evening Practice Schedule below for Mon 6/16 – Tue 7/15:**

**5:45-6:45PM – 10 and Unders**

**6:45-7:45PM – 11-18s**

Evaluations 6:15-7:45pm

\*Evaluations are pre-scheduled - please check [adelphidolphins.org](http://adelphidolphins.org) for the sign-up

Wednesday, May 28

Evaluations 6:30-7:45pm

\*Evaluations are pre-scheduled - please check [adelphidolphins.org](http://adelphidolphins.org) for the sign-up

Thursday, May 29

Evaluations 6:30-7:30pm

\*Evaluations are pre-scheduled - please check [adelphidolphins.org](http://adelphidolphins.org) for the sign-up

Friday, May 30

Adelphi Dolphins Registration Opens for New Families

**Saturday, May 31**

**METRO SWIM SHOP SUIT FITTING AND SALES - 10AM-12:30PM**

**Tuesday, June 3**

**TEAM CAP ORDERS DUE! NO LATE ORDERS ACCEPTED.**

**Wednesday, June 4**

**ALL SWIM TEAM REGISTRATIONS DUE!**

**Thursday, June 5**

**ALL ADELPHI DOLPHINS SPIRITWEAR ORDERS DUE!**

**ADELPHI DOLPHINS TEAM NIGHT 6:30-8:30PM (tie-dying so bring a white shirt!)**

**\*\*9-18 ONE PRACTICE FROM 6:30-7:15PM**

**Saturday, June 7**

**TIME TRIALS – arrive by 7:30AM**

**Krispy Kreme Donuts and Vigilante Coffee Fundraiser Pick-up**

**Monday, June 9**

**First Day of Morning Practices!**

**Morning Practice Schedule for Mon 6/9 – Fri 7/11 - Practices are Monday-Friday Mornings**

**7:30-8:30AM – 8 and Unders AND 9-12s**

**8:30-9:30AM – 11-18s**

Friday, June 13

**Home Meet Set-Up 8PM-10PM – POTOMAC PIZZA DELIVERY!**

<b>Saturday, June 14</b>	<b>KINGFISH SWIM CLUB @ ADELPHI – arrive by 7:30AM</b> <b>*TEAM PHOTO IMMEDIATELY FOLLOWING THE MEET*</b>
<b>Wednesday, June 18</b>	<b>B Meet w/ Strathmore Bel Pre – arrive by 4:30PM</b> <i>(open to swimmers for events where they do not typically place 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> at Saturday dual meets.)</i>
Friday, June 20	<b>TEAM PARTY PANCAKE BREAKFAST!</b>
<b>Saturday, June 21</b>	<b>ADELPHI @ CHEVERLY SWIM &amp; RACQUET – arrive by 7:30AM</b>
<b>Wednesday, June 25</b>	<b>B Meet w/ DALEVIEW FEET @ Daleview Pool – arrive by 4:30PM</b> <i>(open to swimmers for events where they do not typically place 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> at Saturday dual meets.)</i>
Friday, June 27	<b>TEAM PARTY PANCAKE BREAKFAST!</b>
<b>Saturday, June 28</b>	<b>ADELPHI @ BELAIR BATH &amp; TENNIS – arrive by 7:30AM</b>
<b>Wednesday, July 2</b>	<b>B Meet w/ FRANKLIN KNOLLS @ Franklin Knolls Pool – arrive by 4:30PM</b> <i>(open to swimmers for events where they do not typically place 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> at Saturday dual meets.)</i>
Friday, July 4	<b>TEAM PARTY PANCAKE BREAKFAST!</b>
<b>Saturday, July 5</b>	<b>ADELPHI @ HAWTHORNE COUNTRY CLUB – arrive by 7:30AM</b>
Friday, July 11	<b>TEAM PARTY DONUT BREAKFAST!</b> <b>Home Meet Set-Up 8PM-10PM – POTOMAC PIZZA DELIVERY!</b>
<b>Saturday, July 12</b>	<b>MAXIMUM VELOCITY PROPULSION @ ADELPHI – arrive by 7:30AM</b> <b>*ADELPHI DOLPHINS SENIOR MEET*</b>
<b>Sunday, July 13</b>	<b>Knights of Columbus Mini Meet @ Prince George's Council Pool – arrive by 7AM</b> <i>All 10&amp;Under swimmers are highly encouraged to attend! Meet Entry Fees paid by families, typically \$5/event.</i> <b>ADELPHI DOLPHINS TEAM NIGHT 5:30-7:30PM</b>
<b>Friday, July 18</b>	<b>DIVISIONALS MEET SET-UP!! – POTOMAC PIZZA DELIVERY!</b>
<b>Saturday, July 19</b>	<b>PMSL DIVISIONAL A Divisionals Meet – ADELPHI POOL – arrive by 7:00AM</b> <b>Swimmers are selected by the coaching staff for Divisionals in order for Adelphi to field the most competitive line-up possible.</b> Generally, swimmers with the top two times in every event will be chosen to compete; however, entry constraints, scheduling, and alternates often allow additional swimmers to participate. The coaches will notify swimmers if they will swim at Divisionals. <b>ALL DIVISIONALS FAMILIES ARE REQUIRED TO VOLUNTEER AT THE MEET.</b>
<b>Sunday, July 20</b>	<b>ADELPHI DOLPHINS BANQUET – POTOMAC PIZZA DELIVERY!</b>
<b>Saturday, July 26</b>	<b>PMSL ALL STARS – WHITEHALL POOL &amp; TENNIS – arrive by 7:00AM</b>  Swimmers are chosen from top Divisional Times. The top 20 swimmers in each event in all of the Prince-Mont League have a Race-Off. The coaches will notify swimmers if they will swim at All Stars.

**\*\*The overlap of the 11-12 group is intentional. Coaches will evaluate swimmers the first few practices to decide which practice time is best for 11-12 year olds. The 11-12 age group is eligible to swim the Individual Medley. Practice times are subject to change based on team size after registration.**