

Fremont Hills

Country Club

Aquatics

2025 Extended Summer Training Program

Keep your Summer rolling with our 2025 Extended Summer Training! Take advantage of the awesome Northern California extended Summer weather and keep your swimmers skills moving! We will be offering a 6 week long session starting July 21st and ending August 28th! This program is offered to our Barracuda Swim Team and Members of Fremont Hills Country Club.

Practice Schedule

8 & Unders: Monday-Thursday: 4:00 to 4:45 pm
9 & Above: Monday-Thursday: 4:00 to 5:00 pm

Swimmer(s) Name (include Middle Initial)	Age	Male/Female	Date of Birth	Fee

Registration

FHCC Members Only: Until July 31st, 2025

Fees per Swimmer

8 & Under: \$200
8 & Above: \$240

** Cancellations for refund must be made prior to July 25th, 2025.

Total Fees Due \$ _____

FHCC Member # _____ FHCC Member's Full Name _____

2025 Parent Contact Information

Parent/Guardian 1: _____ Cell/Home #: _____

Parent/Guardian 2: _____ Cell/Home #: _____

Street Address: _____ Email: _____

City, State, Zip Code: _____

Member # _____

2025 Fall Barracuda Registration Sheet

Swimmer's Name:

Please list any special needs and/or medical information (i.e. allergies) pertaining to your swimmer(s) that our staff should be aware of. Please include swimmer name(s) and condition(s).

In the event of an emergency, I authorize dental and/or medical care and/or treatment of the above named swimmer(s). If I cannot be reached, please contact the person listed below who is authorized to act on my behalf.

Doctor's Name and Address	Phone	
Dentist's Name and Address	Phone	
Authorized Person's Name	Relationship to Swimmer	Phone

My signature on this agreement authorizes my child's participation in all swim team activities. I also assume all risks and hazards incidental to participation & release Fremont Hills Country Club, its Members, Officers, Directors, Agents and Employees from any liability.

Signature Parent/ Guardian _____ **Date** _____

Print Name _____