Code of Conduct

The Skagit Valley YMCA Tritons Swim Team (SVY) is committed to providing a safe, caring and nurturing environment for all members. In that regard, we have prepared our Code of Conduct to assist all concerned in understanding what is expected of them in their role as swimmer, parent guardian, or as a SVY coach. This document and relevant attachments will be updated annually, is available on our team website and reviewed with all members of the SVY as part of team registration.

Program participants are expected to display good sportsmanship in support of the SVY Tritons Swim Team Vision, Mission and Values and should be aware of the guidelines detailed in our team's Code of Conduct <u>before</u> choosing to join. Additionally, all participants in the program are subject to prevailing Skagit Valley Family YMCA (SVFY) Rules and Regulations and to the USA Swimming (USAS) Code of Conduct.

Guidelines and agreements for SVY Tritons Swim Team participants:

- I will strive to become the best person I can be and achieve the goals I have established for myself.
- I will conduct myself in accordance with the SVY Mission, Vision and Values, abide by the SVY Code of Conduct and adhere to the SVFY Rules and Regulations.
- I will accept the challenges and responsibilities of family, education and community.
- I will develop a positive attitude for myself and be supportive of my teammates.
- I will strive to be the best athlete I can be, by training and performing at the highest level I can. I will encourage my teammates to do the same in practice and in competition.
- I will display proper respect and good sportsmanship toward coaches, teammates, fellow competitors, parents, officials and others involved with SVFY activities.
- I will refrain from all illegal or inappropriate behavior that might detract from the positive image and outstanding reputation of YMCA and USA Swimming, or that may be detrimental to performance objectives.
- I will not possess or use alcohol, tobacco or illegal or non-prescribed drugs. When on a Team Travel excursion, my parent(s)/guardian(s) and I will continue to protect and improve the excellent reputation the SVY swim team has throughout the state and country by adhering to the following guidelines:
- I agree to the rule that at no time will I be in the same room with an athlete of the opposite gender. I will not be out of my room after the assigned curfew.
- I agree to attend all team meetings scheduled while on team trips.
- I will become a model team traveler. I will use good manners and behavior. I will gracefully follow the directions of my coaches and chaperones, including respecting established curfews.

Unsportsmanlike Conduct, Harassment and Bullying

Unsportsmanlike conduct, harassment and bullying will not be tolerated at the SVFY pool under any circumstances and may result in immediate suspension from the team, pending further review by SVY Head Coach and the SVFY Executive/Aquatic's Director.



UNSPORTSMANLIKE CONDUCT

Displaying behaviors inconsistent with the Vision, Mission and Values of the Club such as disrespecting another individual or group, being discourteous to others, displaying bad temper, using inappropriate language, raising voices, being unfair or knowingly violating the rules, cheating, etc.

HARASSMENT

Harassing behaviors of any nature that have the purpose or effect of unreasonably interfering with an employee's or coach's work performance, with a swimmer's participation in the program, or in any way creates an intimidating, hostile or offensive environment, may result in immediate suspension from the team, pending further review by the SVY Head Coach and the SVFY Aquatic's Director.

BULLYING

Bullying is considered a form of harassment and is potentially devastating to the victim, counterproductive to team spirit and may result in immediate suspension from the team, pending further review by the SVY Tritons Head Coach and the SVFY Aquatic's Director.

Because bullying is increasingly prevalent in contemporary life, we will provide more detail on this important topic in separate handouts and team awareness and training sessions every season.

The USA Swimming Code of Conduct specifically prohibits bullying. Should anyone become aware of a bullying incident, he/she is expected to immediately report the matter to his/her coach, the Head Coach or the Athletic Director. The SVFY considers the act of bullying as defined in this document to include and apply to all SVFY members, guests and SVY Tritons families.

DROP OFF/PICK UP & PARKING LOT PROTOCOLS

Arriving: Enter ONLY through the Main Entrance on the west side of the YMCA. All SVY Tritons swimmers are required to present their card for access to the Y.

Drop off: Drive around the parking lot and drop swimmers off on the passenger side of the curb. Do not require your swimmer(s) to walk in front of or behind your car and across the lane of traffic when entering the Y.

Pick up: Swimmers should be picked up at the Main Entrance on the west side of the YMCA.



Rules and Regulations Agreement and Signature

As parent(s)/guardian(s) of swimmer(s) on the SVY Tritons, or as swimmer(s) on the SVY Tritons, I/we acknowledges that I/we have received, that I/we have read, and that I/we agree to abide by the standards and guidelines outlined in the SVY Tritons Code of Conduct documents and the SVFY Rules and Regulations referred to in this document as long as we are SVFY members and SVY Tritons program participants. I/we understand that failure to comply with those standards—whether that failure be our own or our children's—may result in suspension or termination from the Skagit Valley Family YMCA and/or the Skagit Valley YMCA Aquatics.

Swimmer Signature	date	
Parent Signature	date	

