



Welcome to the

Braemar Blasters Pool

[www.braemarblasters.com](http://www.braemarblasters.com)

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**Welcome to Braemar! We are pleased to host your swim team and look forward to having a great meet!**

**Team Contacts**

President	Nicole Ratner	703-819-4317	<a href="mailto:President@braemarblasters.com">President@braemarblasters.com</a>
PWSL League Rep	Bill Golembiewski	951-662-5288	<a href="mailto:Pwsl_rep@braemarblasters.com">Pwsl_rep@braemarblasters.com</a>
Meet Manager	Jen Armstrong		<a href="mailto:meetmanager@braemarblasters.com">meetmanager@braemarblasters.com</a>
Computer Rep	Natalia Taylor		<a href="mailto:meets@braemarblasters.com">meets@braemarblasters.com</a>
Officials Contact	Mitch Kanefsky		<a href="mailto:cghtstealn@aol.com">cghtstealn@aol.com</a>
Head Coach	Chris Adams		<a href="mailto:headcoach@braemarblasters.com">headcoach@braemarblasters.com</a>

**General Information**

Facility:

Iona Sound Pool, 12300 Iona Sound Dr, Bristow, VA 20136  
Six-lane, 25-meter pool  
Backstroke flags are regulation 5 meters  
Visiting team's relay lanes are 1, 3, and 5.

Parking: The pool parking lot will have reserved spots, handicap spaces, and open parking on a first come first serve basis. Street parking is authorized and there is a small parking lot at Braemar KinderCare (12121 Caithness Cir, Bristow, VA 20136).

**PLEASE DO NOT PARK IN INTERSECTIONS OR BLOCK RESIDENTS' DRIVEWAYS OR MAILBOXES. CARS THAT BLOCK A RESIDENT'S DRIVEWAY, MAILBOX, OR DON'T ABIDE BY STREET PARKING SIGNS WILL BE TOWED AT OWNER'S EXPENSE.**

Special Needs: Please let us know if any of your swimmers or guests have any special needs we should be aware of so we can accommodate them.

Tent Set Up: Both Blasters and the visiting team will have a designated portion of the fenced in pool area to set up tents. There are also many open tent spots outside the pool as noted on the map. Visitor setup is **not allowed until the morning of the swim meet.**

Coaches' Tents: A space is provided for the visiting team's coaches and is located on the side of the pool closest to the starter. You will be required to bring your own 10'x10' tent. Please let us know if you need us to provide one and we will do so if possible.

Spectators: Spectators will be restricted to one side of the pool (please see pool layout). No additional tents or chairs are authorized in this area. Due to the close proximity of houses to the pool, no artificial noise makers can be brought or used on pool grounds except those approved for meet use (public address system, starting equipment). Artificial noise makers include, but are not limited to: drums, air horns, musical instruments, etc.

Concessions: Concessions (Breakfast and Lunch) will be sold on the patio next to the Clubhouse starting at 6:00 am. At 9:15 am we will begin serving lunch items. Outside in the parking area, Snowies will be offering Shaved Ice. This is great on a hot summer day! We have concession punch cards (\$10 for \$12 of punches) available. [Click here to see the menus.](#)

## **Volunteer Information**

Shift Times:

Timers/Recorders, Runners, Scoring, Computers and Heat Ribbons two shifts:

- Shift One: 7:00 am – 9:45 am
- Shift Two: 9:45 – end

Ribbon Writers:

- Shift One: 8:00 am – 11:00 am
- Shift Two: 11:00 am – end

Clerk of Course:

- Shift One: 6:30 am – 9:30 am
- Shift Two: 9:30 am – end

Volunteer Requirements:

Officials:

- Please bring a minimum of 3 Stroke & Turn officials, 1 Referee and 1 Starter

- Please bring your starter equipment for use during the 8&U events to minimize delays when switching starting sides

Timers/ Recorders and Runners:

- Each lane will have 3 Timers and one Recorder. Visiting team is requested to provide: Head Timer, 1 Timer and 1 Recorder for lanes 1, 3, 5 and 2 timers for lanes 2, 4, 6. There will be two shifts and each team will supply 12 volunteers per shift.
- Timecard Runners: Visiting team is requested to provide 1 Runner for each shift.

Clerk of Course:

- Visiting team is requested to provide 3 Clerk of Course (COC) volunteers for the first and second shifts. COC volunteers will be escorting each heat on deck to ensure safety and organization.
- Our Clerk of Course area will be set up near concessions on the pool deck. When events are announced over the PA system please have your swimmers proceed to the Clerk of Course. We recommend parents escorting 10&Us. No parents are allowed in the Clerk of Course area.

Computers, Heat Ribbons, Scorers, and Ribbon Writers:

- Visiting team is requested to provide 1 Computer volunteer, 2 Scorers and 1 Verifier, 2 Ribbon Writers, and 1 Heat Ribbon volunteer per shift.
- Computers and Scoring will be set up inside the clubhouse. Ribbon writers will be set up on deck just outside the entrance to the clubhouse (Please see pool layout below). Indoor volunteers, who are unvaccinated, are strongly encouraged to wear a mask and maintain social distancing.







**Timeline**

<b>Event</b>	<b>Time</b>
Arrival	5:30 am
Blasters warm-up	6:00 - 6:25 am
Visitor's warm-up	6:30 - 6:50 am
Official's meeting (Mandatory)	6:30 - 6:50 am
Timer's meeting (Mandatory)	6:40 - 6:50 am

National Anthem	6:55 am
Meet Begins	7:00 am

**Pool and Tent Layout**



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|--|--------------------------|--|--------------------|--|---|
|   | Visiting Team Coach Tent |   | Braemar Coach Tent |   | Starters                                    |
|  | Meet Results             |  | Pool Entrance      |  | Ribbons outside<br>Computers/Scoring inside |