



Annual Stars and Stripes Invitational

Hosted by the Bridlewaves
Tuesday July 4, 2023 – 8:30 AM

Sponsored by:
Nations Capital Swim Club & Occoquan Swimming



Team Logistics

Location: The meet will be held at the Bridlewood Bridlewaves Pool. The clubhouse address, for GPS purposes, is: 13622 Harness Shop Court, Gainesville, VA, 20155.

Parking: There is a small parking lot at the pool that fills up quickly. Spots are first come, first served. The pool parking lot includes three reserved handicapped spots. There is plenty of parking at ImagiNation and surrounding streets. **PLEASE DO NOT PARK IN INTERSECTIONS OR BLOCK RESIDENTS' DRIVEWAYS OR MAILBOXES. CARS THAT BLOCK A RESIDENT'S DRIVEWAY OR MAILBOX WILL BE TOWED AT OWNER'S EXPENSE.**

Directions:

From Route 66 – Take exit 43A toward Gainesville/Warrenton onto Lee Highway/Route 29 South. Turn left (at light) onto Linton Hall Road/Route 619 (continue for 1.5 miles). Turn right onto Harness Shop Road. Turn left onto Harness Shop Court. Pool is at the end of the court.





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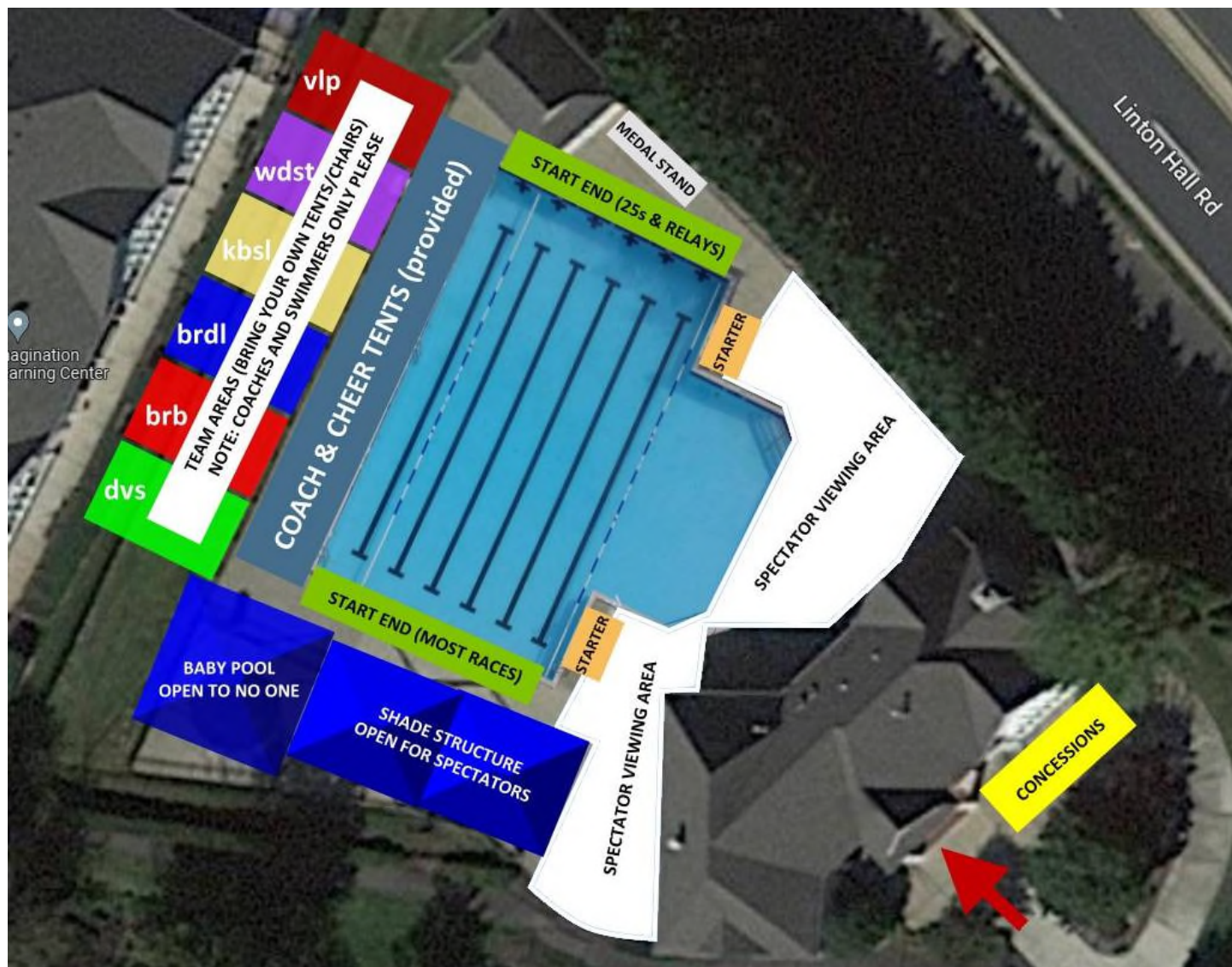
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Pool Layout and Coaches Areas:



NOTES: The BWaves will provide a coaching tent and “bench seating” for each team along the deck. Teams are encouraged to bring no more than four 8x8 tents for their team area (grassy area) as indicated on the pool layout above. Spectators will **only** be allowed in the areas indicated in white and this event is “standing room only” – NO CHAIRS OR TENTS WILL BE PERMITTED ON DECK. (If your team has a need for a handicap viewing area, please let us know ahead of time). The area on the far end of the pool (by the medal stand), will be closed off to spectators during the 25m events and the relays, to accommodate swimmers and/or timers.



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Team Areas:

UPDATE: We have been informed by our HOA that we are not allowed to set up tents on the basketball or tennis courts as we have in past years. This is to prevent undue wear and tear as the courts have recently been resurfaced. As such, we will have a combined tent area in the grassy areas surrounding the pool.

Parents – we will have speakers facing out towards the tent areas and make frequent announcements for events and awards presentations. However, based on past experience – because the event moves along quickly – you may consider leaving your tents at home or tent-sharing with friends to be closer to the action!

NOTES: Swimmers are encouraged to check in at the beginning of the meet and remain in the team areas on deck to avoid missing events and maximize team cheering opportunities.