



Annual Stars and Stripes Invitational

Hosted by the Bridlewaves

Tuesday July 4, 2023 – 8:30 AM

Sponsored by:

Nations Capital Swim Club & Occoquan Swimming



Volunteer Requirements

General Information:

The meet will consist of 1 shift: 8:30am to the end of meet (about 11:30am).

Kingsbrooke is requested to bring their starter system, fully charged, as a backup.

Announcer: Bridlewood supplies system and announcer.

Awards Distributor: (Compare to the Ribbon Labelers) There will be medals for the 1st, 2nd, and 3rd place winners of each heat. Awards personnel will organize the medals for distribution during the designated awards breaks.

Wellington and Kingsbrooke each supply one (1) awards distributor for a total of two (2).

Computer: Bridlewood supplies system and worker, Dominion Valley supplies a computer rep.

Head Timer: Victory Lakes and Braemar each supply one (1) head timer, for a total of two (2).

Lane Assigners: In lieu of a Clerk of Course each team supplies one (1) lane assigner, for a total of five (5). This person will assist lining up swimmers and direct them to the appropriate lane. Lane assignments will rotate up one lane per event as described in the Meet Announcement.

Recorders: Each team supplies one (1) recorder, for a total of five (6) assigned as follows:

Lane 1:	Braemar
Lane 2:	Wellington
Lane 3:	Kingsbrooke
Lane 4:	Dominion Valley
Lane 5:	Bridlewood
Lane 6:	Victory Lakes

Timers: Each team supplies three (3) timers, assigned as follows:

Lane 1:	Wellington, Dominion Valley, Victory Lakes
Lane 2:	Bridlewood, Kingsbrooke, Braemar
Lane 3:	Wellington, Dominion Valley, Victory Lakes
Lane 4:	Bridlewood, Kingsbrooke, Braemar
Lane 5:	Wellington, Dominion Valley, Victory Lakes
Lane 6:	Bridlewood, Kingsbrooke, Braemar

Runners: Each team supplies one (1) runner for a total of five (6).



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Scorers: Bridlewood, Dominion Valley, and Braemar each supply one (1) scorer for a total of three (3). Note: Scoring is different than a standard meet. The scoring process is described in the meet announcement.

Verifiers: Kingsbrooke, Victory Lakes, and Wellington each supply one (1) verifier for a total of three (3).

Stroke and Turn Judges: At least one (1) per team – Head Referee and Starters supplied by Bridlewood.

Water Runner: Bridlewood supplies one (1) water runner.

Tee Shirts: Every swimmer participating in the Stars & Stripes Invitational will receive a commemorative tee shirt. Each team will receive 42 tee shirts (40 for swimmers and 2 for coaches) in a representative range of sizes. Each team should provide one (1) person to collect their team shirts and distribute shirts to the swimmers before the meet. **Extra shirts may be pre-ordered for \$15 each (2XL/3XL are \$17 each), but sizes must be sent in by Sunday, June 25th at 12:00pm.**

Concessions: For your convenience, concessions will open at 7:30am.

Bridlewood BWaves Contacts:

Meet Manager / Computer Contact:

Reggie Sheetz

computers@bwaves.org

Meet Referee:

Beth Sowers

officials@bwaves.org

Volunteer Coordinator:

volunteers@bwaves.org