

Duck



Tales

Week 8: July 2018

Important Dates

July 21 st	Away Meet vs. Meadowbrook
July 28 th	Divisionals at Veterans Park w/VA Oaks
July 29 th	6 th Annual Rubber Duck Derby

Results from the Stonewall Meet

The final score was Ben Lomond 2093 and Stonewall 2705. Congratulations to Evan Thies who set a new record in the 50 meters Breaststroke with the time of 30.59! We had one triple winners (Mia Sanchez), two double winners (Briana Heath and Emma Knick), and five single winners (Nathaniel Bair, George Herrera, Ariadna Sanchez, Evan Thies and Jeremy Wells). We had 73 swimmers set personnel best times in 121 splashes! We may not have won, but we swam hard! Great job, Ducks!

Away Meet vs Meadowbrook Makos

Our next meet an **AWAY** meet versus the Meadowbrook Makos on July 28th.

Important Notes:

The address is: 13200 Superior Ct., Manassas, VA 20112

Swimmers need to arrive by 6:00am and check in with our Volunteer Coordinator or their coaches.

The meet will start promptly at 7:00 AM.

1st shift parents who are volunteering should also check in with the Volunteer Coordinator by 6:15am.

Please do NOT leave before checking with your coach to see if you are needed for relays at the end of the meet.

Opting In or Out & Jobs for Meets

If you plan to attend the meet, make sure you "opt-in" in OnDeck. If you are not going to be at the meet, please make sure to "opt out" before Tuesday night each week. Running a successful and smooth meet depends on having enough volunteers.

Please use OnDeck to sign up for a volunteer assignment: timer, recorder, runner, computers, ribbons, and concessions.

6th Annual Rubber Duck Derby

Our Annual Rubber Duck Derby will be held at 7:30pm on Sunday, July 29th. Adopt a numbered rubber duck and watch it race around the Lazy River at SplashDown Waterpark. If your duck places, you WIN! Prizes will be awarded for the first ten ducks and the last duck to cross the finish line. All prizes will be awarded and you do not need to be present to win. You can adopt your duck at any of the practices. Adoption costs are 1 duck for \$5 or 5 ducks for \$20.

Weekly Recognitions

Each week we recognize the swimmers and volunteers who have done an outstanding job the week and weekend prior!

Congratulations to the following individuals:

Group 1: Dylan Perez

Group 2: Rylee Franklin

Group 3: Betty Johns

Group 4: Soni Cole

Group 5: Jeremy Wells

Group 6: Jae Lee

Volunteer of the Week: Angie Graham

Also, a huge QUACK to our Duckling who graduated this week... Isaac Barbery! Way to go and welcome to the DUCKS!