



2024 SUMMER PRACTICE SCHEDULE*

TEAM PRACTICE WHILE SCHOOL IS IN SESSION: MAY 20 – JUNE 6 (Monday – Thursday)

AGE GROUP	DAYS	TIME	LOCATION
8 & Under Competitive	Mon, Tue, Wed, Thu (Starts Monday, May 20)	6 – 6:40 PM	Gaines Mill HOA Pool (located on the BHS side)
9 & Under Developmental	Mon & Wed or Tue & Thu (Starts Tuesday, May 28)	Sign up for a session: 6:45 – 7:20 PM 7:25 – 8 PM	Gaines Mill HOA Pool (located on the BHS side)
9-10	Mon, Tue, Wed, Thu (Starts Monday, May 20)	6:15 – 7 PM	DVCC Pool
11-12	Mon, Tue, Wed, Thu (Starts Monday, May 20)	7 – 7:45 PM	DVCC Pool
13-14 & 15-18	Mon, Tue, Wed, Thu (Starts Monday, May 20)	7:45 – 8:30 PM	DVCC Pool

MORNING PRACTICE DURING SUMMER BREAK: JUNE 10 – JULY 26 (Monday – Friday)

AGE GROUP	DAYS	TIME	LOCATION
8 & Under Competitive	Mon, Tue, Wed, Thu, Fri	8 – 8:45 AM	Gaines Mill HOA Pool (located on the BHS side)
9 & Under Developmental	Mon, Tue, Wed, Thu, Fri	Sign up for a session: 8:50 – 9:30 AM 9:35 – 10:15 AM	Gaines Mill HOA Pool (located on the BHS side)
9-10	Mon, Tue, Wed, Thu, Fri	Sign up for a session: 7:45 – 8:45 AM 8:45 – 9:45 AM	DVCC Pool
11-12	Mon, Tue, Wed, Thu, Fri	Sign up for a session: 7:45 – 8:45 AM 8:45 – 9:45 AM	DVCC Pool
13-14 & 15-18	Mon, Tue, Wed, Thu, Fri	9:45 – 10:45 AM	DVCC Pool

EVENING PRACTICE DURING SUMMER BREAK: JUNE 10 – JULY 25 (Monday – Thursday)

AGE GROUP	DAYS	TIME	LOCATION
8 & Under Competitive 9 & Under Developmental	Mon, Tue, Wed, Thu	7 – 7:50 PM (COMP) 7 – 7:40 PM (DEV) 7:45 – 8:25 PM (DEV)	Gaines Mill HOA Pool (located on the BHS side)
9 & Up Competitive	Mon, Tue, Wed, Thu	8 – 9 PM	DVCC Pool

*Schedule and locations subject to change. Signups for Summer Break age group practices will open the week of June 3, 2024.