

Wellington vs. Dominion Valley 2024 - 6/29/2024

Dolphins vs. Sharks 2024

Best Concessions in the PWSL... PROVE US WRONG! (take credit cards)

Psych Sheet - WDST vs. DVS 2024

#66 Boys 15-18 200 SC Meter Freestyle Relay			#1 Mixed 8 & Under 100 SC Meter Medley Relay			5 WDST-PW			E			NT					
PWSL: 1:35.84 2021 ASHLAND STINGRAY			PWSL: 1:20.25 2023 MEADOWBROOK M			6 DVS-PW			A			NT					
M VanDeusen, M Jiang, B Stankovich, L Gentry			L Grand, I Rossi, W Schotter, N Wall			Lake, Cavden 10			Wong, Alexander 10			Peterson, Davin 10					
WDST: 1:43.95 2017 G. PENN			WDST: 1:26.47 2018 WDST			Burke, Brady 10			B			NT					
A. Quinan, P. Marron, W. Whiteree,			A. Aldeguer, M. Hu-Atienza, I. McCook, L. Martinez			7 DVS-PW			Butler, Logan 10			Elbanna, Khaled 9					
DVS: 1:42.33 2017 DOMINION VALLEY			DVS: 1:23.81 2016 DOMINION VALLEY			Riddick, Mason 9			Dockett, Logan 10								
R Reilly, E Huang, L Schlevensky, D Caldwell			O Ahearn, H Klein, R Maynard, W O'Shea			8 DVS-PW			C			NT					
TeamRelaySeed Time			TeamRelaySeed Time			Montv. Carter 10			Oum, Zeo 10			Hattingh, Liam 10			Helton, Deacon 9		
1 WDST-PW			1 DVS-PW			A			1:29.64								
Wightman, Connor 17			Tippv, Declan M7			Schroeder, Vivian W8											
Pearson, Boden 18			Alex, Colton M8			McGinley, Maddy W8											
2 WDST-PW			2 WDST-PW			A			1:39.33								
Bewlev, Ioshua 17			Smith, Lincoln M8			Jeffries, Tierney W8											
McCurdy, Nolan 16			Mobley, Izzy W8			Strauss, Olivia W7											
3 WDST-PW			3 WDST-PW			B			1:48.67								
Whitesell, Matthew 16			Haight, Weslev M8			Bennett, Ronin M8											
Pasierb, Keenan 16			Bishop, Anna W7			Johnson, Joseph M8											
4 WDST-PW			4 DVS-PW			B			1:55.22								
Ellsworth, Tyler 15			Regalla, Olivia W8			Bonnaure, Grant M8											
Woodward, Everett 16			Osterndorf, Vivi W7			Acholonu, Anayo M8											
5 DVS-PW			5 WDST-PW			C			1:55.61								
Caldwell, Daniel 18			Obrien, Lydia W8			Golden, Logan M8											
Bair, Lukas 16			Pinkley, Levi M8			Hiller, Thea W8											
			6 WDST-PW			D			2:04.25								
			Setzer, Coleman M7			Martz, Olivia W7											
			Keys, Andrew M8			Bevziuc, Michael M7											
			7 DVS-PW			C			2:13.98								
			Regalla, Abbv W8			Forrest, Cameron M7											
			Elbanna, Hana W7			Soden, Declan M8											
			8 WDST-PW			E			2:20.06								
			Picardo, Kian M7			Mobley, Elly W8											
			Curran, Claire W7			Mobley, Xander M8											
			9 DVS-PW			D			NT								
			Cosgriff, Sadie W8			Khnachar, Zak M8											
			Riddick, Maddox M7			Attiah, Khaled M8											
			10 DVS-PW			E			NT								
			Batelka, Connor M8			Roche, Keir W8											
			Kenny, Darcy W8			Bradfield, Kellan M8											
#67 Girls 15-18 200 SC Meter Freestyle Relay			#2 Boys 9-10 100 SC Meter Medley Relay														
PWSL: 1:50.40 2023 PIEDMONT TSUNAM			PWSL: 1:06.52 2016 BRAEMAR BLASTER														
M Richardson, S Hayden, E Hannam, C Spink			M Santee, J Evans, M Mullen, A Martins														
WDST: 1:56.45 2014 N. TABOR, N. CAMPE			WDST: 1:16.74 2007 W. SHIELDS, P. WILS														
A. Boston, K. Tilotson			ereee, M. Turner														
DVS: 1:54.52 2021 DOMINION VALLEY			DVS: 1:12.77 2023 DOMINION VALLEY														
T Peny, V Pickeral, A Farmerie, A Sawwa			J Mount, A Acholonu, A Schroeder, J Munn														
TeamRelaySeed Time			TeamRelaySeed Time														
1 DVS-PW			1 WDST-PW			A			1:26.88								
Torrev, Katie 17			Erchov, Alex 10			Ghimire, Nirbhay 10											
Young, Emma 15			Kimble, Elijah 9			Martz, Christian 10											
2 WDST-PW			2 WDST-PW			B			1:45.02								
Luetkenhaus, Caroline			Stike, Calvin 10			Rowe, Ethan 10											
Picardo, Kiara 16			Horn, Sammy 9			Gonzales Claros, Sebas											
3 DVS-PW			3 WDST-PW			C			NT								
Caldwell, Camilla 17			Khaniiaun, Deen 9			White, Caleb 10											
Arnold, Lucy 16			Hughlett, Aaron 10			Albers, Luke 10											
4 WDST-PW			4 WDST-PW			D			NT								
Fifield, Haley 17			Bielecki, Nik 10			Segovia, Leo 10											
Jones, Reagan 16			Saenz Nunez, Diego 9			Kiefer, Nicholas 9											
5 WDST-PW																	
Wright, Madison 17																	
Segovia, Adryana 15																	
6 WDST-PW																	
Lozano Vasquez, Valeri																	
Fischer, Sophia 16																	
7 WDST-PW																	
Kouagueng, Malaika 1																	
Tabor, Chloe 15																	
8 DVS-PW																	
Bowers, Ashlev 15																	
Randall, Addison 16																	
9 DVS-PW																	
Chin, Meredith 17																	
Burns, Abigail 15																	

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Psych Sheet - WDST vs. DVS 2024

#4 ... (Boys 11-12 100 SC Meter Medley Relay)		
2 WDST-PW	B	1:17.57
Berger, Charlie 12 Lozano Vasquez, William 11		
Oh, Nathaniel 11 Kiefer, Max 11		
3 WDST-PW	C	1:25.31
Olivera, Iker 11 McCook, Sawyer 11		
Haight, Travis 11 Rowe, Logan 11		
4 WDST-PW	D	NT
Ghimire, Sambridha 12 Cummings, Derek 11		
Horn, Leo 12 Truong, Lam 12		
5 WDST-PW	E	NT
Hogan, Elijah 11 Bielecki, Joey 11		
Clifford, CJ 11 Ball, Mason 12		
6 DVS-PW	A	NT
Mount, Jameson 11 Schroeder, Austin 11		
Dockett, Landon 12 Gentile, Zach 12		
7 DVS-PW	B	NT
Movnihan, Quinn 11 Phillips, Evan 12		
Helton, Graham 12 Hammond, Luke 11		
8 DVS-PW	C	NT
Edwards, Parker 12 Sharifi, Amir 11		
Wilson, Levi 11 Zinsmeyer, Jackson 11		
9 DVS-PW	D	NT
#5 Girls 11-12 100 SC Meter Medley Relay		
PWSL: 1:03.37 2016 KINGSBROOKE SEALED		
K Benton, A Daniel, M Wong, E Flynn		
WDST: 1:07.26 2022 WDST		
A. Aldeguer, I. McCook, A. Zarrow, B. Mobeley		
DVS: 1:05.21 2018 DOMINION VALLEY		
M Maynard, S Morrison, V Pickeral, A Sawwa		
Team	Relay	Seed Time
1 WDST-PW	A	1:15.88
Phommachanh, Macv 1 Martinez, Lara 12		
Ewell, Riley 11 Jones, Lyla 12		
2 WDST-PW	B	1:25.88
Whitesell, Sophia 12 Gassion, Addy 11		
Johnson, Joanna 11 Truong, Vi 12		
3 WDST-PW	C	NT
Kimbler, Harper 11 Hurley, Gigi 12		
Perreault, Annabelle 12 Gonzales Claros, Kiara 12		
4 WDST-PW	D	NT
Ellsworth, Elise 12 Wilson, Avery 12		
Ball, Kate 12 Lozano Vasquez, Monica 12		
5 WDST-PW	E	NT
Pinklev, Makinslev 11 Sullins, Kinsey 12		
Saenz Nunez, Luciana 12 Gregory, Annalee 11		
6 DVS-PW	A	NT
Woodward, Madison 12 Sosinski, Hailey 11		
Elam, Peyton 11 Shin, Diane 12		
7 DVS-PW	B	NT
McGinlev, Brooklyn 11 Everett, Claire 12		
Bonnaure, Alex 11 Acholonu, Adaeze 12		
8 DVS-PW	C	NT
Strickland, Maddie 12 Bradfield, Tatum 11		
Jensen, Riley 12 Kriel, Samantha 11		
9 DVS-PW	D	NT
Sevigny, Audrey 11 Dunk, Emily 11		
Mitchell, Sarah 12 Krafty, Ellie 11		

#6 Boys 13-14 200 SC Meter Medley Relay		
PWSL: 1:56.38 2019 BRAEMAR BLASTER		
L Sowers, J Evans, L Grant, A Martins		
WDST: 1:59.37 2023 I MILSAPS, L MARTIN		
I Lavedas, T Ball		
DVS: 2:00.70 2022 DOMINION VALLEY		
Q Caputo, L Bair, W O'Shea, C Murphy		
Team	Relay	Seed Time
1 WDST-PW	A	2:03.70
Martinez, Thiago 13 Martinez, Lionel 14		
Ball, Tristan 14 Lavedas, Liam 14		
2 WDST-PW	B	2:43.85
Narduche, Jasper 14 Fleming, Jacob 14		
Cuprak, Kyle 14 Golden, Spencer 14		
3 WDST-PW	C	3:18.78
Letcher, Clay 14 Wible, Evan 14		
Henderson, Chris 14 Krepsky, Michael 14		
4 DVS-PW	A	NT
Rohrbach, Bryce 14 Cataldo, John 13		
Wilson, Brett 14 Hanson, Ayden 14		
5 DVS-PW	B	NT
LaHait, Brendan 13 Attiah, Mohamed 13		
Mareidiya, Hamza 13 Renalds, George 14		

#7 Girls 13-14 200 SC Meter Medley Relay		
PWSL: 2:07.69 2022 PIEDMONT TSUNAMI		
A Sagle, K Crown, S Traister, M Richardson		
WDST: 2:16.84 2021 WDST		
N. Picardo, E. Lavedas, CLuetkenhaus, A. Grocholski		
DVS: 2:10.70 2017 DOMINION VALLEY		
A Rhee, C Kochan, T Peny, C Miller		
Team	Relay	Seed Time
1 DVS-PW	A	2:20.11
Schroeder, Elizabeth 1 Fargo, Emmy 14		
Edwards, Amelia 14 Lu, Lily 13		
2 WDST-PW	A	2:21.64
Aldeguer, Ariana 14 Stike, Stella 14		
Zarrow, Alex 14 McCook, Isabella 14		
3 DVS-PW	B	2:35.36
Mount, Lexi 14 Yeckel, Emma 13		
Miller, Quinn 13 Elam, Morgan 14		
4 WDST-PW	B	2:52.21
Pinklev, Alex 13 Ewell, Taylor 13		
James, Jae 14 Wentz, Kenzie 14		
5 DVS-PW	C	2:59.40
Torrev, Maddie 14 Forrest, Lauren 13		
Thoma, Katelyn 14 Friedman, Audrey 13		
6 WDST-PW	C	3:16.19
Intihar, Ashlev 14 Baughman, Rachel 14		
Petty, Sadie 14 Clifford, Nisha 13		
7 WDST-PW	D	3:35.82
Pepe, Kimberly 14 Cernucan, Anastasia 13		
Moran, Sophia 14 Odaniel, Reagan 13		

#8 Boys 15-18 200 SC Meter Medley Relay		
PWSL: 1:45.65 2021 ASHLAND STINGRAY		
M Jiang, B Stankovich, L Gentry, M VanDeusen		
WDST: 1:56.80 2017 G. PENN		
M. Quinan, W. Whiteree, A. Quinan		
DVS: 1:53.33 2024 DOMINION VALLEY		
C Murphy, L Arnold, D Caldwell, C O'Shea		
Team	Relay	Seed Time
1 WDST-PW	A	1:59.48
Pearson, Boden 18 Wightman, Connor 17		
Millsaps, Ian 15 Roeske, Logan 16		
2 WDST-PW	B	2:11.92
Whitesell, Matthew 16 Bewley, Joshua 17		
McCurdy, Nolan 16 Walsh, Kou 18		
3 WDST-PW	C	2:28.53
Love, Aiden 17 Baughman, Owen 15		
Pasierb, Keenan 16 Johnson IV, Edgar 18		
4 WDST-PW	D	2:44.35
Albers, Brandon 15 Woodward, Everett 16		
McGrael, Evan 15 Ellsworth, Tyler 15		
5 DVS-PW	A	NT
Caputo, Quinn 15 Arnold, Lleyton 18		
Caldwell, Daniel 18 Bair, Lukas 16		
#9 Girls 15-18 200 SC Meter Medley Relay		
PWSL: 2:00.90 2023 PIEDMONT TSUNAMI		
C Spink, E Hannam, M Curry, M Richardson		
WDST: 2:10.38 2022 WDST		
N. Picardo, C. Luetkenhaus, L. Browne, K. Luetken		
DVS: 2:07.53 2021 DOMINION VALLEY		
G Ly, A Farmerie, T Peny, A Sawwa		
Team	Relay	Seed Time
1 WDST-PW	A	2:15.86
Picardo, Nika 17 Luetkenhaus, Caroline		
Picardo, Kiara 16 Hill, Gigi 16		
2 DVS-PW	B	2:21.35
Park, Christine 15 Caldwell, Camilla 17		
Arnold, Lucy 16 Begley, Addy 15		
3 WDST-PW	B	2:31.87
Shearin, Gravson 15 Jones, Reagan 16		
Fifield, Haley 17 Lussier, Maddie 15		
4 DVS-PW	C	2:35.15
Bowers, Emily 15 Bowers, Ashley 15		
Chin, Meredith 17 Thoma, Riley 17		
5 WDST-PW	C	2:41.41
Albers, TavMae 16 Cuprak, Steph 16		
Fischer, Sophia 16 Wright, Madison 17		
6 WDST-PW	D	2:49.61
Van Oort, Savannah 16 Lozano Vasquez, Valerie 16		
Fifield, Kyleigh 15 Segovia, Adryana 15		
7 WDST-PW	E	2:59.87
German, Rylie 15 Tabor, Chloe 15		
Petty, Camery 16 Hogan, Gabby 15		
8 DVS-PW	A	NT
Torrev, Katie 17 Young, Emma 15		
Buehler, Taylor 16 Sawwa, Lexi 18		
9 DVS-PW	D	NT
Randall, Addison 16 Caputo, Faith 18		
Burns, Abigail 15 Randall, Amari 18		



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SWIMMERS!**

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Psych Sheet - WDST vs. DVS 2024

#10 Boys 8 & Under 25 SC Meter Freestyle				
PWSL:		15.55 2016	RYAN MAYNARD	
WDST:		16.21 2005	BRANDON DOYLE	
DVS:		15.55 2016	RYAN MAYNARD	
Name	Age	Team	Seed	Time
1	Bennett, Ronin	8	WDST-PW	22.07
2	Johnson, Joseph	8	WDST-PW	22.37
3	Acholonu, Anayo	8	DVS-PW	22.49
4	Pinkley, Levi	8	WDST-PW	22.93
5	Keys, Andrew	8	WDST-PW	25.37
6	Tippy, Declan	7	DVS-PW	25.37
7	Soden, Declan	8	DVS-PW	25.75
8	Bevziuc, Michael	7	WDST-PW	25.95
9	Picardo, Kian	7	WDST-PW	27.38
10	Setzer, Coleman	7	WDST-PW	27.62
11	Mobley, Xander	8	WDST-PW	27.72
12	Khnachar, Zak	8	DVS-PW	28.28
13	Ukaejiofo, Ezra	8	WDST-PW	29.13
14	Attiah, Khaled	8	DVS-PW	29.28
15	Forrest, Cameron	7	DVS-PW	29.53
16	Batelka, Connor	8	DVS-PW	29.97
17	Bradfield, Kellan	8	DVS-PW	30.08
18	Perez, Grayson	8	DVS-PW	35.09
19	Cuprak, Danny	7	WDST-PW	35.90
20	Hitz, Tucker	6	WDST-PW	36.75
21	Jeffries, Brayden	6	WDST-PW	41.25
22	Erchov, Max	7	WDST-PW	42.38
23	Smith, Grant	6	WDST-PW	47.31
24	Riddick, Maddox	7	DVS-PW	NT
25	Bonnaure, Grant	8	DVS-PW	NT
26	Byrd, Logan	8	DVS-PW	NT
#11 Girls 8 & Under 25 SC Meter Freestyle				
PWSL:		16.56 2014	LORI ANNE MADISON	
WDST:		17.69 2018	ARIANA ALDEGUER	
DVS:		16.94 2024	MADDY MCGINLEY	
Name	Age	Team	Seed	Time
1	McGinley, Maddy	8	DVS-PW	16.94
2	Strauss, Olivia	7	WDST-PW	21.32
3	Mobley, Izzy	8	WDST-PW	21.90
4	Bishop, Anna	7	WDST-PW	23.46
5	Hiller, Thea	8	WDST-PW	24.01
6	Regalla, Olivia	8	DVS-PW	24.94
7	Jeffries, Tierney	8	WDST-PW	25.76
8	Martz, Olivia	7	WDST-PW	27.18
9	Curran, Claire	7	WDST-PW	28.69
10	Osterndorf, Vivi	7	DVS-PW	28.84
11	Mobley, Elly	8	WDST-PW	29.01
12	Regalla, Abby	8	DVS-PW	29.72
13	Carter, Aaliya	6	WDST-PW	29.86
14	Kenny, Darcy	8	DVS-PW	30.16
15	Elbanna, Hana	7	DVS-PW	30.69
16	Letcher, Allison	8	WDST-PW	32.38
17	Roche, Keir	8	DVS-PW	33.71
18	Zailer, Sophie	7	DVS-PW	34.28
19	Brown, Kaia	6	WDST-PW	34.59
20	Cosgriff, Sadie	8	DVS-PW	36.25
21	Ortiz, Eva	6	WDST-PW	37.25
22	Nickerson, Sonia	7	DVS-PW	38.37

23	Walton, Nia	7	WDST-PW	40.00
24	Haight, Lucy	6	WDST-PW	40.56
25	Bishop, Hazel	5	WDST-PW	40.83
26	Horn, Evie	7	WDST-PW	44.06
27	Starke, Becky	7	WDST-PW	46.87
28	Curran, Emaline	5	WDST-PW	1:09.95
29	Conty, Corlia	7	WDST-PW	NT
30	Gutschmidt, Summer	6	WDST-PW	NT
31	Hutchful, Karen	8	DVS-PW	NT
#12 Boys 9-10 50 SC Meter Freestyle				
PWSL:		29.41 2016	MICHAEL MULLEN	
WDST:		32.42 2009	WES WHITEREE	
DVS:		30.46 2018	RYAN MAYNARD	
Name	Age	Team	Seed	Time
1	Burke, Brady	10	DVS-PW	37.62
2	Erchov, Alex	10	WDST-PW	38.81
3	Dockett, Logan	10	DVS-PW	43.88
4	Martz, Christian	10	WDST-PW	44.75
5	Rowe, Ethan	10	WDST-PW	46.78
6	Oum, Zeo	10	DVS-PW	48.09
7	Helton, Deacon	9	DVS-PW	48.69
8	Riddick, Mason	9	DVS-PW	50.02
9	White, Caleb	10	WDST-PW	52.06
10	Albers, Luke	10	WDST-PW	52.26
11	Hattingh, Liam	10	DVS-PW	54.01
12	Stike, Calvin	10	WDST-PW	56.56
13	Kiefer, Nicholas	9	WDST-PW	58.13
14	Monty, Carter	10	DVS-PW	58.50
15	Ballard, Sam	10	WDST-PW	1:01.07
16	Bielecki, Nik	10	WDST-PW	1:02.72
17	Walton, Gio	10	WDST-PW	1:05.02
18	Guglielmi, Carson	9	WDST-PW	1:27.28
19	Cox, Chris	10	WDST-PW	NT
20	Wong, Alexander	10	DVS-PW	NT
21	Butler, Logan	10	DVS-PW	NT
22	Bagul, Krish	10	DVS-PW	NT
23	Peterson, Davin	10	DVS-PW	NT
24	Cook, Tre	10	DVS-PW	NT
#13 Girls 9-10 50 SC Meter Freestyle				
PWSL:		31.65 2015	JAMIE CORNWELL	
WDST:		32.99 2009	ZOEY SHIELDS	
DVS:		32.96 2011	SAVANNAH NASH	
Name	Age	Team	Seed	Time
1	Alex, Kenzie	10	DVS-PW	31.95
2	Aldeguer, Sarah	10	WDST-PW	36.53
3	Castro Martinez, Ariana	9	WDST-PW	38.59
4	Salgado, Juliet	9	DVS-PW	39.02
5	Castro Martinez, Daniell	10	WDST-PW	41.76
6	Frederick, Samantha	10	WDST-PW	41.88
7	Phommachanh, Hannah	10	WDST-PW	43.44
8	Mount, Harper	9	DVS-PW	44.39
9	Regalla, Emily	10	DVS-PW	44.71
10	Setzer, Emma	9	WDST-PW	46.02
11	Woodward, Ivy	9	DVS-PW	46.05
12	Mauch, Mirabelle	10	WDST-PW	48.58
13	Forrest, Emily	10	DVS-PW	49.20
14	Golon, Lily	9	WDST-PW	49.38
15	Golon, Abby	10	WDST-PW	50.99

16	Zearfaus, Charlotte	9	DVS-PW	51.41
17	Baughman, Amelia	10	WDST-PW	51.52
18	Layne, Zana	10	WDST-PW	53.27
19	Jung, Isabel	10	DVS-PW	53.97
20	Batelka, Madeline	9	DVS-PW	56.25
21	Deavers, Carmela	10	WDST-PW	57.72
22	Santa Maria, Kate	9	WDST-PW	59.38
23	Reynolds, Lucy	9	WDST-PW	59.63
24	Edwards, Violet	9	DVS-PW	59.65
25	Golon, Sophia	9	WDST-PW	59.76
26	Hitz, Madison	9	WDST-PW	1:00.27
27	Englis, Sophie	10	WDST-PW	1:00.72
28	Reed, Marisol	10	WDST-PW	1:01.50
29	Krafty, Lainey	9	DVS-PW	1:05.65
30	Moran, Sabrina	9	WDST-PW	1:05.96
31	Golon, Evelyn	9	WDST-PW	1:06.90
32	Szczerba, Grace	9	DVS-PW	1:10.14
33	Dunk, Elizabeth	9	DVS-PW	1:17.27
34	Steward, Ilina	9	WDST-PW	1:19.00
35	Dorr, Cassie	9	WDST-PW	1:21.25
36	Cummings, Macey	9	WDST-PW	1:28.72
37	Daniel, Quinn	10	WDST-PW	1:33.25
38	Hershley, Ava	9	WDST-PW	1:45.01
39	Anderson, Reagan	9	DVS-PW	NT
40	Elbanna, Hala	10	DVS-PW	NT
41	Hutchful, Kayla	10	DVS-PW	NT
42	Bagul, Anushka	10	DVS-PW	NT
#14 Boys 11-12 50 SC Meter Freestyle				
PWSL:		27.25 2022	LIONEL MARTINEZ	
WDST:		27.25 2022	LIONEL MARTINEZ	
DVS:		28.44 2024	LANDON DOCKETT	
Name	Age	Team	Seed	Time
1	Dockett, Landon	12	DVS-PW	28.44
2	Bennett, Torin	11	WDST-PW	30.15
3	Quintanar, Judea	12	WDST-PW	31.83
4	Lavedas, Garrett	12	WDST-PW	34.34
5	Oh, Nathaniel	11	WDST-PW	35.28
6	Schroeder, Austin	11	DVS-PW	36.12
7	Helton, Graham	12	DVS-PW	36.85
8	Sharifi, Amir	11	DVS-PW	40.71
9	Phillips, Evan	12	DVS-PW	42.09
10	Edwards, Parker	12	DVS-PW	43.41
11	Rowe, Logan	11	WDST-PW	44.06
12	Ghimire, Sambridha	12	WDST-PW	44.26
13	Cummings, Derek	11	WDST-PW	46.83
14	Truong, Lam	12	WDST-PW	46.91
15	Haight, Travis	11	WDST-PW	48.82
16	Horn, Leo	12	WDST-PW	50.34
17	Bielecki, Joey	11	WDST-PW	51.08
18	Wilson, Levi	11	DVS-PW	51.12
19	Hogan, Elijah	11	WDST-PW	51.64
20	Clifford, CJ	11	WDST-PW	51.65
21	Steward, Emilian	11	WDST-PW	53.85
22	Ball, Mason	12	WDST-PW	54.09
23	Zinsmeyer, Jackson	11	DVS-PW	55.31
24	Desir, Elhyon	11	DVS-PW	56.63
25	Zinsmeyer, Timmy	12	DVS-PW	59.75
26	Singh, Shalik	11	DVS-PW	NT

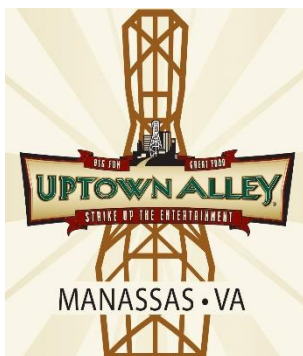
Wellington vs. Dominion Valley 2024 - 6/29/2024

Dolphins vs. Sharks 2024

Best Concessions in the PWSL... PROVE US WRONG! (take credit cards)

Psych Sheet - WDST vs. DVS 2024

#15 Girls 11-12 50 SC Meter Freestyle					#17 Girls 13-14 50 SC Meter Freestyle					4	Picardo, Kiara	16	WDST-PW	31.63
PWSL: 27.94 2017 JAMIE CORNWELL					PWSL: 26.34 2019 CAMILLE SPINK					5	Begley, Addy	15	DVS-PW	31.69
WDST: 29.49 1986 KRIS SUNDAY					WDST: 28.90 2022 EMMA LAVEDAS					6	Park, Christine	15	DVS-PW	31.75
DVS: 28.96 2013 SAVANNAH NASH					DVS: 27.81 2014 SAVANNAH NASH					7	Thoma, Riley	17	DVS-PW	32.51
Name	Age	Team	Seed	Time	Name	Age	Team	Seed	Time	8	Lussier, Maddie	15	WDST-PW	34.09
1	Woodward, Madison	12	DVS-PW	29.81	1	McCook, Isabella	14	WDST-PW	31.41	9	Bowers, Emily	15	DVS-PW	34.16
2	Martinez, Lara	12	WDST-PW	32.00	2	Fargo, Emmy	14	DVS-PW	31.68	10	Albers, TayMae	16	WDST-PW	34.76
3	Shin, Diane	12	DVS-PW	32.38	3	Lu, Lily	13	DVS-PW	32.90	11	Wright, Madison	17	WDST-PW	35.45
4	Acholonu, Adaeze	12	DVS-PW	32.41	4	Mount, Lexi	14	DVS-PW	33.63	12	Segovia, Adryana	15	WDST-PW	36.13
5	Ewell, Riley	11	WDST-PW	34.51	5	Elam, Morgan	14	DVS-PW	33.94	13	Cuprak, Steph	16	WDST-PW	36.36
6	McGinley, Brooklyn	11	DVS-PW	34.58	6	Miller, Quinn	13	DVS-PW	34.08	14	Fifield, Kyleigh	15	WDST-PW	36.50
7	Jones, Lyla	12	WDST-PW	36.32	7	Stike, Stella	14	WDST-PW	34.82	15	Caputo, Faith	18	DVS-PW	37.81
8	Hurley, Gigi	12	WDST-PW	40.76	8	Ewell, Taylor	13	WDST-PW	35.97	16	Hogan, Gabby	15	WDST-PW	38.14
9	Gonzales Claros, Kiara	12	WDST-PW	41.21	9	James, Jae	14	WDST-PW	38.37	17	Van Oort, Savannah	16	WDST-PW	38.66
10	Lozano Vasquez, Monica	12	WDST-PW	42.12	10	Torrey, Maddie	14	DVS-PW	38.66	18	Kouagueng, Malaika	15	WDST-PW	38.70
11	Ellsworth, Elise	12	WDST-PW	43.21	11	Wentz, Kenzie	14	WDST-PW	39.06	19	Tabor, Chloe	15	WDST-PW	38.90
12	Dunk, Emily	11	DVS-PW	43.77	12	Intihar, Ashley	14	WDST-PW	39.63	20	Petty, Camery	16	WDST-PW	39.46
13	Strickland, Maddie	12	DVS-PW	43.81	13	Petty, Sadie	14	WDST-PW	39.89	21	Horn, Charlotte	15	WDST-PW	40.13
14	Jensen, Riley	12	DVS-PW	43.89	14	Clifford, Nisha	13	WDST-PW	40.33	22	Gibaldi, Gianna	15	WDST-PW	41.19
15	Johnson, Joanna	11	WDST-PW	44.10	15	Forrest, Lauren	13	DVS-PW	41.27	23	Bowers, Ashley	15	DVS-PW	41.35
16	Perreault, Annabelle	12	WDST-PW	44.27	16	Cernucan, Anastasia	13	WDST-PW	41.36	24	Oballe, Jordan	15	WDST-PW	43.34
17	Whitesell, Sophia	12	WDST-PW	44.65	17	Pepe, Kimberly	14	WDST-PW	42.63	25	Englis, Abigail	18	WDST-PW	46.45
18	Saenz Nunez, Luciana	11	WDST-PW	45.00	18	Friedman, Audrey	13	DVS-PW	44.02	26	Randall, Amari	18	DVS-PW	47.56
19	Bradfield, Tatum	11	DVS-PW	45.37	19	Moran, Sophia	14	WDST-PW	44.84	27	Johnson, Sabrina	15	WDST-PW	49.06
20	Sullins, Kinsey	12	WDST-PW	46.83	20	Daniel, Reagan	13	WDST-PW	46.40	28	Randall, Addison	16	DVS-PW	51.88
21	Seigny, Audrey	11	DVS-PW	47.03	21	Randall, Adrienne	14	DVS-PW	46.62	29	Burns, Abigail	15	DVS-PW	NT
22	Wilson, Avery	12	WDST-PW	47.89	22	Joshi, Shivani	14	DVS-PW	47.62	#20 Boys 10 & Under 100 SC Meter IM				
23	Daniel, Lia	12	WDST-PW	48.34	23	Thoma, Katelyn	14	DVS-PW	NT	PWSL: 1:13.58 2016 MICHAEL MULLEN				
24	Lee, Annabelle	11	WDST-PW	49.87	24	Byrd, Lauren	13	DVS-PW	NT	WDST: 1:22.10 2009 BENJAMIN KLIPP				
25	Monty, Mackenzie	12	DVS-PW	52.25	#18 Boys 15-18 50 SC Meter Freestyle					DVS: 1:19.90 2019 JACOB CHO				
26	Mitchell, Sarah	12	DVS-PW	54.39	PWSL: 23.47 2017 SAM POMAJEVICH					Name	Age	Team	Seed	Time
27	Joshi, Sanvika	11	DVS-PW	NT	WDST: 24.84 2022 BRAYDEN WENCE					1	Wong, Alexander	10	DVS-PW	1:31.86
28	Byrd, Madison	11	DVS-PW	NT	DVS: 24.71 2024 CALUM O'SHEA					2	Erchov, Alex	10	WDST-PW	1:48.52
29	Krafty, Ellie	11	DVS-PW	NT	Name	Age	Team	Seed	Time	3	Kimble, Elijah	9	WDST-PW	1:56.70
#16 Boys 13-14 50 SC Meter Freestyle					1	Arnold, Lleyton	18	DVS-PW	26.00	4	Lake, Cayden	10	DVS-PW	1:58.63
PWSL: 24.59 2022 CALUM O'SHEA					2	Millsaps, Ian	15	WDST-PW	26.01	5	Horn, Sammy	9	WDST-PW	2:26.13
WDST: 25.45 2023 IAN MILSAPS					3	Bair, Lukas	16	DVS-PW	26.63	6	Gonzales Claros, Sebastia	10	WDST-PW	2:35.65
DVS: 24.59 2022 CALUM O'SHEA					4	Pearson, Boden	18	WDST-PW	27.69	7	Ghimire, Nirbhay	10	WDST-PW	NT
Name	Age	Team	Seed	Time	5	Murphy, Carter	15	DVS-PW	27.90	8	Albers, Luke	10	WDST-PW	NT
1	Lavedas, Liam	14	WDST-PW	26.82	6	Roeske, Logan	16	WDST-PW	28.46	9	Walton, Gio	10	WDST-PW	NT
2	Rohrbach, Bryce	14	DVS-PW	29.00	7	Walsh, Kou	18	WDST-PW	28.70	10	Segovia, Leo	10	WDST-PW	NT
3	Martinez, Thiago	13	WDST-PW	30.02	8	Bewley, Joshua	17	WDST-PW	29.52	11	White, Caleb	10	WDST-PW	NT
4	Fleming, Jacob	14	WDST-PW	32.70	9	Love, Aiden	17	WDST-PW	30.15	12	Khanijaun, Deen	9	WDST-PW	NT
5	Golden, Spencer	14	WDST-PW	32.94	10	Johnson IV, Edgar	18	WDST-PW	31.25	13	Saenz Nunez, Diego	9	WDST-PW	NT
6	Hanson, Ayden	14	DVS-PW	34.43	11	Whitesell, Matthew	16	WDST-PW	31.34	14	Elbanna, Khaled	9	DVS-PW	NT
7	Letcher, Clay	14	WDST-PW	35.44	12	McGrael, Evan	15	WDST-PW	34.19	15	Peterson, Davin	10	DVS-PW	NT
8	Narduche, Jasper	14	WDST-PW	36.84	13	Ellsworth, Tyler	15	WDST-PW	34.52	#21 Girls 10 & Under 100 SC Meter IM				
9	Krepisky, Michael	14	WDST-PW	38.51	14	Woodward, Everett	16	WDST-PW	34.69	PWSL: 1:18.72 2018 LUCY DANIEL				
10	Henderson, Chris	14	WDST-PW	39.36	15	Caputo, Henry	16	DVS-PW	NT	WDST: 1:15.47 2023 MACY PHOMMACHA				
11	Wible, Evan	14	WDST-PW	40.06	16	LaHait, Matt	16	DVS-PW	NT	DVS: 1:20.41 2023 HAILEY SOSINSKI				
12	Johnson, Jotham	13	WDST-PW	49.22	#19 Girls 15-18 50 SC Meter Freestyle					Name	Age	Team	Seed	Time
13	Renalds, George	14	DVS-PW	NT	PWSL: 25.63 2023 CAMILLE SPINK					1	Aldeguer, Sarah	10	WDST-PW	1:33.24
14	LaHait, Brendan	13	DVS-PW	NT	WDST: 27.94 2014 KATIE TILLOTSON					2	Alger, Samantha	10	WDST-PW	1:40.94
15	Attiah, Mohamed	13	DVS-PW	NT	DVS: 27.27 2017 SAVANNAH NASH					3	Elbanna, Hala	10	DVS-PW	1:41.31
					Name	Age	Team	Seed	Time	4	Shin, Liz	10	DVS-PW	1:44.90
					1	Sawwa, Lexi	18	DVS-PW	28.21	5	Foster, Kaitlyn	10	DVS-PW	1:46.76
					2	Young, Emma	15	DVS-PW	30.00	6	Speaks, Nora	9	DVS-PW	1:48.46
					3	Luetkenhaus, Caroline	17	WDST-PW	30.41	7	Cosgrove, Ali	10	WDST-PW	1:51.81



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12 & Under
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OR Monday - Thursday 5:00 pm - 6:00 pm

Wellington vs. Dominion Valley 2024 - 6/29/2024

Dolphins vs. Sharks 2024

Best Concessions in the PWSL... PROVE US WRONG! (take credit cards)

Psych Sheet - WDST vs. DVS 2024

#21 ... (Girls 10 & Under 100 SC Meter IM)			
8 Mount, Harper	9 DVS-PW	2:00.19	
9 Frederick, Samantha	10 WDST-PW	2:03.63	
10 Fifield, Leah	9 WDST-PW	2:12.38	
11 Mauch, Mirabelle	10 WDST-PW	2:22.57	
12 Golon, Lily	9 WDST-PW	2:30.15	
13 Deavers, Carmela	10 WDST-PW	2:40.52	
14 McDonough, Graceyn	10 WDST-PW	3:08.26	
15 Phommachanh, Hannah	10 WDST-PW	NT	
16 Santa Maria, Kate	9 WDST-PW	NT	
17 Golon, Sophia	9 WDST-PW	NT	
18 Holmes-Lastovica, Madd	9 WDST-PW	NT	
19 Layne, Zana	10 WDST-PW	NT	
20 Morrison, Sienna	9 DVS-PW	NT	

#22 Boys 11-12 100 SC Meter IM			
PWSL: 1:07.06 2018 JORDAN EVANS			
WDST: 1:07.51 2022 LIONEL MARTINEZ			
DVS: 1:09.94 2018 LLEYTON ARNOLD			
Name	Age	Team	Seed Time
1 Mount, Jameson	11 DVS-PW	1:27.20	
2 McDonough, Carter	12 WDST-PW	1:33.06	
3 Lavedas, Garrett	12 WDST-PW	1:33.71	
4 Oh, Nathaniel	11 WDST-PW	1:33.75	
5 Quintanar, Judea	12 WDST-PW	1:34.83	
6 Gentile, Zach	12 DVS-PW	1:34.85	
7 Moynihan, Quinn	11 DVS-PW	1:40.32	
8 Sharifi, Amir	11 DVS-PW	1:43.12	
9 Hammond, Luke	11 DVS-PW	1:44.50	
10 Phillips, Evan	12 DVS-PW	1:46.81	
11 Kiefer, Max	11 WDST-PW	1:47.25	
12 McCook, Sawyer	11 WDST-PW	1:49.69	
13 Haight, Travis	11 WDST-PW	1:56.21	
14 Rowe, Logan	11 WDST-PW	2:14.34	
15 Lozano Vasquez, William	12 WDST-PW	NT	
16 Cummings, Derek	11 WDST-PW	NT	
17 Olivera, Iker	11 WDST-PW	NT	
18 Steward, Emilian	11 WDST-PW	NT	
19 Helton, Graham	12 DVS-PW	NT	

#23 Girls 11-12 100 SC Meter IM			
PWSL: 1:09.83 2016 ARIS RUNNELS			
WDST: 1:13.44 2022 ARIANA ALDEGUER			
DVS: 1:13.71 2022 AMELIA EDWARDS			
Name	Age	Team	Seed Time
1 Woodward, Madison	12 DVS-PW	1:15.33	
2 Martinez, Lara	12 WDST-PW	1:18.20	
3 Shin, Diane	12 DVS-PW	1:22.49	
4 Elam, Peyton	11 DVS-PW	1:24.01	
5 Phommachanh, Macy	11 WDST-PW	1:26.26	
6 Bonnaure, Alex	11 DVS-PW	1:31.39	
7 Everett, Claire	12 DVS-PW	1:34.49	
8 Hurley, Gigi	12 WDST-PW	1:47.26	
9 Truong, Vi	12 WDST-PW	1:48.45	
10 Kimbler, Harper	11 WDST-PW	1:50.22	
11 Gassion, Addy	11 WDST-PW	1:50.31	
12 Ball, Kate	12 WDST-PW	2:03.57	
13 Pinkley, Makinsley	11 WDST-PW	2:11.20	
14 Johnson, Joanna	11 WDST-PW	2:15.08	

15 Wilson, Avery	12 WDST-PW	2:15.56	
16 Lee, Annabelle	11 WDST-PW	2:20.94	
17 Sullins, Kinsey	12 WDST-PW	2:24.35	
18 Gonzales Claros, Kiara	12 WDST-PW	NT	
19 Kriel, Samantha	11 DVS-PW	NT	
20 Strickland, Maddie	12 DVS-PW	NT	

#24 Boys 13-14 100 SC Meter IM			
PWSL: 1:00.78 2019 ANDREW BOLZ			
WDST: 1:03.50 2023 LIONEL MARTINEZ			
DVS: 1:04.45 2022 CALUM O'SHEA			
Name	Age	Team	Seed Time
1 Martinez, Lionel	14 WDST-PW	1:04.15	
2 Lavedas, Liam	14 WDST-PW	1:07.38	
3 Ball, Tristan	14 WDST-PW	1:17.02	
4 Rohrbach, Bryce	14 DVS-PW	1:20.00	
5 Wilson, Brett	14 DVS-PW	1:20.16	
6 Cataldo, John	13 DVS-PW	1:26.78	
7 Narduche, Jasper	14 WDST-PW	1:49.95	
8 Phillips, Tyler	13 DVS-PW	1:50.52	
9 Johnson, Jotham	13 WDST-PW	2:29.63	
10 Wible, Evan	14 WDST-PW	NT	
11 Renalds, George	14 DVS-PW	NT	
12 Hanson, Ayden	14 DVS-PW	NT	

#25 Girls 13-14 100 SC Meter IM			
PWSL: 1:04.37 2019 CAMILLE SPINK			
WDST: 1:09.94 2023 ARIANA ALDEGUER			
DVS: 1:10.57 2023 AMELIA EDWARDS			
Name	Age	Team	Seed Time
1 Edwards, Amelia	14 DVS-PW	1:11.05	
2 Schroeder, Elizabeth	13 DVS-PW	1:16.71	
3 McCook, Isabella	14 WDST-PW	1:20.07	
4 Mount, Lexi	14 DVS-PW	1:22.15	
5 Yeckel, Emma	13 DVS-PW	1:24.41	
6 Zarow, Alex	14 WDST-PW	1:25.57	
7 Miller, Quinn	13 DVS-PW	1:29.40	
8 Ewell, Taylor	13 WDST-PW	1:31.16	
9 Thoma, Katelyn	14 DVS-PW	1:34.78	
10 Intihair, Ashley	14 WDST-PW	1:45.07	
11 Pinkley, Alex	13 WDST-PW	1:45.94	
12 Baughman, Rachel	14 WDST-PW	1:48.70	
13 Clifford, Nisha	13 WDST-PW	1:53.25	
14 Wentz, Kenzie	14 WDST-PW	1:55.52	
15 Byrd, Lauren	13 DVS-PW	NT	

#26 Boys 15-18 100 SC Meter IM			
PWSL: 57.46 2017 SAM POMAJEVICH			
WDST: 1:01.32 2023 BODEN PEARSON			
DVS: 58.15 2024 LLEYTON ARNOLD			
Name	Age	Team	Seed Time
1 Arnold, Lleyton	18 DVS-PW	58.15	
2 Pearson, Boden	18 WDST-PW	1:04.56	
3 Wightman, Connor	17 WDST-PW	1:06.56	
4 Caputo, Quinn	15 DVS-PW	1:07.00	
5 Murphy, Carter	15 DVS-PW	1:07.44	
6 McCurdy, Nolan	16 WDST-PW	1:13.38	
7 Roeske, Logan	16 WDST-PW	1:14.95	
8 Walsh, Kou	18 WDST-PW	1:16.57	
9 Whitesell, Matthew	16 WDST-PW	1:17.11	
10 Baughman, Owen	15 WDST-PW	1:34.69	

11 Albers, Brandon	15 WDST-PW	1:37.40	
12 Cantwell, Jonathan	15 WDST-PW	1:49.70	
13 Caputo, Henry	16 DVS-PW	NT	

#27 Girls 15-18 100 SC Meter IM			
PWSL: 1:02.43 2023 CAMILLE SPINK			
WDST: 1:08.37 2011 CHRISTINE SOUTHER			
DVS: 1:07.59 2022 TESS PENY			
Name	Age	Team	Seed Time
1 Picardo, Nika	17 WDST-PW	1:11.31	
2 Torrey, Katie	17 DVS-PW	1:11.44	
3 Young, Emma	15 DVS-PW	1:13.00	
4 Luetkenhaus, Caroline	17 WDST-PW	1:13.51	
5 Arnold, Lucy	16 DVS-PW	1:19.09	
6 Buehler, Taylor	16 DVS-PW	1:20.00	
7 Park, Christine	15 DVS-PW	1:20.00	
8 Picardo, Kiara	16 WDST-PW	1:22.06	
9 Shearin, Grayson	15 WDST-PW	1:24.82	
10 Albers, TayMae	16 WDST-PW	1:25.42	
11 Lussier, Maddie	15 WDST-PW	1:28.89	
12 Fischer, Sophia	16 WDST-PW	1:30.43	
13 Chin, Meredith	17 DVS-PW	1:30.96	
14 Jones, Reagan	16 WDST-PW	1:31.25	
15 Lozano Vasquez, Valeria	15 WDST-PW	1:34.96	
16 Wright, Madison	17 WDST-PW	1:38.50	
17 German, Rylie	15 WDST-PW	1:40.21	
18 Van Oort, Savannah	16 WDST-PW	1:40.70	
19 Segovia, Adryana	15 WDST-PW	1:45.50	
20 Kouagueng, Malaika	15 WDST-PW	1:50.41	
21 Englis, Abigail	18 WDST-PW	1:56.00	
22 Oballe, Jordan	15 WDST-PW	2:04.44	
23 Johnson, Sabrina	15 WDST-PW	2:20.06	
24 Bowers, Emily	15 DVS-PW	NT	

#28 Boys 8 & Under 25 SC Meter Backstroke			
PWSL: 18.63 2005 BRANDON DOYLE			
WDST: 18.63 2005 BRANDON DOYLE			
DVS: 19.31 2016 RYAN MAYNARD			
Name	Age	Team	Seed Time
1 Alex, Colton	8 DVS-PW	21.62	
2 Smith, Lincoln	8 WDST-PW	26.93	
3 Haight, Wesley	8 WDST-PW	27.53	
4 Johnson, Joseph	8 WDST-PW	27.63	
5 Bennett, Ronin	8 WDST-PW	27.75	
6 Tippy, Declan	7 DVS-PW	27.90	
7 Acholonu, Anayo	8 DVS-PW	31.19	
8 Setzer, Coleman	7 WDST-PW	31.32	
9 Golden, Logan	8 WDST-PW	31.82	
10 Picardo, Kian	7 WDST-PW	32.31	
11 Bevziuc, Michael	7 WDST-PW	32.81	
12 Soden, Declan	8 DVS-PW	33.13	
13 Kimbler, Jesse	7 WDST-PW	33.50	
14 Ukaejiofo, Ezra	8 WDST-PW	34.03	
15 Hitz, Tucker	6 WDST-PW	34.44	
16 Forrest, Cameron	7 DVS-PW	34.88	
17 Attiah, Khaled	8 DVS-PW	38.84	
18 Batelka, Connor	8 DVS-PW	39.49	
19 Bradfield, Kellan	8 DVS-PW	42.81	
20 Cuprak, Danny	7 WDST-PW	45.19	
21 Perez, Grayson	8 DVS-PW	45.27	

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Wellington vs. Dominion Valley 2024 - 6/29/2024

Dolphins vs. Sharks 2024

Best Concessions in the PWSL... PROVE US WRONG! (take credit cards)

Psych Sheet - WDST vs. DVS 2024

#28 ... (Boys 8 & Under 25 SC Meter Backstroke)			
22 Jeffries, Brayden	6	WDST-PW	50.20
23 Erchov, Max	7	WDST-PW	57.47
24 Smith, Grant	6	WDST-PW	57.52
25 Riddick, Maddox	7	DVS-PW	NT
26 Byrd, Logan	8	DVS-PW	NT

#29 Girls 8 & Under 25 SC Meter Backstroke			
PWSL:	18.93	2014	LORI ANNE MADISON
WDST:	19.14	2018	ARIANA ALDEGUERRE
DVS:	20.77	2024	MADDY MCGINLEY

Name	Age	Team	Seed Time
1 Schroeder, Vivian	8	DVS-PW	24.28
2 Mobley, Izzy	8	WDST-PW	26.63
3 Bishop, Anna	7	WDST-PW	27.94
4 Regalla, Olivia	8	DVS-PW	28.47
5 Hiller, Thea	8	WDST-PW	29.88
6 Obrien, Lydia	8	WDST-PW	30.50
7 Martz, Olivia	7	WDST-PW	30.94
8 Regalla, Abby	8	DVS-PW	31.02
9 Roche, Keir	8	DVS-PW	33.13
10 Letcher, Allison	8	WDST-PW	34.31
11 Huntington, Asher	8	WDST-PW	35.37
12 Hughlett, Alexis	7	WDST-PW	36.50
13 Elbanna, Hana	7	DVS-PW	37.58
14 Carter, Aaliya	6	WDST-PW	37.63
15 Osterndorf, Vivi	7	DVS-PW	38.22
16 Cosgriff, Sadie	8	DVS-PW	38.28
17 Brown, Kaia	6	WDST-PW	39.20
18 Kenny, Darcy	8	DVS-PW	40.64
19 Gutschmidt, Summer	6	WDST-PW	43.14
20 Bishop, Hazel	5	WDST-PW	43.87
21 Zailer, Sophie	7	DVS-PW	50.44
22 Ortiz, Eva	6	WDST-PW	51.63
23 Nickerson, Sonia	7	DVS-PW	51.65
24 Haight, Lucy	6	WDST-PW	54.15
25 Horn, Evie	7	WDST-PW	55.56
26 Walton, Nia	7	WDST-PW	56.51
27 Starke, Becky	7	WDST-PW	1:10.14
28 Curran, Emaline	5	WDST-PW	1:12.94
29 Conty, Corlia	7	WDST-PW	NT
30 Hutchful, Karen	8	DVS-PW	NT

#30 Boys 9-10 50 SC Meter Backstroke			
PWSL:	34.68	2016	MICHAEL MULLEN
WDST:	35.26		J. THORPE
DVS:	35.95	2018	RYAN MAYNARD

Name	Age	Team	Seed Time
1 Erchov, Alex	10	WDST-PW	45.46
2 Martz, Christian	10	WDST-PW	56.94
3 Lake, Cayden	10	DVS-PW	58.69
4 Elbanna, Khaled	9	DVS-PW	1:01.18
5 Kimbler, Elijah	9	WDST-PW	1:02.27
6 Monty, Carter	10	DVS-PW	1:02.44
7 Gonzales Claros, Sebastia	10	WDST-PW	1:02.50
8 Oum, Zeo	10	DVS-PW	1:02.97
9 Stike, Calvin	10	WDST-PW	1:03.03
10 Dockett, Logan	10	DVS-PW	1:03.71
11 Hughlett, Aaron	10	WDST-PW	1:11.88

12 Bielecki, Nik	10	WDST-PW	1:14.39
13 Segovia, Leo	10	WDST-PW	1:18.69
14 Ballard, Sam	10	WDST-PW	1:20.70
15 Guglielmi, Carson	9	WDST-PW	1:37.16
16 Cox, Chris	10	WDST-PW	NT
17 Helton, Deacon	9	DVS-PW	NT
18 Hattingh, Liam	10	DVS-PW	NT
19 Butler, Logan	10	DVS-PW	NT
20 Bagul, Krish	10	DVS-PW	NT
21 Peterson, Davin	10	DVS-PW	NT
22 Cook, Tre	10	DVS-PW	NT

#31 Girls 9-10 50 SC Meter Backstroke			
PWSL:	36.14	2018	LUCY DANIEL
WDST:	38.40	2011	ERIN QUINN
DVS:	36.69	2024	KENZIE ALEX

Name	Age	Team	Seed Time
1 Alex, Kenzie	10	DVS-PW	36.69
2 Alger, Samantha	10	WDST-PW	47.73
3 Salgado, Juliet	9	DVS-PW	48.83
4 Cosgrove, Ali	10	WDST-PW	50.70
5 Setzer, Emma	9	WDST-PW	53.33
6 Forrest, Emily	10	DVS-PW	55.90
7 Castro Martinez, Daniell	10	WDST-PW	56.03
8 Regalla, Emily	10	DVS-PW	56.45
9 Baughman, Amelia	10	WDST-PW	1:00.94
10 Fifield, Leah	9	WDST-PW	1:01.25
11 Mauch, Mirabelle	10	WDST-PW	1:02.72
12 Golon, Abby	10	WDST-PW	1:03.14
13 Cuprak, Caroline	10	WDST-PW	1:03.66
14 Zearfaus, Charlotte	9	DVS-PW	1:03.75
15 Hitz, Madison	9	WDST-PW	1:06.44
16 Santa Maria, Kate	9	WDST-PW	1:06.50
17 Layne, Zana	10	WDST-PW	1:07.19
18 Jung, Isabel	10	DVS-PW	1:07.83
19 Golon, Lily	9	WDST-PW	1:08.53
20 Edwards, Violet	9	DVS-PW	1:09.34
21 Batelka, Madeline	9	DVS-PW	1:10.37
22 Krafty, Lainey	9	DVS-PW	1:19.61
23 Szczerba, Grace	9	DVS-PW	1:20.47
24 Holmes-Lastovica, Madd	9	WDST-PW	1:21.28
25 Reed, Marisol	10	WDST-PW	1:21.31
26 Dunk, Elizabeth	9	DVS-PW	1:28.08
27 Moran, Sabrina	9	WDST-PW	1:31.52
28 Steward, Ilina	9	WDST-PW	1:31.94
29 Dorr, Cassie	9	WDST-PW	1:45.33
30 Hershley, Ava	9	WDST-PW	1:53.53
31 Daniel, Quinn	10	WDST-PW	NT
32 Anderson, Reagan	9	DVS-PW	NT
33 Woodward, Ivy	9	DVS-PW	NT
34 Speaks, Nora	9	DVS-PW	NT
35 Hutchful, Kayla	10	DVS-PW	NT
36 Bagul, Anushka	10	DVS-PW	NT

#32 Boys 11-12 50 SC Meter Backstroke			
PWSL:	31.12	2019	JACKSON TISHLER
WDST:	31.56	2023	MATEUS NUNES FUL
DVS:	32.08	2018	LLEYTON ARNOLD

Name	Age	Team	Seed Time
1 Bennett, Torin	11	WDST-PW	35.37

2 Mount, Jameson	11	DVS-PW	36.74
3 Acholonu, Arinze	11	DVS-PW	37.34
4 Moynihan, Quinn	11	DVS-PW	43.44
5 Lavedas, Garrett	12	WDST-PW	43.70
6 Gentile, Zach	12	DVS-PW	44.88
7 Kiefer, Max	11	WDST-PW	47.40
8 Berger, Charlie	12	WDST-PW	48.45
9 Olivera, Iker	11	WDST-PW	51.37
10 Edwards, Parker	12	DVS-PW	51.55
11 Haight, Travis	11	WDST-PW	51.83
12 McCook, Sawyer	11	WDST-PW	52.14
13 Ghimire, Sambridha	12	WDST-PW	54.13
14 Hogan, Elijah	11	WDST-PW	1:01.22
15 Truong, Lam	12	WDST-PW	1:01.69
16 Clifford, CJ	11	WDST-PW	1:03.01
17 Wilson, Levi	11	DVS-PW	1:03.59
18 Zinsmeyer, Jackson	11	DVS-PW	1:05.31
19 Zinsmeyer, Timmy	12	DVS-PW	1:10.71
20 Desir, Elhyon	11	DVS-PW	1:13.13
21 Bielecki, Joey	11	WDST-PW	NT
22 Singh, Shalik	11	DVS-PW	NT

#33 Girls 11-12 50 SC Meter Backstroke			
PWSL:	31.82	2021	ALYSSA SAGLE
WDST:	33.83	2022	ARIANA ALDEGUARRE
DVS:	34.31	2013	SAVANNAH NASH

Name	Age	Team	Seed Time
1 Sosinski, Hailey	11	DVS-PW	34.78
2 Phommachanh, Macy	11	WDST-PW	37.25
3 Elam, Peyton	11	DVS-PW	37.95
4 Bonnaure, Alex	11	DVS-PW	42.08
5 Ewell, Riley	11	WDST-PW	42.13
6 Acholonu, Adaeze	12	DVS-PW	42.60
7 McGinley, Brooklyn	11	DVS-PW	43.09
8 Everett, Claire	12	DVS-PW	43.27
9 Jones, Lyla	12	WDST-PW	45.07
10 Kimbler, Harper	11	WDST-PW	48.56
11 Perreault, Annabelle	12	WDST-PW	48.64
12 Hurley, Gigi	12	WDST-PW	50.23
13 Ball, Kate	12	WDST-PW	51.44
14 Kriel, Samantha	11	DVS-PW	51.57
15 Gassion, Addy	11	WDST-PW	51.76
16 Bradfield, Tatum	11	DVS-PW	51.87
17 Jensen, Riley	12	DVS-PW	52.71
18 Truong, Vi	12	WDST-PW	52.90
19 Pinkley, Makinsley	11	WDST-PW	52.97
20 Dunk, Emily	11	DVS-PW	53.03
21 Lozano Vasquez, Monica	12	WDST-PW	53.22
22 Whitesell, Sophia	12	WDST-PW	54.01
23 Sevigny, Audrey	11	DVS-PW	59.15
24 Mitchell, Sarah	12	DVS-PW	1:00.37
25 Daniel, Lia	12	WDST-PW	1:01.08
26 Gregory, Annalee	11	WDST-PW	1:02.76
27 Saenz Nunez, Luciana	11	WDST-PW	1:04.88
28 Monty, Mackenzie	12	DVS-PW	1:14.90
29 Joshi, Sanvika	11	DVS-PW	NT
30 Byrd, Madison	11	DVS-PW	NT
31 Krafty, Ellie	11	DVS-PW	NT



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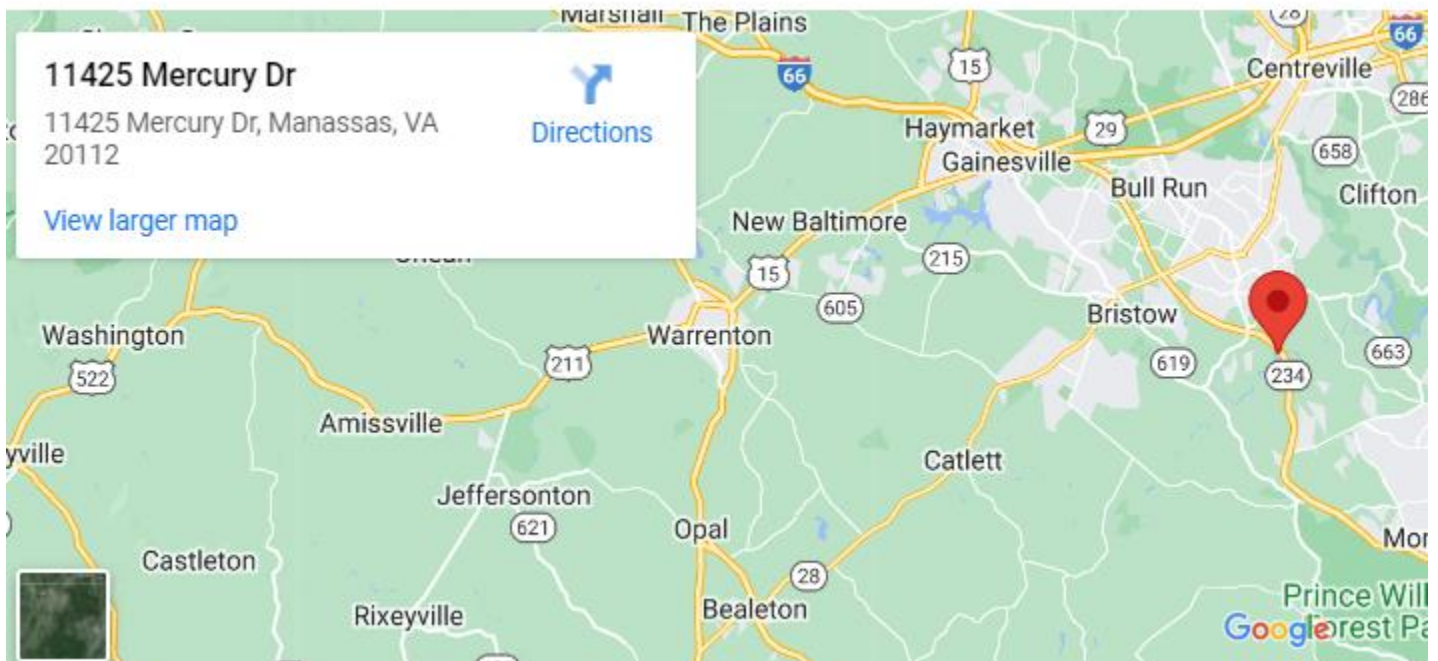
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Wellington vs. Dominion Valley 2024 - 6/29/2024

Dolphins vs. Sharks 2024

Best Concessions in the PWSL... PROVE US WRONG! (take credit cards)

Psych Sheet - WDST vs. DVS 2024

#34 Boys 13-14 50 SC Meter Backstroke					13	Horn, Alex	16	WDST-PW	44.40	#39 Girls 8 & Under 25 SC Meter Breaststroke				
PWSL: 28.20 2022 CALUM O'SHEA					14	Woodward, Everett	16	WDST-PW	44.44	PWSL: 20.81 2014 LORI ANNE MADISON				
WDST: 29.87 2024 MATEUS NUNES FUL					15	Pasierb, Keenan	16	WDST-PW	44.82	WDST: 23.99 J. FRETTS				
DVS: 28.20 2022 CALUM O'SHEA					16	Baughman, Owen	15	WDST-PW	44.88	DVS: 22.90 2019 LILY LU				
Name	Age	Team	Seed	Time	#37 Girls 15-18 50 SC Meter Backstroke					Name	Age	Team	Seed	Time
1	Martinez, Lionel	14	WDST-PW	29.58	PWSL: 27.94 2023 CAMILLE SPINK					1	Schroeder, Vivian	8	DVS-PW	24.56
2	Martinez, Thiago	13	WDST-PW	33.22	WDST: 31.40 2022 NIKA PICARDO					2	McGinley, Maddy	8	DVS-PW	25.90
3	Rohrbach, Bryce	14	DVS-PW	34.00	DVS: 30.14 2017 SAVANNAH NASH					3	Jeffries, Tierney	8	WDST-PW	27.33
4	Ball, Tristan	14	WDST-PW	37.52	Name	Age	Team	Seed	Time	4	Strauss, Olivia	7	WDST-PW	29.75
5	Cataldo, John	13	DVS-PW	44.16	1	Picardo, Nika	17	WDST-PW	31.41	5	Martz, Olivia	7	WDST-PW	32.41
6	Mareidiya, Hamza	13	DVS-PW	44.97	2	Torrey, Katie	17	DVS-PW	31.50	6	O'Brien, Lydia	8	WDST-PW	37.00
7	Golden, Spencer	14	WDST-PW	45.12	3	Caldwell, Camilla	17	DVS-PW	35.39	7	Mobley, Elly	8	WDST-PW	37.44
8	Cuprak, Kyle	14	WDST-PW	45.62	4	Fifield, Haley	17	WDST-PW	36.51	8	Hughlett, Alexis	7	WDST-PW	41.01
9	Henderson, Chris	14	WDST-PW	52.11	5	Shearin, Grayson	15	WDST-PW	36.75	9	Curran, Claire	7	WDST-PW	42.50
10	Krepsky, Michael	14	WDST-PW	59.43	6	Arnold, Lucy	16	DVS-PW	37.00	10	Roche, Keir	8	DVS-PW	48.44
11	LaHait, Brendan	13	DVS-PW	NT	7	Begley, Addy	15	DVS-PW	37.00	11	Huntington, Asher	8	WDST-PW	57.50
12	Attiah, Mohamed	13	DVS-PW	NT	8	Picardo, Kiara	16	WDST-PW	37.46	12	Bishop, Anna	7	WDST-PW	NT
#35 Girls 13-14 50 SC Meter Backstroke					9	Hill, Gigi	16	WDST-PW	38.45	13	Haight, Lucy	6	WDST-PW	NT
PWSL: 28.90 2023 ALYSSA SAGLE					10	Thoma, Riley	17	DVS-PW	38.76	14	Starke, Becky	7	WDST-PW	NT
WDST: 31.46 2023 ARIANA ALDEGUAR					11	Caputo, Faith	18	DVS-PW	42.39	15	Cosgriff, Sadie	8	DVS-PW	NT
DVS: 30.46 2015 SAVANNAH NASH					12	Fifield, Kyleigh	15	WDST-PW	43.42	16	Hutchful, Karen	8	DVS-PW	NT
Name	Age	Team	Seed	Time	13	Lozano Vasquez, Valeria	15	WDST-PW	46.46	#40 Boys 9-10 50 SC Meter Breaststroke				
1	Aldeguer, Ariana	14	WDST-PW	33.78	14	Petty, Camery	16	WDST-PW	47.14	PWSL: 37.72 2016 JORDAN EVANS				
2	Edwards, Amelia	14	DVS-PW	35.00	15	Horn, Charlotte	15	WDST-PW	47.56	WDST: 44.31 2021 THIAGO MARTINEZ				
3	McCook, Isabella	14	WDST-PW	35.50	16	Englis, Grace	16	WDST-PW	50.07	DVS: 40.53 2023 ARINZE ACHOLONU				
4	Mount, Lexi	14	DVS-PW	37.25	17	Cuprak, Steph	16	WDST-PW	50.78	Name	Age	Team	Seed	Time
5	Zarow, Alex	14	WDST-PW	37.58	18	Tabor, Chloe	15	WDST-PW	52.02	1	Wong, Alexander	10	DVS-PW	49.06
6	Yeckel, Emma	13	DVS-PW	38.00	19	Oballe, Jordan	15	WDST-PW	54.83	2	Ghimire, Nirbhay	10	WDST-PW	55.31
7	Elam, Morgan	14	DVS-PW	39.15	20	Gibaldi, Gianna	15	WDST-PW	57.77	3	Burke, Brady	10	DVS-PW	57.34
8	Thoma, Katelyn	14	DVS-PW	41.62	21	Randall, Addison	16	DVS-PW	58.90	4	Elbanna, Khaled	9	DVS-PW	1:02.72
9	Wentz, Kenzie	14	WDST-PW	45.69	22	Johnson, Sabrina	15	WDST-PW	1:00.15	5	Lake, Cayden	10	DVS-PW	1:03.52
10	Pinkley, Alex	13	WDST-PW	45.75	23	Randall, Amari	18	DVS-PW	1:00.83	6	Oum, Zeo	10	DVS-PW	1:10.01
11	Torrey, Maddie	14	DVS-PW	45.78	24	Bowers, Ashley	15	DVS-PW	NT	7	Rowe, Ethan	10	WDST-PW	1:15.47
12	Friedman, Audrey	13	DVS-PW	47.15	25	Burns, Abigail	15	DVS-PW	NT	8	Hughlett, Aaron	10	WDST-PW	1:19.86
13	James, Jae	14	WDST-PW	47.32	26	Chin, Meredith	17	DVS-PW	NT	9	Horn, Sammy	9	WDST-PW	1:19.88
14	Baughman, Rachel	14	WDST-PW	48.65	#38 Boys 8 & Under 25 SC Meter Breaststroke					10	Gonzales Claros, Sebasti	10	WDST-PW	NT
15	Joshi, Shivani	14	DVS-PW	50.51	PWSL: 21.75 2002 LOUIS WOJCIECHOW					11	Albers, Luke	10	WDST-PW	NT
16	Pepe, Kimberly	14	WDST-PW	50.84	WDST: 21.90 C. IDDINGS					12	Walton, Gio	10	WDST-PW	NT
17	Moran, Sophia	14	WDST-PW	57.85	DVS: 22.65 2013 CALEB WOODSON					13	Ballard, Sam	10	WDST-PW	NT
18	Odaniel, Reagan	13	WDST-PW	59.01	Name	Age	Team	Seed	Time	14	Segovia, Leo	10	WDST-PW	NT
19	Randall, Adrienne	14	DVS-PW	59.90	1	Alex, Colton	8	DVS-PW	27.57	15	Khanijaun, Deen	9	WDST-PW	NT
#36 Boys 15-18 50 SC Meter Backstroke					2	Bonnaure, Grant	8	DVS-PW	31.50	16	Saenz Nunez, Diego	9	WDST-PW	NT
PWSL: 26.26 2017 WILLIAM CUMBERL					3	Bennett, Ronin	8	WDST-PW	31.52	17	Kiefer, Nicholas	9	WDST-PW	NT
WDST: 27.94 1995 MICHAEL VANDERPE					4	Pinkley, Levi	8	WDST-PW	32.38	18	Bielecki, Nik	10	WDST-PW	NT
DVS: 27.56 2019 CHINO VERA					5	Golden, Logan	8	WDST-PW	32.38	19	Riddick, Mason	9	DVS-PW	NT
Name	Age	Team	Seed	Time	6	Bevziuc, Michael	7	WDST-PW	32.63	#41 Girls 9-10 50 SC Meter Breaststroke				
1	Caputo, Quinn	15	DVS-PW	30.00	7	Forrest, Cameron	7	DVS-PW	37.68	PWSL: 40.75 2016 LORI ANNE MADISON				
2	Millsaps, Ian	15	WDST-PW	30.22	8	Khnnachar, Zak	8	DVS-PW	41.31	WDST: 44.76 2022 LARA MARTINEZ				
3	Caldwell, Daniel	18	DVS-PW	30.59	9	Perez, Grayson	8	DVS-PW	41.72	DVS: 40.78 2023 HAILEY SOSINSKI				
4	Bair, Lukas	16	DVS-PW	33.00	10	Mobley, Xander	8	WDST-PW	42.31	Name	Age	Team	Seed	Time
5	Whitesell, Matthew	16	WDST-PW	33.70	11	Soden, Declan	8	DVS-PW	44.70	1	Elbanna, Hala	10	DVS-PW	50.22
6	Caputo, Henry	16	DVS-PW	34.48	12	Kimbler, Jesse	7	WDST-PW	45.71	2	Aldeguer, Sarah	10	WDST-PW	51.46
7	Bewley, Joshua	17	WDST-PW	34.70	13	Cuprak, Danny	7	WDST-PW	NT	3	Foster, Kaitlyn	10	DVS-PW	53.78
8	McCurdy, Nolan	16	WDST-PW	35.81	14	Smith, Lincoln	8	WDST-PW	NT	4	Shin, Liz	10	DVS-PW	55.02
9	Love, Aiden	17	WDST-PW	36.07	15	Haight, Wesley	8	WDST-PW	NT	5	Deavers, Carmela	10	WDST-PW	57.31
10	Johnson IV, Edgar	18	WDST-PW	37.71	16	Keys, Andrew	8	WDST-PW	NT	6	Speaks, Nora	9	DVS-PW	57.31
11	McGrael, Evan	15	WDST-PW	41.06						7	Jung, Isabel	10	DVS-PW	1:00.59
12	Albers, Brandon	15	WDST-PW	42.76						8	Frederick, Samantha	10	WDST-PW	1:01.06



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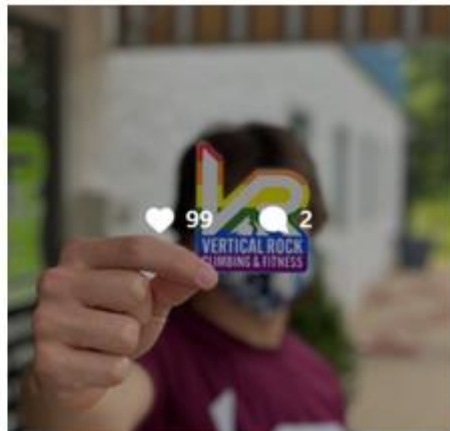
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Wellington vs. Dominion Valley 2024 - 6/29/2024

Dolphins vs. Sharks 2024

Best Concessions in the PWSL... PROVE US WRONG! (take credit cards)

Psych Sheet - WDST vs. DVS 2024

#41 ... (Girls 9-10 50 SC Meter Breaststroke)

9	Morrison, Sienna	9	DVS-PW	1:01.08
10	Fifield, Leah	9	WDST-PW	1:03.01
11	Castro Martinez, Ariana	9	WDST-PW	1:03.11
12	Cosgrove, Ali	10	WDST-PW	1:05.50
13	Cuprak, Caroline	10	WDST-PW	1:08.51
14	Golon, Evelyn	9	WDST-PW	1:08.64
15	Baughman, Amelia	10	WDST-PW	1:09.02
16	Reynolds, Lucy	9	WDST-PW	1:21.01
17	Dunk, Elizabeth	9	DVS-PW	1:22.76
18	McDonough, Graceyn	10	WDST-PW	1:40.51
19	Englis, Sophie	10	WDST-PW	1:42.40
20	Holmes-Lastovica, Madd	9	WDST-PW	1:45.97
21	Cummings, Macey	9	WDST-PW	NT
22	Regalla, Emily	10	DVS-PW	NT
23	Hutchful, Kayla	10	DVS-PW	NT

#42 Boys 11-12 50 SC Meter Breaststroke

PWSL:	33.19	2018	JORDAN EVANS
WDST:	34.85	2022	LIONEL MARTINEZ
DVS:	36.44	2018	LLEYTON ARNOLD

Name	Age	Team	Seed	Time
1	Schroeder, Austin	11	DVS-PW	44.53
2	McDonough, Carter	12	WDST-PW	48.96
3	Lozano Vasquez, William	12	WDST-PW	49.12
4	McCook, Sawyer	11	WDST-PW	49.50
5	Gentile, Zach	12	DVS-PW	51.78
6	Phillips, Evan	12	DVS-PW	51.81
7	Moynihan, Quinn	11	DVS-PW	52.53
8	Rowe, Logan	11	WDST-PW	53.75
9	Berger, Charlie	12	WDST-PW	53.97
10	Ghimire, Sambridha	12	WDST-PW	55.34
11	Cummings, Derek	11	WDST-PW	1:00.19
12	Horn, Leo	12	WDST-PW	1:01.33
13	Edwards, Parker	12	DVS-PW	1:03.65
14	Truong, Lam	12	WDST-PW	1:09.89
15	Bielecki, Joey	11	WDST-PW	1:19.71
16	Steward, Emilian	11	WDST-PW	1:23.63
17	Ball, Mason	12	WDST-PW	NT
18	Clifford, CJ	11	WDST-PW	NT
19	Hogan, Elijah	11	WDST-PW	NT
20	Olivera, Iker	11	WDST-PW	NT
21	Wilson, Levi	11	DVS-PW	NT
22	Hammond, Luke	11	DVS-PW	NT
23	Singh, Shalik	11	DVS-PW	NT
24	Mount, Jameson	11	DVS-PW	NT
25	Zinsmeyer, Jackson	11	DVS-PW	NT

#43 Girls 11-12 50 SC Meter Breaststroke

PWSL:	36.22	2017	EMMA HANNAM
WDST:	39.50	2022	ARIANA ALDEGUER
DVS:	38.43	2018	SKYLAR MORRISON

Name	Age	Team	Seed	Time
1	Sosinski, Hailey	11	DVS-PW	39.15
2	Martinez, Lara	12	WDST-PW	40.72
3	Ewell, Riley	11	WDST-PW	42.34
4	Everett, Claire	12	DVS-PW	44.31
5	Shin, Diane	12	DVS-PW	47.27
6	Acholonu, Adaeze	12	DVS-PW	47.40

7	Gassion, Addy	11	WDST-PW	53.35
8	Truong, Vi	12	WDST-PW	53.56
9	Bradfield, Tatum	11	DVS-PW	54.32
10	Dunk, Emily	11	DVS-PW	57.90
11	Wilson, Avery	12	WDST-PW	58.70
12	Kriel, Samantha	11	DVS-PW	1:02.34
13	Pinkley, Makinsley	11	WDST-PW	1:04.00
14	Perreault, Annabelle	12	WDST-PW	1:04.47
15	Seigny, Audrey	11	DVS-PW	1:11.77
16	Mitchell, Sarah	12	DVS-PW	1:13.76
17	Gonzales Claros, Kiara	12	WDST-PW	1:14.13
18	Gregory, Annalee	11	WDST-PW	1:26.66
19	Ellsworth, Elise	12	WDST-PW	NT
20	Joshi, Sanvika	11	DVS-PW	NT
21	Byrd, Madison	11	DVS-PW	NT
22	Krafty, Ellie	11	DVS-PW	NT

#44 Boys 13-14 50 SC Meter Breaststroke

PWSL:	31.15	2019	JORDAN EVANS
WDST:	32.33	2023	LIONEL MARTINEZ
DVS:	33.45	2019	LLEYTON ARNOLD

Name	Age	Team	Seed	Time
1	Martinez, Lionel	14	WDST-PW	32.81
2	Martinez, Thiago	13	WDST-PW	37.87
3	Wilson, Brett	14	DVS-PW	43.00
4	Fleming, Jacob	14	WDST-PW	44.64
5	Cuprak, Kyle	14	WDST-PW	47.13
6	Attiah, Mohamed	13	DVS-PW	47.55
7	Wible, Evan	14	WDST-PW	48.81
8	Phillips, Tyler	13	DVS-PW	49.25
9	Letcher, Clay	14	WDST-PW	58.45
10	Johnson, Jotham	13	WDST-PW	1:09.44
11	Krepsky, Michael	14	WDST-PW	1:10.25
12	LaHait, Brendan	13	DVS-PW	NT
13	Marediya, Hamza	13	DVS-PW	NT

#45 Girls 13-14 50 SC Meter Breaststroke

PWSL:	34.41	2018	ABIGAIL DANIEL
WDST:	37.87	2021	CAROLINE LUETKEN
DVS:	35.88	2023	EMMA YOUNG

Name	Age	Team	Seed	Time
1	Aldegue, Ariana	14	WDST-PW	40.14
2	Schroeder, Elizabeth	13	DVS-PW	40.72
3	Fargo, Emmy	14	DVS-PW	41.09
4	Lu, Lily	13	DVS-PW	41.40
5	Stike, Stella	14	WDST-PW	42.93
6	Ewell, Taylor	13	WDST-PW	43.81
7	Yeckel, Emma	13	DVS-PW	45.84
8	Forrest, Lauren	13	DVS-PW	48.58
9	Torrey, Maddie	14	DVS-PW	49.40
10	Baughman, Rachel	14	WDST-PW	53.37
11	Petty, Sadie	14	WDST-PW	59.59
12	Pepe, Kimberly	14	WDST-PW	1:02.56
13	Cernucan, Anastasia	13	WDST-PW	1:03.14
14	James, Jae	14	WDST-PW	1:03.83
15	Randall, Adrienne	14	DVS-PW	NT
16	Byrd, Lauren	13	DVS-PW	NT

#46 Boys 15-18 50 SC Meter Breaststroke

PWSL:	28.97	2018	SPENCER ROWE
WDST:	31.32	2018	MARTIN QUINAN
DVS:	29.72	2024	LLEYTON ARNOLD

Name	Age	Team	Seed	Time
1	Arnold, Lleyton	18	DVS-PW	29.72
2	Wightman, Connor	17	WDST-PW	32.64
3	Pearson, Boden	18	WDST-PW	34.75
4	Bair, Lukas	16	DVS-PW	36.01
5	McCurdy, Nolan	16	WDST-PW	37.40
6	Bewley, Joshua	17	WDST-PW	37.76
7	Caldwell, Daniel	18	DVS-PW	38.00
8	Walsh, Kou	18	WDST-PW	41.32
9	Baughman, Owen	15	WDST-PW	45.52
10	Pasierb, Keenan	16	WDST-PW	45.62
11	LaHait, Matt	16	DVS-PW	46.34
12	Ellsworth, Tyler	15	WDST-PW	50.58
13	Albers, Brandon	15	WDST-PW	52.90
14	Cantwell, Jonathan	15	WDST-PW	53.35
15	Horn, Alex	16	WDST-PW	1:00.71

#47 Girls 15-18 50 SC Meter Breaststroke

PWSL:	32.81	2016	MARY CLAIRE TANSI
WDST:	35.82	2011	CHRISTINE SOUTHE
DVS:	36.69	2017	CLAIRE SCHROEDER

Name	Age	Team	Seed	Time
1	Young, Emma	15	DVS-PW	37.00
2	Sawwa, Lexi	18	DVS-PW	38.00
3	Luetkenhaus, Caroline	17	WDST-PW	38.26
4	Buehler, Taylor	16	DVS-PW	39.01
5	Caldwell, Camilla	17	DVS-PW	41.27
6	Torrey, Katie	17	DVS-PW	42.00
7	Bowers, Emily	15	DVS-PW	44.83
8	Jones, Reagan	16	WDST-PW	45.19
9	Hill, Gigi	16	WDST-PW	46.54
10	Cuprak, Steph	16	WDST-PW	47.07
11	Bowers, Ashley	15	DVS-PW	47.26
12	Fifield, Haley	17	WDST-PW	47.81
13	Lussier, Maddie	15	WDST-PW	49.07
14	Fischer, Sophia	16	WDST-PW	49.13
15	Tabor, Chloe	15	WDST-PW	49.77
16	Fifield, Kyleigh	15	WDST-PW	53.33
17	Van Oort, Savannah	16	WDST-PW	53.40
18	Englis, Grace	16	WDST-PW	53.46
19	German, Rylie	15	WDST-PW	55.72
20	Segovia, Adryana	15	WDST-PW	57.99
21	Hogan, Gabby	15	WDST-PW	1:00.33
22	Burns, Abigail	15	DVS-PW	NT
23	Chin, Meredith	17	DVS-PW	NT

#48 Boys 8 & Under 25 SC Meter Butterfly

PWSL:	16.74	2016	RYAN MAYNARD
WDST:	17.47	2005	BRANDON DOYLE
DVS:	16.74	2016	RYAN MAYNARD

Name	Age	Team	Seed	Time
1	Alex, Colton	8	DVS-PW	20.24
2	Bonnaure, Grant	8	DVS-PW	25.77
3	Pinkley, Levi	8	WDST-PW	28.72
4	Haight, Wesley	8	WDST-PW	28.82
5	Johnson, Joseph	8	WDST-PW	30.56



Taking Care of Your Teeth- Inside & Out

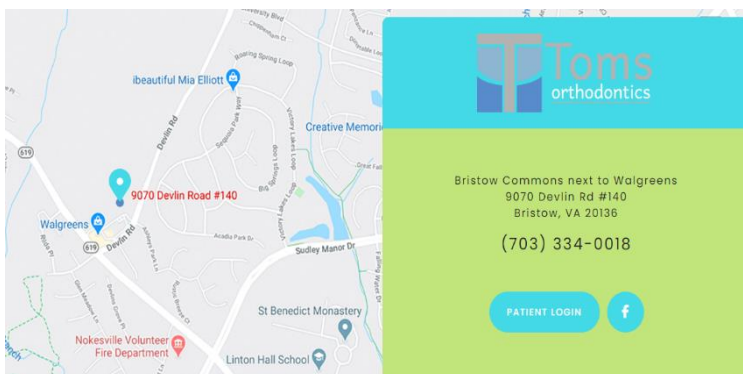
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Wellington vs. Dominion Valley 2024 - 6/29/2024

Dolphins vs. Sharks 2024

Best Concessions in the PWSL... PROVE US WRONG! (take credit cards)

Psych Sheet - WDST vs. DVS 2024

#48 ... (Boys 8 & Under 25 SC Meter Butterfly)

6 Smith, Lincoln	8 WDST-PW	32.50
7 Keys, Andrew	8 WDST-PW	34.57
8 Acholonu, Anayo	8 DVS-PW	35.46
9 Tippy, Declan	7 DVS-PW	35.53
10 Golden, Logan	8 WDST-PW	40.96
11 Mobley, Xander	8 WDST-PW	43.38
12 Picardo, Kian	7 WDST-PW	NT
13 Setzer, Coleman	7 WDST-PW	NT
14 Kimbler, Jesse	7 WDST-PW	NT
15 Riddick, Maddox	7 DVS-PW	NT
16 Khnachar, Zak	8 DVS-PW	NT

#49 Girls 8 & Under 25 SC Meter Butterfly

PWSL: 17.44 2014 LORI ANNE MADISON			
WDST: 19.29 2018 ARIANA ALDEGUERRE			
DVS: 19.00 2022 KENZIE ALEX			
Name	Age	Team	Seed Time
1 McGinley, Maddy	8 DVS-PW	19.82	
2 Schroeder, Vivian	8 DVS-PW	22.21	
3 Mobley, Izzy	8 WDST-PW	23.75	
4 Strauss, Olivia	7 WDST-PW	24.68	
5 Osterndorf, Vivi	7 DVS-PW	32.76	
6 Hiller, Thea	8 WDST-PW	33.09	
7 Obrien, Lydia	8 WDST-PW	34.94	
8 Elbanna, Hana	7 DVS-PW	39.53	
9 Mobley, Elly	8 WDST-PW	42.40	
10 Curran, Claire	7 WDST-PW	42.59	
11 Hughlett, Alexis	7 WDST-PW	45.15	
12 Huntington, Asher	8 WDST-PW	NT	
13 Jeffries, Tierney	8 WDST-PW	NT	
14 Regalla, Olivia	8 DVS-PW	NT	
15 Kenny, Darcy	8 DVS-PW	NT	

#50 Boys 9-10 25 SC Meter Butterfly

PWSL: 15.05 2016 MICHAEL MULLEN			
WDST: 16.08 2009 WES WHITEREE			
DVS: 15.25 2017 RYAN MAYNARD			
Name	Age	Team	Seed Time
1 Burke, Brady	10 DVS-PW	21.06	
2 Kimbler, Elijah	9 WDST-PW	21.91	
3 Riddick, Mason	9 DVS-PW	27.18	
4 Horn, Sammy	9 WDST-PW	28.18	
5 Hattingh, Liam	10 DVS-PW	29.00	
6 Hughlett, Aaron	10 WDST-PW	30.43	
7 Dockett, Logan	10 DVS-PW	31.40	
8 Saenz Nunez, Diego	9 WDST-PW	32.76	
9 Kiefer, Nicholas	9 WDST-PW	34.20	
10 Helton, Deacon	9 DVS-PW	34.50	
11 Rowe, Ethan	10 WDST-PW	NT	
12 Ghimire, Nirbhay	10 WDST-PW	NT	
13 Stike, Calvin	10 WDST-PW	NT	
14 White, Caleb	10 WDST-PW	NT	
15 Martz, Christian	10 WDST-PW	NT	
16 Khanijaun, Deen	9 WDST-PW	NT	
17 Butler, Logan	10 DVS-PW	NT	
18 Cook, Tre	10 DVS-PW	NT	

#51 Girls 9-10 25 SC Meter Butterfly

PWSL: 15.01 2014 ARIS RUNNELS			
WDST: 16.24 2009 ZOIEY SHIELDS			
DVS: 16.13 2018 OLIVIA AHEARN			
Name	Age	Team	Seed Time
1 Alex, Kenzie	10 DVS-PW	16.37	
2 Salgado, Juliet	9 DVS-PW	17.45	
3 Castro Martinez, Ariana	9 WDST-PW	19.31	
4 Alger, Samantha	10 WDST-PW	20.02	
5 Foster, Kaitlyn	10 DVS-PW	21.45	
6 Shin, Liz	10 DVS-PW	21.57	
7 Setzer, Emma	9 WDST-PW	23.07	
8 Mount, Harper	9 DVS-PW	24.56	
9 Morrison, Sienna	9 DVS-PW	26.39	
10 Castro Martinez, Daniell	10 WDST-PW	27.02	
11 Woodward, Ivy	9 DVS-PW	30.00	
12 Hitz, Madison	9 WDST-PW	30.19	
13 Zearfaus, Charlotte	9 DVS-PW	30.50	
14 McDonough, Graceyn	10 WDST-PW	30.57	
15 Golon, Abby	10 WDST-PW	31.78	
16 Cuprak, Caroline	10 WDST-PW	36.19	
17 Golon, Evelyn	9 WDST-PW	37.53	
18 Reed, Marisol	10 WDST-PW	39.12	
19 Golon, Sophia	9 WDST-PW	46.72	
20 Reynolds, Lucy	9 WDST-PW	50.96	
21 Englis, Sophie	10 WDST-PW	NT	
22 Phommachanh, Hannah	10 WDST-PW	NT	
23 Forrest, Emily	10 DVS-PW	NT	
24 Anderson, Reagan	9 DVS-PW	NT	

#52 Boys 11-12 50 SC Meter Butterfly

PWSL: 29.70 2022 LIONEL MARTINEZ			
WDST: 29.45 2022 LIONEL MARTINEZ			
DVS: 32.02 2019 RYAN MAYNARD			
Name	Age	Team	Seed Time
1 Dockett, Landon	12 DVS-PW	32.07	
2 Bennett, Torin	11 WDST-PW	32.94	
3 Acholonu, Arinze	11 DVS-PW	35.00	
4 McDonough, Carter	12 WDST-PW	38.08	
5 Quintanar, Judea	12 WDST-PW	38.40	
6 Schroeder, Austin	11 DVS-PW	41.65	
7 Oh, Nathaniel	11 WDST-PW	41.94	
8 Helton, Graham	12 DVS-PW	44.45	
9 Sharifi, Amir	11 DVS-PW	46.53	
10 Hammond, Luke	11 DVS-PW	47.57	
11 Lozano Vasquez, William	12 WDST-PW	53.33	
12 Berger, Charlie	12 WDST-PW	53.82	
13 Kiefer, Max	11 WDST-PW	53.82	
14 Horn, Leo	12 WDST-PW	1:03.38	

#53 Girls 11-12 50 SC Meter Butterfly

PWSL: 30.55 2017 CAMILLE SPINK			
WDST: 32.58 2022 ARIANA ALDEGUERRE			
DVS: 31.88 2013 SAVANNAH NASH			
Name	Age	Team	Seed Time
1 Elam, Peyton	11 DVS-PW	33.01	
2 Sosinski, Hailey	11 DVS-PW	34.28	
3 Woodward, Madison	12 DVS-PW	34.57	
4 Phommachanh, Macy	11 WDST-PW	37.38	
5 Bonnaure, Alex	11 DVS-PW	40.06	

6 McGinley, Brooklyn	11 DVS-PW	42.17
7 Jones, Lyla	12 WDST-PW	42.70
8 Johnson, Joanna	11 WDST-PW	49.32
9 Ball, Kate	12 WDST-PW	51.51
10 Whitesell, Sophia	12 WDST-PW	54.96
11 Saenz Nunez, Luciana	11 WDST-PW	59.15
12 Jensen, Riley	12 DVS-PW	1:01.20
13 Kimbler, Harper	11 WDST-PW	1:04.39
14 Lee, Annabelle	11 WDST-PW	1:09.55
15 Lozano Vasquez, Monica	12 WDST-PW	1:10.32
16 Sullins, Kinsey	12 WDST-PW	1:11.56
17 Ellsworth, Elise	12 WDST-PW	NT
18 Gregory, Annalee	11 WDST-PW	NT
19 Strickland, Maddie	12 DVS-PW	NT

#54 Boys 13-14 50 SC Meter Butterfly

PWSL: 26.84 2022 CALUM O'SHEA			
WDST: 28.00 2023 LIONEL MARTINEZ			
DVS: 26.84 2022 CALUM O'SHEA			
Name	Age	Team	Seed Time
1 Lavedas, Liam	14 WDST-PW	28.97	
2 Ball, Tristan	14 WDST-PW	30.88	
3 Wilson, Brett	14 DVS-PW	35.83	
4 Cataldo, John	13 DVS-PW	37.95	
5 Cuprak, Kyle	14 WDST-PW	40.07	
6 Narduche, Jasper	14 WDST-PW	41.18	
7 Fleming, Jacob	14 WDST-PW	41.37	
8 Marediya, Hamza	13 DVS-PW	49.40	
9 Henderson, Chris	14 WDST-PW	55.46	
10 Letcher, Clay	14 WDST-PW	1:00.38	
11 Renalds, George	14 DVS-PW	NT	
12 Hanson, Ayden	14 DVS-PW	NT	

#55 Girls 13-14 50 SC Meter Butterfly

PWSL: 28.62 2018 ARIS RUNNELS			
WDST: 31.19 2023 ARIANA ALDEGUERRE			
DVS: 30.53 2014 SAVANNAH NASH			
Name	Age	Team	Seed Time
1 Edwards, Amelia	14 DVS-PW	31.16	
2 Aldeguer, Ariana	14 WDST-PW	31.83	
3 Schroeder, Elizabeth	13 DVS-PW	33.45	
4 Zarow, Alex	14 WDST-PW	33.52	
5 Elam, Morgan	14 DVS-PW	36.07	
6 Fargo, Emmy	14 DVS-PW	37.00	
7 Lu, Lily	13 DVS-PW	38.00	
8 Miller, Quinn	13 DVS-PW	38.33	
9 Stike, Stella	14 WDST-PW	42.84	
10 Pinkley, Alex	13 WDST-PW	46.58	
11 Petty, Sadie	14 WDST-PW	54.89	
12 Intihar, Ashley	14 WDST-PW	54.96	
13 Moran, Sophia	14 WDST-PW	55.44	
14 Clifford, Nisha	13 WDST-PW	55.59	
15 Cernucan, Anastasia	13 WDST-PW	56.21	
16 Odaniel, Reagan	13 WDST-PW	1:02.52	
17 Joshi, Shivani	14 DVS-PW	NT	
18 Forrest, Lauren	13 DVS-PW	NT	
19 Friedman, Audrey	13 DVS-PW	NT	



Prince William Swim Club

"The Amberjax"



Prince William Swim Club, "Amberjax", celebrates over four decades of competitive swimming excellence in Prince William County. The Amberjax is a family oriented competitive swim team offering programs tailored to the skills and competitive interests of children 5-18+. Our programs have been designed to meet the needs of our swimming families with programming ranging from our Competitive Year Round Swimming and rigorous Elite Training Track, to our Junior Program and High School Prep Programs.

Our Staff is passionate about our sport, and we love to educate our swimmers not only about swimming as a sport, but also about what it means to be an athlete, introducing our swimmers to proper training techniques and mechanics, the proper nutrition for athletes as well as the importance of goal setting and commitment.

The Amberjax family focuses on achievement in swimming as an aspect of well-rounded development. The team stresses achievement in school and encourages team members of all ages to participate in other sports and recreational activities. We can proudly state that some of our Amberjax swimmers have gone on to receive scholarships and swim competitively at Virginia Tech, University of Virginia, Old Dominion University, North Carolina State, Bucknell, Temple, East Carolina University, Mary Washington College, New York University, Savannah College of Arts and Design and Howard University to name a few. Amberjax Alumni often come back home from college in the summer to coach Prince William County summer league teams such as Southbridge, Old Bridge, Dale City Frogs, Westridge and Veterans Park.

The Amberjax are different from other teams in the area because we choose to remain smaller than most. We prefer the small family atmosphere where we know each swimmer by name. We have a smaller coach to swimmer ratio which results in more individualized attention for your swimmer.

The Prince William Swim Club Amberjax –

"Finding the BEST in EVERY Swimmer!"

If you have any questions regarding our swim team, please contact Head Coach and Team Manager, Lorena Caballero at colore5@comcast.net



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Wellington vs. Dominion Valley 2024 - 6/29/2024

Dolphins vs. Sharks 2024

Best Concessions in the PWSL... PROVE US WRONG! (take credit cards)

Psych Sheet - WDST vs. DVS 2024

#56 Boys 15-18 50 SC Meter Butterfly				#58 Boys 8 & Under 100 SC Meter Freestyle Relay				8 DVS-PW C NT			
PWSL: 24.69 2021 LONDON GENTRY				PWSL: 1:11.25 2016 DOMINION VALLEY				Zailer, Sophie 7 Cosgriff, Sadie 8			
WDST: 26.87 2009 DEVIN JANSEN				B Rohrbach, H Caputo, W O'Shea, R Maynard				Nickerson, Sonia 7 Hutchful, Karen 8			
DVS: 26.26 2016 JOHN BUGGY				WDST: 1:16.78 2019 T. MARTINEZ, J. PER				#60 Boys 9-10 100 SC Meter Freestyle Relay			
Name	Age	Team	Seed Time	G. Lavedas, M. Nunes Fuller				PWSL: 1:00.59 2016 BRAEMAR BLASTER			
1 Caldwell, Daniel 18 DVS-PW 27.82				DVS: 1:11.25 2016 DOMINION VALLEY				J Evans, M Santee, A Martins, M Mullen			
2 Millsaps, Ian 15 WDST-PW 28.49				B Rohrbach, H Caputo, W O'Shea, R Maynard				WDST: 1:04.71 2009 B. KLIPP, P. O'BRIEN			
3 Wightman, Connor 17 WDST-PW 29.68				Team	Relay	Seed Time		n, W. Whiteree			
4 Murphy, Carter 15 DVS-PW 29.76				1 WDST-PW	A	1:30.60		DVS: 1:01.28 2017 DOMINION VALLEY			
5 Caputo, Quinn 15 DVS-PW 30.00				Johnson, Joseph 8	Haight, Wesley 8			R Maynard, H Cho, C Woodson, W O'Shea			
6 Roeske, Logan 16 WDST-PW 30.94				Pinkley, Levi 8	Bennett, Ronin 8			Team	Relay	Seed Time	
7 Love, Aiden 17 WDST-PW 35.08				2 WDST-PW	B	1:44.47		1 WDST-PW	A	1:25.88	
8 Pasierb, Keenan 16 WDST-PW 35.69				Bevziuc, Michael 7	Golden, Logan 8			Ghimire, Nirbhav 10	Kimbler, Elijah 9		
9 McGrael, Evan 15 WDST-PW 39.75				Smith, Lincoln 8	Keys, Andrew 8			Martz, Christian 10	Erchov, Alex 10		
10 Woodward, Everett 16 WDST-PW 45.97				3 DVS-PW	B	1:48.68		2 WDST-PW	B	1:31.58	
11 Horn, Alex 16 WDST-PW 48.84				Soden, Declan 8	Khnachar, Zak 8			Gonzales Claros, Sebas	White, Caleb 10		
12 Cantwell, Jonathan 15 WDST-PW 52.45				Attiah, Khaled 8	Tippy, Declan 7			Rowe, Ethan 10	Horn, Sammy 9		
13 Ellsworth, Tyler 15 WDST-PW NT				4 WDST-PW	C	1:51.59		3 WDST-PW	C	1:38.88	
14 LaHait, Matt 16 DVS-PW NT				Setzer, Coleman 7	Kimbler, Jesse 7			Hughlett, Aaron 10	Kiefer, Nicholas 9		
#57 Girls 15-18 50 SC Meter Butterfly				Mobley, Xander 8	Picardo, Kian 7			Stike, Calvin 10	Albers, Luke 10		
PWSL: 27.75 2021 ARIS RUNNELS				5 DVS-PW	C	2:04.67		4 WDST-PW	D	1:57.57	
WDST: 30.12 2012 ASHLEY CLARK				Batelka, Connor 8	Bradfield, Kellan 8			Saenz Nunez, Diego 9	Ballard, Sam 10		
DVS: 29.31 2017 SAVANNAH NASH				Perez, Grayson 8	Forrest, Cameron 7			Khanijaun, Deen 9	Segovia, Leo 10		
Name	Age	Team	Seed Time	6 WDST-PW	D	2:23.03		5 WDST-PW	E	NT	
1 Sawwa, Lexi 18 DVS-PW 30.62				Cuprak, Dannv 7	Jeffries, Brayden 6			Walton, Gio 10	Cox, Chris 10		
2 Buehler, Taylor 16 DVS-PW 31.94				Hitz, Tucker 6	Ukaejiofo, Ezra 8			Guglielmi, Carson 9	Bielecki, Nik 10		
3 Picardo, Nika 17 WDST-PW 32.02				7 DVS-PW	A	NT		6 DVS-PW	A	NT	
4 Arnold, Lucy 16 DVS-PW 33.01				Acholonu, Anavo 8	Bonnaure, Grant 8			Wong, Alexander 10	Burke, Brady 10		
5 Begley, Addy 15 DVS-PW 33.58				Riddick, Maddox 7	Alex, Colton 8			Lake, Cayden 10	Peterson, Davin 10		
6 Park, Christine 15 DVS-PW 34.78				#59 Girls 8 & Under 100 SC Meter Freestyle Relay				7 DVS-PW	B	NT	
7 Hill, Gigi 16 WDST-PW 35.01				PWSL: 1:13.87 2007 VICTORY LAKES 200				Oum, Zeo 10	Helton, Deacon 9		
8 Fifield, Haley 17 WDST-PW 35.84				L Wiecki, O Nitowski, N Smith, M Finley				Riddick, Mason 9	Dockett, Logan 10		
9 Shearin, Grayson 15 WDST-PW 36.94				WDST: 1:24.66 2018 WDST				8 DVS-PW	C	NT	
10 Caldwell, Camilla 17 DVS-PW 37.00				A. Rodriguez, K. Ashcraft, I.McCook, A. Aldeguer				Butler, Logan 10	Elbanna, Khaled 9		
11 Fischer, Sophia 16 WDST-PW 39.07				DVS: 1:16.40 2012 DOMINION VALLEY				Monty, Carter 10	Hattingh, Liam 10		
12 Thoma, Riley 17 DVS-PW 39.18				P Meyer, E Morris, B Sheahan, A Lambert				#61 Girls 9-10 100 SC Meter Freestyle Relay			
13 Albers, TayMae 16 WDST-PW 42.16				Team	Relay	Seed Time		PWSL: 1:02.14 2014 KINGSBROOKE SEA			
14 Jones, Reagan 16 WDST-PW 42.28				1 WDST-PW	A	1:30.69		M Wong, A Daniel, K Benton, A Kotter			
15 Lozano Vasquez, Valeria 15 WDST-PW 42.32				Mobley, Izzv 8	Hiller, Thea 8			WDST: 1:05.89 2011 K. MAY, L. BECKER, /			
16 German, Rylie 15 WDST-PW 42.41				Bishop, Anna 7	Strauss, Olivia 7			Quinn			
17 Petty, Camery 16 WDST-PW 46.07				2 DVS-PW	A	1:30.75		DVS: 1:02.40 2023 DOMINION VALLEY			
18 Horn, Charlotte 15 WDST-PW 46.28				Schroeder, Vivian 8	Regalla, Olivia 8			H Sosinski, B McGinley, P Elam, K Alex			
19 Wright, Madison 17 WDST-PW 46.64				Osterndorf, Vivi 7	McGinley, Maddy 8			Team	Relay	Seed Time	
20 Englis, Grace 16 WDST-PW 48.10				3 WDST-PW	B	1:50.64		1 WDST-PW	A	1:12.57	
21 Kouagueng, Malaika 15 WDST-PW 48.11				Martz, Olivia 7	Mobley, Elly 8			Castro Martinez, Arian	Frederick, Samantha 10		
22 Gibaldi, Gianna 15 WDST-PW 52.02				Curran, Claire 7	Jeffries, Tierney 8			Alger, Samantha 10	Aldeguer, Sarah 10		
23 Hogan, Gabby 15 WDST-PW 52.15				4 WDST-PW	C	2:02.62		2 WDST-PW	B	1:17.01	
24 Englis, Abigail 18 WDST-PW 52.51				Carter, Aaliva 6	Letcher, Allison 8			Cosgrove, Ali 10	Setzer, Emma 9		
25 Randall, Addison 16 DVS-PW 1:00.85				Obrien, Lydia 8	Huntington, Asher 8			Phommachanh, Hanna	Castro Martinez, Danie		
26 Randall, Amari 18 DVS-PW 1:04.38				5 DVS-PW	B	2:04.28		3 WDST-PW	C	1:34.33	
27 Caputo, Faith 18 DVS-PW NT				Kennv, Darcv 8	Elbanna, Hana 7			Mauch, Mirabelle 10	Fifield, Leah 9		
				Roche, Keir 8	Regalla, Abby 8			Golon, Lily 9	Cuprak, Caroline 10		
				6 WDST-PW	D	2:31.73		4 WDST-PW	D	NT	
				Ortiz, Eva 6	Walton, Nia 7			Baughman, Amelia 10	Holmes-Lastovica, Mac		
				Hughlett, Alexis 7	Brown, Kaia 6			Layne, Zana 10	Golon, Abby 10		
				7 WDST-PW	E	2:52.32		5 WDST-PW	E	NT	
				Bishop, Hazel 5	Starke, Becky 7			Deavers, Carmela 10	Reynolds, Lucy 9		
				Horn, Evie 7	Haight, Lucy 6			Santa Maria, Kate 9	McDonough, Graceyn 10		

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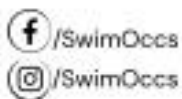


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Wellington vs. Dominion Valley 2024 - 6/29/2024

Dolphins vs. Sharks 2024

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Psych Sheet - WDST vs. DVS 2024

#61 ... (Girls 9-10 100 SC Meter Freestyle Relay)

6 DVS-PW	A	NT
Shin, Liz 10	Salgado, Juliet 9	
Foster, Kaitlyn 10	Alex, Kenzie 10	
7 DVS-PW	B	NT
Speaks, Nora 9	Mount, Harper 9	
Morrison, Sienna 9	Elbanna, Hala 10	
8 DVS-PW	C	NT
Woodward, Ivv 9	Forrest, Emily 10	
Zearfaus, Charlotte 9	Regalla, Emily 10	
9 DVS-PW	D	NT
Batelka, Madeline 9	Edwards, Violet 9	
Hutchful, Kayla 10	lung, Isabel 10	
10 DVS-PW	E	NT
Szczerba, Grace 9	Anderson, Reagan 9	
Dunk, Elizabeth 9	Krafty, Lainey 9	

#62 Boys 11-12 100 SC Meter Freestyle Relay

PWSL:	53.47 2016	PIEDMONT TSUNAMI
J Poletto, T Drescher, R Barshow, M Pianoto		
WDST:	54.22 2022	WDST
M. Fuller, T. Martinez, L. Lavedas, L. Martinez		
DVS:	54.70 2019	DOMINION VALLEY
R Maynard, H Cho, C Woodson, W O'Shea		

Team	Relay	Seed Time
1 WDST-PW	A	1:01.25
Quintanar, Iudea 12	McDonough, Carter 12	
Lavedas, Garrett 12	Bennett, Torin 11	
2 WDST-PW	B	1:11.38
Kiefer, Max 11	McCook, Sawyer 11	
Lozano Vasquez, Willia	Oh, Nathaniel 11	
3 WDST-PW	C	1:20.08
Berger, Charlie 12	Ghimire, Sambridha 12	
Rowe, Logan 11	Olivera, Iker 11	
4 WDST-PW	D	NT
Truong, Lam 12	Horn, Leo 12	
Haight, Travis 11	Cummings, Derek 11	
5 WDST-PW	E	NT
Hogan, Elijah 11	Steward, Emilian 11	
Clifford, CJ 11	Bielecki, Joey 11	
6 DVS-PW	A	NT
Acholonu, Arinze 11	Mount, Jameson 11	
Schroeder, Austin 11	Dockett, Landon 12	
7 DVS-PW	B	NT
Movnihn, Quinn 11	Hammond, Luke 11	
Sharifi, Amir 11	Helton, Graham 12	
8 DVS-PW	C	NT
Edwards, Parker 12	Wilson, Levi 11	
Zinsmeyer, Jackson 11	Phillips, Evan 12	

#63 Girls 11-12 100 SC Meter Freestyle Relay

PWSL:	56.33 2017	SUDLEY
D Palenscar S Chierico M Pennefather J Cornwell		
WDST:	59.68 2013	K. MAY, A.HOLM, E.E
E.Quinn		
DVS:	57.90 2022	DOMINION VALLEY
E Fargo, E Schroeder, L Lu, A Edwards		

Team	Relay	Seed Time
1 WDST-PW	A	1:05.88
Phommachanh, Macv 1	Jones, Lyla 12	
Ewell, Riley 11	Martinez, Lara 12	

2 WDST-PW	B	1:13.81
Hurlev, Gigi 12	Gassion, Addy 11	
Gonzales Claros, Kiara	Truong, Vi 12	
3 WDST-PW	C	1:16.88
Lozano Vasquez, Moni	Kimbler, Harper 11	
Ellsworth, Elise 12	Ball, Kate 12	
4 WDST-PW	D	NT
Pinkley, Makinsley 11	Whitesell, Sophia 12	
Perreault, Annabelle 11	Johnson, Joanna 11	
5 WDST-PW	E	NT
Gregorv, Annalee 11	Wilson, Avery 12	
Sullins, Kinsey 12	Saenz Nunez, Luciana 11	
6 DVS-PW	A	NT
Sosinski, Hailey 11	Elam, Peyton 11	
Shin, Diane 12	Woodward, Madison 11	
7 DVS-PW	B	NT
McGinley, Brooklyn 11	Everett, Claire 12	
Bonnaure, Alex 11	Acholonu, Adaeze 12	
8 DVS-PW	C	NT
Dunk, Emily 11	Strickland, Maddie 12	
Jensen, Riley 12	Kriel, Samantha 11	
9 DVS-PW	D	NT
Ioshi, Sanvika 11	Sevigny, Audrey 11	
Krafty, Ellie 11	Bradfield, Tatum 11	

#64 Boys 13-14 200 SC Meter Freestyle Relay

PWSL:	1:44.44 2022	SUDLEY SWIM TEAM
A Grocholski, C Layden, T Utter, L Craft		
WDST:	1:46.64 2023	L LAVEDAS T BALL
L Martinez, I Millsaps		
DVS:	1:47.65 2022	DOMINION VALLEY
Q Caputo, L Bair, C Murphy, W O'Shea		

Team	Relay	Seed Time
1 WDST-PW	A	1:53.28
Lavedas, Liam 14	Ball, Tristan 14	
Martinez, Thiago 13	Martinez, Lionel 14	
2 WDST-PW	B	2:14.33
Golden, Spencer 14	Letcher, Clay 14	
Cuprak, Kyle 14	Fleming, Jacob 14	
3 WDST-PW	C	2:34.77
Krepkv, Michael 14	Wible, Evan 14	
Henderson, Chris 14	Narduche, Jasper 14	
4 DVS-PW	A	NT
Wilson, Brett 14	Hanson, Ayden 14	
Cataldo, John 13	Rohrbach, Bryce 14	
5 DVS-PW	B	NT
Marediva, Hamza 13	Phillips, Tyler 13	
Attiah, Mohamed 13	Renalds, George 14	

#65 Girls 13-14 200 SC Meter Freestyle Relay

PWSL:	1:54.09 2022	PIEDMONT TSUNAMI
A Sagle, S Traister, K Crown, M Richardson		
WDST:	1:58.45 2021	WDST
A.Grocholski,E.Lavedas,C.Luetkenhaus,N.Picardo		
DVS:	1:57.87 2023	DOMINION VALLEY
A Edwards, A Begley, E Fargo, E Young		

Team	Relay	Seed Time
1 DVS-PW	A	2:05.37
Schroeder, Elizabeth 1	Fargo, Emmy 14	
Lu, Lily 13	Edwards, Amelia 14	

2 WDST-PW	A	2:07.39
McCook, Isabella 14	Stike, Stella 14	
Zarow, Alex 14	Aldeguer, Ariana 14	
3 DVS-PW	B	2:14.98
Mount, Lexi 14	Elam, Morgan 14	
Miller, Quinn 13	Yeckel, Emma 13	
4 WDST-PW	B	2:33.03
James, Iae 14	Intihar, Ashley 14	
Wentz, Kenzie 14	Ewell, Taylor 13	
5 WDST-PW	C	2:41.39
Petty, Sadie 14	Cernucan, Anastasia 13	
Clifford, Nisha 13	Baughman, Rachel 14	
6 WDST-PW	D	2:55.64
Pepe, Kimberly 14	Odaniel, Reagan 13	
Moran, Sophia 14	Pinkley, Alex 13	
7 DVS-PW	C	NT
Thoma, Katelyn 14	Forrest, Lauren 13	
Friedman, Audrey 13	Torrey, Maddie 14	



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Approach



Growing up as a "brace face" and "metal mouth" himself, Dr. Owais was more commonly known by these epithets than his first name (albeit slightly easier to pronounce). He made it his life mission to turn these nicknames into accolades and turn braces into the coveted wish list item for every child's birthday and holiday gift!

Dr. Owais brings a seamless harmony to our practice, working hand in hand to deliver exceptional care. With his attention to detail and commitment to excellence, he plays an instrumental role in enhancing the patient experience and ensuring that each visit is met with satisfaction and smiles.