

DEC. 2025 - JAN. 10 2026

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
	WAHOOS TEST SET WEEK				MEET IN ORLANDO - SELECTED SWIMMERS	
7	8	9	10	11	12	13
SWIM MEET	NORMAL PRACTICE TIMES AND LOCATIONS				12 DAYS OF WAHOOS	
					BANQUET	WATER POLO PIE DAY
14	15	16	17	18	19	20
12 DAYS OF WAHOOS						
GOALS SHEETS PROVIDED	TREAT WEEK FOR SWIMMERS: EXAMS WEEK / SNACKS FOR SWIMMERS / TECHNIQUE + DRILLS FOR THE SEASON + TURNS				COACHES SOCIAL	SERVICE PROJECT
21	22	23	24	25	26	27
12 DAYS OF WAHOOS				Day off	Day off	Day off
GOAL SHEET DUE	DECK THE CHAIRS	BRING A FRIEND TO SWIM	ALUMNI MEET			
28	29	30	31	1	2	3
Day off	Day off	Day off	Day off	Day off	BOOT CAMP	
					DOUBLE	SINGLE
4	5	6	7	8	9	10
BOOT CAMP / OPERATION UNITE			BACK TO NORMAL PRACTICE TIMES AND LOCATIONS			
SINGLE	DOUBLE	SINGLE				

DATES	HAPPENING
Dec. 1 - 4	Test Set Week - We will run numerous tests to determine swimmers abilities for sets and proper training.
Dec. 4 - 7	Selected swimmers will participate in the Orlando Meet. Swimmers will be contacted via email.
Dec. 8 - 11	Regular practice times based on our live calendar.
	12 Days of Wahoos Begin
Dec. 12	Our annual banquet
Dec. 13	Water Polo Day & Swim-a-thon winners get to pie the coaches.
Dec. 14	Goals sheets will be sent via email to swimmers
Dec. 15 - 19	Exam week for many school. There will be snacks and light practice with drills, dryland, and technique work.
Dec. 20	Wahoos swimmers will participate in City Project
Dec. 21	Goal sheet is due
Dec. 22 - 24	Modified Practice Times
Dec. 22	Deck The Chair at the Beach. Swimmers & Parents are welcome to attend this public event to create memories and bond as a team.
Dec. 23	Invite a friend to practice. We will have a fun practice so you can introduce YOUR sport to your best friend.
Dec. 24	Alumni Meet - Advanced & Elite swimmers will race Wahoos Alumni Swimmers in fun relays.

DATES	HAPPENING
Dec. 25	OFF
Dec. 26	OFF
Dec. 27	OFF
Dec. 28	OFF
Dec. 29	OFF
Dec. 30	OFF
Dec. 31	OFF
Jan. 1	OFF
	Bootcamp / Operation UNITE
Jan. 2	These days will encompass team building activities and specialized training for each competitive group.
Jan. 3	
Jan. 4	
Jan. 5	
Jan. 6	
Jan. 7	Back to normal practice times and locations