



2025 SJAC Turkey Meet

Hosted by Sporting Jax Aquatic Club

Saturday, November 22nd & Sunday, November 23rd

Session	Day	Warm-Up	Meet Start
1	Saturday November 22	7:30 AM	8:30 AM
2	Sunday November 23	7:30 AM	8:30 AM

Location:

Planet Swim & Tennis, 300 Davis Park Rd, Ponte Vedra FL 32081

Type of Meet:

The facility is a 50-meter x 25-yard pool. The meet will be held in a 25-yard course, Timed Finals.

Pool Specs:

Certified eight-lane, 25-yard outdoor pool. Eight lanes will be used for competition with 10 lanes provided for warm-up and warm down during the meet. The competition course has a depth of 6'5".

Timing Equipment:

Colorado Timing/Superior Swim Timing system will be used with touchpad primary and button and stopwatch backup. A full LED scoreboard will be used. Hy-tek Meet Manager software used for results.

Warm-up:

Warm-up plans will be sent to head coaches prior to the meet. The competition pool will close 10 minutes prior to start time.

NO EQUIPMENT MAY BE USED AT ANY TIME. SWIMMERS MUST ENTER THE WATER FEET FIRST WITH AT LEAST ONE HAND IN CONTACT WITH THE POOL DECK EXCEPT WHEN EXECUTING A CONTROLLED RACING START, SUPERVISED BY A COACH. The Referee/Marshal may alter warm-up procedures to meet the needs of the swimmers. Teams may be assigned lanes for warm up and, if so, are in control to choose general or controlled settings. Coaches must receive permission from the Referee before beginning one-way starts in their assigned lanes.



Sanction:

Held under the sanction of USA Swimming through Florida Swimming: **#FL-7166**

It is understood and agreed that USA Swimming, Florida Swimming, Planet Swim Aquatics, shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

1. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
2. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms.
3. Deck changes are prohibited.
4. Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Exceptions may be granted with prior written approval by the Program & Events Coordinator (or his/her designee).

5. All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
6. The meet host will ensure that the competition course meets the required dimensions as specified in 103.3 USA Swimming Rules and Regulations.

Eligibility:

This meet is open to all swimmers who are currently registered with USA Swimming, Inc.

Seeding:

For seeding purposes, use SCY times or NT. All events will be seeded slow to fast.

Scratches:

No penalty for scratching on the blocks.



Entry Limit:

Each swimmer may enter a maximum of four (4) individual events per session plus relays.

Deck Entries:

NO deck entries will be accepted.

Entry Fees:

\$5.50 per individual event

\$10.00 Facility fee per swimmer

\$3.00 Heat Sheet fee per swimmer

\$2.00 per out-of-LSC swimmer

Entry Deadline:

The deadline for entries is Sunday, November 16th by 12:00 pm (noon). Please email entries to: limaraphael@planetswim.org. Make checks payable to Sporting Jax Aquatics Foundation, Inc. Checks should be mailed to the Sporting Jax corporate office: 6440 Southpoint Parkway, Suite 320, Jacksonville, FL 32216.

Meet Size Limitations:

Planet Swim reserves the right to limit the size of the meet to the first 500 swimmers entered. Please email Coach Raphael Lima at limaraphael@planetswim.org to reserve your spot and give an estimate of swimmers attending.

Mailing Address:

Planet Swim & Tennis
c/o Raphael Lima
300 Davis Park Rd
Ponte Vedra, FL 32081

Additional Contact:

Coach Gus Calado – gmc@planetswim.org

Rules:

Current USA Swimming rules will govern. Safety Rules, as outlined by USA Swimming, and as recommended by the Head Marshall, will be in effect during all warm-up periods and in all warm-up areas.

**Team Representative:**

Prior to the start of the meet, the name of one person other than the coach, who will check with the Referee about any matter pertaining to the meet, may be given to the Referee. For each team, the coach and that person only will be recognized.

Officials:

Meet Referee - Tiago Cavalcanti

Admin Official – Scott Rabalais

Meet Director: Raphael Lima

Any visiting officials who wish to volunteer at the meet are asked to contact the Meet Referee Tiago Cavalcanti prior to the meet at the email address: tiagohc@gmail.com

Awards:

There will be no awards in this meet.

Scoring:

There will be no scoring in the meet.

Identification:

Coaches and officials must hold current USA Swimming Certification and shall wear USA Swimming registration cards in a conspicuous location at all times or show USA Swimming app with current USA-S membership while on deck during the meet. Team Rep: Prior to the start of the meet, the name of one person other than the coach who will check with the referee about any matter pertaining to the meet must be given to the referee. Only that person and the coach(es) will be recognized. All coaches must initial the Coach Member Sign-In Sheet, which will be sent to the Florida Swimming office following the meet for verification of coach's credentials.

Coach Supervision:

All swimmers must be supervised by a USA Swimming Certified Coach during warm up, competition and warm down.

Meet Committee:

A meet committee consisting of the Meet Referee, the home team coach and one senior athlete will meet as needed to make decisions regarding the meet, in the event of inclement weather or at other times as requested by the Meet Referee.

Camera Zone:

Per Florida Swimming Rule 223.13, Meet management shall designate and inform the public of "Camera Zone" at each swim meet where both still photography and video photography of a race or a race competitor in a race may be taken. Under NO



circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course while they are in use for "race starting purposes" during competition and warm-ups, locker rooms, restrooms, or any other dressing area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2

Heat Sheet:

The heat sheet will be emailed to all participating teams/coaches prior to the meet.

Starting Procedures:

"Fly-over" starting procedures may be utilized. In addition, the Meet Referee may combine heats to expedite the meet.

Medical:

The host facility will have lifeguards on duty and an AED device available.

Disability Athletes:

Coaches entering swimmers with disabilities that require any accommodations or modifications, including the need for personal assistants and/or registered service animals must provide advance notice in writing, accompanying their meet entry file, to the meet referee by the entry deadline. Failure to provide advance notice may limit the host's ability to accommodate all requests. Coaches may use the [Accommodations Form](#) to satisfy this requirement.

Safe Sport:

There will be designated locker rooms for swimmers only and designated restrooms for spectators, coaches, officials, volunteers, and non-swimmers. Teams are responsible for educating their swimmers, parents, guardians, and invited guests of the necessity to follow the above policy.

Information:

Raphael Lima

Planet Swim LLC

300 Davis Park Rd, Ponte Vedra, FL 32081

Email for meet information: limaraphael@planetswim.org



Event Order: Saturday Morning - Session 1

Warm-up: 7:30 am		Meet start: 8:30 am
GIRLS	EVENT	BOYS
1	Open 50 Fly	2
3	10 & Under 200 Free	4
5	Open 100 Breast	6
7	8 & Under 25 Fly	8
9	Open 100 Back	10
11	11 & Over 400 IM	12
13	Open 50 Free	14
15	10 & Under 50 Breast	16
17	11 & Over 200 Breast	18
19	10 & Under 50 Back	20
21	8 & Under 25 Back	22
23	11 & Over 200 Free	24

Event Order: Sunday Morning – Session 2

Warm-up: 7:30 am		Meet Start: 8:30 am
GIRLS	EVENT	BOYS
25	Open 500 Free	26
27	10 & Under 50 Free	28
29	Open 100 Fly	30
31	8 & Under 25 Free	32
33	Open 200 IM	34
35	11 & Over 200 Back	36
37	Open 100 Free	38
39	10 & Under 100 IM	40
41	Open 50 Breast	42
43	8 & Under 25 Breast	44
45	Open 100 IM	46
47	11 & Over 200 Fly	48
49	Open 50 Back	50