

**Southwest St. Louis County
Municipal Swim & Dive League
2018 Rules, Regulations and Guidelines**

MISSION STATEMENT: The Southwest St. Louis County Municipal Swim & Dive League has been established to provide recreational swimming and diving opportunities for school age participants in an environment that emphasizes fun, good sportsmanship, safety and athletic endeavor, and participation over winning. Its goal is to provide participants with the opportunity to learn basic swimming and diving skills, socialize with other involved in the program, improve health and fitness, and develop a lifetime appreciation for these two sports.

1. MEMBERSHIP OF TEAMS

- A. Team Membership shall be restricted to teams sponsored by municipal governments.
- B. New membership shall be granted for qualifying municipal teams by a 2/3 vote of existing team members.
- C. Team's membership shall be drawn from their communities and surrounding service area, and open to the general public on a first come, first served basis. Where appropriate, nonresidents may be allowed on the team. Competitive tryouts shall not be used as a means of qualifying team members. All league members shall comply with the Americans with Disabilities Act when considering individuals for membership.
- D. The league may be divided into separate divisions based on criteria approved by the Executive Board. Each Division will have its own administrative board as outlined in Section 2.
- E. Participation in the Municipal League requires that each pool host, on a rotating basis, diving and/or swimming conference or relay meet.

2. EXECUTIVE BOARD

- A. The Executive Board shall consist of one professional staff member from each municipality. Each municipality shall have one vote on all league matters. Changes and waivers to these rules, regulations and guidelines may be made at any time by a majority vote of the Board. Officers, whose duties are listed below, shall be elected from among members of the Executive Board.
- B. President - The president will be responsible for scheduling any and all necessary meetings, and shall preside at such meetings.
- C. Vice President - The Vice President shall preside over meetings in the President's absence and will become President in the succeeding year.
- D. Secretary - Will record minutes for any meeting of the Board, and be responsible for maintaining current version of the bylaws. Will record all league results and league records.
- E. Treasurer - Will maintain any and all financial records for the organization. Will be responsible for maintaining a checking or other bank account, and providing a financial statement at each meeting of the board, as well as a year-end statement. If approved by all involved divisional boards, one treasurer may serve more than one division.

3. STANDING COMMITTEES

- A. Appointment - The division president shall appoint committee members to the following standing committees as he/she sees fit.
- B. Awards - The Awards Committee will be responsible for finding suppliers for awards, calculating the number of awards needed, and the cost to be shared by the participating teams, and distributing the awards.

- C. Swimming Competition - The Swimming Competition League Representative shall review all rules in regards to swimming competition and suggest changes to the Board of Directors as they find necessary. They shall also present any protest in their division to the Executive Board.
- D. Diving Competition - The Diving Competition League Representative shall review all rules in regards to diving competition and suggest changes to the Board of Directors as they find necessary. They shall also line out diving referees for each dual meet and conference, present any protest in their division to the Executive Board.
- E. Swim Conference - The Conference Chairs will also act as host for the meet and be responsible for organizing all events relative to the conference meet, including site, establishing method for registration, and assignment of volunteers and duties. S(he) shall organize a conference planning meeting, inviting all participating teams to send representatives. This person may be a non-municipal representative.
- F. Dive Conference - The Conference Chairs will also act as host for the meet and be responsible for organizing all events relative to the conference meet, including site, establishing method for registration, and assignment of volunteers and duties. This person may be a non-municipal representative.
- G. Rules – Rules Chair will be responsible to consolidate all rule change proposals and submit them for the approval of the Municipal representatives. (S)he shall serve as rule interpreter, in the event of conflicts, throughout the season.
- H. Officials – Officials Chair will be responsible to line out two swim officials per dual meet and conference prelims and finals. (S)he shall assist in rule interpretation.
- I. Scheduling – Scheduling Chair shall be responsible to make schedule, with input from municipal reps and distribute.

4. REGULATION OF SWIMMER/ DIVERS

Unless otherwise noted below, the league will operate under the most current rules as published by the US Swimming and US Diving.

- A. All competitors must be registered members of the team for which they are competing. No paid coach is allowed to swim for the team he or she coaches, or for any other team in the league, unless he/she has been a member of the team for which they are swimming for the past three years.
- B. Age of contestant on May 31 of the current year will determine age group status for the entire season. Age of contestants is limited to 18 years and under, or contestants who are graduating high school seniors.
- C. To qualify for conference swimming and/or diving events, a participant must either swim or dive in at least half of the dual meets scheduled for their team with a minimum of two during the season. This would include participation in any level of heat race, fun meet, or planned participation in any meet canceled due to weather and not rescheduled.
- D. No swimmer or diver may participate in any conference dual meet who has not been actively participating in his/her swimming or diving team's prior to the third dual meet, except for reason of illness or injury. Swimmers/divers must attend an average of at least two practices per week, unless unable to participate for reasons of injury or illness. Waivers to this rule must be approved by the team divisional Board of Directors.
- E. When additional heats are conducted, the league rules and regulations will apply. Age groups and strokes for which additional heats will be conducted will be based on the number of original

heats plus two heats past the last heat in which the opposing team has swimmers, unless agreed to by the lead Team Rep from both teams.

- F. In the event a league member has a protest over any matter such as unsportsmanlike behavior, before or during a meet, the matter should be noted and the meet completed. Any team refusing to complete a meet is subject to automatic forfeiture (see protest rules).

5. GENERAL CONDITIONS

- A. The league representatives have the authority to cancel in all dual meets upon mutual agreement of both teams' league representatives and the starter due to cold, rainy weather or darkness. The municipal rep or pool management will have the option to cancel or suspend a meet for safety considerations, including inclement weather. Though they may seek input from the league representatives, coaches, starter or dive referee, the final authority for cancellation or suspension of a meet for safety considerations will rest with the pool management.
- B. An attempt may be made to reschedule a dual meet suspended because of bad weather or safety concerns by mutual consent of both teams' league representatives, unless; a minimum of 235 total points for swimming and 60 points for diving have been accumulated by the two teams combined, and the team with the most points has a lead equal to exceeding 30 points for swimming and 15 points for diving. If these conditions are not met, and rescheduling is possible, the meet will be rescheduled and resume at the point at which it was suspended. Teams will be allowed to make changes to the lineup, and resubmit the lineup as necessary.
- C. If the host team of the scheduled meet is not able to hold the meet on the date scheduled because of physical problems with the facility or other factors mandated by the host organization, the opposing team may offer their own facilities for the meet on the same day. If this offer is made, the host team must accept, or be subject to automatic forfeiture of the meet. If neither facility is available, the meet will be made up as schedules and facilities allow.
- D. If a swimmer/diver has been scheduled to swim/dive in a meet that is canceled for any reason, the canceled meet will count towards the swimmer's/diver's requirement to qualify for the conference meet provided they are properly listed on the heat sheets for the meet in question.
- E. Once established, the schedule must be adhered to. Any exceptions must be mutually agreed upon by each of the participating teams. The Official Coordinator and all officials must be notified by the host team.
- F. Each home team should provide individual lane markers or lines for each lane. Lanes should have a minimum of five (5) feet in width.
- G. Flag markers should be provided, parallel to the ends of the pool, for the backstroke event. No guides are permitted on individual backstroke events, however kickboards may be held flush against the wall by someone not designated as a timer in the 10 and under age groups.
- H. It is recommended that all host facilities have starting blocks, bottom lane stripes and end targets for all lanes used for racing.
- I. Spectators will not be permitted in the area of the starting blocks or finish lines during the course of the meet, except when assisting swimmers in reaching their assigned lanes prior to the start of a race, in accordance with their duties as a volunteer. One coach from each team may stand in the area of the starting blocks or finish lines, but may not disrupt the timers or meet officials. Dive coaches may not stand or sit behind the diving board or immediately behind the diving judges during competition. The purpose of this rule is to prevent interference with any official during conduct of the meet.
- J. The host team should provide at least one lifeguard either in an appropriate lifeguard station or on deck during all warm-ups and meet activities.

6. SCORING

- A. Scoring for dual meets will be as follows:
 - 1. Diving and Individual Swimming events:
 - a. First place - 5 points
 - b. Second place - 3 points
 - c. Third place - 1 point
 - 2. Relays
 - a. First place - 7 points
 - b. Second place - 3 points
 - c. Third place - 1 point
- B. No team may sweep all points in any one event. In the case where one team sweeps the top three positions of an event, the third place point will be awarded to the other team, provided they have an entrant that completes the event without being disqualified; however, in the event that team does not have a qualified finisher, no third place point will be awarded. This rule will not affect the individual awards earned. Each finisher of an event, regardless of team affiliation, will receive the individual award to which they are entitled.
- C. Diving and Swimming meets will be scored separately, with separate wins and losses being awarded for each of the disciplines.
- D. Awards - Dual Meet
 - 1. Each swimmer finishing in the top three positions in each heat, while demonstrating a legal stroke, will be awarded a place ribbon either 1st, 2nd, or 3rd based on time recorded.
 - 2. Participation ribbons will be awarded to divers and swimmers in all heats for fourth through tenth place finishes in the 10 and under age groups.
 - 3. Any swimmer that is disqualified in the age groups listed above will still be given a participation ribbon.
 - 4. Each team will provide the ribbons for their own participants, both home and away. Home Computer Rep is responsible to make sure opposing team receives results on a disk (provided by the away team) or e-mailed results.
- E. Scoring for Championship Meets
 - 1. Individual Events
 - a. First Place - Number of qualifiers for Gold and Silver rounds plus one (1) point.
 - b. Second Place - 1st place point value minus two (2) points.
 - c. Third Place and Lower - Point value for next higher finisher minus one (1) point.
 - 2. Relay Events - Point totals of all relay events will be double that of corresponding place of finish for individual events.
 - 3. For swimming, first eight (8) finalists will be in the Gold Division; second eight (8) finalists will be in the Silver Division. Medals will be awarded first through eighth place in each division to all finalists who score points in the both divisions.

7. DUAL MEETS (SWIMMING)

- A. All dual meets will start at these times unless agreed to in advance by both teams' league representatives. (Those teams which are unable to start at the suggested times should notify visiting teams of the actual times at least two weeks in advance of the scheduled meet). At least ½ hour of pool time, should be allotted prior to the starting time, to allow for warm-ups.
 - 1. Swimming Meets, Weekday, 6:00 p.m. (warm-up 5:30 p.m.)
 - 2. Swimming Meets, Saturday, 8:00 a.m. (warm-up 7:30 a.m.)
- B. Swimming events shall be held in the following order and age groups:

1. Individual Medley (swimming order: butterfly, back, breast, freestyle, one length of each stroke, "A" Heats only)
 - a. 10 & Under Boys
 - b. 10 & Under Girls
 - c. 11-12 Boys
 - d. 11-12 girls
 - e. 13-14 Boys
 - f. 13-14 Girls
 - g. 15 and Over Boys
 - h. 15 and Over Girls
 2. Freestyle (One pool length)
 - a. 6 & Under Boys
 - b. 6 & Under Girls
 - c. 7-8 Boys
 - d. 7-8 Girls
 - e. 9-10 Boys
 - f. 9-10 Girls
 - 2a. Freestyle (Two pool lengths)
 - a. 11-12 Boys
 - b. 11-12 Girls
 - c. 13-14 Boys
 - d. 13-14 Girls
 - 2b. Freestyle (Four pool lengths)
 - a. 15 and Over Boys
 - b. 15 and Over Girls
 3. Freestyle Relay
 - a. Same as Medley Relay with the addition of an 8 & under boys and girls event, four lengths - 1 each swimmer.
 - b. Distance swum at 50 meter/yard pools will be double in 10 & Under relays and IM races
 4. Backstroke
 - a. Same as freestyle except as follows: 15 and Over boys and girls just swim 2 pool lengths
 5. Breaststroke
 - a. Same as freestyle except as follows:
 1. No 6 & Under event; first age group is 8 and Under
 2. 15 and Over boys and girls just swim 2 pool lengths
 6. Butterfly
 - a. Same as freestyle except as follows:
 1. No 6 & Under event; first age group is 8 and Under
 2. 15 and Over boys and girls just swim two pool lengths
 7. Medley Relay
 - a. 10 and Under boys and girls - 4 pool lengths (1 each swimmer)
 - b. 11-12 boys and girls - 8 pool lengths (2 each swimmer)
 - c. 13-14 boys and girls - 8 pool lengths (2 each swimmer)
 - d. 15 and Over boys and girls - 8 pool lengths (2 each swimmer)
- C. If additional heats are used, they should always run before the "A" heat. There are to be no additional heats for any individual medley events.
- D. In a dual meet, the lanes will be divided into even and odd. The visiting team will be assigned the even lanes, the home team the odd lanes. Each team may then provide a swimmer and relay team in each of the available lanes.
- E. Each swimmer 10 & under in the relays will swim one length of the pool for each leg of the relay. Each swimmer 11 & over in the relays will swim two lengths of the pool for each leg of the relay. All 11 & over relay races in 50 meter/yard pools shall have each swimmer swim one length.

- F. The total number of entries per team event, including relays, in a dual meet will be determined by dividing the total of available lanes in half to be split between each team.
- G. No other lanes shall be used as exhibition lanes (this includes relays). Each team may enter a relay team in each lane assigned to that team and all relay teams entered are eligible to win first place. All relay team participation counts toward the one dual meet participation required for the Conference Championship Meet.
- H. Each contestant may enter a total of five (5) events but can swim in only three (3) individual events which include the individual medley event. A stroke is considered an event.
- I. Diving is considered a "free" event and does not count as one of the five (5) events to which the contestant is limited.
- J. If an individual swimmer should compete in more than 3 individual events, or more than 5 including relays, the swimmer and his or her team will forfeit the points and place scored by that swimmer in all events. All points received by that swimmer shall be deducted from his or her team total but not added on to the opponent's total.
- K. A swimmer/diver may compete in a higher age group, but may not compete in a lower age group.
- L. In the backstroke, a competitor shall not finish the race until some part of his/her person has touched the end of the pool, or passed a rope in the meter/yard pool for 10 and under age groups.
- M. Disqualification because of stroke technique will apply to all age groups and heats. 10 and under swimmers will receive participation ribbons for disqualification.
- N. A two-hand touch is required for all breaststroke and butterfly events.
- O. Each swimmer will be allowed one (1) false start in each event; a second false start by that swimmer in the same event will result in that swimmer's disqualification for that event. Relays will be allowed one false start on the first swimmer only. The starter shall be the sole judge of false starts.

8. MEET OFFICIALS (SWIMMING)

- A. Starter
 - 1. It will be his/her duty to start each event and to judge and make decisions regarding the legitimacy of strokes and events. The starter may not be a coach of either competing team. U.S. Swimming Short Course starting procedures will be used.
 - 2. Starters shall be present no less than fifteen (15) minutes before the start of the meet. A starter, unable to officiate a meet as scheduled, should inform the home team league representative at least 24 hours in advance of their intended absence.
- B. Stroke Judge
 - 1. Where practical, a stroke judge should be employed to assist the starter in conducting the meet. The stroke judge may disqualify swimmers for stroke deficiencies, improper turns, and improper touches, and other duties as designated by the starter.
 - 2. Stroke Judges may not be a coach of either competing team but may be from one of the participating teams if only one official is present at the start of the meet.
- C. Timers
 - 1. Each team will provide one half of the required timers necessary to conduct the meet. The total number of timers needed is equal to three times the maximum number of lanes to be used. It is suggested that each team have at least one extra timer on

standby throughout the meet. Each team must provide stop watches for their own timers.

2. Timers shall be assigned three to a lane. No more than two timers assigned to a lane should represent the same team. The time used for calculating final time will be the middle of the three times recorded by the three timers assigned to the lane. If only two times are recorded, those shall be averaged for the result time; if there are two same times recorded, one of those shall be the result time.

D. Other Officials

1. Each team will provide two scorers.
2. The host team will provide the announcer, and any other officials necessary to conduct the meet, in accordance with current volunteer requirements provided by the league.

9. CHAMPIONSHIP MEET (SWIMMING)

- A. All rules in place for dual meets will be in place except for the following exclusions, changes and modifications.
- B. Entries for both swimming and diving events must be submitted by disk, e-mail or entry form as required by the Conference Meet Director. In no case shall the entry deadline be more than seven (7) days before preliminary events commence. Entries received after the meet deadline as established by the Conference Meet Director will not be accepted, except for reasons approved by the Championship Meet Director.
- C. Except for relays, each team may submit unlimited number of entries in individual events. Each team will be allowed to submit one team for each relay event. The names of four swimmers, plus up to two alternates, shall be submitted for each relay team entered. Swimmers' names for relay events do not need to be entered in the order they will swim.
- D. Conference Meets will consist of preliminaries and finals for individual events and finals only for relay events. Top sixteen (16) participants in individual event finals will qualify for the Championship meet, based on times recorded in the preliminaries, with first through eighth being in the Gold Division, ninth through sixteenth being in the Silver Division. Relay events will be timed finals only. Timed finals are based on seed times turned in. All relay members' names must be entered on the roster submitted to the Conference computer person prior to the Conference meet, but swimmers need not have participated in any prelim individual event to be considered eligible to swim the relays in finals.
- E. Conference Finals will consist of Gold and Silver heats for the Championship individual events, and Gold heat only for relay events. The number of qualifiers for conference finals for individual events will be equal to the number of lanes of the finals host facility x 2, with a maximum of sixteen (16) qualifiers. In addition, the next two highest preliminary qualifiers will qualify as alternates and may take the place of any qualifier not present for conference finals. In the event of a no-show, the next swimmer moves up (e.g. If there is a no-show in the Gold heat, first alternate moves into last position in the Silver heat, while the fastest swimmer in the Silver heat moves up to the last position in the Gold heat.) Medals are given to all competitors who swim in finals.
- F. Order of Events for Preliminaries
 1. All 25 yard/meter events (10 and under) in same order as run in dual meets.
 2. All 50 yard/meter events (11 and over) in same order as run in dual meets.
- G. Finals
 1. Individual events will be held in the same order as in dual meets.
 2. Both relay events will be held following all individual events, with medley relay followed by freestyle relay.
 3. Swimmers who have not reported in by the time the first heat of their individual event reaches the blocks will be replaced by an alternate. The swimmer will still be eligible to swim in their remaining events.

4. Conference Meet Director must make available for one week following the conference final, all heat sheets, results and other records associated with the conduct of the conference meet.

10. DUAL MEETS (DIVING)

- A. All weekday dual meets will be scheduled to start at 3:30 p.m. and all Saturday meets at 8:00 a.m., unless specifically agreed to in advance by both teams. The visiting team shall be allowed 30 minutes warm-up time immediately preceding the start of the competition. The home team shall be allowed 30 minutes warm-up one hour until 30 minutes immediately preceding the start of the competition. All dives should be conducted on a one meter diving board.
- B. U.S. Diving Novice Division rules will govern except as contradicted in the following rules. Diving meets will be conducted in the following age groups:
 - 8 & Under Boys, 8 & Under Girls
 - 9-10 Boys, 9-10 Girls
 - 11-12 Boys, 11-12 Girls
 - 13-14 Boys, 13-14 Girls
 - 15-18 Boys, 15-18 Girls
- C. Each team may enter a maximum of three male and three female contestants per age group. In addition, each team may enter a total of four exhibition divers for the entire meet. Exhibition divers will not be eligible for awards or to score points, but will have that meet counted toward eligibility for Conference.
- D. Divers may dive in a higher age group, but not in a lower age group. Divers may dive in only one age group per meet.
- E. Divers may use a forward approach of any number of steps and will not be penalized for an approach of less than three steps.
- F. Required Dives
 1. Eight & Under - Two dives of different numbers.
 2. 9-10 Group – Three dives of different numbers, two from different series.
 3. 11-12 Age Group – Four dives of different numbers, three from different series.
 4. 13-14 Age Group -. Four dives of different numbers, three from different series
 5. 15-18 Age Group - Five dives of different numbers, four from different series.Please note that a forward jump (100) and back jump (200) are part of those series. A forward line-up (001) and back line-up (002) are a separate series for purposes of meeting dive requirements.
- G. Each contestant shall submit a complete list of the series numbered dives no less than ten (10) minutes before the meet is scheduled to begin. The list of dives must be submitted on an official diving entry form, and shall include a written description of the dives, the positions, the degree of difficulty, and the order in which the dives are to be performed. Each coach and/or diver is responsible for the correctness of these items, except that an error in the degree of difficulty will not be the basis of a failed dive. In a case where the written description does not match the marked dive, the written description will be considered to be the correct dive. The coach may elect either, but must keep the lower degree of difficulty.
- H. No diving sheets can be changed once submitted, except to correct degree of difficulty.
- I. Each diver must execute the dive as written with the exception of position. A dive performed as written, except clearly in the wrong position, can be scored no higher than a two (2). U.S. Diving judging guidelines will apply. In addition, recommended deduction for too close to the board, twisting manifestly from the board, or entering to the side of the board is ½ to 2 points. Recommended award for absolutely no attempt to come out of the tuck position is max 2.

- J. Only those line-ups, jumps or dives listed in the Diving Tables shall be listed on the diving entry form.
- K. The visiting team will dive first in each age group. The female divers in each age group will complete their dives prior to the males in their age group beginning their dives. Both sexes in an age group may be allowed to dive together at the discretion of the host team. If both sexes dive together, they will continue to be scored as separate divisions. The same may take place between age groups if there are three or fewer divers in any one category.
- L. All dives must be performed by the divers themselves, without the assistance of any other person, except for the purpose of water agitation. A violation of this or any other rule must result in the diving referee declaring a failed dive.
- M. Officials
 - 1. In dual meet competition there will three or five diving judges two or three provided by the host team and one or two provided by the visiting team. In the event of an uneven number of judges, the unaffiliated paid diving referee may judge. The diving referee will have authority in declaring deficient (max 2), failed or incomplete dives and other rules interpretations. No judge may be a diving participant in that meet.
 - 2. The visiting team will supply a recorder, who will record the scores of the judges on the score sheets and a ribbon writer.
 - 3. The host team will supply a calculator operator, who will be responsible for calculating the scores for each dive and recording them on the score sheet, and a ribbon writer. The host team will also provide an announcer, who will call out each dive for the participants, and announce the judges' results for each dive.
- N. Scoring of Dives
 - 1. With three judges, the three scores will be added to determine the dive score. When five judges are used, the high and the low score will be thrown out, with the three middle added to determine the dive score.
 - 2. The total award for each dive is computed by adding all three (3) scores for the judges scoring the dive and multiplying the total by the degree of difficulty.
 - 3. The order of finish shall be determined by the cumulative scores after the performance of the required number of dives. If two (2) or more Divers have equal scores, they will be considered tied and the points for the two places shall be split.
 - 4. Awards will be made in accordance with guidelines determined by the Awards Committee.
- O. Awards - Dual Meet
 - 1. Each diver finishing in the top three positions while demonstrating a legal dive will be awarded a place ribbon either 1st, 2nd, or 3rd based on points scored.
 - 2. Any diver, ages 10 and younger, including exhibition divers will be awarded a participation ribbon.
 - 3. Any diver in the 10 and under age group, disqualified for any reason, will also receive a participation ribbon.
 - 4. First place will receive five (5) points; second three (3); third one (1). No team may sweep a division. The third place points, in the event the opposing team has a diver, shall go to the other team. If there is no diver, the sweeping team will receive first and second points only, but the other team will receive no points.
 - 5. Each team will provide the ribbons for their own participants, both home and away.

11. CHAMPIONSHIP MEET (DIVING)

- A. An unlimited number of divers will be allowed per team, per event, in preliminaries, as long as they have met qualifying standards. The total number of divers that will qualify for the final round will be equal to the number of participating teams times two. One alternate diver will qualify to participate if any of the qualifiers are unable to compete in the final round due to injury, illness, or other reason.

- B. Divers may dive in a higher age group, but not a lower age group. A diver will be limited to participation in one age group during the entire meet.
- C. A Championship Meet Director will be appointed by the host team. This person will be responsible for the conduct of the Championship Meet.
- D. A list of entries for the championship meet, must be submitted by the deadline established by the Meet Director. The entry deadline may not be more than one week, and no less than three days, prior to the start of the preliminary round of the Conference Meet. Entries not received by the Meet Director by the established deadline will not be accepted. Entries will consist of name, sex and age group for each participant at minimum, along with their list of anticipated dives in compliance with rules, and shall be made on the standard diving scoresheet. Changes to listed preliminary dives must be submitted to the Meet Director no more than five minutes following that team's designated warm-up time. Finals dives can be changed immediately following finals warm-ups. In no event may the dives be changed after the age group preliminary or finals rounds has begun.
- E. No exhibition Divers will be allowed.
- F. Diving order by group will be consistent with procedures established for dual meets. Individual diving order within the group will be determined by the Meet Director by blind draw Divers will perform in reverse order of prelim finish for the finals. (e.g. 8th place, 7th place, etc. until 1st place prelim finisher dives last)
- G. The host team must make available to all participating teams, one hour of practice time for each team at the facility to be used, during the week preceding the beginning of the Championship Meet. The team's diving coach or other team official must accompany the team during this practice time. The assignment of these practice times will be done by the host team, in consultation with the visiting teams. Assignment of practice times must be made at least one week in advance of the actual time assigned to the using teams.
- H. Two teams will be paired to share a scheduled 30-minute warm-up time on all boards, during the day of and immediately preceding the start of the preliminary round. In the event of an uneven number of teams, the team with the largest number of entries will have their own warm-up time slot. Order of diving for the teams for the warm-up periods will be determined by a blind draw by the Meet Director, with this order reversed for the second day, if conducted in two days. Aside from that, the conduct of the conference meet will be determined by the Meet Director and distributed to all teams at least two weeks prior to the Conference meet.
- I. Judging - In Championship competition, the judging panel will consist of one judge from each team. In addition the Meet Director will hire a Diving Referee who will declare incomplete or failed dives, and rule on any other questions relating to the rules. Ideally, the referee will not score dives.
 - 1. If five or more judges are judging, and in the event of an odd number of judges, the lowest and highest score(s) for each dive will be thrown out in equal numbers until only three scores remain. These three scores will be utilized in computing the score for the dive by adding their total and multiplying by the degree of difficulty. If there are an even number of judges, either 1) judges will not judge dives for members of their own team, or 2) the Meet Referee will judge each dive, with scores thrown out as described in procedures for an odd number of referees. Option #2 will be the preferred choice. Criteria for judging dives will remain the same as for dual meets. The combined scores of both the preliminary and final rounds will be used to determine final standing for individual Divers.
 - 2. If at the end of the final round, individual Divers have the same score, each will be awarded the place award. The points for the place, plus the next lower place will be added together, and the total split evenly between the two teams the Divers represent.
 - 3. Each team will provide at least one table official, with duties being assigned by the Meet Director. Duties include announcer, recorder, calculator, operator and two

ribbon writers. If less than six teams are participating, the host team will provide any additional personnel required.

J. List of Dives for Championship Meet

1. Entries must be submitted as outlined previously in Section D. Those qualifying for the final round will have 10 minutes after their warm-up begins to make additional changes to their individual entries. No changes may be made to dive numbers once the preliminary meet has begun. Position may be changed, however, the lower degree of difficulty will be used. Coaches may make changes to finals dive up to the start of finals.
2. The Conference Meet will be divided into preliminary and final rounds. Between the two rounds the following requirements must be met:
 - 8 & under, three different numbered.
 - 9-10, four different numbered dives from at least two different series.
 - 11-12, five different number dives from at least three different series.
 - 13-14, five different numbered dives from at least three different series.
 - 15-18, six different numbered dives from four different series
3. The following guidelines must be met for Divers participating in the preliminary rounds:
 - 8 & under, two different numbered.
 - 9-10, two different numbered dives from two different series.
 - 11-12, three different numbered dives from at least two different series.
 - 13-14, three different numbered dives from at least three different series.
 - 15-18, four different numbered dives from four different series.
4. The following guidelines must be met by Divers participating in the final round:
 - 8 & under, one dive not performed in preliminaries and in accordance with overall conference dive requirements.
 - 9-10, two different numbered dives not performed in preliminaries and in accordance with overall conference dive requirements.
 - 11-12, two different numbered dives not performed in preliminaries and in accordance with overall conference dive requirements.
 - 13-14, two different numbered dives not performed in preliminaries and in accordance with overall conference dive requirements.
 - 15-18, two different numbered dives not performed in preliminaries and in accordance with overall conference dive requirements.

12. PROTESTS

- A. A Protest Committee, consisting of one representative from each team's sponsoring agencies' professional staff, will be established to handle all protests not resolved by league representatives during the meet.
- B. All protests must be made by the league representatives of the protesting club; and no protest of appeal made by any other person will be entertained, considered or acted upon at any time, place or level.
- C. No coaches or parents may speak to any official concerning place picking, rule infractions or other disputes. Such matters should be brought to the league representatives for resolution. This will be rigidly enforced.
- D. Protests at dual meets shall be made by the league representatives of one of the clubs involved, to a league representative of the other club - and if they cannot agree, the meet shall proceed and the scores will be recorded and the awards presented as if the protest had been overruled, and the score recorded shall be final score unless; the league representatives of one of the clubs involved in the initial protest, sends such protest in writing to the league Secretary delivered or placed in the mail, to the attention of the Protest Committee, within four (4) days after the meet in question took place. The Protest Committee shall rule on the protest as soon

as practical. A majority decision of the committee shall decide the issue. In event of a tie vote in regards to the protest, the protest will be denied.

- E. No protest to the Protest Committee shall question any ruling of judgment by the starter, stroke judge, diving judge, timer, place picker or other meet official.
- F. If the Protest Committee decides that the protest does not indicate any ground for changing the score of the meet, they may overrule the protest and so advise the protesting club league representative. If the Protest Committee decides there may be some grounds for changing the score, they shall contact the league representatives of the other club involved, and after being advised by the league representatives of both clubs and conducting such investigation, if any, as they may deem proper, shall decide the matter and notify the league representative of both clubs of their decisions. The Protest Committee may order the official score be changed and the new awards presented. If the Protest Committee makes no decision before the start of the conference meet, the protest will be deemed to have been overruled.
- G. Protest at the Conference Meet
 - 1. The starter assigned to the conference meet will be considered the referee for that meet. All protests made during the course of the conference must first be brought to the referee for resolution. Protests may be made in either verbal or written form. Protests regarding questions of judgment will not be subject to review.
 - 2. Protests regarding activities occurring during any preliminary round must be presented to the referee within 15 minutes of the conclusion of said preliminary round. The referee shall have any additional 15 minutes from that time to rule on the protest. Any protest not acted on within that 15 minute time period will be deemed to have been rejected. If the protest is rejected, the protesting party may then request that the protest be considered by the Protest Committee.
 - 3. All available members of the Protest Committee shall convene upon the conclusion of any preliminary round to consider any protests. Protests will be considered and acted on as outlined in section 7F.
 - 4. Protests regarding activities occurring during a final round of conference championships shall be brought to the attention of the referee within 15 minutes of the conclusion of all events. Any protest not acted upon within 15 minutes of the conclusion of the last event will be considered to be denied.
 - 5. Any protest for a conference final activity, denied by the referee, may be appealed to the Protest Committee. Such appeals must be brought to the Protest Committee within 15 minutes of denial by the referee or prior to the commencement of any awards, whichever is later. All available members of the Protest Committee will convene immediately upon conclusion of the last event consider any such protests.